

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8



BISHOP CHULAPARAMBIL MEMORIAL COLLEGE, KOTTAYAM



NAAC ACCREDITED WITH A⁺ GRADE (CGPA-3.46)

PRESENTED TO
PROGRAMME COORDINATOR, NSS CELL, M.G.
UNIVERSITY

PRESENTD BY
DR. STEPHY THOMAS
PRINCIPAL
BISHOP CHULAPARAMBIL MEMORIAL
COLLEGE, KOTTAYAM

CONTENT

SL.NO	PROGRAMME	PAGE.NO.
1	World Environment Day	3
2	World Blood Donation Day	6
3	Yoga Day	9
4	Malayalam Recitation Competition	12
5	Adoption Of Puthettu Up School	15
6	Independence Day At Up School Puthettu	18
7	Picture Quiz	20
8	Independence Day	22
9	World Senior Citizens Day	25
10	Thalamurakaludaesangamam [Orientation Class]	28
11	Booth Beautification Associated With Puthuppalli By Election 2023	31
12	Volunteering In Puthupally Election	33
13	Teachers Day Celebration At Govt.UPSchool, Puthettu	35
14	Thalamurakaludae Sangamam	38
15	Awareness Class At St. Anne's Higher Secondary School	41
16	Shantibhavan Visit	43
17	Ozone Day Poster Making Competition At Adopted School	45
18	Inter Collegiate Quiz Competition "Quizzle"	48
19	Agni; 3-Day Residential Orientation Camp	53
20	World Poverty Eradication Day – 'Food Collection Drive'	56
21	Walk For Freedom	59
22	Women's Day Celebration	62
23	Harithakarmasena	64
24	Shanthi Bhavan Visit	70
25	Mgu Spot On	72
26	Children's Day Celebration At Up School, Puthettu	74
27	Food Distribution To Navajeevan Trust: Food Drive	76
28	Special 7-Day Camp	79
29	Nature Camp : Chinnar Wildlife Sanctuary	89
30	Sneharamam Project	92

WORLD ENVIRONMENT DAY



Brochure of Environmental Day

NSS Unit No.8 of BCM College marked 'World Environment Day' on May 5, 2023, with a meaningful initiative to enhance environmental consciousness. The program, commencing at 3:45 pm, showcased a harmonious start as all members joined in singing the NSS song. Aswani S. Kumar, setting the tone with a welcoming address, paved the way for the formal proceedings.

The respected Vice Principal, Dr. Annu Thomas, took the stage, delivering an inaugural speech that not only emphasized the significance of the day but also underscored the college's commitment to environmental stewardship. Dr. Annu Thomas, leading by example, ceremoniously planted the first sapling, symbolizing the collective responsibility to nurture and

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

preserve the environment. The act was further magnified as the Vice Principal personally watered the newly planted tree, emphasizing the crucial role each individual plays.

NSS volunteer secretaries, Miss. AnittaSaji and Miss. Punnya Nair, contributed by planting a second sapling, reinforcing the collaborative effort in promoting green initiatives within the college premises.

Amala Mary Tomy, a dedicated NSS volunteer, expressed gratitude through a heartfelt vote of thanks, acknowledging the collective dedication that made the event possible. The program reached its pinnacle with an oath-taking ceremony, where all volunteers pledged their commitment to safeguarding the environment. This solemn moment not only echoed the spirit of World Environment Day but also fostered a sense of responsibility among the participants.

In essence, the celebration seamlessly blended ceremonial aspects with a genuine commitment to environmental advocacy. The tree saplings, now firmly rooted in the college grounds, stand as living symbols of the collective promise made by the NSS Unit No.8 to contribute actively to a sustainable and green future.



Pictures of World Environment Day

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Participant List of Environment Day

8 June-05 Environment Day Programme Attendance		
Name	Department	
1. Anitha Saji	B.Com F&T	
2. Purniya Nair	Zoology	
3. Abinaya S. Kumar	B.Com F&T	
4. Alena Mariya	B.Com F&T	
5. Sona Mary	B.Com F&T	
6. Parvathy	B.Com F&T	
7. Rakshitha	B.Com F&T	
8. Ananya	B.Com F&T	
9. Hema Thampad	B.Com F&T	
10. Arunima	B.Com F&T	
11. Anomay	B.Com F&T	
12. Vrinda	B.Com F&T	
13. Saniya	B.Com F&T	
14. Thulasi	B.Com F&T	
15. Aishwarya	B.Com F&T	
16. Sreya	B.Com F&T	
17. Varsha	B.Com F&T	
18. Anagha	B.Com Computer Application	
19. Caroline	Maths	
20. Dona	Maths	
21. Vijayakrishna	Chemistry	
22. Linsha	Chemistry	
23. Aishwarya	Chemistry	
24. Sneha	Chemistry	
25. Gouri	Chemistry	
26. Aswini	Chemistry	
27. Neelima	History	
28. Abhina	History	
29. Devika	History	

Name	Department	
30. Parvitha	B.Com F&T	
31. Ajilya	Sociology	
32. Abhina	Sociology	
33. Lekshmi	Sociology	
34. Ahalya	Sociology	
35. Sneha	Sociology	
36. Sana	English	
37. Ancha	English	
38. Teahmoy	Biology	
39. Krishnendu	Biology	
40. Andra	Physics	
41. Jellilla	Physics	
42. Krishnaly	Physics	
43. Shafina	Physics	
44. Indupriya	Physics	
45. Anusree	Computer Science	
46. Ruby (Harshana)	Computer Science	
47. Gayathri	Economics	
48. Snehasree	Economics	
49. Abhirami	Economics	
50. Anya F.B	Zoology	
51. Anya Manda	Zoology	
52. Amala Mary Tony	Zoology	

PROGRAMME OFFICER
National Service Scheme
Unit No. 8

Bishop Chulaparambil Memorial College
Kottayam-686 001

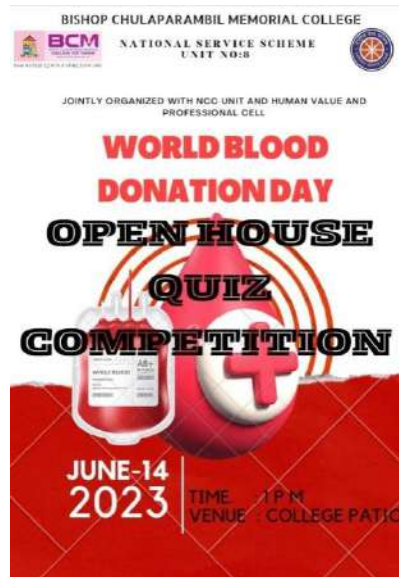
05/06/23

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KOTTAYAM
05/06/23

WORLD BLOOD DONATION DAY (14 JUNE 2023)

Open House Quiz Competition



Brochure of Open House Quiz Competition

NSS unit no.8 of Bishop Chulaparambil Memorial College, Kottayam conducted an Open house quiz competition a day prior to the World Blood Donation Day in regards with the blood donation camp that was to be held the day after on the college patio at 1 pm.

The volunteer secretaries AnittaSaji and Punnya Nair efficiently did the task of quiz master and asked away the questions previously prepared. The students of the college actively participated in the quiz and the first ones to give the correct answers were awarded at that moment itself. The programme was then ended successfully at around 1.30 pm.

Blood Donation Camp



Brochure of Blood Donation Camp

A blood donation camp was organized at the Bishop Chulaparambil Memorial College auditorium by NSS together with NCC and Human values and professional ethic cell on June 14th 2023 at 9.30 am. There was a chart exhibition in front of the auditorium on the day, which exhibited the charts made by both the NSS volunteers and NCC cadets of the college on the theme blood donation.

The blood was collected by the Kottayam District Hospital they arrived at the college around 9.30 am and collected blood from the eligible persons. Both the students and teachers of the college actively participated in the campaign making it a success and about 39 units of blood was collected on that day. The programme ended successfully with joint efforts of NSS, NCC and Human values and professional ethic cell and the active participation of all the other members of the college as well.

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Pictures of Blood Donation Day

Participant List

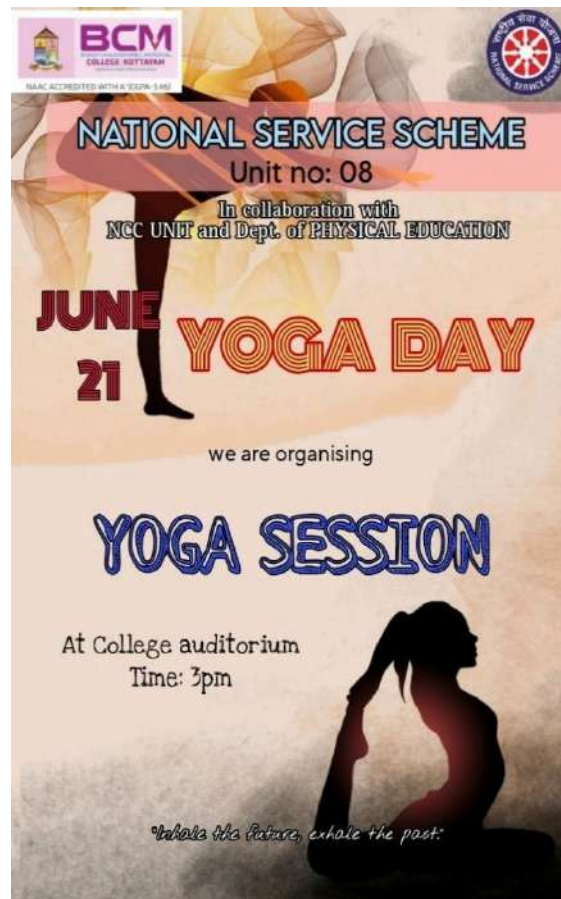
Name	Department
1. Vaisakhi Babu	B.Com F&T
2. Anshika Prasad	B.Com CA
3. Sathishkumar Raju	B.Com F&T
4. Surya Suresh	B.Com F&T
5. Nishitha Saji	B.Com F&T
6. Rishika	B.Com F&T
7. Aranya Prasad	B.Com F&T
8. Parthiv Arunima	B.Com F&T
9. Saranya	B.Com F&T
10. Ananya Harsha	B.Com F&T
11. Sushant Ashok	Economics
12. Adithy Rajesh	Sociology
13. Susha C. Suresh	Sociology
14. Aditya	Sociology
15. Ishika	Chemistry
16. Vignayakrishna	Chemistry
17. Anika	Chemistry
18. Gowri	Chemistry
19. Aswini	Chemistry
20. Anurima	B.Com F&T
21. Anurag	B.Com F&T
22. Anshika	Sociology
23. Anshika	Sociology
24. Anshika	Sociology
25. Anshika	Sociology
26. Anshika	Sociology
27. Anshika	Sociology
28. Anshika	Sociology
29. Anshika	Sociology

Name	Department
30. Anshika	Maths
31. Anshika	Botany
32. Anshika	Botany
33. Anshika	Maths
34. Anshika	Maths
35. Anshika	Economics
36. Anshika	Zoology
37. Anshika	History
38. Anshika	History
39. Anshika	History
40. Anshika	History
41. Anshika	History
42. Anshika	B.Com F&T
43. Anshika	Zoology
44. Anshika	Zoology
45. Anshika	Chemistry

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Kottayam-001

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YOGA DAY



Brochure of Yoga Day

National Service Scheme (NSS) Unit No.8 of Bishop Chulaparambil Memorial College in Kottayam orchestrated a vibrant yoga session on June 21st, in celebration of International Yoga Day. Collaborating with the NCC unit and the Physical Education department of the college, this event aimed to foster holistic well-being among the students. The venue for this rejuvenating session was the college auditorium, and it commenced in the serene hours after 3 pm.

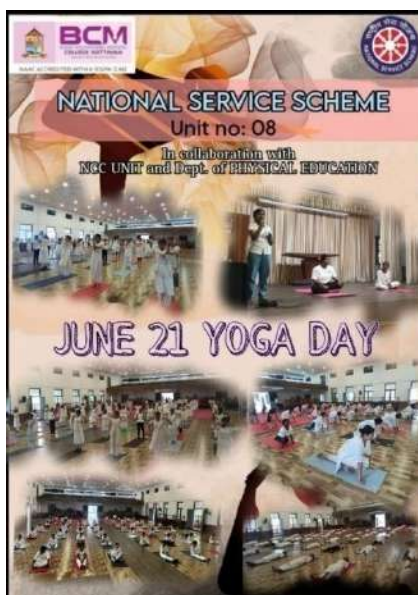
A distinctive feature of this event was the active involvement of the college students, exceeding 60 in number. They not only participated enthusiastically but also adhered to a designated dress code, symbolizing the essence of the day by wearing white attire. This commitment to the

thematic dress code added a visual unity to the collective pursuit of physical and mental wellness.

The collaborative spirit among NSS, NCC, and the Physical Education department played a pivotal role in the seamless execution of the yoga session. The joint efforts ensured a well-organized and engaging experience for all participants. The holistic approach to well-being, integrating the NSS commitment to community service, the discipline instilled by the NCC, and the focus on physical health through the Physical Education department, contributed to the success of the event.

As the session unfolded, guided by experienced instructors, participants immersed themselves in various yoga postures and breathing exercises. The atmosphere in the auditorium resonated with positive energy as students embraced the principles of yoga for physical fitness and mental tranquility.

In conclusion, the yoga session on International Yoga Day became a symbol of unity, wellness, and collaborative efforts at Bishop Chulaparambil Memorial College. The active participation of students, combined with the coordinated efforts of NSS, NCC, and the Physical Education department, not only celebrated the essence of Yoga Day but also promoted a culture of holistic well-being within the college community.



Pictures of Yoga Day

Participant List

16		
June 21. Yoga Day		
1	Vaibhava PR	Bcom P.T
2	Annamay benny	"
3	PR Sreenandana	"
4	Varsha Babu	"
5	Aleena Maria Joby	"
6	Aswini S. Kumar	"
7	Sona Mary Biju	"
8	Sanjana Saji	"
9	Adithya Raghav	"
10	Anagha Premn	"
11	Gayathri P.S	Economics
12	Sreedevi Ashok	"
13	Abhirami V	"
14	Ahalya J.R	Sociology
15	Kesavi Suresh	"
16	Ardra	"
17	Krishnanjali	"
18	Shahina	"
19	Jalitha	"
20	Indupriya	"
21	Anika Saji	"
22	Arya T.P	"
23	Abhishek Thirukutavil	

PROGRAMME OFFICER
National Service Scheme
Unit No. 8
Bishop Chelaparamba Memorial College
Kottayam-686 001

SR DR. REMYA SIMON

MALAYALAM RECITATION COMPETITION



Brochure of Reading Day

NSS Unit No.8 of BCM College, in commemoration of The National Reading Day, organized a Malayalam recitation competition named "Mozhi" on the 22nd of June. The event took place in Room No.212, with the competition kicking off at 1 pm. The atmosphere buzzed with literary enthusiasm as seven students participated, and a growing number of spectators joined to witness the linguistic prowess on display.

The esteemed Mr. Anil Steephen, Head of the Malayalam Department, assumed the crucial role of the competition judge. His expertise added a scholarly touch to the event, ensuring fair evaluation and recognition of the participants' linguistic talents.

The competition showcased the rich linguistic diversity and poetic expressions of the participants. Sneha C. Suresh, hailing from the Department of Sociology, clinched the coveted first prize with her captivating recitation. The second and third positions were secured by Nandana P. Nair from the Department of Chemistry and Ardra Elsa Raju from FSQC,

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

respectively. Their performances reflected not only linguistic finesse but also a deep appreciation for the cultural significance of the National Reading Day.

The audience, consisting of both participants and onlookers, contributed to the vibrant ambiance with their encouragement and appreciation for the art of Malayalam recitation. The engagement of diverse academic departments, from Sociology to Chemistry and FSQC, added an interdisciplinary dimension to the event, highlighting the inclusive spirit of literary celebration at BCM College.

The efficient execution of the competition allowed for a timely conclusion, wrapping up by 1:40 pm. As the event concluded, it left behind an aura of linguistic celebration and appreciation for Malayalam literature, affirming the NSS Unit's commitment to fostering cultural and literary activities within the college community.



Pictures of Recitation Competition

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Participant List

June 22 - Reading Week - Malayalam Recitation Competition		
"നാട്യം"		
1. Anikka Saji	B.Com F&T	Anikka
2. Anna Maria Beaud	B.A Economics	Anna
3. Nisha Shukla	B.Sc Chemistry	Nisha
4. Pooja Manya Pray	B.A Economics	Pooja
5. Likhitha Vinod	"	Likhitha
6. Sneha C. Suresh	B.A Sociology	Sneha
7. Divya Das	Ind p.c Mathematics	Divya
8. Nenu Rajeev	B.A Sociology	Nenu
9. Athulya Anil Thulas	B.Sc Chemistry	Athulya
10. Jeeva Anna Samu	"	Jeeva
11. Aparna Vinod	"	Aparna
12. Aashana Gopi	"	Aashana
13. Anjali-pv	"	Anjali
14. Angha- RB	"	Angha
15. Anjanandha C Bose	II DC Zoology	Anjanandha
16. Punnya Nair	"	Punya
17. Anjali Manish Sahu	"	Anjali
18. Nandana P. Nair	II DC Chemistry	Nandana
19. Anura An. Jiji	III DC Zoology	Anura
20. Anada Elsa Raju	II DC F&T	Anada
21. Anudee Thirishatolam Anudee	III Chemistry	Anudee
22. Aswathy Rajeev	III DC Chemistry	Aswathy
23. Aashana Gopi	"	Aashana
PROGRAMME OFFICER National Service Scheme Unit No: 8 Bishop Chulaparambil Memorial College Kottayam-686 001		
SP. DR. REMYA SIMON		

ADOPTION OF PUTHETTU UP SCHOOL



Brochure of Govt. UP School Adoption

NSS Unit No.8 of BCM College has taken a commendable initiative by deciding to adopt Puthettu UP School for the next five years. The objective is to engage in volunteer activities and provide comprehensive support to the school community. This collaborative effort aims to create a positive impact on the educational environment and the well-being of the students.

The inaugural step in this transformative journey took place on June 24, 2023, as NSS volunteers from BCM College, accompanied by NSS coordinators Bijoy Thomas and Sr. Liss Mary, arrived at Puthettu UP School at 10 am. The primary focus of the day was to enhance the cleanliness and safety of the school surroundings, ensuring a conducive space for the students.

The dedicated NSS volunteers actively engaged in cleaning activities, addressing various aspects of the environment. This involved the collection of plastic waste littering the grounds, removal of hazardous items such as broken tiles and bricks, and clearing areas overgrown with grass. The efforts put forth by the volunteers aimed not only at immediate improvements but also at fostering a sustainable and secure atmosphere for the school's young learners.

Looking beyond the cleanup, plans were formulated to contribute books to enrich the UP school's library. This initiative reflects the commitment of NSS Unit No.8 to support the educational resources available to the students, further enhancing their learning experience.

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The day's activities were not only productive but also inclusive, with the volunteers actively participating in providing refreshments for themselves. This collective effort ensured a successful and fulfilling day, concluding at 1 pm.

The success of the day can be attributed to the dedicated efforts of the NSS volunteers and the unwavering support of NSS coordinators. Their commitment to community service and educational improvement sets a positive tone for the ongoing collaboration between BCM College and Puthettu UP School. The adopted approach aligns with the spirit of NSS, fostering a sense of responsibility and contributing to the betterment of society.



Pictures of UP School adoption

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Participant List

MGR Unit No. 08 NSS UNIT NO. 08 Adopted School: Cleaning & Gardening		
1. Harma Krishan	Sociology	
2. Ansha C Suresh	Sociology	
3. Shiksha KS	Physics	
4. Jeevitha	"	
5. Indupaya A	"	
6. Anitha Ravi P	"	
7. Krishnanand P J	"	
8. Anisha Prabhu	B.Com CB	
9. Anitha S Dajesh	History	
10. Anitha Ravi	"	
11. Anitha Prabhu	"	
12. Vijaykrishna M	Chemistry	
13. Linsha Mariam Zacharia	"	
14. Anishwara CB	"	
15. Anshu S	"	
16. Anitha V	Economics	
17. Sreedevi Ashok	"	
18. Joancy Thomas	Biology	
19. Ansham MS	"	
20. Krishnendu	"	
21. Anishwara Jayachandran B.Com F&T		
22. Sreya Sunil	"	
23. P R Sreenandana	"	
24. Parvathy Saji	"	
25. Rakshitha	"	
26. Vrinda PR	"	
27. Sanjana Saju	"	
28. Anamary Benny	"	
29. Anurima TK	"	
30. Nisha Babu	"	

PROGRAMME OFFICER

National Service Scheme

Unit No. 8

Bishop Chulugan Mohl Memorial College

Kottayam-686 001

INDEPENDENCE DAY AT UP SCHOOL PUTHETTU



Brochure of Independence day at UP School, Puthettu

NSS Unit No.8 of BCM College marked the 77th Independence Day with a special celebration at the adopted school, Government UP School, Puthettu, Kumaranallor. The spirit of patriotism and community service resonated as both 1st-year and 2nd-year volunteers, along with their dedicated program officers, gathered at the school on August 14, a day before the grand occasion.

The festivities commenced at 9:30 am with a stirring rendition of a patriotic group song by the first-year NSS volunteers. The melody of national pride set the tone for a day filled with camaraderie and meaningful activities. Following the musical tribute, a picture quiz engaged the participants, fostering both fun and knowledge.

The highlight of the celebration was the vibrant group dance performances presented by both 1st-year and 2nd-year volunteers. The energy and enthusiasm of the volunteers were infectious, creating a lively atmosphere that resonated with the students of Government UP School. The carefully planned programs were not only entertaining but also educational, aiming to instil a sense of pride and unity among the young minds.

The joyous day concluded on a high note, with the volunteers sharing refreshments, further enhancing the sense of togetherness. The exchange of smiles and laughter exemplified the

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success of the celebration, reflecting the positive impact of NSS Unit No.8's commitment to community engagement.

This initiative not only celebrated Independence Day but also strengthened the bond between BCM College and Government UP School. The collaborative effort of the NSS volunteers and the active participation of the students at the adopted school showcased the true essence of community service and the spirit of independence. The event served as a testament to the transformative power of collective action in creating a joyful and memorable experience for all involved.



Pictures of Volunteers celebrating Independence Day at adopted school

PICTURE QUIZ



Brochure of Picture Quiz

NSS Unit No.8 of BCM College, Kottayam, continued its commitment to community engagement by organizing a picture quiz competition in celebration of Independence Day at Govt. UP School, Puthettu. This event, led by first-year volunteers Scholastica from the Department of Economics and Selma from the Department of English, aimed to foster a sense of celebration and knowledge among the students.

The competition unfolded with enthusiastic participation from all students of Govt. UP School, Puthettu. The engaging format of a picture quiz not only tested their knowledge but also added an element of visual appeal to the learning experience. The first-year volunteers, serving as leaders, ensured the smooth execution of the competition, creating an inclusive and vibrant atmosphere.

Winners of the quiz were duly recognized and rewarded with interesting prizes, contributing to the festive and celebratory spirit of the day. The active involvement of the students, combined

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

with the support and encouragement from NSS program officers Mr. Bijoy Thomas and Sr. Liss Mary, and other volunteers, added to the vibrancy of the event.

The presence of the NSS program officers and volunteers not only facilitated the smooth conduct of the competition but also created a colourful and lively ambiance. Their dedication to community service was evident as they actively engaged with the students, fostering a sense of camaraderie and shared celebration.

The successful culmination of the program at 11:30 am marked not only the conclusion of the picture quiz competition but also the fulfilment of NSS Unit No.8's mission to contribute meaningfully to the Independence Day celebrations at Govt. UP School, Puthettu. The event served as another testament to the college's commitment to community outreach and the promotion of knowledge and joy in the spirit of Independence Day.

Participation List

14/08/2023

Independence Day Programme in adopted school		
1. Sachin Anand	Chemistry	<i>[Signature]</i>
2. Lakshmi Anand		<i>[Signature]</i>
3. Ananya S		<i>[Signature]</i>
4. Ananya S		<i>[Signature]</i>
5. Ananya S	Physics	<i>[Signature]</i>
6. Ananya S	Zoology	<i>[Signature]</i>
7. Ananya S	Botany	<i>[Signature]</i>
8. Ananya S	DC English	<i>[Signature]</i>
9. Ananya S	DC English	<i>[Signature]</i>
10. Ananya S	DC B.Com F&T	<i>[Signature]</i>
11. Ananya S	DC B.A. English	<i>[Signature]</i>
12. Ananya S	DC B.A. English	<i>[Signature]</i>
13. Ananya S	DC B.A. English	<i>[Signature]</i>
14. Ananya S	" "	<i>[Signature]</i>
15. Ananya S	" "	<i>[Signature]</i>
16. Ananya S	DC B.A. Economics	<i>[Signature]</i>
17. Ananya S	DC B.A. Economics	<i>[Signature]</i>
18. Ananya S	DC B.Com F&T	<i>[Signature]</i>
19. Ananya S	DC Sociology	<i>[Signature]</i>
20. Ananya S	DC Sociology	<i>[Signature]</i>
21. Ananya S	DC Sociology	<i>[Signature]</i>
22. Ananya S	" "	<i>[Signature]</i>
23. Ananya S	" "	<i>[Signature]</i>
24. Ananya S	" "	<i>[Signature]</i>

PROGRAMME OFFICER
National Service Scheme
Bishop Chanda Memorial Government College
Kollam-686 001

INDEPENDENCE DAY



Brochure of Independence Day

On August 15th, NSS Unit No.8 of BCM College in Kottayam marked the 77th Independence Day of India with a patriotic celebration that included the dignified act of flag hoisting and a collective pledge-taking ceremony. The NSS and NCC units collaborated seamlessly to coordinate the event, showcasing the spirit of unity and national pride.

As the morning sun illuminated the front yard of BCM College, NSS volunteers and NCC cadets gathered with a shared sense of purpose. Dr. Annu Thomas, the Vice Principal of BCM College, graced the occasion as the chief guest. In a symbolic gesture, she hoisted the National Flag, an emblem of freedom and unity, marking the commencement of the Independence Day ceremony.

Following the flag hoisting, Dr. Annu Thomas proceeded to read "The PanchPran Oath," a solemn commitment to the principles and values that define the essence of being an Indian. The resonant recitation of the oath echoed through the air as every cadet, volunteer, and coordinator from both NCC and NSS participated wholeheartedly. The collective voice of the participants added a powerful and unifying element to the ceremony.

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

The students, embodying a true spirit of patriotism, actively engaged in the ceremony with enthusiasm and discipline. Their commitment to the event reflected a deep appreciation for the significance of Independence Day and the values it represents.

This joint initiative by NSS and NCC not only celebrated the historic day but also strengthened the bonds of camaraderie and shared responsibility among the college community. The event stood as a testament to the college's commitment to instilling a sense of national pride and social responsibility in its students, fostering a generation that values the principles of freedom, unity, and service to the nation.



Pictures of Independence Day Celebration

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Participation List

Independence Day			15/08/2023
Flag Hoisting and Pledge			13
1.	Bernini M	10th Economics	Bernini
2.	Arjun A	10th Economics	Arjun
3.	Christina C. Ajay	10th English	Christina
4.	P. N	"	P. N
5.	Aranya Beghu	"	Aranya
6.	Hrudya Shikharj	"	Hrudya
7.	Alfreda Anandhi	11th Sociology	Alfreda
8.	Selvakumar Benay	10th Economics	Selvakumar
9.	Tintu Thomas	10th Economics	Tintu
10.	Ruphi Richard	10th Economics	Ruphi
11.	Manza Remesh	10th Maths	Manza
12.	Sourthy A S	10th Chemistry	Sourthy
13.	Selma Rasheed	10th English	Selma
14.	Parvathy P	10th History	Parvathy
15.	Nandhana Suresh	10th B.Com F.T	Nandhana
16.	Vaishnavi Sureshkumar	10th Sociology	Vaishnavi
17.	Akhila Ganakumar	10th FSC	Akhila
18.	Aishwarya Johny	10th History	Aishwarya
19.	Josef James	10th History	Josef
20.	Graavi Manoharan	10th History	Graavi
21.	Arithya Roshni	11th B.Com F.T	Arithya
22.	Sreyas Smit	11th B.Com F.T	Sreyas
23.	Anitta Saji	11th B.Com F.T	Anitta
24.	Anilga Anil	11th Sociology	Anilga
25.	Hema Krishnan	11th Sociology	Hema
26.	Aswani S	11th Chemistry	Aswani
27.	Pavithra Pradeep	11th Chemistry	Pavithra
28.	Devika M G	11th Chemistry	Devika
29.	Abhinav S Sajesh	11th Chemistry	Abhinav
30.	Joancy Thomas	11th Botany	Joancy
PROGRAMME OFFICER National Service Scheme Unit No: 8 Bishop Chulaparambil Memorial College Kottayam-686 001			SR. DR. RANITA SIMON

WORLD SENIOR CITIZENS DAY



Brochure of World Senior Citizens Day Collection Drive

On the 19th of August 2023, in observance of World Senior Citizens Day, NSS Unit No.8 of BCM College undertook a meaningful initiative by organizing a visit to Kottayam Shanti Bhavan. Guided by the leadership of Program Coordinators Dr. Sr. Remya Simon and Bijoy, the volunteers engaged in a collection drive called "Karuthal" within the college premises. This drive aimed to gather essential materials for the well-being of the senior citizens residing at Kottayam Shanti Bhavan.

The visit to Kottayam Shanti Bhavan was conducted with a spirit of compassion and service. Upon arrival, the volunteers spent quality time interacting with the elderly residents, fostering a sense of connection and camaraderie. The visit was not only about material donations but also about sharing moments of joy and companionship with the senior citizens.

Various programs were organized during the visit to uplift the spirits of the residents. These activities were designed to provide entertainment, companionship, and a sense of community for

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

the elderly individuals. The volunteers, with their enthusiasm and dedication, created a positive and engaging atmosphere, contributing to the well-being of the seniors.

Following the programs, the collected items from the Karuthal drive were presented to the inmates. This thoughtful gesture aimed to enhance their living conditions and bring comfort to their daily lives. The act of giving back, combined with the personal interactions, added a human touch to the entire initiative.

The volunteers, having fulfilled their mission of spreading joy and support, returned to the college with a sense of fulfilment. The visit to Kottayam Shanti Bhavan not only addressed the material needs of the senior citizens but also highlighted the importance of acknowledging and appreciating the contributions of the elderly on World Senior Citizens Day. This event exemplified the values of empathy and social responsibility instilled by NSS Unit No.8 of BCM College.



Pictures of Shanti Bhavan Visit

Participation List

19/8/2023

NSS UNIT No: 8

Senior Citizen Day And Onam
20 - Celebration at Shanbhilavan

1.	Anissa Ranji P	III rd Physics	Anissa Ranji P
2.	Indrapriya B	III rd Physics	Indrapriya B
3.	Krishnananjaly P J	III rd Physics	Krishnananjaly P J
4.	Devika M V	History	Devika M V
5.	Nandhana Suresh	I st DC Botany	Nandhana Suresh
6.	Krisa Elizabeth Babu	I st DC History	Krisa Elizabeth Babu
7.	Aruthy A S	I st DC Chemistry	Aruthy A S
8.	Devipriya M B	"	Devipriya M B
9.	Ananthia N R	"	Ananthia N R
10.	Akramat Khushi	"	Akramat Khushi
11.	VIRUNTHA SREE V	"	VIRUNTHA SREE V
12.	Devanandana Shylajani	I st DC FACS	Devanandana Shylajani
13.	Vijayarishna M	I st DC Chemistry	Vijayarishna M
14.	Soniya Bhakshi	I st DC B.COM	Soniya Bhakshi
15.	P.R. Sreenandana	"	P.R. Sreenandana
16.	Adithya Raghav	I st DC B.COM	Adithya Raghav
17.	Sanjana Sajju	"	Sanjana Sajju
18.	Sreyas Sunil	I st DC B.COM	Sreyas Sunil
19.	Vaisha Babu	"	Vaisha Babu
20.	Arishwarya Jayachandran	"	Arishwarya Jayachandran
21.	Ranija Joseph	I st DC B.COM	Ranija Joseph
22.	Thulasi S	"	Thulasi S
23.	Pavithra Anil Kumar	"	Pavithra Anil Kumar
24.	Jaleetha Lakshmi	I st DC Botany	Jaleetha Lakshmi
25.	Arsha R. Anu	I st DC Botany	Arsha R. Anu
26.	Shraddha M	I st DC FACS	Shraddha M
27.	Arathi R	I st DC FACS	Arathi R
28.	Anjana S	"	Anjana S
29.	Sandhya Senthil	I st DC Botany	Sandhya Senthil
30.	Nawab	I st DC Botany	Nawab
31.	Adithya V	I st DC Botany	Adithya V

PROGRAMME OFFICER
National Service Scheme
Unit No. 8
Bishop Chelamundil Memorial College (Autonomous)
Kottayam CUI

KOTTAYAM
KASE CUI
NSS UNIT NO. 8

THALAMURAKALUDAESANGAMAM [ORIENTATION CLASS]



Brochure of Orientation Class of Thalamurakaludae Sangamam

On the 21st of August 2023, the NSS Unit No.8 of BCM College, in collaboration with the Social Work Department of BCM College and U3A-MG University, organized an insightful orientation class. This preparatory session aimed to introduce and familiarize participants with "ThalamurakaludaeSangamam," scheduled to take place in the college auditorium on September 9.

Titled "Graceful Living: All Ages Together," the orientation class featured prominent speakers Dr. Thomas Abraham and Prof. Gresamma Mathew, the coordinator. Dr.Ipe Varghese, the Head of the Department of Social Work, graced the session with his presence. The audience comprised selected NSS students and students pursuing Master of Social Work (MSW) at BCM.

The session commenced with a warm welcome address by Dr.Ipe Varghese, setting the tone for an informative and engaging program. Dr. Thomas Abraham took the stage next, sharing insights and knowledge on the theme of "Graceful Living: All Ages Together." The class aimed to foster an understanding of harmonious coexistence and mutual respect across different age groups.

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

The participants, consisting of NSS volunteers and MSW students, actively engaged with the enriching content of the session. Dr. Abraham's expertise and Prof.Gresamma Mathew's guidance contributed to a comprehensive learning experience for all attendees. The orientation concluded with a brief talk by Prof.Gresamma Mathew, offering concluding remarks and insights.

The collaborative effort between NSS, the Social Work Department, and U3A-MG University showcased a commitment to holistic education and community engagement. The session not only prepared the participants for the upcoming ThalamurakaludaeSangamam but also emphasized the importance of intergenerational understanding and unity. The event exemplified the college's dedication to providing students with enriching experiences that extend beyond the classroom.



Pictures of Orientation Class of Thalamurakaludae Sangamam

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

Participation List

NSS UNIT NO: 8
 USA MGI UNIVERSITY
 22 ORIENTATION CAMP
 21/08/23
 MEID 2023 MOUNT

1.	Athira Rajesh	Sociology	<i>Athira</i>	1.
2.	Sneha C. Suresh	Sociology	<i>Sneha</i>	2.
3.	Lekshmi Suresh	Sociology	<i>Lekshmi</i>	3.
4.	Athalya J.R.	Sociology	<i>Athalya</i>	4.
5.	Neeha Shihab	Chemistry	<i>Neeha</i>	5.
6.	Govind Durgas	Chemistry	<i>Govind</i>	6.
7.	Sneha Shree	Chemistry	<i>Sneha</i>	7.
8.	Rishika Mariam Zakaria	Chemistry	<i>Rishika</i>	8.
9.	Vijayakrishna M	"	<i>Vijayakrishna</i>	9.
10.	Aaditha Ragi	Physics	<i>Aaditha</i>	10.
11.	Indupriya A	Physics	<i>Indupriya</i>	11.
12.	Shahina Ks	Physics	<i>Shahina</i>	12.
13.	Kaishanajaly P.J	Physics	<i>Kaishanajaly</i>	13.
14.	Arumathy Beena	Bcom Finance	<i>Arumathy</i>	14.
15.	Varinda P.R	Bcom "	<i>Varinda</i>	15.
16.	Hema Harman	" "	<i>Hema</i>	16.
17.	Aayana Melha c Bose	Bsc Zoology	<i>Aayana</i>	17.
18.	Penniya Nair	"	<i>Penniya</i>	18.
19.	Sara Mol Joseph	English M1	<i>Sara</i>	19.
20.	Sneha A.K	"	<i>Sneha</i>	20.
21.	Neelima Ravi	BA History	<i>Neelima</i>	21.
22.	Jana Sam Jose	BA Sociology	<i>Jana</i>	22.
23.	Krishnendu T.P	B.Sc Botany	<i>Krishnendu</i>	23.
24.	Arunima A.R	Bcom F&T	<i>Arunima</i>	24.
25.	Soniya	Prakash "	<i>Soniya</i>	25.
26.	Adithya	Reshu Bcom F&T	<i>Adithya</i>	26.
27.	Sanjana	Saju "	<i>Sanjana</i>	27.
28.	Pavithra Anilkumar	"	<i>Pavithra</i>	28.
29.	Suathinai Rajan	"	<i>Suathinai</i>	29.
30.	Anusree R	"	<i>Anusree</i>	30.

PROGRAMME OFFICER
 National Service Scheme
 Unit No: 8
 Bishop Chulaparambil Memorial College
 Kottayam-686 001

DR. DE. REMYA

BOOTH BEAUTIFICATION ASSOCIATED WITH PUTHUPALLI BY ELECTION 2023



Brochure of Booth Beautification

A booth beautification competition was organized in conjunction with the Puthupally Niyogamandalam by-election, and in line with this event, the NSS Unit No.8 of BCM College took the initiative to decorate a booth at St. George VHSS, Puthupally. This project was carried out under the leadership of NSS volunteers Selma Rasheed and Kesia Elizabeth Babu, who were joined by enthusiastic NCC volunteers from BCM College.

The dedicated volunteers collaborated to transform the booth into an aesthetically pleasing space. The beautification process included the use of charts, flowers, reusable materials, and various craft items to enhance the visual appeal of the booth. The creative efforts aimed not only to contribute to the festive atmosphere of the election but also to promote the importance of civic engagement and participation.

The meticulous work undertaken by the volunteers continued throughout the day, culminating in the completion of the booth beautification by the evening. The careful attention to detail and the

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

use of diverse materials demonstrated the volunteers' commitment to creating an engaging and visually appealing voting environment.

Following the completion of the beautification project, the booth was evaluated. The volunteers, having accomplished their task, then returned from the booth, leaving behind a transformed space that added vibrancy to the electoral process.

This collaborative effort by the NSS and NCC volunteers not only contributed to the visual enhancement of the booth but also underscored the significance of active participation in the democratic process. The initiative aligned with the broader mission of NSS in promoting community engagement and social responsibility among the college students.



Pictures of Booth Beautification

Participation List

NSS unit no: 8 4/09/2023

പ്രതിപക്ഷ നിയമസഭാസമ്മേളനത്തിൽ പങ്കെടുക്കാൻ
പ്രവേശന രാജമുഖി ദേശീയ സർവ്വതല സിറ്റിംഗ്
വർക്കി രാജ മണ്ണാട്ട്

NAME	DEPARTMENT	SIGNATURE
Selma Rashad	English MI	Selma
Kesia Elisebeth Babu	History	Kesia
Varadhana Guruseth	Commerce	Varadhana

SR. DR. REMYA SIMON

PROGRAMME OFFICER
National Service Scheme
Unit No: 8
Bishop Chulaparambil Menzies College
Kottayam-686 001

KOTTAYAM
686 001
NSS UNIT No. 8

VOLUNTEERING IN PUTHUPALLY ELECTION

On the 5th of September 2023, four dedicated NSS volunteers from BCM College Kottayam embarked on a significant civic duty for the Puthupally by-election. Commencing their responsibilities at 8:30 AM, the volunteers were greeted with the provision of identification cards and a wholesome breakfast, setting the tone for a well-organized and structured day.

The primary objective of their duty was to assist voters in locating their respective polling booths and distribute coupons for a lucky draw following the completion of the voting process. The volunteers carried out these tasks diligently, contributing to the overall smooth functioning of the electoral process.

Amidst their responsibilities, the volunteers took a break for a meal, recharging their energy for the continuation of their duties. Despite the potential challenges that come with the territory, such as long hours and the need to adapt to various situations, the volunteers expressed their satisfaction and enjoyment of the experience.

The election duty, a crucial civic engagement, concluded at 3:30 PM, marking the end of a day filled with meaningful contributions to the democratic process. The volunteers' accounts reflect not only the logistical support they provided but also the camaraderie and fulfillment they derived from being actively involved in such a vital event.

The experience underscores the importance of civic participation and the indispensable role that volunteers play in ensuring the efficiency and fairness of electoral processes. Beyond the challenges, the volunteers' dedication and the sense of reward they derived from contributing to a crucial civic event showcase the significance of active engagement in democratic processes.

In essence, their narrative serves as a testament to the value of community service and the positive impact it can have on both individuals and the democratic fabric of society.



Picture of ID Card of a NSS volunteer in By-Election

Participation List

NSS UNIT NO: 8
 8/9/23
 ചിത്രം ചേർക്കി നീക്കമുണ്ടാക്കുന്നതിൽ ഉപയോഗിക്കേണ്ടതല്ല
 താഴെപ്പറഞ്ഞ NSS സന്നദ്ധ പാവകന്മാർ:

NAME	DEPARTMENT	SIGNATURE
Arsha Rashi	Physics	<i>[Signature]</i>
Jeleeta	"	<i>[Signature]</i>
Nandhana Suresh	B.com	<i>[Signature]</i>
Anamika Murali	Chemistry	<i>[Signature]</i>
Setma		

[Signature] SR. DR. REMYA SIMON

PROGRAMME OFFICER
 National Service Scheme
 Unit No: 8
 Bishop Chulaparambil Memorial College
 Kottayam-686 001

KOTTAYAM
 686 001
 NSS UNIT No: 8

TEACHERS DAY CELEBRATION AT GOVT. U P SCHOOL, PUTHETTU



Brochure of Teacher's day celebrated at Govt. UP School

A group of dedicated volunteers from NSS Unit No.8 of BCM College exhibited their deep appreciation and respect for teachers during a special visit to the adopted Govt. U P School, Puthettu, in celebration of Teacher's Day. Overflowing with gratitude, the volunteers organized a heartwarming event to honour the teachers, recognizing their significant contributions to education.

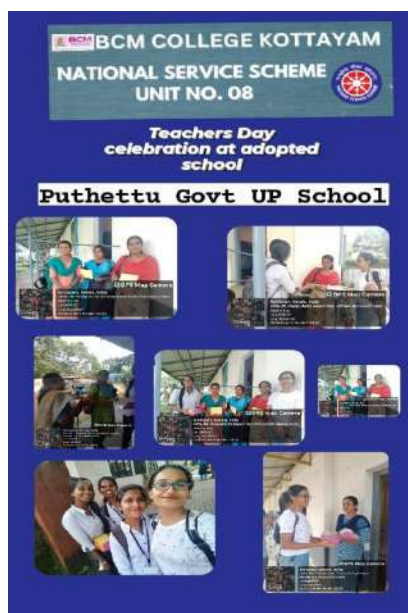
ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

The volunteers, with genuine enthusiasm, distributed sweets to each teacher at the school. This gesture was not merely a token of appreciation but a sincere expression of gratitude for the hard work and dedication exhibited by the teachers in shaping the future of their students.

The occasion was marked by joyous celebrations and heartfelt wishes, creating an atmosphere of warmth and camaraderie. The students' admiration for their teachers' commitment was evident in the sincere expressions of thanks and best wishes conveyed during the celebration.

Acts of appreciation, such as this initiative by the NSS volunteers, play a crucial role in strengthening the bond between students and educators. Such gestures go beyond the traditional roles of teaching and learning, fostering a sense of mutual respect and understanding within the educational community.

By creating an environment conducive to learning and acknowledging the efforts of teachers, these acts of appreciation contribute to a positive and harmonious learning atmosphere. The celebration of Teacher's Day at the adopted school reflects the values of NSS Unit No.8, emphasizing the importance of gratitude, respect, and the acknowledgment of the significant role teachers play in shaping the minds of the future generation.



Pictures of Teachers' Day Celebration

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

Participation List

NSS UNIT NO. 8
Teacher's day celebration at
adopted school
26 5/9/23

NAME	DEPARTMENT	SIGNATURE
1. Vairida P.R	B.com F&T	
2. Hema Thampar	"	
3. Anmolay Benny	"	
4. Sora Mary Riju	"	

SR. DR. REMYO SIMON

PROGRAMME OFFICER
National Service Scheme
Unit No. 8
Bishop Chulaperambil Menon's College
Kottayam-686 001

KOTTAYAM
686 001
NSS UNIT No. 8

THALAMURAKALUDAE SANGAMAM



Brochure of Thalamurakaludae Sangamam

The NSS Unit No.8 of BCM College, in collaboration with the Department of Social Work of BCM College and U3A of MG University, orchestrated a heartwarming event known as ThalamurakaludaeSangamam. The theme of the event, "Graceful Living: All Ages Together," encapsulated the essence of the program, which aimed to facilitate meaningful interactions between approximately 100 college students and 100 senior citizens.

The event, held at the BCM College auditorium on September 9, 2023, commenced at 9 am with the shared goal of bridging the gap between two distinct generations. The one-on-one conversations between college students and senior citizens were designed to foster mutual understanding and promote harmony across age groups.

The carefully planned program unfolded throughout the day, providing a platform for genuine connections and shared experiences between the students and senior citizens. The theme "Graceful Living: All Ages Together" encouraged conversations that transcended generational differences, emphasizing the beauty of collective learning and shared wisdom.

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

The success of ThalamurakaludaeSangamam was not only measured by the number of conversations but also by the positive impact it had on fostering a sense of unity and understanding. The program created an atmosphere where both the younger and older participants could appreciate each other's perspectives, creating a rich tapestry of shared experiences.

As the day progressed, the auditorium resonated with warmth, laughter, and the spirit of togetherness. The event concluded at 4 pm with a sense of accomplishment and pleasant harmony, marking the success of the program in achieving its intended goals of promoting intergenerational understanding and facilitating connections that go beyond age boundaries. ThalamurakaludaeSangamam stood as a shining example of how community initiatives can bring diverse generations together, fostering a sense of unity and mutual respect within the larger social fabric.



Picture of Thalamurakaludae Sangamam

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

Participation List

NSS UNIT 08		
9/9/23 Saturday		
NAME	DEPARTMENT	SIGNATURE
1. Remya Nair	Bsc Zoology	
2. Aganaratha C Bose	"	
3. Anika Sana Rites	BSc Chemistry	
4. Niyakrishna M	"	
5. Anika Harsham Anand	"	
6. Jyotsna S	"	
7. Nisha Nishad	"	
8. Shikha K S	Bsc Physics	
9. Indu Priya	"	
10. Krishnamoorti	"	
11. Anika	"	
12. Anika Raghav	Bcom B.T	
13. Anika Saji	"	
14. Anika Anilkumar	"	
15. Anika	"	
16. Anika	"	
17. Anika Saji	"	
18. Anika	Computer Science	
19. Anika Samir Jee	BA sociology	
20. Anika Rajesh	"	
21. Anika J.P	"	
22. Krishnendu T.P	B.Sc Botany	
23. Anika Anand	BA History	
24. Anika Anand	BA English	
25. Anika Anand	BA English	
26. Anika Anand	BA History	
27. Anika Anand	BA History	
28. Anika Anand	BA English	
29. Anika Anand	BA English	
30. Anika Anand	BA Sociology	

28		
NAME	DEPARTMENT	SIGNATURE
32. Anika Anand	BA Sociology	
33. Vidya B. Raj	B.com ft	
34. Anika Anand	BA sociology	
SR-DR-REMYA SIMON		
PROGRAMME OFFICER		
National Service Scheme		
Unit No: 8		
Bishop Chulaparambil Memorial College		
Kottayam-686 001		

AWARENESS CLASS AT ST. ANNE'S HIGHER SECONDARY SCHOOL



Brochure of the Awareness Class

As a part of NSS, The NSS unit 8 of BCM COLLEGE conduct an awareness class about women empowerment for higher secondary students of St Ann's HSS Kottayam in 15-9-2023 at 3 pm. Ashna from 1dc took the class for the students and Anjana from 1st dc home science and Shruthi from 1st dc chemistry co-ordinate the program .

Around 150 students attend the class and we discuss about different problems and challenges currently faced by the women. Major motive of the class is about how teenagers can challenge these problems. Dr Sr. Remya Simon who is the NSS coordinator end the program with an interactive session and the program was a big success.



Pictures of the Awareness Class

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

Participant List

20

1st year

Participants List

No	Name	Class	Signature
1	Prasanna S. Siva	B1	
2	Prasanna S. Siva	B1	
3	Ana Billa	B1	
4	Tasya Sangeetha	B1	
5	Prasanna S. Siva	B1	
6	Devi Siji	B1	
7	Sangeetha S. S	B1	
8	Ananya K. S	C1	
9	Ananya K. S	C1	
10	Hanna Abraham	B1	
11	Christina Jose	B1	
12	Jeena Maria Jaihy	B2	
13	Prasanna S. Siva	B1	
14	Sangeetha S. S	B2	
15	Vishnu Mahan	E1	
16	Hanna Sana	E1	
17	Ana Sana	E1	
18	Sangeetha S. S	E2	
19	Prasanna S. Siva	E3	
20	Krishna S. Siva	E3	
21	Prasanna S. Siva	B1	
22	Prasanna S. Siva	B1	
23	Prasanna S. Siva	B1	
24	Prasanna S. Siva	B1	
25	Prasanna S. Siva	B1	
26	Prasanna S. Siva	B1	
27	Prasanna S. Siva	B1	
28	Prasanna S. Siva	B1	
29	Prasanna S. Siva	B1	
30	Prasanna S. Siva	B1	

21

Name	Class	Signature
31	F1	
32	F1	
33	F1	
34	F1	
35	F1	
36	F1	
37	F1	
38	F1	
39	F1	
40	F1	
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22

Name	Class	Signature
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149	F1	
150	F1	

SR. DR. REMVO SIMON

PROGRAMME OFFICER
National Service Scheme
Unit No. 8
Bishop Chulaparambil Diocese College
Kottayam-686 001

SHANTIBHAVAN VISIT



Brochure of Shanti Bhavan Visit

The visit by volunteers to "Shanti Bhavan," an old age home on 16 September 2023, extended beyond mere physical tasks such as cleaning the institution. It embraced a more holistic approach, emphasizing meaningful interactions with the elderly residents. While the volunteers engaged in the essential work of maintaining the physical environment, their involvement went beyond the tangible to encompass vital aspects of emotional support, companionship, and fostering a sense of connection with the elderly inhabitants.

Through conversations and shared moments, the volunteers likely played a crucial role in brightening the residents' days. Providing companionship is particularly significant in the context of an old age home, where individuals may face feelings of loneliness or isolation. The emotional support offered during these interactions contributes significantly to the overall well-being of the elderly residents.

By recognizing the importance of social engagement and human connection, such initiatives go beyond addressing the physical needs of the facility. They acknowledge the fundamental truth that emotional and social aspects are integral components of a person's overall health and happiness, especially during their later years.

Volunteer visits to old age homes not only fulfil a practical need for assistance but also emphasize the human element in care giving. The conversations, shared experiences, and

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

companionship provided by the volunteers contribute to creating a more compassionate and enriching environment for the elderly residents. These initiatives play a vital role in promoting a society that values and respects its older members, acknowledging the depth of their experience and the significance of their continued connection with the community.



Pictures of Shanti Bhavan Visit

Participation List

NSS Unit - D8		
33		
Shanti Bhavan Visit		
16/07/2023		
Name	class	Signature
1. Myyandha c Bose	Bsc Zoology	[Signature]
2. Arslan Rajji P	Bsc Physics	[Signature]
3. Shabira k.s	"	[Signature]
4. Jellita Luckose	"	[Signature]
5. Indupriya A	"	[Signature]
6. Kartharajulu PJ	"	[Signature]
7. Pritha Anilkumar	B. Com	[Signature]
8. Aranya Jayachandran	"	[Signature]
9. Devika m. v	BA - History	[Signature]
10. Anala Mary Tomu	B.Sc Zoology	[Signature]
11. Devanandana Shylaja	B.Sc FACS	[Signature]
12. Devipriya MB	B.Sc chemistry	[Signature]
13. Pinita Lucian	BA Sociology	[Signature]
14. Varsha Bright	BA Eng Lit	[Signature]
15. Rakha K	B.Sc Finance & Taxation	[Signature]
[Signature] SR. DR. REMVA SIMON		
		
PROGRAMME OFFICER National Service Scheme Unit No. 8 Bishop Chulaperambil Memorial College Kottayam-686 001		

OZONE DAY POSTER MAKING COMPETITION AT ADOPTED SCHOOL



Brochure of Poster Making Competition

On the 18th of September 2023, a vibrant and engaging poster-making competition took centre stage, capturing the spirit of Ozone Day. The event, spanning from 3 to 4 PM, unfolded with enthusiasm in both the Upper Primary and LP sections, creating an atmosphere buzzing with creativity.

Students from diverse age groups showcased their artistic prowess, illustrating their understanding of the significance of ozone preservation through captivating posters. The competition not only served as a platform for self-expression but also as an educational tool, fostering awareness about environmental conservation.

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The panel of judges faced the delightful challenge of selecting three winners from each section, a testament to the impressive quality of entries. The winning masterpieces seamlessly blended artistic flair with a strong environmental message, resonating with the theme of Ozone Day.

To acknowledge the exceptional efforts of the talented winners, attractive gifts were presented, adding a tangible reward to the joy of creative accomplishment. The ceremony was filled with smiles and applause as the victors received their well-deserved recognition.

Beyond the individual achievements, the poster-making competition contributed to a collective celebration of Ozone Day, emphasizing the importance of environmental responsibility within the school community. The colourful and thought-provoking creations served as visual reminders of the ongoing need to protect and preserve our planet's ozone layer.

In the aftermath of the event, the school echoed with conversations about environmental consciousness, leaving a lasting impact on the participants and spectators alike. The poster-making competition not only celebrated creativity but also fostered a sense of shared responsibility for the well-being of our planet among the students.



Pictures of Poster Making Competition

Participation List

NSS Unit No: 08

3.1 Adopted School

18/07/23 Ozone Day Poster Making Competition

Sl. No.	Participant Name	Subject	Score
1.	Anitha Soji	B.Com F&T	3
2.	Ardra Rangi P	Physics	4
3.	Anjanandha CBose	Zoology	4
4.	Purnya Nair	Zoology	4
5.	Shashika K S	Physics	3
Competition Participants			
1.	Pranav C Kishor I	Standard	3
2.	Sreevaigalekshmi S. II	Standard	4
3.	Catherine III	Standard	4
4.	Vedhika C H	Standard	4
5.	Aayisha	Standard	3
6.	Harsha H	Standard	3
7.	Arfaath	Standard	3
8.	Anusree Prasanth	Standard	4
9.	Adwaitth	Standard	4
10.	Sree Vinayak S	Standard	3
11.	Aden Mathew	Standard	3
12.	Alphy	Standard	7
13.	Affan Nishad	Standard	6
14.	Subrainamyan	Standard	6
15.	Arfaath	Standard	5
16.	Satayu Rajesh	Standard	5
17.	Rahul Muralidaran	Standard	5
18.	Jayastee Gijimoo	Standard	5
19.	Ujo Ajesh	Standard	5
20.	Vishnu	Standard	5
21.	Ajo Jose	Standard	6
22.	Joyal Ajesh	Standard	6
23.	Anirudh	Standard	5

LP Section

34. Nishad	5
35. Navaneeth	5
36. Avani	5
37. Soorya	7
38. Aron	5
39. Arnav P V	5
40. Shravan	5
41. Vishnupriya	7
42. Noorah Fathima MS	5
43. Anumol P J	5
44. Adikhyakrishnan	7
45. Adhithan	7
46. Vishnu R	7
47. Pavithra II	7
48. Fathima III	5
49. Infan I	6

LP Section

First Prize – Pranav C. Kishor
 Second Prize – Sreevaigalekshmi S
 Third Prize – Catherine

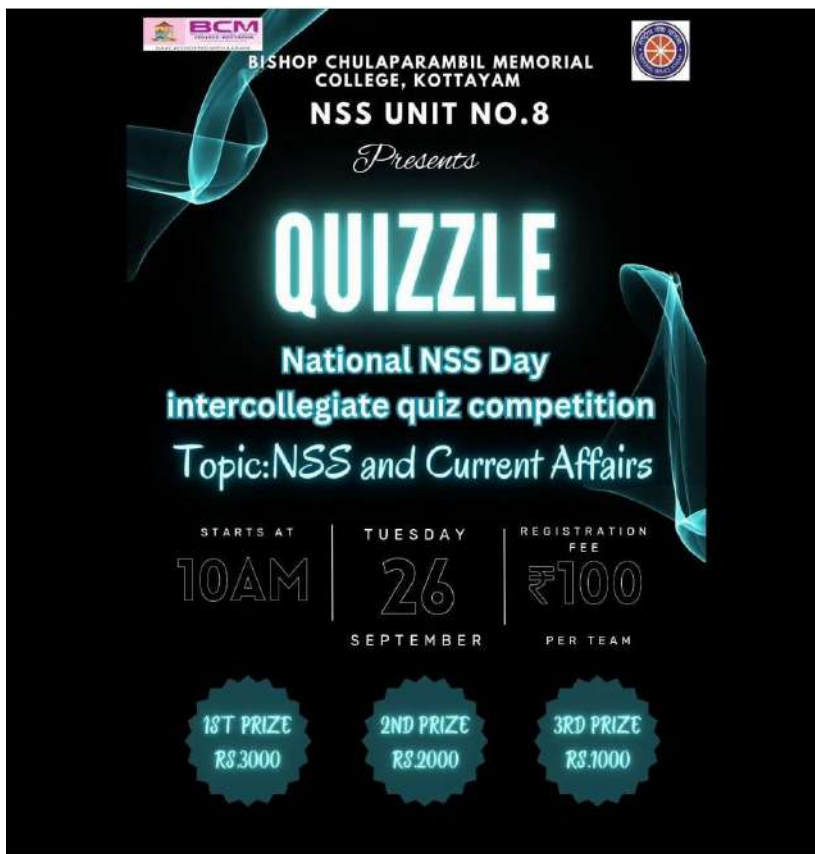
UP Section

First Prize – Infan
 Second Prize – Pavithra
 Third Prize – Fathima

SR. DR. REMYA S. S.

PROGRAMME OFFICER
 Planning & Training Division
 NSS Unit No. 08
 Bishop Chelaparamba, Kottayam - 686 001
 Kottayam - 686 001

INTER COLLEGIATE QUIZ COMPETITION “QUIZZLE”



Brochure of Quizzle

The inter-college quiz competition, "Quizzle," unfolded on National NSS Day, featuring a thematic focus on NSS (National Service Scheme) and Current Affairs. The event, which commenced at 10 AM, served as a platform for showcasing the participants' knowledge in these areas. The competition brought together students from various colleges, creating an intellectually stimulating environment.

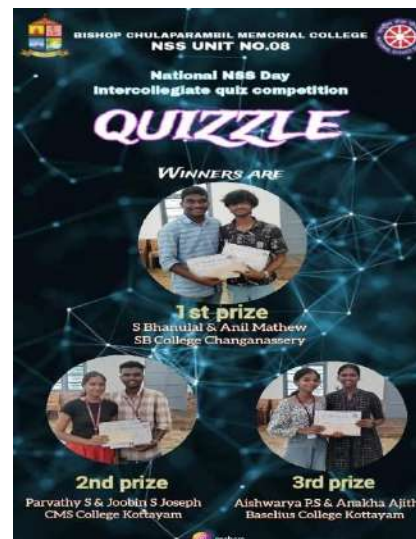
On Tuesday, the 26th of September, the results were announced, highlighting the outstanding performances of the participants. The first prize was secured by S. Bhanulal and Anil Mathew from S.B College, Changanassery. Their exemplary knowledge earned them a monetary award of Rs. 3000, a recognition of their expertise in NSS-related matters and current affairs.

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The second prize was claimed by Parvathy. S and Jobin. K. Joseph from CMS College, Kottayam. Their commendable performance in the quiz earned them a sum of Rs. 2000, further affirming their grasp of NSS-related topics and current affairs.

The third prize was awarded to Aishwarya. P. S and AnakhaAjith from Baseliuss College, recognizing their noteworthy contribution to the competition. They received a monetary award of Rs. 1000, acknowledging their proficiency in NSS and current affairs.

The recognition and awards bestowed upon the winners underscore the significance of their knowledge and expertise in NSS-related matters and current affairs. Competitions like "Quizzle" not only celebrate academic excellence but also foster a culture of continuous learning and awareness of issues related to national service and current events. The participants' dedication and performance serve as a testament to the importance of staying informed and engaged in matters that impact society.



Winners of Quizzle Competition

Participation List

Inter College Quiz Competition - Quizlets		
1. Hemra Bhargava	I st B. com F&T	Ramkrishna
2. Vandana P. R	I st B. com F&T	V. R
3. Abhinava S. Sagar	I st B. com History	Abhinava
4. Abhinav V.	I nd DE Economics	Abinav
5. Ganapathi P. S	I nd DE Economics	Ganapathi
6. Steven Anok	I nd DE Economics	Steven
7. Indraprasad	I nd DE Physics	Indraprasad
8. Jeevika	I nd DE Physics	Jeevika
9. Shalini	I nd DE Physics	Shalini
10. Anshu	I nd DE Physics	Anshu
11. Parvitha Anilkumar	I nd DE B. com F&T	Parvitha
12. Krishnaraj P. J	I nd DE Physics	Krishnaraj
13. Anu Mary Benny	I nd DE F&T	Anu Mary
14. Prayag Sinil	"	Prayag
15. Varcha Babu	"	Varcha
16. Alceira Manoj Jyoti	"	Alceira
17. Sowthi Mal Sagar	"	Sowthi
18. Anupa Prasanna	I st B. com (SF)	Anupa
19. Ganuja Joseph	I nd DE Computer	Ganuja
20. Thejasvi S	"	Thejasvi
21. Nehama Ravi	I nd DE History	Nehama
22. Ashwini Das	"	Ashwini
23. Anurag Kapur	I st B. com (Ext)	Anurag
24. Athula Rajesh	I nd DE Sociology	Athula
25. Akshaya J. K	"	Akshaya
26. Lekshmi Suresh	"	Lekshmi
27. Anshu Mary Tony	I nd DE English	Anshu
28. Sacha A. K	I nd DE English	Sacha
29. Sanam Joseph	I nd DE English	Sanam
30. Sneha S. Suresh	I nd DE Sociology	Sneha

So
Sonia Mary biju
Annamalai e Rose
Pamya Nair
Jema Sam Jose
Neelha Shikha
Hirsha Hazim Zehariah
Vijayakrishna M
Sheba Suja Peter
Ganai priya S
Atsuwary CB
Sivanandhana T. Ithu
Fathima Sajeda
Anasree Ajikumara

IInd Bcom
IInd DC Zoology
"
II DC Sociology
IInd DC Chemisry
IInd DC Chemistry
IInd DC Chemistry
"
"
IInd DC Sociology
"
"

Sona
Ag.
Ajay
Jema
NIT
P.T.X
A.P.R.
Rajini
Amritha
Subash
Shreya

Ranga SR.DR.REMYA SIMON

Bishop Chatterjee Memorial College
KOTTAYAM
686 001
BISHOP CHATTERJEE MEMORIAL COLLEGE UNIT No. 19-07-2019

PROF. V. A. J. L. S. P.
Narasimhan, Periyar S.
U. S. K. C. S.
Bishop Chatterjee Memorial College
Kottayam-686 001.

BISHOP CHULAPARAMBI MEMORIAL COLLEGE KOTTAYAM			
NSS UNIT NO. 8			
SL NO.	NAME OF THE PARTICIPANT	NAME OF THE COLLEGE	PHONE NUMBER SIGNATURE
1.	Amrutha Suresh	C.M.S college, Kottayam	7979426410 <i>Amrutha</i>
2.	Roshna Rajesh	C.M.S college, Kottayam	9544128474 <i>Roshna</i>
3.	S Bhanu Lal	St. Berchmans College, Changanangy	6235733079 <i>Bhanu</i>
4.	Anfi Mathew	St. Berchmans college, Changanangy	7539495540 <i>Anfi Mathew</i>
5.	Roketh Shaji	K.G. College, Pampady	4510349471 <i>Roketh</i>
6.	Anandhu Anil	K.G. college, Pampady	9478868534 <i>Anandhu</i>
7.	Jeehan K. Joseph	C.M.S college, Kottayam	9061073460 <i>Jeehan</i>
8.	Darvathy S	C.M.S College, Kottayam	9645258743 <i>Darvathy</i>
9.	Pogakrishna A	Baselius college, Kottayam	6282742894 <i>Pogakrishna</i>
10.	Nimisha Elsa Shaju	Baselius college, Kottayam.	6282320662 <i>Nimisha</i>

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

Sheet I

11.	Aswin Jayakumar	Nirmala art and Science college	9446953637	<i>Aswin</i>
12.	Nikitha Vinodh	Nirmala art and Science college	7991116953	<i>Nikitha</i>
13.	Aswathy C.A	Government college, Nattakom	8098005657	<i>Aswathy</i>
14.	Vishnu prya A.S	Government College, Nattakom.	9446732809	<i>Vishnu</i>
15.	Prajesh C. Prasad	Baselius College, Kottayam	9495665239	<i>Prajesh</i>
16.	K.A. Arjana	Baselius College, Kottayam	9495750921	<i>Arjana</i>
17.	Devathetha B. krishna	Baselius college, Kottayam	4085825292	<i>Devathetha</i>
18.	Deva prya Renjith	Baselius College, Kottayam	9446909421	<i>Deva prya</i>
19.	Anakha Ajith	Baselius College, Kottayam.	9564832415	<i>Anakha</i>

PROGRAMME OFFICER
National Service Scheme
Unit No: 8
Bishop Chulaparambil Memorial College 2
Kottayam-686 001

SR. DR. REMY SIMON
SR. DR. Remy Simon

Sheet II

20.	Aiswarya P.S	Baselius College, Kottayam.	9446263820	<i>Aiswarya</i>
21.	Bhagyalakshmi Prasad	Mar Thoma College, Tiruvalla	9944993219	<i>Bhagyalakshmi</i>
22.	Noor Fatima	Mar Thoma College, Tiruvalla	6235997066	<i>Noor Fatima</i>
23.	Anderson	Mar Thoma College, Tiruvalla	7510465630	<i>Anderson</i>
24.	Meenu.M	Mar Thoma College, Tiruvalla	9037164717	<i>Meenu</i>
25.	Adhil V. Tharba	Mar Thoma College, Tiruvalla	9475150446	<i>Adhil</i>
26.	Croutham . S	Mar Thoma College, Tiruvalla	7560813191	<i>Croutham</i>
27.	Drabeed P	Mar. Thoma College, Tiruvalla	7736259834	<i>Drabeed</i>
28.	Abhinav S	Mar Thoma College, Tiruvalla.	8891717477	<i>Abhinav</i>

PROGRAMME OFFICER
National Service Scheme
Unit No: 8
Bishop Chulaparambil Memorial College
Kottayam-686 001

SR. DR. REMY SIMON
SR. DR. Remy Simon

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

BISHOP CHULAPARAMBIL MEMORIAL COLLEGE KOTTAYAM				
NSS UNIT NO. 8				
SL NO.	NAME OF THE PARTICIPANT	NAME OF THE COLLEGE	PHONE NUMBER	SIGNATURE
29	Anupama Anilkumar	C.M.S. College, Kottayam	843940468	<i>[Signature]</i>
30	Krishna .c. Chandran	C.M.S. College, Kottayam	8022683030	<i>[Signature]</i>
31	Gayathri Umthakrishnan	K.E. College, Mananar	9446192605	<i>[Signature]</i>
32	Almeida Maria Mathew	K.E. College, Mananar	8590894220	<i>[Signature]</i>
33	Ansal .m.s	Devancom board college, Kozhikode	9946914120	<i>[Signature]</i>
34	Nehamia Reeth	Devancom board college, Kozhikode	9564387432	<i>[Signature]</i>
35	Prinitta binu	K.E. College, Mananar	8606164450	<i>[Signature]</i>
36	Nirina Maryam Thomas	K.E. College, Mananar	8072034641	<i>[Signature]</i>
37				
PROGRAMME OFFICER National Service Scheme Unit No. 8 Bishop Chulaparambil Memorial College Kottayam-686 001				

Page 1

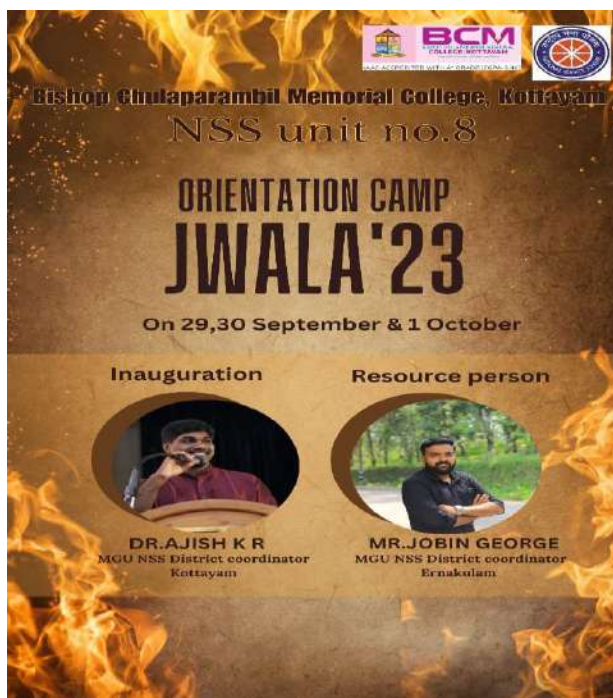
[Signature]
SR. DR. REMYD SIMON

QUIZZLE			
Intercollegiate Quiz Competition - Preliminary Round			
Selected Participants for Final Round			
1. Aishwarya P.S Anakha Ajith	} Baseliuss College	14 1/2	III
2. S Bhanukul Anil Mathew	} SB College Changanassery	13	I
3. Anandu Anil Rohith Whaji	} KG College Pampady	11 1/2	
4. Amrutha Suresh Rashma Rajesh	} CMS College, Kottayam	11 1/2	
5. Parvathy S Tobin K. Joseph	} CMS College, Kottayam	11	II
<div><div><i>Joseph</i> SR. DEPARTMENT</div><div><i>Thom</i> Bij Thomas</div></div>			
PROGRAMME OFFICER National Service Scheme Unit No. 8 Bishop Chulaparambil Memorial College Kottayam-686 001			

[Signature]
SR. DR. REMYD SIMON

[Signature]
Bijin Thomas

AGNI; 3-DAY RESIDENTIAL ORIENTATION CAMP



Brochure of Residential orientation camp

Day 1:

In 29.09.2023, NSS 3-day residential orientation camp started with registration at 3.30 pm. Registration ended at 6.00 pm and volunteers entered the auditorium. Volunteer secretaries gave the necessary instructions. By 6.30 pm BCM Dr. Stephy Thomas the Principal, BCM College officially started the opening ceremony. NSS programme officer Dr. Sr. Remya Simon welcomed the function. Dr Stephy conducted the presidential address. He spoke about the opportunities and challenges faced by NSS in this era. After that the honourable chief guest Dr. Ajeesh K.R, MG University NSS Kottayam District Coordinator performed the introductory action and addressed the meeting. Next was a semi-classical group dance from first year volunteers that entertained the audience. Volunteer Secretary Miss Anitta Saji ended the

proceedings with her note of vote of thanks. Next, the ice breaking session of Dr Ajeesh K.R. get started. Through fun games he made the volunteers to get to know each other. Then he divided into 5 groups and conducted various activities and also set a score board. Through each activity he conveyed a message to make the volunteers aware of various aspects of NSS. After the dinner time of 8.30 to 9.00 pm he started the next session by presenting the aim and goals of NSS with the help of digital media. He concluded the session by a chicken dance together with the volunteers. 1st year volunteer Miss Kesia Elizabeth Babu presented the vote of thanks. The curtains of the Day 1 of the camp fell at 11.00 pm.

Day 2:

30.9.2023, the Day 2 of the camp started at 5.45 am with a devotional song. After freshening up the volunteers assembled at the college patio at sharp 7.05 pm. There the senior volunteers took the responsibility to demonstrate the parade. Under their instructions, the volunteers continued the parade in the indoor auditorium for 1 hour. 8.15 am the volunteers get dismissed for breakfast. Next session was about the Paliative Care. Resource person reached at 9.00 am. She spoke about the proper definition and purpose of this respective project along with the interest of a startup programme of cordinating a group of volunteers into paliative care services. The gathering dismissed for the tea break. Next resource person Dr.Elizabeth V John, the Ass. Professor from Physics department, BCM College headed the session. She spoke about her own experience as a NSS volunteer and the important role of NSS in one's personality development. 1.00 pm was the lunch time. After that, volunteers were instructed to set the programmes for cultural event. The cultural event started at 1.45 pm. Volunteers even though on a short notice gave their maximum to it. The event ended at 2.40 pm. At 2.45 pm Mr. Jobin, MG University Ernakulam District Cordinator arrived. Through an interesting game he started the session and made the volunteers energetic. Then he shared his own personal experience where he truly underwent and witnessed the hold of NSS in a person's personality and life developments. He concluded his session at 4.45 pm. 1st year volunteer Miss Archana presented him the vote of thanks. Next, every group read their prepared news and report on Day 2. With a few sharing their camp experience the Day 2 along with the camp officially ended at 5.30 pm.

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8



Photo of Residential orientation camp

Participation List

BANI-3 Day Residential orientation camp 29-31/09/2023		
Sno	Name	Department
1	Mariya Thomas	Sociology
2	Aluna Antony	
3	Pwii Krishna	
4	Nandana B.S	
5	Kripa Thankachan	
6	Shikha Suresh	
7	Jirel Sara Binu	
8	Sneha Dev	
9	Gopika Sathesh	
10	Fathima Nehro	B.Com F&T
11	Kumil Santhosh	
12	Nandhana Suresh	
13	Kavya Saruthi	
14	Rekha K	
15	Devika Saji	
16	Archana V.S	
17	Nirya Srimoni	
18	Akhila Scavia	
19	Surya Saji	
20	Kavya Saji	Economics
21	Bund M	
22	Rythi Richard	
23	Tinku Thomas	
24	Rekha Elisebeth Babu	History
25	Tishamol Shaji	
26	Sandra Suresh	
27	Anupama Raj	
28	Gowry Manoharan	
29	Toleey James	
30	Aloshia Johnu	

31	Ponvalthy P	History
32	Shreyal G	
33	Radhika B	English
34	Ashni S	
35	Akshaya Padep	
36	Munil B.S	
37	Rachana Anna Abraham	
38	Akshara P Babu	
39	Varsha Bright	
40	Selma Rasheed	
41	Jasme Josekutty	
42	Hrudya Anil Raj	
43	Shabuj Issac	
44	Rini N	
45	Aparna Reghu	
46	Christena Raju	
47	Akshara P Babu	
48	Sona JS	
49	Anna Thomas	
50	Anjana S	F&S
51	Devanandana Shylajan	
52	Greelakshmi R	
53	Ashna A	Chemistry
54	Anamika N.R	
55	Viruthasree	
56	Sruthy A.S	
57	Anamika R.M	
58	Aiswarya T Santhosh	Mathematics
59	Mazha Suresh	
60	Riya T Thomas	
61	Anjana Baiju	

62	Archana Prasod	Zoology
63	Neelvi B.S	Zoology
64	Akhya Binu	Computer Science
65	Sethulakshmi	Computer Science
66	Aluna Saji	Computer Science
67	Minzana Bashir	Biology
68	Jemel Rosamira Philip	Biology
69	Ponvalthy S	Physics
70	Akshar Susan Varghese	Physics
71	Devika A Pillai	ESTAC
72	Prayamol Shaji	Sociology
73	Doha James	Sociology
74	Anitha Eliza	Computer Science
75	Fathima RS	Computer Science
76	Anamika PM	Biochemistry Zoology
77	Archana J.R	B.Com
78	Gopika Sathesh	Sociology
79	Radhika P Monaj	
80	Archana Prasod	Zoology

WORLD POVERTY ERADICATION DAY – ‘FOOD COLLECTION DRIVE’



Brochure of Poverty Eradication Day Food Collection Drive

NSS Unit No. 8 of BCM College organized a food collection drive on October 10, 2023, in commemoration of World Poverty Eradication Day. The initiative aimed to address immediate food needs while concurrently raising awareness about poverty within the college community.

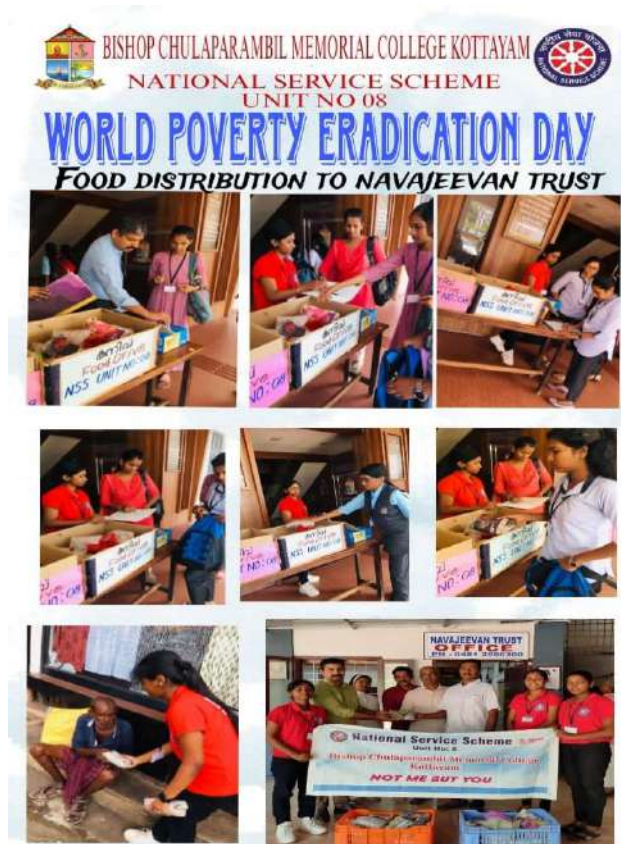
Dedicated NSS volunteers strategically set up collection points across the campus to gather non-perishable food items. These designated areas served as collection hubs for items with an extended shelf life, ensuring their suitability for storage and distribution over an extended period.

Various communication channels, including posters and announcements, were utilized to effectively convey the purpose of the food collection drive. These efforts were directed at creating awareness and encouraging active participation from students, faculty, and staff throughout the college community. Engaging the entire campus, the initiative successfully mobilized collective action in response to the challenges of poverty and food insecurity.

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

Beyond addressing immediate needs, the food collection drive aimed to foster a deeper understanding of poverty and its implications. NSS volunteers played a central role in coordinating these efforts, ensuring a well-organized and impactful campaign on World Poverty Eradication Day.

The coordinated activities underscored the NSS Unit's commitment to social responsibility and community service. By directly addressing the immediate needs of those affected by poverty and hunger, the food collection drive aligned with the NSS Unit's broader mission of contributing to positive social change. The emphasis on collective responsibility emphasized the role each individual played in alleviating hunger and working towards a more equitable and compassionate society. This initiative reflected the NSS Unit's dedication to making a tangible and meaningful impact on World Poverty Eradication Day.



Pictures of Poverty Eradication Day Food Distribution

Participation List

World Poverty Eradication Day
38
Food Collection Drive 10/10/23

1) Sachin Chavhan	I st DE Computer Science	Shah
2) Eshwari Gino Joseph	I st DE B.A. English, Mg	Shah
3) Mandana Sunil	I st DE Finance & Taxation	Shah
4) Saurabh Joseph	I st DE English Mg	Shah
5) Anuraag Patel George	I st DE B.A. History	Shah
6) Haritha Keri	I st DE BSc Computer Science	Shah
7) Anugraha Jayan	I st DE Physics	Shah
8) Anshika Kulkarni	I st DE Chemistry	Shah
9) Karthika Ashok	I st DE Economics	Shah
10) Gaurav P. S.	I st DE Economics	Shah
11) Ananya Shibu	I st DE English Mg	Shah
12) Anshika Singh	Commerce	Shah
13) Anshika Singh	I st DE Economics	Shah
14) Sagar Mishra	Statistics	Shah
15) Anshika S.	I st DE Sociology	Shah
16) Anshika S.	I st DE Sociology	Shah
17) Anshika S.	I st DE Zoology	Shah
18) Anshika S.	I st DE Botany	Shah
19) Anshika S.	I st DE BSc Computer Science	Shah
20) Anshika S.	I st DE Sociology	Shah
21) Anshika S.	I st DE B.Com. P & T	Shah
22) Anshika S.	I st DE B.Com. P & T	Shah
23) Anshika S.	I st DE Economics	Shah
24) Anshika S.	I st DE Economics	Shah
25) Anshika S.	I st DE BSc PHSIS	Shah
26) Anshika S.	I st DE B.Com. P & T	Shah
27) Anshika S.	I st DE B.Com. P & T	Shah
28) Anshika S.	I st DE B.Com. P & T	Shah
29) Anshika S.	I st DE B.Com. P & T	Shah
30) Anshika S.	I st DE B.Com. P & T	Shah

39

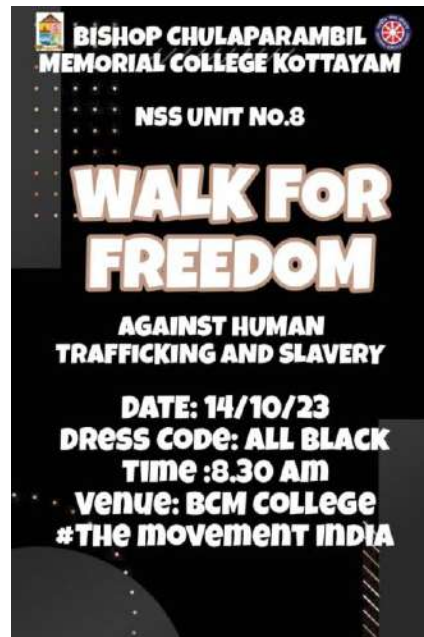
31) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
32) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
33) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
34) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
35) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
36) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
37) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
38) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
39) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
40) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
41) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
42) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
43) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
44) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
45) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
46) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
47) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
48) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
49) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
50) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
51) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
52) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
53) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
54) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
55) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
56) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
57) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
58) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
59) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
60) Anu Tirtha Modest	I st DE B.Com. P & T	Shah

40

61) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
62) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
63) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
64) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
65) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
66) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
67) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
68) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
69) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
70) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
71) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
72) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
73) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
74) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
75) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
76) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
77) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
78) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
79) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
80) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
81) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
82) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
83) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
84) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
85) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
86) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
87) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
88) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
89) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
90) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
91) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
92) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
93) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
94) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
95) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
96) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
97) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
98) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
99) Anu Tirtha Modest	I st DE B.Com. P & T	Shah
100) Anu Tirtha Modest	I st DE B.Com. P & T	Shah

SR. DR. RENUKA SIMON
PROGRAMME OFFICER
NATIONAL SERVICE UNIT
NATIONAL SERVICE UNIT
NATIONAL SERVICE UNIT

WALK FOR FREEDOM



Brochure of Walk For Freedom

NSS Unit No. 8 of BCM College collaborated with the Department of Social Work to actively participate in "The Walk for Freedom," a nationwide movement against human trafficking organized in 100+ locations across India. The walk, initiated in collaboration with the movement India, commenced at BCM College, symbolizing the collective effort to raise awareness and protest against human trafficking.

Participating members of the walk, including NSS volunteers and members from the Department of Social Work, demonstrated their solidarity by wearing black. The choice of black attire served as a powerful symbol reflecting their shared concern and protest against the grave issue of human trafficking.

The walk, starting from BCM College, was not only a physical movement but also a symbolic gesture representing the collective commitment to combating and preventing human trafficking. By joining this nationwide initiative, the NSS unit and the Department of Social Work

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

emphasized their dedication to social causes, advocating for the rights and well-being of those vulnerable to human trafficking.

Participating in such movements not only raises awareness but also contributes to a broader social discourse on issues that demand urgent attention. The collective action taken by NSS Unit No. 8 and the Department of Social Work showcased their commitment to making a tangible impact on social issues, working towards a society that values and protects the rights of every individual.



Pictures of Walk for Freedom

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

Participation List

Walk for freedom 14/10/2023			
1.	Sanyal Joseph	B.com P.T. II	Sign
2.	Thulasi's	"	Thulasi's
3.	Sanyal Jay	"	Sign
4.	Parvathamma	"	Sign
5.	Anitha Sanyal	"	Sign
6.	Nandhana Suresh	B.com I.S.T. I.D.C.	Sign
7.	Sonia J.S	I.D.C. English M.I.	Sign
8.	Janet Resamma Philip	I.D.C. Botany	Sign
9.	Fathima K.A	I.D.C. C.S.	Sign
10.	Amitha M.H. Sam	"	Sign
11.	Enciltha Chistian	"	Sign
12.	Alandana B.S	B.A. Sociology	Sign
13.	Selina Richard	B.A. English M.I.	Sign
14.	Adithya Dhanraj	B.A. Sociology	Sign
15.	Dev Karshan	B.A. Sociology	Sign
16.	VIRUNHASREE V	B.S.C. Chemistry	Sign
17.	Aravindha N.R	B.Sc. Chemistry	Sign
18.	Chandanya H.G	B.A. Sociology	Sign
19.	Deviandana Sathya	B.Sc. FACS	Sign
20.	Irani Sana Binu	B.A. Sociology	Sign
21.	Sujitha Sathya	B.A. Sociology	Sign
22.	Aleena Anilaya	"	Sign
23.	Sneha Dev	"	Sign
24.	Manjya Thomas	"	Sign
25.	Dana Janet	"	Sign
26.	Meghana Binodan	I.D.C. Botany	Sign
27.	Jaane Sana Binu	I.D.C. Sociology	Sign
28.	Gregory Sunit	B.com I.D.C.	Sign
29.	Vashe Babu	"	Sign
30.	Vandana P.R	"	Sign
31.	Ann Macy Bening	"	Sign

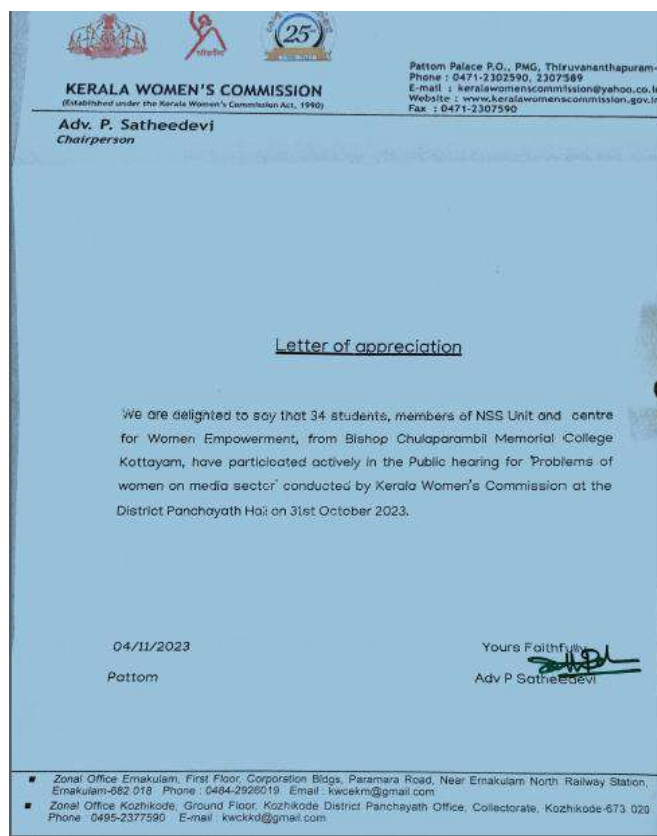
32.	Angela Brennan	B.com C.A.	Sign
33.	Maria R.S	"	Sign
34.	Adithya S.	"	Sign
35.	Nelana P.R	"	Sign
36.	Harshita Sathya	"	Sign
37.	Shruthi Roshan	"	Sign
38.	Chandana R.S	"	Sign
39.	Devathi P	"	Sign
40.	Selina	"	Sign
41.	Sanyal	"	Sign
42.	Adithya Sathya	"	Sign
43.	Ritha K	"	Sign
44.	Nelana Krishnan	Sociology	Sign
45.	Devathi Sanyal	"	Sign
46.	Chandanya H.G	"	Sign
47.	Harshita Sathya	"	Sign
48.	Shruthi Roshan	Chemistry	Sign
49.	Vijayakrishna M	Chemistry	Sign
50.	Harshita Sathya	Chemistry	Sign
51.	Nandhana S	B.Sc. Computer Science	Sign

SR. DR. RABYA SINGH

PROFESSOR OF NSS
Noida College of Education
Noida, U.P.
Babu Chaudhary (Noida) College
Noida, U.P.

WOMEN'S DAY CELEBRATION

On 31st October 2023 'Public Hearing' conducted by the Kerala Women Commission' on the topic 'Difficulties Faced by the Women in Media Field' held at District Panchayat Hall, Kottayam at 10 am onwards. We are delighted to say that 34 students, members of NSS Unit and Centre for Women Empowerment, Bishop Chulaparambil Memorial College, Kottayam, participated actively this programme. Adv.India Ravindra(Member,Kerala Women Commission) welcomed the audience.Adv.P Sati Devi conducted the presidential address.Shri V N Vaasavan, Minister of Co-operative Registration Department inaugurated the event. Smt. Bindhu K V (District Panchayat President, Kottayam) was the special guest. Members of the commission. Adv. P Kunjayisha, Smt. V R Mahilamani, Adv. Elizabeth Mammen Mathai, Smt. Sonia Washington, Sri. Shaji Sugunan IPS (Director), Smt. Archana A R (Research Officer) conveyed their greetings. The keynote speech had done at 11.30 am by Mr E S Subhash. Next session was headed by Smt. K K Shahina, Senior Editor, Outlook magazine. Smt Divya N presented the note of vote of thanks.



ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8



Photos of Public hearing Programme

Participant list

Public hearing programme			
NSS Unit No. 8			
Sl. No.	NAME	DEPARTMENT	SIGNATURE
1	Ankita P. Bala	BA English M1	
2	Pratik B-S	BA Zoology	
3	Manu R.S.	BA English M1	
4	Pranavika N.R.	BSc Chemistry M1	
5	Anuradha K.M.	" "	
6	Ankita A.	" "	
7	Rakha K.	BSc Forestry/Forestry	
8	Anshika Bhat	" "	
9	Shruti Jha	BA History	
10	Shreya Jha	" "	
11	Devanandana Singh	BSc PACE	
12	Devika M.B.	BSc Chemistry	
13	Gayatri Sathish	BA Sociology	
14	Anjali Singh	" "	
15	Mansi Sharma	" "	
16	Daniya Jaiswal	" "	
17	Saba Rashid	BA English M1	
18	Jasmin	BA Economics	
19	Pavathi P.	BA History	
20	Kaile Elina Bala	BA History	
21	Amrita Sathish	BA Sociology	
22	Aditya K.B.	BA Sociology	

Name	Department	SIGNATURE
23 Sparsha Reghu	BA English M1	
24 Khushi C. Raju	BA English M1	
25 Mehlin C.J.	BA Sociology	
26 Himadri Chandra	BA English M1	
27 Anshika Vani	BA English M1	
28 Deva Vimalini	BA English M1	
29 Malavika Sathish	BA English M1	
30 Jona . Jo	BA Sociology	
31 Gayatri II DC Eng M2		
32 Lakshmi II DC Eng M1		
33 Rishi II DC Economics		
34 Anshika (PSQC)		

HARITHAKARMASENA

NSS Unit No.8 of BCM College, in a commendable display of civic engagement and collaboration, joined forces with Harithakarmasena of Kottayam Municipality to facilitate the pasting of QR codes and the completion of a crucial survey. This joint initiative aimed to leverage technology for environmental monitoring and community participation.

The endeavor began with a recognition of the importance of environmental stewardship, and the NSS volunteers, known for their commitment to social causes, eagerly embraced the opportunity to contribute to the Harithakarmasena's mission. Harithakarmasena, as the environmental task force of Kottayam Municipality, plays a pivotal role in promoting green initiatives and sustainable practices within the local community.

The specific task at hand involved pasting QR codes at strategic locations identified by the municipality. These QR codes were integral to a survey designed to gather valuable data on various environmental aspects. NSS Unit No.8 brought its manpower and organizational skills to the table, ensuring the seamless execution of this data collection process. The volunteers collaborated with Harithakarmasena members to affix the QR codes in predetermined locations, strategically chosen to capture a comprehensive overview of the environmental landscape. NSS students finished around 500 houses / shop from 13 and 20 wards of the Kottayam municipality in the date 14,20/102023. And each house they give Rs25 for remuneration.

Once the QR codes were in place, NSS volunteers actively participated in encouraging community members to scan the codes and complete the survey. This involved spreading awareness about the survey's significance, the role it plays in shaping environmental policies, and how the community's input contributes to informed decision-making.

The collaborative effort not only facilitated the practical aspects of pasting QR codes but also fostered a sense of community involvement and responsibility. By actively engaging with residents and encouraging survey participation, NSS Unit No.8 played a vital role in bridging the gap between technology and community-driven environmental initiatives.

In conclusion, the collaboration between NSS Unit No.8 of BCM College and Harithakarmasena of Kottayam Municipality exemplifies the potential impact of collective action in the realm of environmental conservation. By combining their strengths, these entities worked hand in hand to seamlessly integrate technology into community-based initiatives, fostering a sense of shared responsibility and contributing to the larger goal of creating a sustainable and environmentally conscious community.



News from Malayala Manorama. News Paper

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

Participant List

Training Attendance Sheet

Project Name : HORTICAMPHUSHREEM SHABER APPREASE

District Name : ICDI TRYPART

Date of Training : 14 - 10 - 23

Training Location : 39 Kodimala No 5th

Sl. No	Name	Designation	Contact Number	Representing Local Body	Signature
1	Arada Rani P		9081039097		<i>[Signature]</i>
2	Jelena Lukose		7736185917		<i>[Signature]</i>
3	Shashika Ks		9025466340		<i>[Signature]</i>
4	Anitta Saji		9847867960		<i>[Signature]</i>
5	Krishnanjali P		8590827142		<i>[Signature]</i>
6	Indupriya K		8131029215		<i>[Signature]</i>
7	Devanandana		7306995690		<i>[Signature]</i>
8	Devi Priya M.B		9778074509		<i>[Signature]</i>
9	Mingana Bishoo		860602444		<i>[Signature]</i>

Sl. No	Name	Designation	Contact Number	Representing Local Body	Signature
10	Amal Rajan K P		790719690		<i>[Signature]</i>
11	Tishamal Shaji		9074990356		<i>[Signature]</i>
12	Sandra Suresh		859418577		<i>[Signature]</i>
13	Radhika P		9899997660		<i>[Signature]</i>
14	Shanya K		8891580621		<i>[Signature]</i>
15	Swalith Harish		954456317		<i>[Signature]</i>
16	Samritha Sanil		9746548483		<i>[Signature]</i>
17	Pranav Praveen K		9800911581		<i>[Signature]</i>
18	Arjun Arun Chacko		8036446054		<i>[Signature]</i>
19	Pratiksha A M		9736194854		<i>[Signature]</i>
20	Gouri Manikandan		730696307		<i>[Signature]</i>
21	Shreelakshmi R		9544752250		<i>[Signature]</i>
22	Hima Krishnan		9806496264		<i>[Signature]</i>
23	Varsha Sugan		8018062740		<i>[Signature]</i>

Sl. No	Name	Designation	Contact Number	Representing Local Body	Signature
24	Sellalakshmi A N		6380680075		<i>[Signature]</i>
25	Arjun Akkanna		8590520953		<i>[Signature]</i>
26	Fathima Sajeeva		838099726		<i>[Signature]</i>
27	Vinay TS		8590809339		<i>[Signature]</i>
28	Aludya Anitha		7306834844		<i>[Signature]</i>
29	Smitha Elit Bom		7306551288		<i>[Signature]</i>
30	Emilia Chazam		9446570477		<i>[Signature]</i>
31	Fathima K A		7736568566		<i>[Signature]</i>

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

Training Attendance Sheet

Project Name : POREITHOMITHRAN SODART ANNEASE

District Name : KOTTAYAM

Date of Training : 14-10-2023 (360) Wood - 29 (131) Total - 501

Training Location : 30 Wood Total 360 + 535 (493)

Sl. No	Name	Designation	Contact Number	Representing Local Body	Signature
1	VIRUNTHASREEV		8289954975		
2	AMRUTHA NR		9947499867		
3	ALOSHIA JOHNY		8157082784		
4	Joicy James		7306764063		
5	Gopika Sathesh		9993086466		
6	Akeena Antony		9778066401		
7	Anamika R. N		8921107313		
8	Parvathy P		8590434313		
9	Rekha K.		8086402253		

Sl. No	Name	Designation	Contact Number	Representing Local Body	Signature
10	Anysha S		7806177959	73067779	
11	Anysha		7806177959		
12	Selma Rashmi		8281830415	8282	
13	Akshara		9947478511		
14	Menna R. S		9846775891		
15	Alina S		9861052194		
16	Riya J. Thomas		8078259480		
17	Anjana Baiju		6282318120		
18	Anjana S		8574025302		
19	Nasir Alhasan		9037151676		
20	Praveena P. P		9844520663		
21	Treca K. Dharma		8281281033		
22	Ashra Suresh		6238453791		
23	Vinita Wilson		6235825261		

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

Sl. No.	Name	Designation	Contact Number	Representing Local Body	Signature
38	Purnoja Nayr		9848131517		
39	Anjanandha C Bose		9645517771		
40	Archana Prasad		9540909606		
41	Amala Mary Tomy		9444649502		
42	Aiswarya C B		9633463919		
43	Sneha C Suresh		9778588215		
44	Linika Marigan		6235442267		
45	Vijaya Krishna M		8114566494		
46	Geetha Priya		8075168406		
47	Akhila Ganakumar		8891185443		
48	Rythi Richard		8544632543		
49	Snethy A.S		8075984160		
50	Tintu Thomas		8606044074		

Training Attendance Sheet

Project Name : HARITHA MITHRAN SURESH ABEBOW

District Name : KOTTAYAM

Date of Training : 8/10/2023

Training Location : 20 ward - 134 ^{286th} ward 13 - 85 ^{10th}

Sl. No	Name	Designation	Contact Number	Representing Local Body	Signature
1.	Kesin Elisabeth Babu		9074566177		
2.	Tintu Thomas		8606044074		
3.	Apika Suresh		8593086466		
4.	Aparna Reghu		7907649417		
5.	Paavathy's		8592080328		
6.	Akshaya Varghese		8547069967		
7.	Tishamal Bhaji		9074292356		
8.	Sandeep Suresh		8891418577		
9.	Shranya G.				

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

Sl. No	Name	Designation	Contact Number	Representing Local Body	Signature
18	Shruti Suresh		7855478720		
19	Pragathi Anand		8045664444		
20	Deeksha Lukkar		9736185917		
21	Aditya Ranji P		9894039097		
22	Shobina K.S		1035465390		
23	Sandeep Sunil		9746648487		
24	Varsha Noel K.S		8151925309		
25	Swathy Parvath		9544456319		
26	Devika .m.m		8129361211		
27	Ashalya JR		8875060016		
28	Lekshmi Suresh		5282125905		
29	Vinitha Kalsop		6235825267		
30	Aleena Maurya		9037199541		
31	Aswini S Kumar		7994128278		

Sl. No	Name	Designation	Contact Number	Representing Local Body	Signature
32	Santhosh Rajan		9447544709		
33	Rekha . A.K		7744727960		
34	Sanam Joseph		9496572821		
35	Mananya Jayachandran		6058466098		
36	Sanya Biji		7902358962		
37	Parvitha Anilkumar		8045642917		
38	Sara Naaz Biji		8590251961		
Total 38 Students					

SHANTHI BHAVAN VISIT



Brochure of Shanti Bhavan Visit

The visit by volunteers to "Shanthi Bhavan" on November 11, 2023, was more than a mere chore of cleaning and maintaining the physical environment; it embraced a holistic approach that emphasized meaningful interactions with the elderly residents. While engaging in essential tasks, the volunteers went beyond the tangible, offering vital emotional support, companionship, and fostering a sense of connection with the inhabitants.

The significance of this outreach becomes evident in the context of an old age home, where individuals often grapple with feelings of loneliness and isolation. Through conversations and shared moments, the volunteers likely played a crucial role in brightening the residents' days. The emotional support provided during these interactions contributes significantly to the overall well-being of the elderly.

The initiative recognizes the importance of social engagement and human connection, surpassing the scope of addressing physical needs. It acknowledges the fundamental truth that emotional

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

and social aspects are integral components of a person's overall health and happiness, especially during their later years.

Volunteer visits to old age homes fulfil not only a practical need for assistance but also underscore the human element in caregiving. The conversations, shared experiences, and companionship provided by the volunteers contribute to creating a more compassionate and enriching environment for the elderly residents. These initiatives play a vital role in promoting a society that values and respects its older members, recognizing the depth of their experience and the significance of their continued connection with the community.

In essence, these volunteer efforts transcend mere service, exemplifying a commitment to holistic care that encompasses both the physical and emotional needs of those residing in old age homes. Such endeavours contribute to building a society that prioritizes the well-being and dignity of its aging population.

Participation List

Social Service Visit		11/11/2023
1. Princy Nair	B.Sc. Sociology	
2. Anuradha C. Bose		
3. Anala Mary Tony		
4. Srimathika	B.Sc. Sociology	
5. S. Binita		
6. Anshu Aphuram		
7. Ansa Krishnan		
8. Fatima Sybil		
9. Sanya Shaji	BBA	
10. Shreya S.	B.Sc. History	
11. Radhika B.		
12. Varsha Bright	B.A. English	
13. Rakha	B.Sc. Chem.	

Signed: S.R. Dr. Remya Jeyaraj

GOVERNMENT OF KERALA
DEPARTMENT OF HIGHER EDUCATION
KOTTAYAM
K-11001

MGU SPOT ON

On November 11, 2023, the disaster management team "MGU TEAM ON SPOT" orchestrated a significant event at CMS College, Kottayam, commencing at 9:30 am with the solemn rendition of the NSS Anthem. Dr. E N Shivandasan, the esteemed NSS program coordinator, extended a warm welcome to the assembled audience, setting a tone of engagement and collaboration. Following this, Dr. Reji Zakaria, a respected syndicate member, took charge of conducting the presentation, offering valuable insights into disaster management strategies.

The event received further gravitas with the inauguration by Prof. (Dr.) C.T Aravinda Kumar from the Multi-Cooperative Registration Department. The unveiling of the event's logo was carried out with aplomb by Mr. P Harikrishnan, also a syndicate member, marking the official commencement of proceedings.

Distinguished personalities graced the occasion, including Biju Shandaram, the NCC Group Commander, Dr. Biju Thomas, a respected syndicate member, and Dr. R.N Ansar, the State NSS Officer. Their presence underscored the collaborative spirit and shared commitment towards effective disaster preparedness and management. Additionally, the event was honored by the presence of Mr. P S Santhosh, NSS Regional Director, and Dr. Varghese C Josiah, Principal of CMS College, along with Dr. K R Ajeesh, the NSS Kottayam District Coordinator, and Major KS Narayanan, the NCC Officer from UC College, Aluva.

Following the ceremonial proceedings, the training session commenced promptly at 11:00 am, signaling the practical phase of the event where participants would engage in hands-on learning and skill development in disaster management techniques.

The comprehensive lineup of speakers and participants from diverse backgrounds reflected a collective endeavor towards fostering resilience and readiness in the face of potential disasters. The event not only served as a platform for knowledge exchange but also as a testament to the proactive efforts undertaken by the community to safeguard against unforeseen adversities.

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8




Photos of MGU TEAM ON SPOT"


Participation List

MGU SPOT ON 11/11/2023

DISASTER MANAGEMENT PROGRAMME

NAME	SIGNATURE
Selma Anshud	Selma
New Bi. Stephen	New Bi.
Mazha RS	Mazha
Jincy	Jincy
Poovalthy P	Poovalthy
Richarda P. Babu	Richarda




SR. DR. REMYA SIMON

PROGRAMME OFFICER
National Service Scheme
Unit No. 8
Bishop Chudapparambil Memorial College
Kottayam-686 001

CHILDREN'S DAY CELEBRATION AT UP SCHOOL, PUTHETTU



Brochure of Children's Day Celebration

On the vibrant morning of November 14, 2023, the spirited members of NSS Unit No.8 from BCM College embarked on a heartening mission to celebrate Children's Day with the students of UP School Puthettu. The clock struck 9 am as the NSS volunteers, armed with enthusiasm and a commitment to community service, arrived at the school to orchestrate a day filled with joy, laughter, and meaningful interactions.

The festivities began with meticulous planning and organization. Recognizing the significance of Children's Day as a time to nurture creativity and celebrate the innocence of childhood, the NSS Unit crafted an array of engaging programs tailored to the young audience. Interactive games, storytelling sessions, and educational skits were among the carefully curated activities designed to captivate the imaginations of the eager students.

However, the NSS volunteers didn't stop at event coordination. To add a personal touch and create a more intimate connection with the children, they took centre stage and performed various acts. From lively dances that sparked joy to entertaining skits that carried important messages, the volunteers demonstrated not only their organizational prowess but also their dedication to ensuring a memorable experience for the youngsters.

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

The performances were not just about entertainment; they carried meaningful themes aimed at inspiring and educating. Volunteers integrated messages of unity, friendship, and the importance of education into their acts, leaving a lasting impact on the impressionable minds of the children.

Beyond the scheduled programs, the NSS Unit actively engaged with the students on a personal level. These interactions extended the impact of the celebration, emphasizing the importance of mentorship and positive role modelling. The volunteers became more than event organizers; they became mentors and friends, leaving a positive imprint on the hearts of the children.

In conclusion, the Children's Day celebration orchestrated by NSS Unit No.8 of BCM College at UP School Puthettu was a testament to the transformative power of community service. By not only organizing but actively participating in the festivities, the NSS volunteers created a day of joy and camaraderie that went beyond the scheduled programs. This celebration not only left a lasting impression on the children but also exemplified the spirit of compassion, service, and community building that defines the NSS mission.



Pictures of Children's Day Celebration

participant list

Children's Day Celebration @ UP School Puthettu	
1. Ananya Nair	T.O. Dolly
2. Anandavitha C. Bose	"
3. Arjun	T.O. Dolly
4. Arjun	"
5. Arjun	T.O. Dolly
6. Arjun	"
7. Arjun	"
8. Arjun	"

Principal: SA. D. Ramya and

Principal's Office

Bishop Chalaparambil Memorial College Kottayam

FOOD DISTRIBUTION TO NAVAJEEVAN TRUST: FOOD DRIVE



Brochure of Food Drive organized by NSS in BCM College

NSS Unit No. 8 of BCM College took an impactful step toward community service by organizing a food drive on December 15, 2023, in front of the college premises. This initiative was part of a larger effort aimed at food distribution to Navajeevan Trust, a meaningful endeavor to support the less privileged in the community. The event witnessed active participation from dedicated NSS volunteers and compassionate students of BCM College.

The food drive, strategically planned and executed, served as a platform for collecting an array of essential food items. NSS volunteers, along with fellow students, contributed to this cause by generously donating various non-perishable food items. The diverse collection aimed to cater to the varied nutritional needs of those who would benefit from the distribution.

The spirit of giving and community involvement was evident as the volunteers and students rallied together to make substantial contributions. The collected food items, representing the

collective generosity of the college community, were a testament to the shared commitment to making a positive impact on the lives of others.

Subsequently, in a symbolic and heartfelt gesture, the amassed food provisions were handed over to P. U. Thomas, the owner of Navajeevan Trust. This crucial step marked the culmination of the food drive, as the donations were entrusted to the trust to further their mission of providing assistance to those facing economic hardships.

NSS Unit No. 8's food drive exemplified the college's dedication to social responsibility and community engagement. The collaborative efforts between NSS volunteers and students underscored a shared ethos of empathy and a willingness to contribute to the welfare of the broader community. This endeavour not only addressed immediate needs through food distribution but also emphasized the importance of collective action and the positive impact that can be achieved when a community comes together for a noble cause.



Pictures of Food Distribution at Navajeevan Trust

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

Participation List

Food Collection Drive			47
15/12/2023			
1. Athulya Bino	I st DE CS	Alina	
2. Hrudya Anilraj	I st DE English M1	Ridya	
3. Endira Cheriyan	I st DE CS	Silva	
4. Karthika Ashuk	II nd DE Economics	Karthika	
5. Abish Ganakumar	I st DE F&T	Abish	
6. Iyathir R. Naia	II nd DE English M1	Rafa	
7. Darshashina D	I st DE Sociology	Darshashina	
8. Selma Rasheed	I st DE English M1	Bliss	
9. Induprasad	II nd DE Physics	Induprasad	
10. Naradana Sunil	I st DE Biochemistry	Naradana	
11. Akhila Scaria	I st DE B.Com F&T	Akhila	
12. Anna Maria Said	II nd DE Economics	Anna	
13. Surya Day	I st DE B.Com (F&T)	Surya	
14. Anika Sada Alvi	II nd DE Chemistry	Anika	
15. Jomel Josephkutty	I st DE Eng M1	Jomel	
16. Anshu R. Nair	II nd DE B.Com F&T	Anshu	
17. Joma Joseph	I st DE Economics	Joma	
18. Nirga Sujin	I st DE Commerce	Nirga	
19. Fathima K. A.	I st DE CS	Fathima	
20. Ananya J.R	II nd DE Sociology	Ananya	
21. Anshu Ranjith	II nd DE Physics	Anshu	
22. Jeeva Lulose	"	Jeeva	
23. Pooja Mariani Zachariah	II nd DE Chemistry	Pooja	
24. Alena Mariya Joby	II nd DE B.Com F&T	Alena	
25. Kunal Santhosh	I st DE B.Com F&T	Kunal	
26. Mizana Basheer	I st DE Botany	Mizana	
27. Fatima Nuhin	I st DE B.Com F&T	Fatima	
28. Kavya Saneesh	"	Kavya	
29. Geeta Manoharan	I st DE History	Geeta	
30. Sathulakshmi A.N	II nd DE Sociology	Sathulakshmi	
31. Krishnagaly P.J	II nd DE Physics	Krishnagaly	

32. Aashu Sathu Varghese	I st DE B.Sc Physics	Aashu	
33. Stephy Thomas	Principal	Stephy	
34. Hema Thampoo	II nd DE B.Com F&T	Hema	1. R
35. Phana Joshy	III rd DE B.Com F&T	Phana	2. S
36. Jomethy Saji	III rd DE B.Com F&T	Jomethy	3. P
37. Pooja Thomas	Zoology	Pooja	4.
38. Anshu Ranjith	II nd DE B.Com F&T	Anshu	5.
39. Ananya Raju	II nd DE Mathematics	Ananya	
40. Aksha S. Baya	II nd DE Botany	Aksha	
41. Anshu Elita San	I st DE CS	Anshu	
42. Riya J. Thomas	II nd DE Mathematics	Riya	
43. Rishi Idnana	I st DE Eng M2	Rishi	
44. Parvathy D	I st DE Physics	Parvathy	
45. Aisha James	Commerce	Aisha	
46. Anupama Raj	I st DE B.A. History	Anupama	
47. Vandana Viswan	II nd DE B.Com F&T	Vandana	
48. Rakshita B	II nd DE B.Com F&T	Rakshita	
49. Meha Rajesh	I st DE Physics	Meha	
50. Vidhya Jayakumar	I st DE B.Com CA	Vidhya	
51. Jipin V. Jimmy	Commerce	Jipin	
52. Sandra Suresh	I st DE History	Sandra	
53. Ashana Rasid	II nd DE Zoology	Ashana	
54. Nandana P. Nair	II nd DE Chemistry	Nandana	
55. Snehalakshmi R	I st DE F&T	Snehalakshmi	
56. Anshu Rajappan	II nd DE Zoology	Anshu	
57. Sneha C. Suresh	II nd DE Sociology	Sneha	
58. Shweta K.	II nd DE Physics	Shweta	
59. Fatima K.	I st DE Economics	Fatima	

SPECIAL 7-DAY CAMP



Brochure of Special 7-Day Camp

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

[illegible]

2023 ഏപ്രിലിലെ 22, തൊള്ളി		2023 ഏപ്രിലിലെ 24, അഞ്ചൽ		2023 ഏപ്രിലിലെ 27, മൂന്നാൽ	
സാമ്പാപ്പം 04.00	എഞ്ചിനീയറിംഗ്	സാമ്പാപ്പം 05.00	എഞ്ചിനീയറിംഗ്	സാമ്പാപ്പം 05.00	എഞ്ചിനീയറിംഗ്
സാമ്പാപ്പം 06.00	പ്രൈവറ്റ് കോളേജ്	സാമ്പാപ്പം 06.00	പ്രൈവറ്റ് കോളേജ്	സാമ്പാപ്പം 06.00	പ്രൈവറ്റ് കോളേജ്
സാമ്പാപ്പം 06.30	കോളേജ്	സാമ്പാപ്പം 06.30	കോളേജ്	സാമ്പാപ്പം 06.30	കോളേജ്
അഞ്ചൽ	അഞ്ചൽ	അഞ്ചൽ	അഞ്ചൽ	അഞ്ചൽ	അഞ്ചൽ
2023 ഏപ്രിലിലെ 23, തൊള്ളി		2023 ഏപ്രിലിലെ 25, തൊള്ളി		2023 ഏപ്രിലിലെ 28, തൊള്ളി	
സാമ്പാപ്പം 04.00	എഞ്ചിനീയറിംഗ്	സാമ്പാപ്പം 05.00	എഞ്ചിനീയറിംഗ്	സാമ്പാപ്പം 05.00	എഞ്ചിനീയറിംഗ്
സാമ്പാപ്പം 06.00	പ്രൈവറ്റ് കോളേജ്	സാമ്പാപ്പം 06.00	പ്രൈവറ്റ് കോളേജ്	സാമ്പാപ്പം 06.00	പ്രൈവറ്റ് കോളേജ്
സാമ്പാപ്പം 06.30	കോളേജ്	സാമ്പാപ്പം 06.30	കോളേജ്	സാമ്പാപ്പം 06.30	കോളേജ്
അഞ്ചൽ	അഞ്ചൽ	അഞ്ചൽ	അഞ്ചൽ	അഞ്ചൽ	അഞ്ചൽ

DAY-I

The 7-day Residential Camp of NSS Unit No.8 officially began on 22nd December 2023. The enthusiastic group of volunteers started arriving at the picturesque campsite “Govt. UP School, Puthettu” by approximately 3 pm. The registration process kicked off at around 4.30 pm, ensuring that each volunteers is accounted properly. The camp was then officially inaugurated by hosting the NSS flag by Sr. Karuna, the former principal of BCM College and a former NSS co-ordinater

All the volunteers then entered the auditorium and the inauguration ceremony took off with the welcoming of the crowd by Bijoy Thomas, the programme officer of BCM College. Dr. Stephy Thomas, The Principal of BCM College then gave a presidential address which was followed by the inaugural address of Sr.Karuna who gave the crowd of volunteers avauable message on NSS. Then the felicitation was given by Smt. DivyaSujith, the 5th ward member, Sri. Vinu. R. Mohan, 6th ward member of Kottayam Municipality and Smt. Jhansi. P.John, The Headmistress of Govt. UP School, Puthettu. The inauguration ceremony was then ended with the Vote of Thanks by Sr. Dr. Remya Simon, The Programme Officer of NSS.

All The NSS volunteers were the briefed with the rules and regulations of the camp and on the duties each groups are assigned to which includes, mess, cleaning, field work, etc. After Dinner the Day 1 of the special camp came to an end.



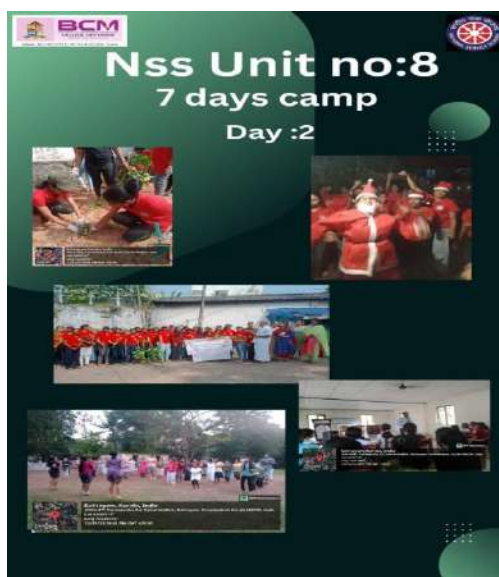
Pictures of Day 1 of Special Camp

DAY-2

23/12/2023: The second day of the NSS seven day camp was started at 5:30 am All the volunteers started their day with a fresh start with an exercise lead by NSS Volunteer Ashwini S Kumar . Assembly was conducted under the leadership of Group No 2 at 7. 15 am. In the assembly Sister Liss Mary gave a brief introduction about Sneharamam project. After that under the leadership of Group No. 6 who has received field work. Various species of plants were collected from many houses After collecting all that, with the help of the Kottayam Municipality near Tirunakkara stand Volunteers cleaned the place and a small garden was established there with the co-operation of all the volunteers and members from the municipality.

After 2:30 pm, Thelce Breaking section was started. Under the leadership of a JCI Trainer Honourable Sri. Shijo. P. Joseph. He took a class on how to face the obstacles in our life and gave a valuable lesson on how there a multiple ways to solve a problem and so not to quit when you fail to overcome a barrier after a single try through a fun activity.

After that the cultural programme was started and each and everyone of the volunteers actively participated in the programme. Each group showcased their talents through different programs as dance, songs, duets etc. The day was concluded with the entire set of volunteers going for carol home to home, celebrating Christmas in the village of Puthettu happily singing songs and rejoicing by dancing. As such, the second day ended with smiles and laughter.

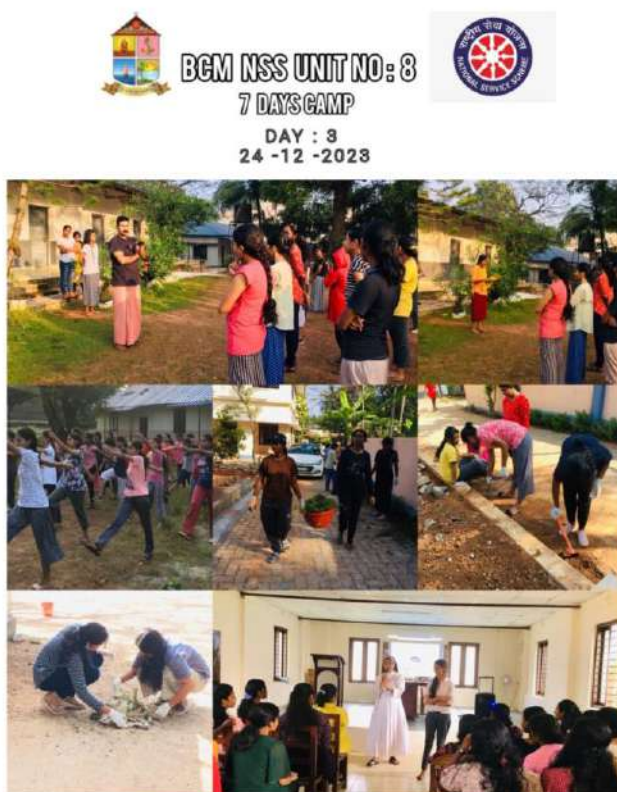


Pictures of Day 2 of NSS Camp

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

Day-3

24/12/2023; The third day of the 7 day camp of NSS Unit No.8 of BCM College started at 6 am. At 6.30 am NCC care taker Delta Kurian (The asst. professor of economic's department at BCM College) and former chairperson and NCC Cadet Malavika. B arrived at the campsite and taught the NSS volunteers parade as a form of exercise in the morning to have a Fresh and rejuvenating start. The parade ended at 7:20am and the assembly was then started under the leadership of 1st group. After Assembly the NSS programme officer Bijoy Thomas briefed the volunteers on the day's schedule and programmes. The volunteers cleaned the school grounds. After lunch, Sister Bhagya SVM took a class on the Topic, "Youth community crisis and solutions". The cultural programme was then started at 6:30 pm. After meal, at 11:30pm the volunteers and the programme officer busted crackers to celebrate the Christmas eve and the 3rd day was ended with celebrations and joyous smiles.

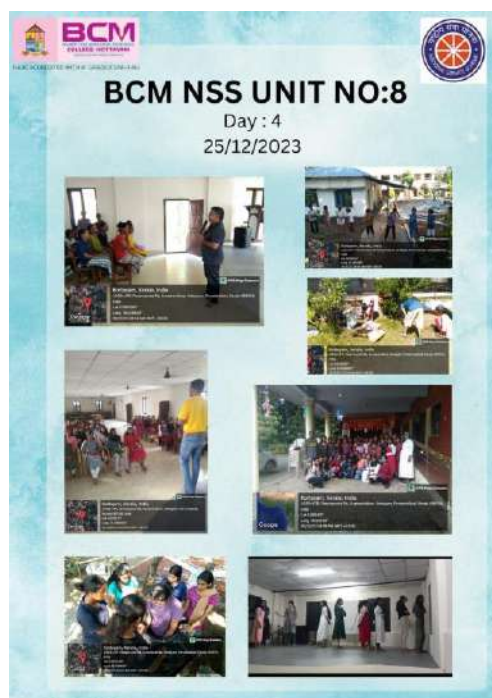


Pictures of Day 3 of NSS Camp

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

Day 4

25/12/2023: At 6.30 am, the NSS Volunteers of BCM College, Kottayam started the 4th day of seven day camp at Puthettu Government UP School. The assembly was conducted under the leadership of group number 7 at 7.30 am. After that, the NSS programme officers Bijoy Thomas and Sr. Liss Mary gave instructions on the programmes and schedules for the fourth day. After breakfast at 8.15 am, the Educational Secretary and Bursar of BCM college, respected Father Philmon Kalathra gifted the volunteers a Christmas Cake thereby celebrating Christmas. After that, Asst. Professor of Malayalam Department at BCM college and The Former NSS programme Officer, Respected Fr. Byju Mathew gave a Christmas message to the NSS volunteers and after the volunteers started modifying the School. After lunch, by 2.45 pm, the NSS volunteers visited Kapuchil monastery and the museum, under the leadership of Father Sandeep. He treated the NSS volunteers with a delicious cake. The volunteers returned from thereby 4.15 pm. At 5 pm Luke Leon Kurian, the Asst. Professor of Physical Education Department conducted an awareness class on the topic "First Aid, First Lesson". After that, the cultural programme was started at 8 o'clock and by 9.30 pm, a volunteer from each group gave a review about the fourth day and the day thereby came to an end.



Pictures of Day 4 of NSS Camp

Day 5

26/12/2023: The fifth day of the NSS 7 day camp started with a yoga at 6.15 am. The yoga session was led by the NSS volunteer Thulasi and NSS volunteer secretaries Anitta Saji and Punnya Nair. Everyone then gathered on the ground for assembly at 7.30 am. The assembly and news report was organized by the group 6. At 9.00 am NSS volunteers started the field work. Led by the programme coordinator Bijoy Thomas, the NSS volunteers as a part of the Snehamam project by painting the walls. The road was cleaned under the leadership of 6th ward member of Kottayam Municipality Divya. S. Sujith. At 2.00 pm District Coordinator of ELC took a class on electoral literacy, and gave the volunteers adeep insights on their rights as a voters.

At 5.30 pm all the NSS Volunteers accompanied by the programme officers Sr. Liss Mary and Bijoy Thomas went for an evening walk at the bank of MeenachilRiver and spend some quality time there. On returning back to camp, at about 7.00 pmthe cultural programme started with each group performing various programmes. After Dinner, review of the day was shared by couple of volunteers, The 5th Day likes came to an end.



ASSEMBLY



BCM NSS UNIT 08



Day:5 - 26/12/23



YOGA



BCM NSS UNIT NO : 08



Day:05 ; 26/12/23



ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8



FIELD WORK



CLASS ON ELECTION AWARENESS



BCM NSS NO : 08



Day : 5 26/12/23



Day 5 - 26/12/23



NATURE VISIT AND CULTURAL PROGRAMME



BCM NSS UNIT NO : 08



Day 5 : 26/12/23

Day-6

27/12/2023: The sixth day of the NSS Camp started as usual at 6.30 with a morning assembly at the govt. school puthettu. The news report and assembly was organized by group 5. After the assembly, the volunteers lead by the programme coordinators Bijoy Thomas and Sr. Liss Mary set to transform the school grounds by organic farming. The volunteers set onto work by picking up weeds and planting new trees and plants. After the successful field work, the volunteers took

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

a seminar session on public speaking by Mrs. Ancy Cyriac, Assistant professor of the Department of English, BCM College. Later The volunteers had also arranged a procession, street play, and flashmob on Anti-trafficking. All the volunteers wore black showing their protest against trafficking. The evening held the closing ceremony of the seven day, where Rev. Fr. Akkaparambil and Keralavarma, ex cyndicate member college wished their bests and gave valuable lessons to the volunteers. The day then came to an end with volunteers reminicising their memories of this short but valuable camp.



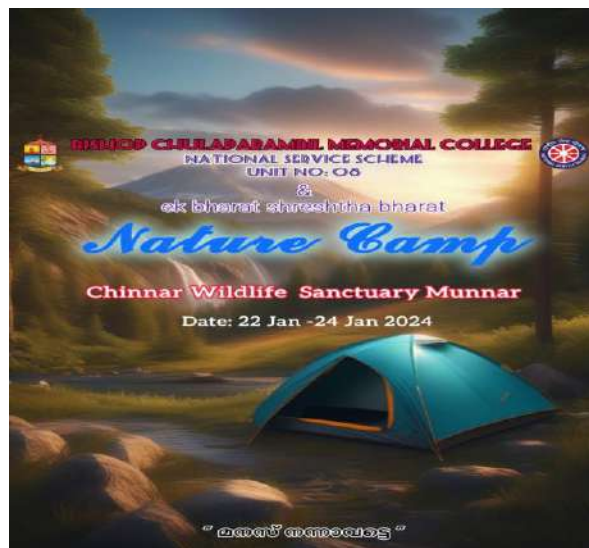
Day-7

28/12/2023: The final day of the camp also began at the morning 6.30 with the morning assembly after which the volunteers went on to finish the earlier works which included the painting of the sneharamam project. The volunteers cleaned the school grounds and ensured the cleanliness of the entire premises before finally bidding goodbye to their campsite at the afternoon. Everyone went away happily with a mind full of memories and new bonded relationships.

NATURE CAMP : CHINNAR WILDLIFE SANCTUARY

Date: 22/01/2023 to 24/01/2023

Location: Chinnar Wildlife Sanctuary



Order and Brochure nature camp

A nature camp was organized at Chinnar Wildlife Sanctuary from January 22, 2023, to January 24, 2023. The participants reported to the destination at 6 AM on the 22nd and concluded the camp by the evening of the 24th.

Upon arrival, the volunteers were greeted with an introductory meeting arranged by the forest officers. This session provided essential information about the sanctuary, its biodiversity, and conservation efforts. The sanctuary is home to two notable reserved species: the Grizzled Giant Squirrel and the Star Tortoise. After the meeting, the volunteers were taken to the Chinnar Watch Tower. From this vantage point, they enjoyed a panoramic view of the sanctuary's rich flora and fauna. The participants were able to observe various wildlife species and appreciate the sanctuary's diverse ecosystem.

The second day began with a bus ride to the trekking site, Alampetty. The volunteers embarked on a trekking expedition through the rugged terrain, which offered an immersive experience in the natural habitat of many species. The trek concluded with a visit to the confluence of the Chinnar and Pambar

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

rivers, merging into the Kootar River. This scenic spot provided a perfect setting for relaxation and reflection on the day's activities.

The nature camp at Chinnar Wildlife Sanctuary was an enriching experience for all participants. It provided an opportunity to learn about wildlife conservation, engage in outdoor activities, and foster a deeper appreciation for nature. The participants returned with a greater understanding of the importance of preserving natural habitats and the species that reside within them.

This camp was a memorable and educational experience, leaving the participants inspired to contribute more towards environmental conservation efforts.



Photos of Nature camp

Participant list

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

MATURE CAMP		
28 JANUARY 2024 to 29		
Chinnai Wildlife Sanctuary		
1. Anitha Saji	B.Com P.T	Arth
2. Booya Samil	"	Arth
3. Vaasha Babu	"	Arth
4. Anagha Ramesh	"	Arth
5. Ravitha Anilkumar	"	Arth
6. Rishuocya Jayachandran	"	Arth
7. Rithulasi S	"	Arth
8. Sanja Joseph	"	Arth
9. Rithya Raghav	"	Arth
10. Saranya Saju	"	Arth
11. Riwani	"	Arth
12. Purniya Narsi	"	Arth
13. Advanandha C. Bose	"	Arth
14. Rithu S. Lukase	Physic	Arth
15. Rithu S. Lukase	"	Arth
16. Shahina V.S	"	Arth
17. Indupriya M	"	Arth
18. Kalishmajay P.J	"	Arth
19. Rithu S. Lukase	Chemistry	Arth
20. Rithu S. Lukase	"	Arth
21. Vijayk. Rishna M	"	Arth
22. Riwani S	"	Arth
23. Rithu S. Lukase	History	Arth
24. Rithu S. Lukase	"	Arth
25. Joaney Thomas	Botany	Arth
26. Rithu S. Lukase	"	Arth
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52. Shreya C. Suresh	Sociology	Arth
53. Lakshmi Suresh	"	Arth
54. Rithu S. Lukase	Botany	Arth
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94. Rithu S. Lukase	Arth	Arth
95. Rithu S. Lukase	Arth	Arth
96. Rithu S. Lukase	Arth	Arth
97. Rithu S. Lukase	Arth	Arth
98. Rithu S. Lukase	Arth	Arth
99. Rithu S. Lukase	Arth	Arth
100. Rithu S. Lukase	Arth	Arth

SNEHARAMAM PROJECT



ജില്ലാ ശുചിത്വ മിഷൻ

കോട്ടയം

E-mail: ktm.sm@kerala.gov.in

Phone: 0481 2573606

നം. 2082-S/2023/DSM/KTM

28-10-2023

പ്രേക്ഷിതൻ

അസിസ്റ്റന്റ് ഡയറക്ടർ &

ജില്ലാ കോ-ഓർഡിനേറ്റർ

ജില്ലാ ശുചിത്വമിഷൻ, കോട്ടയം

സ്വീകർത്താവ്

എല്ലാ തദ്ദേശ സ്ഥാപന അധ്യക്ഷന്മാർക്കും സെക്രട്ടറിമാർക്കും

സർ,

വിഷയം:- ജില്ലാ ശുചിത്വ മിഷൻ, കോട്ടയം-മാലിന്യമുക്തം നവകേരളം-
സ്നേഹാരാമങ്ങൾ നിർമ്മിക്കുന്നത് - സംബന്ധിച്ച്.

- സൂചന:-1) 23/09/2023 ലെ സ.ഉ. (സാധാ) നം. 1889/2023/തസ്വഭവ
- 2) 09/10/2023 ലെ ഉന്നത വിദ്യാഭ്യാസ വകുപ്പിന്റെ 1496/2023/HEDN നമ്പർ ഉത്തരവ്
- 3) 27/09/2023 ലെ ജില്ലയിലെ എൻ.എസ്.എസ്. പ്രോഗ്രാം ഓഫീസർക്കായി നൽകിയ ഓൺലൈൻ പരിശീലനം
- 4) 27/09/2023 ലെ ജില്ലയിലെ തദ്ദേശ സ്ഥാപന അധ്യക്ഷന്മാർക്കും ബന്ധപ്പെട്ട ഉദ്യോഗസ്ഥന്മാർക്കുമായി സ്നേഹാരാമം പദ്ധതിയുമായി ബന്ധപ്പെട്ട് നടത്തിയ യോഗം.

മാലിന്യമുക്ത നവകേരളം കാമ്പയിന്റെ ഭാഗമായി നാഷണൽ സർവ്വീസ് സ്മിത്തിന്റെ നേതൃത്വത്തിൽ മാലിന്യശുദ്ധനകൾ (ഗാർബേജ് വശണറബിൾ പോയിന്റുകൾ) സൗകര്യവൽക്കരിച്ച് സ്നേഹാരാമങ്ങളാക്കി മാറ്റുന്നതിന് സൂചന (1), (2) പ്രകാരം നിർദ്ദേശിച്ചിട്ടുള്ളതാണ്. സൂചന (3), (4) പ്രകാരം ഇതുമായി ബന്ധപ്പെട്ട പ്രവർത്തനങ്ങൾ സംബന്ധിച്ച് ജില്ലാതലത്തിൽ ചർച്ച ചെയ്യുകയും വിശദീകരിക്കുകയും ചെയ്തിട്ടുള്ളതാണ്. ഇതുമായി ബന്ധപ്പെട്ട വിവരങ്ങൾ ചുവടെ ചേർത്തിട്ടുള്ള പ്രൊഫോർമയിൽ ശേഖരിച്ചിട്ടുള്ളതാണ്. പല തദ്ദേശ സ്ഥാപനങ്ങളും അപ്ഡേഷൻ പൂർത്തീകരിക്കേണ്ടതായിട്ടുണ്ട്.

<https://docs.google.com/spreadsheets/d/18gmVQPvwwnDHDnzQ7P7OIskrOBj4gzUAl-81N76hik/edit?usp=sharing>

- തദ്ദേശ സ്വയംഭരണ സ്ഥാപനവും എൻ.എസ്.എസ്. യൂണിറ്റുമായി ചർച്ച ചെയ്ത് നവംബർ ആദ്യവാരത്തിൽ തന്നെ പ്രദേശങ്ങൾ കണ്ടത്തേണ്ടതാണ്. നിലവിൽ കണ്ടെത്തി പ്രവർത്തനങ്ങൾ തുടങ്ങിയിട്ടുള്ള തദ്ദേശ സ്ഥാപനങ്ങൾ പ്രസ്തുത വിവരം ശുചിത്വ മിഷനിൽ അറിയിക്കേണ്ടതാണ്.
- പച്ചത്തുരുത്ത്, ചുമർചിത്രം, വെർട്ടിക്കൽ ഗാർഡൻ, പാർക്ക് തണലിടം(വീശ്രമസംവിധാനം), സ്റ്റാപ്പ്/അഞ്ചെ വാഴ് വസ്തുക്കൾകൊണ്ടുള്ള ഇൻസ്റ്റലേഷൻ എന്നിങ്ങനെ വോളന്റിയർമാരുടെ സർഗ്ഗാത്മകത കാഴ്ചവെയ്ക്കാൻ കഴിയുന്ന തരത്തിലെ മാറ്റം ആ പ്രദേശത്ത് കൊണ്ടുവരാൻ സാധിക്കണം.

- ഉപയോഗകൃത്യമായ അജൈവ പാഴ് വസ്തുക്കൾ ഉപയോഗപ്പെടുത്തി പ്രദേശം സൗന്ദര്യവൽക്കരിക്കാവുന്നതാണ്.
- എല്ലാ സ്നേഹാരാമങ്ങളിലും പൊതുവായ ഒരു ശിലാ ഫലകം സ്ഥാപിക്കേണ്ടതാണ്.(തദ്ദേശ സ്ഥാപനത്തിന്റെ, എൻ.എസ്.എസ്. യൂണിറ്റ്, നവകേരളം കർമ്മപദ്ധതി, ശുചിത്വ മിഷൻ, സ്വച്ഛ് ഭാരത് മിഷൻ എന്നിവയുടെ പേര്/ലോഗോ) ഉൾപ്പെടുത്തേണ്ടതാണ്.
- ദേശീയ ഗ്രാമീണ തൊഴിലുറപ്പ് പദ്ധതിയുൾപ്പെടെയുള്ള എജൻസികളുടെ സഹായം കൂടി ഈ പ്രവർത്തനങ്ങൾക്ക് തേടാവുന്നതാണ്.
- പ്രാദേശിക സവിശേഷതകൾ ഉൾക്കൊള്ളിച്ചുകൊണ്ട് സ്നേഹാരാമങ്ങൾ നിർമ്മിക്കാവുന്നതാണ്.
- ആ പ്രദേശത്ത് ഇത്തരം പ്രവർത്തനം ചെയ്യാൻ സന്നദ്ധരായ സംഘടനകളെ കൂടി എൻ.എസ്.എസ്.ന്റെ നേതൃത്വത്തിൽ നിർമ്മിക്കുന്ന സ്നേഹാരാമങ്ങളുടെ നിർമ്മിതിക്ക് കൂട്ടിയോജിപ്പിക്കാവുന്നതാണ്.
- ഡിസംബർ മാസത്തെ എൻ.എസ്.എസ്. യൂണിറ്റ് ക്യാമ്പ് കഴിയുമ്പോൾ ഏറ്റെടുത്ത പ്രദേശത്തെ സൗന്ദര്യവൽക്കരണം പൂർത്തിയാക്കുകയും 2024 ജനുവരി 1 ന് കേരളത്തിലെ എല്ലാ പ്രദേശങ്ങളും ഒരേ സമയത്ത് സ്നേഹാരാമങ്ങൾ ഉദ്ഘാടനം ചെയ്യുന്ന ഒരു മെഗാ ഇവന്റായി മാറ്റാൻ കഴിയുന്ന തരത്തിൽ പ്രവർത്തനങ്ങൾ ആസൂത്രണം ചെയ്യേണ്ടതാണ്.
- സ്നേഹാരാമങ്ങളാക്കി മാറ്റുന്ന പ്രദേശത്ത് പിന്നീട് മാലിന്യങ്ങൾ വരാതിരിക്കാനുള്ള എല്ലാ ശ്രമീകരണങ്ങളും ഉറപ്പാക്കേണ്ടതും ഇതിനായി ബന്ധപ്പെട്ട തദ്ദേശ സ്വയംഭരണ സ്ഥാപനങ്ങളുടെ നേതൃത്വത്തിൽ ആവശ്യമായി നടപടികൾ ഉറപ്പാക്കേണ്ടതാണ്.

വിശ്വസ്തയോടെ,

അസിസ്റ്റന്റ് ഡയറക്ടർ &
ജില്ലാ കോ-ഓർഡിനേറ്റർ
ജില്ലാ ശുചിത്വമിഷൻ, കോട്ടയം

പങ്കെടുപ്പ്:

1. ജോയിന്റ് ഡയറക്ടർ, തദ്ദേശ സ്വയംഭരണ വകുപ്പ്, കോട്ടയം
2. കോ-ഓർഡിനേറ്റർ, മാലിന്യമുക്തം നവകേരളം
3. ജില്ലാ പ്രോഗ്രാം ഓഫീസർ, എൻ.എസ്.എസ്.(എച്ച്.എസ്.എസ്. എം.ജി. യൂണിവേഴ്സിറ്റി, വി.എച്ച്.എസ്.ഇ.)
4. ഓഫീസ് ഫയൽ

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

Volunteers from NSS Unit No.8 at BCM College, in collaboration with Kottayam Municipality, embarked on a transformative initiative known as the “Sneharamam” project. This visionary endeavor aimed to rejuvenate a barren wasteland located near a bustling road. The project’s essence lay in cultivating a sense of warmth and compassion, as implied by its name, which translates to “Garden of Love.”

This collaborative effort brought together the energetic and socially conscious NSS volunteers and the administrative support of Kottayam Municipality. The chosen site, once overlooked and neglected, became the canvas for a green transformation.



The site before cleaning

The volunteers, armed with enthusiasm and determination, set out to convert this neglected space into a vibrant garden that would not only enhance the aesthetic appeal of the area but also contribute to environmental sustainability.



Inauguration of Sneharamam Project

The Sneharamam project kicked off with meticulous planning, where volunteers strategized the layout and plant selection for the garden. Native plants and flowers were carefully chosen, not only for their visual appeal but also for their adaptability to the local climate. Sustainability was at the forefront, with an emphasis on creating a low-maintenance, eco-friendly space that could thrive in the long term.

As shovels dug into the soil, the wasteland began its metamorphosis. Volunteers worked tirelessly to plant a variety of flora, from colourful flowers to lush greenery, creating a harmonious blend of nature's hues. The garden wasn't just a collection of plants; it symbolized the unity of the community, fostering a sense of pride among the volunteers as they witnessed their collective efforts manifest into a blossoming oasis. The process of preparing the site involved students dedicating multiple days to cleaning and clearing the area. Additionally, they constructed a sheltered shed to provide the public with a comfortable resting place under the sun.

This project provided students with valuable opportunities to develop interpersonal skills and cultivate a strong sense of societal responsibility. Through their active involvement in planning and executing tasks such as site preparation, planting, and constructing facilities like the shaded shed, students learned to collaborate effectively as a team. They honed their communication skills by coordinating with fellow volunteers and engaging with members of the community and municipal authorities.

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

Moreover, participating in the Sneharamam project instilled in students a deepened awareness of their role in society. They gained firsthand experience in addressing community needs and contributing to environmental sustainability. By working towards a common goal of transforming the wasteland into a thriving garden, students embraced the importance of taking initiative and assuming responsibility for their actions.



Photos of Sneharamam project

Beyond the physical transformation, the Sneharamam project aimed to instill a sense of responsibility and environmental consciousness among the local community. Awareness campaigns were conducted to

ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

educate residents about the importance of green spaces, waste management, and the positive impact of such initiatives on the overall well-being of the community.


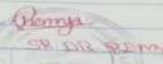
In conclusion, the Sneharamam project stands as a testament to the power of community collaboration and environmental stewardship. What was once a desolate wasteland now stands as a vibrant testament to the dedication of NSS Unit No.8, BCM College, and Kottayam Municipality in creating a sustainable haven that radiates love and care for both the environment and the community it serves.



Report in Malayala Manorama Daily

Participant List

NSS Sneharamam 24/02/2024		
1. Anitha Seji	B-Com F&T	Anitha
2. Bindhuja VB	B-Com	Bindhuja
3. Aleena Antony	Sociology	Aleena
4. Gopika Sakthesh	"	Gopika
5. Arjamel Shaji	"	Arjamel
6. Dina James	"	Dina
7. Vaishnavi Gireeshkumar	"	Vaishnavi
8. Nandhara Suresh	B-Com F&T	Nandhara
9. Tinka Thomas	Economics	Tinka
10. Kesia Elizabeth Babu	History	Kesia
11. Tishmol Shaji	"	Tishmol
12. Sandra Suresh	"	Sandra
13. Parvathy P	"	Parvathy
14. Shreya B	"	Shreya
15. Radhika B	"	Radhika
16. Selma Rasheed	English	Selma
17. Akshamal Joseph	"	Akshamal



 PROGRAMME OFFICER
 National Service Scheme
 Unit No. 8
 Bishop Chullickaram Memorial College
 Kottayam-686 001

ACHIEVEMENTS

BCM College NSS Unit being honoured by the District General Hospital for the blood donation campaigns organised



Linsha Mariam Zachariah represent Kerala in 27th national youth festival 2024 held in Nashik Maharashtra



ACTIVITY REPORT 2023 – 2024 NSS UNIT NO.8

Anitta Saji Department of B.Com has participated in the State level NSS Volunteers Camp YUVATHA 2023 held in Bharata Mata College Thrikkakkara Kochi from 17 may to 19 may 2023

