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BISHOP CHULAPARAMBIL MEMORIAL
COLLEGE KOTTAYAM
Sapientia et Gratia - Wisdom and Grace

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---NEWS THAT DESERVES PAGE ONE

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BISHOP CHULAPARAMBIL MEMORIAL
COLLEGE | KOTTAYAM

Sapientia et Gratia - Wisdom and Grace

NAAC ACCREDITED WITH A' GRADE (CGPA-3.46)

OUR TORCH BEARERS

Mar Alexander Chulaparambil

Bishop of Kottayam (1914-51)

Visionary whose dream realised in
Bishop Chulaparambil Memorial College,
Kottayam

Mar Thomas Tharayil

Bishop of Kottayam (1951-74), Founder

Mar Mathew Moolakkatt

Metropolitan Archbishop of the
Archebishopric of Kottayam.
Patron

Mar Joseph Pandarasseril

Proto Syncellus, Archebishopric of Kottayam
Chairman, Governing Body,
BCM College Kottayam

Rev. Fr. Abraham Parambett

Manager

Prof. Dr. Thomas K. V.

Principal

Dr. Annu Thomas

Vice Principal

Ms Priya Thomas

Vice Principal

Rev. Fr. Philmon Kalathra

Secretary, Corporate Education Agency of
Colleges, Archebishopric of Kottayam and
Bursar, BCM College, Kottayam

ABOUT THE COLLEGE

Bishop Chulaparambil Memorial College, Kottayam, established in 1955, was founded by Mar Thomas Tharayil in fulfillment of the vision of his predecessor, Mar Alexander Chulaparambil. Dedicated to the education and empowerment of young women, the college upholds the motto "*Sapientia Et Gratia*" — *Wisdom and Grace*.

True to its founding ideals, BCM College is committed to nurturing the holistic development of its students — not only through academic excellence but also by cultivating the skills, values, and global competencies essential in today's world.

The institution strives to unlock the full potential of every student, equipping them to meet contemporary challenges with confidence and integrity.

As a vibrant academic community, lovingly known as the BCM family, the college stands as a beacon of truth, justice, and social responsibility. Deeply rooted in its mission, BCM continues to inspire both teachers and students to uphold strong values and to remain committed to the upliftment of society, especially the marginalized and the needy.



Editorial

The past season has been a vibrant reminder of what makes our college more than just classrooms and corridors. The warmth of Christmas celebrations filled the campus with joy, togetherness, and a spirit of giving that went beyond festivities—it reflected our shared values of compassion and community. From carols to colours, every moment echoed the message of hope and unity.

Adding to this cheer was the much-awaited College Arts Day, where talent found its voice and creativity took centre stage. The stage came alive with music, movement, words, and emotions, reminding us that art is not merely performance but expression—of identity, passion, and collective pride. These events were not just highlights of the calendar; they were moments that brought us together, strengthened bonds, and created memories that will linger long after the applause fades.

As we move forward, may this spirit of celebration, creativity, and camaraderie continue to inspire us in all that we do.

From Editorial desk,

Harsha Susan Benoy II DC English Media Studies

Evelyn T Mathew II DC English Media Studies

Diya Afreen II DC English Media Studies

Design and Layout

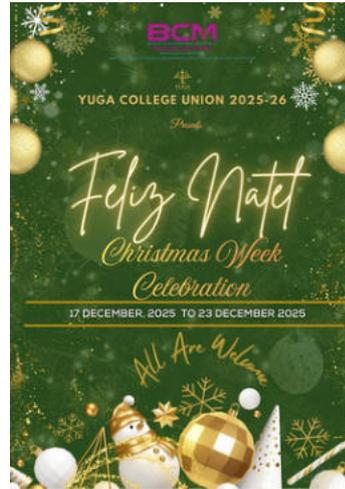
Afra Aysha II DC Computer science



MERRY CHRISTMAS

FELIZ NATEL

And the angel said unto them, Fear not: for, behold, I bring you good tidings of great joy, which shall be to all people.

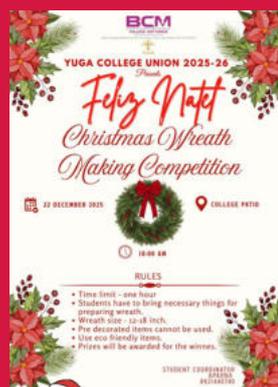


FELIZ NATEL, A HAPPY VIBRANT CHRISTMAS WEEK UNFOLDS WITH EXCITING COMPETITIONS CONDUCTED BY THE UNION !!

The **YUGA College Union 2025–26** of BCM College, Kottayam, organized a Christmas celebration titled “Feliz Natel” on 23 December 2025 at 9:30 a.m. in the College Auditorium. The programme was filled with joy and festive spirit, marking the essence of Christmas.

The celebration featured vibrant performances, including carols, music, and fun activities such as “Jingle and Jay,” which kept the audience engaged and cheerful. Students actively participated, spreading the message of love, unity, and happiness. The highlight of the celebration was the words of the chief guest, Mr. Joel Jacob Mathew, Fashion Designer, Entrepreneur and owner of Mloft Clothing Brand. He said that Christmas, is the celebration of the birth of a light that came quietly into the world, not to overpower it but to illuminate it. Creating confidence in someone is hard, just as kindling a flame in the dark is hard. But Christmas reminds us that the least we can do is protect the light that already exists in others. Through gentle words, empathy, and restraint from judgment, we choose not to diminish someone’s confidence. In doing so, we live the true spirit of Christmas—where kindness is not loud or grand, but tender, preserving the light so it may continue to shine.

Finally, the event concluded on a joyful note, making it a memorable celebration for everyone present.





The Carol of Feliz Natel!

CHRISTMAS CARD MAKING



Spreading Christmas cheers with handmade cards!

The **Department of Home Science**, organized a Christmas Card Making Competition on 18 December 2025 as part of the Christmas celebrations. The handmade cards reflected originality, neatness, and festive spirit. Many participants also made use of eco-friendly and easily available materials, highlighting the importance of sustainability. The entries were evaluated based on creativity, relevance to the theme, presentation, and overall finishing.

CHRISTMAS CRAFTS MAKING

The **Department of Home Science**, BCM College, Kottayam, organized a Christmas Crafts Making Competition on 18 December 2025 as part of the Christmas celebrations. The competition was held in Room No. 13 and witnessed enthusiastic participation from



Turning papers, colours and ideas into christmas joy!

students. The competition was judged based on creativity, relevance to the theme, finishing, and overall presentation. The judges appreciated the efforts of all participants and encouraged them to continue exploring creative and eco-friendly craft practices.



DHWANI 2K25: A RESONANT CELEBRATION OF ARTISTIC EXCELLENCE

The BCM College campus was transformed into a vibrant stage for Dhvani 2k25, an Arts Day celebration on December 15–16, 2025 (Main Events) on the theme The Echo of Talent organized by **YUGA union** showcased the extraordinary creativity and passion of the students. While the main festivities peaked in mid-December, the artistic "echo" began on December 5th with a series of intensive off-stage competitions in literary writing, visual arts, and intellectual debates.



Festival Highlights

The Dramatic Resonance (Day 1): The first day focused on theatrical expression across three specialized stages (Bhavana, Arundhathi, and Sithara). Highlights included powerful performances in One Act Plays, Mime, and Stand-up Comedy, complemented by the soulful notes of Western Vocals and traditional Kathaprasangam.

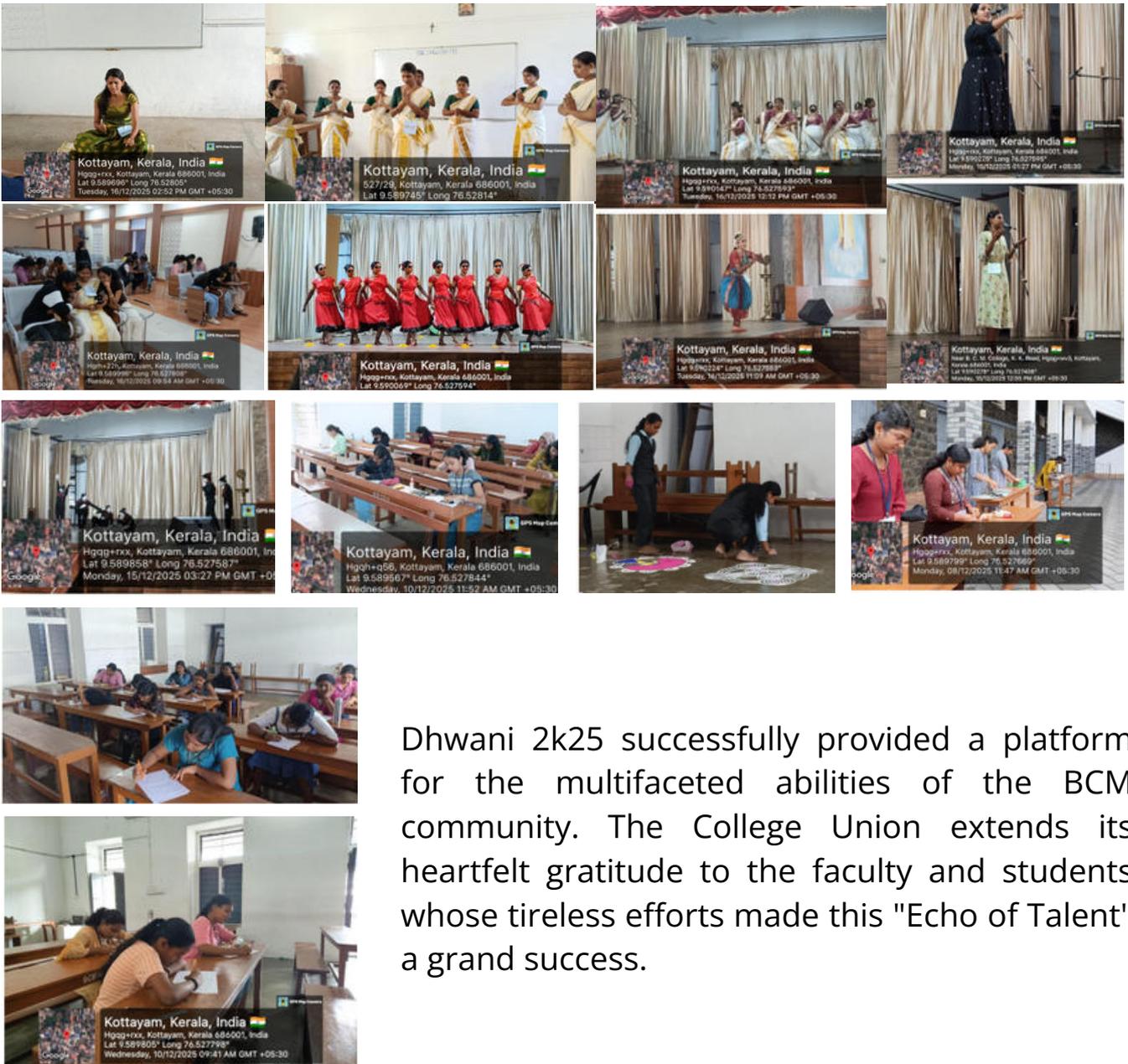
The Rhythmic Finale (Day 2): The second day turned the campus into a symphony of movement and sound. Audience members were treated to:

Classical Splendor: Elegant recitals of Bharathanatyam, Mohiniyattam, and Kuchippudi.

Cultural Diversity: Traditional group performances like Thiruvathirakali, Nadanpattu, and Mappilapattu.

The Crowning Glory

The atmosphere reached a fever pitch during the valedictory ceremony as the results were announced. Demonstrating consistent excellence across both literary and performing categories, the Department of English emerged as the Overall Champions of Dhvani 2k25, securing the prestigious trophy with their outstanding talent



Dhwani 2k25 successfully provided a platform for the multifaceted abilities of the BCM community. The College Union extends its heartfelt gratitude to the faculty and students whose tireless efforts made this "Echo of Talent" a grand success.



A MERRY DAY SPENT WITH KIDS AT GOVERNMENT CHILDREN'S HOME, THIRUVANCHUR

The **Department of Social Work**, BCM College, Kottayam, in collaboration with the Government Children's Home, Thiruvanchur, organized a Christmas Celebration Programme on Friday, 19th December 2025 at Children's Home . The event began at 4:30 PM at the Children's Home premises, aiming to spread joy and festive spirit among the children and staff. The programme was warmly compered by Mr. Baburaj , staff member of the Children's Home. The welcome address was delivered by Ms. Maya K.S., Superintendent, Government Children's Home, Thiruvanchur. Following this, Dr. Ipe Varghese, Head of the Department of Social Work, BCM College, addressed the gathering. In his speech, he emphasized the importance of compassion, care, and community bonding during the festive season. A cultural programme was presented by the Social Work students of BCM College, which included a skit incorporating music, dance, and the joyful entry of Santa Claus . The children of the Home also performed a lively group dance, showcasing their talents and enthusiasm. This was followed by a melodious song presented by the staff of the Children's Home. The event concluded with a vote of thanks by Mr. Baburaj, expressing gratitude to all the participants, staff, students, and faculty for making the event memorable. The programme came to a joyful end at 5:30 PM with the distribution of tea and snacks to all attendees.



Hope on Christmas Eve

NITHYA MARIAM JOHN



THE festive season has rolled down the roads in all its pomp and splendour! Stars and trees have added a glimmer and shimmer to towns and villages. The rhythmic drumbeat and harmony of carols resounds in every heart. Jesus, Mary, Joseph, the three wise men, shepherds and the angels weave Christmas stories every year. Thomas Hardy's poem 'The Oxen', which was published in *The Times* on December 21, 1915, reflects on the transition from innocence to disillusionment during the war years. But on Christmas Eve, the poet yearns to hope and believe, amidst all the chaos.

Christmas Eve, and twelfth of the flock,
Now they are all on their knees,
An elder said as we sat in a flock
By the embers in hearthside ease.

The elder narrates the Christmas tale to the young men. They picture the animals kneeling in the stable at the birth of Jesus.

Not did it occur to one of us there
To doubt they were kneeling then.

The children accept without question the knowing of the oxen then, and the lines end abruptly.

So fair a fancy few would swerve
In these years!

'The Oxen' refers to the poem 'The Oxen' when the poet was at such a time.

not even children would opt to believe in the cattle kneeling at the stable. Faith in humanity and hope for the future were lost, with the death toll on the rise and humans being slaughtered like cattle.

'Yet the poet says that even in such a harsh time, if someone tells him that the cattle are kneeling in the lonely barn by your door' rooms' on Christmas eve.

I should go with him
in the gloom,
Hoping it might be so.

Hardy strives to light a flicker of hope in such desolate times at the end of the poem. The spirit of Christmas encompasses love, joy, hope and peace. Our childhood used to know:

The poet seems to emphasise that amidst the bloodshed and violence, one can march into the gloom with a heart which remembers what the childhood used to know- to trust, to have faith and to be hopeful.

The writer is a poet, translator and assistant professor of English at BCM College, Kottayam

This Christmas, Dr Nithya Mariam John takes us through Thomas Hardy's 'The Oxen', reminding us why belief still lingers.



SVEEP - VOTATHON



The SVEEP (Systematic Voters' Education and Electoral Participation) Kottayam in association with the BCM College Union 'Yuga' 2025 successfully organized the 'VOTATHON Cultural Rally' on December 04, 2025, at 01:30 pm. The event, with the core theme "SIR 2026: Purified Electoral Roll for Vibrant Democracy," aimed to instill electoral awareness and patriotism among the student community. The rally, which commenced from the BCM College Patio and culminated at Gandhi Square, was a vibrant spectacle showcasing the unity and diversity of India. The highlight of the procession was the cultural display where students dressed in the traditional attire of various Indian states, walking together to symbolize the democratic inclusion

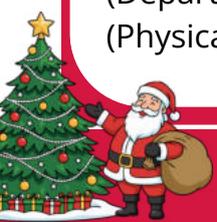
and cultural richness of the nation. The official program was flagged off at 02:00 pm by Rev. Fr. Abraham Parambett, Manager of BCM College. Following a dynamic Flash Mob by the BCM HER Crew Team, the event was formally inaugurated at 02:52 pm by the Chief Guest, Shri. Chetan Kumar Meena IAS, the District Collector of Kottayam. The rally concluded with a Balloon Release Ceremony, the Prize Distribution at 03:27 pm where the winning departments were recognized, and a Vote of Thanks by Ms. Lakshmi S Nayana, successfully achieving its goal of promoting a vibrant democracy through informed and active participation.

PRAVINYA - SKILL WEEK

The Skill Week for first-year students was organized from December 18th to 22nd, 2025 to provide training in various skills, such as Western dance, Photography and Videography Embroidery and Jewellery making, cooking.

The dance sessions were led by Ms. Della Shaji, a distinguished alumna and former member of the 'HER' dance crew. Conducted in the college auditorium, the intensive training covered Hip-Hop and Desi dance styles, with students quickly mastering choreography to popular tracks.

The workshop culminated in a vibrant showcase during the college Christmas celebrations, where the participants' performance was met with widespread appreciation. The successful event was coordinated by Dr. Riya Susan Scariah (Department of English) and Mr. Luke Leon (Physical Education).



VISUAL STORYTELLING: BCM STUDENTS MASTER THE LENS



From December 18 to 22, 2025, BCM College organized a dynamic **Photography and Videography** Skill Course tailored for 24 First DC students from the Arts, Science, and Commerce streams. Led by talented alumna Ms. Sona Joseph, the five-day workshop aimed to bridge the gap between creative passion and technical expertise in the digital age.

The intensive sessions covered:

Fundamentals: Mastering mobile photography, lighting, and cinematic framing.

Video Editing: Practical training in short-form content (reels) and professional editing apps.

Ethics: A dedicated focus on responsible social media practices and content sharing.

The program culminated in a competitive "Fest Announcement Reel" assignment. The winning entry, selected by Ms. Ajisha James (Social Media Head), was chosen as the official promotional content for the upcoming college fest on January 9–10, 2026.

The initiative was successfully spearheaded by Ms. Alphonsa Kurian (Assistant Professor, Sociology) and Ms. Soumya Scaria (Assistant Professor, Computer Science).

CRAFTING CREATIVITY

Embroidery and Jewellery making Workshop

In a vibrant display of creativity and skill-building, 35 first-year undergraduate students participated in a five-day Embroidery and Jewellery Making Skill Development Programme. Organized by the SBI Team, the workshop focused on turning artistic passion into potential entrepreneurial ventures.

Hands-on Training Under the patient guidance of expert resource persons, students explored:

Jewellery Artistry: Mastering the use of beads, crystals, and wires to create everything from simple earrings and rosaries to complex layered necklaces and designer bangles.

Exquisite Embroidery: Learning foundational techniques including chain and loop stitches, alongside contemporary stone-fixing and bead embellishments for garments.

From Craft to Commerce Beyond technical skills, the programme featured a specialized session on entrepreneurship.



Students received practical advice on:
Sourcing raw materials and professional finishing.

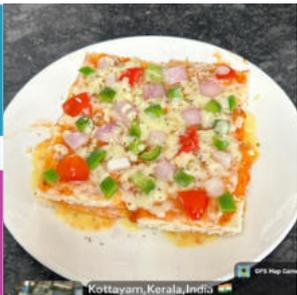
Costing, pricing, and branding.

Marketing products through digital platforms like WhatsApp and Instagram.

The workshop concluded with a boost in student confidence, proving that high-quality, market-ready designs can be created with minimal investment. This initiative has successfully planted the seeds of self-reliance and creative business thinking among our first-year cohort.



MASTERCHEFS IN THE MAKING : BCM COLLEGE HOSTS CULINARY SKILL WEEK



BCM College recently wrapped up a flavor-packed **Cooking** Skill Week, providing students with an intensive, four-day hands-on journey into the culinary arts. The program focused on mastering foundational techniques, kitchen hygiene, and artistic presentation.

Daily Culinary Highlights

The curriculum was designed to progress from basic refreshments to complex fusion dishes:

Day 1: Foundations & Sauces – Students kicked off the week mastering beverages like Mint Lime Coolers and the technical art of cold emulsification to create classic mayonnaise and its variations.

Day 2: Sweet Temptations – The focus shifted to desserts, including stewed apples, milk-bread puddings, and the science of texture development in homemade ice creams.

Day 3: Creative Snacks – Innovation took center stage with "snack-sized" creativity, featuring Bread Lollipops, Chocolate Balls, and protein-packed Scotch Eggs.

Day 4: Gourmet Fusion – The finale showcased advanced egg and milk-based recipes, including French Omelettes, refreshing Curd Soda, and a creative Chapati-base Egg Pizza.

Beyond the Recipe

With an average of 19 students participating daily, the workshop was more than just a cooking class. Participants gained vital professional competencies in:

Technical Skills: Mastery of frying, whisking, and stuffing.

Kitchen Discipline: Strict adherence to safety, hygiene, and safe poultry handling.

Presentation: Focusing on the visual appeal and flavor balance of every dish.

The Skill Week concluded with students demonstrating newfound confidence in their ability to craft restaurant-quality dishes from simple, everyday ingredients.

The Skill Week concluded with students demonstrating newfound confidence in their ability to craft restaurant-quality dishes from simple, everyday ingredients.

FEMME DE TALENT: ENGLISH DEPT HOSTS INSPIRING ALUMNAE PANEL

The PG **Department of English** & Research Centre organized "Femme de Talent," an inspiring alumnae interaction and panel discussion aimed at motivating students through real-life success stories. The programme opened with a video presentation highlighting the alumnae's diverse career journeys. Moderated by Ann Mariya Sajan (I DC English), the panel focused on talent, perseverance, and creativity in professional life, followed by an interactive Q&A session. Principal Prof. Dr. Thomas K. V. delivered the felicitation, stressing the importance of learning from experience. Coordinated by Ms. Ancy Cyriac and Ms. Thankam Philip, the event concluded with remarks and guest felicitation by HOD Dr. Riya Susan Scariah, effectively bridging academics and professional excellence.





TEA, TALK, AND TRANSCENDENCE: ENGLISH DEPARTMENT VISITS REV. DR. K. M. GEORGE

The PG Department of English organized an inspiring Tea Talk session with Rev. Dr. K. M. George, Chairperson of the Dr. Paulos Mar Gregorios Chair, MGU, at his residence. The informal interaction explored the intersections of theology, literature, and visual art. Dr. George highlighted the shared creative impulse behind writing and art, emphasizing art's intuitive and emotional power. He also demonstrated sustainable artistry by creating art from waste materials, underscoring ethical responsibility and creativity. Drawing from global traditions, he encouraged students to practice simplicity, mindfulness, and intellectual curiosity. Coordinated by Dr. Nithya Mariam John and Ms. Ancy Cyriac, the



session effectively linked academic thought with creative practice, leaving students inspired by the transformative role of art in everyday life.

ASMITA @BCM



BCM college is all set to host the 87 ASMITA Kickboxing League on 13th December. ASMITA Leagues are competitions organised under the aegis of Govt of India to promote sports amongst women. For the very first time Kick Boxing team of BC too will participate in this competition. So come join us for this mega event.



MISSION YOUTH

NCC UNIT

WORLD AIDS DAY

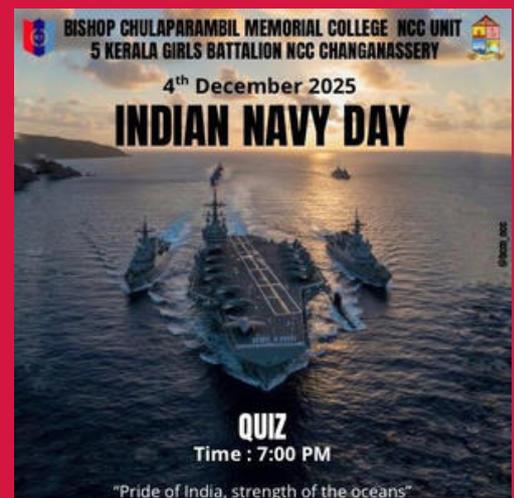
As part of the World AIDS Day, BCM College **NCC unit** Conducted a Ribbon Distribution on 1st December 2025 at 1.30 pm among college students and teachers. The programme aimed to raise awareness about HIV/AIDS and encourage the values of compassion and prevention among students and teachers. The team visited classrooms and staffrooms to ensure participation. Under the guidance of faculty-in-charge Antu mariya Jose and SUO Durga Prasad S , cadets actively participated in the programme.



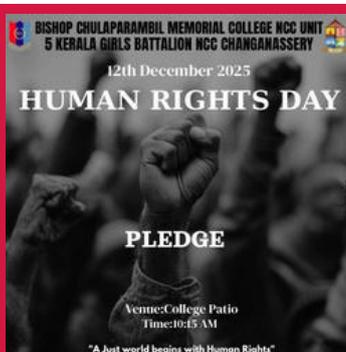
INDIAN NAVY DAY

As part of Indian Navy Day, the BCM College **NCC Unit** conducted an Indian Navy Day Quiz on 4th December 2025 at 7:00 pm. The programme aimed to enhance awareness about the Indian Navy, its role in national security, and its rich maritime heritage. It also encouraged students to develop a sense of patriotism, discipline, and respect for the Armed Forces.

The programme was organized under the guidance of Faculty-in-Charge Antu Mariya Jose and SUO Durga Prasad S, who provided leadership and support to successfully coordinate the event. Their efforts, along with the active participation of NCC cadets, contributed to making the quiz both educational and impactful.



HUMAN RIGHTS DAY



A pledge to protect the human rights!

As a part of Human Rights Day, the BCM College **NCC unit** conducted an Human Rights Day on 12th December 2025 at 10:15am. The pledge was designed to be informative and engaging, covering topics promoting equality, justice for every individual ,regardless of race, religion, gender, or background. The programme was organized under the guidance of Faculty -in-Charge Antu Maria Jose and

SUO Durga Prasad S, who provided leadership and support to successfully coordinate the event. Their efforts, along with the active participation of NCC cadets, contributed to making the pledge both educational and impactful.



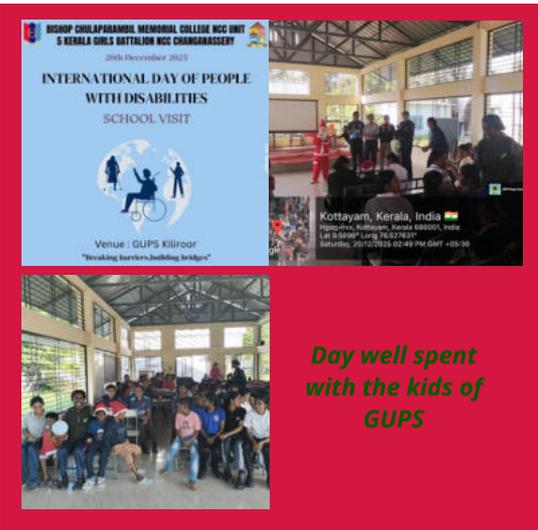
ARMED FORCES DAY

As a part of Armed Forces Flag day, the BCM College **NCC unit** conducted an Armed Forces Flag Day on 7th December 2025 at 7:00 pm. The program aimed to enhance awareness about the Armed Forces Flag Day, its role in the national security, and the maritime heritage.

The video presentation designed to be informative and engaging. Armed Forces Flag Day is observed on December 7 in India to honour the sacrifices of the armed forces and support their welfare through various activities and fundraisers. The session was conducted smoothly, ensuring maximum involvement from the student community. The programme was organized under the guidance of Faculty -in-Charge Antu Maria Jose and SUO Durga Prasad S, who provided leadership and support to successfully coordinate the event. Their efforts, along with the active participation of NCC cadets, contributed to making the pledge both educational and impactful.



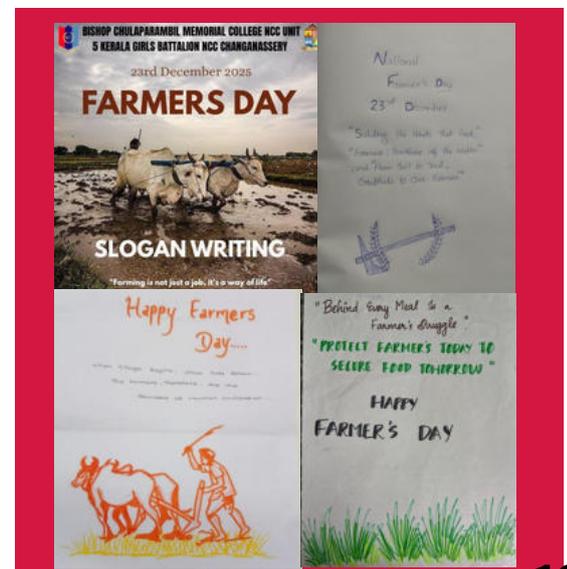
SCHOOL VISIT



As a part of International Day of People with disability, the BCM College **NCC unit** conducted an interactive program on December 20th, 2025, at GUPS Kiliroor, a school for students with disabilities. The program aimed to promote inclusion, accessibility, and equal rights, fostering a society where everyone can fully participate, regardless of their abilities. The programme was organized under the guidance of Faculty -in-Charge Antu Maria Jose and SUO Durga Prasad S, who provided leadership and support to successfully coordinate the event. Their efforts, along with the active participation of NCC cadets, contributed to making the pledge both educational and impactful.

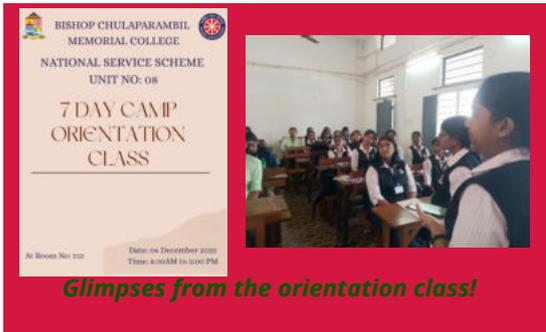
FARMERS DAY

As a part of Farmers Day, the BCM College **NCC unit** conducted the Farmers Day on 23rd December 2025. The slogan writing was designed to be informative and engaging, covering topics vital to the role of farmers in feeding the nation and sustaining the economy. Cadets actively participated, showcasing enthusiasm and competitive spirit throughout the event. The slogan writing was organized under the guidance of ANO Lt. Jintumol K U and SUO Durga Prasad S, who provided leadership and support to successfully coordinate the event.



NSS UNIT

ORIENTATION CAMP



Glimpses from the orientation class!

The National Service Scheme (NSS) Unit No. 08 of BCM College organized the 7 Day Camp Orientation Class on 06 December 2025 at Room No. 212, from 8:30 AM to 3:00 PM. The programme was conducted to familiarize NSS volunteers with the objectives, activities, and importance of the upcoming seven-day special camp.

The orientation session provided an overview of the NSS motto, values, and the role of volunteers in community

service. Volunteers were briefed on camp rules, daily schedules, responsibilities, and the significance of discipline, teamwork, and leadership during the camp.

NSS FOR HUMAN RIGHTS

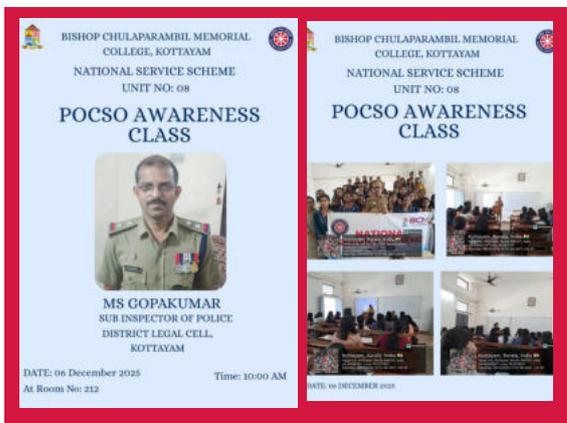
The National Service Scheme (NSS) Unit No. 08 of Bishop Chulaparambil Memorial College, Kottayam, organized a Human Rights Pledge Taking Ceremony in association with National Human Rights on 12 December 2025 at 10:10 a.m. The programme was held at Room No. 212 of the college campus. The ceremony aimed to create awareness among students about the importance of human rights and to encourage them to uphold the values of equality, dignity, and justice in society.



A promise rooted in service and the preservation of basic rights.

The event highlighted the role of youth in promoting human rights awareness and fostering social responsibility.

AWARENESS CLASS ON POCSO



The National Service Scheme (NSS) Unit No. 08 of BCM College, Kottayam, organized a POCSO Awareness Class on 06 December 2025 at 10:00 AM in Room No. 212. The programme aimed to create awareness among students about the Protection of Children from Sexual Offences (POCSO) Act and the legal measures for safeguarding children.

The session was led by Sri. M. S. Gopakumar, Sub Inspector of Police, District Legal Cell, Kottayam. He explained the key provisions of the POCSO Act, the

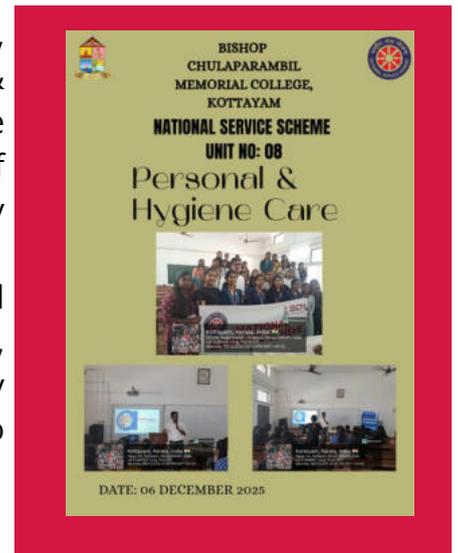
responsibilities of citizens in reporting offences, and the legal procedures involved in handling such cases. The resource person also emphasized the importance of child protection, awareness, and timely intervention to prevent abuse.



A CLASS ON PERSONAL HYGIENE

The **National Service Scheme** (NSS) Unit No. 08 of BCM College, Kottayam, organized an awareness programme on Personal & Hygiene Care on 06 December 2025 at the college campus. The programme aimed to educate students about the importance of maintaining personal hygiene and adopting healthy daily practices.

The session included an informative talk supported by visual presentations, highlighting topics such as personal cleanliness, disease prevention, and overall well-being. Students actively participated in the programme and gained valuable insights into hygiene practices essential for a healthy lifestyle.



WORKSHOPS

A STEP TOWARDS SUCCESS!

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STEP

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Apply Here

The **Department of Statistics** has started a new academic initiative titled STEP (Statistical Training and Exam Preparation) with the objective of supporting students in their preparation for national and university-level competitive examinations such as IIT-JAM, CUET, and related entrance tests. The programme is intended to provide structured academic guidance beyond the regular curriculum. Conducted in online mode, STEP has enabled participation not only from students within Kerala but also from outside the state, including a student named Parimal Kadam, highlighting the wider academic reach of the programme.

The inaugural session of the STEP programme was conducted online during the first class of the programme on 1 December 2025. The session began with a welcome address by Ms. Malavika Vinod. The programme was formally inaugurated by Prof. (Dr.) Thomas K V, Principal, BCM College, Kottayam. In his inaugural address, Prof. (Dr.) Thomas K V emphasized the importance of disciplined preparation, conceptual clarity, and consistent practice for achieving success in highly competitive examinations such as IIT-JAM. He also appreciated the efforts of the faculty and students of the Department of Statistics in organizing and implementing this innovative academic initiative.

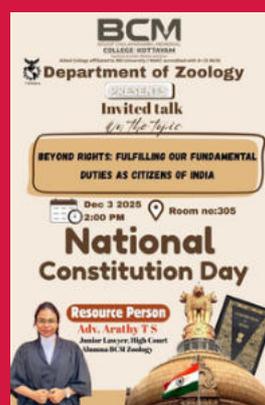


INVITED TALKS

THE ZOOLOGY DEPT HONOURS CONSTITUTION DAY

In connection with National Constitution Day, the **Department of Zoology**, Bishop Chulaparambil Memorial College, Kottayam, organized an invited talk on 3 December 2025 at 2:00 PM in Room No. 305. The programme was organized with the objective of creating awareness among students about constitutional values, rights, and duties.

The invited talk was delivered by Adv. Arathy T. S., Junior Lawyer, High Court of Kerala, and alumna of BCM Zoology. She addressed the gathering on the topic "Beyond Rights: Fulfilling Our Fundamental Duties as Citizens of India."



Invited talk on National Constitution Day

A TALK ON THE SCOPE OF EMBRYOLOGY



Ms. Angel Mol shares her expertise on Embryology!

The **Department of Zoology**, B.C.M. College, Kottayam, successfully conducted an academic programme titled "Scope of Embryology" on 12th December. The programme was held in Room No. 305 for the benefit of undergraduate students of the department.

The session was led by Ms. Angela Mol Sajeev, Junior Embryologist at Ferty9 Fertility Centre, who is also a proud alumna of the Department of Zoology, B.C.M. College, Kottayam. Her association with the institution added special significance to the programme and served as an inspiration to the students.

EXPERT TALK ON NATIONAL MATHEMATICS DAY

National Mathematics Day was celebrated at BCM College with various academic events aimed at fostering interest and excellence in mathematics. The Mathematics Lecture was delivered by Dr. Sreejith M. M., Postdoctoral Fellow at SRIBS. The lecture provided valuable insights into contemporary mathematical research and its applications, inspiring students to explore advanced studies in the subject. The event was graced by Dr. Annu Thomas, Vice Principal of BCM College, Ms. Ann Jones, Head of the Department of Mathematics, Dr. Anu Varghese, Assistant Professor in the Mathematics Department, and Dr. Epan Thomas, Postdoctoral Fellow at SRIBS, who addressed the gathering and emphasized the importance of academic collaboration and mathematical learning.

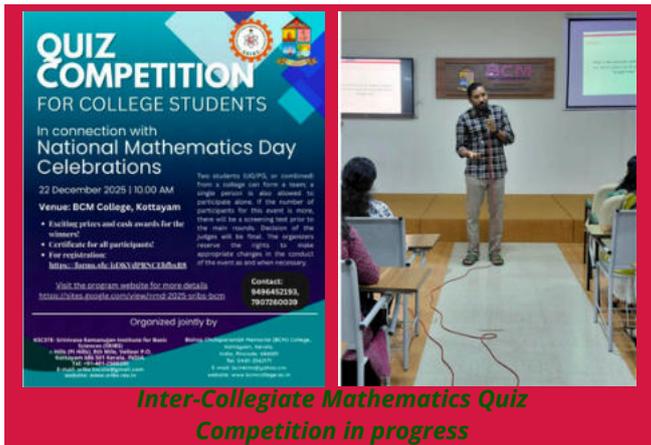


Mathematics Lecture by Dr. Sreejith M. M.



COMPETITIONS

NATIONAL MATHEMATICS DAY CELEBRATION -QUIZ



Inter-Collegiate Mathematics Quiz Competition in progress

National Mathematics Day was celebrated at BCM College with various academic events aimed at fostering interest and excellence in mathematics. An Inter-Collegiate Mathematics Quiz Competition was organized. The quiz competition was conducted by Dr. Liju Alex, Assistant Professor at the Rajiv Gandhi Institute of Technology (RIT), Kottayam. The competition witnessed enthusiastic participation from students of different colleges and helped enhance analytical thinking and problem-solving skills.

SEMINAR

A KSBB AND DEPARTMENT OF ZOOLOGY INITIATIVE

A Two-Day National Seminar on “Biodiversity and Its Relevance for Sustainable Development in Kerala State” was successfully organized by the **Department of Botany**, Bishop Chulaparambil Memorial College, Kottayam, on 4th and 5th December 2025 at the Sr. Savio Memorial Hall. The seminar was sponsored by the Kerala State Biodiversity Board (KSBB) with the theme “Preserve Nature, Secure Our Future.”

The seminar aimed to highlight the importance of biodiversity conservation and its role in achieving sustainable development, especially in the context of Kerala State.

The seminar was formally inaugurated by Prof. Dr. Thomas K. V, Principal of BCM College, Kottayam. The felicitation address was delivered by Dr. Thomson Davis, Kottayam District Coordinator, Kerala State Biodiversity Board, who emphasized the role of academic institutions in biodiversity conservation. The first technical session was handled by Dr. Jinu John, Assistant Professor, Department of Biotechnology, CMS College, Kottayam, on “Biotechnological Strategies to Conserve Biodiversity” while the second session was led by Dr. Arabhi P, Associate Professor, Baselius College, Kottayam, who spoke on “Blooming Diversity: The Fascinating World of Flowering Plants.” In the afternoon, Dr. Lincy Sara Varghese, Associate Professor, Department of Botany, B K College, Amalagiri, delivered an enlightening talk on “Microbial Diversity and Their Key Roles in the Homeostasis of Different Ecosystems.” Certificates were distributed on the second day of the seminar.



Preserve Nature, secure our future - A Zoology dept Initiative



OTHER DEPARTMENTAL ACTIVITIES

THE DEPARTMENT OF HOME SCIENCE



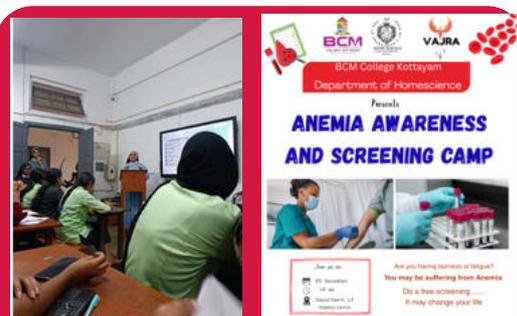
From Campus Scraps to Garden Gold!

The **Department of Home Science**, BCM College Kottayam, inaugurated its Bio-Waste Management System on 12 January 2026 at 10:10 a.m. in the Home Science Department. The programme was inaugurated by Sri. Thomas K V, Principal, BCM College Kottayam. The initiative aims to promote sustainable waste management practices within the campus by converting biodegradable waste into useful resources such as compost. During the programme, the importance of proper segregation and eco-friendly

disposal of bio-waste was highlighted, emphasizing the role of students and staff in maintaining a clean and green campus.

ANEMIA AWARENESS CAMP

An Anemia Testing Camp was successfully conducted by the **Department of Home Science** on 3 December with the objective of screening college students for anemia and creating awareness about its causes, symptoms, and prevention. The programme began with an informative session on anemia. The health care professionals explained about anemia, its common causes, signs, symptoms and risk factors among adolescents and young adults, and the importance of adequate intake of iron and other nutrients. Following the awareness class, anemia screening was conducted among the participants. Students voluntarily took part in the testing process. Necessary precautions and hygiene measures were followed during the procedure.



Glimpses from the awareness session!



A TRIBUTE TO DHARMENDRA



A special screening of the classic Hindi film Sholay was organized by the **Department of Hindi** in association with the Film Club of BCM Bishop Chulaparambil Memorial College, Kottayam, on December 1, 2025. Held at the Educational Theatre as a tribute to Dharmendra, the event began at 2 PM and was attended by students and faculty, promoting appreciation of classic Indian cinema.



CONVOCATION CEREMONY - MSW

The Convocation Ceremony of the MSW batch 2023–2025 was held on 12 December 2025 (Friday) at BCM College, Kottayam, and was graced by Dr. Victor Paul, former Head of the Department of Social Work, Christ University, Bangalore, as the resource person. In his convocation address, Dr. Victor Paul spoke about the challenges faced by social workers in contemporary society and the ethical dilemmas that arise while balancing professional values, institutional demands, and client welfare. He emphasized the importance of lifelong learning, stating that social work professionals must continuously update their knowledge and skills to respond effectively to emerging social issues. He also highlighted compassionate leadership as a core quality of social workers, urging graduates to lead with empathy, integrity, and a strong commitment to social justice. Finally, he explained the close relationship between social work and research, emphasizing that research strengthens professional practice by enabling social workers to understand social problems scientifically and evaluate interventions. The address was inspiring and provided meaningful guidance to the graduating students as they prepared to enter the profession.



ACHIEVEMENTS

MOU SIGNING

BCM College entered into a Memorandum of Understanding (MoU) with the KSCSTE Srinivasa Ramanujan Institute of Basic Sciences (SRIBS) to promote collaborative academic and research activities. The MoU was formally signed by the Director of SRIBS, Dr. Suresh C. H., the Principal of BCM College, Prof. Thomas K. V., and the College Bursar, Rev. Fr. Philmon Kalathra.



PUBLICATION



We are immensely proud to announce the release of the book "നാട്ടുവഴിയിലെ വിളക്കു മരങ്ങൾ" written by Ms. Ancy Cyriac, Assistant Professor Dept of English.





Ms. Sonamol Mathew, an MSW student, successfully completes the National Accredited Referee Diploma Seminar held from 5th to 7th December 2025 at Jaipur, Rajasthan, and thereby became a National Level Kickboxing Referee.



Ms. Helen Anna Salju bags Gold medal while Ms. Sonamol Mathew secured a Bronze Medal in the Khelo India Asmita Kickboxing City League both of them from the Department of Social Work.

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