



**BCM**  
BISHOP CHULAPARAMBIL MEMORIAL  
COLLEGE KOTTAYAM  
*Sapientia et Gratia - Wisdom and Grace*  
NAAC ACCREDITED WITH A+ GRADE (CGPA-3.46)



# PAGE ONE

**---NEWS THAT DESERVES PAGE ONE**  
**AUGUST 2025**  
**VOL. 1 , ISSUE 3**



**NEWS @ BCM**

# news @BCM

AUGUST, 2025



## OUR TORCH BEARERS

### **Mar Alexander Chulaparambil**

Bishop of Kottayam (1914-51)  
Visionary whose dream realised in  
Bishop Chulaparambil Memorial College,  
Kottayam

### **Mar Thomas Tharayil**

Bishop of Kottayam (1951-74), Founder

### **Mar Mathew Moolakkatt**

Metropolitan Archbishop of the  
Archeparchy of Kottayam.  
Patron

### **Mar Joseph Pandarasseril**

Proto Syncellus, Archeparchy of Kottayam  
Chairman, Governing Body,  
BCM College Kottayam

### **Rev. Fr. Abraham Parambett**

Manager

### **Dr.T M Joseph**

Pro- manager

### **Prof. Dr. Thomas K. V.**

Principal

### **Dr. Annu Thomas**

Vice Principal

### **Ms Priya Thomas**

Vice Principal

### **Rev. Fr. Philmon Kalathra**

Secretary, Corporate Education Agency of  
Colleges, Archeparchy of Kottayam and  
Bursar, BCM College, Kottayam

## ABOUT THE COLLEGE

Bishop Chulaparambil Memorial College, Kottayam, established in 1955, was founded by Mar Thomas Tharayil in fulfillment of the vision of his predecessor, Mar Alexander Chulaparambil. Dedicated to the education and empowerment of young women, the college upholds the motto "*Sapientia Et Gratia*" — *Wisdom and Grace*.

True to its founding ideals, BCM College is committed to nurturing the holistic development of its students — not only through academic excellence but also by cultivating the skills, values, and global competencies essential in today's world.

The institution strives to unlock the full potential of every student, equipping them to meet contemporary challenges with confidence and integrity.

As a vibrant academic community, lovingly known as the BCM family, the college stands as a beacon of truth, justice, and social responsibility. Deeply rooted in its mission, BCM continues to inspire both teachers and students to uphold strong values and to remain committed to the upliftment of society, especially the marginalized and the needy.



## EDITORIAL

Every August, the tricolor flutters high, reminding us of the sacrifices that gave birth to an independent India. Yet, for the women of our nation, freedom has always carried layered meanings. While our foremothers fought shoulder to shoulder with men during the struggle for independence, their battle did not end in 1947. It continued—in classrooms, workplaces, and households—where the right to education, dignity, and equal opportunity had to be claimed, often against the tide of tradition.

Today, as we celebrate 78 years of independence, the question before us is: what does freedom mean for young women in India in 2025? It is not merely the absence of colonial rule; it is the presence of choices—choices to study without fear, to speak without censorship, to work without discrimination, and to live without violence.

A college is more than an institution; it is a space where freedom finds new definitions every day. Each lecture attended, each new role embraced, and each barrier broken is a continuation of the freedom struggle. Our responsibility is to ensure that this independence is not just symbolic, but lived.

As we march forward, let us remember: freedom is never a finished achievement. It is a living promise. And it is in our hands, as young women of India, to carry that promise into a future where equality is not a dream but a daily reality.

From Editorial Desk,

**Harsha Susan Benoy**, II DC English Media Studies

**Evelyn T Mathew**, II DC English Media Studies

**Afra Aysha**, II DC Computer Science

# SAMRUDHA

## CELEBRATING PROSPERITY

### ONAM 2025

The Onam celebrations of BCM College Kottayam was an event that spanned a whole week from 25th of August to the 29th. For four vibrant days, the spirit of Onam enveloped the campus bringing festivity and cheer in our little girl town.

25 August 2025

### Celebration blooms

The one-week Onam celebration at BCM College, titled 'Samrudha' (സമൃദ്ധ), officially commenced on August 25, 2025, with a series of vibrant and engaging events that set a festive tone for the entire week.

## INAUGURATION OF SAMRUDHA



The inaugural ceremony began at 10:10 AM with the official name reveal of the Onam celebration by College Principal, Prof. Dr. Thomas K.V. Following the inauguration, the college patio came alive with an interactive session with the Flowers Channel. Students participated with great enthusiasm in a spectacular Mega Thiruvathira dance and various games, with attractive gifts distributed to the winners.



## SKILL EXPO: “ONAM VIPANI”

The main highlight of the day was the inauguration of the Skill Expo, named 'ഓണവിപണി'. This unique event was inaugurated at 11:00 AM by College Manager Rev. Fr. Abraham Parambettu and Prof Dr. Thomas K.V. The expo, held at the college patio, showcased the talents of students from different departments. Each department actively participated by setting up stalls with a variety of items and attractive decorations, creating a bustling marketplace.





## TUG OF WAR



The afternoon session was dedicated to sports, with the preliminary rounds of the Tug of War competition commencing at 2:00 PM in the College Auditorium. The matches were filled with excitement as teams battled it out for a spot in the next rounds. The first day of the celebrations concluded beautifully, filled with culture, commerce, and competitive spirit.

## STAFF LUNCH

BCM College Kottayam, celebrated the spirit of Onam on 25th August 2025 with a special Onam lunch for staff. The event took place at the College Auditorium at 1:15 PM, bringing together faculty and staff members in a joyful and festive atmosphere. The lunch featured a traditional Onam Sadhya, allowing everyone to enjoy the cultural flavors of Kerala. The occasion was marked by camaraderie, laughter, and a shared sense of celebration, reflecting the unity and warmth of the BCM College community.



The event concluded on a cheerful note, leaving everyone with fond memories of a day dedicated to gratitude, togetherness, and the rich traditions of Onam.



The **second day** of the 'Samrudha' Onam week, held on August 26, 2025, continued the festive spirit with a series of major competitions in the College Auditorium. The 'Onam Vipani' skill expo, which was inaugurated on the first day, was also ongoing, drawing continued participation from students and visitors.

ACV Channel - Sravanam

The main event of the day was a grand competition organized in association with the ACV Channel. Students participated in various cultural events, showcasing their talents. The college team demonstrated exceptional skill and coordination, securing several prizes:

- 1st Prize in Group Song
- 1st Prize in Kaikottikali
- 2nd Prize in Thiruvathira
- 2nd Prize in Onampatt (Group Song)



## MALAYALI MANKA



A highlight of the day was the Malayali Manka Competition, also conducted in association with the ACV Channel. Students from various Departments participated, embodying grace and elegance of traditional Malayali culture. The winners were:

- 1st Prize: Ms. Josme Josekutty ,Dept of English
- 2nd Prize: Ms. Nikitha, Department of History
- 3rd Prize: Ms. Archana V.S, Department of Commerce



Malayali Manka with the proud teachers of the Department of English

Day two was a showcase of cultural prowess and talent, with the college community actively participating and celebrating the traditions of Onam.

The **third day** of the 'Samrudha' Onam week, held on August 27, 2025, continued the festive schedule with events for both faculty and students. The day's programs showcased the collaborative spirit of the BCM College community.



## STAFF CULTURAL PROGRAM



The afternoon began with a special program dedicated to the teaching and non-teaching staff of the college. From 1:30 PM to 3:00 PM, the College Auditorium was

the venue for this event, allowing the faculty and staff to participate in the celebrations and enjoy a dedicated moment of camaraderie and festivity.



Following the staff program, the competitive spirit was reignited with the highly anticipated semi-final rounds of the Tug of War competition. The matches, which began at 3:00 PM in the College Auditorium, were a display of strength and teamwork. After a series of thrilling contests, the Department of Sociology and the Department of Mathematics emerged victorious, securing their places in the final round.

The College Union 2025–26 organized a Saree Draping Competition on 27th August 2025 from 2:00 PM to 3:00 PM. Two participants from each department—one model and one draper—showcased their skills, celebrating elegance and tradition in a fun and creative event.



## ONAM 2025



The final day of the week-long 'Samrudha' Onam celebration at BCM College was a spectacular grand finale filled with vibrant cultural events, media presence, and traditional games. The day's proceedings were also covered by **Asianet News Channel** as part of its Yuvajanolsavam program.

The final day's events began with an official inauguration at 9:00 AM in the College Auditorium. The ceremony started with a welcoming speech delivered by College Chairperson, Ms. Kesia Elisebath Babu. Following this, College Principal Prof. Dr. Thomas K.V., College Manager Rev. Fr. Abraham Parambettu, and College Bursar Rev. Fr. Philimon Kalathara delivered heartfelt Onam wishes to the entire gathering. The dignitaries then participated in a ceremonial lamp lighting to mark the official start of the day. The inaugural ceremony concluded with a vote of thanks delivered by General Secretary, Ms. Anamika R. M.

## CULTURAL EXTRAVAGANZA

Following the formal program, the stage came alive with a variety of cultural performances. Each department presented its own program, showcasing the diverse talents within the college. The highlight of the cultural segment was a mesmerizing one-hour non-stop presentation by the BCM College team. The performance was a rich blend of traditional and contemporary art forms, featuring a skit with Maveli and Pulikali, classical dances like Mohiniyattam, and traditional songs such as Onam Patt and Vanijipattu. The performance also included the grace of Thiruvathira and the rhythm of Kaikottikali, seamlessly combined with modern elements like Semiclassical Dance, Fusion Dance, and an Ethnic Ramp walk. The College Union 2025-26 warmly welcomed the Asianet News "Yuvajanolsavam" team on 29th August 2025. The visit added excitement to the Onam celebrations, making the day lively and memorable for students and staff alike.

The afternoon at the College Patio was dedicated to traditional Onam Games. The day's events also featured the highly anticipated Tug of War Final at 2:00 PM. The day and the week-long celebrations culminated with the energetic and rhythmic beats of a Shingarimelam and Chendamelam, providing a fitting and the spectacular end to the 'Samrudha' festival. The final day successfully captured the spirit of Onam, leaving a lasting impression of culture, community, and celebration.





*Our teachers with the Yuvajansavam team of Asianet News*



*BCM dancing to the rhythm of Shingaris spreading the joyful vibe of Onam*



*"From Pookalam to 'Puli', we brought the energy! An unforgettable Onam celebration*

The Onam celebrations at BCM College brought together students, staff, and faculty in a joyful and vibrant atmosphere, reflecting the true spirit of unity, tradition, and togetherness. From colorful events to delicious Onam Sadhya, every moment was filled with laughter, creativity, and festivity.



## CELEBRATING THE SPIRIT OF FREEDOM- INDEPENDENCE DAY CELEBRATIONS

### REMEMBERING THE SACRIFICE



The **Department of Hindi** Bishop Chulaparambil Memorial College, Kottayam organized a patriotic programme titled “ज़रा याद करो कुरबानी” on 12th August 2025 as part of the 79th Independence Day Celebrations. The programme was held at 1:30 pm in the college patio. Students of the Hindi Department presented a musical drama combining music, dance, and art, which paid heartfelt tribute to the bravery and sacrifices of Indian soldiers. The performance highlighted the importance of remembering the valiant heroes who laid down their lives for the nation.



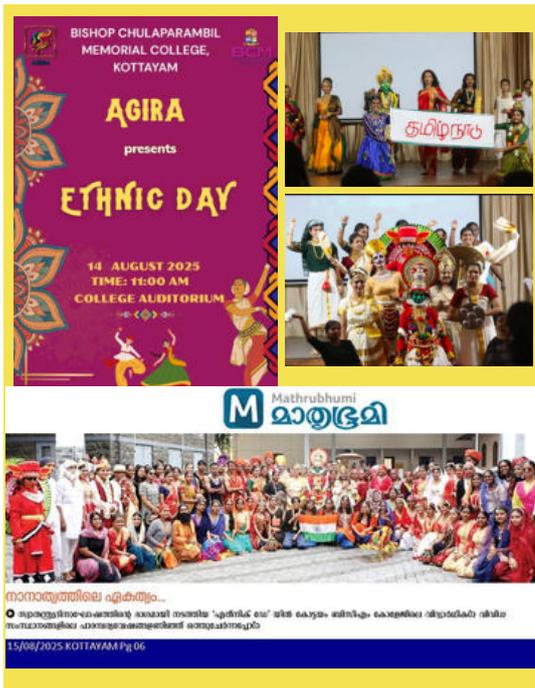
*“Honouring the valour of our heroes: A soulful tribute through music, dance, and drama.”*

# COLOURS OF FREEDOM

The **NSS unit** conducted a drawing competition in connection with Independence Day at St. Anne's L.P. School, near the college. Students participated enthusiastically, showcasing their creativity and artistic skills, making the event lively and engaging.



# ETHNIC DAY



Our College celebrated Ethnic Day on 14th August 2025 as part of the Independence Day celebrations. The programme showcased the rich cultural diversity of India, with students representing the unique traditions, attire, and lifestyles of various states. The celebration not only highlighted the significance of preserving India's cultural roots but also promoted national integration by bringing together traditions from across the country. The programme concluded with a pledge to uphold the values of freedom, harmony, and cultural pride. The Ethnic Day celebration served as a reminder of the beauty of India's pluralism and was a fitting tribute to the spirit of Independence Day.

*"Draped in Heritage, United in Pride"*

# INDEPENDENCE DAY FLAG HOISTING

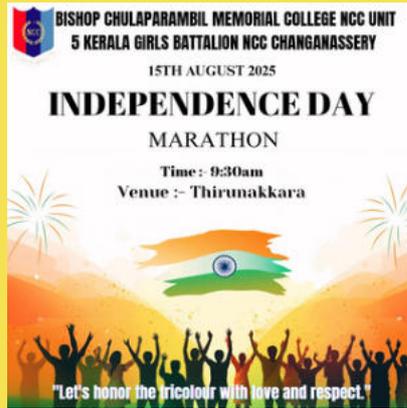
Every year on 15th August since 1947, India celebrates its Independence Day. This year marks the 79th anniversary, serving as a reminder of the values of freedom, and patriotism. As part of the celebration, the cadets of the BCM College Kottayam paid tribute to the national flag and sang the National Anthem. Flags were distributed throughout the area. Cadets actively participated in the programme in which 69 cadets took part, respectfully honoring the brave hearts behind India's Independence.



*"Saluting the Tricolour, Saluting the Brave"*

## STRIDE FOR NATION

As part of Independence day August 15th 2025 we **NCC Unit** of BCM College Kottayam conducted a Marathon at 9:30 am from College to Thirunakkara. ANO Jintumol K U And SUO Durga Prasad S did flower offering to the Mahatma Gandhi statue in Kottayam, Kerala, showcasing patriotism and commitment to the nation



*"Miles of Patriotism"*



## RANGOLI



*"Art that echoes the glory of freedom"*

As part of independence day the **NCC Unit** of BCM College Kottayam conducted a Rangoli Making Event under the leadership of Arya C S. During the NCC activity session, cadets were engaged in a creating different Rangoli designs. The act of creating a Rangoli design, a traditional Indian art form, showcases the cultural heritage and patriotic spirit, which is often celebrated during independence day.

## VISIT TO SHANTIBHAVAN



The **NSS** team on 15th August, visited Shantibhavan Care Home, Kottayam, as part of Independence Day celebrations. Volunteers spent time with the residents, engaging in singing, games, and other interactive activities. The visit fostered joy and meaningful interaction among the residents.

## ECHOES OF VALOUR: NAIK VISHNU C NAIR SHARES HIS JOURNEY

As part of independence day the **NCC Unit** of BCM college Kottayam conducted a google meet at 7:00pm. The session led by Nayik Vishnu C Nair. He shared his wonderful experiences of his military journey.

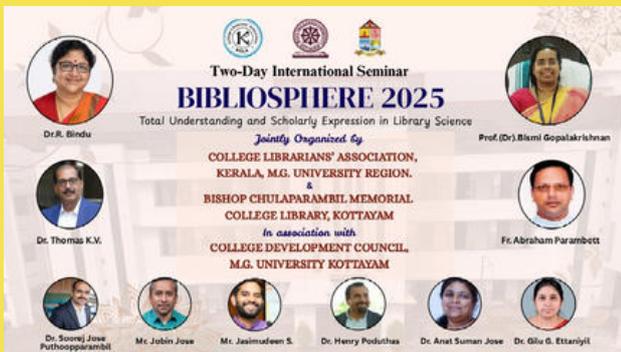


## BIBLIOSPHERE 2025

### Two-Day International Seminar

The international seminar BIBLIOSPHERE 2025 was convened at BCM College Kottayam to bring together professionals, educators, and researchers in Library and Information Science (LIS) to share innovative ideas, academic insights, and practical tools that support the growth of libraries in the knowledge era. Spanning two days, August 1st and 2nd, this academic event included technical sessions, expert talks, and a retirement felicitation ceremony. The theme of the seminar was, "Total Understanding and Scholarly Expression in Library and Information Science" and was organised by College Librarians' Association (KCLA), Kerala – M.G. University Region & Bishop Chulaparambil Memorial College (BCM) Library, Kottayam in association with the College Development Council, Mahatma Gandhi University, Kottayam.

The seminar was inaugurated by Prof. (Dr.) Bismi Gopala Krishnan, Registrar of Mahatma Gandhi University, in place of the originally scheduled Chief Guest, Dr. R. Bindu. Sr. Jincy Philip, Treasurer KCLA, & Convener Bibliosphere 2025, welcomed the gathering. The Keynote Address was delivered by Prof. Dr. Thomas K. V, Principal, BCM College while Rev. Fr. Abraham Parambett, Manager of the college delivered the presidential address. The gathering was felicitated by Dr. Anat Suman Jose, Vice President, KCLA & Convenor of the event and Ms. Liz Jacob, President, KCLA MGU Region and the vote of thanks was delivered by Mr. Muhammed Siyad P. S., Secretary, KCLA MGU Region.



*Glimpses from Bibliosphere*

The seminar was inaugurated by Prof. (Dr.) Bismi Gopala Krishnan, Registrar of Mahatma Gandhi University, in place of the originally scheduled Chief Guest, Dr. R. Bindu. Sr. Jincy Philip, Treasurer KCLA, & Convener Bibliosphere 2025, welcomed the gathering. The Keynote Address was delivered by Prof. Dr. Thomas K. V, Principal, BCM College while Rev. Fr. Abraham Parambett, Manager of the college delivered the presidential address. The gathering was felicitated by Dr. Anat Suman Jose, Vice President, KCLA & Convenor of the event and Ms. Liz Jacob, President, KCLA MGU Region and the vote of thanks was delivered by Mr. Muhammed Siyad P. S., Secretary, KCLA MGU Region.

The seminar was enriched by the presence of eminent resource persons from both international and national institutions. Dr. Soorej Jose Puthooppambal, Associate Professor at the Department of Women's and Children's Health, Uppsala University, Sweden, delivered a session on research funding and proposal writing. Mr. Jasimudeen S., UGC Librarian at St. Stephen's College, Uzhavoor, led an engaging session on AI tools for research. Mr. Jobin Jose.

UGC Librarian at Marian College, Kuttikkanam, presented practical strategies on academic publishing. An online session was delivered by Dr. Henry Poduthasse, Associate Professor, Marymount University, USA, who spoke on the role of libraries in social science research and innovation. A panel session on career advancement featured Dr. Anat Suman Jose (St. Peter's College, Kolenchery), and Dr. Gilu G. Ettanniyil (St. Thomas College of Teacher Education, Pala). Their diverse expertise and dynamic sessions provided valuable insights and inspired participants across all academic levels.

The valedictory session honoured retiring library professionals and concluded the two-day event on a graceful and emotional note. The Chief Guest of the day was Dr. Jogy Alex, Syndicate Member, MG University in whose presence, the gathering was welcomed by

Ms. Princy D. Nellanatu. The Presidential Address was given by Prof. Dr. Thomas K. V, principal of BCM College and Prof. Dr. A. S. Sumesh, Syndicate Member, MG University delivered the keynote address. The occasion included felicitations by Dr. Mohammed Mustafa, General Secretary, KCLA, Ms. Seena R. Nair, UGC Librarian, Baselius College Kottayam, Dr. Gilu G. Ettanniyil, Convenor, Expert Committee of LIS for UG and PG at MGU Kottayam.

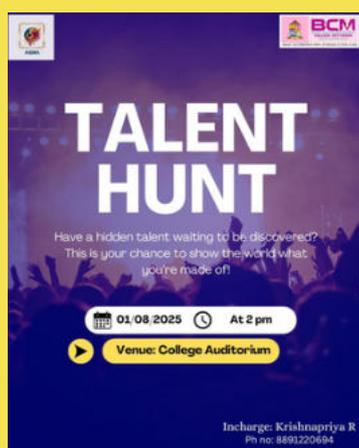
Mementos as a token of appreciation was presented to Dr. Cherian K. George by Prof. Dr. Jogy Alex, Ms. Bijimol Joseph by Prof. Dr. A S Sumesh and Sr. Moncita by Liz Jacob. The ceremony concluded with Ms. Droupathy Devi C. G., Joint Secretary, Kottayam, delivering the vote of thanks.

## PPSC/SSC COACHING

Bishop Chulaparambil Memorial College, Kottayam, in association with ENTRI App and TIME, has commenced training classes for competitive examinations including PSC, SSC, and Bank tests. The initiative, titled "A Gateway to Employability", aims to equip students with the necessary skills and guidance to secure government and banking jobs alongside their graduation. The classes have officially started, providing students with an opportunity to build a bright career while pursuing their academic goals.



## TALENT HUNT

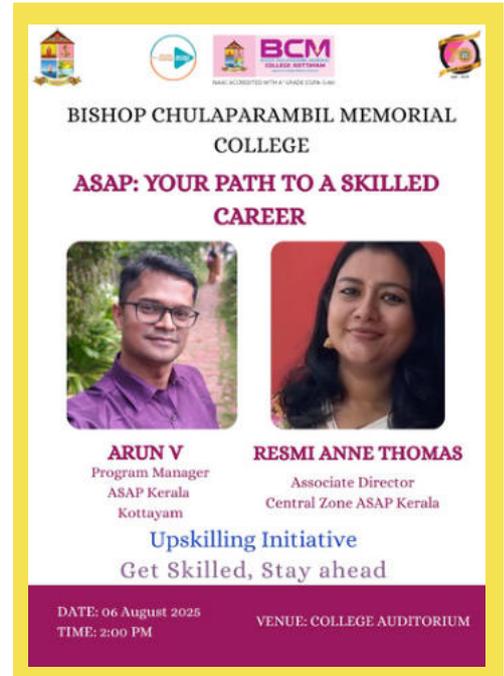


The **AGIRA** union of BCM College, Kottayam, organized a Talent Hunt on 1st August 2025 at 2:00 p.m. in the College Auditorium. The event provided a platform for students to showcase their hidden skills and creativity before an enthusiastic audience. Students from various departments participated in diverse performances, including music, dance, poetry, and mimicry, highlighting the rich pool of talent within the college. The program not only celebrated individual artistry but also fostered confidence and teamwork among participants.

## ASAP WORKSHOP: PATHWAY TO A SKILLED CAREER

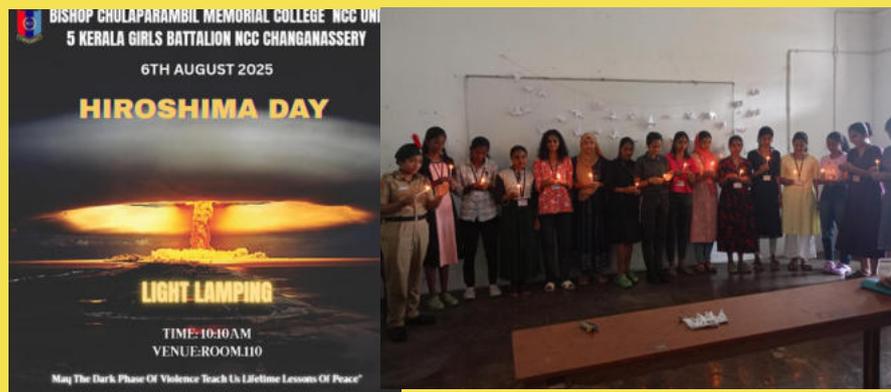
BCM College, Kottayam, in association with ASAP Kerala, organized a session as part of the Upskilling initiative on 6th August 2025 at 2:00 PM in the College Auditorium. The programme was led by Mr. Arun V, Program Manager, ASAP Kerala, and Ms. Resmi Anne Thomas, Associate Director, Central Zone ASAP Kerala. The session highlighted the importance of upskilling in today's competitive world and motivated students to explore diverse skill-development opportunities offered under ASAP.

The speakers emphasized how the initiative "Get Skilled, Stay Ahead" aims to prepare students for the demands of the professional world while enhancing employability. Students actively participated in the interactive session and expressed their interest in pursuing skill-based training programmes.



The flyer for the ASAP workshop features the logos of BCM College and ASAP Kerala. The title is "ASAP: YOUR PATH TO A SKILLED CAREER". It lists two speakers: Arun V, Program Manager of ASAP Kerala, Kottayam, and Resmi Anne Thomas, Associate Director of Central Zone ASAP Kerala. The event is part of an "Upskilling Initiative" with the slogan "Get Skilled, Stay ahead". The date is 06 August 2025, the time is 2:00 PM, and the venue is the College Auditorium.

## HIROSHIMA DAY

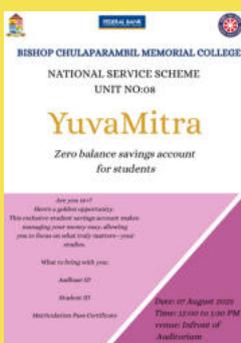


*"Lighting candles of peace, remembering Hiroshima"*

On August 6th, 2025, **NCC unit** of BCM College Kottayam observed Hiroshima Day with a candle lighting ceremony held in Room 110 at 10:10 AM. This solemn event was conducted to honor the victims of the atomic bombing of Hiroshima

and to promote a message of peace, nuclear disarmament, and global harmony. The program was conducted under the guidance of ANO jintumol K U and SUO Durga prasad.

## YUVAMITRA PROGRAM – ZERO BALANCE SAVINGS ACCOUNTS FOR STUDENTS



The **NSS unit** coordinated with Federal Bank, Branch Kalathipady to conduct a Yuvamitra account drive at the college on 7th August 2025. During the drive, 58 zero balance savings accounts were successfully opened for students.

## WHEN WOMEN LEAD, NATION TRIVES: A SEMINAR ON WOMEN IN POLITICS

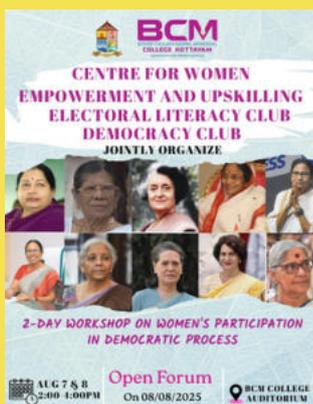
The **Centre for Women Empowerment and Upskilling**, in association with the **Electoral Literacy Club** and the **Democracy Club** of BCM College, Kottayam, organized a 2-Day Workshop on Women's Participation in the Democratic Process on 7th and 8th August 2025 at the College Auditorium from 2:00 PM to 4:00 PM.

The workshop aimed to create awareness among students about the significance of women's active involvement in democratic institutions and decision-making. Sessions highlighted the historical struggles, present challenges, and future possibilities of women's role in strengthening democracy.

Adv. Shanimol Usman (Ex-MLA), E. S. Bijimol (Ex-MLA), Mini K. Philip, and Lathika Subhash served as the speakers for the workshop, sharing their experiences and perspectives on women's empowerment in politics.

The programme concluded with an Open Forum on 8th August 2025, where eminent personalities of the political sphere actively discussed and shared their perspectives on enhancing women's participation in politics and governance. They shared the struggles and ordeals women encounter in balancing societal expectations with political engagement. The interactive discussions inspired the audience to recognize the importance of inclusivity and equal representation in a democratic setup.

The 2-day program successfully provided a platform for meaningful dialogue on women's role in democracy. It not only deepened the participants' understanding of the problems that women face in political participation but also inspired them to envision a future where equal representation becomes a reality. The event stood as a reminder that empowering women in the democratic process is essential for building a just and inclusive society.



*"When political party positions are re-established, women are still restricted from the centres of authority."*  
- Adv. Shanimol Usman, Ex MLA.

*"When reservations for women in panchayat elections were introduced, many ridiculed the idea, questioning how they would ever reach the office on time, after managing their household duties. And I answered with my conduct."*

- E S Bijimol, Ex MLA

*"Society perceives women as second class citizens. But women by her own capability should overcome such presumptions"*

- Mini K Philip

*"It is not responsibilities, but financial insecurity that confines women within the four walls"*  
- Lathika Subhash

## WORLD BREAST FEEDING WEEK(AUG 1-7)

As part of World Breastfeeding Week, the students of **M.Sc Child Development** organized an awareness program highlighting the importance and benefits of breastfeeding for both mother and child, explained correct feeding positions, and discussed the disadvantages of bottle feeding. Participants actively interacted, clarifying doubts and sharing experiences. The first session was conducted at the District Hospital, Kottayam, on 4/8/2025 at 10:00 am. Led by Anagha V and Nandana E.N., second-year MSc Child Development students. On 6/8/2025, the program was held at Anganwadi, Chingavanam, at 3:00 pm. The resource persons shared information in a simple and engaging manner, focusing on exclusive breastfeeding for the first six months and complementary foods. The final session was at an Anganwadi, Illikkal, on 8/8/2025 at 2:30 pm. The discussion once again stressed breastfeeding's role in child growth, immunity, and mother-child bonding, along with practical tips on positioning and avoiding bottle feeding. Active participation from mothers and workers showed the program's success in spreading awareness and encouraging healthier mothers and children.

## QUIZ COMPETITION

A Quiz Competition was conducted by the **Department of M.Sc. Child Development** on 7th August 2025. A total of 10 teams participated in the competition, comprising 20 members from various departments. After an engaging and competitive session, the results were as follows:

First Prize: Devika S. Pillai and Akhila Ganakumar (3rd DC FSQC Students)

Second Prize: Anugraha Jayan and Parvathy S. (3rd DC Physics Students)

The competition successfully encouraged students to gain valuable insights into breastfeeding practices and child health, aligning with the objectives of World Breastfeeding week.

## CHART EXHIBITION



On 6th August, the **Department of Family and Community Science** organized a chart exhibition on the patio of the college as part of World Breastfeeding Week. The event aimed to raise awareness about the benefits of breastfeeding for both mother and child. The charts, prepared by students, highlighted the nutritional and immune value of breastmilk, its role in child growth and maternal health, and its unique ability to adapt to the baby's needs. They also addressed common misconceptions and emphasized the importance of exclusive breastfeeding during the first six months, as recommended by health organizations. Overall, the exhibition successfully combined education and awareness, promoting breastfeeding as a natural and vital practice for the health and well-being of mothers and infants.

## BCM BEAMS - ALUMNI MEET

The BCM Beams Alumni Association of Bishop Chulaparambil Memorial College, Kottayam, conducted its Annual Alumni Meet on 9th August 2025 at 10.00 a.m. The event brought together former students from different batches, rekindling memories and strengthening the bond between the alumni and their alma mater.

A special highlight of the meet was the Golden Jubilee Celebration of the 1975 outgoing batch and the Silver Jubilee Celebration of the 2000 batch. The college community extended a warm welcome to these batches, honoring their contributions and cherishing their long-lasting association with BCM.

The gathering provided a platform for alumni to reconnect with old friends, share experiences, and discuss ways to support the growth of the college.

The event was marked by nostalgic moments, felicitation of the jubilee batches, cultural programs, and interactive sessions. Alumni members expressed their joy in revisiting their cherished campus and pledged to contribute towards the future endeavors of the college.

The annual alumni meet concluded on a note of togetherness, gratitude, and renewed commitment to uphold the legacy of BCM.



*"Back to BCM: Rekindling Bonds, Reliving Memories"*

## VIJNANOLSAVAM 2025

The District-Level Workshop of the Vijnana Kottayam Skilling Initiative 2025, a milestone event under the Knowledge Economy Mission of the Government of Kerala, was inaugurated on 9th August at B.C.M. College, Kottayam. The inauguration was performed by Shri. V.N. Vasavan, Minister for Cooperation, Ports & Devaswoms, Government of Kerala. The Presidential Address was delivered by Shri. Thiruvanchoor Radhakrishnan, MLA, Kottayam, while the Keynote Address was presented by Dr. T.M. Thomas Issac, Advisor, Vijnana Keralam and Former Finance Minister. Adv. Reji Zachariah, Member of the Syndicate, M.G. University, offered felicitations.





The event was organized by the Vijnana Kottayam Project Management Unit in collaboration with Mahatma Gandhi University and K-DISC. NSS volunteers of BCM College actively assisted in coordinating the workshop and extending hospitality, ensuring its smooth and efficient execution. Their dedicated service contributed greatly to the overall success of the event.

*" Dignitaries gracing the inauguration of vijnanolsavam"*

## CIVIL SERVICE ORIENTATION

A Civil Service Orientation Programme, organized by Lead IAS and Campus Prime, was held on 12–13 August 2025 at the BCM College Auditorium, Nuttavam.

Dr. Anuroop Sunny, Director of Lead IAS, inaugurated the sessions, offering valuable insights into exam strategies and preparation methods. Mr. Sijin Gopi, senior faculty with 12 years of experience, handled sessions on Pre-History, the Indus Valley Civilization, and the Vedic Age, highlighting their significance for UPSC.

The programme witnessed active participation from students, who benefited from the interactive lectures and expert guidance. It served as an inspiring start for aspirants aiming to pursue a career in civil services.



*Glimpses from the orientation class*

## YOUTH FOR DEMOCRACY - THE COLLEGE UNION ELECTION 2025

The College Union Election was held on 13th August 2025 following the Parliamentary system of election. Representatives from each department actively participated by casting their votes to elect members to the College Union. Dr Ajis Ben Mathew, Assistant Professor Dept of History served as the returning officer.

The votes were counted promptly, and the results were announced on the same day. The elected representatives now form the College Union, entrusted with voicing student concerns and working for the welfare and development of the campus community.

The swearing-in ceremony for the newly elected student union of Bcm College, Kottayam was held on August 22, 2025, at 1:15 PM in the College Auditorium. The event marked the official commencement of the new union's term, with all members pledging to uphold their duties and serve the student body with dedication. The ceremony was graced by the presence of several esteemed guests, including College Principal, Prof. Dr. Thomas K. V, College Bursar, Rev. Father Philimon Kalathara, and Election Committee Member, Dr Jipin V Jimmy.

The Principal, in his address, congratulated the new office bearers and emphasized the importance of leadership and responsibility.

The central part of the ceremony was the administration of the oath. Each elected member stepped forward to take their pledge, promising to work for the welfare of the college and its students. The newly elected Chairperson, Ms. Kesia Elisebath Babu, delivered a heartfelt vote of thanks, expressing gratitude to the college management and her fellow students for their support.

### New Office Bearers

- Kesia Elisebath Babu** – Chairperson
- Aryananda S.** – Vice Chairperson
- Anamika R. M.** – General Secretary
- Aparna Bino** – University Union Councillor
- Rudra Sasi S.** – University Union Councillor
- Keerthana Aneesh** – Arts Club Secretary
- Anna J. Chandy** – Magazine Editor
- Alphonsa Josy** – I DC Representative
- Akasiya M.** – II DC Representative
- Akhila Scaria** – III DC Representative
- Harsha Harikumar** – 1st PG Representative
- U K Gouri** – 2nd PG Representative



*"The Management with the newly elected student representatives"*

### STREAMS OF GRACE



Streams of Grace, organized by the **Catholic Students Movement (CSM)** of BCM College, was held on September 12, 2025 at the College Hostel Chapel. The program began with a Holy Mass at 1.15 p.m., followed by an inspiring talk by Rev. Fr. Shaji Kariplani, Capuchin. The event provided a spiritually enriching experience for the students.

### SHE - VOTE : NOT JUST A RIGHT, BUT TRULY A POWER

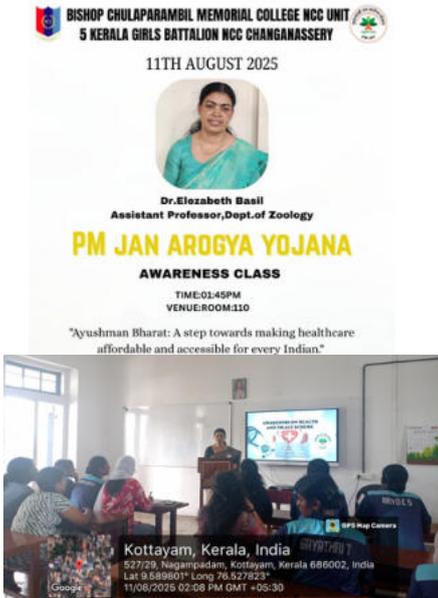
The **NCC Unit** of Bishop Chulaparambil Memorial College, in collaboration with the 5 Kerala Girls Battalion NCC, Changanassery, organized the "She Votes" campaign on 11th and 12th August 2025. The campaign was held in Room No. 226 at 8:30 a.m. The initiative aimed to raise awareness among young women about the importance of participating in elections. The campaign reinforced the message that "Voting is not only our RIGHT – It is our POWER", encouraging students to recognize their role in shaping the democratic process.



## PM JAN AROGYA YOGANA

An awareness class on Pradhan Mantri Jan Arogya Yojana was conducted on August 11th at 1:45 PM. The session was led by Dr. Elizabeth Basil, who provided detailed insights into the objectives, benefits, and implementation of the scheme. The program aimed to create awareness among participants about the health

insurance coverage offered under PM-JAY and how it supports economically weaker sections of society. The class helped the attendees gain a better understanding of the eligibility criteria, enrolment process, and the wide range of medical services covered under the scheme. The program was under the guidance of ANO jintumul K U and SUO Durga prasad.



**BISHOP CHULAPARAMBIL MEMORIAL COLLEGE NCC UNIT  
5 KERALA GIRLS BATTALION NCC CHANGANASSERY**

11TH AUGUST 2025



**Dr. Elizabeth Basil**  
Assistant Professor, Dept. of Zoology

**PM JAN AROGYA YOJANA**

**AWARENESS CLASS**

TIME: 01:45 PM  
VENUE: ROOM 110

"Ayushman Bharat: A step towards making healthcare affordable and accessible for every Indian."



Kottayam, Kerala, India  
52729, Nagampalam, Kottayam, Kerala 685002, India  
Lat 9.649801° Long 76.527823°  
11/08/2025 02:08 PM GMT +05:30

## EYE CARE CAMP



**BISHOP CHULAPARAMBIL MEMORIAL COLLEGE  
NATIONAL SERVICE SCHEME  
UNIT NO: 08  
of  
BCM BEAMS (ALUMNI ASSOCIATION)  
IN COLLABORATION WITH  
DR. AGARWAL'S EYE HOSPITAL  
EYE CARE CAMP**

Date: 20 August 2025  
Time: 9:30 AM  
Room No: 107

*"Eye Care, Community Care: NSS & BCM BEAMS in Action"*

The **National Service Scheme (NSS)** Unit No. 08 of Bishop Chulaparambil Memorial College, in association with BCM BEAMS (Alumni Association) and Dr. Agarwal's Eye Hospital successfully conducted an Eye Care Camp on 20 August 2025 at Room No. 107 of the college. The camp aimed to provide basic eye check-ups and awareness on eye health to students, staff, and the local community. Qualified ophthalmologists from Dr. Agarwal's Eye Hospital conducted eye examinations, vision tests, and provided guidance on eye care. The initiative was well-received, with active participation from students, faculty, and alumni members.

## WEBINAR ON "MAKING INDIA A SPORTING AND FIT NATION"

On 22nd August, our organization had the privilege of hosting a thought-provoking webinar titled "Making India a Sporting and Fit Nation" delivered by Mr. Luke Leon Kurien, Assistant Professor, Dept of Physical Education. The session focused on strategies to promote sports development and fitness across the nation, highlighting the importance of grassroots-level initiatives and community engagement. The speaker's insightful perspectives and experiences shed light on the role of sports in shaping the nation's health, youth development, and national pride. The webinar sparked engaging discussions and valuable Q&A, providing attendees with practical takeaways to contribute to India's sporting and fitness journey.



**BISHOP CHULAPARAMBIL MEMORIAL COLLEGE NCC UNIT  
5 KERALA GIRLS BATTALION NCC CHANGANASSERY**

22 AUGUST 2025

**MAKING INDIA SPORTING  
AND FIT NATION  
WEBINAR**



**Luke Leon Kurien**  
Department of physical education  
Time :- 7:00 pm

## NATIONAL SPACE DAY

The **NCC unit** celebrated Space Day with great enthusiasm, where 32 cadets participated in a poster-making competition. The event aimed to foster creativity and awareness about space exploration and its significance. Cadets showcased their artistic skills, depicting various themes related to space, such as planets, astronauts, and spacecraft. The posters were evaluated based on creativity, relevance, and overall presentation. The event concluded with the distribution of certificates and prizes to the winners, encouraging cadets to explore the wonders of space and develop their artistic talents.



## NATIONAL SPACE DAY: VOICES OF EXPLORATION

**BCM**  
BISHOP CHULAPARAMBIL MEMORIAL COLLEGE  
KOTTAYAM, KERALA

**DEPARTMENT OF PHYSICS**

In Association with  
organizes

**ISRO**

**National Space Day Celebration  
2025**

**Interdepartmental  
SPEECH COMPETITION**

Topic: Aryabhata to Gaganyaan;  
ancient wisdom to infinite possibilities

11 August 2025  
9:00AM  
Room no:314

link for registration  
<https://forms.gle/GYCfrTqdVdTPPkU8>

WINNERS WILL  
BE PROVIDED  
WITH  
CERTIFICATE  
FROM ISRO

Student coordinator:  
Josna B Pradeep  
+91 81379 83772

Faculty coordinator:  
Dr.SmithaJoseph

Kottayam, Kerala, India  
527/29, Nagampadam, Kottayam, Kerala 686001, India  
Lat 9.589652° Long 76.528075°  
11/08/2025 09:58 AM GMT +05:30

*Glimpses from the speech competition*

The **Department of Physics**, BCM College, Kottayam, in association with ISRO, organized an Interdepartmental Speech Competition as part of the National Space Day Celebration 2025 on 11 August 2025 at 9:00 AM in Room No. 314. The event was inaugurated with a warm welcome address by Dr. Smitha Joseph, Faculty Coordinator. The competition, based on the theme “Aryabhata to Gaganyaan: Ancient Wisdom to Infinite Possibilities”, encouraged participants to reflect on India’s pioneering journey in space exploration. Students from various departments showcased their knowledge and eloquence through thought-provoking speeches. The first prize was awarded to Devu Vinodini of III DC BA English, the second prize to Utthara V. S. Nair of I DC Bsc Physics, and the third prize to Meenakshi C. J. of III DC Food Science & Quality Control. The programme concluded with a vote of thanks by Josna B. Pradeep, Student Coordinator.

## BUILD YOUR SATELLITE

The **Department of Physics**, BCM College, Kottayam, in association with ISRO, organized an Interdepartmental Satellite Model Making Competition as part of the National Space Day Celebration 2025 on 12 August 2025. Participants from various departments showcased remarkable skill, blending technical understanding with aesthetic presentation. The competition not only highlighted the talent and ingenuity of the students but also deepened their appreciation for India's achievements in space science. The event concluded on an inspiring note, encouraging students to pursue their scientific interests with greater enthusiasm.



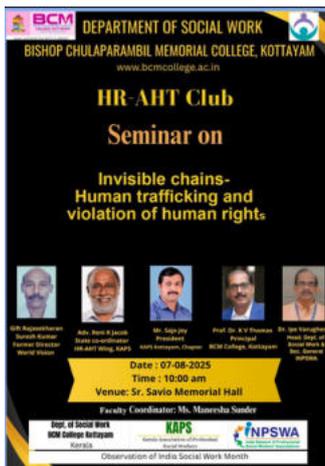
## CHLORINATION DRIVE WITH DISTRICT HOSPITAL KOTTAYAM



On 30th August 2025, the **NSS and NCC unit** of BCM College Kottayam, conducted an extension program in collaboration with District Hospital, Kottayam. A chlorination drive was organized to improve water sanitation in the community. Many students and local residents actively participated, contributing to better public health.



## HR- AHT CLUB INAUGURATION



The inauguration of the HR-AHT Club Activities 2025–26, organized by the **Department of Social Work**, was held on 7th August 2025. BCM College, Kottayam. A total of 50 participants attended the program. The program commenced with a welcome speech delivered by Dr. Ipe Varghese. The presidential address was delivered by Dr. K. V. Thomas, Principal, BCM College. The official inauguration was carried out by Mr. Gift Rajasekharan Suresh Kumar through the lighting of the lamp who was honoured by Dr. Ipe Varghese. The keynote session was conducted by Adv. Reni K. Jacob who also delivered a seminar on the topic "Invisible Chains – Human Trafficking and Violation of Human Rights". As a token of love and respect, a sapling was presented to the guests. Felicitation speeches were delivered by Mr. Sajo Joy, President, KAPS, and Ms. Maneesha Sunder, HR & AHT Club Coordinator. The vote of thanks was proposed by TSW Dona Kurian, and the program concluded with the National Anthem.

## AWARENESS SESSION ON CHILD RIGHTS AND POSTER EXHIBITION

In light of the recent disturbing case from Nooranad in Kottayam district, where a nine-year-old girl revealed, via a handwritten note in her school notebook, the alleged physical abuse she endured at the hands of her father and stepmother, the **Department of Social Work** promptly organized an awareness session on child rights and the critical importance of seeking help from teachers or peers during emotional crises at St. Anne's GHSS, Kottayam. The session was led by the Head of Department, Dr. Ipe Varghese alongside the active involvement of SSWADIN board members and faculty coordinator Ms. Maneesha Sundar. Later on, trainees prepared and presented a poster exhibition at 1:30 PM

In front of the college patio, inaugurated by Rev. Fr. Philmon Kalathra, Secretary Corporate Educational Agency of Colleges, Arch Diocese Kottayam, with felicitation by Mr. Lukose P. J., assistant professor social work department and the presidential address delivered by Dr. Ipe Varghese, head of department of social work. The initiative aimed to raise awareness among the students from other departments and schools to the urgency of safeguarding child rights. The program concluded with a quiz

A poster for an awareness session. The title is "1. AWARENESS SESSION ON CHILD RELATED ISSUES AND RIGHTS @ ST. ANNE'S GHSS" and "2. POSTER EXHIBITION @ College Patio". It includes the quote "CHILDREN ARE OUR GREATEST TREASURE. THEY ARE OUR FUTURE - NELSON MANDELA". The date and time are "1:30 PM" and "College Entrance" on "08/08/25". The contact email is "bcmmsw@gmail.com". The text at the bottom reads "Building a safer and informed future - Child rights awareness session".A group photograph of students participating in the awareness session. They are sitting on the floor in a circle, listening to a speaker who is standing at the front. The setting is an outdoor patio area.

competition on child rights conducted by first-year MSW students. The participants received small prizes in recognition of their engagement.

## A SEMINAR ON SOCIAL WORK AND ITS RELEVANCE



*"Exploring relevance of social work"*

The **Department of Social Work**, Bishop Chulaparambill Memorial College, Kottayam, in collaboration with Government Higher Secondary School, Kudayathoor, Idukki, organized a Master of Social Work and Higher Secondary Social Work Interaction Program on 11 August 2025 at 2:00 PM in the BCM College Auditorium as part of the Observation of India Social Work Month. The session, on the theme "Relevance of Social Work in Present Society," was led by Dr. Ipe Varughese, Head of the Department of Social Work and Secretary General of INPSWA, who shared valuable insights on the role, challenges, and opportunities of social work in the modern era.

The program featured an exhibition of projects and awareness materials, knowledge-sharing sessions, one-to-one interactions between MSW students and higher secondary students and Mr. Shynoj O V, Social Work Teacher at Government HSS, Kudayathoor and former msw student of bcm college also share his experiences. The event created a vibrant platform for mutual learning, strengthened professional understanding, inspired students to pursue higher studies in social work, and fostered a spirit of collaboration and community engagement, leaving a lasting impact on all participants.

## THEATRE WORKSHOP

The **MSW Department** of BCM College conducted a three-day theatre workshop at Christavasramam, Manganam. The program focused on enhancing theatrical skills like voice modulation, improvisation, and stage presence, while also promoting teamwork, confidence, and relaxation techniques. The workshop concluded with a valedictory session, where participants shared their experiences, and faculty provided feedback. Dr. Ipe Varughese, Head of the Department of Social Work, presented a memento to Mr. Shynoj O.V and his team in appreciation of their contribution. The event was marked by creativity, enthusiasm, and meaningful learning, leaving a lasting impact on all participants.



## KAPS MEMBERSHIP CAMPAIGN

The **Department of Social Work** at BCM College, Kottayam, Organized the KAPS Membership Campaign and Seminar on Student power in Social Work: United for Justice, Stronger bond- Join today. Belong together. The programme began with Ms. Aneenamol Shaji, Assistant Professor, the Department of Social Work, warmly welcoming the gathering. Dr. Ipe Varughese, Secretary General of INPSWA and HOD of Social Work, delivered the presidential address. The

formal inauguration of the program was marked by the symbolic lighting of the lamp. This ceremonial moment was led by the Chief Guest, Dr. Cheriyan P. Kurian, President of KAPS, who officially inaugurated the seminar and delivered an inspiring and motivating inaugural address. He highlighted the critical role of KAPS in empowering young social workers and promoting ethical and effective professional practice. As part of the program, Dr. Cheriyan P. Kurian also distributed KAPS membership certificates to first-year social work trainees, formally welcoming them into the professional community. The vote of thanks was delivered by TSW Leena Jacob, who expressed heartfelt gratitude to all dignitaries, guests, faculty members, and students for their valuable support and contributions.



## ORGANIZATION VISIT TO MUNDAKAPADAM MANDIRAM AND CARITAS HOSPITAL



The trainee social workers of the department of **MSW** conducted an organization visit to Mundakapadam Mandiram Society at Manganam, Kottayam. This was founded in 1933 by Shri. P. C George and his sister Leyamma, inspired by the Faith in God and compassion for people suffering from cholera and abandonment. This visit was coordinated by Ms. Aneenamol shaji. There were 24 students who participated in the visit. The students observed the Institution and their function and visited

different section like 'Soumya Bhavan, Sneha Bhavan, Karuthal Bhavan, etc. We observe the Institution is well- organized, clean, and homely and the staff showed dedication and compassion in their service. The visit promoted understanding of community based care and the importance of compassionate service.

The MSW as part of our fieldwork, conducted an organization visit at Caritas Hospital, Kottayam. This institute was founded in 1962 by Bishop Mar. Thomas Tharayail for the foundation of two basic ideas which are charity and pursuit. This visit was coordinated by Ms. Maneesha Sundar. 25 students participated. The students visited different sectors of the Institution and observed it's vision "extend the healing ministry and compassionate love of Jesus. Motto "kenotic love saves life". They have 43 department, 300+expert doctors and 3000+dedicated staff. In the observation, the Institution was well maintained and neat, they have 4.7starrating.



## WORKSHOP ON MEDIA STUDIES MOU WITH RASHTRA DEEPIKA

A one-day workshop on Media Studies was organized by the **Department of English**, BCM College, Kottayam, in association with MG University and Rashtra Deepika Ltd., on 4th August 2025. On the same day, a Memorandum of Understanding (MoU) was also signed between the college and Rashtra Deepika Ltd. Dr. Riya Susan Scariah, Head of the Department of English, welcomed the dignitaries. Fr. Abraham Parambett, Manager of the College, delivered the presidential address. The session was officially inaugurated by Rev. Fr. Michael Vettikkatt, Managing Director of Rashtra Deepika. Fr. Dr. George Kudalil, Chief Editor of the daily, delivered the keynote address. The Principal, Prof. Dr. Thomas K.V., and the Bursar, Fr. Philmon Kalathra, also felicitated the gathering. Ms. Ancy Cyriac, Faculty Coordinator of the workshop, expressed gratitude to all the dignitaries and participants, marking the conclusion of the formal inaugural session.



*“Signing the Mou”: A commitment to Collaboration”*

*“Receiving insights from the best in the field”*

The workshop featured two resource persons: Ms. Ashiqha Sultana, Assistant Professor, Department of Communicative English, CMS College, Kottayam, and Ms. Zeba Nazar, Assistant Professor, Department of English, Literature and Communication Studies, St. Teresa’s College (Autonomous), Ernakulam. Ms. Ashiqha Sultana led the first session titled "From Communication to Columns: Communication Theories and Print Media Dynamics," which concluded by 1 PM. After the lunch break, Ms. Zeba Nazar conducted the session "Contemporary Discourses in Digital Media and Media Ethics," which concluded by 3 PM. The workshop ended with a vote of thanks delivered by Ms. Nisha Mary Peter, Faculty Coordinator.

## ASSOCIATION INAUGURATION - DEPT OF ENGLISH



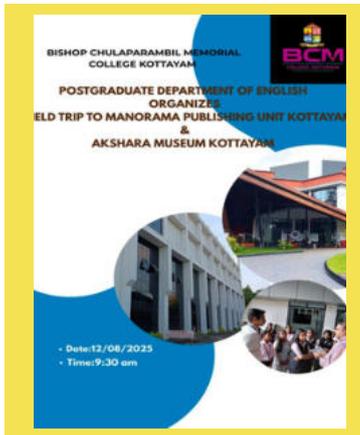
The Postgraduate Department of English, in collaboration with Mashikkoottu, organized its Association Inauguration and Panel Discussion on 7th August 2025 at the Educational Theatre. The programme began with a welcome address by Ms. Josme Josekutty, Vice-President of the English Association, followed by the Presidential Address delivered by Dr. Riya Susan Scariah, Head of the Department, who highlighted the department’s vision and commitment to academic excellence. Ms. Susan Jacob, Secretary of the Association, introduced the distinguished guests—Ms. Sreeparvathy, novelist and scriptwriter, and Dr. Adoney T. John, former Big Boss contestant and Founder of Lab Innovations.

As part of the collaboration, copies of a book published by Mashikkoottu were distributed to association leaders and class prefects. Following this, the Principal, Dr. Thomas K. V., felicitated the gathering with words of encouragement and support. The highlight of the event was the Inaugural Address by Ms. Sreeparvathy, who also officially launched the English Association, Thanmaya: A Literary Journey, and the department blog, Lit Scrolls. A moment of pride followed with the release of the manuscript magazine Nocturne, a creative compilation by first-year BA English students. Dr. Adoney T. John officially unveiled the magazine.



The concluding segment featured an engaging panel discussion on "Thrillers: Cinema and Writing," led by Ms. Sreeparvathy and Dr. Adoney T. John. The discussion explored themes such as narrative perspective, moral ambiguity in storytelling, and the sub-genres of thrillers. The event marked the formal commencement of the department's academic and creative activities of the academic year.

## AN INDUSTRIAL VISIT TO MANORAMA AND AKSHARAM MUSEUM



The **Postgraduate Department of English**, Bishop Chulaparambil Memorial College, Kottayam, organized a field trip on 12 August 2025 to the Manorama Publishing Unit and the Akshara Museum, Kottayam.

The visit to the Manorama Publishing Unit provided the students with valuable insights into the functioning of one of India's leading publishing houses. They observed the tremendous effort involved in producing even a single set of newspapers and also gained a practical understanding of how modern technology blends with traditional publishing practices. This insightful session was guided by Mr. Rakesh

James and team, who explained the technical intricacies behind the scenes of print media.

The visit to the Akshara Museum opened a fascinating window into Kerala's cultural and literary history. The museum houses a collection of manuscripts, inscriptions, and original copies of many distinguished classics, along with signatures of prominent Malayalam writers. It provided students with a deeper understanding of the evolution and origin of languages and scripts, including glimpses of prehistoric languages and cultural depictions. The experience was further enhanced with digital aids, which made learning more interactive and engaging.

The field trip was a memorable blend of technical knowledge and cultural awareness. Students returned with a deeper appreciation of the publishing industry and the literary legacy of mankind.

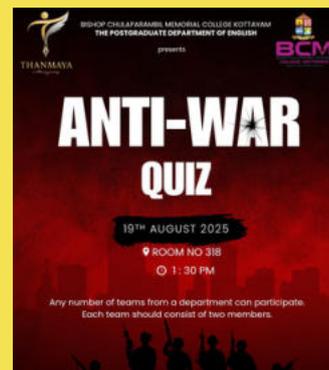


*"BCM College partners with Lead IAS to launch Kerala's first residential IAS mentoring campus for women."*

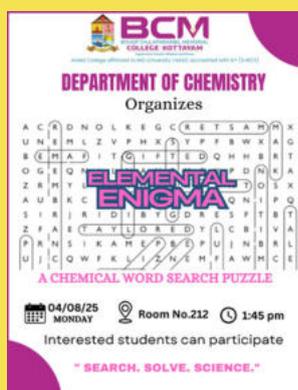
*"Unveiling the roots of language and literature at Akshara Museum"*

## ANTI WAR QUIZ ON WORLD HUMANITARIAN DAY

On 19 August 2025, the Post Graduate Department of English organized an Anti-War Quiz to mark World Humanitarian Day. The quiz focused on policies, historic leaps, activism, and monuments that stand against war and cruelty. Students participated enthusiastically, making the event a lively and thought-provoking one. Selma Selvam and Anugraha, students of 3rd Year B.Sc. Physics emerged as the winners, securing the first position. They were felicitated with a token of appreciation at the Association meeting.



## WORD SEARCH PUZZLE- ELEMENTAL ENIGMA



*"Crack the Code, find the word"*

The Department Chemistry, BCM College, Kottayam, organized a word search puzzle competition titled "Elemental Enigma". The puzzle consisted of twenty simple chemistry-related words hidden within a grid. Participants were required to identify and mark as many words as possible within the allotted time. The student who successfully identified the maximum number of words was declared the winner. The event drew lively participation from students across departments, making it both fun and intellectually engaging. The winners were Alka Treesa Joseph (First DC Mathematics) and Aneeta Joseph (First DC Physics). The event was both educational and enjoyable, providing students with an opportunity to reinforce their subject knowledge in a recreational format. The Department extended heartfelt congratulations and prizes to the winners and appreciation to all participants for their active involvement.

## ASSOCIATION INAUGURATION - DEPT OF CHEMISTRY



*"Let the experiments begin! RASIKA Inauguration 2025."*

The Department of Chemistry, BCM College, conducted its Association Inauguration on 22nd August 2025. The Association was inaugurated by Dr. Gigi Abraham, former Head of the Department of Chemistry, Providence Women's College, Calicut, and a distinguished alumna of BCM College. As part of the programme, Dr. Gigi Abraham delivered an inspiring and insightful session on "Pragmatic Women", which was highly appreciated by the students and faculty. On this memorable occasion, the Department officially named its Chemistry Association as RASIKA, symbolizing research, scientific inquiry, and knowledge advancement. The inauguration set a motivating start to the academic and co-curricular activities of the Department for the year.

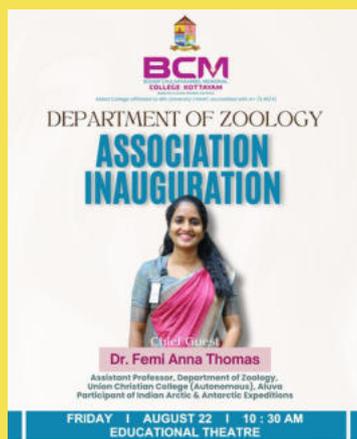
## ASSOCIATION INAUGURATION- DEPT OF BOTANY

The Department of Botany, BCM College, Kottayam, inaugurated its Botany Association Lavandula for the academic year 2025–26 on August 22 in the Department of Botany. The function began with a warm welcome address delivered by Anuja Susan Joy, Association Vice President. The presidential address was delivered by Dr. Peter K. Mani, Head of the Department of Botany and Association President. The official inauguration and keynote address were conducted by Dr. Chandralekha C.T., Assistant



Professor, Post Graduate Department of Botany, Devamatha College, Kuravilangad. She delivered an insightful seminar on “Exploring Avenues After B.Sc. Botany”. In her talk, Dr. Chandralekha elaborated on the wide range of opportunities available for Botany graduates, including higher studies, research prospects, entrepreneurship etc. She also encouraged students to explore emerging fields like biotechnology, environmental science, and conservation, thereby motivating them to think beyond traditional paths. The programme concluded with a heartfelt vote of thanks proposed by Dana Benny, Association Secretary. Following the inaugural session, the department also organized a Freshers’ Party to welcome the first-year students into the Botany family. The event strengthened the bond between seniors and juniors and created a vibrant start to the new academic year.

## ASSOCIATION INAUGURATION - DEPT OF ZOOLOGY



*“Miss Femi Anna Thomas enlightens the gathering with her talk”*



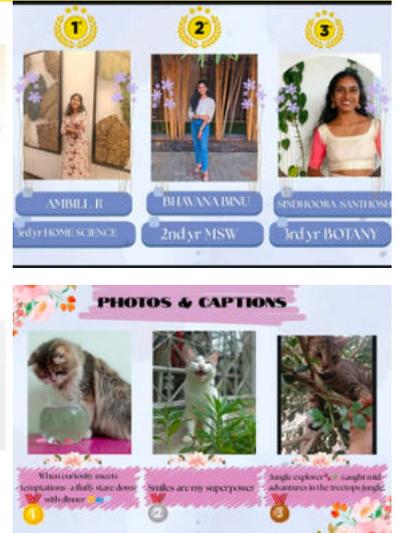
The **Department of Zoology**, BCM College, Kottayam, conducted its Association Inauguration on Friday, 22nd August 2025. The session was graced by Dr. Femi Anna Thomas, Assistant Professor, Department of Zoology, Union Christian College (Autonomous), Aluva, and participant of the Indian Arctic and Antarctic Expeditions, who served as the chief guest. She inaugurated the association and delivered an inspiring address, sharing her experiences as part of the

polar expeditions and highlighting the importance of scientific curiosity and environmental awareness. The event began with a prayer, followed by the welcome address and presidential remarks. The formal inauguration was succeeded by the keynote session by Dr. Femi, which captivated the audience with vivid insights into wildlife, climate change, and the life of a researcher. The programme concluded with a vote of thanks, marking the successful beginning of another academic year of the

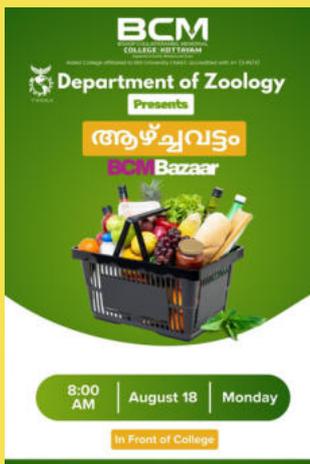
## 'CAT'-CH THE MOMENT

The **Department of Zoology**, BCM College, Kottayam, organized an online photography contest titled "CAT-ch the Moment" in connection with International Cat Day on August 8, 2025. The competition invited students and staff of the college to capture and share special, cute, or quirky moments of cats, celebrating the charm and playfulness of these animals. A large number of creative entries were received. The best photographs were selected based on

creativity and composition, and the top entries were featured on the official Zoology Department Instagram page, with winners receiving special recognition. The contest provided a fun and engaging platform to promote animal appreciation and creative expression among the college community.



## AAZHCHAVATTOM



*"Students selling their commodities"*

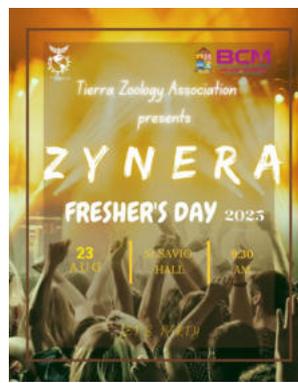
The **Department of Zoology**, BCM College, Kottayam, organized "TIERRA – ആഴ്ച്ചവട്ടം BCM Bazaar" on Monday, 18th August 2025, in front of the college from 8:00 AM onwards. The event aimed to promote sustainability and entrepreneurship among students by providing a platform to showcase and sell eco-friendly and handmade products. Various stalls were set up featuring organic items, handmade crafts, snacks, and sustainable alternatives to daily-use materials. The bazaar witnessed enthusiastic

participation from students and faculty, creating a lively and engaging atmosphere on campus. The initiative encouraged environmental awareness, responsible consumption, and community interaction, aligning with the department's commitment to promoting ecological consciousness through practical learning experiences.

## FRESHER'S DAY- ZYNERA

The **Zoology Association** "Tierra" of Bishop Chulaparambil Memorial College, Kottayam, organized "ZYNERA – Freshers' Day 2025" on August 23, 2025, at 9:30 AM in Sr. Savio Hall. The event was conducted to warmly welcome the first-year Zoology students into the BCM family. The programme began with a prayer and a welcome address by senior students, followed by fun games, cultural performances, and interactive sessions that helped the newcomers feel comfortable and connected. The highlight of the event was the vibrant participation of both

seniors and freshers, creating an atmosphere filled with laughter, energy, and camaraderie. The programme concluded with a vote of thanks and group photographs, marking a joyful beginning to the academic journey of the new batch.



## DEPARTMENT OF FOOD SCIENCE AND QUALITY CONTROL - FOOD EXPRESS

A poster is done on every Friday of the month on the main headline of Food Related News as "FOOD EXPRESS". This new poster on "BENEFIT OF NUTMEG" has been done by Karthika Udhayakumar 2DC FSQC. Did you know? "Nutmeg benefits oral health, Supports heart health and helps with weight management"



A food poster on "BENEFIT OF FATTY FISH" was done by Mythreyi D 2nd DC FSQC as part of Food Express that is conducted every Friday of the month.

Did you know? Fatty Fish *improves heart health, brain function, and reduced risk of chronic diseases*

FOOD EXPRESS" on 29th of August, Friday was on "BENEFIT OF CORN" done by Pavithra Raj 2nd DC FSQC.

Did you know: *It supports digestion, boosts energy, protects eye health, and provides essential vitamins and minerals.*



### PRODUCT FOR SALE: BRAZILIAN LEMONADE

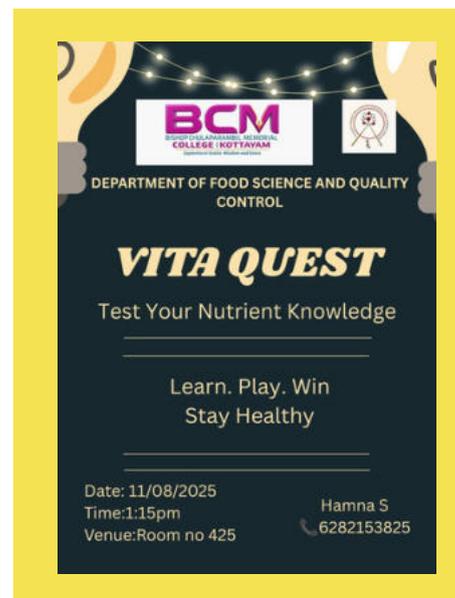


Ananya Nair, second-year FSQC student, made a new product called Brazilian Lemonade on 12/08/2025 and sold in different departments during break. Sale was initiated in the department as skill enhancement live lab. 5 were sold and the reviews were collected. The reviews received good comments about the product.

. Did you know? *Lemons are a rich source of vitamin C, which supports immunity, collagen formation, and antioxidant protection. They also provide potassium for heart and muscle function, fiber for healthy digestion, and anti-inflammatory effects. In smaller amounts, lemons contain vitamin B6, folate, and magnesium, making them a nutritious, refreshing fruit that supports overall health*

The **Department of Food Science and Quality Control** of BCM College, Kottayam, organized Vita Quest—an engaging quiz competition on August 11, 2025. The event aimed to test and enhance students' knowledge of nutrition and healthy living through an interactive and fun-filled approach. Participants enthusiastically took part in the quiz that combined learning with excitement under the theme "Learn. Play. Win. Stay Healthy."

Devanayana from I DC English secured the first position, while Anjupriya K and Evelyn T Mathew from II DC English bagged the second prize. The event proved to be both informative and entertaining, promoting awareness about the importance of nutrition in everyday life



## ASSOCIATION INAUGURATION -DEPT OF COMPUTER SCIENCE AND FRESHERS DAY CELEBRATION



As part of the Freshers Day Celebration, the Department of Computer Science organized a vibrant and welcoming event on 11th August 2025. The celebration featured various entertaining games and activities designed to break the ice and encourage participation from all attendees and was conducted in a spirit of fun and camaraderie, allowing everyone to participate freely and enjoy the

festivities. The highlight of the celebration was the selection of the "Best Fresher" award, which was won by Kowsalya for her outstanding participation and impressive performance throughout the event. The event served as a perfect platform for first-year students to be warmly welcomed by their seniors, fostering a sense of belonging and community within the department.

As part of the Association Inauguration, the Department of Computer Science organized a prestigious ceremony to officially launch the "Technowizards" association on 11th August 2025. The event was graced by the presence of Sunila Alexy Mathew, Head of Department and the President of the Association. The highlight of the ceremony was the official appointment of elected members to their respective positions. The Association President ceremonially pinned the name tags on the newly elected members, symbolizing their official induction into leadership roles within the Technowizards association. This gesture represented the trust and responsibility bestowed upon these students to guide and lead their peers in technical endeavors. The newly elected members are:

Vice president: Rameeza Jasmine

General Secretary: Eshitha Ravikumar

Treasurer: Afra Aysha

Assistant Secretary:- Aliya Mol P A

Assistant Treasurer:- Akshaya S

*"The technowizards of the Computer Science department"*



## ASSOCIATION INAUGURATION -DEPT OF FAMILY AND COMMUNITY SCIENCE

The **Department of Family and Community Science** celebrated the inauguration of its association on 11th August with much enthusiasm and joy. The programme was held at Sr. Savio Hall and witnessed the presence of faculty members, students, and distinguished guests. The inaugural ceremony was graced by Dr. Sudha, Gynecologist, Government Hospital, Kottayam, who officially inaugurated the association. On this occasion, she unveiled the name of the association, "Vajra", symbolizing strength, resilience, and brilliance. In her address, Dr. Sudha highlighted the significance of home science in promoting health, nutrition, and overall well-being, and encouraged the students to use their knowledge in service of the community. The Oath-Taking Ceremony followed the inauguration and the office bearers pledged their commitment to work sincerely towards the growth and success of the department's activities. The programme also featured a Merit Day celebration, during which the rank holders of the previous academic years were honoured and appreciated for their hard work and achievements. Once the official ceremonies concluded, the stage came alive with a cultural programme organized by the students that kept the new faces entertained.



*"Congratulations to the students elected as the core of Vajra"*

## SEMINAR ON WOMEN AND HEALTH

A seminar on the topic "Women and Health" was organized by the Department of Home Science on 11th August at Sr. Savio Hall. The session was led by Dr. Sudha, Gynecologist, Government Hospital, Kottayam, who shared her insights and expertise with the students and faculty. Dr. Sudha, in her talk, highlighted the importance of women's health across different stages of life, emphasizing the need for awareness, timely medical care, and lifestyle modifications. She spoke in detail about common health issues faced by women such as anemia, nutritional deficiencies, reproductive health concerns, and lifestyle-related disorders. She also stressed the significance of early diagnosis and preventive measures, underlining the role of diet,



exercise, and mental well-being in maintaining good health. The interactive session that followed allowed students to clarify their doubts, making the seminar both informative and engaging. As part of the programme, the department also introduced a new product, “LactoNova –Natural Nourishment for Mother and Child,” developed under the HOMIE initiative. Designed to support healthy lactation, LactoNova is made from nutrient-rich natural

ingredients like fenugreek, oats, flaxseed, sesame, ragi, ginger, and jaggery. Rich in fibre, vitamins, and minerals, it promotes digestion, boosts immunity, and enhances maternal and child well-being. The seminar concluded with an interactive session and a vote of thanks.



## AWARENESS CLASS ON MENTAL HEALTH

The **Department of Family and Community Science** organized an engaging Mental Health Awareness Class led by Dr. Sr. Remya M.J., Head of the Department of Home Science. The programme included a series of interactive games designed to foster relaxation, cooperation, and teamwork among the students. The activity or games encouraged creativity, patience, and problem-solving skills, testing coordination, patience, and collective effort, showing that success could only be achieved when all members worked together. The session concluded with a guided meditation, which helped participants calm their minds, practice mindfulness, and reflect on the importance of mental well-being in daily life. Overall, the class proved to be highly refreshing and effective. By combining games with mental health awareness, students not only learned valuable lessons but also experienced the importance of teamwork, cooperation, and relaxation in maintaining a healthy mind.

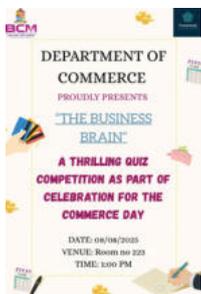


*“Unwind, play, and nurture your mind”*

## BUSINESS QUIZ -DEPARTMENT OF COMMERCE

The **Department of Commerce** successfully organized an interdepartmental activity titled “The Business Brain”, a Business Quiz competition, on 8th August 2025. The program designed to enhance the knowledge, confidence, and competitive spirit of students by testing their awareness of the business world. The quiz witnessed active and enthusiastic participation from different departments of the college.





The rounds were well-structured and covered diverse topics such as general business awareness, corporate affairs, branding and advertising, current economic developments, and problem-solving scenarios. At the conclusion of the event, prizes were awarded to the winners in recognition of their outstanding performance. Consolation prizes were also

provided to encourage participation from all teams, highlighting the spirit of healthy competition.

The event turned out to be a resounding success, achieving its goal of promoting learning beyond textbooks while creating a platform for students to explore business knowledge in a fun and interactive way.



## WORKSHOP ON ROBOTICS & AI



*"Innovation in motion: Robo Dog steals the show at the workshop"*

The BCM Centre for Robotics and AI, in association with the **Department of Mathematics** and Unique World Robotics, organized an inspiring and informative Workshop on Robotics and Artificial Intelligence at the College Auditorium, BCM College, Kottayam. The event featured engaging sessions on the fundamentals of AI and robotics, as well as discussions on emerging career opportunities in the field of Artificial Intelligence. The sessions were led by Ms. Akhila R. Gomez, expert AI trainer from Unique World Robotics, who provided valuable insights into the current and future landscape of AI technologies and their real-world applications. The workshop was inaugurated by Dr. Thomas K. V., Principal of BCM College, who emphasized the importance of interdisciplinary learning and the growing relevance of AI in various sectors. Coordinators of the BCM

Centre for Robotics and AI—Dr. Anu Varghese, Ms. Ann Johns, and Dr. Liju Alex—also addressed the gathering, highlighting the vision behind the Centre and the need for such initiatives to equip students for the future. A special highlight of the workshop was the Mini AI Expo, which showcased interactive projects and demonstrations by students. Attendees were also thrilled by the Robo Dog interactions, offering hands-on exposure to advanced robotic technologies.

## ASSOCIATION INAUGURATION - DEPT OF MATHEMATICS

The Mathematics Association was formally inaugurated on 12th August 2025 at Sr. Savio Hall. The chief guest of the occasion was Mr. Joby Joseph, Principal, St. Anne's HSS, Kottayam. He delivered an inspiring address on "What is Mathematics and its Applications", which broadened students' perspectives on the subject and its relevance in real life. As part of the inaugural ceremony, meritorious students were



also honoured for their academic achievements, adding significance to the event. The month's initiatives reflected the department's commitment to fostering academic excellence and innovation, while also motivating students to aim higher in their future pursuits.

## INTER- COLLEGIATE QUIZ COMPETITION - DEPT OF STATISTICS



As part of the 75th anniversary of National Sample Survey, a quiz competition, infostat 2k25 was conducted at BCM College Kottayam in association with the **Department of Statistics**. Jomon Kunjarakkatu, Assistant Director National Statistics, Kollam inaugurated the event followed by the keynote address delivered by Dr.K K Jose, MG University School of Mathematics and Statistics Director and presidential address by our Principal Prof.Dr. K V Thomas. Department Head Dr. Stephy Thomas, Deputy Director P.R. Sreelekha of the District Statistics Office, Bijo Joseph, and C.P.

Sreekanth also spoke at the event. Winners were awarded by College Bursar Fr. Filmon Kalathara. In the competition, BCM College, Kottayam secured first place, K.E. College, Mannanam second, and Deva Mata College, Kuravilangad third.

## AN ACADEMIA - INDUSTRY INTERACTION

On August 2, 2025, the **Department of Statistics** at BCM College, Kottayam, organized a seminar on the evolving field of Generative AI as part of its Academia-Industry Interaction series. The session, titled Developing Effective Prompts for Data-Driven Applications, was delivered via Google Meet by Ms. Divya Kanniah, Principal Data Scientist at ZYLiQ, Chennai. A total of 20 students attended the session from Room No. 220. The event was coordinated under the guidance of Dr. Stephy Thomas, Head of the Department, with the support of faculty members Ms. Asha Kiran Francis, Ms. Dona Joseph, and Ms. Albi Elizabeth Abraham. The seminar aimed to provide participants with hands-on experience in designing prompts and witnessed active engagement from both students and faculty.



*"Learning by doing — a hands-on journey into prompt design."*

## ALUMNI LECTURE SERIES – “FULL STACK FOUNDATION WITH DJANGO”



The **Department of Statistics**, BCM College, Kottayam, organized the third session of the Alumni Lecture Series on “Full Stack Foundation with Django” on 23rd August 2025 at the Language Lab. The session was led by Ms. Jomol John, Full Stack Developer at Finisso Technologies and alumna of the college. The program aimed to give students a basic understanding of full-stack development using Django, a popular Python framework, and to connect classroom learning with practical industry skills. It also provided students an opportunity to learn about real-world applications of programming, explore career prospects in web development, and interact with an industry expert, reflecting the department’s commitment to preparing students for today’s technology-driven world.

*"Students receive a full stack foundation with Django"*

## ACHIVMENTS



**BCM collage, kottayam** receives the **Minister's Excellence Award** from Dr. R Bindu, Minister for Higher Education and Social Justice, Government of Kerala.

BCM College Kottayam receives **Excellence Award** as part of Ruby Jubilee of Darsana Cultural Centre.

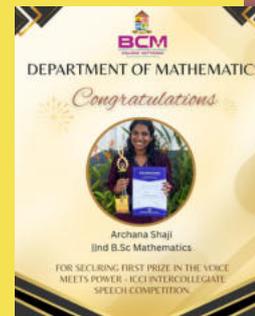
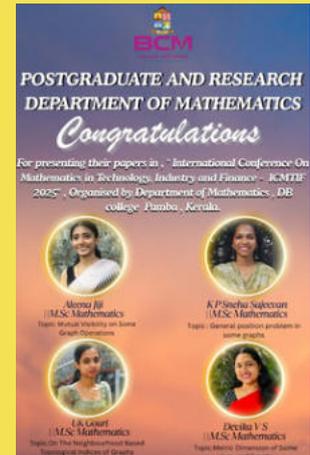


**Mr. Luke Leon Kurian**, Assistant Prof, Dept Physical Education, was honoured for his contribution towards sport cycling In Kottayam District by Decathlon, Kottayam

**Sr. Dr. Remya M J**, Assistant Prof, Dept of FACS represented BCM College Kottayam, in a workshop conducted by the Institute of NutriGenetics.



An article on "An ekphrastic poem in a world of turmoil" was published by Dr **Nithya Mariam John**, Assistant Professor, Department of English. in The New Indian Express



**Congratulations to all the achievers**

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