

## **‘Samajik Adhikarita Shivar’ (Distribution of aids and assistive devices to the persons with disabilities)**

Social Work department of BCM College, Kottayam has associated with Ministry of Social.



Justice Govt of India, in collaboration with ALIMCO (Artificial Limbs Manufacturing Corporation, central public sector unit) and organized ‘Samajik Adhikarita Shivar’ (Distribution of aids and assistive devices to the persons with disabilities) at BCM college auditorium on 6th June 2022.

This was the beginning of a major undertaking, as a project aimed at assisting disabled people. The Department of Social Work, BCM College, and the Ministry of Social Justice, Government of India collaborated in this event.



**Dr. Ipe Varughese**  
(Head, Dept. of Social Work, BCM College, Kottayam & General Secretary, Kerala Association of Professional Social Workers (KAPS) has been elected as the National Secretary General of India Network of Professional Social Workers Associations (INPSWA).



The students of social work department have done the registration process, arrangement of venue, guiding the beneficiaries, assisting the disabled and in distribution of the devices.

The welcome speech was delivered by Sri. Thomas Chazhikadan, Member of Parliament followed by the introductory speech by Sri. Jose K Mani, Member of Parliament.

Later the project report was presented by Dr P. K Jayasree, IAS , Kottayam District collector. Presidential address was delivered by Dr R Bindhu, Honorable minister Social Justice department, Government of Kerala followed by inaugural address by chief guest Sri A Narayanaswamy, Honorable Minister of Social Justice, Government of India. Later on keynote address was delivered by Sri V N Vasavan, Honorable Minister for Cooperation and Registration, Government of Kerala and special address by Sri Thiruvanchoor Radhakrishnan MLA, Kottayam. After the official inauguration Sri A Narayanaswamy, honorable minister initiated the distribution programme by providing the aids to few beneficiaries. Sri Joseph Rebello, District Social Justice Officer, Kottayam delivered vote of thanks.





## Awareness session conducted for parents at CMS LP School Vadakara

Awareness class for parents of CMS LP School Vadakara on 6 Jul 22. The session started with a formal introduction by the TSW's later as an ice-breaking session TSW's asked to introduce each participant along with an adjective that goes with their character. After the ice-breaking session resource person TSW Melvin Mathew began the session with giving an insight into the problems that can be caused by over use of screen. The session mainly dealt with physical, emotional and cognitive development issues that a child could be prone to with the over use of screen of phones, TV and other technologies. With the help of PowerPoint presentation videos related to the topic were shown which gave a better understanding. This helped in conveying the dangers of virtual autism and other issues. The session focused on how parents shall upbringing their child will giving positive reinforcement. The session was quiet interactive were parents also shared their concerns. The session also provides an insight into what all cautious a parent should take to ensure healthy upbringing of the child. As a conclusion to the session Sr. Sheena, Faculty supervisor summed up the session by giving an activity to make them aware of the importance family in one's life and especially that of a child. Once the session concluded Headmistress of the school Mrs. Marina Joseph gave honest feedback followed by parents sharing their experience as well.



## Workshop on 'Psycho therapy for Social Workers' Conducted



Psychotherapy workshop was organized by Dept. of Social Work at Sr. Savio Memorial hall of BCM college Kottayam in association with KAPS and Prachotana Wellness Centre on 8 & 9 June 2023. The workshop started with the welcome note by Dr. Ipe Varughese (Head, department of social work). Dr. Ipe Varughese welcomed the resource person of the workshop Mr. Sigi Antony (vice principal TRADA institute of social science, Manganam, Kottayam)

and all the participants. The session covered Behaviour Theory, Transactional Analysis, Innerchild healing therapy, Art Therapy, Mindfulness, Rational emotive behaviour therapy (REBT) etc. relaxed state.



## Workshop on Quantitative Data Analysis (SPSS)

Workshop on Quantitative Data Analysis was organized on 22-23 June 2022 at 11:00 am in association with KAPS at Sr. Savio Memorial Hall (Online). The programme was started by the welcome note of Dr. Ipe Varughese, Head of the department. Later the session was taken by the resource person Dr. Jobi Babu, Assistant Professor Marian College, Kuttikanam (Autonomous). He explained about the Quantitative Research, SPSS and also how to use SPSS with an example.



He gave a brief lecture on the process of using SPSS that is coding, recoding, testing etc. Dr. Jobi Babu practically showed the TSW the process, format and way to interpret the research. The session was very fruitful.



## Work shop on Qualitative Data Analysis

The workshop on qualitative data analysis was conducted in association with KAPS. on 17-18 June 2022 The workshop was led by Br. Joseph Charuplakkal, President KAPS, Idukki Chapter. The session started with explaining expected outcomes. The students were divided into 5 different groups and each group have selected different topic s to work with.



The resource person facilitatied the groups to identify themes from their data collected through a systematic process and the groups worked to identify themes and complete the analysis using qualitative approach.

## Observation of Environment Day Interdepartmental competitions conducted

The department observed world environment day on June 5. A letter writing competition was held in department conference room. as a part of world environment day on 16-06-2022. It was based on the topic "A LETTER FROM NATURE". A total of twenty one participants from various departments including department of English, Sociology, Economics, Food Science and Quality Control and Commerce. Ms. Arundhathi G, 2nd year commerce department got first prize, first runnerup was Ms. Alka Reji, 2nd year food science and quality department, the second runnerup was Ms. Anjana Raj from 2nd year commerce department. The winners were given certificates and cash award.

## Orientation Programme for Anganwadi Teachers and CDPOs on services for Divyanggan People

Kottayam district Social Justice Department and Dept. of Social Work BCM College Kottayam has organized an orientation programme for Anganwadi teachers and CDPOs on 'Services to Divyanggan by Government'. Smt. P K Jayasree ( Dt.collector), Mr. Joseph Rebello (Dt. Social Justice Officer, Ms. Maya and Dr. Ipe Varughese spoke during the occassion and took sessions.



## Observation World Anti Elderly Abuse Day in association with Social Justice Department

Prachotana Wellness club of Department of social work BCM College in association with social justices department Kottayam and KAPS celebrated the world elderly abuse awareness day on 15th June 2022. The main theme of the 2022 world elderly abuse awareness day was “Digital equity for all Ages”. TSW’s organised a flash mob and street play in order to create awareness among the common people on the importance of taking care and loving the elderly ones. The TSW with the guidance of the faculties first performed the flash mob in order to gather the crowd and then presented the street play at Kottayam Zilla panchayat. Tthe awareness session was inaugurated by Ms. Manjima Standing Committee chairperson.Mr. Shamnath (DSJO Kottayam) welcomed the gathering and invite,Mr Thomas Pothan(member of district elderly counsel) and Dr Ipe varughese (HOD Social Work ) for the felicitation speech. Mrs. Majima delivered the presidential address and read out the oath to gathering . The meeting ended with the vote of thanks by Sri Promod Kumar. More awareness streetplays were conducted at other parts of Kottayam

Dr. Ipe Varughese gave a felicitation message in the webinar on POCSSO act organized by Ettumanoorappan College in association with HR-AHT Wing KAPS

Dr. Ipe Varughese was a panel member in the National Conference organized by Central University of Kerala in collaboration with ICSSR New Delhi on 5-6 Aug 2022 on the theme ‘Indian Approaches to Human Resource and Community Development’ and presented the theme ‘Kerala’s Contribution for Community Development -An Overview’.

Dr. Ipe Varughese made a presentation in the Asia-Pacific conference organized by IFSW -AP on th theme ‘Global Agenda for Social Work-Experiences of Indian Social Workers on 10 Aug 2022



Ms.Jobina George got second prize in the talent show Kottayam district level organized by Health department in connection with AIDS day on the topic ‘HIV Prevention’

Dr. Ipe Varughese participated in the National level discussion on ‘ National Social Work Issues’ on 27 Aug 2022 at NIMHANS Bangalore organized by India Network of Professional Social Workers Associations.

### Student Durbar onducted

Dept of Social Work conducted Students Durbar at BCM on 22 Aug 2022 on the theme ‘Freedom with Boundaries’. 12 Students participated from different departments.. Dr.Ajees Ben moderated the programme



## Programme in Community against Drug Abuse on World Drug Day

Prachotana Wellness club of Department of social work BCM College has conducted a community program on 27 June 2022 in connection with World Drug Day (26/06/2022) on the topic Drug Abuse, prevention and awareness. The program was conducted with the association of TRADA IRCA, Manganam at Govt. U P School, Ericadu, Puthuppally.

TSWs Malavika, P R Romy John and Jissa Mareena Mathew were the coordinators of the programme. More than 90 children (class 4-6), teaching and non teaching staff attended the seminar.

TSW Romy John took an awareness class on what is a drug and about drug abuse, TSW Malavika dealt with the area effects of drug abuse in human beings and TSW Jissa talked about different types of addiction.



## CHEER QUEER CELEBRATING HUMAN

HR-AHT club of Department of Social Work, BCM College Kottayam Conducted an Interactive session CHEER QUEER with Sheetalshyam, Transgender Activist and Artist in Association with Catalyst Group, Kottayam and KAPS.

The programme started by prayer song and Welcome speech was delivered by Aneenamol Shaji. The Presidential Address was given by Dr. Ipe Varughese, HoD, Social Work Department College Kottayam, General Secretary KAPS & Secretary General INPSWA. On the occasion he mentioned the current scenario and also critically evaluate the stratification of gender that exists today. Followed by the Presidential Address Anuradha Raja Rajagopal (Managing trustee, Catalyst Group, Kottayam) led the interaction session.

The session was wound up at 5:15 with the vote of thanks by Ancy Kachapally (Chairperson, Catalyst Group, Kottayam).



## Conducted Awareness Sessions in Neerikkadu School

Dept. of Social Work, BCM College, Kottayam has conducted awareness sessions at St Mary's UP School, Neerikadu, Ayarkunnam. The session started by 10 am and begin with an Ice breaking session and Tsw interacted with the students. There were three sessions., first session was taken by Ms. Sona George and Teena Joseph for LP- class students about "Good touch and bad touch" and at the same time Mr. Jikku K Thomas and Ms. Nima Reny took session on "Responsible use of online platforms" for the UP-class students.

Later in the afternoon session psychosocial support was provided for the children who shared their problems to the Tsw. Meanwhile Sr. Sheena M U, Tsw Ms. Anju Merin Shaji and Ambily P Nair took session on "Good and Effective Parenting" for parents.



## Awareness class conducted for students in JMHSS, Vakathanam

On 13-07-2022, Wednesday Dept of Social Work BCM College, Kottayam conducted awareness classes at JMHSS Vakathanam on the topics Life skills and Adolescent mental health issues. The awareness class conducted as three sessions for the high school students. TSW Sandra Iype and Juhi Pradeep took session on 'Life skills' and TSW Rubin T Raju and Sreelakshmi Raju took session on 'Adolescent mental health issues.'



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