



BCM
BISHOP CHULAPARAMBIL MEMORIAL
COLLEGE | KOTTAYAM
Sapientia et Gratia-Wisdom and Grace

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BISHOP CHULAPARAMBIL MEMORIAL
COLLEGE | KOTTAYAM

Sapientia et Gratia-Wisdom and Grace

NAAC ACCREDITED WITH A' GRADE (CGPA-3.46)

OUR TORCH BEARERS

Mar Alexander Chulaparambil

Bishop of Kottayam (1914-51)
Visionary whose dream realised in
Bishop Chulaparambil Memorial College,
Kottayam

Mar Thomas Tharayil

Bishop of Kottayam (1951-74), Founder

Mar Mathew Moolakkatt

Metropolitan Archbishop of the
Archebishopric of Kottayam.
Patron

Mar Joseph Pandarasseril

Proto Syncellus, Archebishopric of Kottayam
Chairman, Governing Body,
BCM College Kottayam

Rev. Fr. Abraham Parambett

Manager

Dr.T M Joseph

Pro- manager

Prof. Dr. Thomas K. V.

Principal

Dr. Annu Thomas

Vice Principal

Ms Priya Thomas

Vice Principal

Rev. Fr. Philmon Kalathra

Secretary, Corporate Education Agency of
Colleges, Archebishopric of Kottayam and
Bursar, BCM College, Kottayam

ABOUT THE COLLEGE

Bishop Chulaparambil Memorial College, Kottayam, established in 1955, was founded by Mar Thomas Tharayil in fulfillment of the vision of his predecessor, Mar Alexander Chulaparambil. Dedicated to the education and empowerment of young women, the college upholds the motto "*Sapientia Et Gratia*" — *Wisdom and Grace*.

True to its founding ideals, BCM College is committed to nurturing the holistic development of its students — not only through academic excellence but also by cultivating the skills, values, and global competencies essential in today's world.

The institution strives to unlock the full potential of every student, equipping them to meet contemporary challenges with confidence and integrity.

As a vibrant academic community, lovingly known as the BCM family, the college stands as a beacon of truth, justice, and social responsibility. Deeply rooted in its mission, BCM continues to inspire both teachers and students to uphold strong values and to remain committed to the upliftment of society, especially the marginalized and the needy.

Editorial



Aided College affiliated to MG University | NAAC accredited with A+ (3.46/4)

November is a month of transition, carrying a calm that invites reflection and renewal. November at BCM College proved to be a meaningful month marked by reflection, activity, and growth.

As the academic year progresses, the campus comes alive with programmes, skill-oriented initiatives, and collaborative learning experiences that enrich student life. Skill Week showcased a vibrant range of creative and practical skills, including embroidery, stitching, jewellery making, cooking, art and craft, flower arrangement, western dance, and classical dance. Towards the end of a year the week emphasized the spirit of entrepreneurship by inspiring students to develop innovative ideas, practical skills, and a business-oriented mindset. Through focused activities and interactive sessions, the programme encouraged creativity, leadership, and self-reliance, motivating students to explore entrepreneurial opportunities and become confident, future-ready individuals. As the year slowly winds down it offers a pause to look back on lessons learned. November encourages gratitude, growth, and preparation for new beginnings ahead.

From Editorial Desk

Reporting and Editing

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Layout and Design

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SKILL WEEK NAME REVEALING BY TEAM “KARUTHAL”



Skill name revealing formal inauguration

The event marked the beginning of a week dedicated to enhancing student skills and practical competence.

The ceremony opened with a prayer by the College Choir, followed by a Welcome Address from the College Chairperson, Kesia Elisebath Babu, who stressed the importance of continuous skill development. The program was officially inaugurated by Team Karuthal, the student group behind the initiative.

Dr. Annu Thomas, Vice-Principal, delivered the Felicitation, highlighting the need to bridge academic learning with practical skills. A key moment of the event was the dramatic unveiling of the Skill Week name, “Pravinya,” by acclaimed film director Mr. Jomy Jose, whose presence inspired students to pursue mastery.

The program concluded with an interactive session led by Team Karuthal, giving students clarity on the week’s objectives and schedule.

Skill Week Inauguration – “Pravinya: Shaping Skills, Inspiring Mastery”

The much-anticipated Skill Week of BCM College, themed “Pravinya (Shaping Skills, Inspiring Mastery),” was inaugurated on November 21 at 12:30 pm in the College Auditorium.

SKILL WEEK 2025

The Centre for Women Empowerment & Upskilling, Bishop Chulaparambil Memorial College, Kottayam, organized Skill Week 2K25 – PRAVINYA from 24 to 29 November 2025 with the objective of empowering students through practical skill development. The week-long programme featured structured, hands-on training sessions in embroidery, stitching, arts and crafts, cooking, semi-classical dance, and western dance, jewellery making, enabling participants to explore both creative and vocational skills. The sessions were conducted by experienced trainers and focused on nurturing creativity, discipline, confidence, and entrepreneurial awareness among students. PRAVINYA provided a vibrant platform for experiential learning beyond the classroom and significantly contributed to promoting self-reliance, personal growth, and women empowerment.



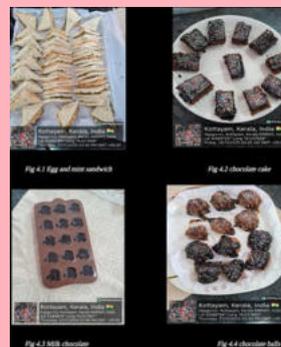
ART AND CRAFT



As part of Skill Week 2025, Bishop Chulaparambil Memorial College, Kottayam (Centre for Women Empowerment & Upskilling) organised “PRAVINYA - Shaping Skills, Inspiring Mastery” from 24–28 November 2025 at Room No. 318. The programme introduced students to fabric painting, mural painting, glass painting, and terracotta jewellery making, fostering creativity, technical skills, teamwork, and confidence. Guided by Ms. Shanu Raveendranath, Fevicryl Certified Expert, students practiced these art forms and showcased their works in an exhibition, promoting women empowerment through skill-based learning.

COOKING

The cooking skill programme was conducted from 8:30 a.m. to 3:30 p.m. with the aim of developing essential culinary skills through hands-on training. Students prepared a wide variety of items, including welcome drinks, starters, dips, egg- and milk-based dishes, puddings, shakes, sandwiches, cakes, and chocolates. The menu featured beverages such as guava tingle refresher and mint lime cooler; snacks like scotch eggs and cheesy pakodas; egg dishes, desserts, homemade ice cream, cakes, and chocolates. Throughout the sessions, strong emphasis was placed on hygiene, proper techniques, presentation, and teamwork, helping students build confidence and foundational skills for future culinary pursuits.



STITCHING



The Stitching Skill Week held from 24–28 November 2025, led by Dr. Sr. Remya MJ, provided intensive, hands-on training that enabled students to become proficient in tailoring and home décor projects. Students began by mastering body measurements, fabric tracing, and cutting for Kurta construction, then progressed to sewing, assembling, and finishing their garments with professional techniques. The program later focused on home décor, with students creating a Table Runner and Cushion Cover, learning precise corner work, embellishments, and finishing skills. The week concluded with the insertion of zippers and closures, final pressing, and packaging, resulting in exhibition-ready projects that showcased their growth from raw fabric to polished, professional-quality products.

EMBROIDERY

The Skill Week on Embroidery was conducted from 24 to 29 November 2025 with the objective of introducing students to needlework and enhancing their creativity and fine motor skills. The programme began with an introduction to the importance of embroidery, followed by hands-on training under the guidance of the resource person, Mrs. Singa K. S., artisan and entrepreneur from KRSAA Handicrafts. Throughout the week, students were trained in basic and advanced embroidery techniques, including various stitches, bead and sequin work, neck design embroidery, colour combinations, and fabric handling. Daily sessions emphasized practical learning, creativity, patience, and attention to detail, enabling students to create personalised embroidery pieces for display. The event received positive feedback and highlighted the value of skill-based learning in building confidence, craftsmanship, and innovation among students.



JEWELLERY MAKING



The Jewellery Making Skill Week, held from 24–28 November 2025 for 20 students at Venue 212, provided hands-on training in creating earrings, necklaces, bracelets, anklets, rosaries, and designer jewellery, along with basic Aari embroidery and product finishing techniques. Guided by Ms. Amrutha K R, students also learned skills in pricing, marketing, packaging, and online selling. The program boosted their confidence, showcased their creations in a concluding exhibition, and highlighted jewellery making as both a creative and income-generating skill. Students enjoyed learning various techniques and realized that many store-bought items can be crafted at home. They developed teamwork, patience, and attention to detail throughout the week. The training offered a meaningful, practical experience that students can continue to build upon in the future

SEMI CLASSICAL DANCE

The Semi Classical Dance Skill Week was conducted from 24 to 28 November 2025 in Room 107 for second-year students, under the guidance of resource persons Ms. Praseetha P. S. and Ms. Sreedevi Ashok. The programme aimed to strengthen students' practical and theoretical understanding of semi classical dance through structured training. Over five days, students participated in warm-up sessions, intensive practice, and choreography of two dance items, Swalla Jathi Mix and Sreeragamo. Alongside practical training, important theoretical concepts such as abhinaya, navarasas, adavus, mudras, and viniyogas were taught and demonstrated. Motivation sessions were also included to build stage confidence and reduce performance anxiety. The programme concluded with final rehearsals and preparation for performance. Overall, the Skill Week was highly effective in enhancing students' technical skills, expressive ability, and confidence in semi classical dance, supporting the college's objective of holistic skill-based learning.



INNOVATIVE TEACHING STRATEGIES



The **Postgraduate Department of English** organized an innovative learning activity under the supervision of Dr. Dona Sam, Assistant Professor, as part of the course Literatures of the English Renaissance. The session centered on William Shakespeare's Hamlet, exploring the play through a creative pedagogical approach that combined performance and interpretation. As an innovative teaching strategy, Dr. Dona Sam introduced learning through performance, wherein students enacted the seven iconic soliloquies of Hamlet. The session went a step further in creative engagement by including an eighth soliloquy, an original composition developed by the students, extending the psychological and philosophical dimensions of Hamlet's character. All second-year postgraduate students of English actively participated in the performance, bringing literary analysis to life through embodied expression and collaborative learning.

BCM ALUMNI UAE CHAPTER

The BCM BEAMS UAE Chapter Alumni Meet was held successfully, bringing together alumni in a warm and cordial atmosphere. The gathering reflected strong alumni bonding and collective spirit. Special appreciation is extended to Ms. Anutha Bhaskar, Vice President, BCM BEAMS, and all those whose dedicated efforts made the meet possible.



ALUMNAE MEET (BATCH 1978-83)



BOOK REVIEW AS PART OF MALAYALAM LANGUAGE WEEK

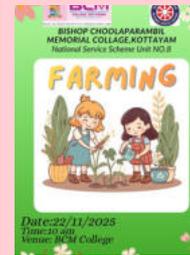


Snippets from the Book Review

The BCM **College Library** in Kottayam organized a Book Review (Pusthaka Nirūpaṇam) as part of the Malayala Bhasha Varacharanam (Observance of Malayalam Language Week). The event took place on 03/11/2025 at 2:00 PM and was held at the College Library. The review was delivered by Anil Stephen, Head of the Department of Malayalam at BCM College, Kottayam, who discussed the book titled *_Kambilikandathe Kalbharanikal_* as part of the college's efforts to promote the study and appreciation of Malayalam literature.

FARMING : AN NSS INITIATIVE

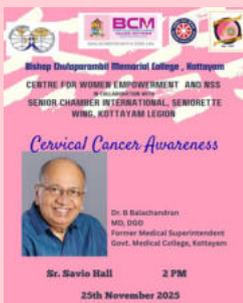
The **NSS** Unit of BCM College, Kottayam, in collaboration with Bhoomitrasena, initiated a farming activity on 22 November 2025 at 10:00AM within the college campus. The programme was organized with the objective of promoting environmental sustainability, agricultural awareness, and active student participation in eco-friendly practices. The farming initiative aimed to create awareness about the importance of agriculture, encourage organic farming practices, and foster a sense of responsibility towards nature among students. The programme also strengthened teamwork and cooperation among the participating units. Members of the NSS Unit and Bhoomitrasena actively participated in the programme which was a meaningful step towards developing a green and sustainable campus at BCM College, Kottayam.



Sowing Seeds of Responsibility: Cultivating a Greener Tomorrow Together.



AN AWARENESS SESSION ON CERVICAL CANCER



Awareness Today, Prevention Tomorrow: Empowering Minds Against Cervical Cancer.

A Cervical Cancer Awareness Session was conducted on 25 November 2025 at 2:00 p.m. at BCM College, Kottayam, in association with the **NSS** Unit of the college. The programme was organized with the objective of creating awareness among students about cervical cancer, its causes, prevention, early detection, and the importance of timely medical intervention. The session was led by Dr. B. Balachandran, MD, DGO, Former Medical Superintendent, Government Medical College, Kottayam. Dr. Balachandran delivered an informative and insightful talk explaining cervical cancer as a major yet preventable health issue affecting women. He highlighted risk factors, common symptoms, and the role of Human Papillomavirus (HPV) in the development of the disease with special emphasis on preventive measures. The speaker also addressed misconceptions related to cervical cancer and stressed the importance of early diagnosis in improving survival rates. The interactive nature of the session encouraged students to actively participate by asking questions, which were answered with clarity and professional guidance.

WORLD DIABETES DAY

The **Department of Zoology**, BCM College Kottayam, observed World Diabetes Day 2025 on 14 November, based on the global theme "Diabetes Across Life Stages." The programme aimed to promote awareness on diabetes prevention and the importance of healthy lifestyle choices. A digital poster carrying the message "Prevention starts with me" was created and widely circulated through social media platforms, including WhatsApp status, to reach a broader audience.

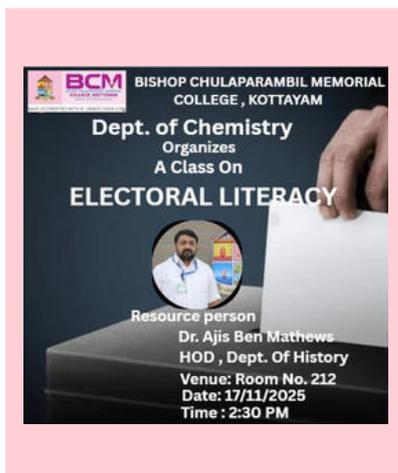
Sugar Board

A Sugar Board was also displayed as a post, presenting the sugar content in commonly consumed food items such as flavoured juice, chocolate, pastries, soft drinks, ice cream, and gulab jamun. Recommended limits of daily

sugar intake were highlighted to encourage mindful consumption. The initiative successfully educated students and the public on the dangers of excessive sugar intake and emphasized the importance of early prevention across all stages of life.



A CLASS ON ELECTORAL LITERACY



The **Department of Chemistry**, BCM College, Kottayam, organized a class on Electoral Literacy on 17 November 2025 at 2:30 PM in Room No. 212. The session was handled by Dr. Ajis Ben Mathews, Head of the Department of History, who served as the resource person. The class focused on creating awareness about the importance of electoral participation, voting rights, and the responsibilities of citizens in a democratic system. The session was informative and interactive, helping students gain a better understanding of the electoral process and the significance of informed voting. The programme successfully enhanced students' civic awareness and sense of responsibility.

TRAINING SESSION ON COMMUNICATIVE ENGLISH

Effective communication skills in English are essential in today's competitive job market, yet many students face challenges in expressing their ideas confidently. To address this, the Soft Skills and Life Skills Centre of BCM College organized a one-week training programme on Communicative Skills in English from 10 to 14 November 2025 for all third-year UG students. The training was conducted by Mr. Sabu Thomas and Mr. Hari Gopinath from F4C International Institute.

Students were divided into four batches for smooth conduct of the sessions, which were held in Rooms 318 and 214. The programme employed interactive and practice-oriented teaching methods, encouraging active participation. The 30-hour training effectively enhanced students' confidence and proficiency in English communication.



BCM COLLEGE CONDUCTS HANDS-ON BOTANY WORKSHOP FOR PLUS TWO STUDENTS

The **Department of Botany**, BCM College, Kottayam, organized a *Workshop on Practical Skills in Botany* on 1 November 2025 in the Botany Laboratory. Fifteen Plus Two students participated in the session, which focused on enhancing practical understanding through live demonstrations and guided activities.

Students received training in microscope handling, preparation and observation of plant anatomical sections, demonstrations of mitosis and meiosis, familiarization with herbarium specimens, and biological illustration techniques. The workshop had no formal inauguration. Sessions were led by Ms. Antu Mariya Jose, Dr. Peter K. Mani (HoD), Ms. Archana G. Nair, and Dr. Reshma T. R., who provided engaging and informative learning experiences.



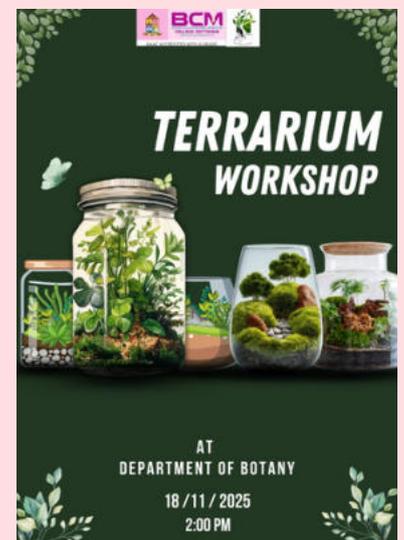
Microscopic slide preparation



TERRARIUM WORKSHOP - DEPARTMENT OF BOTANY

The **Department of Botany**, BCM College Kottayam, conducted an engaging Terrarium Workshop on 18 November 2025 at 2:00 PM as part of its initiative to promote eco-friendly practices and hands-on learning. First, Second, and Third Year Botany students participated actively in the session.

Students learned about terrarium concepts, container types, soil layering, plant selection, maintenance methods, and the ecological significance of self-sustaining plant environments. Experts demonstrated the step-by-step process of terrarium creation, after which students prepared their own miniature ecosystems. The interactive workshop helped strengthen practical skills and deepen understanding of plant microhabitats.



Terrarium Workshop

CSIR-UGC NET GENERAL APTITUDE PAPER WORKSHOP

The **Postgraduate and Research Department of Mathematics**, BCM College, Kottayam, in collaboration with the Minority Welfare Department, Government of Kerala, organized a CSIR NET Coaching Workshop focusing on the General Aptitude Paper.

The session was held on 7 November 2025 from 11:00 a.m. to 4:00 p.m. and was led by Mr. Christy Varghese, an expert aptitude trainer and author of several competitive exam guidebooks. Students from Mathematics, Statistics, and other disciplines participated.

The workshop covered key areas of Quantitative Aptitude, including coding and decoding, sequential ordering, blood relations, and statement-based problems. Mr. Christy explained core concepts, demonstrated problem-solving methods, and discussed model NET-type questions.

The session was interactive and concept-oriented, helping students strengthen their logical reasoning and foundational understanding. Overall, it provided a strong start to the CSIR-NET General Aptitude training programme.



Mr. Christy Varghese interacting with the participants



WORKSHOP ON “INTEGRATING RESEARCH INNOVATIONS AND APPLICATIONS IN FOOD SCIENCE”

The **Department of Food Science and Quality Control** organized a workshop on 21 November 2025, from 10:30–11:30 am in Room 423. The session opened with a welcome address by the HOD, Ms. Anju, who emphasized the value of research-focused learning.

The workshop featured two resource persons:

Dr. Svenia P. Jose, R&D Scientist specializing in biochemical and molecular research, in vitro/in vivo studies, scientific writing, and nutraceutical product development. Dr. Sheethal S, R&D Scientist with expertise in biochemical and molecular research, in vitro/in vivo studies, student guidance, scientific event management, and natural product formulation. Both speakers delivered insightful presentations that enhanced students' understanding of current innovations and practical applications in food science. The interactive session was well received by all participants. The program concluded with a vote of thanks by Hamna S, expressing gratitude to the speakers and attendees.



“AI & MACHINE LEARNING” : A WORKSHOP



The **Department of Computer Science**, in collaboration with the **Department of Physics**, organized a one-day workshop on “AI & Machine Learning” on 10 November 2025 at Bishop Chulaparambil Memorial College, Kottayam. The session, held from 9.00 a.m. to 3.00 p.m., was led by Mr. Alen T Binu, Junior AI Engineer, who introduced students to the fundamentals and real-world applications of AI and Machine Learning through

interactive discussions and demonstrations. Organized in association with Sinro Robotics Pvt. Ltd. and the Institution’s Innovation Council (IIC), the workshop provided valuable industry-oriented exposure and enhanced students’ understanding of emerging technologies.

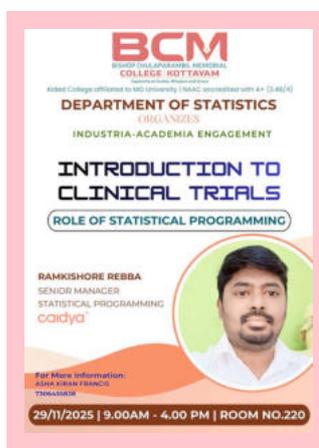
EXTENSION ACTIVITY AT ST. ANNE'S GHSS

The **Department of Computer Science** conducted an extension activity on 21 November 2025 at St. Anne’s Girls Higher Secondary School, Kottayam, where second-year students led an interactive session for 12th grade Computer Science students. The programme introduced basic concepts of Serial, Parallel, Distributed, and Grid Computing using simple examples.

The session encouraged active participation and generated interest in advanced computing concepts and career opportunities. The positive feedback received highlighted the success of the initiative and strengthened academic collaboration between the institutions.



INTRODUCTION TO CLINICAL TRIALS: AN INDUSTRIA- ACADEMIA ENGAGEMENT



The **Department of Statistics**, BCM College Kottayam, organized an industry- academia engagement session titled “Introduction to Clinical Trials: Role of Statistical Programming” on 29th November 2025. The session was led by Mr. Ramkishore Rebba, Senior Manager in Statistical Programming at Caidya. The session “Introduction to Clinical Trials: Role of Statistical Programming” offered students a comprehensive overview of how clinical trials are planned, conducted, and analyzed within the pharmaceutical industry. Further, the speaker introduced CDISC standards, with particular emphasis on SDTM and ADaM, explaining how these globally accepted data standards ensure consistency, efficiency,

and regulatory compliance in clinical research. Students were given detailed insights into ADaM dataset variables and their importance in preparing analysis-ready datasets used in statistical evaluations. The program successfully connected theoretical concepts with real-world applications, giving students a deeper understanding of industry standards and practice.

QUIZ COMPETITION HELD IN MEMORY OF DR. E. K JANAKI AMMAL

The **Department of Botany**, BCM College, under the Lavandula Association 2025–26, conducted the 4th Annual Botany Quiz Competition for school students on 11 November 2025 to commemorate the memorial day of renowned botanist Dr. E.K. Janaki Ammal. Thirteen teams from various schools participated. Students aged 13–18 took part enthusiastically, demonstrating their knowledge of plant science. The winners were:

- **1st Prize:** Mountfort School, Anakkara
- **2nd Prize:** MD Seminary HSS, Kottayam
- **3rd Prize:** Mountfort School, Anakkara
- **4th Prize:** Holy Family HSS, Kottayam
- **5th Prize:** MD Seminary HSS, Kottayam

All participants received certificates, distributed by Principal Dr. Thomas K. V., who encouraged students to continue exploring scientific learning.

The event was coordinated by Dr. Peter K. Mani, Ms. Antu Mariya Jose, Dr. Reshma T. R., and Ms. Archana G. Nair, along with student coordinators. The programme successfully promoted botanical science while honoring Dr. E.K. Janaki Ammal's legacy.



ALL KERALA INTERSCHOOL ELOCUTION COMPETITION

The Chev. Joseph Kandoth Chair for Migration Studies, conducted the All Kerala Interschool Elocution Competition at BCM College on 28 November 2025 from 10.00 a.m. to 12.00 noon. The programme was followed by the Chev. Joseph Kandoth Memorial Lecture and Prize Distribution at 2.00 p.m. The event witnessed enthusiastic participation from students across Kerala and stood as a meaningful academic initiative honouring the legacy of Chev. Joseph Kandoth.



The faculties with the participants and winners of the elocution competition

INNOVATIVE SCIENCE IDEA PRESENTATION - "SCIENCE WE NEED FOR 2050"

The **Department of Chemistry**, BCM College, Kottayam, organized an Innovative Science Idea Presentation – PowerPoint Competition for Plus Two students as part of the observance of World Science Day for Peace and Development on 12 November 2025. The programme was held at Sr. Savio Hall from 2:00 pm onwards.

The competition was conducted under the theme "Science We Need for 2050", aiming to encourage young minds to think creatively and scientifically about future challenges and sustainable solutions. Students from various schools participated with great enthusiasm and presented innovative ideas addressing areas such as environmental protection, energy conservation, health, and technological advancement.



Ms. Shehanas Shihab emerged as the First Prize winner

PREAMBLE READING COMPETITION



Reading competition going on!

The **Department of History** conducted a preamble reading competition as part of the Constitution Day on November 26th. The program was conducted in the college auditorium at 1:30 pm. The best two readers were awarded with prizes.

RAIN INTERNATIONAL FILM FESTIVAL- ACTIVE PARTICIPATION

The Rain International Film Festival held at Marian College, Kuttikanam was attended by , Arunima Shaji, Pavithra M Nair, Devika Sajeev, and Misheal Josie as representatives of NSS Unit from BCM College, Kottayam. The program was conducted on 28th and 29th November 2025 at Marian College, Kuttikanam. It was organized by the Jayaraj Foundation in collaboration with NSS, with the aim of promoting movies related to nature and environmental conservation. The main objectives of the program were to create awareness about nature, encourage environmental protection for the future, and inspire students to express environmental themes through cinema. The event was inaugurated by the renowned Mollywood director Sri Jayaraj, who explained in detail the importance of nature and environmental themes in cinema. During the two-day residential camp, various activities such as

speeches, lectures, cultural programs, and film screenings were conducted. Short films, documentaries, and movies created by NSS volunteers were screened.

The festival concluded with a prize distribution ceremony, where winners of the competitions were awarded prizes, and participation certificates were distributed to all volunteers who attended the program.

Overall, the Rain International Film Festival was successful and informative. It achieved its objectives and was beneficial for all the participants. We sincerely thank the organizers and the resource persons for making the program a grand success.



HANDS-ON WITH HERITAGE: EXPLORING KHADI MANUFACTURING PROCESSES

The 3rd DC **Zoology** students of BCM College, Kottayam visited the Khadi Gramodyog Vidyalaya, Mallappally, on November 13, 2025, to gain practical exposure to traditional Khadi manufacturing and understand the operational model of the Khadi and Village Industries Commission (KVIC).

The Vidyalaya, a key center for training, production, and promotion of Khadi and rural crafts, upholds Mahatma Gandhi's vision of Khadi as a symbol of freedom and decentralized self-reliance. Mrs. Jolly Lalan, Senior Technical Instructor, guided the team through the major processes. Students observed hand-spinning using the Charkha, followed by demonstrations

in the weaving section where spun yarn is converted into fabric on traditional handlooms. The visit highlighted the skill-intensive, low-energy, and eco-friendly nature of Khadi production. The department encourages more such field visits to help students understand sustainable and applied aspects of the Indian economy.



Mallappally, Khadi Gramodhya vidyalaya

BCM STUDENTS AT DISHA CAREER EXPO @ NAGAPADOM

Disha, a mega expo by the General Education department higher secondary wing's Career Guidance and Adolescent Counselling Cell to familiarise students with higher education and career avenues, was held at Nagambadom, Kottayam from November 20 to 24. Our students of various departments attended the career expo and met several professionals who offered valuable guidance.



BYE BYE BYPASS - WATCHING A PLAY TOGETHER



The students and teachers of the **Department of English** watched a play directed by Roshan Mathew and performed by artists including Darsana Rajendran 'Bye Bye Bypass'. It was an informative and inspiring evening as the students got an opportunity to interact with Roshan and Darsana after the play. The actors said that they will be striving more to bring back theatre and its influence to the society, especially among the youth.

OLD AGE HOME VISIT BY NSS

The **NSS** Unit of BCM College, Kottayam organized a visit to Shantibhavan Old Age Home, Kottayam on 8 November 2025 at 10:00 AM as part of its community service initiatives. The objective of the visit was to promote empathy, social responsibility and meaningful interaction with the elderly residents. The programme began with an interaction session in which the volunteers spent time talking with the residents, listening to their experiences, and sharing moments of companionship. This interaction created a positive and comforting environment for both the 'residents' and the students. To make the visit joyful and engaging, the volunteers presented cultural activities including group songs and dance performances. As a gesture of care and affection, the volunteers distributed sweets and refreshments to the residents. The visit concluded with a heartfelt expression of gratitude to the management and staff of Shanti bhavan for their cooperation and support. The programme was a memorable and enriching experience for the NSS volunteers, reinforcing the values of compassion, respect for the elderly, and the true spirit of community service.



*Sharing Time, Spreading Smiles:
Honouring Life's Wisdom with Care
and Compassion.*

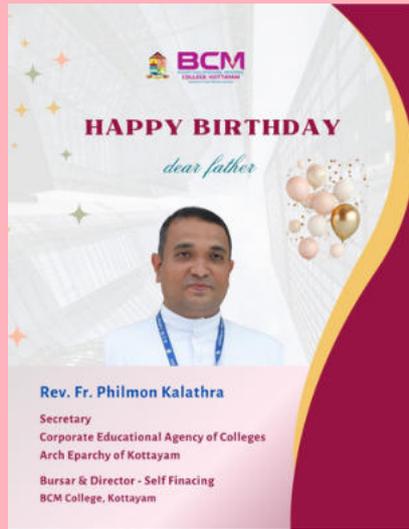
FOOD EXPRESS



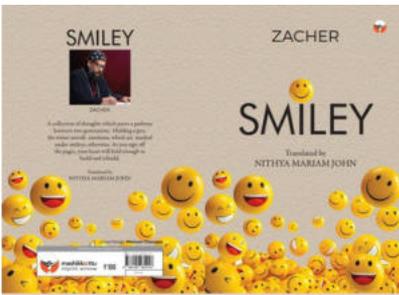
A poster is done every Friday of the month on the main headline of food related news as "FOOD SCIENCE EXPRESS". A new headline on benefits of Spinach was published by Sniya M S of 1st DC and Strawberry was published by Vyshnavi V J of 1st DC. Spinach is beneficial because it is rich in Vitamins, Minerals, Calcium and Antioxidants.



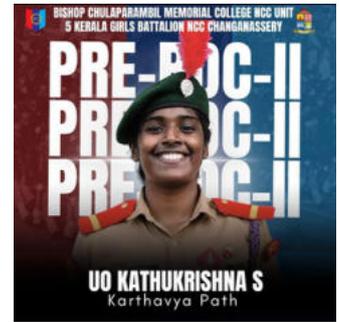
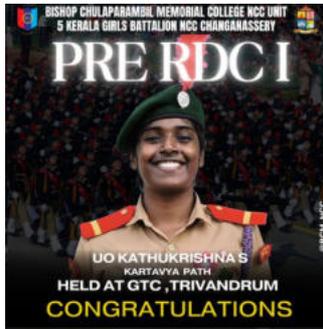
HAPPY BIRTHDAY DEAR FATHER!



ACHIEVEMENTS



Happy to share with you the 12th book of Dr Nithya Mariam John, translation of the book Smiley by Zacher.



Our I M A student Khadeeja K Salim's news-byline in The New Indian Express as part of her internship.

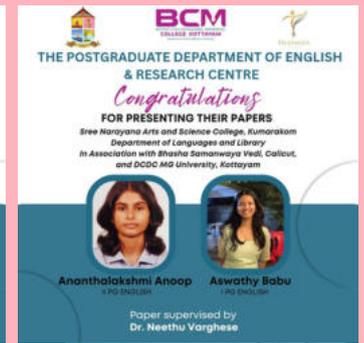
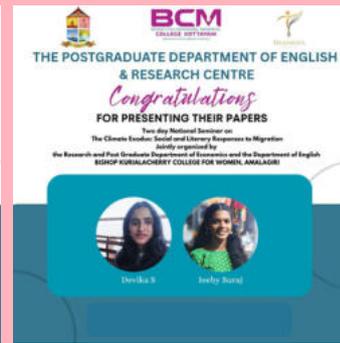
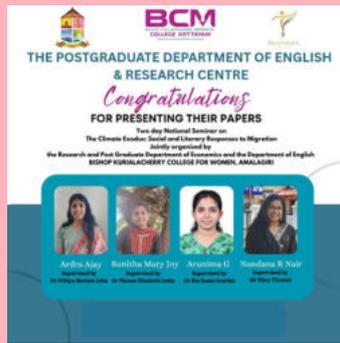


MOU signed with Don Bosco University, Guwahati, Assam by Vice Chancellor Rev. Dr. Jose Paleli & Rev Fr Philmon Kalathra in the presence of Rev. Dr. Scaria SDB (Registrar) and Dr Lukose PJ. I appreciate and thank Rev Fr Philmon and Dr Lukose PJ for making it happen. 🙌🙌🙌🙌🙌

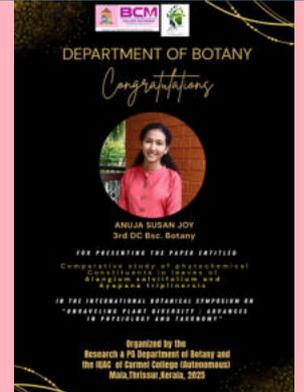


A new MoU with AIDA (ANMA University, Guwahati, Assam. Integrated Development Association) Dimapur, Nagaland and BCM College. Signed by the Director Rev. Fr. Roy George SDB & Rev Fr Philmon Kalathra representing both institutions. I thank and appreciate Dr Lukose PJ and Rev Fr Philmon Kalathra for bringing one more valuable collaboration to our credit.

RESEARCH PAPER PUBLICATIONS



Ms. Adithya RS presented a paper titled "A Cultural History of Elephant Handling in India" at the Tenth International Annual Session of the Kerala History Congress, held from 27-29 November 2025 at Government College for Women, Thiruvananthapuram.



INTERNSHIPS



OTHER COMMON EVENTS & MILESTONES



