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BISHOP CHULAPARAMBIL MEMORIAL
COLLEGE | KOTTAYAM
Sapientia et Gratia-Wisdom and Grace

PAGE ONE

---NEWS THAT DESERVES PAGE ONE
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SEPTEMBER, 2025



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BISHOP CHULAPARAMBIL MEMORIAL
COLLEGE | KOTTAYAM

Sapientia et Gratia-Wisdom and Grace

NAAC ACCREDITED WITH A' GRADE (CGPA-3.46)

OUR TORCH BEARERS

Mar Alexander Chulaparambil

Bishop of Kottayam (1914-51)
Visionary whose dream realised in
Bishop Chulaparambil Memorial College,
Kottayam

Mar Thomas Tharayil

Bishop of Kottayam (1951-74), Founder

Mar Mathew Moolakkatt

Metropolitan Archbishop of the
Archebishopric of Kottayam.
Patron

Mar Joseph Pandarasseril

Proto Syncellus, Archebishopric of Kottayam
Chairman, Governing Body,
BCM College Kottayam

Rev. Fr. Abraham Parambett

Manager

Dr.T M Joseph

Pro- manager

Prof. Dr. Thomas K. V.

Principal

Dr. Annu Thomas

Vice Principal

Ms Priya Thomas

Vice Principal

Rev. Fr. Philmon Kalathra

Secretary, Corporate Education Agency of
Colleges, Archebishopric of Kottayam and
Bursar, BCM College, Kottayam

ABOUT THE COLLEGE

Bishop Chulaparambil Memorial College, Kottayam, established in 1955, was founded by Mar Thomas Tharayil in fulfillment of the vision of his predecessor, Mar Alexander Chulaparambil. Dedicated to the education and empowerment of young women, the college upholds the motto "*Sapientia Et Gratia*" — *Wisdom and Grace*.

True to its founding ideals, BCM College is committed to nurturing the holistic development of its students — not only through academic excellence but also by cultivating the skills, values, and global competencies essential in today's world.

The institution strives to unlock the full potential of every student, equipping them to meet contemporary challenges with confidence and integrity.

As a vibrant academic community, lovingly known as the BCM family, the college stands as a beacon of truth, justice, and social responsibility. Deeply rooted in its mission, BCM continues to inspire both teachers and students to uphold strong values and to remain committed to the upliftment of society, especially the marginalized and the needy.

Editorial



Aided College affiliated to MG University | NAAC accredited with A+ (3.46/4)

The ease and gentle lull of the Onam break has passed, and once again the college halls are filled with the chatter of students, sharing the experiences of their mini-vacation. The days leading up to and after Onam give both the students and the teachers a chance to step away from the jarring schedules and obligations, enjoying the happiness and bonding that arise from spending time with friends and family. It truly is amazing how these small but sure breaks help boost the morale of the students and prevent them from being burnt out by their demanding coursework.

As we step into September, we are also stepping into the second half of the semester, bringing with it its challenges. The lectures may get difficult, the lessons may feel demanding, and you might feel like you are falling behind or disconnected. Taking regular breaks instead of cramming, practising breathing exercises, or mild physical exercises to ease your body after sitting for too long, talking to friends or family can bring much more ease and clarity in your studies and help you to move forward without burning yourself out.

As the academic semester shifts its gears to a more challenging segment, we hope that you all will persevere through. Wishing everyone the determination and courage for the semester ahead.

From the Editorial Desk,

Harsha Susan Benoy, II DC English Media Studies

Evelyn T Mathew, II DC English Media Studies

Stephy James, III DC B.com Computer Application

Afra Aysha, II DC Computer Science

EMPOWERING CAREERS: PLACEMENT CELL INITIATIVES THROUGH GROUP DISCUSSIONS AND TRAINING

Group Discussions sessions were conducted for the final year students during the month of September for three days from 9th September to 12th September. The resource person who facilitated the GD SESSION was Mr. Madhu, Trainer in the Corporate Training Ladder.



Group Discussions on Corporate Training Ladder

BRIDGING THE GAP:

BCM JOINS MAHINDRA PRIDE TO FAST-TRACK CAREER SUCCESS



Huge appreciation for everyone who made our Career Placement Seminar a resounding success!

The Employability Skill Programme, organised by Mahindra Pride Classroom, a project of Naandi Foundation, was conducted for the 304 final year students of BCM College from 15th September to 22nd September. It was conducted in five batches of 60 participants each. There were five adjunct faculty members of Mahindra Pride class room for these sessions from 9 am to 4 pm for seven days. The Placement cell coordinated the entire programme.

BEYOND THE SCREEN:

A MASTERCLASS IN MEDIA STRATEGY WITH DEEPIKA

As part of the Platinum Jubilee celebrations of Apna Desh, a Media Seminar was organized in collaboration with BCM College, Kottayam, on September 26, 2025, at 10:30 a.m. in the college's Educational Theatre. The seminar was inaugurated by Rev. Fr. Abraham Parambett, former Chief Editor of Apna Desh and Manager of BCM College. Prof. Dr. K. V. Thomas, Principal of BCM College, presided over the function. The session featured two insightful sessions by Mr. T. C. Mathew, former Senior Associate Editor of Deepika who delivered a talk on "Malayalam Journalism Yesterday, Today, and Tomorrow", followed by Rev. Dr. Jojin Elanjickal, Dean of Media Village, Changanassery, presenting a session on "Online Media: Opportunities and Challenges." The event concluded successfully, marking a meaningful contribution to the Platinum Jubilee celebrations of Apna Desh.



INNOVATIVE TEACHING STRATEGIES

Innovative teaching strategies focus on creating dynamic, learner-centered classrooms that foster creativity, critical thinking, and active participation. Moving beyond traditional lecture methods, these strategies incorporate modern pedagogical tools such as flipped classrooms, blended learning, experiential activities, problem-based learning, and the use of digital technology. The aim is to make learning more interactive, inclusive, and relevant to real-world contexts.

Teachers at BCM College actively incorporate innovative teaching strategies to create engaging, student-centered learning environments.

Moving beyond conventional classroom methods, they employ techniques such as flipped classrooms, blended learning, peer collaboration, experiential projects, and the use of digital platforms to enhance understanding. These approaches encourage creativity, critical thinking, and participation among students. By integrating innovation into pedagogy, the faculty at BCM College ensures that learning remains interactive, inclusive, and relevant to contemporary academic and professional needs, fostering holistic development and lifelong learning among students.

OPEN COURSE IN PHYSICS: “PHYSICS IN DAILY LIFE”

As part of the Open Course “Physics in Daily Life”, an experiential learning session was conducted in the Physics laboratory on 08 August, 2025 under the supervision of **Dr. Elizabeth V John** and **Dr. Smitha Joseph**. The aim of the program was to help students connect theoretical concepts of Physics with real-life applications. The session focused on simple experiments related to Light and Motion, two fundamental areas that play a major role in our everyday experiences.



*Where
Concepts Come
Alive through
Practical
Application!*

EXPLORING HUMAN RIGHTS THROUGH STUDENT SEMINARS



Learning through Discussions!

As part of the academic activities, all students of the 3rd BSc Physics class conducted seminar presentations on the theme of Human Rights. The purpose of the program was to provide students with deeper knowledge of the subject while improving their presentation and communication skills. Each student was assigned a subtopic under the broad theme .

The seminar series not only enriched the understanding of Human Rights but also developed students’ skills in research, public speaking, and critical thinking. The question-answer sessions added a reflective dimension, allowing students to evaluate their learning immediately.

TEACHING THROUGH ART



Celebrating beauty in brokenness.

Kintsugi is a Japanese art form which celebrates brokenness. If a bowl is broken, instead of discarding the pieces, the fragments are put together with a glue-like tree sap and cracks are adorned with gold. This philosophy contemplates on what is broken and how beautiful it becomes as time passes.



The students glue together pieces of broken objects in their homes and displayed those in classes. This was a good starter to the essay on the art of practicing kintsugi by Ella Tennant prescribed for first year AEC students by **Dr Nithya mariam john**.

REELS ON FOOD AND MALAYALAM CINEMA

As part of the paper Reading Culture: Food, Travel, and Music, students were assigned to create short video reels exploring the representation of food in Malayalam movies. This activity encouraged students to critically observe how food functions as a cultural signifier in cinema—reflecting identity, tradition, class, and emotion—while simultaneously engaging with digital media as a creative learning tool.

By combining visual literacy, cultural analysis, and digital storytelling, this task transformed classroom learning into an experiential exercise. Students developed analytical skills by connecting theoretical concepts with popular culture and improved their communication and media production abilities. The activity also enhanced engagement, collaboration, and creativity, aligning with outcome-based education and the NEP 2020 emphasis on multimodal and experiential learning.



Ms Ancy Cyriac

LEAD IAS BCM - RESIDENTIAL GUIDANCE FOR FUTURE CIVIL SERVANTS

STORIES OF FUTURE CHANGEMAKERS

“

Choosing the residential mentorship program offered by Lead IAS in BCM College, was the single most impactful decision I made in my UPSC journey. Before joining, I struggled with self-discipline, time management, and, most importantly, identifying the right study methods for my specific weak areas. This program completely changed my study routine. The residential aspect is a game-changer. It creates an ecosystem free from external distractions, where each student receives personal attention from the mentor. The structured daily schedule—from afternoon 2:30 to evening 4:30 and from 5:45 to 7:30 evening study sessions kindled the kind of consistency and

discipline essential for cracking this exam. However, the true value lies in the mentorship. It's not just large batches and generic lectures; it's personalized, continuous guidance. My mentor didn't just teach the syllabus she became an accountability partner. We had daily classes to analyse The Hindu newspaper where we discuss the day to day updates and take notes based on the newspaper. They will also conduct test papers regarding the online classes conducted on every Sunday and also based on current affairs of that week. They pushed me to think critically rather than just memorize facts. The focus here is on output, clarity, and exam strategy, which is exactly what a serious aspirant needs in the final phase of preparation. The BCM College environment only amplifies this, providing quiet study spaces and a supportive peer group that motivates my every step of the way. It is the most impactful decision I have taken in my life.



Lakshmi Nayana S
I DC Economics

”

“

Joining the LEAD sessions has been one of the most helpful parts of my UPSC preparation. The NCERT warm-up sessions are my favourite—they've given my studies clear direction and helped me understand what to focus on from an exam perspective.

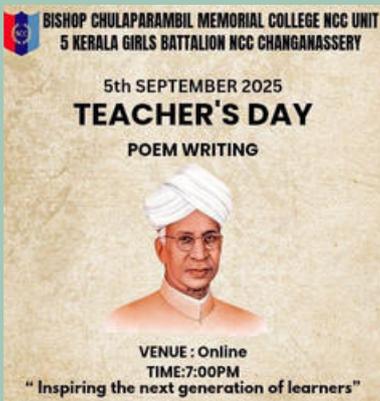
The daily current affairs microclasses have made newspaper reading far more engaging and time-efficient by highlighting only the most relevant news. The one-pagers and daily bulletins are another great addition, offering concise insights and quick self-assessment through attached questions. What I appreciate most is how the programme considers our exam schedules. The flexible timing and weekly online sessions make it easy to balance college work and UPSC preparation without feeling overwhelmed. Overall, the sessions have been motivating, well-structured, and truly student-friendly. I'm grateful to our residential mentor for her constant support and guidance throughout this journey.

”



Ann Mariya Sajan
I DC English Cultural Studies

MISSION YOUTH IN ACTION: HIGHLIGHTS FROM OUR COMMUNITY & CULTURAL INITIATIVES



On September 5, 2025, the **NCC** cadets of BCM College, Kottayam, NCC Unit, 5 Kerala Girls Battalion NCC Changanassery, organized an **online Poem Writing Competition in connection with Teachers' Day**. The program was held at 7:00 pm through a virtual platform and aimed to honor and appreciate the invaluable role of teachers in shaping the lives of students.

Cadets participated enthusiastically by composing and presenting heartfelt poems that expressed gratitude, admiration, and respect for their teachers. The event served as a creative outlet for cadets to showcase their literary skills while also reflecting on the significance of Teachers' Day. The event concluded with an appreciation of the cadets' efforts and a collective acknowledgment of the noble contributions of teachers

in nation-building. The program was conducted under the guidance of ANO Lt. Jintumol K.U. and SUO Durga Prasad S.

The Guiding Light

In halls of learning, bright and true,
We find our strength because of you.
You plant the seeds, you help them grow,
With patience only teachers know.

You shape our minds with gentle care,
And teach us values rich and rare.
Beyond the books, you help us see,
The best of what we're meant to be.

On this day, we pause to say,
Thank you, Teacher, in any way.
Your wisdom shines, both near and far,
A guiding light is what you are.



A lexical tribute to the ones who shaped our words!

ELEVATE YOUR CAREER: UGC/CSIR NET QUALIFICATION PROGRAM

The Postgraduate and Research **Department of Mathematics**, BCM College, Kottayam, in collaboration with the Minority Welfare Department, Government of Kerala, organized a UGC/CSIR NET Coaching Workshop for the benefit of aspiring candidates. The workshop, scheduled on September 8, 11, and 12, 2025, is designed to provide intensive training in General Aptitude (Paper I), a crucial component of the UGC/CSIR NET examinations.

The sessions are being handled by Mr. Christy Varghese, a renowned educator, bestselling author of CSIR-NET General Aptitude: A New Outlook, and Top Educator on Unacademy. The first day of the workshop was conducted on September 8, 2025.



The session commenced with a formal introduction of the resource person by Dr. Liju Alex, faculty of the Department of Mathematics, following after which Mr. Christy Varghese began the training.

He stressed that competitive exams demand faster and smarter methods, and therefore students need to “unlearn” certain traditional techniques in order to perform effectively within the given time. To conclude the session, Mr. Varghese conducted a hands-on practice activity with 28 aptitude questions. This exercise not only reinforced the techniques discussed earlier but also gave the participants valuable practice in applying shortcuts and logical reasoning strategies.

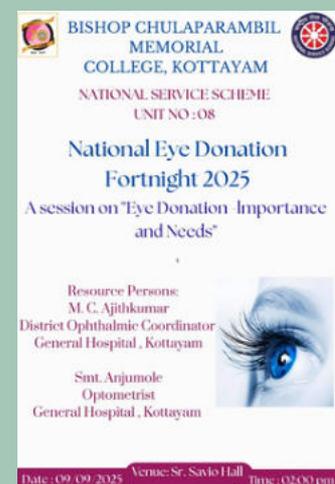
The event successfully blended conceptual teaching, problem-solving strategies, and interactive discussions, leaving students better prepared and more confident in handling general aptitude problems.



Glimpses from the NET Coaching Workshop

SEE THE WORLD, CHANGE A LIFE: UNDERSTANDING THE NEED FOR EYE DONATION

An awareness session on “Eye Donation — Importance and Needs” was conducted by M.C. Ajithkumar, District Ophthalmic Coordinator, General Hospital, Kottayam and Smt. Anjumole, Optometrist, General Hospital, Kottayam, as part of the National Eye Donation Fortnight. The resource persons explained the medical, social and ethical aspects of eye donation and encouraged students to pledge support and spread awareness in their communities.



“DREAM BIG, AIM IIT! ARE YOU READY?” A COACHING PROGRAM FOR IIT-JAM AND GATE EXAMS.



The **Department of Chemistry** at BCM College, in association with Benzil Chemistry, launched a specialized coaching program for IIT-JAM and GATE exams. The initiative, titled “Dream Big, Aim IIT! Are You Ready?”, offers offline classes at BCM College, conducted by expert faculty from Benzil.

This golden opportunity was designed for B.Sc. and M.Sc. Chemistry students to strengthen their preparation and enhance career prospects in competitive examinations. An orientation class was organized for the students on 19th September to introduce them with this initiative of the Department of Chemistry and Benzil.



SERVICE WITH A SMILE: BCM CELEBRATES NSS DAY

The **National Service Scheme (NSS)** Unit No. 08 of BCM College, Kottayam celebrated NSS Day on 24th September 2025 with the theme “മനസ്സ് നന്നാവട്ടെ” (“May the mind be well”).

The programme began at 10:10 a.m. with the flag hoisting ceremony held in front of the college. The event was graced by faculty members, NSS volunteers, and guests who gathered to commemorate the spirit of service embodied in the NSS motto “Not Me, But You.”



As part of the celebration, former NSS Programme Officers were felicitated for their valuable contributions and dedicated service to the unit over the years. Their inspiring words motivated the volunteers to uphold the values of selfless service and community welfare. The event concluded with a pledge to continue serving society with compassion, responsibility, and teamwork reinforcing the true essence of NSS.

RAKTADAN AMRIT MAHOTSAV 2.0: NCC'S PLEDGE FOR LIFE A MEGA BLOOD DONATION CAMP

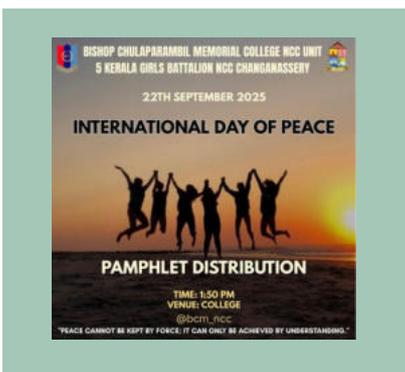
On September 17, 2025, the **NCC and NSS** Unit of BCM College, in collaboration with the General Hospital, organized a Blood Donation Camp at the College Auditorium. The program commenced at 9:30 am with the active participation of cadets, faculty members, and students. The camp was aimed at promoting the spirit of voluntary service and creating awareness about the importance of blood donation in saving lives. NCC cadets and volunteers enthusiastically took part in the organization and management of the event, ensuring discipline and smooth coordination.



Blood Ties of Humanity!

Medical professionals from the General Hospital supervised the blood collection process, ensuring the safety and well-being of all donors. The initiative received an overwhelming response, with many students and staff members stepping forward to donate blood, thereby contributing to this noble cause. The event reflected the cadets' commitment to social responsibility and service to the community. Under the able guidance of Lt. Jintumol K U and SUO Durga Prasad S, the camp proved to be a meaningful and impactful effort, inspiring many to take part in this life-saving act.

ACT NOW FOR A PEACEFUL WORLD: INTERNATIONAL PEACE DAY PAMPHLET DRIVE



On September 22, 2025, the **NCC** cadets of BCM College, Kottayam, under the 5 Kerala Girls Battalion NCC, Changanassery, observed the International Day of Peace by organizing a pamphlet distribution campaign in the college campus. The theme of the programme was "Peace cannot be kept by force; it can only be achieved by understanding."

As part of the initiative, cadets distributed informative pamphlets highlighting the values of peace, harmony, and

mutual respect. The campaign aimed to spread awareness among students about the importance of resolving conflicts through dialogue and understanding rather than force. The activity received positive responses from the students and staff, who actively engaged with the messages shared. The programme was not only an act of awareness but also a reminder of the collective responsibility of youth to promote peace and unity in society.

The event was carried out under the guidance of ANO Lt. Jintumol K. U. and SUO Durga Prasad S, reflecting the cadets' commitment to fostering peace, harmony, and responsible citizenship.



The Cadets distributed pamphlets, spreading the message of peace!

IDEAS FOR TOMORROW: INTERNATIONAL DAY OF DEMOCRACY - A DIALOGUE ON DEMOCRATIC FUTURES



TOPIC
 "In the democracy, rights are given more importance than duties."
JUDGE
 DR. RESHMA RACHEL KURUVILLA
 DEPARTMENT OF COMMERCE
RULES

- Stick to the topic.
- Use logical reasoning, evidence, and examples.
- No interruption - respect each speakers turn.
- Address opponents respectfully.
- No personal attacks or sarcasm.
- Audience must remain silent during the debate.

The best performers will be honored with prizes.

On September 15, 2025, the NCC Cadets of BCM College, Kottayam NCC unit, 5 Kerala Girls Battalion NCC Changanassery, organized a thought-provoking debate competition on the topic "In democracy, rights are given more importance than duties." The event witnessed enthusiastic participation from students across various departments, who displayed their eloquence, logical reasoning, and analytical skills on this significant theme. The debate was divided into two sides: affirmative and negative. The affirmative team highlighted how democratic systems prioritize individual rights to safeguard freedom and equality, while the negative team emphasized the importance of duties in ensuring the smooth functioning of democracy and collective welfare.

The programme was conducted under the able guidance of ANO Lt. Jintumol K.U. and SUO Durga Prasad S., who motivated and encouraged the cadets throughout the event. The session was evaluated by the esteemed judge, CA Dr. Reshma Rachel, whose valuable insights enriched the competition.



A debate is more than just arguments—it's democracy in action!

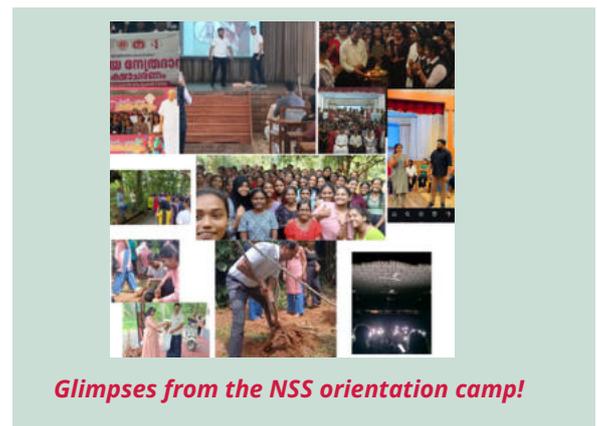
STHREE PAKSHA — NAVA KERALAM PROGRAMME- NSS

NSS volunteers participated in the Stthree Paksha — Nava Keralam programme that focused on women's empowerment and social welfare conducted through 18–20 September 2025 hosted at Mannam Maithri Hall, Kottayam. A volunteer from our unit anchored part of the event, representing BCM College in which Smt. Bhagyabai and Smt. Mathi Sathyamurthy, spoke regarding gender equality and community actions.



Induction into Service: NSS First-Year Volunteer Orientation Camp, Building Character, Serving the Community

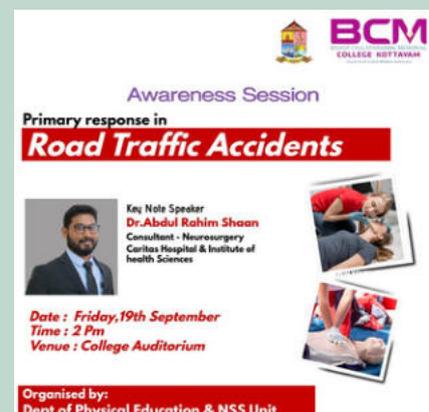
An **NSS** orientation camp for the first year students was conducted from 19 to 21 September at the college. The camp was inaugurated by Dr. E. N. Shivadasan, NSS Programme Coordinator, M.G. University with Resource Persons Dr. Jipin Mathew, Certified Life Skill Trainer & NSS Programme Officer, Henry Baker College Mr. Jobin George, Corporate Trainer & Former NSS Ernakulam District Coordinator, M.G. University gracing the event. Dr. Jipin Mathew's session on "One Team, One Spirit- NSS Team Building included interactive games and activities for team building. On the second day, volunteers visited a nearby forest area where a forest officer explained local biodiversity. Later the team went to the NSS Tapioca Garden; the tapioca plucking was inaugurated by Dr. K. V. Thomas, Principal, BCM College. Volunteers harvested a large quantity of tapioca, which was later sold to local shops. The evening featured a cultural programme (skits, songs, dances) followed by a DJ dance. On the last day of the camp, Mr. Jobin George conducted a motivating session on "Lead, Serve, and Inspire" with activities that promoted leadership and service. The camp concluded with reflections and a vote of thanks.



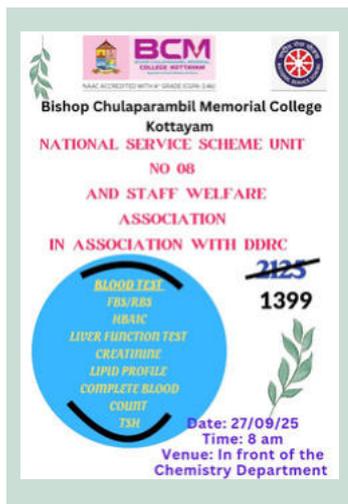
Glimpses from the NSS orientation camp!

SAFETY FIRST: UNDERSTANDING AND APPLYING PRIMARY ROAD RESPONSE TECHNIQUES

An interactive and practical session on primary response during road traffic accidents was delivered by Dr. Abdul Rahim Shaan, Consultant — Neuro Surgery, Caritas Hospital, Kottayam at the college auditorium on 19th September 2025. The programme was conducted by Dept of Physical Education and NSS unit. The resource person demonstrated first-aid steps and emergency procedures on stage, helping students learn how to respond responsibly and safely in accident situations.



PRIORITIZING WELLNESS- BLOOD TEST CAMP



The **National Service Scheme (NSS)** Unit No. 08 of Bishop Chulaparambil Memorial College, Kottayam, in collaboration with the Staff Welfare Association and DDRC, organized a Blood Test Camp on 27th September 2025. The camp was held in front of the Chemistry Department from 8:00 a.m. onwards. A total of 139 participants availed themselves of the facility. The camp received positive feedback for its efficiency and the support provided by the DDRC medical team. The initiative reflected the college's commitment to promoting physical well-being and community health awareness.

The event was a successful collaboration that fostered health consciousness among the campus community, truly embodying the NSS spirit of "Not Me, But You."

AZHCHAVATTAM

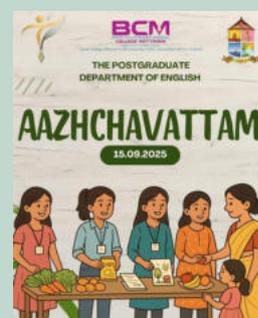
Azhchavattam is aimed to promote sustainability and entrepreneurship among students by providing a platform to showcase and sell eco-friendly and handmade products. The event provides students a chance to showcase their creativity, learn business skills, and bring their innovative ideas to life.



Our college is organizing "Azhchavattom", a unique and creative student-led marketplace. The event provides students with an opportunity to showcase their entrepreneurial spirit by preparing, presenting, and selling a wide variety of products. Students will be setting up stalls featuring, homemade products such as pickles, snacks, and sweets, fresh produce like fruits and spices, handcrafted items including bookmarks, decorative pieces, and more. The week's Azhchavattam was organized by Dept of Food Science and Quality Control.

The Postgraduate **Department of English** at BCM College, Kottayam, successfully hosted its weekly Azhchavattam programme on 14th September 2025. The event, part of the college's regular initiative where each department organizes a weekly fair, saw enthusiastic participation from students of all years of the department. They worked together to set up stalls offering a wide variety of food items, fresh produce, and handmade crafts, drawing in students, faculty members, and even members of the public.

The response to the programme was overwhelming. Many items sold out quickly as students, teachers, and visitors eagerly supported the initiative. The lively interaction, teamwork, and entrepreneurial spirit of the students made the day truly memorable. The English Department's Azhchavattam thus proved to be a resounding success, highlighting not only culinary and artistic skills but also community bonding within and beyond the college.



ITEMS	
Chocolate fudge	₹ 50
Chocolate salami	₹ 30
Brownie	₹ 20
Gulab Jaman	₹ 20
Pickle	₹ 10-30
Pineapple uppittath	₹ 5
Nellikka uppittath	₹ 5
Kappa and chilli	₹ 15
Chilies	₹ 30
Coconut	₹ 40
Ash gourd	₹ 50 kg
Papaya	₹ 20
Non woven bag	₹ 30
Craft items	₹ 10-50
Bookmark	₹ 20
Pen holder	₹ 20
Mehndi	₹ 30-80



Learning Beyond the Classroom – Students Engage in Experiential Marketing.

The **Department of Statistics**, Bishop Chulaparambil Memorial College, Kottayam, organized “Azhchavattam” this time. The event was designed as a food festival and sales exhibition where students prepared, displayed, and sold homemade delicacies and fresh produce. The programme was held on 22nd September 2025 at BCM College, and it witnessed enthusiastic participation from the students of the department.

HOD Dr Stephy Thomas, teachers, Albi Elizabeth Abraham, Asha Kiran Francis and Dona Joseph played a vital role by offering guidance at every stage of the programme, from planning and preparation to execution. Their mentorship ensured that the event was well structured, hygienic, and educational for the participants.



Hands-On Learning: Students Explore Entrepreneurship in Action



WORKSHOPS AND SEMINARS: PLATFORMS FOR LEARNING EXCELLENCE

At BCM College, seminars and workshops are organized regularly by different departments to deepen students' academic and professional competencies. They bring in experts, scholars, and industry professionals to share current trends and real-world insights. Students actively participate through discussions, presentations, and hands-on activities that enrich their learning experience. These programmes also help build confidence and broaden the academic exposure of students across all departments.

EXPLORING INDIAN KNOWLEDGE SYSTEMS: TRADITION, WISDOM, AND INNOVATION



The Post Graduate **Department of English** organised a special lecture session titled "Sanskrit Literary Theories in the Context of Indian Knowledge Traditions" on 12th September 2025. This academic event was conducted in association with the Centre for Indian Knowledge System. The session aimed to provide a comprehensive understanding of the Sanskrit literary theories, Rasa theory in particular. The session was delivered by Dr. Arun Jaganathan V. R., Assistant Professor, Department of Sanskrit Sahitya, Sree Sankaracharya University of Sanskrit, Regional Campus, Ettumanoor.

The lecture provided participants with a deeper understanding of the core principles of Sanskrit poetics, including the Nāṭyaśāstra, Kāvyaśāstra, Rasa, and Dhvani. The session was highly appreciated by all attendees. Students found the lecture intellectually enriching, especially the precise breakdown of Rasa.

"Exploring the nine sacred emotions"



A Session on 'INDIAN KNOWLEDGE SYSTEM'



As part of promoting the Indian Knowledge System (IKS) within the academic curriculum, the **Department of Economics** of BCM College, Kottayam, organized a special session on September 22. The session was conducted by Ms. Jaisil Devarajan, a second-year student of the department, who delivered an insightful presentation on the topic "Indian Monetary System and Finance." The presentation highlighted the evolution and unique features of India's traditional financial practices and their relevance in contemporary economics.

The Department of Economics continues to encourage such initiatives that integrate indigenous knowledge with modern academic learning, fostering a holistic educational experience for students.

Learning Beyond Books: Students Explore the Depth of Indian Knowledge System



WORLD OZONE DAY: A CALL TO PRESERVE OUR OZONE LAYER



The **Department of Chemistry** at BCM Bishop Choolaparambil Memorial College, in collaboration with Rasika, organized a Pencil Drawing Competition to commemorate World Ozone Day.

The event took place on September 16, 2025, at 2:00 PM. It was open to school students of classes 10, 11, and 12, providing them with a platform to artistically express their understanding of this global environmental challenge.

A total of 16 students from various schools participated in the event, showcasing a shared interest in environmental conservation. The central theme of the competition was "Preserve Our Ozone Layer," which encouraged participants to visualize the importance of protecting the ozone layer and highlight the need for collective action.

"Our planet is our lifeline — save the ozone, save yourself"



BROCHURE MAKING WORKSHOP: CRAFTING IDEAS INTO VISUALS

The **Department of Food Science and Quality Control** conducted a technical session on 11th September 2025 at 2:00 PM in Room No. 423. The session was handled by Hamna S., a 2nd DC student, and it focused on teaching students how to make brochures online.



Glimpses from the seminar!!

SUSTAINABLE WASTE MANAGEMENT IN AGRICULTURE AND FOOD: A NEW PARADIGM



The **Department of Food Science and Quality Control** organized a seminar on " Sustainable Waste Management in Agriculture and Food: A new Paradigm", led by Ms J J Sruthi Mol, Scientific Officer at Organization De Scalene, Bengaluru and founder and director of Roots Innovating Sustainability.

The session provided valuable insights into the emerging approaches and innovative strategies for managing agricultural and food waste in a sustainable manner. Ms Sruthi highlighted the importance of converting waste into value added products, the role of modern technologies and the need for a paradigm shift in food systems to ensure environmental protection and resource efficiency.

GETTING STARTED WITH RESEARCH: CONCEPTS, METHODS, AND SKILLS

The Post Graduate **Department of Commerce** organized a session on "An Introduction to Research" on 23rd September 2025. The session was led by Dr. Parvathy Mohan, Assistant Professor, who provided an insightful overview of the fundamentals of research, including its purpose, process, and significance in academic studies. The session helped students understand the essentials of conducting systematic research and encouraged them to pursue analytical and critical thinking in their academic work.





The third session of the Know Your Company series was presented by Ihasana Irshad and S. Jasmine Hani of III B.Com on the topic Automobile Industries in India, focusing on Maruti Suzuki.

The presenters highlighted the company's growth, production strategies, market position, and contributions to the Indian automobile sector. The session provided students with valuable insights into the functioning and evolution of one of India's leading automobile companies.



The fourth session of Know Your Company was conducted by Amina Navas (III B.Com) and Anjana Pareek (III B.Com). The presentation provided an overview of the cotton textile industry in India, covering its history, current trends, challenges, and economic significance. The session was engaging and helped students gain a deeper understanding of this vital sector of Indian industry.

A SESSION ON “FINANCIAL LITERACY AND FINANCIAL INCLUSION”



The Post Graduate Department of Commerce conducted a session on “Financial Literacy and Financial Inclusion” as part of the FINANCF series. The session was presented by Afna Shanavas and Greeshma Gopakumar, both from I M.Com. The presenters discussed the importance of financial awareness, accessibility of banking services, and the role of financial inclusion in economic development. The session enriched students' understanding of the need for responsible financial behaviour and inclusive growth in the economy.

The Post Graduate **Department of Commerce**, BCM College, organized a seminar on “GST – Recent Restructuring Insight” on September 23rd , 2025, at 11:30 a.m. in Sr. Savio Hall. The resource person for the session was Ann Mary Bobby (II DC), who provided a detailed overview of the recent changes in the Goods and Services Tax framework.

The seminar offered valuable insights into the evolving structure of GST and its implications for businesses and the economy. Students actively participated, raising relevant questions and engaging in meaningful discussion. The session proved to be highly informative and beneficial for commerce students.



A SESSION ON CARBON CREDITS



The Post Graduate **Department of Commerce** organized a session on Carbon Credit, presented by Harsha Harikumar (1st PG) and Jubiya Biju (2nd PG). The informative session highlighted the concept, importance, and practical applications of carbon credits in promoting environmental sustainability. Students actively participated, gaining valuable insights into this emerging area of commerce and environmental responsibility.

CONNECTING CLASSROOMS TO COMMUNITIES: EXTENSION ACTIVITIES

Extension activities at BCM College are carried out through active participation of departments, clubs, and the NCC/NSS units, who regularly engage with nearby communities. Students take part in awareness drives, social outreach programmes, and field-based initiatives that address local needs. These activities help students develop social responsibility while strengthening the college's connection with society.

UPHOLDING THE SPIRIT OF SERVICE: NCC UNIT OF BCM COLLEGE ORGANIZES COMMUNITY FOOD DRIVE

On September 29, 2025, the **NCC** cadets of BCM College, Kottayam, under the 5 Kerala Girls Battalion NCC, Changanassery, organized a Food Drive at Thirunakkara. The programme commenced at 10:45 AM with the theme "Hunger knows no boundaries; kindness should know none either." As part of the initiative, cadets collected and distributed food to the needy, emphasizing the values of compassion, kindness, and social responsibility.



The drive aimed to spread awareness about the importance of eradicating hunger and highlighted the role of youth in extending care and support to vulnerable sections of society.



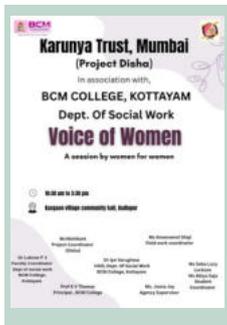
*The smiles are the best reward!
Let's continue spreading hope!*

The activity received wholehearted appreciation from the public, who actively supported and acknowledged the noble cause. The programme was not only an act of service but also a reminder of the collective responsibility of humanity to ensure that no one goes hungry.

The event was carried out under the guidance of ANO Lt. Jintumol K. U. and SUO Durga Prasad S, reflecting the cadets' commitment to service, solidarity, and responsible citizenship.

VOICE OF WOMEN - INTERACTION WITH SELF HELP GROUPS

The MSW students had the privilege of visiting Karunya's rural initiative (Disha) office and taking part in two Self Help Group (SHG) gatherings with tribal women. TSW Seba Lucy and TSW Abiya facilitated an interactive session on women's empowerment, drawing insights from Kerala's SHG experiences, especially the Kudumbashree movement.



Sincere thanks to Project Coordinator Mr. Nishikant for his valuable support and for translating the session into Marathi, which helped make the discussions more inclusive and meaningful. The energy and active involvement of the women made the experience truly inspiring, reaffirming that empowering women is key to strengthening entire communities.



Learning Through Dialogue: An Interactive Session with SHG Members



VISIT TO CADABAM'S REHABILITATION CENTRE

The **Social Work Department** of BCM College, Kottayam, in association with Cadabam's rehabilitation centre conducted a one-hour community program at Cadabam's Rehabilitation Centre on the theme "Life Skills – Effective Communication and Interpersonal Relationship." The session aimed to enhance the participants' communication abilities and improve their interpersonal relationships within the rehabilitation setting.

The program began with a brief introduction to the importance of communication and relationships in daily life. Interactive discussions and engaging group activities were used to help participants understand concepts such as active listening, empathy, and assertive communication. Overall, the program successfully met its objectives by promoting awareness and practical understanding of life skills essential for personal and social growth.

FIELD WORK AS PART OF SPENDING IMPORTANCE OF EDUCATION

As a part of the 3rd semester field work at Karunya trust, a group activity was conducted for selected beneficiary children to create awareness about the importance of education. The session was organized by TSW Abiya Saju, TSW Seba Lucy Luckose, TSW Nandana Santhosh, and TSW Amal Raveendran.



Resource persons TSW Abiya Saju and TSW Seba Lucy Luckose facilitated the session through interactive discussions, storytelling, and simple games that encouraged children to share their views and experiences about school. The activities helped the children understand how education can open opportunities, build confidence, and support their future dreams. The session was engaging and child-friendly, motivating the participants to continue their studies with greater interest and commitment.

A SESSION ON LEADERSHIP QUALITY AND FIELD WORK

As a part of the 3rd semester field work at karunya trust under project savli, the **Department of MSW** had the opportunity to take part in the monthly support meeting for the beneficiaries, along with the Children's Parliament (CP) meeting of Karunya Trust's Project Savli.

In this session, TSW Seba Lucy and TSW Abiya Saju conducted awareness classes for the children about leadership quality. This was followed by an interactive discussion where the children actively participated and shared their thoughts. The program was guided and well-coordinated by Project Coordinator Ms. Josna Joy, ensuring smooth flow and meaningful engagement. The session gave us a chance to connect closely with the children, understand their perspectives, and appreciate how eager they are to grow and take responsibility as young leaders.



EQUIPPING CHILDREN WITH TOOLS FOR EVERYDAY @ GANDHIBHAVAN- A SKILL DEVELOPMENT SESSION



As part of the Third Semester Block The session was designed to be Placement programme, a life skill interactive and activity-oriented to development session was organized ensure the full engagement of for the children of Gandhibhavan participants. Trainees facilitated a series Children's Home, Pathanapuram, on of activities, games, and discussions that 27th September 2025. The session, focused on practical skills and positive titled "Equipping Children with Tools behavior. Children actively participated for Everyday Success", aimed at in all activities and showed enthusiasm strengthening the life skills of throughout the programme. The children and preparing them to face interactive approach helped the children everyday challenges with to relate the learnings to their everyday confidence. lives.

വാ APPA ഓൺലൈനിൽ- A DIGITAL COMMUNITY ORGANIZATION INITIATIVE

The "വാ Appa ഓൺലൈനിൽ " program, organized by the **Department of Social Work** was a digital community organization initiative conceptualized and developed during the fieldwork to promote awareness about the importance of involved fatherhood. It aims to challenge traditional parenting stereotypes and engage the community in a conversation about the crucial role of fathers using digital platforms. The students created and published a series of engaging reels, including a title reveal and a voting reel, along with informative brochures and conducted a ground survey to gather baseline data on public perceptions of fatherhood, ensuring the campaign was community-informed. This program demonstrated the application of community organization principles in a digital space, leveraging social media to mobilize public opinion, spark dialogue, and advocate for a positive social change in parenting norms.



EMPOWERING STUDENTS THROUGH SEMINARS ON GOOD FOOD, HEALTH AND WELL-BEING

NUTRITION ANALYSIS SURVEY AT LULU MALL: EXAMINING THE NUTRITIONAL VALUE OF POPULAR FOOD PRODUCTS



*Assessing Nutritional Labels:
A Hands-On Nutrition Survey at
Lulu Mall*

On 10th September, the **Department of Home Science** organized a Nutrition Analysis Survey at Lulu Mall with the objective of examining the nutritional values of commonly purchased food products. The activity aimed to create awareness among consumers about reading food labels and making informed dietary choices. Students carried out the survey by collecting data from packaged food items available in different sections of the mall, focusing on parameters such as calorie content, fat, sugar, protein, and micronutrient levels.

The findings revealed that while many products met standard

nutritional guidelines, several popular items contained high amounts of sugar, sodium, and unhealthy fats. This highlighted the need for consumers to be more conscious while selecting daily food products. The survey also provided an opportunity for students to practically apply their classroom knowledge of nutrition. Overall, the event was both informative and impactful, encouraging healthier shopping habits among the public.

BMI SCREENING TEST



The **Department of Home Science** conducted a BMI Screening Test on 16th and 17th September to assess the health status of students and faculty.

A total of 97 participants took part in the activity, which aimed to create awareness about maintaining a healthy body weight and lifestyle. The results

showed that the majority of participants fell within the healthy BMI range. However, a few students were identified as underweight, while only a very small number were found to be overweight.

The screening emphasized the importance of balanced nutrition, regular physical activity, and timely monitoring of health indicators. Overall, the program was successful in promoting health awareness within the department and encouraged participants to pay closer attention to their nutritional and lifestyle choices.

Our students get their BMI tested.



NURTURING WELLNESS: A SEMINAR ON GUT HEALTH

On 23rd September at 8:30 a.m., the **Department of Home Science** organized a seminar on gut health, led by Ms. Aileen Taji, dietitian and consultant at Caritas Hospital. Ms. Aileen explained the vital role of the gut in digestion, nutrient absorption, and immunity.

She highlighted how lifestyle factors like irregular eating habits, processed foods, and stress often lead to gut-related problems.



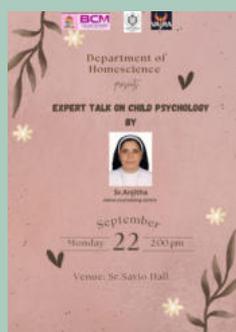


**"Listen to your gut
- Learn how to keep
it happy!"**

Common issues such as constipation, bloating, and acidity were discussed, along with the importance of addressing them early. She suggested practical measures including fiber-rich foods, adequate hydration, mindful eating, and probiotics, noting that small but consistent changes can significantly improve gut health.

The interactive session encouraged students to share experiences and ask questions, making the seminar engaging and informative. Overall, it enhanced participants' awareness of the connection between gut health and overall well-being while motivating them to adopt healthier habits.

SEMINAR ON CHILD PSYCHOLOGY: UNDERSTANDING THE DEVELOPING MIND



On 22nd September at 2:00 p.m., the **Department of Home Science** organized a seminar on child psychology with special focus on learning disabilities. The session was led by Sr. Anjitha SVM, clinical psychologist and consultant at Caritas Hospital.

She explained the concept of learning disabilities, differentiating them from general academic challenges. Emphasizing early identification, she highlighted how timely support enables children to overcome barriers and achieve their potential. Drawing from her clinical experience, Sr. Anjitha illustrated how learning disabilities affect both academics and emotional well-being. She also stressed the role of teachers, parents, and peers in fostering a supportive environment.

The interactive session allowed students to engage actively, making the seminar insightful and valuable for understanding challenges and solutions in learning disabilities.

FOOD EXPRESS

A poster is done on every Friday of the month on the main headline of Food Related News as "FOOD EXPRESS" by the Department of FSQC. A news headline on the "BENEFITS OF LADY FINGER" has been done by Devika P Rajeev 1DC FSQC while a poster "BENEFITS OF BITTER GOURD" has been done by Ananya Nair 2DC FSQC. Bitter Gourd benefits in regulating blood sugar level, and supporting digestive health.



Did you know: Bitter Gourd benefits in regulating blood sugar level, and supporting digestive health.



Did you know : Lady Finger benefits for digestive health due to its high fiber, helps regulate blood sugar absorption, and supports heart health by lowering bad cholesterol.

“SAFE FOOD AND HEALTHY LIFE”- A SURVEY



The second year students of Food Science and Quality Control conducted a survey on Safe Food Healthy Lives on 23 September 2025. The survey is to assess their knowledge, attitude and behaviour regarding food safety, identify potential gaps in understanding and practices, and provide a basis for developing targeted.

The students went to different hotels and conducted the survey. They gave them a booklet containing the guidelines related to Food Safety. They also gave gloves and head cap to the workers there. The aim of this educational programs, regulatory policies, and risk mitigation strategies to protect public health.

“Safe food Healthy lives”

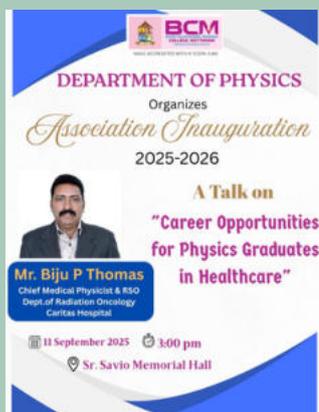
ASSOCIATION INAUGURATIONS

ASSOCIATION INAUGURATION -DEPT OF FOOD SCIENCE AND QUALITY CONTROL

The **Department of Food Science and Quality Control** conducted its Association Inauguration on 29th September 2025 at 1:30 PM in Sr Savio Hall. The programme began with a prayer by Vyshnavi V.J. and Devika P. Rajeev, followed by the welcome address delivered by Ms. Anju Annette Cherian, Head of the Department. The inaugural address was given by the Chief Guest, Ms. Neena Tom, Co-Founder and Vice President – Innovation, Stonefield Flavours. The association, named Novare, was officially inaugurated with the lighting of the lamp, after which badges were presented to the office bearers. The ceremony concluded with the vote of thanks proposed by Ms. Jyothika S. Nair, Vice President.



ASSOCIATION INAUGURATION- DEPT OF PHYSICS



The **Department of Physics**, BCM College, Kottayam, conducted its Association Inauguration for the academic year 2025–2026 on 11 September 2025 at 3:00 p.m. in Sr. Savio Memorial Hall. The event featured a talk on “Career Opportunities for Physics Graduates in Healthcare” by Mr. Biju P. Thomas, Chief Medical Physicist and RSO, Department of Radiation Oncology, Caritas Hospital.

Mr. Biju P. Thomas enlightened the students about the diverse career prospects for physics graduates in the healthcare sector, emphasizing the importance of medical physics and radiation safety. The session was highly informative and inspiring, offering valuable guidance to aspiring students.

QUIZ TIME: CELEBRATING LEARNING THROUGH FUN AND CHALLENGE

On Wednesday September 24, 2025, the **Commerce Department** successfully hosted a vibrant and competitive quiz competition starting at 1:00 PM in Room 223. A total of 12 teams participated, demonstrating excellent knowledge and teamwork. The first-place prize was secured by the formidable team of Krishna Raju and Dhanyalakshmi Krishnan. Following closely, the second-place honors went to Uthraja Biju and Archana Biju, who displayed exceptional performance throughout the rounds. The event was a testament to the sharp academic spirit and collaborative environment within the department.



Business Quiz: Challenging the Bright Minds

COMMENCEMENT DIPLOMA COURSE 2025-26- THE DEPARTMENT OF SOCIOLOGY



The **Department of Sociology** and the Press Club, Kottayam, organized the Commencement Diploma Course 2025-26 and Award Ceremony for the 2024-26 batch on 25th September 2025. The event was held at Sr. Savio Memorial Hall at 2:00 p.m.

The ceremony marked the formal commencement of the new diploma batch and the distribution of certificates to the outgoing students. The programme began with a welcome address, followed by

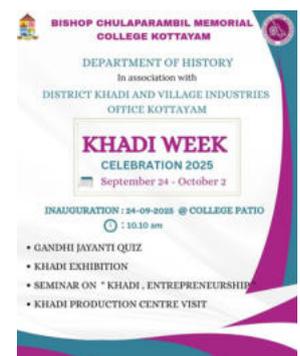
speeches from distinguished guests and faculty members, highlighting the significance of journalism education and its role in shaping responsible media professionals. Awards and certificates were distributed to the successful participants of the 2024-26 batch in recognition of their accomplishments. The event concluded with a vote of thanks, expressing gratitude to all organizers and participants for their active involvement in making the ceremony a memorable one.



MARKING MEANINGFUL MOMENTS: CELEBRATION OF DAYS

KHADI WEEK CELEBRATIONS: HONOURING INDIA'S HANDSPUN LEGACY

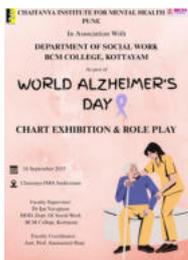
The **Department of History**, BCM College, Kottayam, in association with the District Khadi and Village Industries Office, Kottayam, organized the Khadi Week Celebration 2025 from 24th September to 2nd October 2025. The week-long celebration aimed to promote the values of self-reliance, sustainability, and Gandhian ideals through various awareness and educational activities.



The inaugural ceremony was held on 24th September 2025 at 10:10 a.m. at the college patio. As part of the celebration, a series of engaging programmes were organized, including a Gandhi Jayanti Quiz, a Khadi Exhibition, and a Seminar on “Khadi and Entrepreneurship.” Students also got an opportunity to visit a Khadi Production Centre, where they gained practical insights into the process of Khadi manufacturing and small-scale industry operations. The Khadi Week celebration successfully fostered awareness about the importance of indigenous industries and encouraged students to appreciate the cultural and economic value of Khadi.



WORLD ALZHEIMER’S DAY: PROMOTING CARE, COMPASSION, AND UNDERSTANDING



As part of the observance of World Alzheimer’s Day, Chaitanya Institute for Mental Health, Pune, in collaboration with the **Department of Social Work**, BCM College, Kottayam, organized a Chart Exhibition and Role Play on 18th September 2025 at the Chaitanya IMH Auditorium. The programme aimed to raise awareness about Alzheimer’s disease, its symptoms, causes, and the importance of empathy and care for individuals affected by it. The chart exhibition showcased informative and

visually engaging charts prepared by students, covering topics such as memory loss, stages of Alzheimer’s, preventive care, and psychological support.

The role play segment effectively depicted real-life situations faced by patients and caregivers, highlighting the emotional and social challenges associated with the condition.

The event was conducted under the guidance of Dr. Ipe Varughese, Head of the Department of Social Work, BCM College, and Asst. Prof. Aneenamol Shaji, Faculty Coordinator. Their supervision and mentorship ensured a meaningful and well-organized session that blended education with compassion.



Raising Awareness Through Art: A Play on Alzheimer's and Memory Loss

CREATING HOPE THROUGH ACTION: AN AWARENESS CLASS ON WORLD SUICIDE PREVENTION DAY

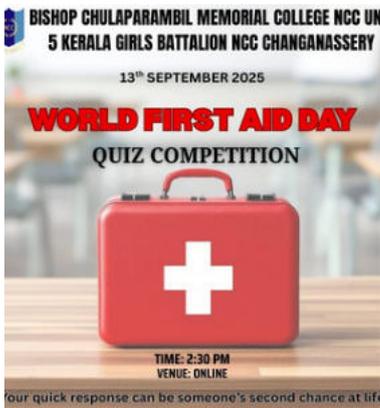
On September 10, 2025, the **NCC cadets** of BCM College, Kottayam, under the 5 Kerala Girls Battalion NCC, Changanassery, organized an awareness class at Room No. 110. The session was conducted as part of their ongoing efforts to promote mental health awareness and the importance of suicide prevention. The topic of the programme was “Creating Hope Through Action Can Save Lives.” The class was led by Ms. Feliza Sabu, Guest lecturer, Department of Psychology, who delivered an enlightening and impactful session. She highlighted the significance of building hope, extending support, and creating awareness to prevent suicides in society.

The programme was a meaningful success and was appreciated for addressing such a sensitive issue with clarity, compassion, and depth. The event was conducted under the guidance of ANO Lt. Jintumol K. U. and SUO Durga Prasad S, reflecting the cadets' dedication to mental health education and community service.



Let's Talk About It: A Class on Suicide Prevention and Mental Health

READY TO RESPOND: THE WORLD FIRST AID DAY QUIZ CHALLENGE



On September 13, 2025, the NCC cadets of BCM College, Kottayam **NCC Unit**, 5 Kerala Girls Battalion NCC Changanassery, organized an online quiz competition in connection with World First Aid Day. The event was conducted at 2:30 p.m. through Google Forms.

The quiz was designed to enhance cadets' knowledge about first aid, its importance in emergency situations, and the role of timely medical assistance in saving lives. Many cadets actively participated in the competition, answering a series of questions related to first aid practices, awareness, and significance of the day.

The event provided an engaging platform for cadets to test their awareness and refresh their understanding of essential first aid measures. It also helped in promoting the spirit of readiness and responsibility among the youth to act effectively during emergencies.

The program was conducted under the guidance of ANO Lt. Jintumol K.U. and SUO Durga Prasad S, reflecting the commitment of the NCC unit towards spreading awareness and preparing cadets to serve society with knowledge and confidence.

Guiding Us Today, Inspiring Us Always – Happy Birthday



Warm Birthday Wishes to Our Esteemed Principal Prof. Dr. Thomas K V!

ACHIEVEMENTS

Signed MoU with Mashikkoottu

The Department of English Signed an MoU with Mashikkoottu, a publishing house — Fostering Collaboration and Community Engagement.



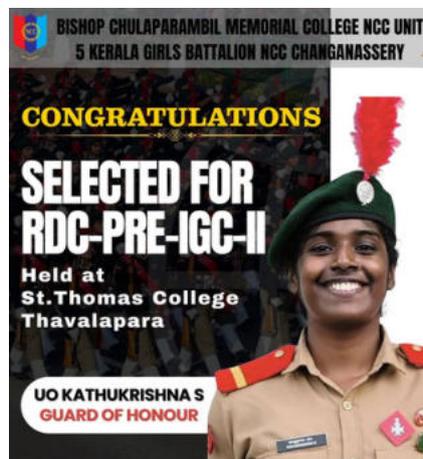
An MOU between Bajaj Finserv and BCM college was signed on 16th September 2025. It offers offers several programs for students, focusing on skill development, employment, and internships - A Placement Cell Initiative



Dr. Liju Alex, Assistant Professor, Dept of Mathematics presented a research paper at an International Conference organized by Christ College, Irinjalakkuda. Congratulations!



An MOU was signed between NIRMAN Organisation, CSR concern of Infosys and BCM College on 23rd September 2025 .Nirmaan's Career Guidance Program provides employability skills for the final year students and facilitates campus recruitment programmes.



CONGRATULATIONS TO THE ACHIEVERS !!

BCM IN THE HEADLINES

കിസ് മത്സരവും വാദി എക്സിബിഷനും

കോട്ടയം • കേരള വാദി ഗ്രാമവ്യവസായ ബോർഡ് സംഘടിപ്പിക്കുന്ന ഗാന്ധിജയന്തി വാരാഘോഷത്തിന്റെ തുടർച്ചയായി ജില്ലയിലെ ഹൈസ്കൂൾ, ഹയർ സെക്കൻഡറി സ്കൂൾ അടിസ്ഥാനത്തിൽ നാളെ രാവിലെ 11ന് ബിസിഎം കോളജിൽ ജില്ലാതല കിസ് മത്സരവും വാദി എക്സിബിഷനും നടത്തും. ഒരു സ്കൂളിൽനിന്ന് 2 കുട്ടികളെ വീതം ഉൾപ്പെടുത്തി 'ഗാന്ധിജിയും വാദിയും സാതത്ര്യസമരവും' എന്ന വിഷയത്തിലാണ് മത്സരം. ഒന്നും രണ്ടും സ്ഥാനക്കാരെ പങ്കെടുപ്പിച്ച് സംസ്ഥാനതല കിസ് മത്സരം തിനന്തപുരത്ത് കേരള വാദി ഗ്രാമവ്യവസായ ബോർഡ് ആസ്ഥാനകാര്യാലയത്തിൽ നടത്തും. കളുടെ ഫോൺ നമ്പർ സഹായമുള്ള വിവരങ്ങൾ ഇന്ന് 5ന് മുമ്പായി ജില്ലാ വാദി ഓഫീസിന് അറിയിക്കണം. ഫോൺ: 0482560586, 9495406397.
manorama 23/09/25

Deepika 1/09/2025

കിണറുകൾ ശുദ്ധീകരിച്ചു

കോട്ടയം: ജില്ലയിൽ ശുചിത്വബോധം വർദ്ധിപ്പിക്കുന്നതിനായി ബിസിഎം കോളജും ജില്ലാ ആശുപത്രിയും ചേർന്ന് ശുദ്ധീകരണ പരിപാടി സംഘടിപ്പിച്ചു. മുനിസിപ്പൽ പ്രദേശത്തെ എണ്ണറോളം കിണറുകളിൽ ബ്ലീച്ചിംഗ് പൗഡർ ഇടുകയും പരിസരം വൃത്തിയാക്കുകയും ചെയ്തു. സമീപകാലത്ത് അമിത മൂലം മസ്തിഷ്കത്തിൽ ഉണ്ടാകുന്ന അപകടകരമായ രോഗങ്ങൾ റിപ്പോർട്ട് ചെയ്ത സാഹചര്യത്തിലാണ് വെള്ളത്തിൽ ക്ലോറിൻ ചേർത്തത്. കോളജിലെ അധ്യാപകരും വിദ്യാർത്ഥികളും ആശാവർക്കര്മാരും ഒരുമിച്ചാണ് പരിപാടി നടപ്പാക്കിയത്.



ബിസിഎം കോളജും കോട്ടയം ജില്ലാ ജനറൽ ആശുപത്രിയും ചേർന്നു നടത്തിയ ശുദ്ധീകരണ പരിപാടി.



കിസ് മത്സരം

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