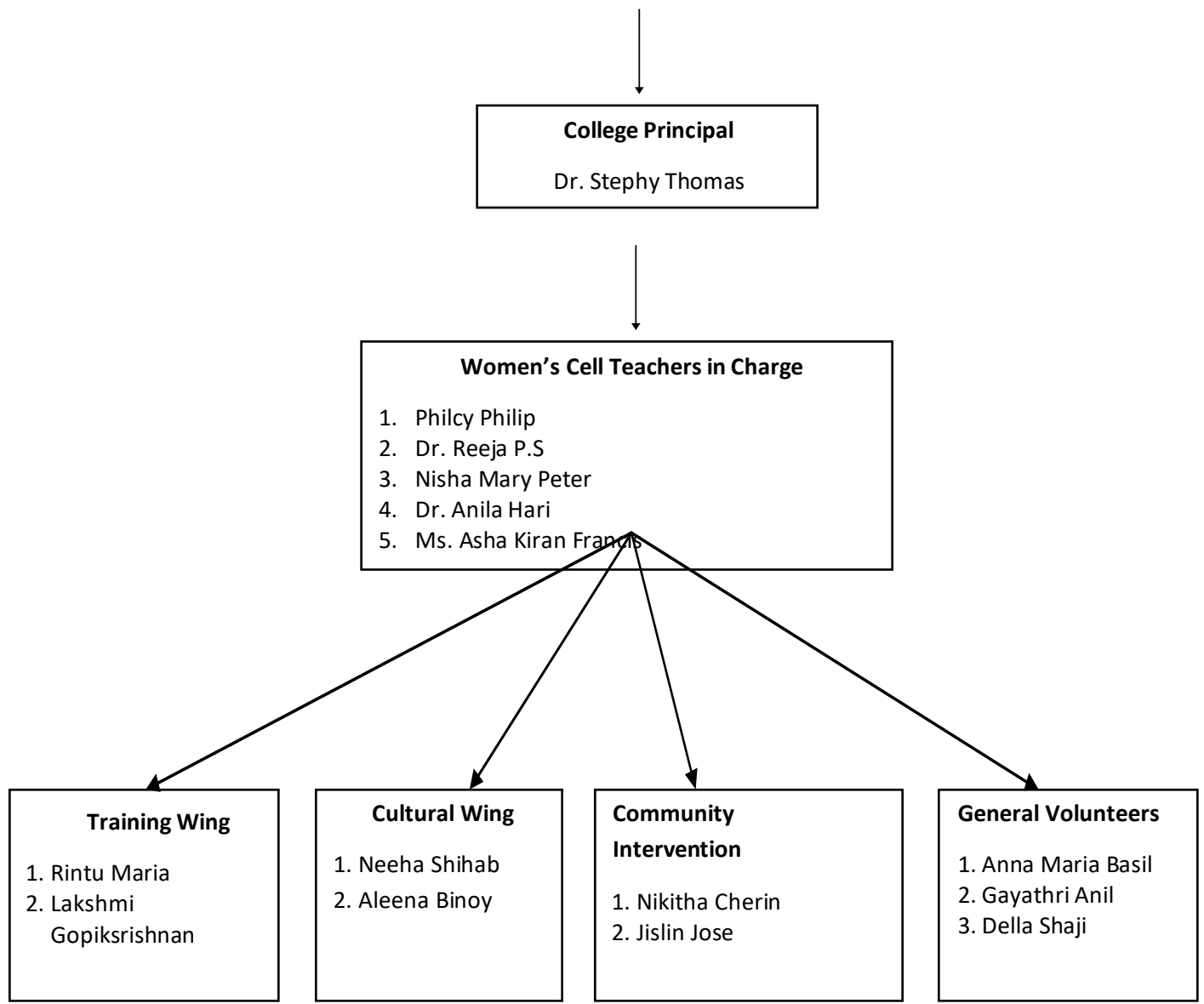




## Centre for Women Empowerment (CWE)

### Annual Report of CWE , 2023-2024

#### Structure of CWE in our College



**Total Number of Programmes: 14**

- 1. Academic Training for students.**
- 2. Awareness campaign against crime and atrocities on women**
- 3. Panel discussion on Women's contribution in STEM fields.**
- 4. Self Defence Training by Civil Police Officers.**
- 5. Awareness Class on LGBTQAI +**
- 6. Fabric Art Training**
- 7. Night Walkathon against Violence on women**
- 8. Hon:Collector's Talk on Gender Issues**
- 9. Open Forum Discussion on 'Kitchen Politics'**
- 10. Magazine release**
- 11. Streetplay at Nagambadom Busstand**
- 12. Food fest**
- 13. Visit to Shanthibhavan**
- 14. Anti Dowry Campaign**

## A. Training

Programme 1:

Academic Training: Aptitude Test training

A two day training session on 'Aptitude test training' was organized by the women's cell of the college ( Centre for women Empowerment ) together with Career and Placement Cell of the College. The session was lead by Mr. Vineeth S.K, T.I.M.E, Kottayam. The sessions were held on 18<sup>th</sup> and 19<sup>th</sup> March 2024.



**BCM**  
COLLEGE, KOTTAYAM  
NAAC ACCREDITED WITH 'A' (CGPA-3.46)

**181**  
MITHRA  
WOMEN EMPOWERMENT

**FEDERAL BANK**  
CORPORATE FINANCIAL SERVICES

**APTITUDE TEST TRAINING**

ORGANISED BY CENTRE FOR WOMEN EMPOWERMENT IN ASSOCIATION WITH CAREER AND PLACEMENT CELL

**VINEETH SK**  
SR. MANAGER  
T.I.M.E. KOTTAYAM  
VENUE : ROOM NO. 223,  
BCM COLLEGE  
TIME : 9:30 AM -4:00 PM

**18 & 19 MARCH 2024**



## Programme 2: Gender Awareness Campaign

The Centre for Women Empowerment organized an awareness campaign as part of the week of activities expressing protest against the violence against women. The theme of the class was 'Crime and Atrocities against Women.' It was held at Sr. Savio Hall, on 3<sup>rd</sup> August 2023, at 2:30m. Dr. Ancy Cyriac and Dr. Naveena J Narithookil spoke to the students about their views on the topic.



### CENTRE FOR WOMEN EMPOWERMENT

## Awareness campaign: Crime and Atrocities against Women

Date: August 3, 2023

Time: 2:30pm

Venue: Sr Savio Hall





### Programme 3: Gender Awareness

#### Panel Discussion

The Centre for Women Empowerment organized a Panel Discussion on the theme 'Invest in Women, Accelerate Progress' on 11<sup>th</sup> March, 2024 at the education theatre of BCM College, Kottayam. The Chief Guest was Dr. Sreekala MS, Associate Professor, School of Chemical Sciences, Mahatma Gandhi University. The panelists include Dr. Annu Thomas, Vice Principal and Head of Department of Chemistry, Dr. Elizabeth V John, Assistant Professor and Dr. Anu Varghese, Assistant Professor, of BCM College. The discussion was moderated by Dr. Reeja PS, IQAC Co-ordinator, Assistant Professor of BCM College. The Chief Guest and moderators candidly shared their experiences as working women and the struggles they faced as working mothers.

The panel discussion was organized as part of the 'Women's Week' celebrating International Women's Day. The CWE organized various other activities during this week.

**BCM**  
BISHOP CHULAPARAMBIL MEMORIAL COLLEGE KOTTAYAM  
NAAC ACCREDITED WITH A GRADE

On the Occasion of International Women's Day  
**Centre for Women Empowerment**  
**PANEL DISCUSSION**  
PRESENTS

**TOPIC : INVEST IN WOMEN: ACCELERATE PROGRESS-  
CONTRIBUTION OF WOMEN IN STEM FIELDS**

**181**  
MITHRA  
WOMEN HELPLINE

*Chief guest*

*Panelists*

*Moderator*



Dr. Sreekala M S  
Associate Professor,  
School of Chemical Sciences  
Mahatma Gandhi University, Kottayam



Dr. Anu Varghese, Assistant Professor,  
Department of Mathematics, BCM college.



Dr. Elizabeth V John, Assistant Professor,  
Department of Physics, BCM college



Dr. Annu Thomas  
Assistant Professor,  
Department of Chemistry  
BCM college.



Dr. Keeja P.S Assistant Professor  
Department of Sociology  
BCM college

11/03/2024 1.00 PM Edu-theatre





## Programme 4: Self Defense

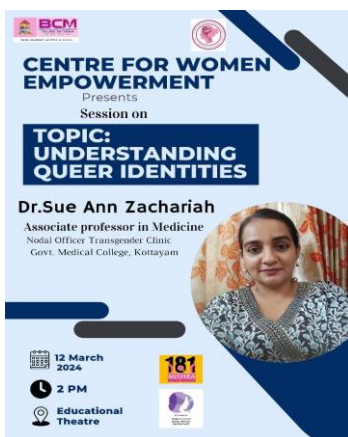
The Centre for Women Empowerment, in collaboration with Kerala Police, conducted a self defense class, on 18<sup>th</sup> January, 2024, in the college auditorium, with the aim of empowering the students of our college and making them equipped in the matters of their own safety. The program was attended by all the first-year undergraduate students. The Civil Police Officer, Smt. Neethu and her team engaged the students in an awareness class, where she talked about various different issues encountered by women in our society. She also demonstrated a few self-defense techniques with the help of some of the volunteers from the audience.



## Programme 5: Class or other Genders

### Queer Identities

The Centre for Women Empowerment conducted an awareness programme on the topic 'Understanding Queer Identities' at 2:00 pm on 12<sup>th</sup> March 2024. The class took place at the education theatre of BCM College, Kottayam. Dr. Sue Ann Zachariah, Associate Professor in Medicine, Nodal Officer Transgender Clinic, Govt Medical College, Kottayam was the chief guest. The programme was organized as part of the 'Women's Week' celebrating the International Women's Day. Dr. Sue Ann took an insightful class, explaining and shedding light on the different sexualities and queer identities that make the term 'LGBTQIA+'.





## Programme 6: Fabric Art

### Fabric Art Training

#### Fabric Art Workshop

The Centre for Women Empowerment, Bishop Chulaparambil Memorial College, in collaboration with Fevycril Company, conducted a workshop on Fabric Art on 5<sup>th</sup> September 2023 and 3 other Saturdays in Room no 114.

Day 1 : On the first day, 5<sup>th</sup> September 2023, The Fevycril Certified professionals who came to the College met the students, took a session on how it can benefit them and explained the cost of different fabric art works in the market. The workshop was conducted in Sr. Savio Hall. Three resource persons, Mr. Karthik Venugopal, Ms. Liji Mathew, Ms. Lucy Joseph took sessions for the students in the College.

Day 2: On the second day, 9<sup>th</sup> September 2023, Ms. Liji Mathew, Fevycril Certified Professional trained the students to paint several designs on cloth. The workshop was conducted in Room no 114 from 10 AM to 4 PM. 30 Students attended the workshop.

Day 3 and Day 4 : The continuation of the workshop was conducted on the next Saturdays in Room no: 114 for the interested students. The class was for the whole day on all four days.





## Programme 7: Night Walkathon

### Walkathon

The Centre for Women Empowerment conducted its biggest programme, the Night Walkathon on 4<sup>th</sup> August 2023. The walkathon was organized as a protest against the violence faced by women in our society. The students started from BCM College, Kottayam at 8pm and circled back through KSRTC KTM, Thirunakkara and Nagampadom. Shouting slogans and walking for miles, they rightfully exercised their right to go out at night and protested against the exploitation and discrimination of women. The flagoff was done by the Hon. ADNL Superintendent of Police, Sri. V. Sugathan, who spoke encouragingly to the students. There were stops at various places, where the students lit up their flashlights and stood in circles, singing in protest. Hundreds of students took part in the walkathon accompanied by teachers and other college staffs.







### Programme 8:

#### Collector's Talk on Gender

The Centre for Women Empowerment conducted an interaction with the honourable District Collector of Kottayam, Smt. V. Vigneswari IAS on 8 August 2023 at 9:30am, on the topic 'Rise of Women Beyond Unseen Barriers.' The program was held in the college auditorium where the Collector shared her life experiences with the students of the college.





## Programme 9:

### Open Forum Discussion

The Centre for Women Empowerment conducted an open forum discussion on the topic 'Kitchen Politics - Is kitchen single person's space alone?' on 25<sup>th</sup> September 2023. The discussion was held at the college patio, where students shared their progressive views and perspectives on the topic.





## **B. Cultural Wing**

### Programme 1: Magazine Release

The Magazine of Women's Cell (Centre for Women Empowerment) , Bishop Chulaparambil Memorial College was released on 31<sup>st</sup> March 2024 at the Principal's Chamber by Principal, Dr. Stephy Thomas. Articles, poems, paintings, sketches, posters and other creative writings and art forms of the students related to gender were collected and brought out as magazine.



### Programme 2: Streetplay at Nagambadom Bustand against Dowry

The Centre for Women Empowerment put on a street play against the heinous practice of dowry that is still prevalent in our society. The play was performed at Nagampadam Bus Stand, on 18<sup>th</sup> December 2023 at 3.00 pm. The play accurately portrayed the struggles of

women in our society where such degrading customs still exist. The students performed a promotional dance in the college patio, on 15<sup>th</sup> December 2023, during the lunch break.



### Programme 3:

#### Food Fest

The Centre for Women Empowerment, in collaboration with the Entrepreneurship Development Cell, organized a food fest, 'Food Fiesta' on Tuesday, 26<sup>th</sup> September 2023 in the college patio during the first and lunch breaks. The students arranged stalls where they put up on sale, all the delicacies they made on their own, trained by the guidance classes provided by the EDC. Some of the things on the menu include varieties of cake, donuts, pani puri etc.







## C. Community Intervention wing:

Visit to Shantibhavan Kottayam:



A team of students under CWE visited the old age home Shantibhavan on 20<sup>th</sup> March 2024 afternoon. They organized a cultural programme there and interacted with the inmates. A talk on basic hygiene was delivered by Dr. Anila Hari, Faculty of The Department of Home Science. Also, the women's cell / CWE provided basic amenities like Detol, soap, etc to the inmates at Shantibhavan.





**Programme2: Anti Dowry Campaign**

As a part of Anti- Dowry Campaign, CWE circulated a pledge not to take dowry, among the public. We shared a google form among the public to make it easy for the public to take the oath. The form was shared from November 28<sup>th</sup> 2023 through Social Media. CWE received over 200 responses till March 2024.

Also as a part of the campaign, CWE also conducted a survey on the attitude towards dowry among the public. This also was shared as a google form in order to make it easy.

1	Timestamp	Email address	Score	Full Name:	Designation: (If student, f	Institution (OR Address)	I declare that I will not giv	Merged Doc ID - Anti D
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