

ACTIVITY REPORT 2024 – 2025 NSS UNIT NO.8



**BISHOP CHULAPARAMBIL MEMORIAL
COLLEGE, KOTTAYAM**



NAAC ACCREDITED WITH A* GRADE (CGPA-3.46)

**PRESENTED TO
PROGRAMME COORDINATOR, NSS CELL,
M.G. UNIVERSITY**

**PRESENTED BY
DR. THOMAS K V
PRINCIPAL
BISHOP CHULAPARAMBIL MEMORIAL
COLLEGE, KOTTAYAM**

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ENVIRONMENT DAY OBSERVATION

World Environment Day June 5



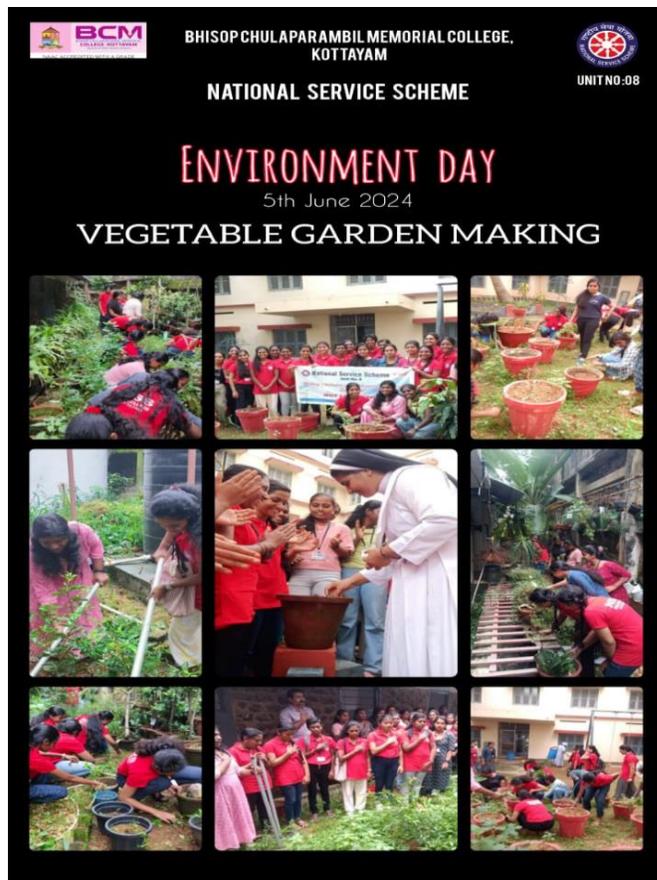
Brochure of World Environment Day

In celebration of World Environment Day, NSS Unit 8 at Bishop Chulapparambil Memorial College, Kottayam, organized a series of environmentally-focused activities. The program was conducted under the esteemed leadership of NSS Program Officers Bijoy Thomas and Sr. Dr. Ramya Simon.

The event commenced with the rendition of the NSS song, setting a harmonious and spirited tone for the day's activities. Following the opening ceremony, the NSS volunteers took on the task of cleaning the college's vegetable garden. This initiative not only enhanced the garden's aesthetic appeal but also promoted a sense of responsibility towards maintaining a clean and green environment.

A significant part of the day's activities was dedicated to the care of the lime trees in the vegetable garden. These trees, planted under the guidance of the NSS, received special attention from the volunteers who ensured they were properly fertilized and maintained. This act of nurturing the lime trees symbolizes the NSS's commitment to sustainable practices and environmental stewardship.

In addition to caring for the existing flora, the NSS Program Officers and volunteers took the initiative to plant vegetable seeds in pots that were specially prepared for the occasion. This activity not only contributed to the biodiversity of the garden but also promoted the concept of growing one's own food, emphasizing the importance of self-sustainability and eco-friendly practices. The program witnessed enthusiastic participation from numerous NSS volunteers, who dedicated their time and effort to make the event a success. Their collective efforts were instrumental in ensuring the smooth execution of the day's activities and in reinforcing the values of environmental conservation among the college community. The World Environment Day activities conducted by NSS Unit 8 were a resounding success, highlighting the unit's dedication to environmental conservation and sustainability. Through the combined efforts of the NSS Program Officers and volunteers, the botanical garden at Bishop Chulapparambil Memorial College now stands as a testament to the positive impact of collective environmental action. This event not only fostered a sense of community and responsibility but also served as an inspiration for future green initiatives.



ENVIRONMENT DAY
5th June - 2004

26 Vegetable garden making

Name	Signature
1. Sneha Dev	[Signature]
2. Isene Sasa Bine	[Signature]
3. Krupa Thambachan	[Signature]
4. Hrudya Aniraj	[Signature]
5. Shebly Issac	[Signature]
6. Gowthi Manoharan	[Signature]
7. Aparna Raghun	[Signature]
8. Christena Raju	[Signature]
9. Rini N	[Signature]
10. Parvathy P	[Signature]
11. Selma Rosnaad	[Signature]
12. Kasiya Elizabeth Babu	[Signature]
13. Jasmire A	[Signature]
14. Anandha N.R	[Signature]
15. Karpunya M.B	[Signature]
16. Ananya R.M	[Signature]
17. Anshika	[Signature]
18. Jincy	[Signature]
19. Devarajabara shylaja	[Signature]
20. Rakha K	[Signature]
21. Dona Jamal	[Signature]
22. Sruthy A.S	[Signature]
23. Magha Renuka	[Signature]
24. Vaishnavi Gireshkumar	[Signature]
25. Gupta Sathesh	[Signature]
26. Arya Moli shaji	[Signature]
27. Alena Antony	[Signature]
28. Ananya Thomas	[Signature]
29. Meenu RS	[Signature]
30. Nishi Stephen	[Signature]
31. Akshara P Babu	[Signature]



PROGRAMME OFFICER
National Service Scheme
Unit No. 8
Bishop Chalaparambil Memorial College
Kottayam-686 001

SR-DR REMYA

• JUNE 21: INTERNATIONAL YOGA DAY



BISHOP CHULAPARAMBIL MEMORIAL COLLEGE,
KOTTAYAM



NATIONAL SERVICE SCHEME

Unit No: 08

INTERNATIONAL YOGA DAY
CELEBRATION



“YOGA CLASS”

Venue: Puthett Gov School

Time: 10.00 am

21 June 2024

Resource Person
Gouri Manoharan
Bcm College



In conjunction with the International Yoga Day, a yoga training session was conducted at Government UP School, Puthettu, under the leadership of NSS unit of Bishop Chulaparambil Memorial College, Kottayam. The program was conducted under the leadership of NSS Program Officer Dr. Sr. Remya Simon. The program was conducted from 10 am. The program started by talking about the importance of Yoga Day. Yoga training was conducted under the leadership of NSS volunteers Gouri Manoharan and Parvathi P. NSS Volunteer Secretary Kesia Elisebath Babu, NSS Volunteers Joyce James and Aloschia Johny also participated in the programme. After the program, the volunteers joined the children and sang songs before leaving the school.



International Yoga Day

21 June 2024

Puthettu Govt. UP School, Kottayam



PARTICIPAN'S LIST:

INTERNATIONAL YOGA DAY
CELEBRATION
21 JUNE 2024

Sl. No	NAME	C. B. S.	Signature
1	DEVIKASH	6	Sudhakar
2	ADITHYAN	6	
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100	ADITHYAN	6	

Signature: [Handwritten signatures]

Stamp: Bishop Chulaparambil Memorial College, Kottayam

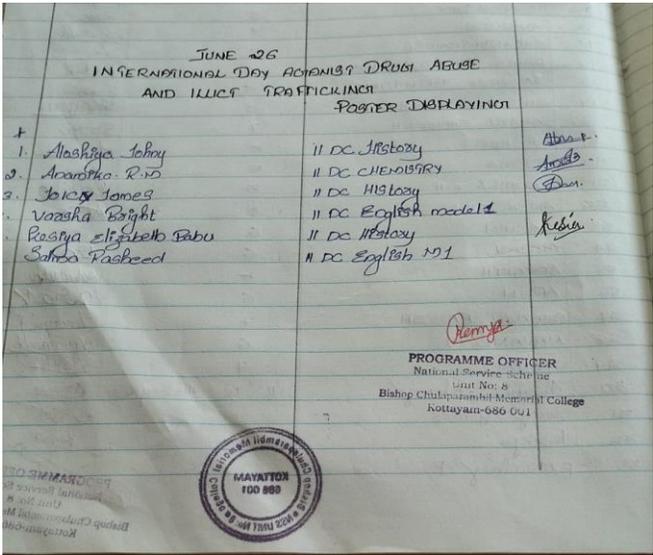
JUNE 26: INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING



In connection with the International Day Against Drug Abuse and Illicit Trafficking, a poster displaying program was organized by the NSS Volunteers in form of the college auditorium at round 4 in the evening. The posters were prepared by the NSS Volunteers under the guidance of Sr. Dr. Remya Simon. There were 12 posters with the messages and pictures to spread awareness among the students.



PARTICIPANT'S LIST:

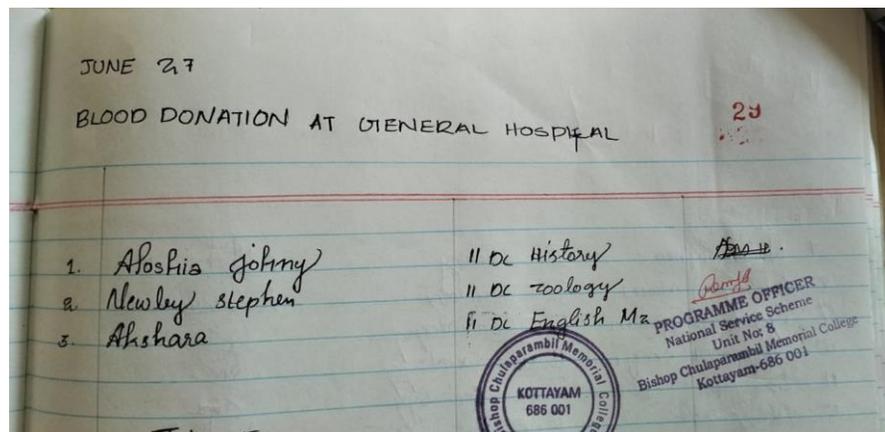


JUNE 27: BLOOD DONATION

A Blood donation camp was organized at the district hospital. 3 NSS Volunteers donated their blood for the blood bank. The camp was organized under the Program Officer Sr. DrRemya Simon.



PARTICIPANT'S LIST:



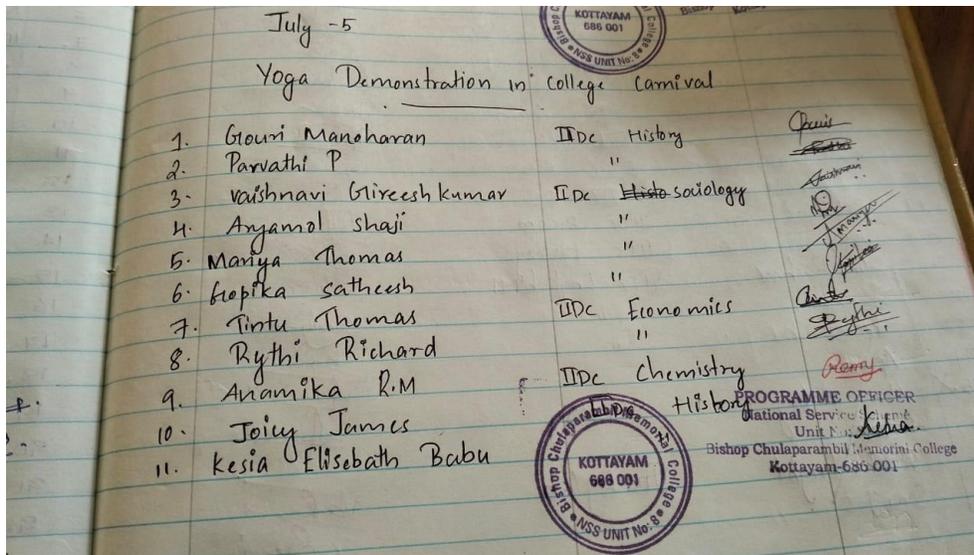
JULY 5: YOGA DEMONSTRATION

Demonstration of Yoga was conducted by the NSS Volunteers at the college auditorium in connection with the College Carnival. The program started at 7 in the morning. It was a half an hour program led by Gouri Manoharan, Parvathy P and Vaishnavi Gireeshkumar. 11 NSS Volunteers took part in the event.





PARTICIPANT'S LIST:



JULY 26: SNEHARAMAM GARDEN CLEANING

BCM BISHOP CHULAPARAMBIL MEMORIAL COLLEGE, KOTTAYAM
NASS UNIT No. 10

NATIONAL SERVICE SCHEME

SNEHARAMAM GARDEN CLEANING

DATE :26 JULY 2024
TIME :3:15 pm

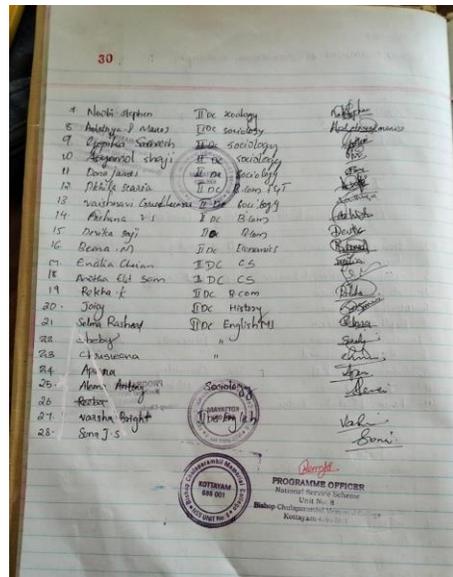
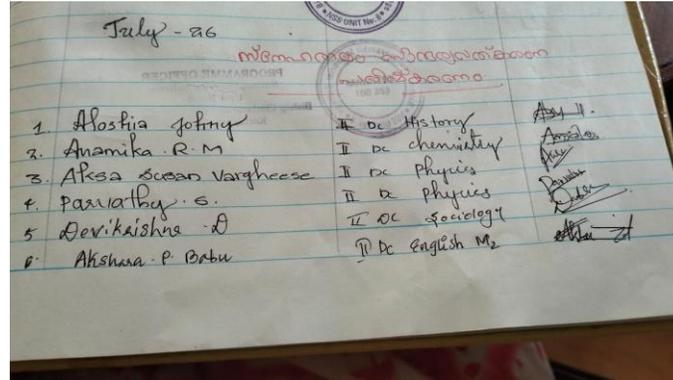
NSS PROGRAM OFFICERS:
SR. DR. REMYA SIMONDR
DR. DONA SAM

VOLUNTEER SECRETARIES:
KESIA ELISEBATH BABU
NANDHANA SURESH

SNEHARAMAM Cleaning Program was organized under the leadership of

Program Officer Sr. Dr. Remya Simon. Almost all the area was cleaned thoroughly by the NSS Volunteers. The cleaning session started by around 3:15pm and was completed by 4:15 pm.

PARTICIPANT'S LIST:



PARTICIPANT'S LIST:

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 സാഹസികതയും മുന്നോട്ടു കൊണ്ടു പോകാനായി 31 പങ്കാളികൾ

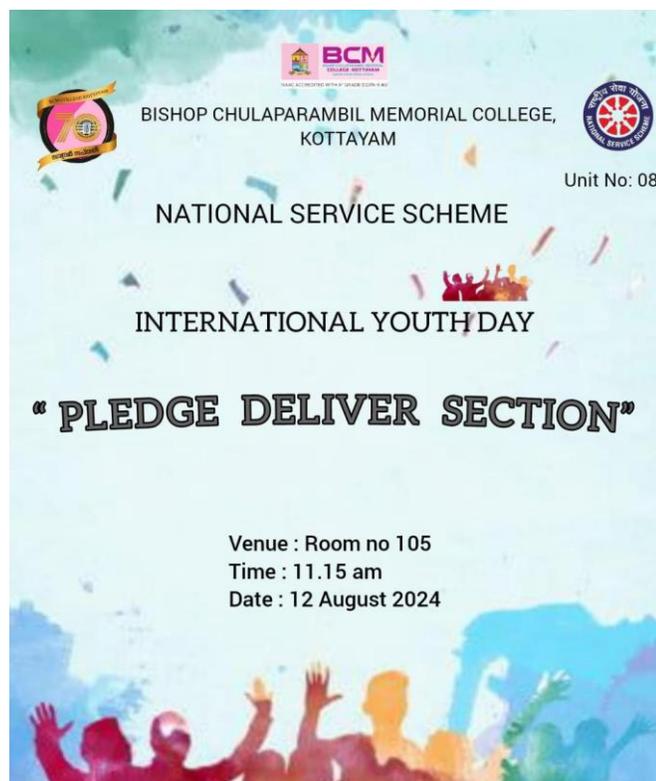
20/7/2024

Sl. No.	Name	Class	Signature
1	Parvathi P	II DC History	<i>[Signature]</i>
2	Manya Thomas	II DC Biology	<i>[Signature]</i>
3	Aravind Shaji	"	<i>[Signature]</i>
4	Gopika Sathesh	"	<i>[Signature]</i>
5	Rekha K	III DC Geography	<i>[Signature]</i>
6	Joy James	II DC History	<i>[Signature]</i>
7	Nandhana Suresh	II DC Biology	<i>[Signature]</i>


 PROGRAMME OFFICER
 National Service Scheme
 Unit No. 08
 Bishop Chulaparambil Memorial College
 Kottayam-686 001



JULY 12 : PLEDGE DELIVER SESSION




BISHOP CHULAPARAMBIL MEMORIAL COLLEGE,
KOTTAYAM

Unit No: 08

NATIONAL SERVICE SCHEME
INTERNATIONAL YOUTH DAY

“ PLEDGE DELIVER SECTION ”

Venue : Room no 105
 Time : 11.15 am
 Date : 12 August 2024

In connection with the International Youth Day, a pledge delivering session was organized by the NSS Volunteers at 11: 15 am in room no.105. The program started with the NSS song and it was a pledge of 10 minutes. The session was conducted under the guidance of the Volunteer Secretaries - Kesia Elisebath Babu , Nandana Suresh , Alosi Johny, and Hrudy Anilraj.

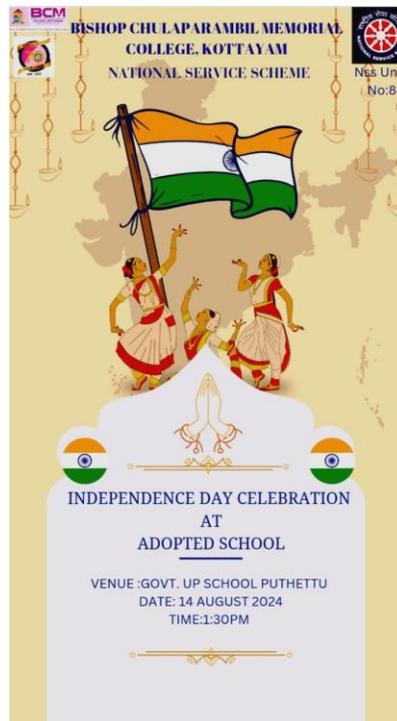


PARTICIPANT'S LIST:

Sl. No.	Name	Class	Signature
1	Nisha Bano	II DC CS	[Signature]
2	Divya Biji	"	[Signature]
3	Aradhya V S	"	[Signature]
4	Krisha Suresh	"	[Signature]
5	Aradhya Nikhita	"	[Signature]
6	Amal Suresh	"	[Signature]
7	Arish Aji	"	[Signature]
8	Aradhya Jee	"	[Signature]
9	Aradhya Jee	"	[Signature]
10	Aradhya Jee	"	[Signature]
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30	Aradhya Jee	"	[Signature]

23	Athalya Bina	II DC CS	[Signature]
24	Aradhya Suresh	"	[Signature]
25	Aradhya V S	"	[Signature]
26	Aradhya V S	"	[Signature]
27	Aradhya V S	"	[Signature]
28	Kesha Elisabeth Babu	II DC Hubby	[Signature]
29	Nandhana Suresh	II DC Beem F & T	[Signature]

AUGUST 14: INDEPENDENCE DAY CELEBRATION



Independence day celebration was conducted at the adopted school -

Govt.UP School , Puthettu. A Quiz competition was organized in association with Independence day. The program started at 2:00 pm.The program took place under the guidance of the Program Officers Sr. Dr. Remya Simon and Dr. Dona Sam. It was an interactive session which lasted for almost an hour and a half.



PARTICIPANT'S LIST:

14/08/24
Wednesday 31st
Independence Day celebration at adopted school

Sl. No.	Name	Grade	Signature
1	Adwait	V	[Signature]
2	Sangeetha	V	[Signature]
3	Vinayak	V	[Signature]
4	Shravan	VI	[Signature]
5	AREATH	VI	[Signature]
6	Jayasree Bijinon	VI	[Signature]
7	ADAN	VI	[Signature]
8	Ishan V	VII	[Signature]
9	Namrath	VII	[Signature]
10	Sarvagya	VII	[Signature]
11	Sachin	VII	[Signature]
12	Shruti Mohan	VII	[Signature]
13	Noora Fathima mpt	VII	[Signature]
14	Sarayu Sonish	VII	[Signature]
15	Sarayu Rajesh	VII	[Signature]
16	Himanya Anishaj	BA English M2	[Signature]
17	Radhika	BA History	[Signature]
18	Shreya G.	BA History	[Signature]
19	Santhya	"	[Signature]
20	Fairy James	"	[Signature]
21	Kesika	"	[Signature]
22	Quasi	"	[Signature]
23	Vedhika C. h	V	[Signature]
24	Ansa	V	[Signature]
25	Anusree prasanth	V	[Signature]
26	Devanands	V	[Signature]
27	Stephen	V	[Signature]
28	Abel	V	[Signature]
29	Emmanuel	V	[Signature]

PROGRAMME OFFICER
National Service Scheme
Unit No: 8
Bishop Chulaparambil Memorial College
Kottayam-686 001

AUGUST 15: INDEPENDENCE DAY- FLAG HOISTING

BCM COLLEGE KOTTAYAM
BISHOP CHULAPARAMBIL MEMORIAL
COLLEGE, KOTTAYAM
NATIONAL SERVICE SCHEME
NSS UNIT
NO:8

**INDEPENDENCE DAY
FLAG HOISTING**

VENUE: BCM COLLEGE, Kottayam
DATE :15August 2024
TIME:9AM

On Independence Day, flag hoisting ceremony took place in front of the college at 9 am. The NSS Volunteers also took part in it. 10 NSS Volunteers participated in the program.


BISHOP CHULAPARAMBIL MEMORIAL COLLEGE, KOTTAYAM
 NATIONAL SERVICE SCHEME
INDEPENDENCE DAY FLAG HOISTING





Kottayam, Kerala, India
 HGRP+H88, Nagaripadam, Kottayam, Kerala 686002,
 Lat: 9.591903°



VENUE: BCM COLLEGE, Kottayam
DATE :15August 2024
TIME:9AM

PARTICIPANT'S LIST:

15/08/24
Thursday

Independence Day
Flag Hoisting

33

Sl.No	Name	class	Sign
1.	Anamika R.M	II Dc Chemistry	Anamika
2.	Sanya Saji	III Dc B.com F&T	Sanya
3.	Sneha Suresh	II Dc Sociology	Sneha
4.	Radhika B	II Dc History	Radhika
5.	Tinte Thomas	II Dc Economics	Tinte
6.	Sruthy A.S	II Dc Chemistry	Sruthy
7.	Mazha Ramesh	II Dc Maths	Mazha
8.	Rekha.K	II Dc B.com F&T	Rekha
9.	Aloshia Johnny	II Dc History	Aloshia
10.	Kesia Eusebius Babu	II Dc History	Kesia

Remya
 S.R.D.R. REMYA SIMON

 PROGRAMME OFFICER
 National Service Scheme
 Unit No: 8
 Bishop Chulaparambil Memorial College
 Kottayam-686 001


AUGUST 15: INDEPENDENCE DAY- OLD AGE HOME VISIT



In connection with Independence day, NSS Volunteers visited SHANTI BHAVAN Old Age Home in Erayilkadavu. The visit was under the leadership of the program officers Sr. Dr. Remya Simon and Dr. Dona Sam. The Program officers were accompanied by 14 volunteers. The volunteers reached the venue by 10 am and had spent time with the elderly till 12 in the noon. The volunteers had prepared many group songs and dance performances to entertain the elderly people in the old age home.

COLLEGE KOTTAYAM NATIONAL SERVICE SCHEME **INDEPENDENCE DAY** **OLD AGE HOME VISIT**



VENUE: SANTHIBAVAN KOTTAYAM
 DATE : 15TH AUGUST 2024
 TIME : 10AM

PARTICIPANT'S LIST:

Independence Day
 Old Age Home Visit
 - Santhi Bhavan

Sl.No	Name	class	Sign
1.	Anamika R.M	IIDc chemistry	
2.	Smrithy A.S	IIDc chemistry	
3.	Devanandana sylviam	IIDc FACS	
4.	Radhika B	IIDc History	
5.	Rekha P.K	IIDc Biom.F&T	
6.	Denipiya M.B	IIDc chemistry	
7.	Parvathy .s	IIDc Physics	
8.	Aksha Susan Varghese	IIDc physics	
9.	Joley James	IIDc History	
10.	Archana Manikanday	IIDc Maths	
11.	Maisha Ramesh	IIDc Maths	
12.	Tinika Anomas	IIDc Economics	
13.	Aranya Suresh	IIDc sociology	
13. #1	Surya Saji	IIDc Biom.F&T	
14. #2	Shreya .G	IID History	

Accepted: **SH. DR. Remya Simon.**
 PROGRAMME OFFICER
 National Service Scheme
 Unit No: 8
 Bishop Chulaparambil Memorial College
 Kottayam-686 001

2 DAY ORIENTATION CAMP FOR 1ST YEARS - UNARVU

BCM
**BISHOP CHULAPARAMBIL MEMORIAL COLLEGE,
KOTTAYAM**
Affiliated to MG University Kottayam
NAAC Accredited with A+ grade (CGPA: 3.46)

NATIONAL SERVICE SCHEME
UNIT NO : 08

“ ഉണർവ് ”

**2 DAY ORIENTATION CAMP FOR
FIRST YEAR VOLUNTEERS**

INAUGURATION

31/08/2024
&
01/09/2024

Venue :
College Auditorium
Time :9.30am

Dr. Thomas Panakkulam
Bharathmatha College, Thrikkara

Dr. Ajith James Jose
Dept of Chemistry
SB College, Changanashery

Mr. John George
Corporate Advisory and Life Coach
Basellous Poulouse Second College,
Pinamadom

The two-day residential camp for first-year NSS volunteers conducted on 31.08./1.09 2024 and commenced with registration at around 9 AM, marking the beginning of an exciting and enriching experience. Following the registration, an inaugural ceremony was held, featuring Dr. Thomas Panakkulam from Bharath Matha College, Thrikkakara, as the chief guest. His presence added a sense of importance to the event, and the interactive ice-breaking session that followed was a highlight of the morning. Volunteers actively participated, sharing stories and getting to know one another, creating an atmosphere of camaraderie. By 12:30 PM, the inaugural session concluded, and the volunteers made their way to the college cafeteria for lunch, which

was served at 1 PM. This provided an excellent opportunity for the participants to relax and bond further. After lunch, the volunteers were given dedicated time to practice for cultural performances, showcasing their diverse talents. Before the next class, tea and snacks were provided, refreshing everyone for the afternoon's activities. At 4:30 PM, Dr. Ajith James Jose from the Department of Chemistry at SB College, Changanassery, conducted an engaging class. His session was filled with interactive games and discussions, helping the volunteers understand the values and responsibilities of being an NSS volunteer. Dinner was served afterward, allowing everyone to recharge before the evening's cultural festivities began. At around 8:30 PM, the cultural program kicked off, with volunteers showcasing their talents through dance, music, and skits. The performances were vibrant and filled with energy, reflecting the creativity of the participants. The cultural night concluded around 10:30 PM, leaving everyone in high spirits. By 11 PM, lights were turned off, signaling the end of a fulfilling first day at the camp. The day had fostered connection, learning, and a strong sense of community among the new volunteers.

The second day of the NSS residential camp began bright and early, with volunteers waking up at 6 AM, ready to embrace a day filled with learning and activities. After freshening up, the day commenced with an assembly that fostered unity and enthusiasm among the participants. Following the assembly, the volunteers engaged in parade practice, guided by the diligent Volunteer Secretaries Kesia Elizabeth Babu, Alosia Johny, Hrudya Anilraj, and Nandhana Suresh. Volunteer Anjitha Saji led the demonstration, showcasing the precision and discipline essential for a successful parade. Once the practice concluded, the volunteers took some time to refresh themselves before the morning session, which began at 10 AM. K. Sreelekha, a District Mentor for the One Health Program and retired MCH Officer DMOH Kottayam, conducted an enlightening session on health and the importance of maintaining a healthy lifestyle. Her expertise and engaging presentation encouraged the volunteers to reflect on their well-being and the role it plays in community service. After a nutritious lunch, the camp continued with another impactful session led by Mr. Jobin George, a Corporate Advisory and Life Coach from Baslios Poullose Second College, Piramadam. His lively session took the volunteers on an emotional rollercoaster, filled with motivational insights and personal anecdotes. Mr. George provided an in-depth understanding of the National Service Scheme, emphasizing its values and the responsibilities that come with being an NSS volunteer. The combination of practical learning and personal development made the day not only educational

but also transformative. As the volunteers absorbed the knowledge and inspiration shared by the speakers, they felt more connected to their roles and motivated to contribute positively to their communities. The second day of the camp truly reinforced the spirit of service and personal growth among the NSS volunteers.

SEPTEMBER 07: ONAM SPECIAL OLD AGE HOME VISIT

As part of the Onam celebrations, NSS Volunteers made a meaningful visit to Shanti Bhavan, an old age home located in Erayilkadavu. Under the guidance of Program Officer Dr. Dona Elizabeth Sam, a group of 38 enthusiastic volunteers came together to spread joy and engage with the residents of the home. The visit was filled with vibrant activities designed to uplift the spirits of the elderly residents. The volunteers organized a series of cultural performances, including traditional dance routines that reflected the rich heritage of Onam. These lively performances not only entertained the residents but also created a warm and festive atmosphere, fostering a sense of community and joy. In addition to the dance, the volunteers serenaded the residents with heartfelt songs, evoking nostalgia and prompting smiles all around. The interaction between the volunteers and the elderly was heartwarming, as laughter and conversations flowed freely. Many residents joined in the singing, sharing their own memories and experiences, which added a personal touch to the celebration. Dr. Dona Elizabeth Sam emphasized the importance of such initiatives, highlighting how these interactions can bridge the generation gap and bring happiness to those who often feel isolated. The visit served as a reminder of the value of companionship and the impact of simple gestures of kindness. As the day came to a close, both the volunteers and residents felt a renewed sense of connection and joy. The NSS team left Shanti Bhavan with memories to cherish and a commitment to continue supporting the elderly in their community. This visit not only celebrated Onam but also reinforced the spirit of compassion and service that lies at the heart of NSS volunteers.

SEPTEMBER 16-22: NSS SPECIAL CAMP - 7 DAY RESIDENTIAL CAMP



SEPTEMBER 16 - DAY 1:

The NSS Unit of BCM College Kottayam officially started their 7 days Residential Camp at Govt. UP School, Puthettu on 16/09/2024 Monday evening. The inauguration started by the mesmerizing dance performance by the NSS volunteers Devikrishna D and Gopika Satheesh, after the dance performance the camp inauguration started by the NSS song. The Program Officer Dr. Dona Elizebath Sam gave a speech and later welcomed the dignitaries. In the presence of all NSS volunteers our chief guests Rev. fr. Abraham Paramettu, the manager of BCM College, Kottayam and Smt. Divya Sujith, the ward

member of Kottayam Municipality and Program Officers Sr. Remya Simon and Dr. Dona Elizebath Sam inaugurated the camp by lamp lighting at evening 5:30 pm officially. After the inauguration Fr. Abraham Paramettu, hosted the NSS flag in front of the school patio. Later a photo session was conducted. After the refreshment, our Program Officers gave a clear view on the 7 days Residential Camp. About 8:30 pm all NSS volunteers and our Program Officers had a heartfelt dinner. Later the NSS volunteers had their own time to talk with their teammates and which created a way to increase the bond between the mates. At 10 'o'clock everyone went to bed.





SEPTEMBER 17 - DAY 2

The NSS unit of BCM College completed the second day of their seven-day special camp with a series of engaging and productive activities. The day began early at 6:00 AM, with students energizing themselves for the busy schedule ahead. At 7:15 AM, NSS volunteers Gouri and Parvathi led a rejuvenating yoga session, setting a positive tone for the day. Following yoga, Group 1 presented their report and shared newspaper articles summarizing the previous day's events, fostering a spirit of reflection and collaboration among the participants. Meanwhile, Group 2 delighted everyone by preparing a delicious breakfast, ensuring that all NSS volunteers started the day on a full stomach. Group 5, tasked with cleaning duties, efficiently completed their responsibilities before lunch. In addition, all volunteers participated in fieldwork, where they diligently cleaned the school premises, reinforcing the importance of community service. After a satisfying lunch, the volunteers reconvened at 1:30 PM for a session led by Father Eldos K. Joy, the Program Officer of SKCMS College. He delivered an inspiring talk on the role of NSS in personality development and the value of community service. A refreshing tea break followed the enlightening session, allowing students to recharge before the next activity. At 5:30 PM, Luke Sir, an assistant professor from the physical education department, conducted a

practical class on first aid, equipping volunteers with essential life skills. The evening culminated with a vibrant cultural program organized by Group 4, showcasing the talents of all participants. Each group received an opportunity to share feedback about their experiences on the second day, fostering a sense of unity and growth. Dinner was served at 8:30 PM, and after a fulfilling day, lights were out by 10:00 PM, closing a day filled with learning and camaraderie.

SEPTEMBER 18 - DAY 3

The third day of the 7 day NSS camp at Puthettu Government UP School began early at 5:00 am, with all participants waking up to start the day. Following the morning routine, everyone assembled for fieldwork at 6:30 am. The task for the day involved cleaning a plot of land in preparation for planting tapioca. This activity not only fostered teamwork but also instilled in us a sense of responsibility towards the environment. By 8:45 am, we returned to camp, freshened up, and prepared for breakfast, which was served by Group 1 as part of their kitchen duty. The breakfast was ready by 9:00 am, and it provided the much-needed energy for the rest of the day's events. From 9:30 am to 11:45 am, all camp members were engaged in preparing for the Onam celebration. The atmosphere was lively, with everyone enthusiastically participating in decorations, making pookalam (flower carpets), and setting up for the festivities. The Onam celebration officially began at 12:00 pm and lasted until 1:00 pm. The spirit of Onam, with its vibrant cultural traditions, was fully embraced by everyone. Traditional songs and games added to the festive mood, making it a memorable experience. Lunch was served at 1:00 pm, and it featured a special Onam Sadhya. The traditional meal was a highlight of the day, bringing everyone together in a spirit of unity and joy. After lunch, a self-awareness session for the youth was conducted by Sister Bhagya S. V. M. at 2:30 pm. The session was insightful, focusing on important topics related to personal development, self-awareness, and leadership. It was an eye-opening experience, encouraging everyone to reflect on their personal growth and future goals. From 6:00 pm to 8:00 pm, Group 3 took the lead in

organizing a cultural program. The evening was filled with performances, including music, dance, and games, showcasing the diverse talents of the participants. The program added a joyful and creative note to the end of the day. Dinner was served at 8:00 pm, after which everyone retired for the night. Lights were off by 10:00 pm, marking the end of an eventful and fulfilling day. Overall, the third day of the NSS camp was a perfect blend of hard work, celebration, and learning, leaving everyone energized for the remaining days of the camp.

SEPTEMBER 19 - DAY 4

ENGLISH DEPT.

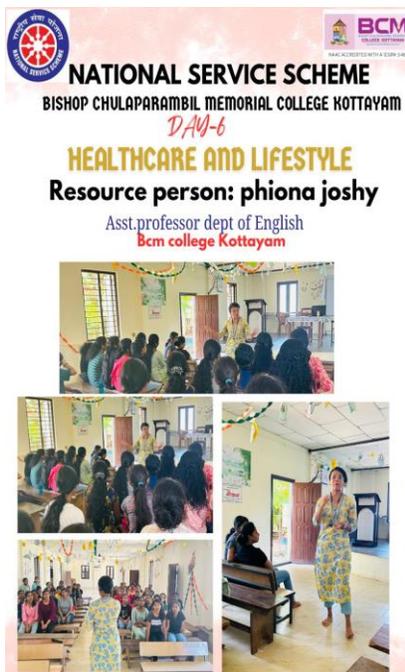
SEPTEMBER 20 - DAY 5

Day 5 of the NSS camp was a dynamic and productive day focused on environmental awareness and volunteer engagement. The early morning began with a wake-up call at 5:00 AM, followed by a team meeting at 6:30 AM to outline the day's activities. Volunteers eagerly participated in fieldwork and cleaning initiatives, emphasizing the importance of maintaining a clean environment. After a fruitful morning, breakfast was served at 9:00 AM. Post-breakfast, the volunteers divided into groups; some dedicated their time to creating informative posters for an upcoming rally, while others rehearsed a flash mob that aimed to capture the community's attention. This collaborative effort not only fostered creativity but also enhanced team spirit among the volunteers. Lunch was served at 1:00 PM, providing a much-needed break before an engaging session led by Geo Sir on self-awareness, which took place from 2:00 PM to 4:00 PM. This session encouraged volunteers to reflect on their personal growth and the impact of their contributions to society. At 5:00 PM, the day took a significant turn with a visit from Dr. Anzer, the State NSS Officer. His inspection and interaction with the volunteers inspired them and validated their efforts. At 5:30 PM, the volunteers conducted a rally and performed a flash mob at Puthettu Junction to raise awareness about the initiative "Malinya Vimuktha Kerala." The lively performances and informative discussions captured the attention of passersby, spreading

the message of environmental cleanliness. The day concluded with a vibrant cultural night, followed by dinner at 8:00 PM and lights out. Overall, the day was a resounding success in promoting community awareness, encouraging volunteer participation, and fostering personal growth, highlighted by the visit from Dr. R. N. Anzer and the impactful rally.

SEPTEMBER 21 -DAY 6





SEPTEMBER 22 - DAY 7

Day 7 marked the final day of the 7-day residential NSS camp, a culmination of hard work and meaningful experiences. The day began with volunteers engaged in various essential tasks, including preparing breakfast, cleaning the camp area, and compiling reports of their activities. The atmosphere was lively, as each group worked together to ensure everything was in order before their departure. By 8:30 AM, the volunteers gathered for breakfast, sharing laughter and stories from the past week. After their meal, they diligently completed their assigned duties, ensuring that every task was finished before the camp came to a close. A special highlight of the day included a group of volunteers who had stepped forward to paint the new block of the adopted school. They worked on the final touches, proudly contributing to the school's appearance. At around 10:30 AM, the volunteers participated in an assembly that began with the uplifting NSS Song, setting a positive tone for the farewell. The assembly featured presentations of reports and updates, allowing everyone to reflect on the impactful activities they had undertaken during the camp. As the clock neared noon, volunteers began to pack their bags, readying themselves to return home. However, before departing, many volunteers took the opportunity to share their experiences. Emotions ran high as they expressed their reluctance to

leave the camp, reminiscing about the friendships forged and the lessons learned over the past week. This heartfelt sharing underscored the profound impact of the camp on each participant. As they bid farewell, the sense of camaraderie lingered, promising that the memories created during these seven days would remain with them long after they returned home. The camp not only fostered personal growth but also strengthened their commitment to community service and teamwork.

SEPTEMBER 25 - OPEN QUIZ COMPETITION



In celebration of NSS Day, the NSS volunteers organized an engaging open quiz during a short break in the college patio, inviting participation from all students. The event aimed to raise awareness about the National Service Scheme and its contributions to community service, while

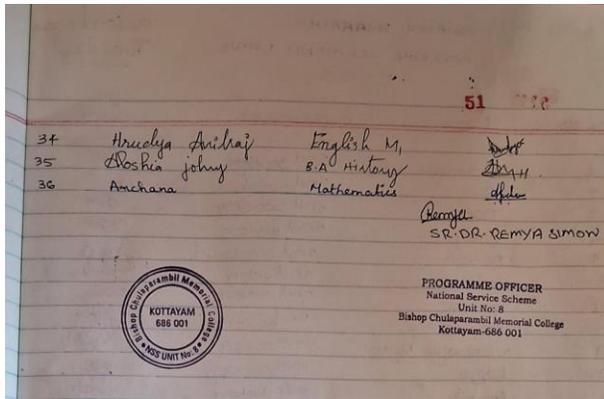
also fostering a spirit of camaraderie among students. Under the enthusiastic guidance of Program Officers Dr. Sr. Remya Simon and Dr. Dona Elizabeth Sam, and the volunteer secretaries Nandhana Suresh, Hrudy Anilraj and Aloschia Johny, the quiz was meticulously planned to cover a range of topics related to NSS, social issues, and general knowledge. The atmosphere was charged with excitement as students gathered, forming teams and preparing to showcase their knowledge and teamwork. As the quizmaster kicked off the event, participants eagerly raised their hands to answer questions, demonstrating their knowledge and enthusiasm. Questions ranged from the history of NSS to current social issues, encouraging students to think critically about the world around them. The friendly competition fostered a sense of community, as students cheered each other on and engaged in spirited discussions. Throughout the quiz, the volunteers ensured that everyone felt included and encouraged, creating an environment where learning and fun went hand in hand. Prizes were awarded to the top teams, adding an element of excitement and motivation for participants. The event not only served as a platform for knowledge sharing but also highlighted the significance of NSS in promoting social responsibility among youth. By the end of the quiz, students left with a deeper understanding of the NSS 's mission and the importance of community service. Overall, the open quiz was a resounding success, uniting students in a shared experience of learning and celebration, embodying the essence of NSS Day.

NSS DAY

22/09/2024
Wednesday

50 Open Quiz Competition

Sl. No	Name	Department	Signature
1)	Priyanshi Raji	Sociology	[Signature]
2)	Mithya Thomas	Sociology	[Signature]
3)	Mirjana Bastos	Botany	[Signature]
4)	Jamal Ramesh Philip	Botany	[Signature]
5)	Akhya Ban	Computer Science	[Signature]
6)	Aradhya V S	"	[Signature]
7)	Alima Saji	"	[Signature]
8)	Aarya Sankhosh	"	[Signature]
9)	Sreelakshmi	"	[Signature]
10)	Adithyan A S	"	[Signature]
11)	Sreelakshmi	"	[Signature]
12)	Selma Babbar	BA English	[Signature]
13)	Parvathi P	BA History	[Signature]
14)	Geena Manoharan	"	[Signature]
15)	Saathy A S	BSc Chemistry	[Signature]
16)	Parvathy	BSc Physics	[Signature]
17)	Aksh	"	[Signature]
18)	Devanandana	FNCS	[Signature]
19)	Sreelakshmi R	"	[Signature]
20)	Anjana	"	[Signature]
21)	Anitha Saji	BA Sociology	[Signature]
22)	Rylin Richard	B.A. Economics	[Signature]
23)	Tirita Thomas	"	[Signature]
24)	Riya Shaji	"	[Signature]
25)	Devananda	"	[Signature]
26)	Jasmine A	"	[Signature]
27)	Emilia Cleary	Computer Science	[Signature]
28)	Smitha Elit Cas	"	[Signature]
29)	Fathima K A	"	[Signature]
30)	Aradhya V Saji	B. Com	[Signature]
31)	Rafaida R	B. Com	[Signature]
32)	Alanna Reepha	English M.I	[Signature]
33)	Nandhana Suresh	TI DC BCOM	[Signature]



SEPTEMBER 28: SWACHH BHARAT CLEANING DRIVE



On September 28, 2024, the NSS unit of BCM College, Kottayam, officially launched its “Cleaning Drive” at Nehru Park, Nagampadam. The initiative, aimed at promoting environmental cleanliness and community service, began at 9:00 AM with a group of enthusiastic NSS volunteers assembled to take part in the program. This event was an important part of the college’s efforts to contribute to the upkeep of public spaces and foster a sense of environmental responsibility among students. Under the guidance of Sr. Remya Simon and Dr. Dona Sam, the volunteers spread out across the park with cleaning tools such as brooms, dustpans, and garbage bags. Their tasks involved collecting litter, sweeping the park’s pathways, and removing overgrown weeds and debris. The team worked in an organized manner, ensuring that every corner of the park was cleaned. Their efforts not only improved the park’s appearance

but also made it a more enjoyable and hygienic place for the public to visit. At 11:30 AM, municipality authorities visited Nehru Park to observe the progress of the cleaning drive. They were impressed by the hard work of the volunteers and appreciated their efforts in helping maintain public spaces. The recognition from local authorities provided further motivation to the participants, underscoring the impact that community service can have on the local environment. Attendance was recorded at 11:45 AM to mark the conclusion of the day's activities. Sr. Remya Simon and Dr. Dona Sam provided constant support and guidance throughout the program, ensuring its smooth execution. Their leadership played a significant role in making the event a success. The "Cleaning Drive" was a rewarding experience, leaving a positive impact on the community and encouraging the volunteers to continue their commitment to environmental preservation.



1) Beshni Ramesh	Home science	English
2) Esha Sane	"	English
3) Anjana M	"	English
4) Akshaya Anil	"	English
5) Akshaya Vinod	"	English
6) Jyothika M	"	English
7) Kishika R	B.com	English
8) Anuragha	"	English
9. Anuragha.	"	English
10. Anuragha.	"	English
11. Kishika	Sociology	English
12. Sanya Nandha	Education	English
13. Raja Lakshmi K-B	"	English
14. Mukha Sajeev .A	"	English
15. Archana		
Dewika Sajeev	B.com	English
Krishnakshi K.S	Sociology	English
Parvitha M. Nasa	B.com	English
Kesavitha M.	B.com	English
M. Neethika	B.com	English
Devikrishna K.S	B.com	English
Sanika K.S	Sociology	English
Mithika Madha	"	English
Jyothika K.S	"	English
Amaly Vijayan	History	English
Devi Krishna	"	English
Laya Jyoti	Sociology	English
Swalaksmi S	English	English
Arjuni Jyothi	Sociology	English
Gayathri G	Botany	English
Riya Rajan	English	English

SEPTEMBER 28: SWACHH BHARAT FLASHMOB



On a vibrant morning at around 10 AM, a lively flash mob was held at Thirunakkara Maidanam as part of the Swachh Bharat initiative. This dynamic event aimed to raise awareness about cleanliness and environmental responsibility, drawing the attention of passersby and encouraging community participation. Under the guidance of dedicated Volunteer Secretaries Nandhana Suresh and Aloschia Johny, the flash mob showcased the energy and commitment of NSS volunteers in promoting the Swachh Bharat mission. As the performance began, a diverse group of volunteers took to the open space, captivating the audience with their energetic dance routines and catchy songs centered around the themes of cleanliness and environmental conservation. The colorful choreography and enthusiastic expressions created an infectious atmosphere, prompting onlookers to join in the celebration. The flash mob was carefully choreographed to convey powerful messages about the importance of keeping public spaces clean and fostering a sense of civic duty among community members. Throughout the performance, banners and posters reinforcing the Swachh Bharat message were displayed, amplifying the call to action for a cleaner India. As the event unfolded, the enthusiastic participation of volunteers not only entertained but also educated the audience about the vital need for sanitation and hygiene in daily life. The atmosphere was filled with excitement and

camaraderie, showcasing the collective effort to make a positive impact on the community. The program concluded at 12:30 PM, leaving a lasting impression on everyone present. Participants and spectators alike walked away with renewed motivation to contribute to the Swachh Bharat initiative. This flash mob was a vibrant reminder of the power of youth engagement in driving social change and fostering a cleaner, healthier environment for all.



54 Rali

1)	Isana Sana Bino	BA Sociology	Praveen
2)	Encelia Chellan	Computer Science	Sahana
3)	Anusha Ebit Sams	"	Sathya
4)	Fathima KA	"	Fathima
5)	Susha Dev	BA Sociology	Usha
6)	Seena M	BA Economics	Praveen
7)	Tisha mol shaji	BA history	Rita
8)	Parvathi P	"	Praveen
9)	Shreya G	"	Shreya
10)	Radhika B	"	Radhika
11)	Alisha	"	Alisha
12)	Selma Rasheed	BA English	Selma
13)	Ananya .ps	BA Economics	Ananya
14)	Deena	BA	Deena
15)	Snehalaxmi	B.com	Snehalaxmi
16)	Nandhana Krishnakumar	History	Nandhana
17)	Nandhana Suresh	BDE Blom	Nandhana


 Director
 SR. DR. REMYASMON
 PROGRAMME OFFICER
 National Service Scheme
 Unit No. 8
 Bishop Chinnappa Memorial College
 Kottayam-686 001

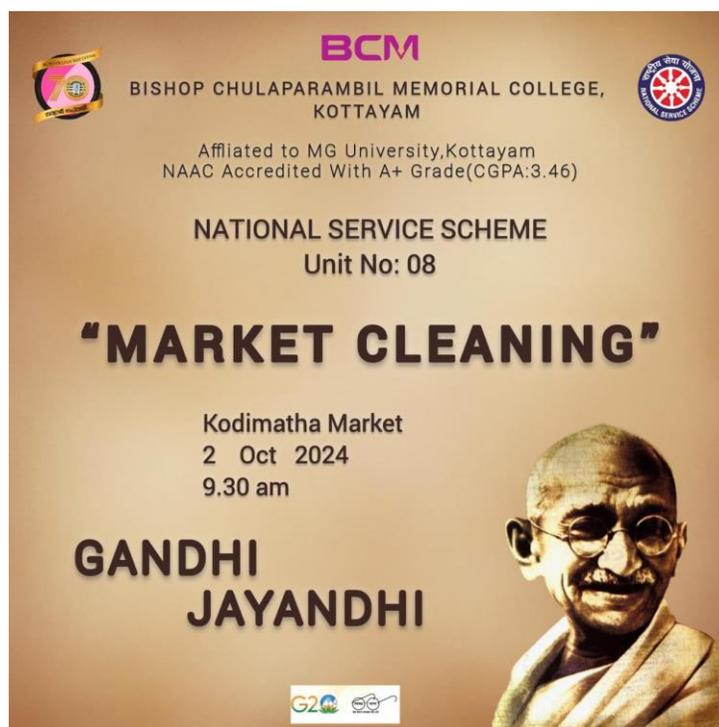
SEPTEMBER 28: SWACHH BHARAT RALLY



A spirited rally was organized by NSS Volunteers in alignment with the Swachh Bharat mission, specifically under the initiative "Swachhata Hi Seva." This event aimed to promote cleanliness and environmental awareness in the community, reinforcing the importance of hygiene and sanitation. Guided by NSS Volunteer Secretaries Nandhana Suresh and Aloschia Johny, the rally brought together a dedicated group of volunteers ready to make a difference. The rally took place in and around the Thirunakkara region, where participants gathered early in the day, by around 9:30 donning bright NSS Uniforms and carrying banners emblazoned with messages promoting cleanliness. The atmosphere was filled with enthusiasm as volunteers chanted slogans, distributed pamphlets, and engaged with local residents, encouraging them to join the Swachh Bharat movement. As the rally progressed through the streets, the vibrant energy of the volunteers attracted the attention of passersby, sparking conversations about the significance of maintaining clean surroundings. The NSS team effectively conveyed the core message of the Swachh Bharat mission: that cleanliness is not just a personal responsibility but a collective one that affects everyone in the community. Along the route, volunteers also picked up litter, demonstrating their commitment to the cause while actively participating in hands-on cleanup efforts. This practical engagement underscored the message of the rally, showing that

small actions can lead to significant change. The event concluded with a gathering at a local community center, where volunteers shared their experiences and discussed future initiatives aimed at furthering the goals of the Swachh Bharat mission. Overall, the rally was a resounding success, fostering a sense of unity and purpose among participants while effectively spreading awareness about the importance of cleanliness in the community.

OCTOBER 2: GANDHI JAYANTI - MARKET CLEANING



On a sunny morning, NSS Volunteers arrived at Kodimatha Market around 9:30 AM to participate in a cleaning program organized in partnership with the Kottayam Municipality as part of the Swachh Bharat initiative, specifically the "Swachhata Hi Seva" campaign. Under the expert guidance of Program Officer Dr. Dona Elizabeth Sam and Volunteer Secretary Hrudya Anilraj, the volunteers were excited to contribute to this important community effort. Before the cleaning activities began, an inaugural function was held to motivate participants and set the stage for the day's work. Local officials, along with NSS representatives, addressed the gathering, emphasizing the significance of cleanliness in public spaces and the role of each

individual in maintaining a healthy environment. Their inspiring words reinforced the spirit of community service that the NSS embodies. Following the inaugural ceremony, the volunteers enthusiastically geared up for the cleaning program. Equipped with gloves, brooms, and trash bags, they spread out across the bustling market area, ready to tackle litter and waste. The atmosphere was filled with camaraderie as volunteers worked together, engaging with shopkeepers and market-goers, encouraging them to take part in the cleanliness drive. As the volunteers diligently collected waste and educated community members on the importance of proper waste disposal, their efforts began to transform the market's appearance. The enthusiasm and teamwork displayed by the NSS members were evident, inspiring a sense of pride among the local residents. By around 12:30 PM, the cleaning program concluded, leaving Kodimatha Market significantly cleaner and more inviting. As volunteers gathered for a reflection session, they celebrated their accomplishments and the positive interactions they had with the community. This initiative not only enhanced the cleanliness of the market but also strengthened the bond between the NSS volunteers and the residents, promoting a collective commitment to a cleaner, healthier environment.

MARKET CLEANING 57

Oct 2 2024

Sl no	Name	Department	Sign
1	Gouri Manoharan	History	[Signature]
2	Jeevareshmi NJ	Computer science	[Signature]
3	Aleena Saji	"	[Signature]
4	Ashwya Bini	"	[Signature]
5	Jadhava KA	"	[Signature]
6	Enrika Chinnar	"	[Signature]
7	Arshika Elze Sam	"	[Signature]
8	Aleena Antony	Sociology	[Signature]
9	Vaishnavi Girisidkumar	"	[Signature]
10	Angamal Shaji	"	[Signature]
11	Mariya Thomas	"	[Signature]
12	Geetha Sathesh	"	[Signature]
13	Anupama Raj	History	[Signature]
14	Parvathi P	"	[Signature]
15	Daisy James	"	[Signature]
16	Akhila Scaria	B. Com F&T	[Signature]
17	Nirupa Sijomon	"	[Signature]
18	Achana VS	"	[Signature]
19	Rakha K	"	[Signature]
20	Surya Saji	"	[Signature]
21	Mirzana Bashir	B.Sc Botany	[Signature]
22	Shreemada P O	"	[Signature]
23	Aparna Reghu	BA English M1	[Signature]
24	Hrudya Aniraj	"	[Signature]
25	Christeena C Raju	"	[Signature]

PROGRAMME OFFICER
National Service Scheme
Unit - 8
Bishop Chidambaram Memorial College
Kottayam - 686 001

[Signature]
SRI. DR. REMYA SIMON





BISHOP CHULAPARAMBIL MEMORIAL COLLEGE, KOTTAYAM

Affiliated to MG University, Kottayam
NAAC Accredited with A+ Grade(CGPA:3.46)



NATIONAL SERVICE SCHEME

Unit No:08

MARKET CLEANING

02/10/2024



DRAWING COMPETITION

On November 1, in celebration of Kerala Piravi, the NSS unit of BCM college organized a drawing competition at Puthettu government UP school at 2:30PM. The event commemorates the formation of Kerala state and instills a sense of cultural pride and creativity among young minds. The theme of the competition was 'Ente Keralam' encouraging students to portray the rich heritage, natural beauty, and unique traditions of Kerala through their art work. Many students from various grades enthusiastically participated, using their creativity to depict iconic elements such as the backwaters, Kathakali, and lush greenery.

The event concluded with a short address by the NSS volunteer secretary, who highlighted the importance of preserving Kerala's cultural and environmental legacy. The students expressed their joy and gratitude for the opportunity to participate in such a meaningful activity. The drawing competition was not only a celebration of Kerala Piravi but also a platform to inspire young minds to appreciate their roots and express themselves artistically. The initiative strengthened the bond between NSS volunteers and the school community, leaving a lasting impact on all participants.



GPS Map Camera

Kottayam, Kerala, India
 Puthettu Govt.School Kottayam
 Lat 9.610623°
 Long 76.538166°
 01/11/24 03:14 PM GMT +05:30

Google



BISHOP CHULAPARAMBIL MEMORIAL COLLEGE,
 KOTTAYAM
 Affiliated to MG University, Kottayam
 NACC Accredited with A+ Grade (CGPA:3.46)

NATIONAL SERVICE SCHEME

UNIT NO:08

Drawing competition



01 November 2024

at 3:00 pm

@Putheth School

KANIVU – FOOD DRIVE

NOVEMBER 7

The NSS unit of BCM College organized the KANIVU – Food Drive on November 7, 2024 as part of the ongoing commitment to social welfare and community support. The initiative aimed to collect food and monetary donations to support the Navajeevan Trust, an organization dedicated to providing care and support to underprivileged individuals. The food drive witnessed enthusiastic participation from students, staff and volunteers. The volunteers worked tirelessly to collect, organize and prepare the donations for handover. The culmination of the event took place at the Navajeevan Trust management office in Villoonni, where the NSS volunteers handed over the collected items to the representatives.

The KANIVU – Food Drive not only provided much needed aid to the Navajeevan Trust but also instilled a sense of social responsibility among the participants. It served as a reminder of the power of collective action in making a difference in society. The Trust management expressed their heartfelt gratitude to the NSS unit for their generosity and support. They highlighted the importance of such initiatives in addressing the immediate needs of the community and fostering a spirit of compassion and solidarity among young people.



Donor Food drive

59

November - 07

SL No	Name	Department	Signature
1.	Sanya Saji	B.com F&T 3 rd yr (NSS)	Sanya
2.	M. Karothilka	B.com 1 st yr (NSS)	M. Karothilka
3.	Devika Krishna D.	BA Sociology	Devika
4.	Ragendu	BA History	Ragendu
5.	Devika Krishna K.B.	B.com Aided	Devika
6.	Sona Shibu	BSc Chemistry	Sona
7.	M. Nandana	B.com Aided IDC	M. Nandana
8.	Dhanya Lakshmi	B.com Aided IDC	Dhanya
9.	Gayatri R. Nair	English M ₁ III DC	Gayatri
10.	Pavithra M. Nair	B.com Aided IDC	Pavithra
11.	Ann Mary Alex	B.com Aided IDC	Ann Mary
12.	Devika Sajeev	B.com Aided IDC	Devika
12	Alema Sebastian	BA Sociology IDC	Alema
13	Nancy Rose Biju	B.A History IDC	Nancy
14.	Esha Shine	Home Science IDC (NSS)	Esha
15.	Aswathy Anil	Home Science IDC (NSS)	Aswathy
16.	Abhijitha Suresh	BA Economics 1 st DC (NSS)	Abhijitha
17.	Sreelakshmi S.S	BA History [NSS]	Sreelakshmi
18.	Sona R	B.COM (F&T) IDC	Sona
19.	Jyothika M	Home Science 1 st DC (NSS)	Jyothika
20.	Kishnendu Harshan	BA History 1 st DC (NSS)	Kishnendu
21	Elizabeth Zohy	Commerce	Elizabeth
22.	Sneha	Commerce	Sneha
23.	Priy Thirus	Zohy	Priy
24	Nandhana Suresh	Commerce IDC (NSS)	Nandhana
25.	Aksha Susan Varghese	BSC Physics (NSS)	Aksha
26.	Devananda Sarthosh	B.com (Aided) IDC (NSS)	Devananda
27.	Keerthy M	B.com (Aided) IDC (NSS)	Keerthy
28.	Athira Vinod	BA Sociology IDC	Athira
29.	Geeta Nandana P	B.com (Aided) IDC (NSS)	Geeta
30	Ajisha James	Commerce	Ajisha
31	Tishamol Shaji	History IDC (NSS)	Tishamol



32.	Devi Krishna	I st P.C BA History	Devi
33.	Ambily Vijayan	"	Ambily
34.	Sreenanda P.O	2 nd DC BSc. Botany (NSS)	Sreenanda
35.	Gouri Manoharan	2 nd DC History (NSS)	Gouri
36.	Savangi .D	1 st DC Maths	Savangi
37.	Anakha Sajeer . A	1 st DC Economics	Anakha
38.	Anulakshmi . V.S	1 st DC CS (NSS)	Anulakshmi
39.	Kalyani Manoj	1 st DC English (NSS)	Kalyani
40.	Ruhma Rachel	Comm. Asst Professor	Ruhma
41.	Parvatby .s	1 st DC Bsc Physics (NSS)	Parvathy
42.	Krishnapriya P.R	1 st Bcom	Krishna
43.	Krishna Raja	"	Krishna
44.	Elba Jose	"	Elba
45.	Anjitha Seji	1 st DC Sociology	Anjitha
46.	Anjali jyothi	1 st DC Sociology	Anjali
47.	Hrudaya Anithaj	II nd DC English (NSS)	Hrudaya
48.	Shreya . G.	II nd DC History (NSS)	Shreya
49.	Radhika . B	"	Radhika
50.	Radhika . B		
50.	Sveelakshmi R	FACS IDC	Sveelakshmi
51.	Abhisaraya Venu	1 st DC ENGLISH MD	Abhisaraya
52.	Arunima shaji	Bcom IDC	Arunima
53.	Rishika . P. William	1 st DC English	Rishika
54.	Selma . Rasheed	"	Selma
55.	Koipa Thankachan	II nd DC sociology	Koipa
56.	Abha . A	II nd DC chemistry	Abha
57.	Sanika . O	1 st DC Sociology	Sanika
58.	Mithila Madhu	"	Mithila
59.	Thushnamol S	1 st DC Chemistry	Thushnamol
60.	LAYAJIJI	IDC Sociology	LAYAJIJI
61.	Rajalakshmi K.B	IDC Economics	Rajalakshmi
62.	Ananya . P.S	IDC Economics	Ananya
63.	Sanyamatha	IDC Economics	Sanyamatha
64.	Devi . P	IDC Economics	Devi

PROGRAMME OFFICER
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Unit No: 8
Bishop Chulaparambil Memorial College
Kottayam-686 001



Prepared by: DR. P. REMVA SIMON

KOODE – STUDENT COMPANIONSHIP PROGRAMME

NOVEMBER 9

The NSS unit of BCM College successfully conducted the KOODE- Student Companionship Programme on November 9, 2024 at the college auditorium. This event, focusing on palliative care, aimed to create awareness and equip students with essential knowledge to provide emotional and practical support to those in need. The session was led by experts from Caritas Hospital renowned for their expertise in palliative care and community health. The programme commenced with an introduction by the NSS coordinator, who emphasized the importance of companionship and care in improving the quality of life for individuals facing serious health challenges. The resource person from Caritas delivered an engaging and insightful session that covered various aspects of palliative care, including its principles, practical approaches and emotional sensitivity. They explained how palliative care is not just about medical treatment but also about providing psychological and social support to patients and their families. The interactive format allowed volunteers to clarify doubts and discuss real life scenarios, making the session both informative and practical. The experts encouraged volunteers to develop

empathy, active listening skills and a proactive approach to identifying the needs of those requiring care.





Geo-Tagging Camera
 2024/11/09 12:04
 Kottayam, Kerala, India
 BCM College, near District Hospital, Kottayam, Kerala
 686002, India
 Lat: 9.589655 Long: 76.527472



**BISHOP CHULAPARAMBIL MEMORIAL
 COLLEGE, KOTTAYAM**
 National Service Scheme
 Unit No : 8

Palliative Care
In association with
Caritas Hospital



Geo-Tagging Camera
 2024/11/09 11:26
 Kottayam, Kerala, India
 BCM College, near District Hospital, Kottayam, Kerala
 686002, India
 Lat: 9.589655 Long: 76.527472

Kooole

Student Companionship Program 61

November 9

Name	Department	Signature
1. Keethana Anesh	Bsc Maths (IDC)	Keethana
2. Archana Shaji	Bsc Maths (IDC)	Archana
3. Trushara Mol. S	Bsc Chemistry (IDC)	Trushara
4. Rajalakshmi K.B	BA Economics (IDC)	Rajalakshmi
5. Abhijithya Suresh	BA Economics (IDC)	Abhijithya
6. Anakha Sajeev A	BA Economics (IDC)	Anakha
7. Aleena Sebastian	BA Sociology (IDC)	Aleena
8. Kaishrudher K.S	BA Sociology (IDC)	Kaishrudher
9. Bhavya Roy	BA Sociology (IDC)	Bhavya
10. Anomika R.M	BSC CHEMISTRY (IDC)	Anomika
11. Anuruba N.R	" "	Anuruba
12. Sarwanda P.D	B.S.C. Botany (IIDC)	Sarwanda
13. Aksha Susan Varghese	BSC Physics (IDC)	Aksha
14. Parvathy S	" "	Parvathy
15. parvathy Liji	(English IDC)	parvathy
16. midhya	" "	midhya
17. Anulakshmi V.S	II nd DC CS	Anulakshmi
18. Kalpani monoj	I st DC English	Kalpani
19. Amrathbejaswani A.S	I st DC English	Amrathbejaswani
20. Krishna Priya P.R	I st DC Bcom	KR
21. Krishna Raju	" "	Krishna
22. Elba Jose	" "	Elba
23. Gouri Nandana	" "	Gouri
24. M. Nandana	" "	M. Nandana
25. Dhanya Lakshmi	" "	Dhanya
26. Anjitha raji	II nd DC sociology (NSS I st year)	Anjitha
27. ejouri Manoharan	II nd DC History	ejouri
28. Alexia johny	I nd DC History	Alexia
29. Sanjanandha V.M	I st DC Economics	Sanjanandha
30. Ananya P.S.	I st DC Economics	Ananya
31. devika	I st DC Economics	devika
32. Bsha Shine	I st DC Home Science	Bsha
33. Aswathy Anil	I st DC Home Science	Aswathy

34	Anshika Afsal	1 st DC B.com(SF)	Anshika Afsal
35	Arsha Gireesh	"	Arsha
36	Arsha Manu	"	Arsha
37	Ashika A	"	Ashika
38	Swiya Saiji	3 rd DC BCOM (F&T)	Swiya
39	Rekha R	2 nd DC BCOM (F&T)	Rakha
40	Vaishnavi Gireesh kumar	2 nd DC sociology	Vaishnavi
41	Reeba Anna Abraham	2 nd DC Eng M2	Reeba
42	Reni. N	2 nd DC Eng M1	Reni
43	Christena. C Raju	2 nd DC English M1	Christena
44	Spencer Reghu	2 nd DC English M1	Spencer
45	Annmary Alex	1 st DC B.com Aided	Annmary
46	Devikrishna. K.B	"	Devikrishna
47	Devananda Santhosh	"	Devananda
48	Sreelakshmi. P	I DC B.com Aided	Sreelakshmi
49	Nandhana Krishnakumar	I DC B.A History	Nandhana
50	Mishaal Josie	I DC B.Com (SF)	Mishaal
51	Devi Kaishna	I DC History	Devi
52	Ambily Vijayan	I DC History	Ambily
53	Sreelakshmi S	I st DC, English M1	Sreelakshmi
54	Azathy Vijay	I st DC, B.com(aided)	Azathy
55	Radhika. B	II nd DC, History	Radhika
56	Selma Rasheed	II nd DC English M1	Selma
57	Sandra Suresh	II nd DC History	Sandra
58	Shreya. G.	II nd DC History	Shreya
59	Aminina Shaji	I st DC Commerce	Aminina
60	Devika Sajeev	I st DC Commerce	Devika
61	M. Karthika	I st DC Commerce	M. Karthika
62	Keerthy. M	I st DC B.com (Aided)	Keerthy
63	Pavithra. M. Nair	I st DC B.com (Aided)	Pavithra
64	Enelia Clevia	II nd DC Computer Science	Enelia
65	Amitha Elit Sam	II nd DC Computer Science	Amitha
66	Pathima. K. A	II nd DC Computer Science	Pathima

67.	Keerthana. G	I st DC B.Lom (Aided)	Keerthana.
68.	Anupama Sudeep	"	Anupama.
69.	Pashni Parnesh	I st DC Home Science	Pashni Parnesh
70.	Akshara Vinod	"	Pashni
71.	Jyothika M	I st DC Home Science	Jyothika.
72.	Dona James	IPnd DC Sociology	Dona
73.	Sumana Vinod	II nd DC Zoology	Sumana.
74.	Joicy James	II nd DC History	Joicy James
75.	Sheby Assac Shaiju	II nd DC English MI	Sheby
76.	Varsha Bright	"	Varsha
78.	Sona. J.S	"	Sona.
79.	Sanika O	I st DC Sociology	Sanika
80.	Madhula Madhu	"	Madhula.
81.	Angeli Jyothi	"	Angeli

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Bishop Chulaparambil Memorial College
Kottayam-686 001



Remya.

SR. DR. REMYA SIMON

AMMATHANEL

SEASON 1

TOPIC : PARENTING

**BISHOP CHULAPARAMBIL MEMORIAL COLLEGE,
KOTTAYAM**

Affiliated to MG University, Kottayam
NAAC Accredited with A+ Grade (CGPA: 3.46)

NATIONAL SERVICE SCHEME

“അമ്മത്തണൽ”

SESSION 1 :

TOPIC: PARENTING

For the Kudumbasree Members in Puthett

Conducted by,
SR BHAGHYA SVM
(Motivational Speaker)

1 DEC 2024 **2.30 pm**

PUTHETT GOV UP SCHOOL, KOTTAYAM

On December 1st, the NSS Unit of BCM College organized a special session focused on motherhood for the members of Kudumbasree, a women’s empowerment initiative. The event was designed to equip women with valuable knowledge and skills related to the responsibilities and challenges of motherhood. The session was an important part of the NSS Unit's ongoing efforts to empower women in the community, fostering a deeper understanding of their roles within the family and society.

The workshop featured a variety of topics related to maternal health, childcare, and emotional well-being. Experts and experienced professionals in the field of maternal care conducted the session, providing insights into the physical and psychological aspects of motherhood. The discussions emphasized the importance of self-care, nutrition, and maintaining a balance between family responsibilities and personal well-being. The program also focused on enhancing the participants' confidence in their roles as mothers and women in society.

The session provided a platform for open discussions, where participants could share their personal experiences, ask questions, and receive advice on how to navigate the challenges of motherhood. The interactive nature of the class allowed for a rich exchange of ideas and experiences, making it a truly enriching session for everyone involved.

Overall, the session was highly beneficial for the Kudumbasree members. It not only helped them gain valuable knowledge but also provided them with the confidence to face the challenges of motherhood with a positive outlook. The NSS Unit of BCM College successfully created a supportive and empowering environment for women, furthering its mission of community service and women's empowerment.

On 3rd December International Day of Persons with Disabilities was celebrated at Maman Mappillai hall, Kottayam. The NSS volunteers reached the venue at sharp 8.30 am. Programme coordinator Sri. Pradeep P had given the basic instructions. Upon receiving that, the volunteers started welcoming and attending the guests. They also helped the organisers to make them settle after the breakfast. The programme started at sharp 10.00 am. At first, Shri Pradeep P welcomed the dignitaries as well as the audience. Next was the felicitation ceremony. The first award was given to Sri. Ranjith D, the sub divisional magistrate of Kottayam who cleared his UPSC test in the very first attempt despite having cerebral palsy by the chief guest Smt. Bincy Sebastian, Kottayam Municipal Council Chairperson. He shared his life experience and a heartfelt message to the people. Also the talents across the district, who made commendable contributions were honoured by the Kottayam District Panchayat President, Smt. K V Bindhu, and Additional District Magistrate Smt. Beena P Ananth. After that the Smt. Beena P Ananth conveyed her regards on the day. Next Smt. K V Bindhu did the presidential address. Then Smt. Bincy Sebastian officially inaugurated the programme and conveyed her greetings. Then the representatives from the differently abled community addressed the challenges they face in the daily life and criticized the government policies that were not implemented in government institutions.

After the conference, it was the time for cultural events. Talents across the district set the stage on fire with their dance and music and mimics. The NSS volunteers were throughout with the organisers onstage and backstage. During the cultural events, the event sponsor, Sri. Tony Vallialil, Achayans Gold Jewellery owner visited the venue. He announced his support for the specially abled community and spend time with the people before departing. At 1.00 pm, the audience was dispersed for lunch. The NSS volunteers served the lunch to the people. After the

lunch the cultural session continued. At 2.30 pm, the validation ceremony started. Sri Pradeep P, programme coordinator welcomed the guests. The chief guest, Kottayam MLA Sri.Thiruvanchoor Radhakrishnan greeted the audience. He mentioned the drawbacks of govt policies and discussed about the ineffective implementation techniques. He interacted with the people before leaving. He also attended in the felicitation ceremony organised after. He appreciated and presented the awards to the students that performed on the stage. The ceremony officially concluded at 3.45 pm. After the programme there was evening break. The NSS volunteers served the tea and snacks. The NSS volunteers had a photo session with the guests and the organisers and then a heartfelt goodbye with the invitation for next year.



RINNF NATURE FILM FESTIVAL

Five NSS volunteers from BCM College participated in the Rain Film Festival, held in Kattappana from December 3-5. The event brought together filmmakers, cinephiles, and cultural enthusiasts to celebrate cinema in its diverse forms. The festival aimed to create a platform for filmmakers to showcase their work, fostering creativity and innovation in the film industry. It featured a wide range of films, including short films, documentaries, and independent productions, highlighting the work of emerging filmmakers and providing a space for discussions and interactions about cinema.

The five NSS volunteers from BCM College played an essential role in ensuring the event's smooth functioning. They assisted with various logistical tasks, including managing the registration process, guiding guests, handling equipment, and coordinating between the filmmakers and the audience. Their dedication and enthusiasm were instrumental in keeping the event organized and running efficiently. The volunteers worked closely with the event organizers to ensure that everything, from screenings to panel discussions, took place on schedule.

In addition to their logistical support, the volunteers gained valuable insights into the world of film festivals. They had the opportunity to interact with filmmakers, actors, and industry professionals, learning about the intricacies of film production, distribution, and promotion. The event also exposed them to a wide range of cinematic styles and narratives, enriching their understanding of film as a medium for storytelling and cultural expression.

Overall, the participation of the NSS volunteers from BCM College in the Rain Film Festival was a rewarding experience. They not only contributed to the event's success but also gained firsthand exposure to the workings of a prestigious film festival, enhancing their skills and knowledge in the field of event management and cinema.



CHRISTMAS CELEBRATION



On December 17, 2024, the NSS Unit of BCM College, Kottayam, organized a heartwarming Christmas celebration in collaboration with the Navajeevan Trust. The event aimed to spread joy, love, and kindness, particularly to the residents of the trust, who were in need of festive cheer. A total of 42 enthusiastic NSS volunteers participated in this special event, contributing their time and effort to make it a memorable occasion.

The day began with volunteers gathering at the Navajeevan Trust, where they were warmly welcomed by the residents. The atmosphere was filled with festive spirit as the volunteers engaged in interactive sessions with the residents, sharing stories, laughter, and songs. The highlight of the day was the distribution of Christmas gifts, which

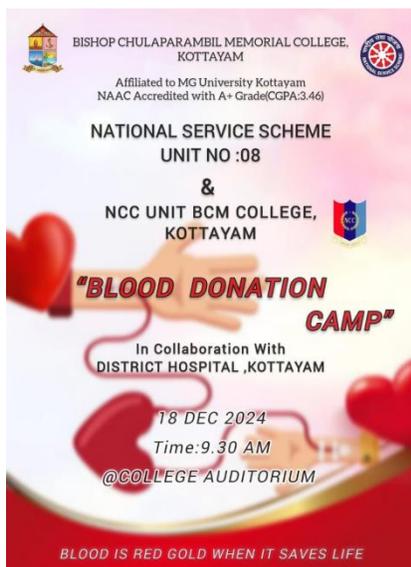
included clothes, toys, and essential items, ensuring that the residents felt special and valued during the holiday season.

In addition to the gifts, the volunteers spent quality time with the residents, listening to their stories and offering companionship, which brought smiles to many faces. The event not only brightened the lives of the residents but also gave the volunteers an opportunity to connect with those in need, fostering a sense of community and compassion.

The Christmas celebration organized by the NSS Unit was a true reflection of the spirit of giving and kindness. It demonstrated the importance of selfless service and the impact that small acts of love and care can have on the lives of others. This event will be remembered as a beautiful expression of the true meaning of Christmas—spreading joy, love, and hope to those who need it most. The volunteers, residents, and the entire community were touched by the warmth and generosity that marked this meaningful celebration.







Blood Donation Camp – December 18, 2024

On December 18, 2024, a successful Blood Donation Camp was organized with the aim of supporting those in need of life-saving blood. The event, held at [location], was a remarkable demonstration of community spirit and altruism. With the growing need for blood donations, this camp played a crucial role in meeting healthcare demands.

A total of 30 dedicated volunteers participated in the camp, demonstrating their commitment to saving lives. Their willingness to donate blood not only highlighted their compassion but also helped make a tangible difference in the lives of many patients requiring blood transfusions.

In total, 37 units of blood were collected during the camp. Each unit has the potential to save multiple lives, and this generous contribution

will benefit hospitals and patients facing emergencies, surgeries, or chronic medical conditions. The camp also provided an opportunity to raise awareness about the importance of blood donation, emphasizing how one simple act of kindness can have a profound impact on the community.

The success of the Blood Donation Camp can be attributed to the combined efforts of the volunteers, the organizing team, and the medical staff who ensured the safe collection of blood. The event was conducted following all necessary health protocols to ensure the safety and well-being of both donors and recipients.

In conclusion, the Blood Donation Camp on December 18 was not only a huge success in terms of participation and blood collection but also a testament to the power of community involvement. The selfless actions of the volunteers will undoubtedly save many lives, making this initiative a noble and impactful endeavor. We extend our heartfelt thanks to all who participated and contributed to this remarkable cause.



BLOOD DONATION CAMP

66

8.12.2024
Wednesday

L.No.	Name	Department	Sign
1	Kesia Elisebeth Babu	II DC History	
2	Aleshia Joshny	"	
3	Parrathy P	"	
4	Anna Thomas	II DC English	
5	Sona J.S	"	
6	Joicy James	II DC History	
7	Vaishnavi Gireesh Kumar	II DC Sociology	
8	Devamondana Shylajon	II DC FACS	
9	Mariya Thomas	II DC Sociology	
10	Aryamol Shaji	"	
11	Geethika Sathesh	"	
12	Sreethy A.S	II DC Chemistry	
13	Majha Rameh	II DC Maths	
14	Archana Manikandan	"	
15	Gouri Manoharan	II DC History	
16	Tuhina Shaji	"	
17	Dora James	II DC Sociology	
18	Mirjana Babbar	II DC Botany	
19	Ruthi Richard	II DC Economics	
20	Dina Thomas	II DC Economics	
21	Rasa Susan Varghese	II DC Physics	
22	Parvathy	"	
23	Selma Rasheed	II DC English M2	
24	Sandra Suresh	II DC History	
25	Radhika B	"	
26	Shreya - G	"	
27	Ashni S	II DC English M2	
28	Meenu R S	" " "	
29	Niruya Srinoo	II DC B.com F & G	
30	Nandhana Suresh	II DC B.com F & G	

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Bishop Chulaparambil Memorial C.M.
Kottayam-686 001



AWARENESS CLASS

Topic: Maintaining good health and refraining from intoxicants

 BISHOP CHULAPARAMBIL MEMORIAL COLLEGE,
KOTTAYAM
AFFILIATED TO MG UNIVERSITY KOTTAYAM
NAAC ACCREDITED WITH A+ GRADE(CGPA:3.46)



NATIONAL SERVICE SCHEME
UNIT NO:08
&
HUMAN VALUES AND
PROFESSIONAL ETHICS CLUB
CONDUCTS
AWARENESS CLASS ABOUT "MAINTAINING GOOD HEALTH
AND REFRAINING FROM ANY KIND OF INTOXICANTS"



SR . DR. LEESA SVM.
COUNSELING PSYCHOLOGIST

 **9 JANUARY 2025**  **1.45 PM**

@COLLEGE AUDITORIUM

The NSS Unit of BCM College, Kottayam, in collaboration with the Human Value and Professional Ethics Club, organized an awareness class on “Maintaining Good Health and Refraining from Intoxicants” on January 9, 2025, at 1:45 pm in the college auditorium. The session was led by Sr. Dr. Leesa SVM, a renowned counseling psychologist.

The class began with Sr. Dr. Leesa emphasizing the importance of maintaining good physical and mental health. She stressed that a healthy lifestyle is essential for overall well-being and productivity. Dr. Leesa then delved into the dangers of intoxicants, highlighting the devastating effects of substance abuse on individuals, families, and society as a whole.

The counseling psychologist provided insightful information on the various types of intoxicants, their short-term and long-term consequences, and the warning signs of addiction. She also shared practical tips on how to refrain from intoxicants, emphasizing the need for self-awareness, self-control, and a supportive network.

Throughout the session, Dr. Leesa engaged the audience with real-life examples, thought-provoking questions, and interactive exercises. The students actively participated, sharing their concerns and seeking guidance on maintaining a healthy lifestyle.

The awareness class concluded with a Q&A session, where Dr. Leesa addressed the students' queries and concerns. The event was well-received by the students, who appreciated the informative and interactive session. The NSS Unit and the Human Value and Professional Ethics Club deserve commendation for organizing this timely and relevant awareness program.



"maintaining good Health And Restraint From Any kind OF Intoxicants"

9/01/2025
week 2

67
SR. LEESA S.V.M

Sl. NO	NAME	DEPARTMENT	Sign
1.	Aayamol shaji	B.A. Sociology	[Signature]
2.	Maetya Thomas	"	[Signature]
3.	Opika Sathesh	"	[Signature]
4.	Tinku Thomas	B.A. Economics	[Signature]
5.	Southy AS	B.Sc. Chemistry	[Signature]
6.	Scholathika Benny	Economics	[Signature]
7.	Ashna A	B.Sc. Chemistry	[Signature]
8.	Vismaya Rajeev	B.Sc. Zoology ISTD	[Signature]
9.	Sarika O	BA sociology	[Signature]
10.	Ashra Shabul Hameed	BA sociology	[Signature]
11.	Bhanya Roy	BA Sociology	[Signature]
12.	LAYA JIJ	B.A. SOCIOLOGY	LAYA
13.	Aisha Gireesh	B.com (SF)	[Signature]
14.	Ardra Manu	B.com (SF)	[Signature]
15.	Anshita Afsal	B.com (SF)	[Signature]
16.	Ashika A	B.Com (SF)	[Signature]
17.	Mishaal Josie	"	[Signature]
18.	Sona J.S	BA English M120	[Signature]
19.	Anna Thomas	"	[Signature]
20.	Arsha Venu	"	[Signature]
21.	Hrudya Anilraj	"	[Signature]
22.	Jasme Josekutty	"	[Signature]
23.	Aleena Saji	B.Sc. Computer Science	[Signature]
24.	Anulakshmi V.S	"	[Signature]
25.	Sethuakshmi M.V	"	[Signature]
26.	Deika Mohan	"	[Signature]
27.	Bhadra Joby	"	[Signature]
28.	Athulya Binu	"	[Signature]
29.	Thamara TS	"	[Signature]
30.	Ahalya Krishnan	B.Sc. Chemistry	[Signature]

68

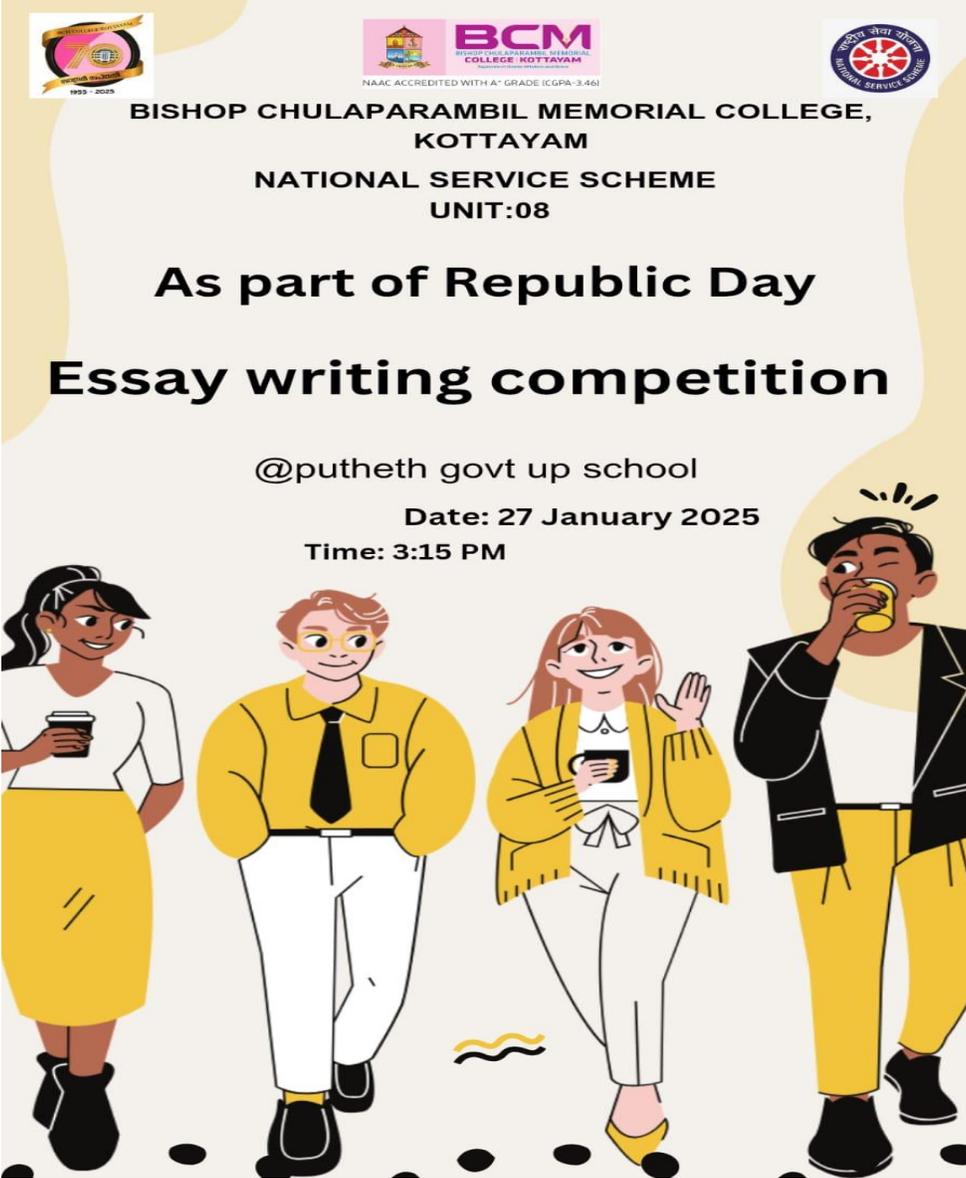
30	Ansoutha N.R	BSc Chemistry	[Signature]
31	Divyendu Dipakumar	"	[Signature]
32	Rameeza Jasmine C.A	BSc computer science	[Signature]
33	Sasmita P	"	[Signature]
34	Saira Sadiq	"	[Signature]
35	Sariga Varghese	"	[Signature]
36	M. Karathi Ravi	B.com (Aided)	[Signature]
37	Keerthi M	B.com "	[Signature]
38	Arvitha shaji	"	[Signature]
39	Devikrishna K.B	"	[Signature]
40	Ann Mary Alex	"	[Signature]
41	Pavithra M. Nair	"	[Signature]
42	Devananda Sarathosh	"	[Signature]
43	Devika Sajeev	"	[Signature]
44	Vanshi Bright	BA English M1(TI.DC)	[Signature]

PROGRAMME OFFICER
National Service Scheme
Unit No. 8
Bishop Chulaparambil Memorial College
Kottayam-686 001



REMY/ASMON

ESSAY WRITING COMPETITION



The poster features a light yellow background with a white wavy border on the left. At the top left is a 70th anniversary logo (1953-2023). In the center top is the BCM College Kottayam logo, which includes a building icon and the text 'BCM BISHOP CHULAPARAMBIL MEMORIAL COLLEGE KOTTAYAM NAAC ACCREDITED WITH A+ GRADE (CGPA-3.46)'. At the top right is the NSS logo with the motto 'सर्वज्ञानं सर्वभूतेषु' and 'NATIONAL SERVICE SCHEME'. Below these logos, the text reads: 'BISHOP CHULAPARAMBIL MEMORIAL COLLEGE, KOTTAYAM', 'NATIONAL SERVICE SCHEME', and 'UNIT:08'. The main title is 'As part of Republic Day Essay writing competition'. Below the title, it says '@putheth govt up school', 'Date: 27 January 2025', and 'Time: 3:15 PM'. At the bottom, there is a cartoon illustration of four diverse students: a girl in a white shirt and yellow skirt holding a coffee cup, a boy in a yellow shirt and white pants, a girl in a yellow cardigan and white pants holding a phone, and a boy in a black jacket and yellow pants drinking from a yellow cup.

**BISHOP CHULAPARAMBIL MEMORIAL COLLEGE,
KOTTAYAM**

**NATIONAL SERVICE SCHEME
UNIT:08**

**As part of Republic Day
Essay writing competition**

@putheth govt up school
Date: 27 January 2025
Time: 3:15 PM

The NSS Unit of BCM College, Kottayam, organized an essay writing competition for UP school students as part of the Republic Day celebrations. The event was held at Puthett Gov UP School on January 27, 2025, at 3:15 pm.

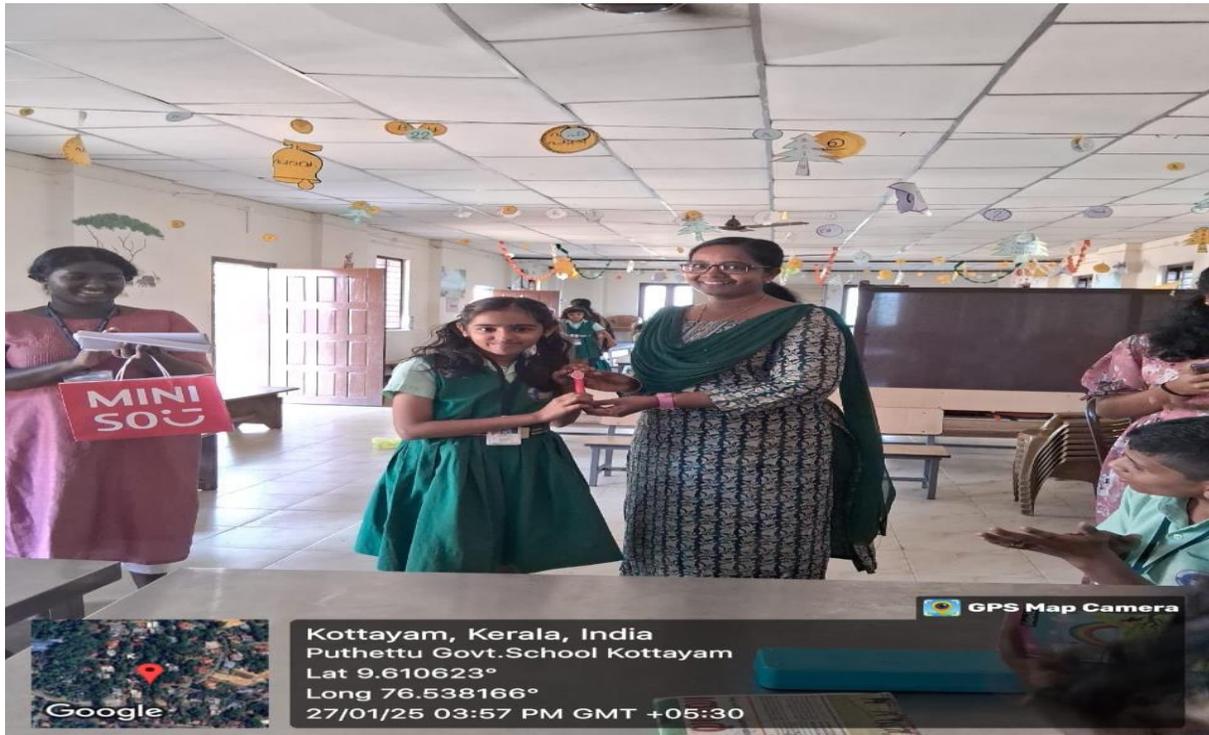
The competition aimed to encourage students to express their thoughts and opinions on the significance of Republic Day and the importance of patriotism. The students were given a set of topics to choose from, and they were required to write a well-structured essay within a specified time frame.

Students from the UP school participated in the competition, showcasing their writing skills and creativity. The essays were judged based on content, language, and presentation.

The NSS volunteers from BCM College, Kottayam, played a crucial role in organizing and conducting the event. They helped with the registration process, distributed the question papers, and ensured that the competition was held in a fair and smooth manner.

The winners of the competition were awarded prizes and certificates of appreciation. The event concluded with a felicitation ceremony, where the winners were honored and the participants were encouraged to continue developing their writing skills. The NSS Unit of BCM College, Kottayam, deserves commendation for organizing this event, which helped to foster patriotism and creativity among the young students.





AWARENESS CLASS

TOPIC: CYBER SECURITY



**BISHOP CHULAPARAMBIL MEMORIAL COLLEGE,
KOTTAYAM**

AFFILIATED TO MG UNIVERSITY, KOTTAYAM
NAAC ACCREDITED WITH A+ GRADE (CGPA: 3.46)



**NATIONAL SERVICE SCHEME
UNIT NO:08**

**AWARENESS CLASS ABOUT:
"CYBER SECURITY"**

 **30 JAN 2025**

 **2.00 PM**

 **COLLEGE AUDITORIUM**



**ARUN KUMAR C S
ASST. SUB INSPECTOR
CYBER POLICE STATION
KOTTAYAM**

The awareness class on cyber security, held on January 30, 2025, at 2.00 pm in the college auditorium, was a resounding success. Arun Kumar CS, Assistant Sub Inspector, Cyber Police Station, Kottayam, led the session, imparting valuable insights and practical tips on cyber security.

Arun Kumar began by highlighting the rapid growth of the internet and the increasing reliance on digital technologies. He emphasized the need for individuals to be aware of the potential risks and threats associated with online activities. The assistant sub inspector provided a comprehensive overview of various types of cybercrimes, including phishing, hacking, and identity theft.

The session was Interactive, with Arun Kumar engaging the audience through real-life examples and case studies. He offered practical advice on how to protect oneself from cyber threats, such as using strong passwords, being cautious when clicking on links, and keeping software up-to-date.

Arun Kumar also stressed the importance of reporting cybercrimes and provided information on the procedures for filing complaints. The audience was encouraged to ask questions, and the assistant sub inspector responded with clarity and expertise.

The awareness class on cyber security was well-received by the audience, who appreciated the informative and engaging session. The event served as a timely reminder of the need for vigilance and awareness in the digital age.



SLNO.	NAME OF THE PARTICIPANT	
1	Salma Shajan	
2	Riya Shibu	
3	Akhila Ganakumar	
4	Sethulakshmi A.N	
5	Ann Maria Sunny	
6	M. Karthika	
7	Devikrishna KB	
8	Devika Sinu	
9	Angelina Pm	
10	Krishna Vijayan	
11	Sujitha K.J	
12	Sreelakshmy CB	
13	Gopika Gocesh	
14	Aniya ABal	
15	Karthika Ashok	
16	Gayathri Ps	
	Joareena T.P	
	Sathy Harish	
	Swini Sudhakarar	
20	Ansa Mathose	
21	Suman Jacob	
22	Jesna Sara Jacob	
23	Sona J-S	
24	Aarya Santhosh	
25	Adithya A.S	
26	Raveelakshmi P	

PROGRAMME OFFICER
National Service
op Chulaparambil Medical College
Kottayam-686 001

2021ambhil Memorial
KOTTAYAM
686 001

DR. P. M. J. S. J.

28	Rujimitha J	
29	Reemol Joseph	
30	Anjaly Krishnan	
31	Ganga K. Krishna	
32	Ashana madhu	
33	Riya J. Thomas	
34	Anjana Baiju	
35	Reena M	
36	Sona hanny	
37	Aleena shijo	
38	Reenu shaji	
40	Catherine Xavier	
41	Myha Bnoi	
42	Deepthy pseudep	
43	Ashana Gishad	
44	Sumana Vinod	
45	Adithya C. Nariv	
46	Aashra J.B	
47	Dana James	
48	Joicy James	
49	Dharami.A	
50	Joacey Thomas	
51	Krishna Santhosh	
52	Engelia chevar	
53	Amitha Elit Sam	
54	Aswathy Sulikumar	
55	Janiya Susan George	
56	Sathima K.A	
57	Asha susan Abraham	
58	Santhi mol Rajas	
59	Nikhitha K Babu	

AWARENESS CLASS:

ANTI DRUGS & ANTI NARCOTICS



The poster features a light blue background with a white and blue wave pattern at the bottom. In the top left corner is a circular logo with the number '70' and the text 'BISHOP CHULAPARAMBIL KOTTAYAM'. In the top right corner is the National Service Scheme logo. The main text is centered and reads: 'BISHOP CHULAPARAMBIL MEMORIAL COLLEGE, KOTTAYAM', 'AFFILIATED TO MG UNIVERSITY, KOTTAYAM', 'NAAC ACCREDITED WITH A+ GRADE (CGPA: 3.46)', 'NATIONAL SERVICE SCHEME', 'UNIT NO: 08', 'AWARENESS CLASS ABOUT:', and '“ANTI-NARCOTICS & ANTI-RAGGING”'. Below this, the date and time are listed: 'July 17 30 JAN 2025' and '2.00 PM', accompanied by a clock icon. The location is 'COLLEGE AUDITORIUM'. On the right side, there is a circular portrait of a man in a police uniform, identified as 'KJ THOMAS DYSP'.

**BISHOP CHULAPARAMBIL MEMORIAL COLLEGE,
KOTTAYAM**
AFFILIATED TO MG UNIVERSITY, KOTTAYAM
NAAC ACCREDITED WITH A+ GRADE (CGPA: 3.46)

**NATIONAL SERVICE SCHEME
UNIT NO: 08**

**AWARENESS CLASS ABOUT:
“ANTI-NARCOTICS & ANTI-RAGGING”**

**July 17 30 JAN 2025
2.00 PM**

COLLEGE AUDITORIUM

**KJ THOMAS
DYSP**

The awareness class on anti-narcotics and anti-ragging, held on January 30, 2025, at 2.00 pm in the college auditorium, was a highly informative and engaging session. KJ Thomas, Deputy Superintendent of Police (DYSP), led the session, sharing his expertise and experiences in combating narcotics and ragging.

The DYSP began by highlighting the alarming rise in substance abuse among youth, emphasizing the devastating consequences of narcotics on individuals, families, and

society. He provided insights into the various types of narcotics, their effects, and the laws governing their use and distribution.

Thomas then shifted his focus to ragging, emphasizing its severe impact on students' physical and mental well-being. He stressed the importance of creating a ragging-free environment in educational institutions, highlighting the role of students, teachers, and parents in preventing and reporting ragging incidents.

Throughout the session, Thomas engaged the audience with real-life examples, statistics, and thought-provoking questions. He encouraged students to make informed choices, resist peer pressure, and seek help when needed. The DYSP also emphasized the importance of reporting incidents of ragging and substance abuse, providing information on the available support systems and helplines.

The awareness class was well-received by the students, who appreciated the informative and interactive session. The event served as a timely reminder of the need for vigilance and awareness in combating narcotics and ragging.



SL NO.	NAME OF THE PARTICIPANT	
1	Satma Shajan	<i>Satma</i>
2	Riya Shibu	<i>Riya</i>
3	Akhila Ganakuman	<i>Akhila</i>
4	Sethulakshmi A.N	<i>Sethul</i>
5	Ann Maria Sunny	<i>Ann</i>
6	Ms. Karthika	<i>Karthika</i>
7	Devikrishna KB	<i>Devika</i>
8	Devika Sinu	<i>Devika</i>
9	Angitha P	<i>Angitha</i>
10	Kaishna Vijayan	<i>Kaishna</i>
11	Sujitha K.J	<i>Sujitha</i>
12	Sreelakshmy CB	<i>Sreelakshmy</i>
13	Gopika Gireesh	<i>Gopika</i>
14	Ansiya ABal	<i>Ansiya</i>
15	Karthika Ashok	<i>Karthika</i>
16	Gayathri P	<i>Gayathri</i>
17	Jeevitha T.P	<i>Jeevitha</i>
18	Swathy Harish	<i>Swathy</i>
19	Sudhakarar	<i>Sudhakarar</i>
20	Ansa Masthose	<i>Ansa</i>
21	Susan Jacob	<i>Susan</i>
22	Jesna Sara Jacob	<i>Jesna</i>
23	Sona J.S	<i>Sona</i>
24	Aanya Santhosh	<i>Aanya</i>
25	Adithya A.S	<i>Adithya</i>
26	Rasulekshmi P	<i>Rasulekshmi</i>

PROGRAMME OFFICER
National Service Authority
Chulaparambil Medical College
Kottayam-686 001

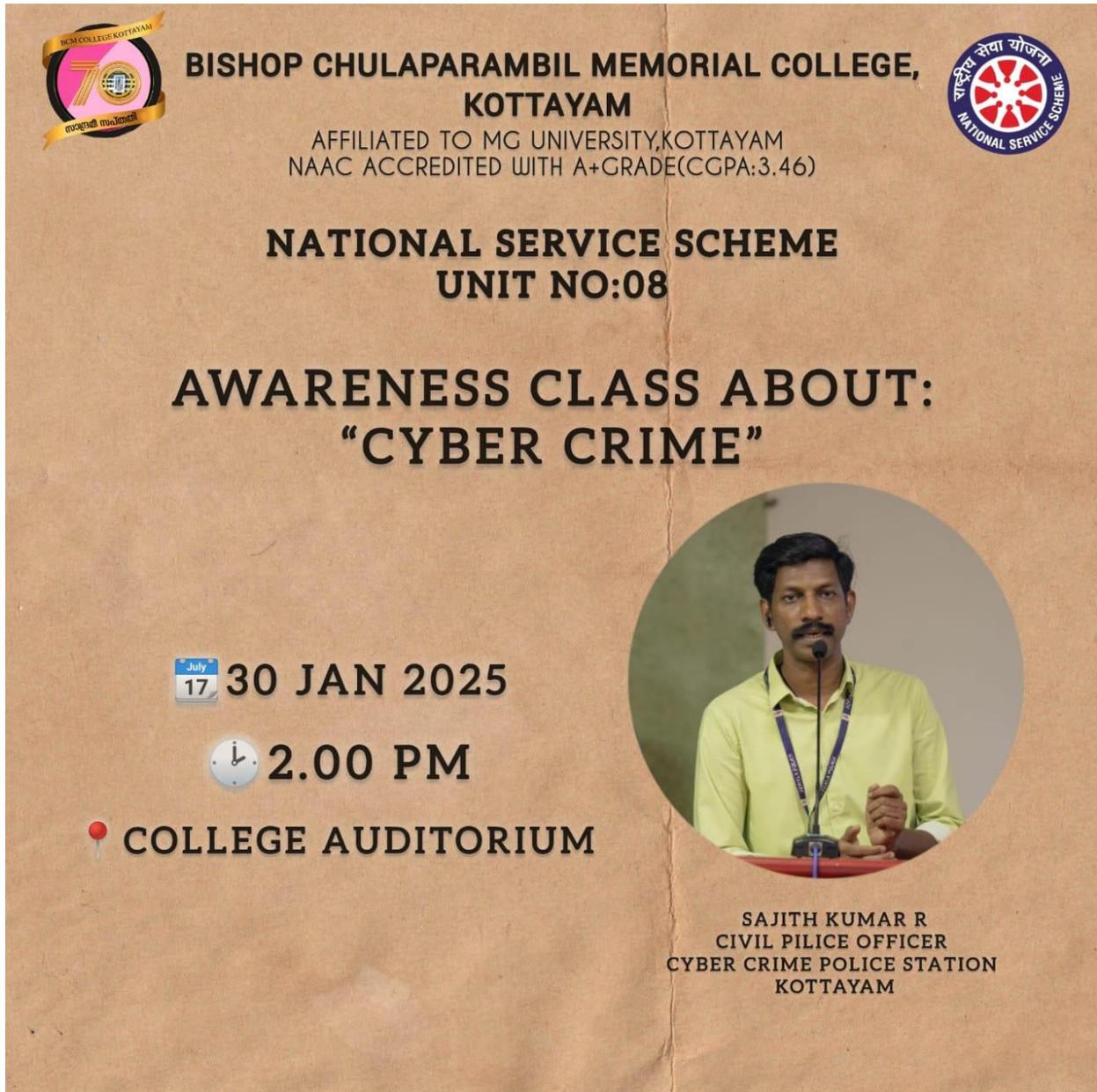


DEPARTMENT

27	Rujimitha	<i>Rujimitha</i>
28	Reemol Joseph	<i>Reemol</i>
30	Anjali Krishnan	<i>Anjali</i>
31	Ganga K. Krishna	<i>Ganga</i>
32	Archana madhu	<i>Archana</i>
33	Riya J. Thomas	<i>Riya</i>
34	Anjana Baiju	<i>Anjana</i>
35	Breana M	<i>Breana</i>
36	Sona Sunny	<i>Sona</i>
37	Alcena Shijo	<i>Alcena</i>
38	Reetu Shaji	<i>Reetu</i>
40	Catherine Xavier	<i>Catherine</i>
41	Mythra Brovi	<i>Mythra</i>
42	Deepthy Pradeep	<i>Deepthy</i>
43	Ashana Anshad	<i>Ashana</i>
44	Sumana Vinod	<i>Sumana</i>
45	Adithya C. Nariv	<i>Adithya</i>
46	Ardas J.B	<i>Ardas</i>
47	Dona James	<i>Dona</i>
48	Joicy James	<i>Joicy</i>
49	Dharmini A	<i>Dharmini</i>
50	Joancy Thomas	<i>Joancy</i>
51	Kaishna Santhosh	<i>Kaishna</i>
52	Enelia Chevar	<i>Enelia</i>
53	Amitha Elit Sam	<i>Amitha</i>
54	Aswathy Salikumar	<i>Aswathy</i>
55	Janiya Susan George	<i>Janiya</i>
56	Pathma K.A	<i>Pathma</i>
57	Susan Abraham	<i>Susan</i>
58	Asha Swathi Rajas	<i>Asha</i>
59	Nikitha K Babu	<i>Nikitha</i>



AWARENESS CLASS: CYBERCRIME



**BISHOP CHULAPARAMBIL MEMORIAL COLLEGE,
KOTTAYAM**
AFFILIATED TO MG UNIVERSITY, KOTTAYAM
NAAC ACCREDITED WITH A+ GRADE (CGPA: 3.46)

**NATIONAL SERVICE SCHEME
UNIT NO: 08**

**AWARENESS CLASS ABOUT:
"CYBER CRIME"**

 **30 JAN 2025**

 **2.00 PM**

 **COLLEGE AUDITORIUM**

**SAJITH KUMAR R
CIVIL POLICE OFFICER
CYBER CRIME POLICE STATION
KOTTAYAM**

The awareness class on cybercrime, held on January 30, 2025, at 2.00 pm in the college auditorium, was a highly informative and engaging session. Sajith Kumar R, Civil Police Officer, Kottayam, led the session, sharing his expertise and experiences in combating cybercrime.

Sajith Kumar began by highlighting the rapid growth of the internet and the increasing reliance on digital technologies. He emphasized the need for individuals to be aware of the potential risks and threats associated with online activities. The civil police officer provided a comprehensive overview of various types of cybercrimes, including phishing, hacking, identity theft, and online harassment.

The session was Interactive, with Sajith Kumar engaging the audience through real-life examples and case studies. He offered practical advice on how to protect oneself from cyber threats, such as using strong passwords, being cautious when clicking on links, and keeping software up-to-date. Sajith Kumar also stressed the importance of reporting cybercrimes and provided information on the procedures for filing complaints.

The audience was encouraged to ask questions, and Sajith Kumar responded with clarity and expertise. The awareness class on cybercrime was well-received by the students, who appreciated the informative and engaging session. The event served as a timely reminder of the need for vigilance and awareness in the digital age.



SL. NO.	NAME OF THE PARTICIPANT	Signature
1	Keziah Anna Sunil	Keziah
2	Dana Benny	Dana
3	Ashna A	Ashna
4	Justhy A.S	Justhy
5	Mazha Remesh	Mazha
6	Saniya Mariam Siju	Saniya
7	Sandra Sunil	Sandra
8	Aichano Manikandan	Aichano
9	Nandana Anilkumar	Nandana
10	Aranya M.R	Aranya
11	Kaathy M	Kaathy
12	Nandana Suman	Nandana
13	Phurina Siju	Phurina
14	Proo Mary Alex	Proo
15	Aranya M	Aranya
16	Reeba Suman Abraham	Reeba
17	Meenu RS	Meenu
18	Kunal	Kunal
19	Ashai S	Ashai
20	Utsav Aji	Utsav
21	Gopika Gopi	Gopika
22	Shreelakshmi Prakash	Shreelakshmi
23	Anshu M	Anshu
24	Shreelakshmi S.S	Shreelakshmi
25	Ragendu M	Ragendu
26	Maavika Sandhorh	Maavika
27	Gayathri R	Gayathri
28	ANISHA R	Anisha
29	NEHA RAJU	Neha
30	Jasril Devanjan	Jasril
31	A Pra Aysa	A Pra
32	Aranya M.S	Aranya
33	Divya Ameen	Divya
34	Sree Lakshmi J. Krishnan	Sree Lakshmi
35	Ruthra M. Nair	Ruthra
36	Devananda Sathesh	Devananda

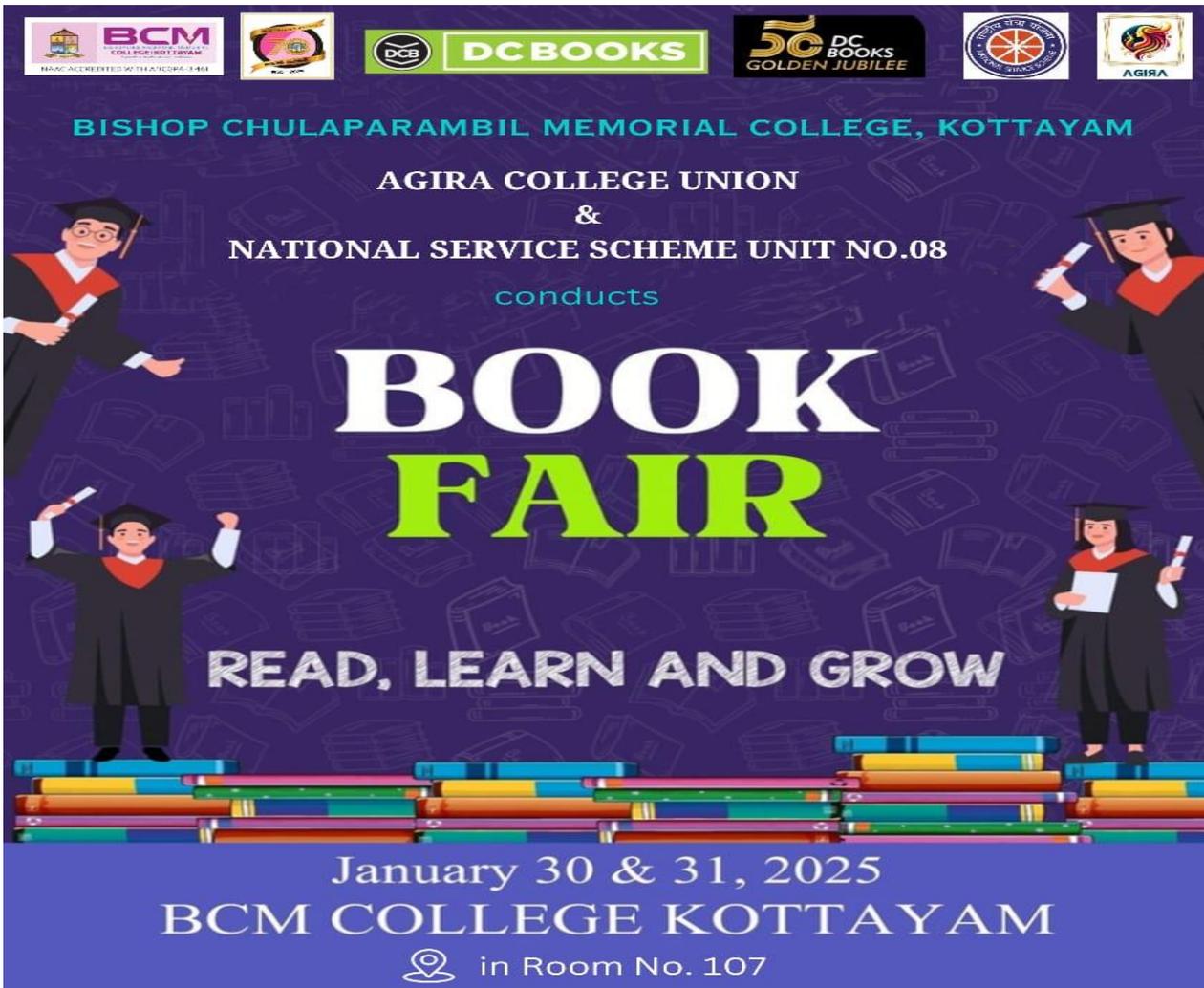
RAMME OF ICER
and Service Sector
Unit No: 8
paranagar, Jemmal College
Tayam-666 052 2

DP CHURCH SCHOOL
K. V. M. N. S.
K. V. M. N. S.
K. V. M. N. S.

37	Aswathy Anand	Aswathy
38	Asya C.S	Asya
39	Sandra S	Sandra
40	Anakha Mohandas	Anakha
41	Devananda NK	Devananda
42	Binsha K	Binsha
43	Gayathri T	Gayathri
44	Ajanya Anil	Ajanya
45	Mayookha S.Mary	Mayookha
46	Abhaya kaisaran	Abhaya
47	Anomina R.S	Anomina
48	Aadha Subhasan	Aadha
49	Devipriya M.S	Devipriya
50	Nandana Sunil	Nandana
51	Sumanamol B	Sumanamol
52	Layalam Joshy	Layalam
53	Anoma C Sathesh	Anoma
54	Divyendu Dipakumar	Divyendu
55	Sandhya Sathesh	Sandhya
56	Amrutha N.R	Amrutha
57	Anakha Chirath	Anakha
58	Elizabeth Binu Joseph	Elizabeth
59	Sonachacko	Sonachacko
60	Ananya Shibu	Ananya
61	Divya D	Divya
62	Sumitha P.S	Sumitha
63	Alisha Asul	Alisha
64	Binu Sathya	Binu
65	Sandya R	Sandya
66	Aiswarya K.S	Aiswarya
67	Soval R	Soval
68	Annu Senthosh	Annu
69	Nandana Iva	Nandana
70	Asha mel Joseph	Asha
71	Vishwamini Vinod	Vishwamini
72	Anupama Anil	Anupama
73	Selma Rasheed	Selma
74	Gayathri Anil	Gayathri
75	Lakshmi Jeyakrishnan	Lakshmi
76	Shweta pand	Shweta
77	Sacha Krishnan	Sacha
78	Ansha Kabeer	Ansha

ANANDOSEI
K. V. M. N. S.
K. V. M. N. S.

BOOK FAIR

A vibrant purple poster for a book fair. At the top, there are logos for BCM (Bishop Chulaparambil Memorial College), DC Books (50th Golden Jubilee), and AGIRA. Below the logos, the text reads: "BISHOP CHULAPARAMBIL MEMORIAL COLLEGE, KOTTAYAM", "AGIRA COLLEGE UNION & NATIONAL SERVICE SCHEME UNIT NO.08 conducts". The main title "BOOK FAIR" is prominently displayed in white and green. Below the title, it says "READ, LEARN AND GROW". The bottom of the poster features the dates "January 30 & 31, 2025", the location "BCM COLLEGE KOTTAYAM", and "in Room No. 107". The background is decorated with illustrations of graduates in black gowns and caps, and stacks of colorful books. The overall theme is educational and celebratory.

BCM
COLLEGE UNIT PROGRAM
HASC ACCREDITED WITH A NCQA 3-4B

DCS **DCBOOKS**

50 DC BOOKS
GOLDEN JUBILEE

AGIRA

BISHOP CHULAPARAMBIL MEMORIAL COLLEGE, KOTTAYAM

AGIRA COLLEGE UNION
&
NATIONAL SERVICE SCHEME UNIT NO.08
conducts

BOOK FAIR

READ, LEARN AND GROW

January 30 & 31, 2025
BCM COLLEGE KOTTAYAM
in Room No. 107

For More details
+91 9847139534, +91 9946109655
All are welcome

www.dcbooks.com | www.dcbookstore.com

A two-day book fair was organized by Agira Union, BCM College, Kottayam, and the NSS Unit of BCM College, Kottayam, in association with DC Books on January 30 and 31, 2025, at the BCM College campus.

The book fair was inaugurated on January 30, 2025, and was open to students, faculty members, and the general public. The fair featured a vast collection of books across various genres, including fiction, non-fiction, self-help, and children's literature. The stalls were well-organized, and the books were neatly displayed, making it easy for visitors to browse and select their favorite titles.

The book fair attracted a large number of visitors, including students, teachers, and book lovers from the local community. The visitors were delighted to find a wide range of books at discounted prices, and many took advantage of the opportunity to purchase books at affordable rates.

The organizers of the book fair, including the Agira Union, NSS Unit, and DC Books, deserve commendation for their efforts in promoting reading and literacy among students and the general public. The book fair was a resounding success, and it is hoped that such events will be organized in the future to promote the love of reading and learning.



AWARENESS CLASS

 **BISHOP CHULAPARAMBIL MEMORIAL COLLEGE,
KOTTAYAM** 

NATIONAL SERVICE SCHEME UNIT NO:08
&
CENTRE FOR WOMEN EMPOWERMENT

Conduct a session on
Cancer & Menstrual Awareness



MUHAMMED YOOSUF
*State Secretary -Medicon
(Medical Students Collective)*

06 February 2025
Time: 1:30pm

 **Sr. Savio Hall**

The National Service Scheme (NSS) conducted a session on "Cancer and Menstrual Cycle Awareness" on February 6, 2025. The session was led by Muhammed Yoosuf, State Secretary of Medicon, who shared his expertise on the topic.

The session aimed to educate the participants about the importance of menstrual cycle awareness and its relation to cancer. Muhammed Yoosuf explained how irregular menstrual cycles can be an early indicator of various health issues, including cancer. He emphasized the need for women to be aware of their menstrual cycles and to seek medical attention if they notice any irregularities.

The session also focused on the importance of early detection and prevention of cancer. Muhammed Yoosuf discussed various methods of cancer screening and prevention, including self-examination, mammography, and HPV vaccination. He stressed the need for women to take charge of their health and to seek regular check-ups.

The participants actively engaged with Muhammed Yoosuf, asking questions and sharing their concerns. The session was highly informative and interactive, providing the participants with a deeper understanding of the importance of menstrual cycle awareness and cancer prevention. Overall, the session was a huge success, and the NSS unit plans to conduct more such sessions in the future.



BISHOP CHULAPARAMBIL MEMORIAL COLLEGE, KOTTAYAM

CENTRE FOR WOMEN EMPOWERMENT
AWARENESS SESSION ON "CANCER AND MENSTRUAL
AWARENESS"

06 February 2024

1-30 PM

SL No.	NAME	CLASS	Signature
1-	Anna Mary Mathew	I nd PG Statistics	<i>[Signature]</i>
2	Harsha M.S	I nd PG statistics	<i>[Signature]</i>
3	Anusima Ajith	I nd PG statistics	<i>[Signature]</i>
4	Dona Maria Jose	I nd PG statistics	<i>[Signature]</i>
5	Thaggiba Thaha	I nd PG statistics	<i>[Signature]</i>
6	Noutiya Nourhad	I nd PG statistics	<i>[Signature]</i>
7.	Amiya Fathima	I nd PG statistics	<i>[Signature]</i>
8	Nofia Madhu	I nd PG statistics	<i>[Signature]</i>
9	Anusima S	I nd PG mathematics	<i>[Signature]</i>
10	Arunal Togi	"	<i>[Signature]</i>
11	Vijayeswari S	"	<i>[Signature]</i>
12.	Alina P	"	<i>[Signature]</i>
13.	Navya P	"	<i>[Signature]</i>
14.	Hridya KC	"	<i>[Signature]</i>
15.	Nedha Saleem	"	<i>[Signature]</i>
16	Aarba Gureeb	I st B.com (SI)	<i>[Signature]</i>
17	Ann Mary Bobby	"	<i>[Signature]</i>
18	Aadra Manu	"	<i>[Signature]</i>
19	Aruba K.S	"	<i>[Signature]</i>
20	Anshika Alsai	"	<i>[Signature]</i>
21	Sania Insa Robert	"	<i>[Signature]</i>
22	Ninshia Nana	"	<i>[Signature]</i>
23	Sreelakshmi Vinod	"	<i>[Signature]</i>
24	Nima S	"	<i>[Signature]</i>
25	Sanasha Saji	"	<i>[Signature]</i>
26.	Adarsha adarshakumar	I st Economics	<i>[Signature]</i>
27	Anshara PS	"	<i>[Signature]</i>

RABIES FREE KOTTAYAM

The NSS unit of BCM College actively participated in the inauguration program for "Rabies Free Kottayam" on February 14th, 2025, at Mamanmappilai Hall. The program aimed to address the need for scientific street dog control and emphasized the importance of a practical approach.

The event was chaired by SMT. J. Chinchu Rani, Minister of Animal Husbandry and Dairy Development, and was inaugurated by respected Central Minister George Kurian. The topic of scientific street dog control was dealt with in detail, highlighting the need for a multi-faceted approach to address the issue.

The NSS unit of BCM College is committed to supporting this cause and promoting awareness about scientific street dog control. A team of 10 volunteers from the college participated in the program, demonstrating their dedication to the cause.

The inauguration program marked the beginning of a concerted effort to make Kottayam rabies-free. The NSS unit of BCM College will continue to work towards this goal, promoting awareness and supporting initiatives that aim to control the street dog population in a scientific and humane manner. The college's involvement in this initiative demonstrates its commitment to social responsibility and community service.



OLD AGE HOME VISIT



BISHOP CHULAPARAMBIL MEMORIAL,
COLLEGE

NATIONAL SERVICE SCHEME

UNIT NO: 08



OLDAGE HOME VISIT

Date: 22/02/2025
Time: 10:00 AM

Venue: Shanthibhavan
Kottayam

The volunteers of the National Service Scheme (NSS) visited the Shanthi Bhavan Old Age Home in Kottayam on February 22, 2025, at 10 am. The visit was a heartwarming experience for the volunteers, who interacted with the elderly residents and brought joy to their lives.

The volunteers spent quality time with the residents, engaging in conversations, sharing stories, and listening to their experiences. They also presented the residents with gifts, such as clothing, fruits, and other essentials. The residents were visibly delighted by the gestures and expressed their gratitude to the volunteers.

The visit was an eye-opener for the volunteers, who realized the importance of caring for the elderly and showing them love and respect. They learned about the challenges faced by the residents and the need for support and companionship. The volunteers also gained valuable insights into the importance of empathy, compassion, and social responsibility.

The visit to the old age home was a fulfilling experience for the NSS volunteers, who felt a sense of satisfaction and joy in bringing happiness to the lives of the elderly residents. The visit reinforced the importance of community service and the need to care for the vulnerable sections of society.



EYE CARE CAMP

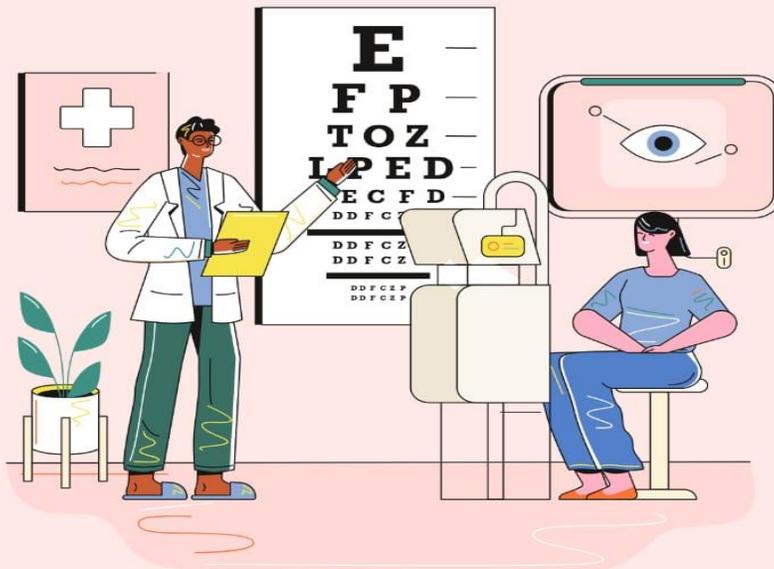


**BISHOP CHULAPARAMBIL MEMORIAL,
COLLEGE
NATIONAL SERVICE SCHEME
UNIT NO:08**



**IN ASSOCIATION WITH VASAN EYE CARE
HOSPITAL**

EYE CARE CAMP



**DATE: 25 FEBRUARY 2025
TIME: 10:30 TO 2:00 PM**

@ ROOM NO: 107

The NSS unit of BCM College, Kottayam, organized a successful eye care camp in association with Vasan Eye Care Hospital on February 25, 2025. The camp was held from 9:30 am to 2:30 pm and provided free eye check-ups and consultations to the participants.

A team of experienced doctors and optometrists from Vasan Eye Care Hospital conducted the eye check-ups, providing comprehensive eye examinations, including vision testing, refraction, and retinoscopy. The camp also offered free distribution of spectacles to those who required them.

The eye care camp was well-attended, with a large number of students, staff, and local community members participating in the event. The NSS volunteers played a crucial role in organizing the camp, ensuring its smooth execution, and providing assistance to the participants.

The eye care camp was a significant initiative by the NSS unit of BCM College, aiming to promote eye health awareness and provide accessible eye care services to the community. The event was a huge success, and the NSS unit plans to conduct more such camps in the future, reinforcing its commitment to community service and social responsibility.





25.02.2025

Tuesday

9:30 -

Sl.No	NAME OF PARTICIPANTS	DEPARTMENT / OTHERS	Sign
1	AKASHYA . M	English I Year (CL)	<i>[Signature]</i>
2	Tisha mol shaji	History I DC	<i>[Signature]</i>
3	Gouri Maho Manaharan	History I DC	<i>[Signature]</i>
4	Dona James	Sociology I DC	<i>[Signature]</i>
5	JOLLY James	History I DC	<i>[Signature]</i>
6	Ajuna Am Biju	Commerce I DC	<i>[Signature]</i>
7	Sona J.S	English I DC	<i>[Signature]</i>
8	Varsha Bright	English I DC	<i>[Signature]</i>
9	Sr. Remya Simon	Chemistry (ASB)	<i>[Signature]</i>
10	Anamika . R.M	Chemistry I DC	<i>[Signature]</i>
11	Luke Lean Kurian	Physical education	<i>[Signature]</i>
12	Ashna shahu	Sociology I DC	<i>[Signature]</i>
13	Santka . O	Sociology I DC	<i>[Signature]</i>
14	Anjali Jyothy	Sociology I DC	<i>[Signature]</i>
15	Gouri . R	Sociology I DC	<i>[Signature]</i>
16	Krishnendhu . ks	Sociology I DC	<i>[Signature]</i>
17	Devi Krishna	History I DC	<i>[Signature]</i>
18	Laya	Sociology I DC	LAYA
19	Jwala mariya	maths PG II	<i>[Signature]</i>
20	APARNA .S. NDIR	maths II PG	<i>[Signature]</i>
21	Vageswari	maths II PG	<i>[Signature]</i>
22	Arundha	maths II PG	<i>[Signature]</i>
23	Devika	commerce I DC	<i>[Signature]</i>
24	Sanjana . M. Pat	commerce 1 st DC	<i>[Signature]</i>
25	Arunima shaji	"	<i>[Signature]</i>
26	Anamika shaji	"	<i>[Signature]</i>
27	Rutaida R.	"	<i>[Signature]</i>
28	Keerthi M	"	<i>[Signature]</i>
29	Hanna Jose	"	<i>[Signature]</i>
30	Arya CS	Sociology 1 st DC	<i>[Signature]</i>
31	Bhargya Roy		<i>[Signature]</i>

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Sl.No	Name	Department / others	Sign
32	Aleena Sebastian	Sociology 1 st DC	<i>[Signature]</i>
33	nicthila madhu	"	<i>[Signature]</i>
34	Tarjisa kuruvile	Zoology (L.A)	<i>[Signature]</i>
35	Chingu Philip	Botany (L.A)	<i>[Signature]</i>
36	Devika Sajeev	Commerce 1 st DC	<i>[Signature]</i>
37	Gopika Sathesh	Sociology 1 st DC	<i>[Signature]</i>
38	Vismaya Suresh	Sociology 1 st DC	<i>[Signature]</i>
39	Ajanyya Anil	Zoology 1 st DC	<i>[Signature]</i>
40	Elizabeth V. Thoni	physics dept.	<i>[Signature]</i>
41	Biritha K.	Zoology 1 st DC	<i>[Signature]</i>
42	Bijoy	English dept.	<i>[Signature]</i>
43	Thomas Joseph	outlets	<i>[Signature]</i>
44	Angela Aju	St. Ann's school	<i>[Signature]</i>
45	Karica Suroaj	"	<i>[Signature]</i>
46	Schalekha Benny	BCM College Co 1 st DC	<i>[Signature]</i>
47	Krishna Prage R	Bc computer science 2 nd	<i>[Signature]</i>
48	Hrudya Anilraj	BA English M2	<i>[Signature]</i>
49	Melha Binai	History 1 st DC	<i>[Signature]</i>
50	Elia Jose	Commerce 1 st DC	<i>[Signature]</i>
51	M. sandhana	Commerce 1 st DC	<i>[Signature]</i>
52	Amala Sibu	Commerce "	<i>[Signature]</i>
53	Aadha B	"	<i>[Signature]</i>
54	Araavani	"	<i>[Signature]</i>
55	Ashwathy Atholam	"	<i>[Signature]</i>
56	Arjana Ajith	"	<i>[Signature]</i>
57	Saumya mol B	"	<i>[Signature]</i>
58	Adithya Reghu	Commerce 1 st DC	<i>[Signature]</i>
59	Manjitha Sood Kucilan	"	<i>[Signature]</i>
60	Sruya Saji	"	<i>[Signature]</i>
61	paridreca M. Nair	1 st DC	<i>[Signature]</i>
62	Devanandha Santosh	"	<i>[Signature]</i>

62.	Aisha V.R	mathe mathe 1 st yr	
64.	Aranya A.R		
65.	Devavinodhini	B.A English 1 st yr	
66.	Ashwini Radheep	" "	
67.	Mamun.RS	" "	
68.	Aishwari	commerce 1 st yr	
69.	Reeba Anna Abraham	B.A English 1 st yr	
70.	Divya P	commerce 1 st yr	
71.	Gangathi R	computer science 1 st yr	
72.	Asha Aysha	" "	
73.	Alamni Joseph	commerce 1 st yr	
74.	Ananya Sudheep	" "	
75.	Ashalya Koththa	chemistry 1 st yr	
76.	Devipriya	" "	
77.	Sanjana Syle	commerce 1 st yr	
78.	Volada P.R	" "	
79.	Indulekha S. Nair	B.A 1 st yr	
80.	Akhila Anand	" "	
81.	Ashna	" "	
82.	Deviha VS	mathe dept 1 st yr	
83.	Aparna	mathe dept 1 st yr	
84.	Alicia	" "	
85.	Ashwini Lalitha	1 st yr English	
86.	Salalekhi S	Home science 1 st yr	
87.	parvathy Sugan	" "	
88.	Salalekshmi R	" "	
89.	Swarna Anni	English 1 st yr	
90.	Alicia Rose	mathe 1 st yr	
91.	Daya mal	" "	
92.	Karthi Sankar	B.A. can self 1 st yr	
93.	Michael	MSW dept	
94.	Dalry chandley		

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95.	Anchal Babu George	mathe 1 st yr	
96.	Sreelaxi S	MSW dept	
97.	Azubab Jain	B.A. com 1 st yr	
98.	Selva lakshmi	B.A. comp. sci	
99.	Alicia Sybil	" "	
100.	Anulakshmi V.S	" "	
101.	Sreelakshmi K.S	" "	
102.	Alicia Rajeev	Sociology 1 st yr	
103.	Sreelakshmi	2 nd yr Home science	
104.	Suara Jacob	English 1 st , 1 st yr	
105.	Deena San Jacob	" "	
106.	Karthi Koththa	" "	
107.	Idanna S	ESSE	
108.	Dhruva Sireetha	" "	
109.	Nidhupriya	B.A. English 1 st yr	
110.	Riya Rajan	English 1 st yr	
111.	Rakshita K.A	computer science 1 st yr	
112.	Amitha Elit-Lans	" "	
113.	Aishwarya	English 1 st yr	
114.	Aishwariya	Computer science 1 st yr	
115.	Ashwini V.S	Sociology 1 st yr	
116.	Anja Chirya	English 1 st yr	
117.	Sa. Anasuya	Library	
118.	Li. Babu	Library	
119.	Kavitha V	English 10C	
120.	Mia	MSW	
121.	Janya Susan George	B.A. CS	
122.	Asha Susan Abraham	" "	
123.	Shruti Chennan	" "	
124.	Sriya Kysia	Office staff	
125.	Sudha Suresh	1 st yr Post history	
126.	Anamika	B.A. 1 st yr sociology	

	name	dept	sign
159	rajanya TE	BSC Elec	[Signature]
160	Riya Nibha	BSC Elec	[Signature]
161	Anshu Chaturvedi	BSC Elec	[Signature]
162	Sona Saha	"	[Signature]
163	Priyanshika Prasad	3rd Sem	[Signature]
164	Nandana Shaha	"	[Signature]
165	Arora Anamika	"	[Signature]
166	Aranya R Nay	BSC Elec	[Signature]
167	Kartika Vika	"	[Signature]
168	Ashika Shikha	"	[Signature]
169	Divyansha Sripakmar	"	[Signature]
170	Alitha Anil	BSC Elec	[Signature]
171	Ashwani Anilkumar	BSC Maths	[Signature]
172	Sandya Sani	"	[Signature]
173	Anika Alial	BSC Commerce	[Signature]
174	Maitavika Sathish	"	[Signature]
175	Anika R	"	[Signature]
176	Diya Nazam	BSC Elec	[Signature]
177	Ravi Shaji	"	[Signature]
178	Ajitha Sajee A	BSC Commerce	[Signature]
179	Jyoti Sankaraj	"	[Signature]
180	Neha Shekhara	"	[Signature]
181	Anshika P	"	[Signature]
182	Anusha M	"	[Signature]
183	Danika Subash	"	[Signature]
184	Pargansalika	"	[Signature]
185	Ananya P	"	[Signature]
186	Shreya Suresh	BSC Biology	[Signature]
187	Manya Thomas	"	[Signature]
188	Arunal Shaji	"	[Signature]
189	Adithya A	BSC Computer Science	[Signature]
190	Ayaan Sathish	"	[Signature]

	name	dept	sign
91	Harshika Kulkarni	BSC Sociology	[Signature]
92	Anamika Sunny	BSC "	[Signature]
93	Anurag A J Kulkarni	"	[Signature]
94	Riya G	BSC History	[Signature]
95	Surya Esh	English	[Signature]
96	Ivy Shantay	English	[Signature]
97	Mina M	"	[Signature]
98	Ashwini	BSC English	[Signature]
99	Dr. Riya Anand Kulkarni	BSC English	[Signature]
100	Mina Alor	"	[Signature]
101	Harsha Mal Kulkarni	BSC Sociology	[Signature]
102	Sanya Sany	"	[Signature]
103	Shruti J R	"	[Signature]
104	Shruti P/esh	"	[Signature]
105	Harshika Suresh	"	[Signature]
106	Chiranjeevi Kulkarni	BSC Sociology	[Signature]
107	Pooja Thomas	"	[Signature]
108	Harshika Kulkarni	BSC Anna	[Signature]
109	Sandhya Mal C S	"	[Signature]
110	Alicha Shikha	"	[Signature]
111	Navya Rose	I or History	[Signature]
112	Anusha	"	[Signature]
113	Harshika Kulkarni	"	[Signature]
114	Ananya K P	II or Botany	[Signature]
115	Ananya P S	II or Commerce	[Signature]
116	Nandhana A	"	[Signature]
117	Jane James	office staff	[Signature]
118	Rishi R Sany	"	[Signature]
119	Anusha V S	II or Commerce	[Signature]
120	Devika Saji	"	[Signature]
121	Krishna Raju	I or Commerce	[Signature]
122	Divya Kulkarni	I or Commerce	[Signature]

