



BCM
BISHOP CHULAPARAMBIL MEMORIAL
COLLEGE | KOTTAYAM
Sapientia et Gratia-Wisdom and Grace



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JUNE 2025

BISHOP CHULAPARAMBIL
MEMORIAL COLLEGE

B.C.M.COLLEGE FOR WOMEN
KOTTAYAM ESTD. 1955

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JUNE, 2025



BCM

BISHOP CHULAPARAMBIL MEMORIAL
COLLEGE | KOTTAYAM

Sapientia et Gratia-Wisdom and Grace

NAAC ACCREDITED WITH A' GRADE (CGPA-3.46)

OUR TORCH BEARERS

Mar Alexander Chulaparambil

Bishop of Kottayam (1914-51)
Visionary whose dream realised in
Bishop Chulaparambil Memorial College,
Kottayam

Mar Thomas Tharayil

Bishop of Kottayam (1951-74), Founder

Mar Mathew Moolakkatt

Metropolitan Archbishop of the
Archeparchy of Kottayam.
Patron

Mar Joseph Pandarasseril

Proto Syncellus, Archeparchy of Kottayam
Chairman, Governing Body,
BCM College Kottayam

Rev. Fr. Abraham Parambett

Manager

Dr.T M Joseph

Pro- manager

Prof. Dr. Thomas K. V.

Principal

Dr. Annu Thomas

Vice Principal

Ms Priya Thomas

Vice Principal

Rev. Fr. Philmon Kalathra

Secretary, Corporate Education Agency of
Colleges, Archeparchy of Kottayam and
Bursar, BCM College, Kottayam

ABOUT THE COLLEGE

Bishop Chulaparambil Memorial College, Kottayam, established in 1955, was founded by Mar Thomas Tharayil in fulfillment of the vision of his predecessor, Mar Alexander Chulaparambil. Dedicated to the education and empowerment of young women, the college upholds the motto "*Sapientia Et Gratia*" — *Wisdom and Grace*.

True to its founding ideals, BCM College is committed to nurturing the holistic development of its students — not only through academic excellence but also by cultivating the skills, values, and global competencies essential in today's world.

The institution strives to unlock the full potential of every student, equipping them to meet contemporary challenges with confidence and integrity.

As a vibrant academic community, lovingly known as the BCM family, the college stands as a beacon of truth, justice, and social responsibility. Deeply rooted in its mission, BCM continues to inspire both teachers and students to uphold strong values and to remain committed to the upliftment of society, especially the marginalized and the needy.



EDITORIAL

"And now let us welcome the new year, full of things that have never been."

— Rainer Maria Rilke

Fresh starts are often a mix of excitement and uncertainty. As we shift from that vacation ease to structured days, our campus comes alive again, with new faces alongside familiar ones. We are reminded of how we felt when we first stepped onto the campus, not knowing what was in store. A new academic year is much more than a schedule change, it is the beginning of a new phase in your academic and personal life.

Each year is a chance for you to do something new, or continue doing what you love. Maybe last year was good for you, perhaps it wasn't. But the point is not to give up; because that is how we grow. Each win and loss, teaches us something new, and we discover parts of ourselves that we thought weren't there. College is much more than lectures and exams; we discover our interests, what motivates us, and what we want to do. It helps us find and nurture connections for a lifetime, where friendships and inside jokes are born.

For this year, find what speaks to you as a person. Whether it is a new music artist, a series, a new work of fiction, an article on the internet, or even a new art style -find

something that makes you feel you. Enjoy it, embrace it, cherish it. Attend lectures. Find out how things are the way they are.

Ask questions. Voice your opinions. Ask for help when it is hard, show up for something you love, and find your inspiration. Growth doesn't happen quickly. It happens slowly-taking care of yourself, working towards your goals, and believing in your dream even when everything seems hard. So, don't beat yourself up when things don't go your way. Take a deep breath in, be patient, and continue. Trust that your efforts are making something meaningful, however small they may be.

This journey isn't about just earning a degree---it's about finding your purpose, your passion. You're working towards the future that you have always dreamed of. And this year might be the one where you make the first step on it.

So, make this year yours.

Wishing you courage, clarity, and conviction for the year ahead.

From Editorial Desk;

Harsha Susan Benoy, II DC English, Media Studies
Evelyn T Mathew, II DC English, Media Studies
Afra Aysha, II DC Computer Science

BON RETOUR: A GRAND RETURN AS COLLEGE REOPENS WITH RENEWED SPIRIT

The college reopened on June 2, 2025, with a vibrant inaugural ceremony in the auditorium, beginning with a solemn prayer for a fruitful academic year. Ms. Priya Thomas, the newly appointed Vice Principal, welcomed the gathering. Rev. Fr. Abraham Parambett, Manager, and Principal Prof. Dr. Thomas K. V. addressed the audience, highlighting the importance of commitment and value-based education. Bursar Rev. Fr. Philmon Kalathara and Dr. Reeja P. S., IQAC Coordinator, spoke on self-growth and discipline.

A key highlight was the launch of new student upskilling programmes, including Competitive Exam Coaching, Civil Service and Aviation Academies, ICT, Life Skills, Research Training, Swimming and more—reflecting the college's focus on holistic education. To facilitate the dream project, it is decided that the class hours could be rescheduled from 8.30 am -1.30pm. With fresh initiatives and renewed spirit, the campus is abuzz once again with purpose and possibility.



A New Dawn, A New Mindset— A warm welcome from our Principal Prof. Dr. Thomas K. V.

COLLEGE INITIATIVES

AN ACADEMIC YEAR READINESS PROGRAMME FOR THE FACULTY BY THE IQAC

A WORKSHOP ON EMBRACING THE AI ERA IN EDUCATION

From June 3–5, the IQAC and the Teaching Learning Centre of our college conducted a faculty workshop on Innovative Teaching, Learning, and Assessment in the AI Era.

The sessions covered topics like structured teaching plans, digital course design using LMS/MOOCs, student support, and AI-integrated assessment tools .



Thinking Together: A Collective Journey to Transform Teaching

The academic event kicked off with an inaugural session and a welcome address by the Principal Prof. Dr. Thomas K V, followed by an engaging session titled “Constructing Teaching Plans and Course Mapping”, led by external expert Ms. Ponnu Liz Malieckal which provided valuable insights into designing teaching plans aligned with course objectives, learning outcomes, and assessment strategies.

Session 2 and 3 were also led by Ms. Ponnu Liz, during which the faculty prepared outcome-based teaching plans focusing on CO-PO mapping, assessments, and rubrics. Teams presented their course plans for peer feedback and refinement, emphasizing innovative teaching approaches. Day 1 of the program

Day 1 of the program comes to an end.

Session 1 of the second day of the program was led by Dr. Elizabeth Johny, Dr. Mamatha Susan Punnosse, and Ms. Soumya Scaria, demonstrating the effective usage of LMS and MOOC platforms for teaching. The faculty completed MOOC enrolment, linked courses to the LMS, and uploaded syllabi with module breakdowns by the 2nd session. Session 3 was led by Prof. Dr. Thomas K V, Dr. Reeja P S, and Dr. Liju Alex followed by an interactive Q&A. In session 4, the faculty updated course plans to include innovative teaching and assessment methods, with inputs from Dr. Nithya Mariam John, Dr. Dona Elizabeth Sam, Dr. Liju Alex,

and Ms. Jaisy Joy. Later on, the faculty selected modules for video lessons and planned engaging content delivery, guided by Dr. Elizabeth Johny, Dr. Mamatha Susan Punnosse, and Ms. Soumya Scaria.

On the last day of the workshop, Ms. Emi Mathew, Ms. Ancy Cyriac, and Ms. Anu Grace Chacko introduced the mentoring framework and guided faculty through mentoring sheet preparation during the first and second sessions.

The final sessions that concluded the program involved approval of teaching plans, budgets etc by the Department councils. Faculty coordinators also discussed strategies for implementing key initiatives like Remedial Classes, Virtual Labs, OBE, and COIL. The workshop equipped faculty with forward-looking strategies and reaffirmed the college's commitment to academic innovation and excellence.

ORIENTATION FOR STUDENTS ON CAREER PATHWAYS

The Centre for Professional Development at BCM College, Kottayam, conducted a comprehensive three-day workshop titled 'Career Orientation and Professional Development Programme' from 3rd to 5th June 2025.

The sessions aimed to familiarize students with a wide range of international educational and career opportunities. Renowned professionals from the fields of career coaching, personality development, and global training were invited to conduct engaging and insightful sessions, highlighting the importance of global etiquette, cultural sensitivity, and professional behavior in international settings.

A total of over 240 students from final and pre-final semesters participated each day, demonstrating active involvement and enthusiasm throughout the sessions.

DAY 1: 3RD JUNE 2025

The programme commenced on June 3, 2025, with a formal Inaugural Ceremony at the College Auditorium as Dir. Lukose P. J, the placement coordinator welcomed the gathering and Fr Philmon Philip, Bursar, BCM College, inaugurated the workshop followed by the Keynote address delivered by the Principal, Dr. K V Thomas.

BISHOP CHULAPARAMBIL MEMORIAL COLLEGE, KOTTAYAM, KERALA, INDIA

BCM

IN PARTNERSHIP WITH **EazyLink ACADEMY**

CAMPUS TO CORPORATE

ORGANIZED BY PLACEMENT CELL OF BCM COLLEGE

3-5 June 2025

BCM College Auditorium

WORKSHOP FOR FINAL YEARS & PRE-FINAL YEAR STUDENTS

Our speakers :

MR. SONY AKKARA
(International Certified Career Coach
Founder & Executive Director of EazyLink Academy)

- Industry Expert Talk: International Seminar
- Global Career Options
- Awareness of Core and Diversified Options
- Industrial Trend Analysis – Current Updates: Know the Market
- Understanding the Gap and How to Fill It to Reach the Destination

MS. PRATHIBHA M P
(Executive Director - EazyLink Academy)

- Global career trends & job markets
- Higher education & top universities across the Globe
- Application, scholarship & career support in top universities

MR. MUHAMMED P HASHIM
iQ Skills and Personality Development Trainer
Placement Support - MCD College, Alanya

- Campus to Corporate Connect
- Resume Building
- Interview Skills
- Group Discussion
- Professional Grooming
- Professional Etiquette
- Emotional Intelligence
- Mental Wellness

MS. NEETHU KRISHNA
Global Training and Development Manager - BGV-PLC

- Effective Communication Skills
- Handling Feedback and Criticism
- Positive Attitude and Mindset
- Work-Life Balance for Young Professionals
- Group Discussion
- Professional Grooming

MS. HARITHA NAIR
Corporate Trainer
EazyLink Academy

- Communication Skills
- Art of Speaking - Extempore
- Goal Setting and Time Management
- Critical Thinking
- Creative Thinking
- Problem Solving Skills
- Mock Interviews
- First Impression and body language

The first session for Batch 1(3rd DC students) began at 9:30 am and came to an end at 11:15 am. Ms. Neethu Krishna led a practical and informative session on the construction of professional resumes and CVs, tailored to different career domains. In the second session, Mr. Hashim provided students with valuable strategies to prepare for and perform confidently in interviews.

Topics included handling frequently asked questions, managing stress and body language, professional etiquette, and post-interview follow-up. Through mock scenarios and role-plays, students got an experiential understanding of effective interview performance.

For batch 2 (2nd DC students), all the three sessions were led by Ms. Haritha Nair and she introduced students to the significance of cultivating a global mindset in the context of modern careers. Ms. Nair highlighted the need for individuals to develop an understanding of global trends, cultural intelligence, and international competencies while maintaining a strong connection with their local roots.



Ms. Neethu Krishna and Mr. Hashim led an engaging orientation program for our students.

Students were trained on how to present themselves with confidence and poise in both academic and professional settings.

DAY 2: 4TH JUNE 2025

The day's agenda was thoughtfully curated to expand students' understanding of global career possibilities, practical skill sets, and the importance of creative and strategic thinking in today's dynamic professional environment.

The first session was conducted by Ms. Haritha Nair, setting the tone for the day by underlining the significance of cultivating a global mindset while remaining connected to one's local identity and cultural context. Students were inspired to think globally, equipping themselves for dynamic roles in international companies or local industries with a global impact.

In the 2nd session, Ms. Prathibha delivered a comprehensive overview of the diverse career avenues available after graduation.



Ms. Haritha Nair, providing an informative session for our students.

The final session of the day was a highly engaging, activity-based module. Through group-based tasks and interactive challenges, Ms. Haritha facilitated an environment that encouraged out-of-the-box thinking, collaborative problem-solving, and risk-taking in idea generation.



The students explore diverse career paths guided by Ms. Prathibha.

DAY 3: 5TH JUNE 2025

On June 5th, Mr. Jelit Mathews Joseph, a distinguished expert in personal branding and career strategy, led the morning session. The session provided students with practical guidance on creating impactful LinkedIn profiles, highlighting the importance of building a strong online presence. Mr. Joseph also shared valuable tips on crafting a personal brand identity, encouraging students to leverage their unique strengths and interests to stand out in the professional world.

The interactive session was well-received, equipping students with essential tools to navigate the digital job market confidently.

In the afternoon, students engaged in a structured group discussion facilitated by Dr. Lukose P J, Coordinator of the Centre for Professional Development. The session was effectively co-facilitated by Dr. Elizabeth Johny, Ms. Ancy Cyriac, Ms. Emi Mathew, and



"Students Reflect, Discuss, and Grow – Guided group sessions for career clarity"

Ms. Shalini Thomas, who guided the students through reflective prompts and provided valuable feedback to support their career planning journey.

The programme concluded with a formal Valedictory Function, marking the culmination of three days of insightful sessions and collaborative learning. The event stands as a significant milestone in BCM College's commitment to nurturing competent and confident professionals.

'UPSKILL AND OUTSHINE': A FRESH LEAP TOWARDS SKILL ENHANCEMENT

As part of the Platinum Jubilee celebrations, our college is proud to announce the launch of a series of upskilling programmes coordinated by the Centre for Women Empowerment and Upskilling, commencing this academic year. These initiatives aim to enhance students' skills and competencies, fostering their academic and professional development. The Director of Skill Centre, Dr Neethu Varghese spearheads the dream project. An essential aspect of the project is the strategic use of time, particularly by engaging in initiatives scheduled after 1:30 pm in the campus. All the skill programmes began in the month of June, scheduled after 1:30 pm, following regular class hours. The Skill Centre designed a structured timetable for each programme to ensure systematic delivery to the students.

These are the skill sets offered to students, comprising both mandatory and optional skills.

1. Life skills
2. Personal Grooming and Hygiene
3. Physical Fitness and Wellness
4. Cultural and Artistic skills
5. Theatrical Skills
6. Creative Skills
7. Domain specific employability skills (PSC, SSC, Civil Services, KAS, CA, CMA, ACCA, Aviation)
8. Foreign languages (German, French, IELTS)
9. Vocational Skills
10. ICT Skills
11. Research Skills

CIVIL SERVICE ACADEMY

The Lead IAS Campus Prime program has been officially launched at BCM College, Kottayam, marking the establishment of Kerala's first IAS residential mentoring campus exclusively for women. This initiative offers a unique opportunity for students to pursue a Degree along with IAS coaching, under a dual enrolment mode.



“Trailblazing Initiative” : BCM College hosts Kerala’s First All-Women IAS Residential Mentoring Campus.

DOMAIN SPECIFIC EMPLOYABILITY SKILLS (PSC, SSC, CIVIL SERVICES, KAS, CA, CMA, ACCA, AVIATION)

BCM College provides focused training in domain-specific employability skills to prepare students for competitive and professional careers. Programmes are designed to support aspirants of PSC, SSC, Civil Services, and KAS through structured coaching and expert guidance. Students interested in finance and accounting careers receive training in CA, CMA, and ACCA to meet global professional standards.

SSC and Bank Coaching is provided by Asian Academy, a franchise of TIME (Triumphant Institute of Management). The Aviation Management course is offered in collaboration with SpeedWings Academy as a three-year programme, running parallel with their undergraduate degree. All domain specific courses are similarly structured to align with the academic schedule, ensuring their completion alongside the degree.

RESEARCH SKILLS

Sessions on research skills are conducted to equip students with the ability to present and publish academic papers, while classes in research methodology are designed to prepare them for writing a research paper.



“Crafting scholars”: Research skills in action

“From Campus to Career — We’ve Got You Covered.”



"Taking off with Confidence"—BCM Aviation Academy in Action.

CENTRE FOR FOREIGN LANGUAGES

BCM College, Kottayam, in collaboration with Traum International German Language Academy, offers a specialized German Language Training Program exclusively for girls. The program provides A1 to B2 level courses with the support of native German tutors through both online and offline classes. 100% Placement Assistance is a key highlight of this program.



"Bridging cultures through language" — Start your journey with German language skills.

CREATIVE SKILLS

Creative skills sessions are thoughtfully integrated into the skill development schedule to nurture imagination and innovation. These sessions provide students with hands-on opportunities to explore art, design, craft making, and other creative expressions.



"Where imagination takes shape"

LIFE SKILLS

The key focus areas of the Life skill training program included Communication, Group Discussion, Interview Techniques, Time and Stress Management, and Leadership. The sessions provide students with a platform to express their opinions, respect diverse views, and develop critical thinking, confidence and remarkable speech articulation skills. The communication skill training is led by the faculty in the Department of English.



"Talk Smart. Lead Bold. Stress Less." Life Skills Training at its Best!

ICT SKILLS



*"Tech-Savvy and Future-Ready!"
From Google Docs to AI – Empowering Students with the Digital Edge!*

The college has taken significant steps to support student development by providing access to essential digital tools and technologies like Google Docs, PowerPoint, MS Word, MS Excel, Artificial Intelligence (AI) etc. These tools equip students with valuable digital skills and prepare them for academic and professional success. Students receive regular ICT training as part of the afternoon skilling sessions.

VOCATIONAL SKILLS

By offering vocational training in stitching and cooking, the college is trying to empower students—especially women—with useful life skills that can lead to self-employment and economic independence. These programs contribute significantly to the overall development and confidence of the students. The skill training schedule includes sessions in stitching and culinary arts, making them mandatory skills for all students. The faculty of the Department of Family and Community Science ensures effective supervision and monitoring of the sessions.



*"Stitching Dreams, Stirring Futures:"
The college champions self-reliance through skill-based training.*

CULTURAL AND ARTISTIC SKILLS

Through the promotion of cultural and artistic skills, the college ensures a well-rounded education. Dance, both cinematic and classical, music, etc enrich student life and also build creativity, discipline, and a strong sense of cultural identity. In partnership with Darsana Cultural Center, Kottayam, basic training in Dance and Music is offered to all students.

Brushstrokes, Rhythms, Expressions—Together, they fill the palette of student creativity.”- Artistic Skill development classes by our college.



PERSONAL GROOMING AND HYGIENE



‘More than Glam—It’s Grace, Grit, and Girl Power’.

The art of make-up and personal grooming plays a vital role in enhancing an individual’s appearance, confidence, and overall personality. It is not merely about external beautification but also about self-care, hygiene, and presentation skills. BCM College strives to present its students as well-rounded individuals by nurturing not only their academic growth but also their confidence, communication, and self-presentation in both personal and professional spheres. Training in self-care, hygiene, and ramp walking is included in the skill development schedule guided by Ms. Anju Annette Chrian, Faculty, Department of Food Science and Quality Control.

THEATRICAL SKILLS/ PERFORMING ARTS

As part of its commitment to holistic student development, BCM College, Kottayam, organizes engaging sessions on Theatrical and Performing Skills every week as part of its skill schedule. It is aimed at enhancing students’ creative expression, communication skills, emotional intelligence, and stage confidence through the powerful medium of theatre and performance. The sessions are conducted under the guidance of resource persons from Darsana Cultural Center, Kottayam.



*Act. Express. Transform —
The Power of Performance at BCM.*

PHYSICAL FITNESS AND WELLNESS



"Fitness is the new focus—And our students lead the way."

To promote a healthy lifestyle and overall well-being among students, the college offers a range of physical fitness and wellness activities like martial arts, zumba etc. These programs help students maintain physical health, manage stress, and build confidence, making them stronger.

'BRAVE THE BLUE': BCM COLLEGE LAUNCHES 'SHE SWIMMING' FOR 100% SWIMMING LITERACY AMONG STUDENTS

BCM College, Kottayam, in collaboration with Thoppans Aquatics, Gandhinagar, proudly launched the "She Swimming" programme—an ambitious campus initiative aimed at achieving 100% swimming literacy among students.

The inaugural ceremony took place on 19th June 2025 at 2:30 PM, with the event being officially inaugurated by Shri. V.N. Vasavan, Honorable Minister for Co-operation and Registration, Government of Kerala.

The occasion was further graced by the presence of Fr. Abraham Parambet, Manager, BCM College; Prof. K. V. Thomas, Principal, BCM College; and Fr. Philmon Kalathra, Bursar, BCM College.

"She Swimming" marks a significant step towards promoting life skills, safety, and holistic development among students, reinforcing BCM College's commitment to empowering young women through practical education.



Dive into Confidence— 'She swimming' builds fearless women.

GREEN THREADS

World Environment Day, observed on June 5th, was marked by a range of awareness programmes and competitions on environmental issues, organized by various departments and clubs of the college.

COMMEMORATING WORLD ENVIRONMENT DAY – AN INITIATIVE BY THE BHOOMITHRASENA CLUB

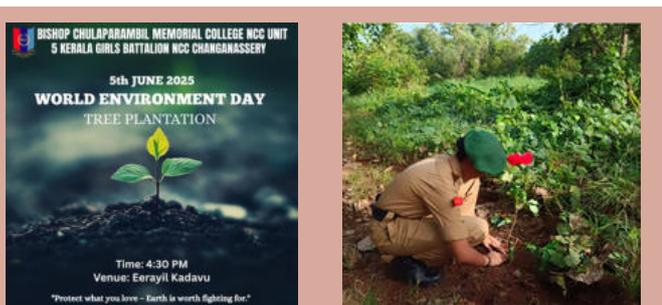


"Together We Can Go Plastic-Free," the staff and students take a pledge to reduce the usage of single use plastic.

The Centre for Environment & Sustainability (Bhoomithrasena Club) of BCM College, Kottayam, observed World Environment Day on June 5, 2025, with the global theme "Beat Plastic Pollution." As part of the celebrations, students and staff participated in the Plastic-Free Challenge, taking a collective pledge to reduce single-use plastics and promote sustainable practices. With the inspiring motto, "Together We Can Go Plastic-Free," the event emphasized community action and environmental responsibility.

PLANTING HOPE – A GREEN INITIATIVE BY NCC

In celebration of World Environment Day on June 5th, the NCC Unit of BCM College organized a tree plantation drive at Eerayil Kadavu. Guided by the motto "Protect what you love," cadets actively participated in planting saplings, promoting environmental awareness and sustainability. The event underscored the importance of community involvement in preserving nature.



"Clad in green berets and red badges, our cadets symbolically plant a flower bloom—standing in solidarity with nature's cause."

A TALK ON THE IMPACT OF CLIMATE CHANGE ON BIODIVERSITY

In observance of World Environment Day 2025, the Department of Zoology in collaboration with the Bhoomitra Sena Club and Breakthrough Science Society, organised a thematic awareness program on June 12, 2025, at Sr. Savio Hall, BCM College, Kottayam. Dr. T. V. Sajeev delivered the invited talk on "The Impact of Climate Change on Biodiversity".



Prof. Dr. Thomas K V honoring Dr. T V Sajeev, Chief Scientist, Kerala Forest Research Institute, Peechi.

QUIZ FOR A CAUSE: KNOW YOUR NATURE

A Green Knowledge Initiative by the Department of Botany

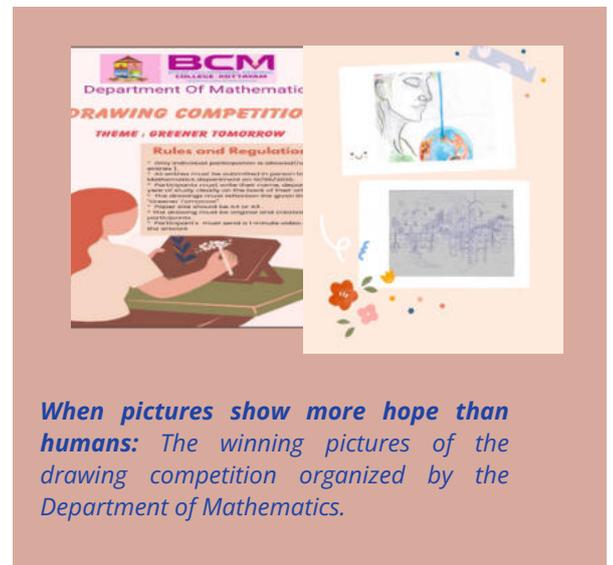
The Department of Botany, BCM College, Kottayam, organised a quiz competition on June 24, 2025, as part of National Reading Day celebrations. The quiz was based on the theme "സാഹിത്യത്തിലെ സസ്യങ്ങൾ" (Literature and Plants), encouraging participants to explore the connection between literature and the plant world through stories, poems, and novels.



Glimpses from quiz competition

'GREENER TOMORROW' –DRAWING EVENT BY THE MATH DEPARTMENT

As part of the Environment Day observance, the Department of Mathematics organized a Drawing Competition on the theme "Greener Tomorrow" on 16th June 2025. Sruthy A S of 3rd DC Chemistry secured 1st Prize and Adithya S of 3rd DC Mathematics secured the 2nd prize.



When pictures show more hope than humans: The winning pictures of the drawing competition organized by the Department of Mathematics.

FLORAL HARMONY: ORCHID GARDEN COMES TO LIFE

As part of Environment Day celebrations, the department developed a vibrant Orchid Garden within the campus, involving students in hands-on gardening to promote biodiversity and sustainability.



"Students of the dept of Home Science set up an orchid garden to celebrate nature on World Environment Day."

EMPOWERING YOUTH THROUGH AWARENESS -A Step towards a Drug-Free Society.

As part of its commitment to social responsibility, BCM College conducted a series of awareness programmes promoting an anti-drug lifestyle. The initiatives aimed to instill strong values and empower the youth to lead meaningful, drug-free lives.

Cultural Expression against Addiction: Ottamthullal at BCM Promotes Drug-Free living

BCM College, Kottayam, in collaboration with the Kottayam District Residents' Association Apex Council, organized an Ottamthullal performance on 12th June 2025 at the college auditorium as part of an Anti-Drug and Alcohol Abstinence Motivation Programme. Shri. Thiruvanchoor Radhakrishnan MLA inaugurated the event, presided over by Rev. Fr. Abraham Parambett, Manager of BCM College. Shri. John V. Samuel IAS, District Collector, delivered the keynote address, stressing the role of youth in combating substance abuse.

The highlight of the event was the Ottamthullal performance by Sri. V. Jayaraj, Asst. Excise Inspector, Ernakulam, which powerfully conveyed the message of drug and alcohol abstinence. The programme also featured addresses and felicitations by various dignitaries, including Prof. Dr. Thomas K.V., Principal, BCM College, and leaders from the District Residents' Association. The event concluded with a vote of thanks by Shri. V. Krishnamoorthy, Secretary, District Residents' Association.

Tradition takes a stand: Assistant Excise Inspector, Sri V. Jayaraj uses Ottamthullal to powerfully advocate against drug and alcohol abuse.

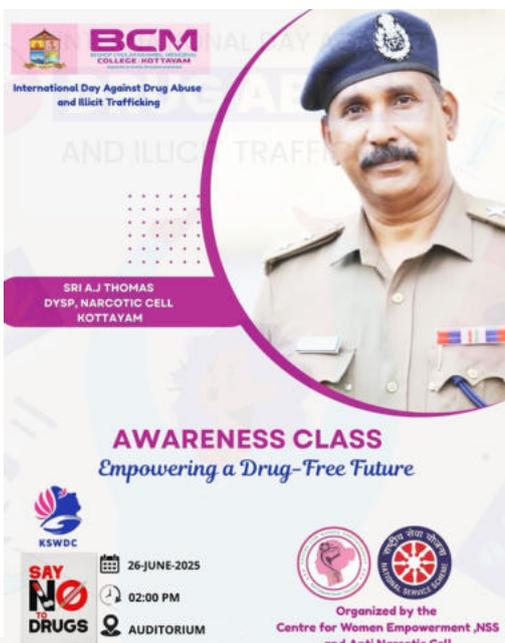


SAY NO TO DRUGS : THE COLLEGE OBSERVES ANTI-DRUG DAY

As part of the International Day Against Drug Abuse and Illicit Trafficking, BCM College, Kottayam, hosted an impactful awareness class titled "Empowering a Drug-Free Future" on June 26, 2025, at 2:00 pm in the college auditorium.

The session was conducted by Shri. A.J. Thomas, DySP, Narcotic Cell, Kottayam, and was jointly organized by the Centre for Women Empowerment, NSS, and the Anti-Narcotic Cell of BCM College.

The class focused on the dangers of drug abuse and the importance of prevention and community awareness. The event also featured a vibrant flashmob performance by the Centre for Women Empowerment and concluded with an Anti-Drug pledge, reinforcing the college's commitment to a drug-free campus.



The Enforcer turned Educator: Sri A J Thomas, DySP, Narcotic Cell, Kottayam delivers awareness classes on drug abuse.

BETWEEN THE LINES

Reading Day was celebrated with enthusiasm among students through various activities organized by different cells and departments. The aim was to promote the habit of reading and to share the joy that books bring. It is truly heartening to witness students immersing themselves in reading and finding comfort in the experiences captured within the pages of books. In an age overflowing with digital distractions and abundant resources, celebrating reading becomes an act of reconnecting with ourselves — a reminder not to lose sight of our inner world.

PEN THE PAGE:

Reading Day book Review Competition

The Library Committee of Bishop Chulaparambil Memorial College, Kottayam, organized a Book Review Competition for Higher Secondary School students on 20th June 2025 at 2:00 PM in the college library, as part of Reading Day celebrations. Themed “Book That Inspired Me,” the event aimed to foster a love for reading and literary reflection among young readers. Participants delivered engaging 5-minute reviews, judged by Mr. Anil Steephen (Malayalam), Dr. Naveena J. (Hindi), and Dr. Nithya Mariam John (English). The event began with a welcome by Sr. Gracena and concluded with a vote of thanks by Ms. Ancy Cyriac.



Rev. Fr. Abraham Parambett, Manager, BCM College, Kottayam, graces the prize distribution, congratulating the students on their achievements.

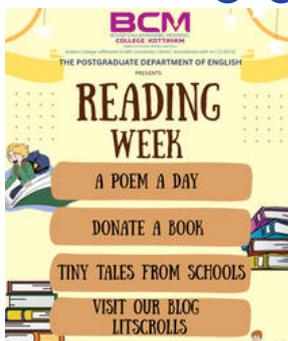
WINNERS:

- 1st price – Aiswarya S (Mount Carmel HSS) – ₹2000
- 2nd prize – Liya Jose George (Mount Carmel HSS) – ₹1000
- 3rd prize – Suhana S (St. Anne’s HSS) – ₹500
- Lucky Draw Winner: Ms. Aji Baby

The prize distribution was presided over by Rev. Fr. Abraham Parambett, Manager of BCM College. Special appreciation goes to the Friends of Library Club, led by Ms. Susan Jacob, for their excellent coordination. The program concluded successfully by 3:30 PM.

TURNING PAGES TOGETHER:

The Department of English celebrated Reading Day with a Series of Engaging Events

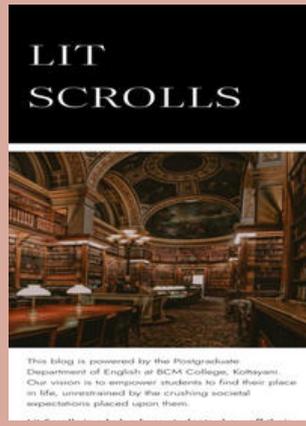


The Postgraduate Department of English, BCM College, Kottayam organized a series of events as part of the Reading Week celebrations in June 2025. The celebrations commenced with the launch of the Department blog, Lit Scrolls, on 2nd June 2025, providing a platform for students to showcase their creative writing.

From 10th to 16th June, a short poetry recitation was held daily through the college's public announcement system to promote literary appreciation.

On 13th June, an Inter-school Tiny Tales Competition was conducted at MD Seminary School and St. Anne's GHSS, Kottayam. Tresa Tony of St. Anne's GHSS was declared the winner and was felicitated during the Departmental meeting on 19th June.

As part of a community outreach initiative, the Department donated 64 books to the Children's Home, Kottayam, on 20th June 2025.



Channelling the creativity of the students, the blog Lit Scrolls by the Department of English provides the opportunity for students to showcase their works.



Some things become more special when shared. Students from the Department of English donating books to the Children's Home, Kottayam.

A JOURNEY THROUGH BOOKS AND TIME: History Department Celebrates National Reading Day with a Visit to the Library

The National reading day program was successfully held in BCM College, Kottayam, by the Department of History on 19th June 2025. It included book reading and reviewing. A visit to the Kottayam Public library enlightened the students about the library's origin.



Library visits are great—but if it's to one with a history, that's an added bonus! Students from the Department of History visiting the Kottayam Public Library.

VOICES IN PRINT:

Malayalam Newspaper Reading Contest by the Department of Botany

On June 19, 2025, the Department of Botany, Bishop Chulaparambil Memorial College, Kottayam, organized an inter-departmental Malayalam Newspaper Reading Contest.



Glimpses from newspaper reading competition by the Botany Department

BYTES & BOOKS:

Computer Science Department Hosts Reading Day Quiz on Authors and Literature



Now it's our turn to ask questions!

The Department of Computer Science, BCM College, Kottayam, organized a vibrant Reading Day celebration on 19th June 2025, commemorating the birth anniversary of P.N. Panicker. Held under the theme "Read to Lead", the event featured an engaging campus-wide quiz on books, authors, and the importance of reading.

The faculty coordinator was Ms. Remya Stephen, while the student coordinator was Ms. Diya Poulose.

Both students and faculty actively participated, with winners receiving attractive prizes. The initiative successfully promoted reading as a tool for learning and personal growth.

REVIVING READING SPACES:

Economics Students Spearhead Library Makeover



From catching dust to being organized neatly on shelves— the Department of Economics renovated the departmental library.

Economics students led library renovation aimed at improving academic accessibility. They organized an engaging program titled 'Know Your Library' on 16th June 2025 where each student was encouraged to select and read at least one book from the department library.

STANDING UP FOR CHILDHOOD

Day Against Child Labour Observed at BCM

With a commitment to social responsibility, the Departments and clubs of BCM College held impactful awareness activities on the World Day Against Child Labour, shedding light on the ongoing struggles faced by vulnerable children worldwide. The programmes emphasized the importance of education, protection, and dignity for every child, highlighting the urgent need to eliminate child labour in all its forms. Thought-provoking posters, presentations, and discussions encouraged participants to reflect on their role in advocating for children's rights.

LET CHILDHOOD BE FREE

Department of Home Science Releases Video on Ending Child Labour

Students created a powerful skit video titled “അവൾ പഠിക്കട്ടെ” to raise awareness on child labour and the right to education, sparking meaningful dialogue on campus about child rights and social justice.



MARCHING FOR CHILDHOOD:

NCC Unit Observes World Day Against Child Labour

The NCC Unit of Bishop Chulaparambil Memorial College, under the 5 Kerala Girls Battalion NCC Changanassery, marked the World Day Against Child Labour on 12th June 2025 with a powerful flashmob. Held at 1:30 PM at Thirunakkara, the event aimed to raise awareness about the plight of child labourers and advocate for every child's right to dream and grow in a safe environment.



“Every child deserves a chance to dream.”- flashmob by our cadets on Child Labour Day.

The performance drew attention with its impactful message: *“Every child deserves a chance to dream.”*

THROUGH THE LENS OF LOVE:

Father’s Day Special Photoshoot Contest by Dept of Family and Community Science

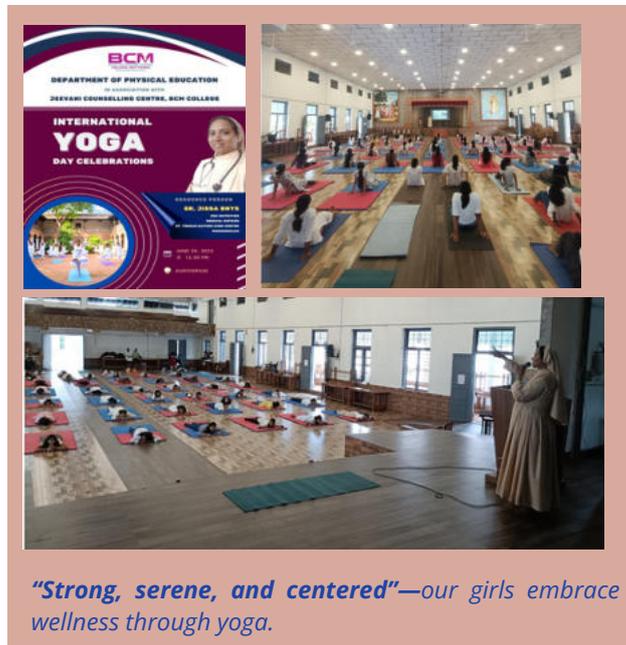
The contest *“Then vs Now: A Bond Through Time”* encouraged students to recreate childhood photos with their fathers, celebrating love, memories, and generational bonds with creativity and emotion.



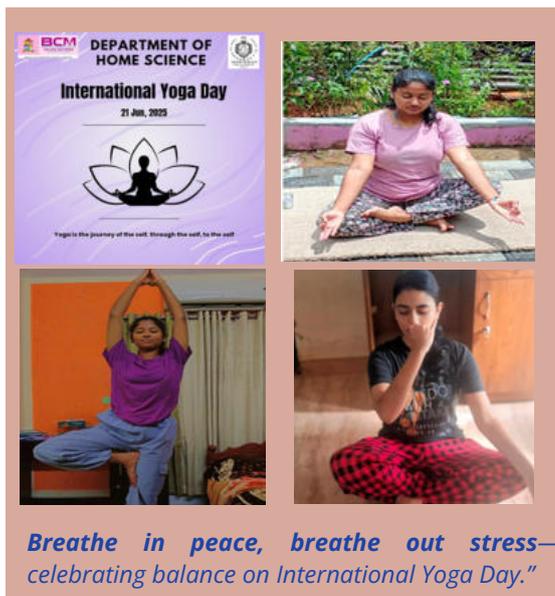
CELEBRATING HARMONY:

The campus observed International Yoga Day, embracing the spirit of wellness and mindfulness under the leadership of the Department of Physical Education and the Department of Family and Community Science.

As part of the global observance of International Yoga Day, the **Department of Physical Education** of BCM College, Kottayam, in collaboration with the Jeevani Counselling Centre, successfully conducted a meaningful and inspiring session on June 20, 2025, at the college auditorium. Sr. Jissa BNYS, M.Sc. in Nutrition and Medical Officer at St. Teresa's Nature Cure Center, Moozhikulam, served as the esteemed Resource Person for the event. Sr. Jissa shared valuable insights on the holistic benefits of yoga, combining her expertise in naturopathy and nutrition.



"Strong, serene, and centered"—our girls embrace wellness through yoga.



Breathe in peace, breathe out stress—celebrating balance on International Yoga Day."

The **Department of Family and Community Science** marked Yoga Day with a virtual yoga presentation, where students participated from home, promoting physical and mental well-being and reaffirming the value of yoga as a lifestyle.

WELLNESS BEGINS WITH AWARENESS

Health Talk Hosted by the Centre for Women Empowerment

The Centre for Women Empowerment at BCM College for Women organized an impactful Health Awareness Talk on June 13, 2025, at 1:45 PM in the college auditorium. The session, titled "Prevention is Power:

Say Yes to the HPV Vaccine," was led by Dr. Aseefa Ghouse, Gynaecologist from the Department of Obstetrics and Gynaecology, KIMS Hospital, Kottayam.

Addressing students and staff, Dr. Ghouse emphasized the importance of early prevention in combating cervical cancer through awareness and the HPV vaccination. The event, held under the banner of women's health and empowerment, encouraged informed decisions and proactive health care among young women.



“Prevention is Power”:
Dr. Aseefa Ghouse, Gynaecologist, KIMS Hospital, Kottayam, leads an enlightening session on HPV vaccination

BEYOND THE CLASSROOM:

A Glimpse into Internships, Field Trips, and Extension Activities *The Department of Social Work*

As part of the second-semester field practicum, MSW trainee social workers of BCM College, Kottayam, undertook a series of educational organization visits across Kerala in June 2025.

On May 20, students visited KANAL NGO and Don Bosco Veedu Society, Thiruvananthapuram. The visits offered insights into community-based campaigns and holistic interventions for marginalized children and youth.



Our MSW students at Kanal NGO, learning, reflecting, reimagining a better world.



Empowering communities, inspiring minds—lessons from KSSS.

On June 9, students visited Kottayam Social Service Society (KSSS), where they learned about community rehabilitation, women empowerment models, and disaster management programs.

On June 10, two parallel visits were conducted to SOS Children’s Village, Aluva, and Kerala Rehabilitation Institute for the Physically Affected (KRIPA). Both organizations highlighted their structured and compassionate approaches to child care, rehabilitation, and vocational training.



SOS Children's Village. “Not just a shelter, but a sanctuary of smiles.”



Redefining Limits, Restoring Lives—A Glimpse into the World of KRIPA.

These field visits enriched the students' understanding of professional social work practice, organizational structures, and the value of community-based interventions. Additionally, on June 20, a farewell program was held at Mary Richmond Hall for the outgoing MSW students. The event included addresses by faculty, a memory-filled video presentation, and interactive games, marking a joyful and emotional conclusion to their academic journey.

The Department of Commerce

The Department of Commerce, BCM College, Kottayam, successfully conducted two major initiatives aimed at enhancing student skills and industry readiness.

From May 12 to June 30, 2025, all 120 Commerce students completed a 45-day internship in various CA firms in and around Kottayam. The program offered hands-on training in accounting and finance, fostering real-world experience under professional mentorship.

Prior to this, the department organized a one-week certificate course on MS Word and MS Excel, aimed at strengthening office automation skills. Students gained practical knowledge in document handling and data analysis, enhancing their technical proficiency and employability.

Both programs reflect the department's strong commitment to bridging academic learning with industry requirements and empowering students for future career success.



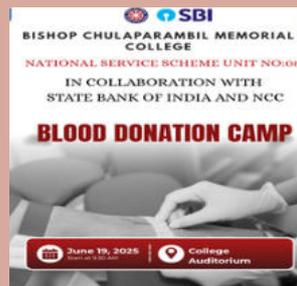
"Internship: where real-world lessons meet classroom knowledge."

Our commerce students at various CA firms.

BE A LIFESAVER:

NSS HOSTS BLOOD DONATION DRIVE

The NSS unit of BCM College Kottayam, in collaboration with State Bank of India(SBI) and the NCC unit of BCM College successfully conducted a blood donation camp on 19th June 2025 in the college auditorium. Volunteers donated blood, contributing to saving lives and supporting healthcare initiatives.



"Charity without boundaries, blood without prejudices:" Blood Donation Camp by Our NSS unit.

EXPERIENTIAL LEARNING

Experiential Learning in Data Extraction by Department of Statistics

The Department of Statistics, BCM College, Kottayam, successfully conducted a Dashboard Creation Activity in the first half of June 2025 under the guidance of Dr. Stephy Thomas, Head of the Department. The initiative aimed to equip students with hands-on experience in data extraction, cleaning, and visualization using real academic data.

Twelve students worked in three teams over two weeks, utilizing Python and tools like Jupyter Notebook, Google Colab, and Streamlit to develop an interactive academic performance dashboard. The final product featured structured insights through dynamic visualizations, including student-wise, discipline-wise, and course-wise comparisons.

The project culminated in a presentation attended by the Vice Principal, Ms. Priya, who praised the professionalism and innovation shown by the students. The activity not only enhanced technical skills but also fostered teamwork and practical understanding of data science applications.

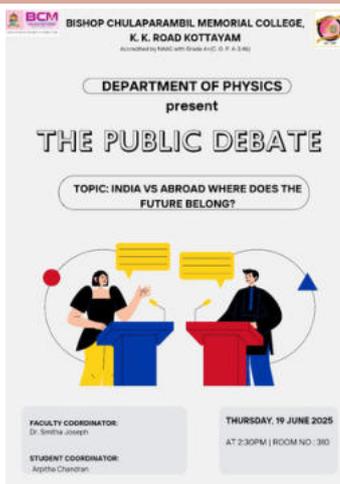
The department commends the students for their dedication and looks forward to more such skill-oriented initiatives.



When lectures have real life applications— Students from the Department of Statistics working on the dashboard creation.

CRITICAL CONVERSATIONS:

Debating the issues of today- Department of Physics



The Department of Physics organized an engaging and thought-provoking debate on June 19, 2025, titled "India vs Abroad – Where Does the Future Belong?". The event aimed to explore the advantages and challenges associated with pursuing a future in India compared to opportunities abroad.



Different voices and different perspectives: Students participating in the public debate organized by the Department of Physics.

SHAPING FUTURES TOGETHER:

PTA Meeting highlights student upskilling plans

On 13th June 2025, BCM College hosted a PTA Meeting as part of its 70th anniversary celebrations. The session focused on introducing parents and guardians to the college's newly launched upskilling programs aimed at enhancing student competencies and career readiness. The initiative reflects the institution's continued commitment about the change of schedule in the college timing to academic excellence and holistic development. The parents were informed about the revised college timing scheduled as 8.30 am to 1.30 pm to facilitate the upskilling programme.



"Partnering for Progress": Parents join hands in the college's skill readiness journey

STRENGTHENING TIES:

MoUs and Strategic Partnerships

ROTARACT BEGINS A NEW CHAPTER AT BCM

BCM College, Kottayam, marked a significant milestone with the inauguration of its Rotaract Club on 26 June 2025, following the signing of a Memorandum of Understanding with the Rotary Club of Kottayam East.

The event began with a warm welcome by Ponnu Liz Malieckal, followed by the presidential address by Rtn. Valsala Venugopal, President of the Rotary Club of Kottayam East.

Principal Prof. Dr. K. V. Thomas highlighted the importance of youth leadership and service in his address.

The official inauguration, lighting of the lamp, and installation of the club were carried out by Rtn. Dr. Meera, District Governor Nominee Designate. Susan Jacob, the newly installed President of the Rotaract Club, delivered the acceptance speech.

PFr. Philmon Kalathra, Bursar of BCM College, and Rtn. Raju Varghese, Club Learning Facilitator (2025–2026), offered felicitations. The event concluded with a vote of thanks by Scholastica Benny, Secretary of the Rotaract Club.

The ceremony reflected the spirit of youth engagement, leadership, and community service that lies at the heart of the Rotaract movement.



Our college signs MOU with Rotary International.

PARTNERING FOR PROGRESS:

MoU Between Home Science Department and Psylearn

MoU Between Home Science Department and Jeeva Center

The Department of Home Science (M.Sc. Child Development), BCM College, Kottayam, signed a Memorandum of Understanding (MoU) with Psylearn to foster academic collaboration, training, and research opportunities. The Department also signed an (MoU) with Jeeva Center for Counseling, Psychotherapy Research and Training. The partnership aims to enhance student learning and professional development in the field of child development.



REKINDLING MEMORIES: ALUMNI REUNION 2025

ALUMNI MEET OF B.SC. MATHEMATICS BATCH (1969-1972)

BCM College, Kottayam, hosted the alumni reunion of the B.Sc. Mathematics batch (1969-1972) on June 21, 2025. Among those who attended the nostalgic gathering was Ms. Bulkees Beevi, a proud member of the batch.



"Back to campus, back to where it all began!"



"Smiles, stories, and shared laughter — the magic of reunion!"

ALUMNI REUNION OF B.SC. BOTANY BATCH (1979-1982)

The Alumni Reunion of the B.Sc. Botany Batch (1979-1982) was held at BCM College, Kottayam, in June 2025. The event brought together former classmates who reconnected over cherished memories, shared experiences, and stories from their college days. The gathering was filled with warmth, laughter, and nostalgia as the alumni revisited their alma mater and celebrated the enduring bond they share.

'CAPS OFF IN STYLE': THE COLLEGE CELEBRATES CONVOCAATION DAY WITH PRIDE

The Graduation Ceremony of BCM College, Kottayam was held on 27th June 2025 at the College Auditorium. The event commenced with an academic procession at 9:30 AM, followed by the formal inauguration at 10:00 AM by Very Rev. Fr. Thomas Animoottil, Vicar General, Archeparchy of Kottayam.

Mr. John Kuriakose, Chairman and Managing Director of DentCare Dental Lab, delivered the keynote address. The ceremony included addresses by dignitaries, presentation of awards and certificates, valedictorian speeches, and the administration of the graduation oath. The event concluded with the national anthem, followed by photography and refreshments.

BCM
BENEFICIAL CHRISTIAN APOSTOLICAL MEMORIAL
COLLEGE, KOTTAYAM

Graduation Completion Ceremony

CHIEF GUEST

John Kuriakose
Chairman and Managing
Director, DentCare
A Champion in Women Empowerment

June 27, 2025 @ 9.30 am
BCM College Auditorium



Graduates and Guides: One final photo before turning the tassel.



In tradition and triumph, our professors stand tall in academic regalia.



From lecture halls to this proud moment, our students stand tall in achievement.



"Capping off three unforgettable years"—Congratulations to the Class of 2025!

One Day Workshop on Action Plan for the Year 2025-26

On June 28, 2025, an action plan presentation was conducted in the Educational Theatre, where the convenors of various clubs and cells of the college outlined their proposed activities and objectives for the academic year 2025-26. The session aimed at streamlining student engagement, enhancing co-curricular participation, and aligning club activities with the institution's vision.

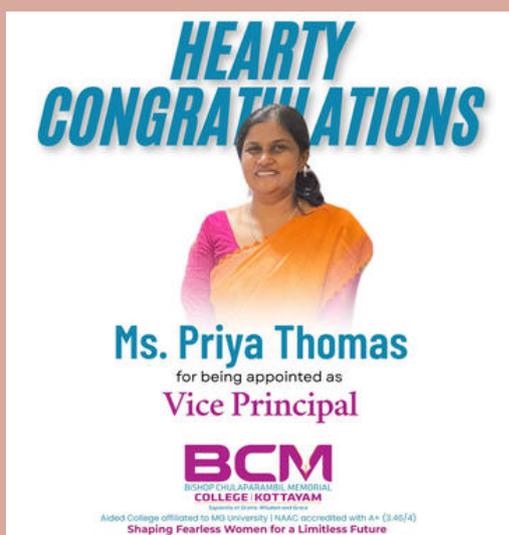
In the same forum, the NAAC Criterion Heads also presented the annual action plan for each of the seven criteria, highlighting strategic initiatives, quality benchmarks, and targeted improvements in line with NAAC guidelines. This collaborative event reinforced the integrated approach towards academic excellence and holistic development.



*"Vision and Leadership" — A Unified Step
Toward a Vibrant 2025-26.*



STARS OF THE MONTH- FACULTY CONGRATULATIONS!!!



BCM College, Kottayam is proud to announce the appointment of **Ms. Priya Thomas** as the new Vice Principal. We extend our heartfelt congratulations and look forward to her leadership and contributions to the continued excellence of our institution.



The Department of Chemistry is pleased to announce that **Dr. Annu Thomas** has been promoted to the position of Associate Professor. The college congratulates her on this well-deserved recognition and extends best wishes for continued success.



We are pleased to announce that **Ms. Ponnu Liz Malieckal**, faculty member at BCM College, has published an article in the UGC Care-listed IIS Journal of Arts. We congratulate her on this academic achievement and commend her contribution to research.



The Department of Economics at BCM College Kottayam proudly announces the successful defence of **Dr. Shalini Thomas's** doctoral thesis. As the Head of the Department, Dr. Thomas's achievement marks a significant milestone, reflecting her dedication, intellect, and commitment to academic excellence. The college congratulates her on this remarkable accomplishment

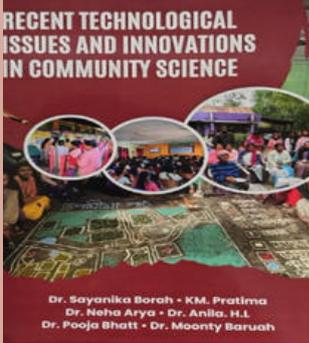


We are pleased to announce that **Ms. Jintumol K.U.**, faculty member of the Department of Mathematics, has been promoted to the rank of Lieutenant in the National Cadet Corps (NCC). BCM College congratulates her on this significant achievement and wishes her continued success.

Dr. Liju Alex, Assistant Professor in the Department of Mathematics at BCM College Kottayam, has recently contributed to the field of mathematical chemistry with notable publications. His work on the "Additively Weighted Mostar Index of Graphs" was featured in the Iranian Journal of Mathematical Chemistry. Additionally, Dr. Alex authored a paper titled "On the Mostar Spectrum and Mostar Polynomials of Chemical Compounds," published in the Palestine Journal of Mathematics by Palestine Polytechnic University.

These publications underscore BCM College's commitment to advancing research in applied mathematics and chemical graph theory.





Dr. Anila H.L., esteemed faculty member of the Department of Home Science at BCM College, Kottayam, has co-authored a significant new book titled Recent Technological Issues and Innovations in Community Science. This publication reflects the department's commitment to advancing knowledge in community science through contemporary technological insights. BCM College congratulates Dr. Anila H.L. on this notable academic contribution.

Ms. Adithya, faculty member at BCM College, Kottayam, was recently featured in an interview published by the magazine "Idam". The college congratulates Ms. Adithya on this recognition.



Granted the Status of Research Centre

BCM College, Kottayam proudly announces a landmark achievement, as the Postgraduate Department of Commerce has been officially recognized as a Research Centre in Commerce under Mahatma Gandhi University. This recognition marks a significant milestone in the academic journey of the institution. Congratulations to our esteemed research guides, Dr. Jipin V Jimmy and CA Dr. Reshma Rachel Kuruvilla CPA, for leading the way. The college celebrates this new chapter, committed to advancing research and academic excell



"Congratulations!!!"



STARS OF THE MONTH- STUDENTS

CONGRATULATIONS!!!

NCC Cadets from BCM College selected for prestigious special adventure course

Two cadets from Bishop Chulaparambil Memorial College NCC Unit (5 Kerala Girls Battalion, Changanacherry) have been selected to attend the prestigious Special Adventure Course held at JIM&WS, Pahalgam, from 8th to 17th June 2025.

UO Kathukrishna S and L/CPL Arya C S represented the college with distinction. Congratulations to both cadets on this achievement.



BCM College student steals the spotlight on Mazhavil Manorama

We are proud to announce that Vishnupriya, PG Second Year student from the Department of English, has been featured on the Mazhavil Manorama programme Pattile Thaaram, alongside her father. She brought honour to the college by winning a cash prize of ₹25,000 on the show.

Her achievement reflects her talent and determination, and we congratulate her on this remarkable accomplishment.

Melody Meets Recognition: Hana Fathim receives several honours for musical talent

Ms. Hana Fathim, a II DC History student of BCM College, Kottayam, has been honoured with several prestigious awards for her outstanding talent in music.

She received the State Environmental Music Award from the National Literary & Environment Organization on June 4, 2025, at Padma Café, Thiruvananthapuram. She was also awarded the Excellence Award (Balaratna Puraskar) and the Mohammed Rafi



Memorial Award at the Ramzan Nilav 2025 – Eid Gana Vasantham event held at Bharath Bhavan, Thiruvananthapuram, on April 9, 2025. Earlier, on September 9, 2023, she was presented the Prem Nazir Yuva Gaanalaapana Pratibha Puraskaram 2023 by the Prem Nazir Suhruth Samithi, Kottayam Chapter, in recognition of her achievements as a young vocalist.

The college congratulates Hana on her achievements and wishes her continued success.



KABBADI COMPETITION

In a thrilling encounter at the Under-18 District Level Kabaddi Championship, BCM Kabaddi Academy emerged victorious against Vaikom Academy, showcasing exceptional skill, teamwork, and strategy throughout the game.



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