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Extension Activites Report

2023-24

Extension activities were carried out in the neighborhood community, sensitizing students to social issues, for their holistic development during the year 2023-24 in association with various clubs and departments of the college. The details of the extension activities are as follows.

Sl. No	Title of the event	Date/s of the event	Beneficiary Group	No. of Participants	Organising Platform	Collaborating Agency
1	Sun Spot Observation	18-08-23	Students of St.Anne's school & students from other departments	94	Department of Physics	Breakthrough Science Society(BSS)
2	Students' class at St. Anne's HSS, Kottayam	11-10-2023	Class 8 & 9 students	46	Department of Physics	Breakthrough Science Society(BSS)
3	Students' class at Schools at MT Seminary, Kottayam	18-10-2023	UP & HS students	200	Department of Physics	Breakthrough Science Society(BSS)
4	Students' class at Govt. Model HSS Puthanangadi	26-02-2024	Students of 9 &10	63	Department of Physics	Breakthrough Science Society(BSS)
5	Distribution Of Indoor Plants To General Hospital Kottayam	18-10-2023	Public	25	Department of Botany	General Hospital Kottayam
6	Janaki Ammal Memorial Quiz Competition For School Students	15-11-2023	School Students	12	Department of Botany	BCM College Kottayam
7	Certificate Course On Oyster Mushroom Cultivation For Housewives	18-01-2024	House Wives	10	Department of Botany	BCM College Kottayam
8	Zero Hunger-Need of the Hour	08-02-2024	Public	25	Department of Economics	BCM College Kottayam
9	Productivity Enhancement Programme	16-02-2024	School Students	30	Department of Economics	CMS LP School, Kottayam
10	Checking of water quality parameters	15/02/2024 & 16/02/2024	Public	28	Department of Chemistry-Live Lab	BCM College Kottayam
11	Destitute Home visit	05-03-2023	Senior citizens of	66	Department of Chemistry	Santhibhavan, Kottayam

			Santhibhavan, Kottayam			
12	Science Awareness programme for School students	15-09-2023	Plus-one students of St. Anns Higher Secondary School	57	Department of Chemistry along with NSS unit of BCM College and St. Anns Higher Secondary School	NSS unit of BCM College & St. Anns Higher Secondary School
13	The uses of Smartphones	24-06-2023	Women	15	Department of Computer Science	Kudumbasree Kumarakom
14	Introducing Canva Google drive and Google Forms	21-09-2023	School Students	20	Department of Computer Science	Govt. Vocational Higher Secondary School kumarakom
15	Computer Basic Hardware	21-09-2023	School Students	38	Department of Computer Science	Govt. Vocational Higher Secondary School kumarakom
16	Environmental Quiz	07-06-2023	School Students	45	Department of Commerce	St. Anne's G.H.S.S Kottayam
17	Nirav	14-12-2023	Jail Members	110	Department of Commerce	District Jail Kottayam
18	Income Tax Clinic	14-07-2023	BCM College Staff	28	Department of Commerce	BCM College Kottayam
19	Prayaan 2k23: Best Manager	14-10-2023	College Students	27	Department of Commerce	BCM College Kottayam
20	Prayaan 2k23: Best Management Team	14-10-2023	College Students	144	Department of Commerce	BCM College Kottayam
21	Prayaan 2k23: Business Quiz	15-10-2023	College Students	106	Department of Commerce	BCM College Kottayam
22	Prayaan 2k23: Commcharades	16-10-2023	College Students	32	Department of Commerce	BCM College Kottayam
23	Prayaan 2k23: Standup Comedy	17-10-2023	College Students	11	Department of Commerce	BCM College Kottayam
24	Prayaan 2k23: Photography	18-10-2023	College Students	46	Department of Commerce	BCM College Kottayam
25	Social Media Advertising for Women	06-03-2024	Women Entrepreneurs	8	Department of Commerce	BCM College Kottayam

	Entrepreneurs					
26	Awareness Class on Breast Feeding	04-09-2023	Women	160	Department of Family and Community Science	District Hospital Kottayam
27	Awareness Programme on Learning Disability	16-10-2023	mothers of disabled children	63	Department of Family and Community Science	Jeeva Kottayam
28	Awareness Programme On Breast Cancer	27-10-2023	Women	60	Department of Family and Community Science	District Hospital Kottayam
29	Children's Day Celebration	14-11-2023	School Students	45	Department of Family and Community Science	Little flower LP School Kottayam
30	Exploring the Cells (M.T. Seminary HSS)	14/02/2024	School Students	50	Department of Zoology	M.T. Seminary HSS Kottayam
31	Exploring the Cells (M.D. Seminary HSS)	15-02-2024	School Students	31	Department of Zoology	M.D. Seminary HSS Kottayam
32	Exploring the Cells (St Joseph's Convent HSS)	13-02-2024	School Students	27	Department of Zoology	St Joseph's Convent HSS kottayam
33	Exhibition of museum specimens	06-10-2023	College Students and Teachers	153	Department of Zoology	BCM College Kottayam
34	Food Safety in Restaurants	25-09-2023	School Students	30	Department of Food Science and Quality Control	LMCC Higher Secondary School ,Pachalam ,Ernakulam
35	Unhealthy Eating and Foodborne Illnesses	25-09-2023	School Students	35	Department of Food Science and Quality Control	St. Joseph Convent Girls H.S.S Kottayam
36	Consequence of Junk food and Fast food in children	29-08-2023	School Students	30	Department of Food Science and Quality Control	Government LP School Kollad Kottayam
37	sugar and its role in obesity	29-08-2023	School Students	30	Department of Food Science and Quality Control	GVHSS Mulakuzha
38	Mathemagic	06-10-2023	School Students	71	Department of Mathematics	St. Anne's G.H.S.S Kottayam
39	What is Mathematics?	31-01-2024	School Students	50	Department of Mathematics	St. Anne's G.H.S.S Kottayam
40	Interactive Session	31-01-	School	50	Department of	St. Anne's

	on –Ramanujan	2024	Students		Mathematics	G.H.S.S Kottayam
41	Interactive Session on –Fibonacci Sequence and Golden Ratio	31-01-2024	School Students	50	Department of Mathematics	St. Anne’s G.H.S.S Kottayam
42	Language Lift	07-02-2024	School Students	75	Department of English	St. Anne’s G.H.S.S Kottayam
43	Perfect Okay	30/06/2023 & 31/01/2024	Students	578	Department of English	BCM College Kottayam
44	A day with the inmates of Vikas Vidyalaya (Institute for Differently Abled)	27-06-2023	Differently Abled Students	10	Department of Sociology	Vikas Vidyalaya
45	Souhridham Student Convenors (Higher Secondary) Residential Camp	01/12/2023 to 06/12/2023	School Students	116	Department of Sociology	Dept. of General Education Higher Secondary Wing Career Guidance and Adolescent Counselling Cell
46	Social Hackathon(Inter-School Meet)	31-01-2024	School Students	27	Department of Sociology	Lekshmi silks, Josco, Orange,Darsana Academy
47	All Kerala Inter Collegiate Sr.Michael Debate Competition	15-02-2024	College Students	22	Department of Sociology	Hiraya, Lush,Meriz Cafe,Trends
48	Cleaning Drive: UP School Puthettu	24-06-2023	School Students	30	National Service Scheme	UP School Puthettu
49	Visit to Shanthibhavan	16-09-2023	Senior citizens of Santhibhavan, Kottayam	15	National Service Scheme	Santhibhavan, Kottayam
50	Thalamurakude Sanghamam	09-09-2023	College Students and Senior Citizens	34	National Service Scheme	Department of Social work
51	Awareness Class on Women empowerment	15-09-2023	School Students	111	National Service Scheme	St. Anne’s G.H.S.S Kottayam

52	Ozone Day poster Making Competition	18-09-2023	School Students	39	National Service Scheme	UP School Puthettu
53	Food Drive: Navajeevan Trust	15-12-2023	Navajeevan Members	5	National Service Scheme	Navajeevan Trust Kottayam
54	Undertakes tribal children education programme of BCM OJASS	25.05.24 to 27.05.2023	tribal children	57	Department of Social Work	Pongampally village
55	Associate with district child protection office for implementation 'Orphan Free Kottayam Project'	April 01-30, 2024	Children in different institutions	57	Department of Social Work	District child protection office Kottayam
56	Conducted awareness session on 'Parenting style and mental health' at CIG Group EzhumanthuruthKa duthuruthy in association with HOPE centre for mental health and Archana Women Centre	11.6.23	CIG Group members	57	Department of Social Work	HOPE centre for mental health and Archana Women Centre
57	Conducted awareness session on 'POCSO Act and Substance Abuse' at St,Mary's High school Kidangoor	23.6.23	School students	57	Department of Social Work	St,Mary's High school Kidangoor
58	Session on Importance of ambitious mind' at Holy Cross Higher secondary school Cherpunkal	27.6.23	School students	57	Department of Social Work	Holy Cross Higher secondary school Cherpunkal
59	U3a state wide Meeting of generations in association with U3a MG University and	21.8.23	Elderly people frm different parts of Kerala	57	Department of Social Work	District child protection office Kottayam

	NSS 'Thalmurakalude Sangamam'					
60	Safalam Sayaham 15th edition	07.10.2 3	Elderly from the community	57	Department of Social Work	Smile India Pakal Veedu
61	Conducted walk for freedom programme in association with 'the movement India' from College to Thirunakkara	14.10.2 3	Community people	57	Department of Social Work	BCM College Kottayam
62	Conducted need assessment survey at Navjeevan	27.10.2 3		57	Department of Social Work	Navjeevan Trust Kottayam
63	Formation of Elderly forum at Puthuppally	28.10.2 023	Elderly community	57	Department of Social Work	Puthupally Panchayath
64	Conducted session on 'Communication and coping with stress' at Govt.VHSS Arpookkara	8.2.24	School students	57	Department of Social Work	Govt.VHSS Arpookkara
65	Conducted session on 'Effective communication and self awareness' at Holy Family High School Kanjikkuzhy	15.2.24	School students	57	Department of Social Work	Holy Family High School Kanjikkuzhy
66	Session on 'Effective communicationand coping with stress' GHS Kudamaloar, Kottayam	13.2.24	School students	57	Department of Social Work	GHS Kudamaloar, Kottayam
67	session on 'Communication and Problem solving' at St.John's UP school, Velloor	16.2.24	School students	57	Department of Social Work	St.John's UP school, Velloor

68	Session on 'Creating thinking and Problem solving' St Anne's School Kottayam.	21.2.24	School students	57	Department of Social Work	St Anne's School Kottayam.
69	Session on 'Effective communication and coping with stress' St. Jonnas UP School Uzhavoor	16.2.24	School students	57	Department of Social Work	St. Jonnas UP School Uzhavoor
70	Conducted session on 'Creative thinking and Communication' at Holy Family HS Kottayam	29.2.24	School students	57	Department of Social Work	Holy Family HS Kottayam
71	Conducted life skill programme at St. Annes School Kottayam	22.2.24	School students	57	Department of Social Work	St. Annes School Kottayam
72	Life skills at MD Seminary School	22.2.24	School students	57	Department of Social Work	Life skills at MD Seminary School
73	Life skills at Govt. UP School, Kumarakom	28-02-2024	School students	57	Department of Social Work	Govt. UP School, Kumarakom
74	Problem Solving, Effective communication St. Sebastian UP school, Peroor	01-03-2024	School students	57	Department of Social Work	St. Sebastian UP school, Peroor
75	Problem solving, Creative thinking Govt UP School, Kezhoor	01-03-2024	School students	57	Department of Social Work	Govt UP School, Kezhoor
76	Life skills St. John's UP School, Kumarakom	10-03-2024	School students	57	Department of Social Work	St. John's UP School, Kumarakom
77	Conducted Social economic survey at Uppukuzhy-Thenmala	08.11.2023	Children at Uppukuzhy	57	Department of Social Work	Uppukuzhy-Thenmala Panchayath
78	Nature environment beautification	10.11.2023	Children at Uppukuzhy	57	Department of Social Work	Uppukuzhy-Thenmala Panchayath

	program					
79	Awareness session on `importance of education and about drug addiction`	11.11.2023	Children at Uppukuzhy	57	Department of Social Work	Uppukuzhy-Thenmala Panchayath
80	Herbal garden maintenance	22-04-2023	Public	28	National Cadet Service	District Hospital ,Kottayam
81	My Waste My Responsibility	05-06-2023	School students	24	National Cadet Service	D Seminary Higher Secondary School, Kottayam,
82	Street Play in the Thirunnakkara Ground, Kottayam (World Day Against Child Labour)	12-06-2023	Public	24	National Cadet Service	Human Values And Professional Ethics Cell
83	Blood Donation Camp	14-06-2023	Public	24	National Cadet Service	NSS, Human Values And Professional Ethics Cell
84	Awareness Rally Against Drug Abuse And Illicit Trafficking	26-06-2023	Public	25	National Cadet Service	BCM College Kottayam
85	Say hi to paper bag, say no to plastic"	03-07-2023	School students	18	National Cadet Service	St Joseph's School, Kottayam
86	Distribution of handmade paper bags	12-07-2023	Public	17	National Cadet Service	BCM College Kottayam
87	Voter ID registration drive	07-12-2023	College Students	255	National Cadet Service	Electoral Literacy Club