



**ACTIVITY REPORT 2021-2022**

**NSS UNIT NO. 8**

**BISHOP CHULAPARAMBIL MEMORIAL COLLEGE, KOTTAYAM**

**PRESENTED TO**

**PROGRAMME COORDINATOR, NSS CELL, M.G. UNIVERSITY**

**PRESENTED BY:**

**DR. STEPHY THOMAS**

**PRINCIPAL**

**BISHOP CHULAPARAMBIL MEMORIAL COLLEGE, KOTTAYAM**

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## **BCM NSS (2021-2022)**

### **FIRST MEETING**

The first meeting of the year (2021-2022) was held on June 5th 2021 at 5 PM. As the day being observed as the World Environment Day the aim of the program was to celebrate environment day and to select the new NSS office bearers of the new academic year (2021-2022).

As part of the environment day BCM NSS proposed seed bomb distribution as the major activity. Students were asked to prepare a minimum of 10 seed bombs. Those who prepare at least 25 seed bombs with proof will be rewarded and one who makes the maximum number of seed bombs will be awarded with a special price by DR Peter k Mani, HOD Department of Botany.

Last year volunteer secretary Gayatri P. K and Sr. Anitta Sunny SJ shared their experience of being a volunteer secretary.

GEM (Give Every Month) is envisaged to motivate and to make our volunteers vibrant through the continuous involvement of each of the students. Volunteers will be divided into twelve groups and each group will be in charge of organizing activities of each month. They have to arrange various activities including one hour cultural activity and “Chayakopayile Lokakaryam” as mandatory program and various day observations of the month to be organized in consultation with the GEM coordinators.

The office bearers of the Year (2021-2022) was selected at the meeting of program officers after getting suggestions from the NSS meeting held on June 5th 2021.

**Volunteer Secretary :JiluJoji and Arya sabu**

**Cultural coordinators: Arun Maria Ajju and Praveena S**

**GEM coordinator: Krishnanand NS and Abhirami A T**

**Documentation coordinators: AJ Fissa Fathima and Archana Murugan**

**Technical Supporters :Sandhra B S and Athira Dileep**



Bishop Chulaparambil Memorial College Kottayam  
NSS Unit No. 8



**Give Every Month (GEM)**

**GEM** is the short form for **Give Every Month**. It's a novel venture that we wish to implement this year taking inspiration from the suggestion of Sr. Anitta Sunny SJC, retiring volunteer secretary. GEM is envisaged to motivate and to make our volunteers vibrant through continuous involvement of each of the students.

For the same, volunteers will be divided into 12 groups and each group will be in charge of organizing activities of each month. They have to arrange various activities including one hour cultural activity and chayakkoppayile lokakaryam as mandatory programs and various day observations of the month to be organised in consultation with the GEM Coordinators (and VS and PO). So each volunteer will get chance to act as anchor, speaker, singer, etc.

Fr Byju Mathew & Dr. Elizabeth V. John, Program Officers, NSS, BCM



Bishop Chulaparambil Memorial College Kottayam  
NSS Unit No. 8



**Office Bearers 2021-22**

**Volunteer Secretaries:** Jilu Joji, Zoology & Arya Sabu, English

**Cultural Coordinators:** Maroon Maria Aju, B. Com CA & Praveena S., FACS

**GEM Coordinator :** Krishnananda N.S. Zoology & Abhirami A.T., History

**Documentation Coordinators:** A.J. Fissa Fathima, English & Archana Murugan, Chemistry

**Technical Supporters:** Sandra B.S., Comp. Science & Athira Dileep, History

Selected at the meeting of program officers after getting suggestions from the nss meeting held on 2021 June 5.

Dr. Elizabeth V. John & Fr Byju Mathew

Program Officers, NSS, BCM

## NATIONAL ENVIRONMENTAL DAY JUNE 5<sup>TH</sup> 2021



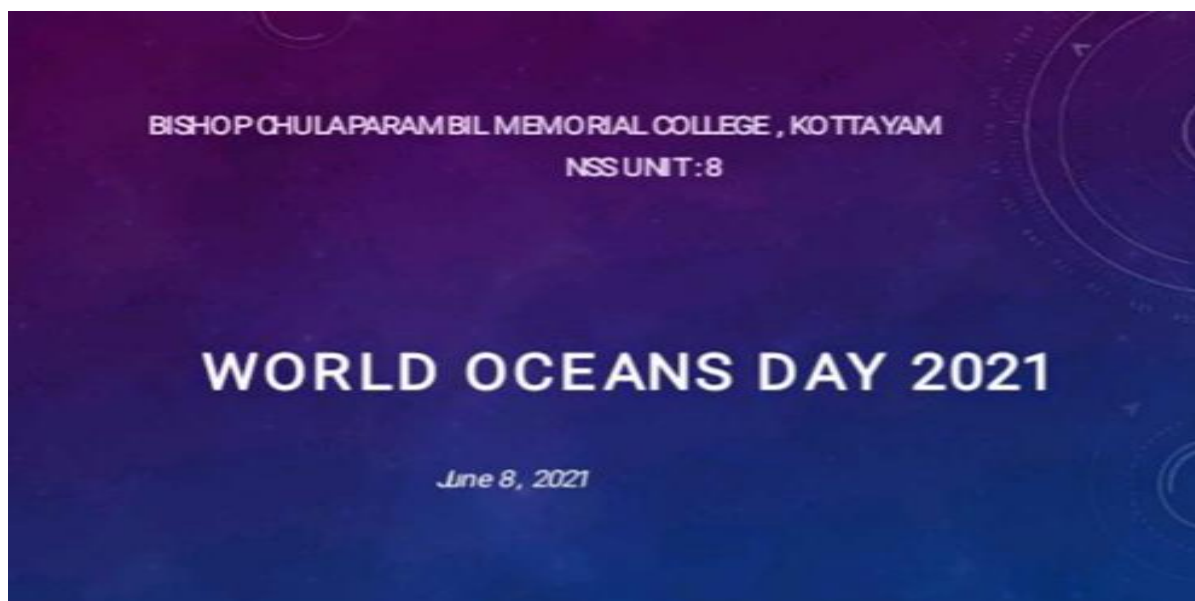
### *Seed bomb*

Seed bombs are a unique and fun way to share a powerful message about the environment, making them popular for businesses and individuals that want to send a green message.

Seed Bombs or seed balls, are small clusters packed with wildflower seeds that are designed to bring greenery and colourful pollinator habitats to urban landscapes or neglected areas.



## WORLD OCEANS DAY

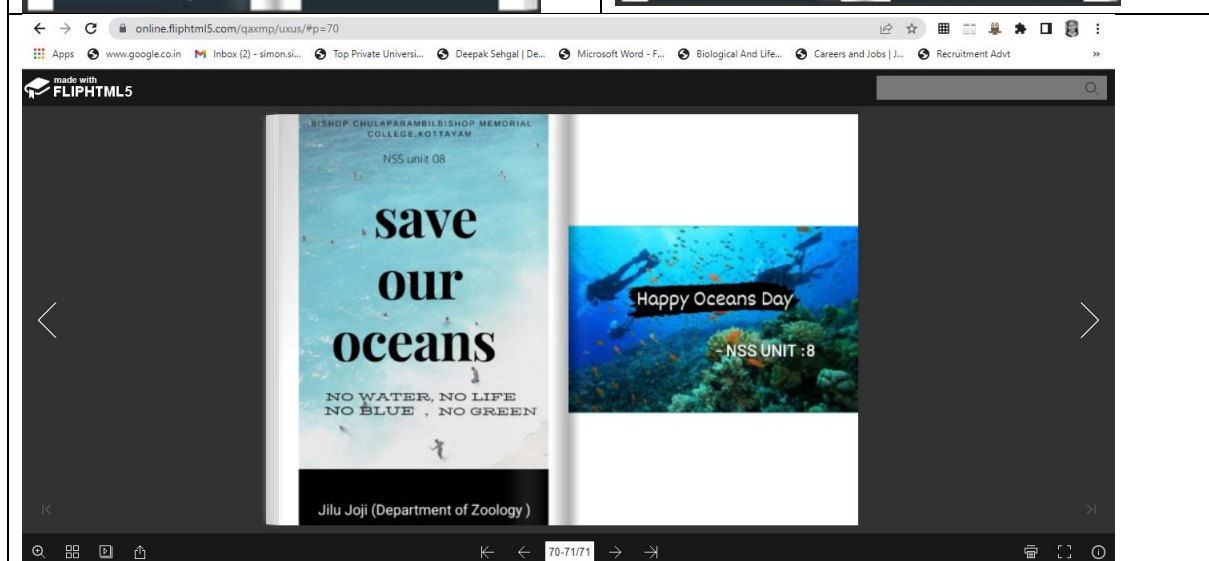
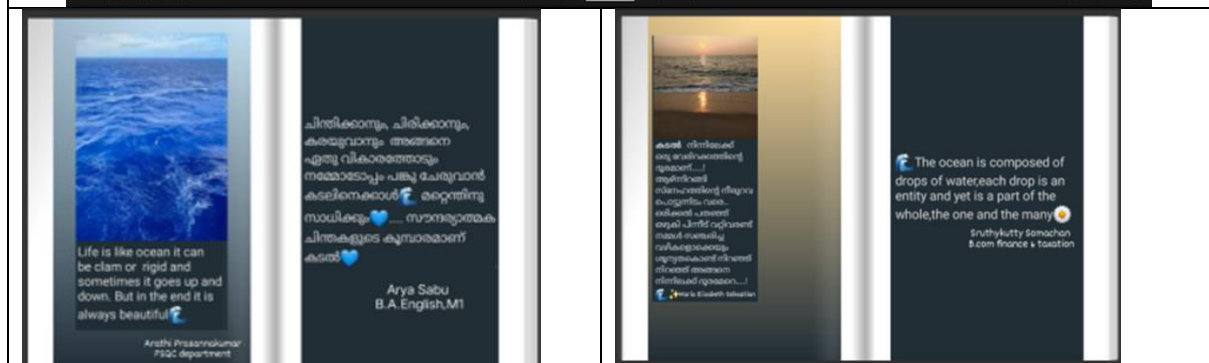
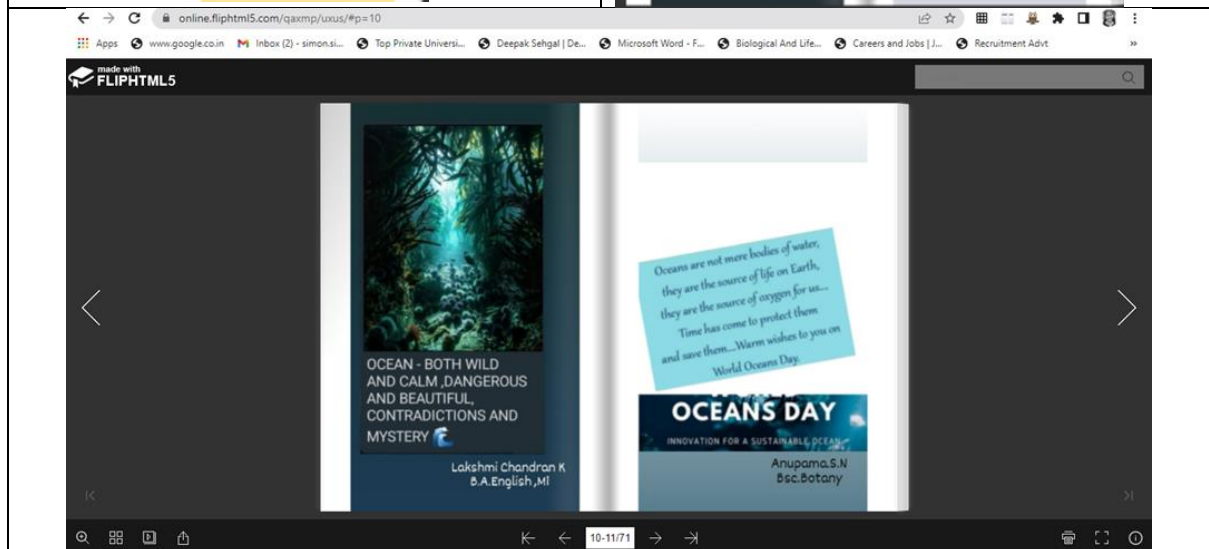
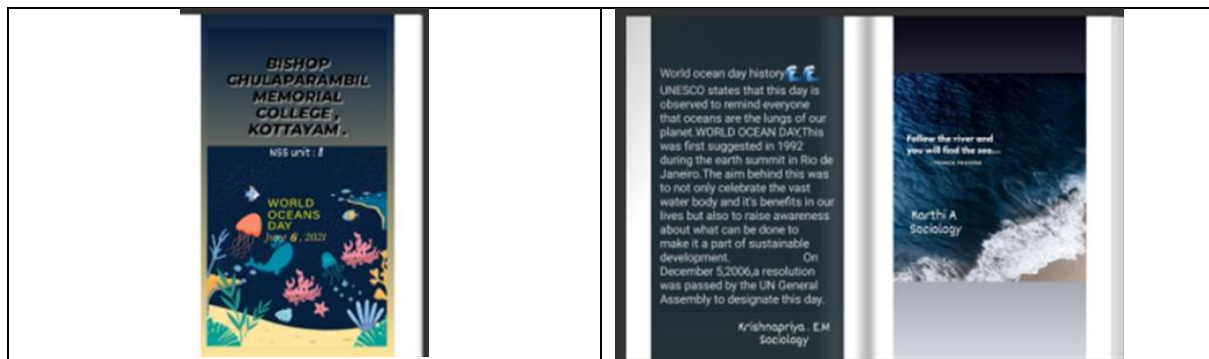


As per the UN, **World Oceans Day** is celebrated to inform the public of the impact of human actions on the ocean and to develop a worldwide movement of citizens for the oceans. It also suggests mobilizing and uniting the world's population on a project for the sustainable management of the world's oceans. The theme for this year is 'The Ocean: Live and Livelihoods' and people can participate virtually. World Oceans Day is celebrated to highlight the negative impact of human activities.

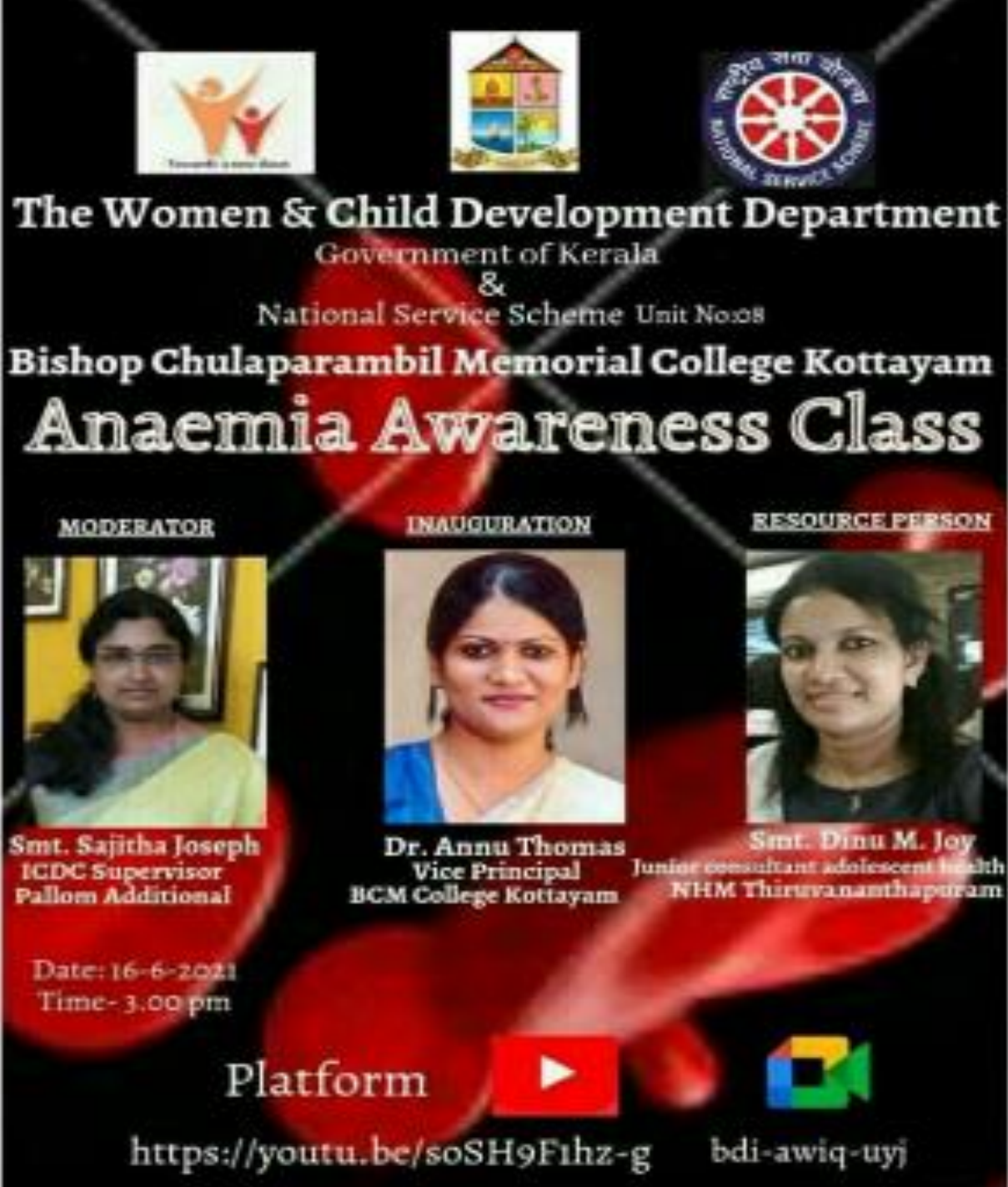
The NSS unit of Bishop Chulaparambil Memorial College, Kottayam conducted an online platform to celebrate 'World Oceans Day' on June 8th, 2021. With the limited time gap and in the pandemic situation, volunteers made their maximum effort to make it a fruitful one. Fr. Byju Mathew, NSS Program Officer, marked the celebration by adding his own valuable words. Volunteers prepared posters, writings, photographs, art works based on Oceans Day and shared it through the NSS official WhatsApp group. Dr. Elizabeth V John, NSS Program Officer, gave her full support to the students to initiate their ideas. On this day, we also ensure about the conservation of water and its needs. The day is an opportunity to raise global awareness of the benefits humans get from the ocean and our individual and collective duty to use its resources sustainably. It is also a chance to celebrate and appreciate what the ocean provides, from the oxygen we breathe to the inspiration it provides artists.

More than 60 students participated in the program and shared their works, ideas and creativity. We compiled all the works shared by the volunteers and made it as a flipbook too. Link to the online flipbook is given below.

<https://online.fliphtml5.com/qaxmp/uxus/#p=1>





## ANEMIA AWARENES CLASS




The poster features a black background with a large, stylized red blood cell in the center. At the top, there are three logos: the Government of Kerala logo, the National Service Scheme (NSS) logo, and the National Service Scheme Unit No. 08 logo. Below the logos, the text reads: "The Women & Child Development Department Government of Kerala & National Service Scheme Unit No. 08 Bishop Chulaparambil Memorial College Kottayam Anaemia Awareness Class". The poster also lists the roles and names of the participants: Moderator (Smt. Sajitha Joseph, IGDC Supervisor, Pallorem Additional), Inauguration (Dr. Annu Thomas, Vice Principal, BCM College Kottayam), and Resource Person (Smt. Dinu M. Joy, Junior consultant adolescent health, NHM Thiruvananthapuram). The date and time of the event are given as "Date: 16-6-2021" and "Time- 3.00 pm". The platform for the event is YouTube, with the URL "https://youtu.be/soSH9F1hz-g" and the video ID "bdi-awiq-uyj".



**The Women & Child Development Department**  
Government of Kerala  
&  
National Service Scheme Unit No. 08  
**Bishop Chulaparambil Memorial College Kottayam**  
**Anaemia Awareness Class**

**MODERATOR**  
  
**Smt. Sajitha Joseph**  
IGDC Supervisor  
Pallorem Additional

**INAUGURATION**  
  
**Dr. Annu Thomas**  
Vice Principal  
BCM College Kottayam

**RESOURCE PERSON**  
  
**Smt. Dinu M. Joy**  
Junior consultant adolescent health  
NHM Thiruvananthapuram

Date: 16-6-2021  
Time- 3.00 pm

**Platform**    
<https://youtu.be/soSH9F1hz-g> bdi-awiq-uyj

Anemia is a blood disease or a condition that develops when the amount of red blood cells or hemoglobin lacks in the blood. Hemoglobin is the main part of the red blood cell and binds with oxygen which is then provided to the body by red blood cells. Thus, when there is an abnormal number of red blood cells in the body, cells will not get suitable amount of oxygen causing the improper functioning

Bishop Chulaparambil Memorial College, Kottayam in association with 'The Women and Child Development' department of Government of Kerala organized an 'Anemia Awareness Webinar' on June 16th, 2021 at 3.00 p.m. The program was begin with NSS anthem followed by the welcome speech of Fr. Byju Mathew, NSS program officer. The webinar was inaugurated by the Vice Principal of BCM College, Dr. AnnuThomas . The moderator of the webinar Smt. Sajitha Joseph, the supervisor of ICDS, Pallom Additional gave the program overview and it's introduction towards the students. The keynote speaker was Smt. Dinu M Joy who took awareness section and made the topic interesting and intriguing with all the facts, impacts, causes, symptoms and preventive measures of anaemia. She also inculcated the minds of students as well as teachers and non teaching staffs with the importance of maintaining a healthy diet.

[illegible]



**BISHOP CHULAPARAMBIL MEMORIAL COLLEGE**  
NSS UNIT

In association with



**THE WOMEN & CHILD DEVELOPMENT DEPARTMENT**  
GOVT. OF KERALA  
**PRESENTS**



## അനീമിയ ക്യാമ്പയിൻ ജൂൺ 2021

മാണിക്കാണി ബോധവൽക്കരണ ക്യാമ്പ്

### MAIN EVENTS:

1. NSS ANTHEM
2. Welcome Speech : Fr. Byju Mathew  
( NSS Program Officer, BCM College)
3. Introduction of the program : Smt. Sajitha Joseph  
( Supervisor, ICDS Pallom Additional )
4. Inauguration : Dr. Annu Thomas  
( Vice Principal, BCM College )
5. Main Session : Smt. Dinu M Joy  
( Junior Consultant Adolescent Health , Trivandrum )
6. Discussion
7. Vote of Thanks : Arya Sabu  
(Volunteers Secretary NSS, BCM College )

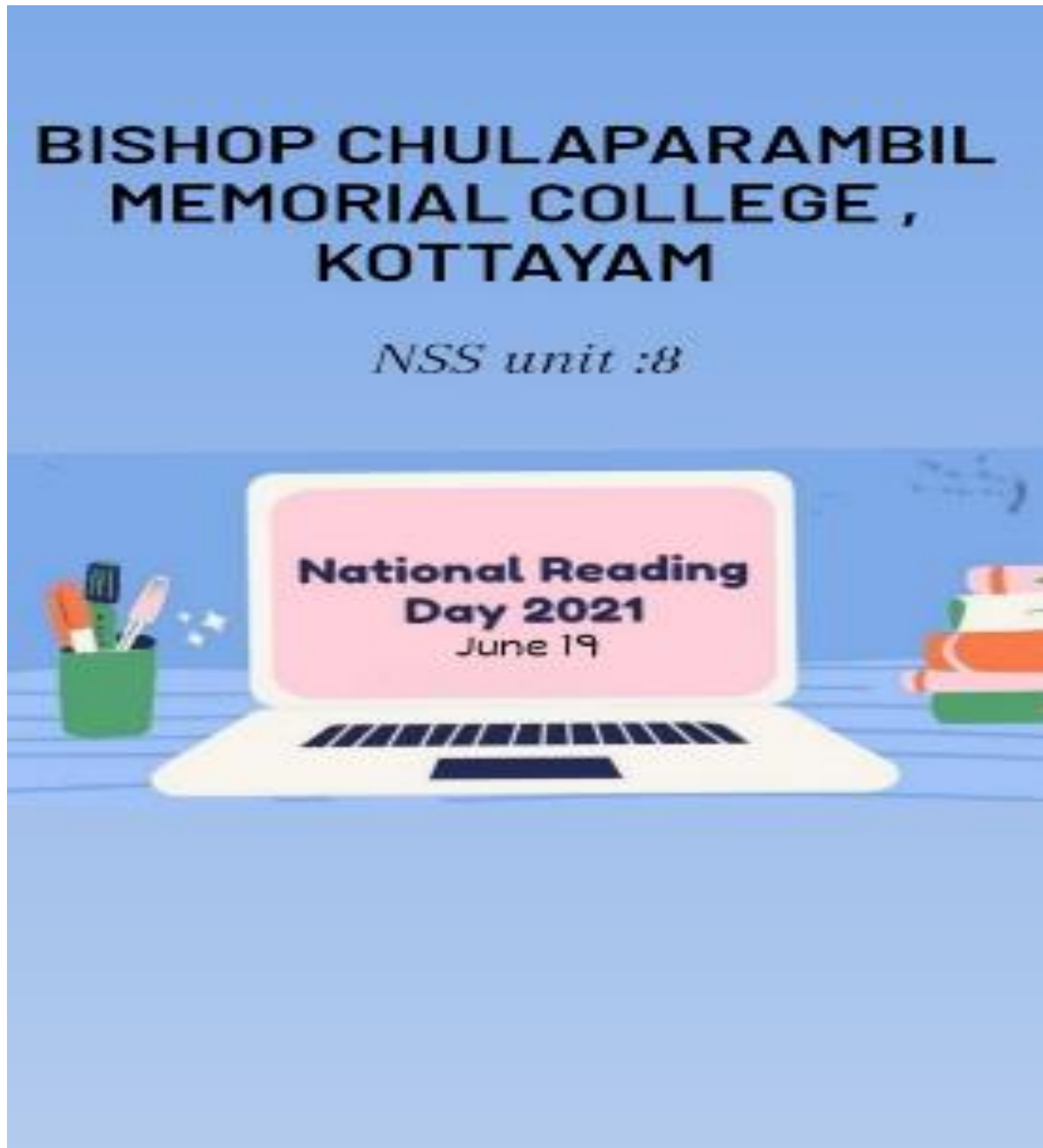


Key note Speaker:  
Smt. Dinu M Joy



Scanned by TapScanner

## READING DAY



“To learn to read is to light a fire : Every syllable that is spelled out of a spark”

-Victor Hugo

June 19 is celebrated as National Reading Day to honour the life and works of P. N. Panicker, a great malayalee writer. Bishop Chulaparambil Memorial College, NSS unit in remembrance of this eminent personality has decided to issue an e-magazine named “Through the Letters” in this pandemic era. A reading week was conducted by the Gem group 1 LUCIFEROUS. This initiative aims at bringing up the literary and artistic skills of everyone. The participation is open to students, teachers as well as the

non-teaching staffs and even the parents. The participation of the NSS Volunteers were strictly assured. All the NSS Volunteers were given guidance in order to motivate and collect other's work.

All the literary and artistic works like story, poem, drama, story script, paintings, cartoons, jokes, articles, interviews with famous persons etc were accepted . All works are the creations of participants itself. Any language can be used. The last date for the submission of the entries were June 28, 2021. All the entries are collected through the official e-mail address of BCM College, NSS unit. The magazine editors were Arya Sabu and Rajalekshmi E. J. More than 100 entries were received for constituting the magazine.

All the members of BCM College supported the project and it was a great success. Sincere gratitude were expressed towards all the hands working behind the success of the program. The compiled work of the volunteers creations are given below :

<https://online.flippingbook.com/view/606908466/>



BISHOP CHULAPARAMBIL MEMORIAL COLLEGE KOTTAYAM  
NATIONAL SERVICE SCHEME UNIT NO.8



# 'THROUGH THE LETTERS'

LET'S CELEBRATE THIS READING WEEK IN A DIFFERENT WAY

'THROUGH THE LETTERS' IS AN E-MAGAZINE INITIATIVE OF BCM NSS.  
ARTICLES, STORIES, POEMS, DRAWINGS, CREATIVE WRITINGS, ETC.,  
ARE INVITED FROM STAFF & STUDENTS OF BCM COLLEGE.

## GUIDELINES

- #YOUR WRITINGS CAN EITHER BE IN HINDI, MALAYALAM OR ENGLISH.
- #ON THE CONTEXT OF PLAGIARISM DISCUSSIONS, OWN CREATIONS ALONE ARE ACCEPTED.
- #SINCE AS PART OF THE READING WEEK, QUOTES & WRITINGS ABOUT 'READING' ARE ENCOURAGED.

SUBMIT YOUR ENTRIES TO

nssbcm666@gmail.com  
bcmcollegecss2021@gmail.com

DUE:

25/06/2021

FOR INFORMATION CONTACT:

RAJALAKSHMI E.J. : 90377 28825  
ARYA SABU : 7736867063

## DEVA SANGEETHAM- WORLD MUSIC DAY



**BISHOP CHULAPARAMBIL MEMORIAL COLLEGE**  
**NSS UNIT PRESENTS**

**ദേവസംഗീതം**



എസ്. രമേശൻ നായർ  
അനുസ്മരണ പ്രഭാഷണം

**June 21, 2021**  
at  
**6.30 pm**



**KEYNOTE SPEAKER :**  
**DR. PRAVEEN. K. R.**

**List of Events:**

1. NSS Anthem

2. Welcome Speech : Rajalekshmi E. J  
NSS Volunteer, BCM College

3. Commemoration & : Dr. Praveen. K. R.  
Keynote address Asst. Professor  
Sree Sankara Vidyapeetom College

4. Solo : Poornima. V.R  
NSS Volunteer

5. Vote of Thanks : Arya Sabu  
Volunteer Secretary  
NSS, BCM College



Meeting code:ivn-rqqm-nwc

“If music wakes you up, makes you think, heals you... Then I guess the music is working”.

-A. R. Rahman

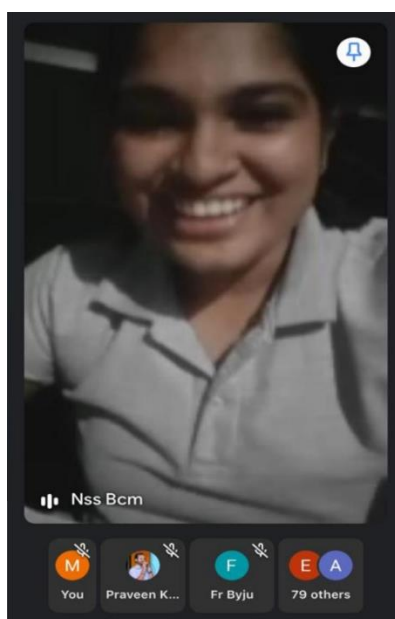
World Music Day is observed on June 21 annually to encourage musicians. Music lovers organize different musical concerts and events on World Music Day. It is celebrated to provide a platform for amateur and professional musicians to showcase their talents. The musicians also perform for free. The theme of World Music Day 2021 is “Music at the intersections”. This event is also known as ‘Make Music Day’. It lays stress on the importance of nurturing people’s affection for music and sharing music with all without any restrictions.

Bishop Chulaparambil Memorial College, NSS Unit No:8 has celebrated 'World MUSIC DAY' on June 21st 2021. The program was conducted by the NSS Volunteers of Gem group

1 'LUCIFEROUS'. The two major events of the day was commemoration address of great music lyricist and Malayalam poet Sri. S Remeshan Nair who was recently passed away, the second event was 'Devasangeetham', Musical quiz conducted on the remembrance of the great music lyricist and poet S. Remeshan Nair. The online commemoration program "DEVASANGEETHAM" started sharp at 6.30 pm with the NSS Anthem.. The Welcome Speech was given by the NSS Volunteer kumari. Rajalekshmi E. J. Our chief guest as well as the keynote speaker of the program was Dr. Praveen K. R, Asst. Professor, Malayalam department of Sree Sankara Vidyapeetom College, Valayanchirangara. The remembrance speech was very inspiring and honoring. The keynote speaker and the late. Sri. S. Remeshan Nair holds a good friendship which made the listeners to know more deep about him. Our chief guest was also a singer which made the talk more interesting with his melodious songs. His words about the great personality was simple yet remarkable. The NSS program officer Fr. Byju Mathew also addressed the session. NSS Volunteer kumari. Anuradha. H. made the time mesmerizing with her beautiful song dedicated to late. S. Remeshan Nair.

The event concluded by the vote of thanks by the NSS Volunteer Secretary, Arya Sabu at 7.30 pm. Around 72 students attended the program. After this event the Music day Quiz 'Devasangeetham' took place on the same google meet. The Quiz master was Neethu Mariya Joseph. Total 15 questions were asked in two rounds. About 50 students participated in the Quiz competition. The 1st prize was won by Harithasree. S., 2nd position by Athira Bose and 3rd by Akshara Kannan. The winners were awarded with e-certificates. The program was overall a great success and enjoyed by all.

## FEW GLIMPSES OF THE EVENT



## MUSIC QUIZ

A poster for a Music Quiz event. The background is red with silhouettes of people raising their hands. At the top, it says 'BISHOP CHULAPARAMBIL MEMORIAL COLLEGE KOTTAYAM' in white. Below that, on the left, is the National Service Scheme (NSS) logo, and on the right is the college crest. The text 'NATIONAL SERVICE SCHEME UNIT NO.8' is in the center. Below that, it says 'PRESENTS' in a handwritten style. The main title 'MUSIC QUIZ' is in large, bold, white letters. Below the title, it says '21ST JUNE WORLD MUSIC DAY' in white. In the bottom left corner, there is a section with the text 'ON' above a Zoom logo and the ID 'ivn-rqqm-nwc'. Below that, it says 'AT 7.30PM - 8.30PM'. Further down, it says 'For more info contact' followed by 'Rajalakshmi E.J.' and the phone number '90377 29825'. In the bottom right corner, it says 'CHALLENGE YOUR MUSICAL KNOWLEDGE' in a stylized font.

**BISHOP CHULAPARAMBIL MEMORIAL COLLEGE KOTTAYAM**

 **NATIONAL SERVICE SCHEME UNIT NO.8** 

PRESENTS

# MUSIC QUIZ

**21ST JUNE WORLD MUSIC DAY**

**ON**

 **ivn-rqqm-nwc**

**AT 7.30PM - 8.30PM**

For more info contact  
Rajalakshmi E.J.  
90377 29825

**CHALLENGE YOUR MUSICAL KNOWLEDGE**

The NSS unit 8 of Bishop Chulaparambil Memorial College, Kottayam conducted a virtual meeting to celebrate 'World Music Day' on this pandemic era. The GEM group 1 LUCIFEROUS had made an impressive way to make it a fruitful one. Volunteers made an innovative idea to impress the audience and to catch the attention of all.

A musical quiz competition was also conducted by the volunteers to nourish the students. Most of the students in our college took part in the competition and winners were awarded with e-certificates too.

A feedback form was also collected from the NSS volunteers and we also marked the attendance. Although, the program was innovative and concluded with great success.

### **FEEDBACK**

**The NSS unit 8 of Bishop Chulaparambil Memorial College, Kottayam conducted a virtual meeting to celebrate ‘World Music Day’ on this pandemic era. The GEM group 1 LUCIFEROUS had made an impressive way to make it a fruitful one. Volunteers made an innovative idea to impress the audience and to catch the attention of all.**

**A musical quiz competition was also conducted by the volunteers to nourish the students. Most of the students in our college took part in the competition and winners were awarded with e-certificates too.**

**A feedback form was also collected from the NSS volunteers and we also marked the attendance. Although, the program was innovative and concluded with great success.**

### **Participant list**

## INTERNATIONAL DAY AGAINST DRUG ABUSE





ജില്ലാ വനിതാ ശിശു വികസന ഓഫീസ്  
& മഹിളാ ശക്തി കേന്ദ്രം  
കോട്ടയം



ഒന്നാം നില, സിവിൽ സ്പേഷൽ, കോട്ടയം, പിൻ: 686002  
ഫോൺ: 9496235103/9446938500



വെബിനാർ

ജൂൺ 26  
അന്താരാഷ്ട്ര ലഹരി വിരുദ്ധ ദിനം

## "ലഹരിയുടെ വസ്തുതകൾ പങ്കുവെക്കാം ജീവിതങ്ങളെ രക്ഷിക്കാം "

ഉദ്ഘാടനം : ശ്രീമതി. ബിജി പി ( ജില്ലാ വനിതാ ശിശു വികസന ഓഫീസർ )

ആശംസ : ശ്രീമതി. ഹെലിന രാജൻ ഫിലിപ്പ്( വുമൺ വെൽഫെയർ ഓഫീസർ, MSK )

വെബിനാർ നയിക്കുന്നത് : ശ്രീ. ഗോപാലകൃഷ്ണൻ (Rtd. എക്സൈസ് ഇൻസ്പെക്ടർ)



തീയതി : 26.06.2021  
സമയം : 3:00 പിഎം

ജില്ലയിലെ വിവിധ  
കോളേജുകളിലെ NSS  
വോളന്റിയർമാർ , NCC  
കേഡറ്റുകൾ എന്നിവർ  
പങ്കെടുക്കുന്നു.

**BISHOP CHULAPARAMBIL MEMORIAL COLLEGE KOTTAYAM**



**NATIONAL SERVICE SCHEME UNIT NO.8**



PRESENTS

# **INTER-COLLEGE POSTER MAKING COMPETITION**

**On Fight against drug abuse and illicit trafficking**

**JUNE 26 – INTERNATIONAL DAY AGAINST DRUG ABUSE  
AND ILLICIT TRAFFICKING**

**SUBMIT YOUR ENTRIES TO  
@nssbcm666@gmail.com**

**DUE : 27/06/2021**

**FOR MORE INFO CONTACT  
RAJALAKSHMI E.J. - 9037729825  
ARYA SABU - 7736867063**

*"Up with hope down with dope"*

## REPORT

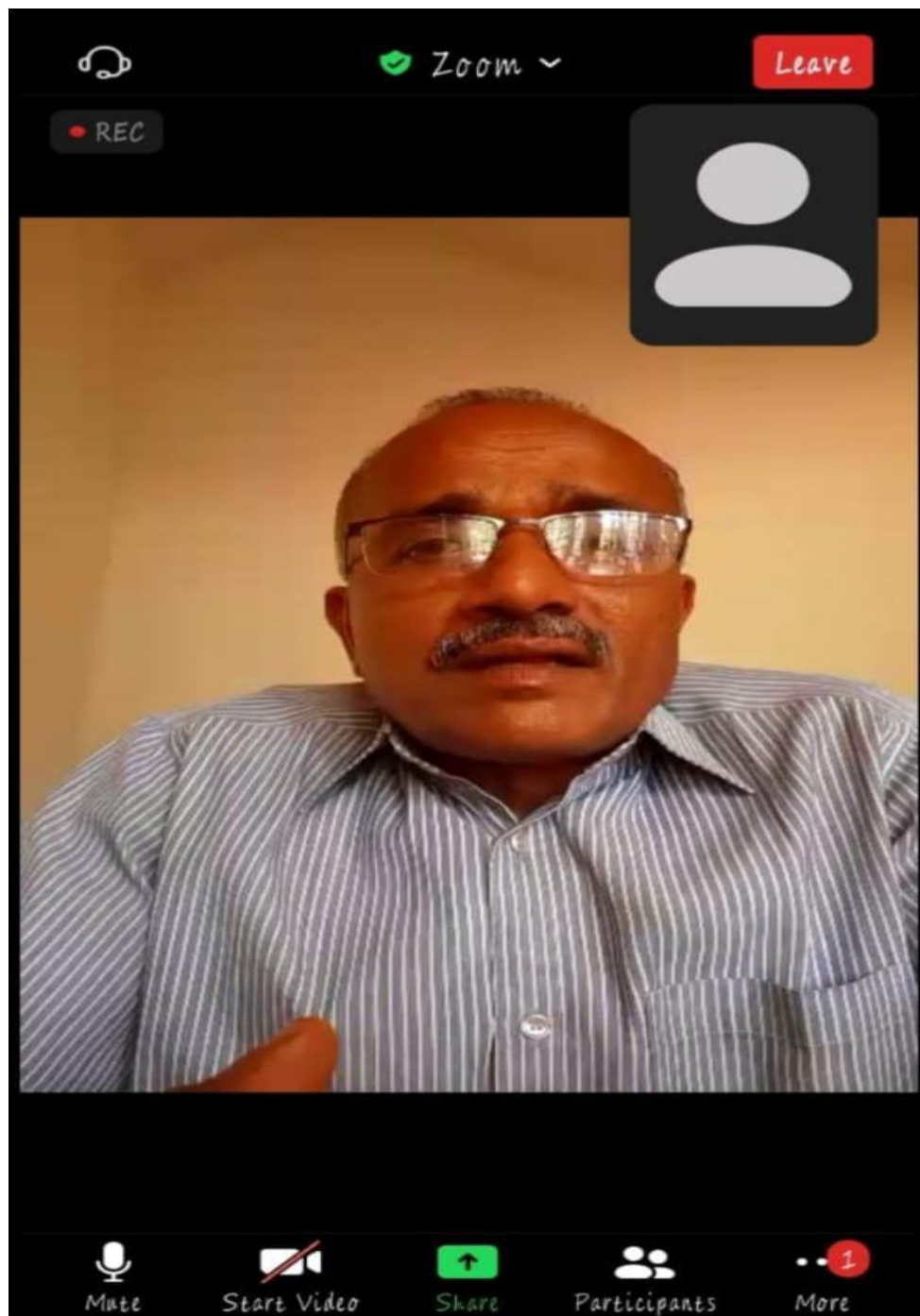
The UN General Assembly decided to observe 26 June as the International Day against Drug Abuse and Illicit Trafficking as an expression of its determination to strengthen action and cooperation to achieve the goal of an international society free of drug abuse. To mark this occasion Ministry of Women & Child Development and Mahila Shakthi Kendra Kottayam conducted webinar on June 26th 2021. The webinar started at 3:00 pm and gave many insights about drugs and how it affects the life.

The webinar was inaugurated by Smt. Biji P., Officer, Ministry of Woman & Child Development and Smt. Heleena Rajan Philip, Women Welfare Officer felicitated the function. The webinar was led by Mr. Gopalakrishnan, Rtd Excise Inspector. He gave a wide outlook into different types of drugs available and used, its side effects and health hazards associated with it. It was really a valuable talk for preventing drug abuse to all age groups. The event concluded by the vote of thanks. The webinar was concluded with a discussion session, that was interactive, interesting and informative.

We also organized an Inter-collegiate Poster making competition on the basis of fight against drug abuse and illicit trafficking . The competition was conducted by Gem group 1-LUCIFEROUS. The competition is open to all the UG students under MG university. Paper posters are only accepted. Posters should be of one's own idea (copies are not accepted ). Only one participation is allowed. The competition started from 23 June 2021 and last date of submission is 27/06/2021. The entries were sent to the official NSS e-mail id. Participation from around 21 colleges under MG University were given. The winners of the competition were Anna Biju, Sree Narayana Arts & Science College (1<sup>st</sup> prize), Jeena Saji, Mar Thomas College Thiruvalla ( 2<sup>nd</sup> prize) and Ashwani Shibu, K. G College, Pampady (3<sup>rd</sup> prize). All the winners were awarded with e-certificates. The program coordinators were Rajalakshmi E. J and Arya Sabu.

Twenty two BCM NSS volunteers participated in the webinar along with volunteers of other colleges in and around Kottayam. The webinar was held on ZOOM. The program was effective and enlighten for the youth of this day.

## FEW GLIMPSES OF THE EVENT



57

• REC

S



Sandra Sunil



GK കായം...



Aksa Merlin Thomas



dwcd o kottayam



We also marked the attendance of our NSS volunteers and it is listed below:

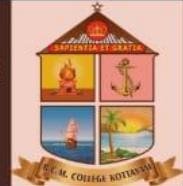
1. Arya Sabu, B A English m1
2. Sandra B S, BSc Computer science
3. Lakshmi Chandran K, BA English m 1
4. Riya Reji, FACS
5. Adithya Suresh, BSc Computer Science
6. Devika S, FACS
7. Athulya S Nair, BA English m 1
8. Sandra M S, B A English m1
9. Chandhana K Shibu, Bsc chemistry
10. Anila T Sunny, Bsc physics
11. Jyothilakshmi D, Bsc physics
12. K Anu, BCom finance and taxation
13. S Amrutha Krishna, Bsc physics
14. AJ Fissa Fathima, BA English m 1
15. Shilla Mariya Shibu, Bcom CA
16. Aleenamol J, Zoology
17. Sunitha Mary Joy, B A English m1
18. Jilu Joji, Zoology
19. Ananya Raju, Bsc physics
20. Stephy Stephen, BCom Finance and taxation
21. Rajalakshmi E J, BA economics
22. Praveena S, FACS

# WINNERS OF POSTER MAKING COMPETITION

**BISHOP CHULAPARAMBIL MEMORIAL COLLEGE KOTTAYAM**



**NATIONAL SERVICE SCHEME UNIT NO.8**



## **INTER-COLLEGE POSTER MAKING COMPETITION**

**JUNE 26-INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING**

### **WINNERS**

#### **FIRST**



**ANNA BIJU**  
**SREE NARAYANA ARTS & SCIENCE**  
**COLLEGE KUMARAKOM**

#### **SECOND**



**JEENA SAJI**  
**MAR THOMA COLLEGE,**  
**THIRUVALLA**

#### **THIRD**



**ASHWANI SHIBU**  
**KG COLLEGE PAMPADY**

**CONGRATULATIONS WINNERS**

## CHYAKOPPAYILE LOKAKARIYAM –DISCUSSION PLATFORM



“Any young man, who makes dowry a condition to marriage, discredits his education and his country and dishonours womanhood”

- Mahatma Gandhi

Bishop Chulaparambil Memorial College, NSS Unit no. 8 has conducted ‘CHAYAKOPAYILA LOKHAKARIYAM’ on June 10th ,2021. The program was conducted by the NSS Volunteers of Gem Group 7 ‘QUEEN BEES’. The major event of the day was a discussion about ‘DOWRY’. The online discussion program ‘CHAYAKOPAYILA LOKHAKARIYAM’ started at 5PM. The welcome speech was given by the NSS volunteer Kumari. Anju K. K followed by the NSS Anthem by Kumari Athira Dileep.

All the members of the Gem Group 7 Talked about their opinion on Dowry followed by Fr. Byju Mathew expressing his views on History of Dowry System and conveyed his opinion about Dowry and also explained the Feudal System of British our

NSS program officers Smt. Elizabeth V John and Bijoy Mathew spoke about their opinion on Dowry and advised the NSS Volunteers to become independent women. Later, each member from each Gem Groups expressed their views about Dowry.

Dowry is a social evil in the society that has caused unimaginable tortures and crimes towards women. The evil has taken lives of women from all strata's of society – be it poor, middle class or the rich. However it is the poor people who succumb and fall prey to it, more due to their lack of awareness and education. It is because of the dowry system, that daughters are not valued as much as the sons. In the society, many a times it has been seen that they are seen as a liability and are often subjected to subjugation and are given second hand treatment may it be in education or other amenities. Today the government has come up with many laws and reforms, not only to eradicate the dowry system, but also to uplift the status of the girl child by bringing in many schemes. It is now for the society at large to become aware and understand the situation. It is up to all of us to take active steps in bringing about the necessary change and stop either giving or taking dowry. We must all know that we should start valuing our daughters first, so that others know their value once they grow up. The program was conducted on Google Meet. Around 70 students attended the Program . The event concluded by the Vote of Thanks by the NSS Volunteer Kumari Anakha Anil at 7:00 pm



## PAPER BAG DAY



Paper bags are an environment-friendly alternative to the harmful plastic bags and "Paper Bag Day" is celebrated worldwide on July 12. The day aims to spread awareness about using paper bags instead of plastic to help reduce plastic waste that takes thousands of years to decompose.

American inventor, Francis Wolle, has been credited for his patent of the first paper bag machine in 1852. The "Mother of the Grocery Bag" - Margaret E. Knight in 1870 designed the square, flat bottomed bag, and the machine that would fold and paste them. Millions of people have switched to paper bags which are reusable as well as recyclable. Not only are they biodegradable, they can withstand a lot of pressure. They are also easy to handle. Paper bags are also more preferred by many who are conscious about the environment and appreciate brands that opt for paper instead of plastic. The fact that a large number of people are eco-friendly; biodegradable paper bags are much appreciated by customers.

On this special day, Bishop Chulaparambil Memorial College, Kottayam NSS unit :8 conducted "thought Competition" on behalf of 'world paper bag day' on 12 July 2021, on the topic "raise a hand for paper". The interdepartmental competition is organized by (group-8)'SILA' of NSS, GEM group

BISHOP CHULAPARAMBIL MEMORIAL COLLEGE KOTTAYAM



NATIONAL SERVICE SCHEME UNIT No. 8

SILA PRESENTS



## *Raise a hand for paper* **THOUGHT COMPETITION**

*National Paper Bag Day*  
*12 th July*

submit your entries to  
nssbcm666@gmail.com  
for More info contact  
Krishnapriya.m-8590538908  
arya.k.s-8589843201

*"Use paper bag, not plastic bag"*

## **Thought competition**

### **GUIDELINES**

- # the event is open for all students , teachers and staff,
- # entries must be of one's own creation (should not be copied)
- # entries should be on paper
- # entries can include ,writings,essays,painting, drawing articles,captions ,etc
- # can use any language
- # winners will be awarded with e-certificates
- # decision of judges will be final
- # last date for submission is 14 july 2021
- # it is mandatory for all the nss volunteers to participate in this programme
- # submit your entries to, nssbcm666@gmail.com

## ONLINE CULTURAL FEST



Tell me, and I forget, teach me, and I may remember, involve me and I learn”.

-Benjamin Franklin

These golden words can be aptly related to a student’s journey, starting their admission in college and emerging as a high-spirited leader. Across the stretch of the country, the culture of celebrating college festivals is widespread. The vibrant college life is incomplete without a fest and constitutes a major part of the life of students. It etches a mark on the academic calendar and students look forward to the dates. Fests provide a platform for students to showcase one’s unique talents and are important in the holistic development of the personality of the students, providing a break from the monotonous routine of evaluation and academics. .

Bishop Chulaparambil Memorial College , NSS unit no 2 SCINTILLA organized an online video presentation about ‘online classes’ on 26th July 2021 at 4pm to entertain our volunteers and to nourish them . The program began with NSS anthem followed by the welcome speech of Anaswara Rajesh , Secretary of GEM group 2 , The video was created by the group members of SCINTILLA. The video is about how students attitude during online classes. The video was concluded with a message of present

day situation. The NSS program officers, Mr. Bijoy Thomas and Dr. Elizabeth V John speaks about the video and shared their attitude towards the present situations. The vote of Thanks was given by GEM 2 leader ,Smruthymol Samkutty . The video was created with a funny way and it was so enjoyable and thoughtful. The program was conducted through Google meet and concluded by 4.30 pm .

Hence, all our students were unhappy due to the pandemics and online classes. We missed the pleasurable moment of college life . But the effort taken by the teachers were also beyond words. On the concluding session, we leave a message to the students to hopefully wait for the pandemic get over and to start our brimming college life ahead.

**KARGIL VIJAY DIVAS**

*BISHOP CHULAPARAMBIL  
MEMORIAL COLLEGE,  
KOTTAYAM*

**NSS UNIT : 8**



July 26 is observed as Kargil Vijay Divas in the memory of soldiers who sacrificed their life in Kargil war. It took place from May 3 to July 26, 1999 after the Pakistani troops were identified at top of the Kargil hills. As the fight came to an end on July 26, 1999, when Indian troops established victory by recapturing all the Indian posts that had been occupied by Pakistani infiltrators. This day commemorates the success of ‘Operation Vijay’ which was launched to take back the Indian territories captured by the Pakistani intruders in the Kargil-Drass sector in 1999. The nation will always remember the brave soldiers who sacrificed their life fighting for the nation by showcasing exemplary courage.



**BISHOP CHULAPARAMBIL MEMORIAL COLLEGE KOTTAYAM**  
NATIONAL SERVICE SCHEME UNIT NO.8



BCM NSS GEM GROUP  
SCINTILLA PRESENTS

# KARGIL VIJAY DIVAS

**Saluting the real heroes of India**

Let us remember the sacrifice made by the  
Indian Army for us, for India.

Google Meet : <https://meet.google.com/vqy-rngm-enm>

Bishop Chulaparambil Memorial College , NSS unit no 2 SCINTILLA organized a program in connection with Kargil Vijay Diwas on 26th, July 2021 at 6pm .The program began with NSS anthem followed by the welcome speech of Smruthymol Samkutty ,the leader of

GEM group 2. The presidential address was given by the principal of BCM college, Dr. Stephy Thomas. The keynote speaker of the program was the Retired Subedar of Indian Army, Sri. Chandra Monahan. He spoke about the Kargil War. He also shared his experience and memories when he was in service. The NSS program officers Mr. Bijoy Thomas and Dr. Elizabeth V John spoke a few words about the importance of the day. Vote of thanks was given by the NSS Gem 2 secretary, Anaswara Rajesh. The program was very informative and his speech made every student proud of their nation. The program was conducted through Google meet and concluded at 7 pm.

On this special day, we express our sincere gratitude to all the soldiers of our country. Thank You for giving us that fraternal freedom of oneness we experience. Thank You for assuring us peaceful sleep. We marvel at your ensuring readiness to venture into deadly territories just for the sake of your motherland and its citizens. Thank you for shedding your blood to save us.

**BISHOP CHULAPARAMBIL MEMORIAL COLLEGE KOTTAYAM**  
NATIONAL SERVICE SCHEME UNIT NO.8

**KARGIL DAY**  
PROGRAMME SCHEDULE

**DATE : 26th July, 2021**  
**TIME : 6 PM**

1. PRAYER SONG	: NSS Prayer song
2. WELCOME SPEECH	: Kumari. Smruthimol Samkutty (Leader ,GEM 2)
3. PRESIDENCIAL ADDRESS :	Dr.Stephy Thomas (Principal)
4. KEYNOTE ADDRESS	: Sir. Chandhra Mohanan (Retired Subedar, Indian Army)
5. VOTE OF THANKS	: Kumari. Anaswara Rajesh (Secretary)

BY

REMEMBERING THIS DAY, WE EXPRESS OUR SINCERE GRATITUDE TO ALL THE INDIAN SOLDIERS.



**CULTURAL FEST ONLINE**

# **BISHOP CHULAPARAMBIL MEMORIAL COLLEGE, KOTTAYAM**

**NSS UNIT : 8**

*Presents : "An Online Cultural Fest"*

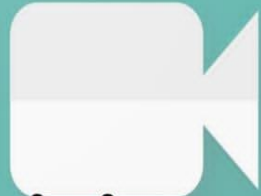


*" It's always important to invest in young talents and the talents of tomorrow. "*

July 26, 2021



**BISHOP CHULAPARAMBIL MEMORIAL COLLEGE KOTTAYAM**  
NATIONAL SERVICE SCHEME UNIT NO.8

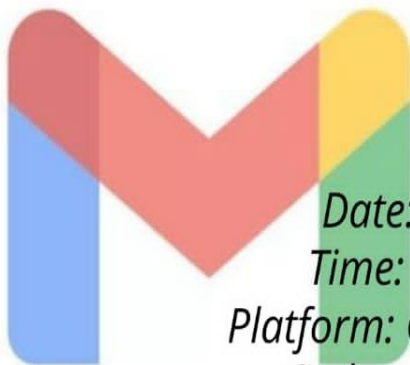


ബി.സി.എം എൻ.എസ്.എസ് ജെം ഗ്രൂപ്പ് 2,  
SCINTILLA അവതരിപ്പിക്കുന്നു



# ONLINE ദിനങ്ങൾ..

AN ONLINE VIDEO PRESENTATION.



*Date: 26/07/2021*

*Time: 4 PM*

*Platform: Google Meet*

*Code: zzm-vjra-apu*

# REPORT

“Tell me, and I forget, teach me, and I may remember, involve me and I learn”.

-Benjamin Franklin

These golden words can be aptly related to a student's journey, starting their admission in college and emerging as a high-spirited leader. Across the stretch of the country, the culture of celebrating college festivals is widespread. The vibrant college life is incomplete without a fest and constitutes a major part of the life of students. It etches a mark on the academic calendar and students look forward to the dates. Fests provide a platform for students to showcase one's unique talents and are important in the holistic development of the personality of the students, providing a break from the monotonous routine of evaluation and academics. .

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## MANGO DAY CELEBRATION



Mango is mostly grown in india`s tropical region , and now the second largest production is made by china.This made the mango day celebration important to all countries.

Bishop Chulaparambil memorial college , NSS unit , gem group 3( FOREVER TIES)has organised a food making competition in which mango was a basic ingredient. This was based on the Mango Day celebrated on 22nd July 2021. This was conducted by the NSS volunteers Karthi, Alka,Afrah,Aleena,Aksa,Anjali,Anuradha, and Jilu. Each student from all gem group attended this competition. The video presentation of dishes were not allowed , maximum of two sildes of pictures was allowed in their presentation. Mango should be an ingredient in the dish. The Final judgment was based on creativity of their presentation. The participation time were opened from 22nd July 2021 until 28th July 2021. The entries were sent to our official NSS email. The winners of the Competition were:

- Jyothis Thomas (Zoology Department II DC)
- Shahiya Sunil( Zoology Department II DC)
- Anshwara Rajesh (Botany Department II DC)

**'KANAL' AN ONLINE GENDER AWARENESS  
PROGRAMME**

**BISHOP CHULAPARAMBIL  
MEMORIAL COLLEGE, KOTTAYAM**

*NSS unit 8*



*"Strength has no gender".*

  
 കേരള സർക്കാർ

## KANAL - An Online Gender Awareness Programme

### BISHOP CHULAPARAMBIL MEMORIAL COLLEGE KOTTAYAM







**Google Meet joining info :-**  
 [sxa-rozf-ntr](https://meet.google.com/sxa-rozf-ntr)



**YouTube Link :-**  
 <https://youtu.be/Ttt-JlUEO9M>

**Keynote Address**



**Smt. Bennee Wilson**  
Gender Trainer

**28 July 2021**  
**2:30 PM**

**Presidential Address**





**Dr. Annu Thomas**  
Vice Principal  
BCM College Kottayam



Bishop Chulaparambil Memorial College NSS Unit together with NCC unit organized the 6th Campaign of 'KANAL' an online gender awareness programme on 28/07/2021 at 2.30pm. KANAL is a gender awareness training program conducted over all college among students to acknowledge them regarding the importance of gender equality which is introduced by District Women Welfare Association and Mahila Shakti Kendra. The program commenced with NSS theme song. The welcoming address was given by Smt. Heleena Rajan Philip, the Women Welfare Officer, Mahila Shakti Kendra. She stressed on the impact of the program on students as well as on the society. She also explained the aim and goals of the campaign 'KANAL'.

The presidential address was given by Dr. Annu Thomas the vice principal of BCM College, Kottayam. She discussed about the concerns faced by society about Gender inequality and the long history for establishing a gender equal society.

The keynote Address was given by Smt. Benne Wilson, Gender trainer. The session was very informative for everyone. She covered all the aspects regarding gender equality so as to create a resourceful, productive and peace atmosphere in our homes, working space and society. Last but not the least the vote of thanks was given by Ms. Athira Muralidharan, NCC Cadet. The program was splendid, relevant and enterprising.

' NSS volunteer and NCC Cadidets combine together to paste posters on public places like transport bus stand , jilla hospital municipality etc...to promote public awareness about KANAL.

**BISHOP CHULAPARAMBIL MEMORIAL COLLEGE, KOTTAYAM**



**KANAL : AN ONLINE GENDER AWARENESS PROGRAMME**  
**DATE: 28/7/2021**  
**TIME: 2:30 PM**

**1. Prayer song** : NSS Prayer Song

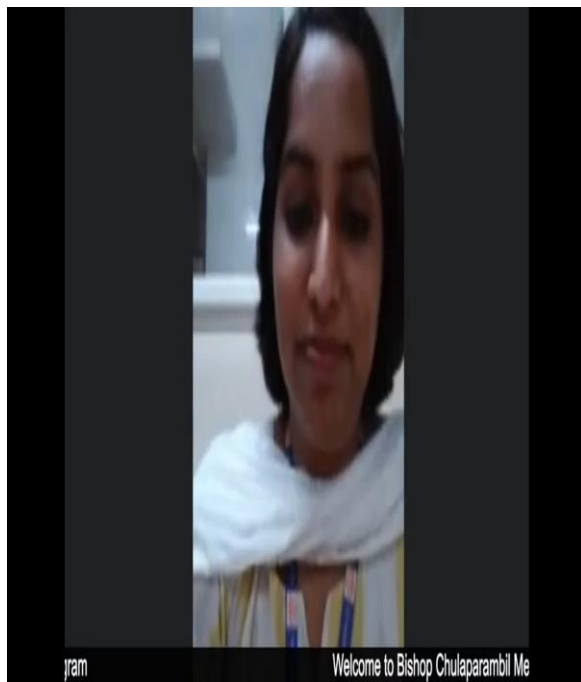
**2. Welcome speech** : Smt. Heleena Rajan Philip  
*Women Welfare Officer*  
*Mahila Shakthi Kendra*

**3. Presidential Address** : Dr. Annu Thomas  
*Vice principal*  
*BCM College, Kottayam*

**4. Keynote Address** : Smt. Benne Wilson  
*Gender Trainer*

**5. Vote of Thanks** : Ms. Athira Muralidharan  
*NCC Cadet*

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## WORLD NATURE CONSERVATION DAY

### *BISHOP CHULAPARAMBIL MEMORIAL COLLEGE, KOTTAYAM*

**NSS UNIT: 8**



*Be kind to the Earth and spare a  
day in taking care of it.*

JULY 28, 2021



**BISHOP CHULAPARAMBIL MEMORIAL COLLEGE  
NATIONAL SERVICE SCHEME UNIT NO-8**

**GEM GROUP INCREDIBLES**

**PRESENTS**

**28th JULY**

**WORLD NATURE CONSERVATION DAY**

**1.TREE PLANTING**

**2. NATURE PHOTOGRAPHY COMPETITION**

**Submit your entries to :**

**nsbcm666@gmail.com.**

**bcmcollegenss2021@gmail.com**

**Deadline:**

**On or before 31st july**

**5pm**

**For more information :**

**SUNITHA MARY JOY: 8078826277**

**SREELAKSHMI :9745388325**

**Guidelines**  
**Tree planting.**

**1. Plant any tree or seedlings available.**

**2.mandatory for all the volunteers.**

**3.Take a photo of you planting the trees.**

**Nature photography competition**

**1.Use mobile phones or digital cameras only.**

**2.No edited images are allowed.**

**3.Any photo related to nature can be sent.**

# REPORT

**“Save the trees, save the Earth, We are the guardians of nature’s birth.”**

World Nature Conservation Day is observed every year on July 28 to raise awareness to protect Mother Earth. Conservation is the principle of resource use, allocation, and protection of the health of the natural world. So the current circumstances have led to the extinction of many species on planet earth. This day is celebrated to create and increase awareness about the importance of natural resources and how one can live sustainably. The day encourages people to save and protect Earth’s natural resources that are fast-depleting owing to over-exploitation and even misuse.

Bishop Chulaparambil Memorial College, Kottayam NSS unit :8 has organized 'A Planting and Photography Competition ' on behalf of “World Nature Conservation Day”. The program was conducted by gem group 6 “Incredible’s”. The competition was open to all the NSS volunteers. Every gem group was requested to participate in the program . Certain guidelines were also provided by our faculty members to the participants. Photography must be original , editing that affect the genuiness of photo is strictly forbidden in the competition. The competition started from 27<sup>th</sup> July, 2021 and ended on 31<sup>st</sup> July, ,2021.The entries were sent to the official NSS Mail ID. Participation from every GEM groups were also marked. Finally , we decided the winners of the competition as Group 5 BEYONCE’S (1<sup>st</sup> prize), Group 10 AMIGOS ( 2<sup>nd</sup> prize) and Krishnananda NSS Gem Coordinator (3<sup>rd</sup> prize).The program coordinators were Sunitha Mary Joy and Sreelakshmi Biju.

This day also recognizes that a healthy environment is a foundation for a stable and productive society. This also remarks and ensure the well-being of present and future generations. Together, let’s unite and work for the conservation of our mother environment.

# WINNERS OF THE COMPETITION



BISHOP CHULAPARAMBIL MEMORIAL COLLEGE KOTTYAM



NATIONAL SERVICE SCHEME UNIT NO-8

WORLD NATURE CONSERVATION DAY

PHOTOGRAPHY COMPETITION



**1ST PRICE**  
**SRUTHY MS**  
**GROUP 5**  
**BEYONCE'S**



**2ND PRICE**  
**MALAVIKA SHAJI**  
**GROUP 10**  
**AMIGOS**



**3RD PRICE**  
**KRISHNANANDA NS**  
**GEM COORDINATOR**

## INTERNATIONAL TIGER DAY



**BCM College Kottayam**  
Bishop Chulaparambil Memorial College



**NATIONAL SERVICE SCHEME UNIT No.8**

*Unicus*  
Nss gem group-4  
Presents



**MNEMONIC WRITING**

*In connection with*

**INTERNATIONAL  
TIGER DAY**



**On 29th JULY 2021**

# GUIDELINES

1. Participants must create a Mnemonic writing on the word "TIGER."
2. It must be of your own creation, plagiarism is not allowed.
3. At least one member from each NSS gem group should participate..
4. Entries should be submitted on 27th JULY 2021 before 5pm.

Send your entries to  
[bcmcollegenss2021@gmail.com](mailto:bcmcollegenss2021@gmail.com)  
[nssbcm666@gmail.com](mailto:nssbcm666@gmail.com)



# REPORT

Global Tiger Day, often called International Tiger Day, is an annual celebration to raise awareness for tiger conservation, held annually on 29 July. It was created in 2010 at the Saint Petersburg Tiger Summit in Russia. The goal of the day is to promote a global system for protecting the natural habitats of tigers and to raise public awareness and support for tiger conservation issues.

Tiger is a royal and majestic animal which plays a vital role in maintaining the health and diversity of an ecosystem. It is a top predator and sits at the apex of the food chain. Tigers contribute by keeping the population of wild ungulates in check, therefore the balance of prey herbivores and the vegetation upon which they feed is maintained. The cutting down of trees which leads to habitat loss, hunting, and illegal trading of tiger's body parts are some of the prime factors behind the decline in tiger population. Unfortunately, tigers are one of the species that is nearing extinction. Therefore, to spread awareness on tiger conservation, International Tiger Day or Global Tiger Day is celebrated every year on July 29.

On this day, Bishop Chulaparambil Memorial College, Kottayam NSS unit :8 conducted 'MNEMONIC WRITING' on the word TIGER . The program host were GEM group : 4 'UNICUS'. Time allowed for submitting the same was from 25<sup>th</sup> of July to 27<sup>th</sup> of July. The group UNICUS has also presented a video on 'INTERNATIONAL TIGER DAY & TIGER CONSERVATION' . The video also contain the MNEMONIC WRITINGS submitted by the NSS volunteers of Bishop Chulaparambil Memorial college. The video was officially presented by UNICUS group leaders Shreya Prasad and Navya Sreekumar on 29<sup>th</sup> of July 2021 through the NSS official WhatsApp group.

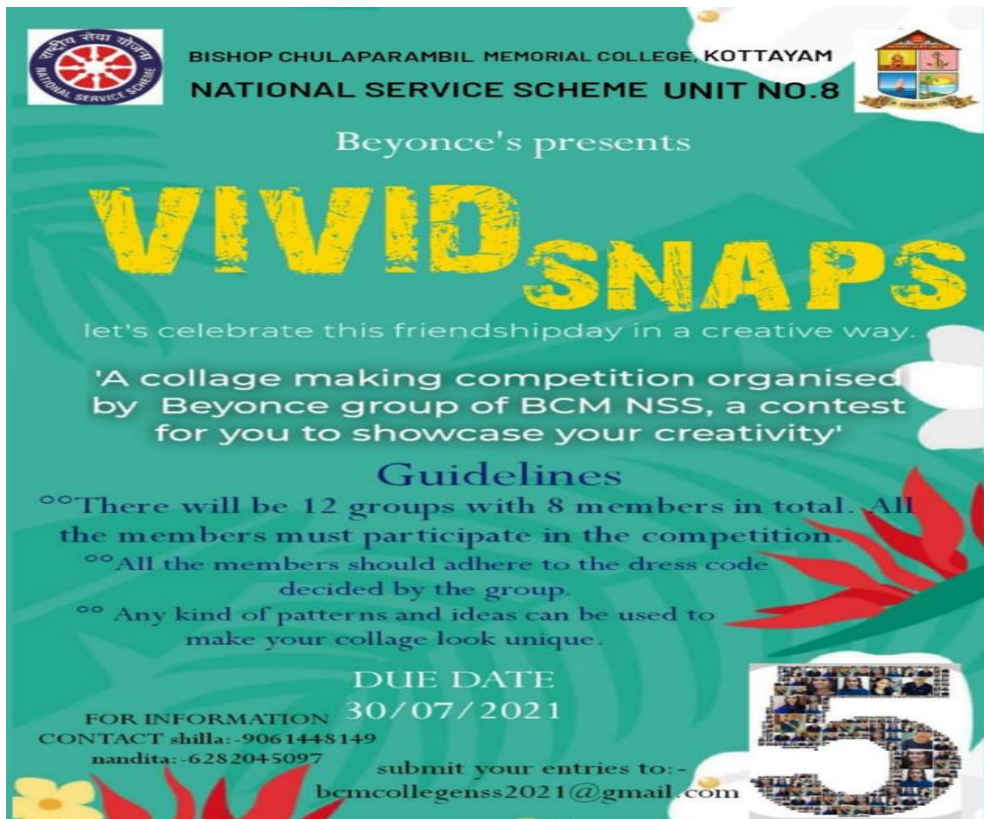
## NATIONAL FRIENDSHIP DAY

# *BISHOP CHULAPARAMBIL MEMORIAL COLLEGE, KOTTAYAM*

**NSS Unit : 8**



*"There are friends there is family, and there  
are friends that become family."*



National Friendship Day occurs every year on the first Sunday of August — August 1, 2021 — and celebrates the importance of loving platonic relationships. Friendships are the purest type of human relationships. For more than a century, we’ve celebrated the strength of friendship, and thanks to social media, we’re able to continue celebrating with our friends no matter where they are in the world.

Bishop Chulaparambil Memorial College, NSS unit organized a collage making competition (VIVID snaps) on the basis of International Friendship Day on August 1st, 2021. The program was conducted by the NSS volunteers of gem group 5 Beyoncé’s.

The competition was open to all the NSS volunteers of our college. Every gem group members requested to compulsorily participate in the program and the members should adhere to the dress code decided by the group. Any kind of patterns and ideas can be used to make their collage unique. The competition started from July 27th, 2021 and last date of submission is July 30th, 2021. The entries were sent to official NSS email id. Participation from every group was given. We decided to find the winners of ‘Vivid snaps’ through a poll. All NSS volunteers voted for the eligible group. Volunteers are not allowed to cast vote more than once or vote their own group. The winners of the competition were group 11 CATALYST (1st prize), group 2 SCINTILLA (2nd prize) and group 12 CHANGAATHIKOOTTAM (3rd prize). The program coordinators were Shilla Shibu and Nandita Prasad.



BISHOP CHULAPARAMBIL MEMORIAL COLLEGE, KOTTAYAM

NATIONAL SERVICE SCHEME UNIT NO.8

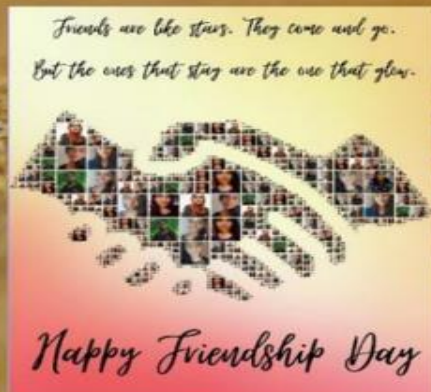


# FRIENDSHIP DAY

## COLLAGE MAKING COMPETITION WINNERS



1st prize



2nd prize



3rd prize

congratulations

Friend groups are often made up of people stemming from multiple different backgrounds. Just by being friends with someone different than ourselves, we're able to learn more about different backgrounds and break down any preconceived barriers. Just like any other human relationship, friendships can go through dark and difficult times. We all are different and it is ok to have arguments, but if it is a healthy relationship, we're able to endure it and become stronger together. Union makes us stronger, so it is ok to admit that we can't go through difficulties alone. This day reminds us that if we're feeling down, we can always share it with someone else and have company to get us through to better times.

## WORLD NATURE CONSERVATION DAY

Save the trees, save the Earth, We are the guardians of nature's birth."

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**BCM College**  
**BISHOP CHULAPARAMBIL MEMORIAL COLLEGE**  
**NATIONAL SERVICE SCHEME UNIT NO-8**  
**GEM GROUP INCREDIBLES**  
**PRESENTS**  
**28th JULY**  
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**BISHOP CHULAPARAMBIL MEMORIAL COLLEGE KOTTYAM**


**NATIONAL SERVICE SCHEME UNIT NO-8**

**WORLD NATURE CONSERVATION DAY**

**PHOTOGRAPHY COMPETITION**



**1ST PRICE**  
**SRUTHY MS**  
**GROUP 5**  
**BEYONCE'S**



**2ND PRICE**  
**MALAVIKA SHAJI**  
**GROUP 10**  
**AMIGOS**



**3RD PRICE**  
**KRISHNANANDA NS**  
**GEM COORDINATOR**

## CHAYAKOPAYILA LOKHAKARIYAM

Bishop Chulaparambil Memorial College, NSS Unit no. 8 conducted 'CHAYAKOPAYILA LOKHAKARIYAM' on August 1st, 2021. The program was conducted by the NSS Volunteers of Gem Group 8'SILA'. The major event of the day was a discussion about 'THE NEED TO ENSURE MINIMUM WAGES DURING LOCKDOWN'. The online discussion program started at 4PM. The welcome speech was given by the NSS volunteer Kumari. ARYA.

**BISHOP CHULAPARAMBIL MEMORIAL COLLEGE**  
**KOTTAYAM**  
**NATIONAL SERVICE SCHEME UNIT NO :- 8**



**ചായകോപ്പയിലെ ലോകകാര്യം**

**SILA PRESENTS -**  
**AN OPEN FORUM DISCUSSION**

**TOPIC :- WHETHER THE NEED TO ENSURE MINIMUM WAGES DURING LOCKDOWN**

*Date - August 1*  
*Time : 4 PM*



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## NATIONAL WOMEN'S DAY

“The day a woman can walk freely on the roads at night, that day we can say that India has achieved independence.” -Mahatma Gandhi

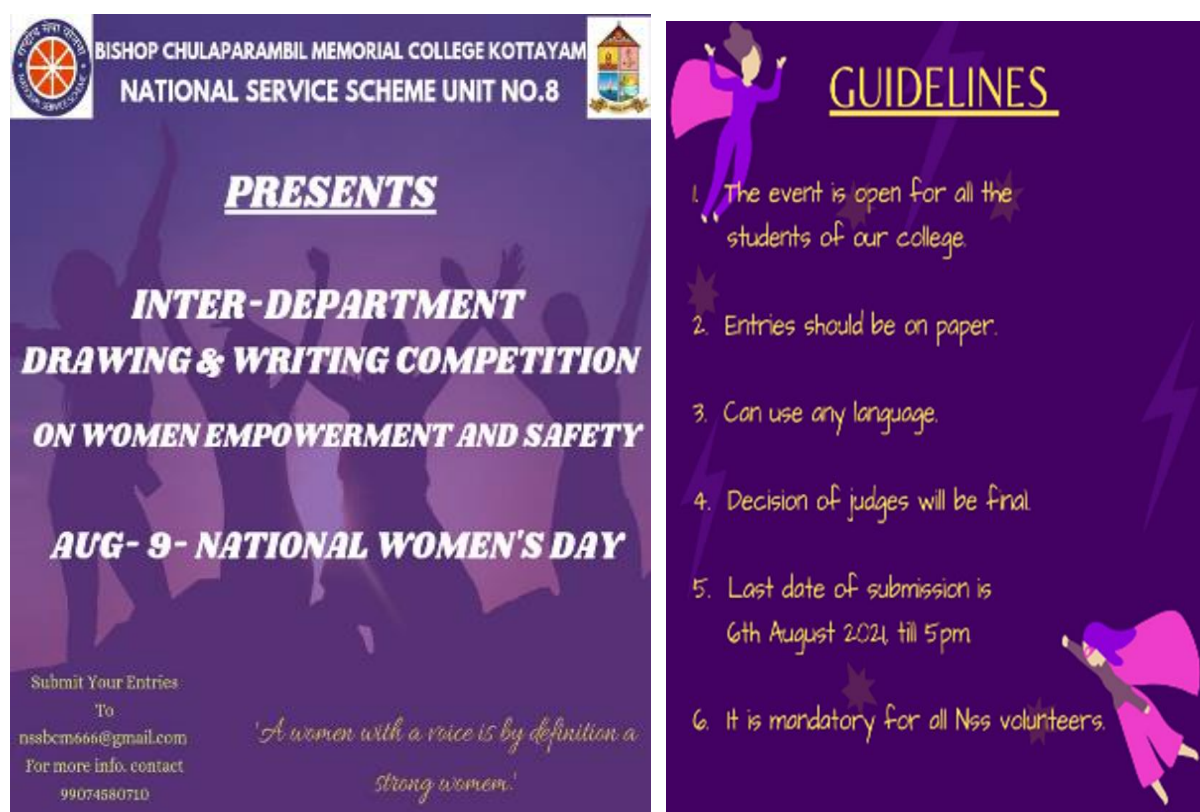
On August 9, 2021 we get to celebrate National Women's Day. This South African holiday is celebrated every year on a weekday. Women have had a long history of oppression, but every fight gets us one step closer to freedom and equality. On August 9, 1956, there was a staged march on the Union Buildings of Pretoria. Over 20,000 women of all races attended the march in order to protest against the Urban Areas Act of 1950 amendments. It was a peaceful protest but it made a difference, because of it we have National Women's Day.



This day also remarks the remembrance of 'The Nightingale of India', Sarojini Naidu. This year is the 142nd birth anniversary of Sarojini Naidu. In 1942, Mahatma Gandhi started Quit India Movement and British Government kept Sarojini Naidu in imprisonment for 21 months.

National Women's Day is observed to celebrate the social, cultural, political, and economic achievements of women.

On this special day, Bishop Chulaparambil Memorial College, Kottayam NSS unit :8 conducted 'A Writing and Drawing Competition' on behalf of National Women's Day on 9th August, 2021 on the topic 'Women Empowerment and Safety'. This interdepartmental competition was organized by Group 10, 'AMIGOS', of NSS GEM group. The Competition was aimed to bring the participation of all NSS volunteers and other departments of our college. We started the competition on 29th July, 2021 and concluded on 9th August, 2021. All the entries were sent to official NSS email id. Around 21 students participated in the competition and we finally decided the winners of both Writing Competition and Drawing Competition. We also shared a PowerPoint Presentation as a tribute to K. R. Gouri Amma, who was a powerful leader of Kerala and we presented the video to all NSS Volunteers to brush up their ideas and thoughts. Thus the Program was successfully organized.



**BISHOP CHULAPARAMBIL MEMORIAL COLLEGE KOTTAYAM**  
**NATIONAL SERVICE SCHEME UNIT NO.8**

**PRESENTS**

***INTER-DEPARTMENT  
DRAWING & WRITING COMPETITION  
ON WOMEN EMPOWERMENT AND SAFETY***

***AUG- 9- NATIONAL WOMEN'S DAY***

Submit Your Entries  
To  
nssbcm666@gmail.com  
For more info. contact  
99074580710

*'A women with a voice is by definition a strong women.'*

**GUIDELINES**

1. The event is open for all the students of our college.
2. Entries should be on paper.
3. Can use any language.
4. Decision of judges will be final.
5. Last date of submission is 6th August 2021, till 5pm.
6. It is mandatory for all Nss volunteers.

National Women's Day draws attention to significant issues women still face, such as parenting, domestic violence, and sexual harassment in the workplace, pornography, unequal pay, and schooling for all girls. It can be used as a day to fight for or protest these ideas. National Women's Day is based around much of the same principles as International Women's Day, and strives for much of the same freedoms and rights. Together, let's unite and work for the 'Dignity and Empowerment of Women'.

## WINNERS OF THE COMPETITION



• **Winners of the writing competition were:**

- Asbiliya S Nair-1st prize
- Anjana P. B - 2nd prize
- SherinShaji - 3rd prize

• **Winners of the drawing competition were:**

- Abhirami Santhosh- 1st prize
- Arya K.S - 2nd prize
- Sunitha Mary Joy -3rd prize.

-Participants of writing competition:

- Aleena John
- Anjana P B
- Asbiliya S Nair
- Devika C S
- Krishnapriya Manoj
- Mareena S. K
- Neethu Mariya Joseph
- Praneetha N.
- Sherin Shaji
- Shinu Skariah
- Sneha Mathew

-Participants of drawing competition:

- Abhirami Santhosh
- Amaya P Manoj
- Amritha Krishna
- Arya K S
- Athulya S Nair
- Lakshmi R Nair
- Malavika Shaji
- Sunitha Mary Joy
- Jyothilakshmi D
- Krishnananda N S

## WORLD ORGAN DONATION DAY

# BISHOP CHULAPARAMBIL MEMORIAL COLLEGE, KOTTAYAM

NSS unit :8





ബി സി എം കോളേജ് കോട്ടയം  
നാഷണൽ സർവീസ് സ്കീം യൂണിറ്റ് നം :8



ജെം ഗ്രൂപ്പ് 12 - ചങ്ങാതിക്കുട്ടം  
അവതരിപ്പിക്കുന്ന

ദേശീയ അവയവദാന ദിനം  
ഓഗസ്റ്റ് 13

പുതുജീവൻ നൽകാം...

(പ്രഭാഷണം:



ഫാ. ഡേവിസ് ചിറമേൽ  
കിഡ്നി ഫ്രൈറേഷൻ അധ്യക്ഷൻ

ഓഗസ്റ്റ് 13, 2021  
വൈകുന്നേരം 4 മണിക്ക്



<https://meet.google.com/ugs-gwrk-awh>



ബി സി എം കോളേജ് കോട്ടയം  
നാഷണൽ സർവീസ് സ്കീം യൂണിറ്റ് നം : 8



പുതുജീവൻ നൽകാം...

കാര്യപരിപാടികൾ

എൻഎസ്എസ് ഗീതം

സ്വാഗതം:

ബിജോയ് തോമസ്

(പ്രോഗ്രാം കോർഡിനേറ്റർ  
ബി സി എം കോളേജ് കോട്ടയം)

അദ്ധ്യക്ഷ:

ഡോ. അനൂ തോമസ്

(വൈസ് പ്രിൻസിപ്പൽ  
ബി സി എം കോളേജ് കോട്ടയം)

പ്രഭാഷണം:

ഫാ. ഡേവിഡ് ചിറമേൽ

(ക്രിസ്റ്റി ഫെഡറേഷൻ അദ്ധ്യക്ഷൻ)

വീഡിയോ അവതരണം: അനില ടി സണ്ണി

കൃതജ്ഞത:

റോസ്മേരി എൻ ടി



REPORT

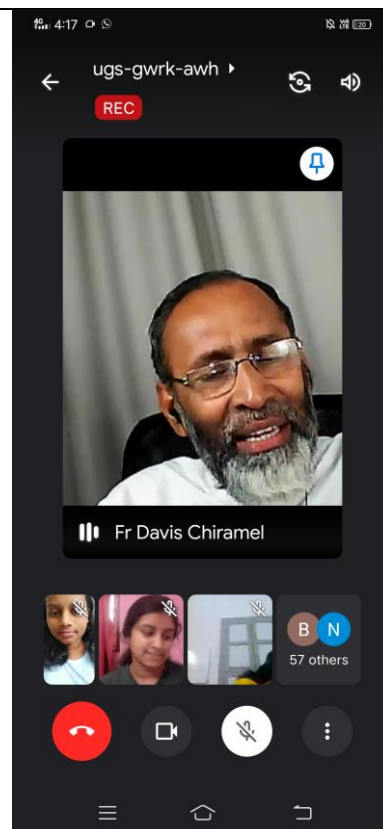
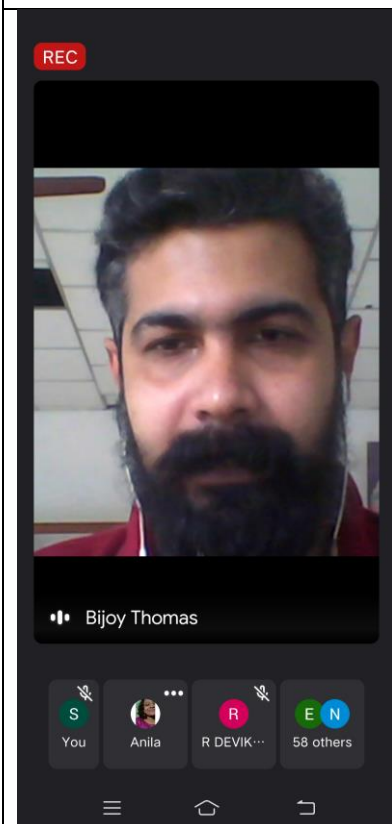
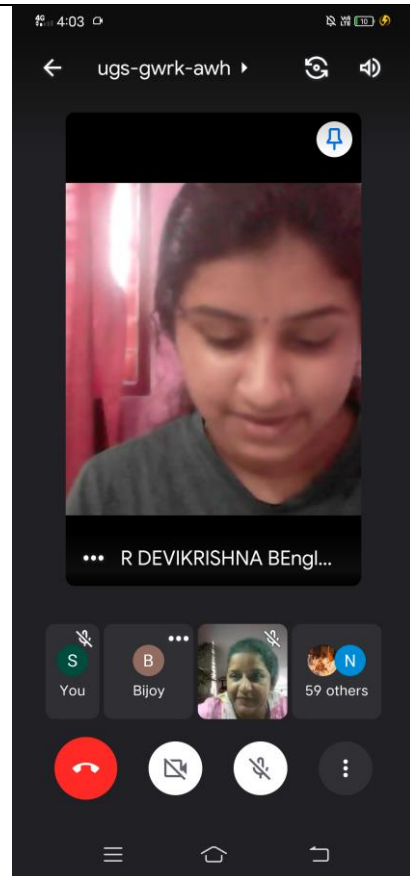
**“A transplant is the ultimate legacy a person can leave and the greatest gift of community service we can give” .**

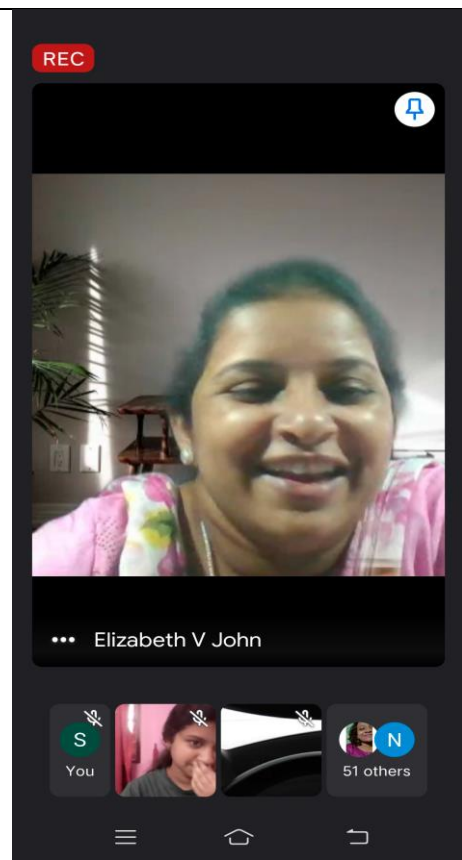
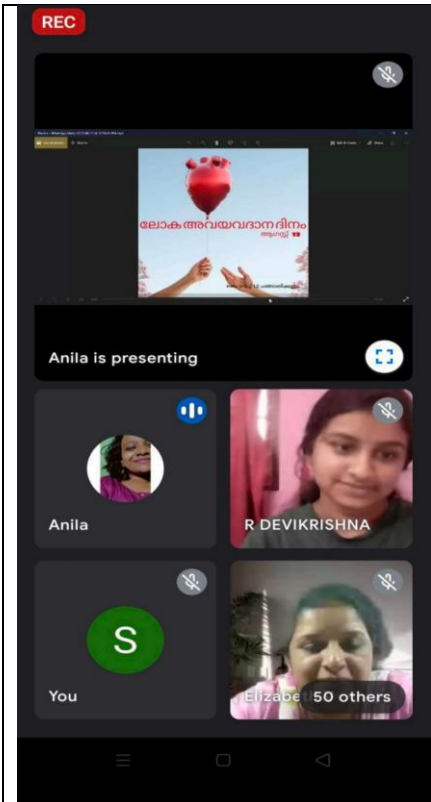
World Organ Donation Day is observed on August 13 every year to spread awareness about the importance of organ donation and address and debunk myths related to donating organs. This day strives to encourage people to donate their healthy organs after death in order to save more lives. Donating organs like the kidneys, heart, pancreas, eyes, lungs, etc can help save the lives of those who are suffering from chronic illnesses. Numerous people lose their lives due to the unavailability of healthy organs that could save them. This day aims to help people realize that volunteering to donate their organs after death can be life-changing for many.

On this day, Bishop Chulaparambil Memorial College, NSS unit :8 organized an awareness webinar on 13<sup>th</sup> July, 2021 at 04:00 pm. Webinar was organized in the name \_'Puthu Jeevan Nalkaam'\_. The program started with the NSS anthem followed by the welcome speech of Shri. Bijoy Thomas, the NSS program coordinator of BCM College. The moderator of the webinar Smt. Dr. Annu Thomas, Vice Principal of BCM college, gave the program overview and its introduction towards the students.

**The keynote speaker of the program was Shri. Fr. David Chiramel, Founder of Kidney** Federation. He described the procedure and other details involved shattering many myths surrounding the organ donation. Also he shared his experiences from the Kidney Federation, the many success stories he could relate with and he told that promoting this has become his passion. He offered the audience that by given consent to be an organ donor after death, there is no doubt that his every word has influenced every students heart. The webinar also opened a discussion time to everyone so that they may clear their doubts regarding organ donation. Then Smt. Dr. Elizabeth V John, the NSS program coordinator spoke twice about organ donation and Shri. Fr. Byju Mathew, former NSS program coordinator add an active presence in all NSS activities, shared many of his experiences at the meeting. Smt. Rosemary N.T, Secretary of the group 12 , \_'Changatheekootam'\_ delivered the vote of thanks.

The webinar was very innovative and informative. The feedback from the participants was also satisfying and outstanding. The webinar was conducted on Google meet. Congratulations were also extended to the winning students who participated in the Poster Making and Caption Writing competitions held on the occasion of Organ Donation Day. The webinar was concluded by 05:30 pm.





# **WINNERS OF POSTER MAKING COMPETITION & CAPTION WRITING COMPETITION**

BCM COLLEGE KOTTAYAM

NSS GEM GROUP 12 CHANGATHIKKOOTTAM

## **Poster Making Competition**



First prize  
Abhirami Mahesh  
BA History



Second prize  
Sunitha Mary Joy  
BA English



Third prize  
Lakshmi Chandran K  
BA English

BCM COLLEGE KOTTAYAM

NSS GEM GROUP 12 CHANGATHIKKOOTTAM

# Caption Writing Competition



First prize  
Meghana M P  
BA English



Second prize  
Chinnu Saji  
BA History



Third prize  
Shilla Mariya Shibu  
BCom CA



## ONAM CELEBRATION



Bishop Chulaparambil Memorial College , NSS unit no 8 Organized Onam celebrations on august 15th at 5 pm. The program started by NSS anthem followed by welcome speech by JiluJoji (NSS Volunter secetery).Presidential address by DR. Annu Thomas (Vice Principal of BCM College Kottayam ). Onam wishes was delivered by Mr. Bijoy Thomas .(NSSprogramme officer ) and Dr. Elizabeth V John ( NSS programme officer ). And the program was concluded by vote of thanks by Arya Sabu (NSS volunteer secretary ).



Malayali Manga competition was conducted during the program. Competition contained three level. First level was photo contest in which 6 participants selected they were Shreya Prasad, Nitha K, R Devi Krishna, Krishna Priya Manoj, Purnima V R and Harsha H. The second level was introduction. And the Third Level was quiz based on Kerala culture. The judges of the competition was Mrs Archana Kumari TS ( BCM Malayali Manga 2013-14 ) and MrsAdhira Maria Johnson ( former BCM star runner up ). Malayali Manka of 2020-21 was Purnima V R, the second prize was Nitha K and the third prize was Shreya Prasad.Group 3 FOREVER TIES organized an online onam celebration on 15th August 2021 at 5pm to entertain our volunteers and to nourish them . The program began with NSS anthem followed by the welcome speech of Alka raj , Secretary of GEM group 3, The video was created by the group members of Forever ties. The NSS program officers Mr. Bijoy Thomas and Dr. Elizabeth V John spoke about the video . The vote of Thanks was given by JiluJoji . The video was so enjoyable and thoughtful. The program was conducted through Google meet and concluded by 5:00 pm

ബി സി എം കോളേജ് കോട്ടയം  
എൻ എസ് എസ് യൂണിറ്റ് നമ്പർ 8

**പൊന്നോണ പുലരി**  
കാര്യപരിപാടികൾ

**സ്വാഗതം :** കുമാരി ഷീലു ഷോഷി  
എൻ എസ് എസ് യൂണിറ്റിൽ  
സെക്രട്ടറി

**അദ്ധ്യക്ഷ :** ഡോ. അനൂ തോമസ്  
ഡോം പ്രിൻസിപ്പൽ  
ബി സി എം കോളേജ് കോട്ടയം

**ഓണാരംഭങ്ങൾ** ശ്രീ. ബിജോയ് തോമസ്  
എൻ എസ് എസ്  
പ്രോഗ്രാം ഓഫീസർ

**സ്വാതന്ത്ര്യ  
ദിനാർംഭങ്ങൾ** ശ്രീ. അനീഷ് സിറീഷക്  
ഫിനി അദ്ധ്യാപകൻ  
സെന്റ് തോമസ് കോളേജ്

**മലയാളി മക** ശ്രീമതി അർച്ചന കുമാരി  
**വിധി നിർണ്ണയം :** ടി എസ്  
മലയാളി മക 2013-14

ശ്രീമതി ആതിര മരിഖ ഷോൺസൺ  
മുൻ ബി സി എം  
സെന്റ് റണ്ണൽ അഷ്

**ജെം ഗ്രൂപ്പ് മുന്നിന്റെ  
ഓണാഘോഷ പരിപാടികൾ**

**പ്രഭാഷണം :** ഡോ. എലിസബത്ത് വി ഷോൺ  
എൻ എസ് എസ്  
പ്രോഗ്രാം ഓഫീസർ

**കൃതജ്ഞ :** കുമാരി ആര്യ സാബു  
എൻ എസ് എസ് യൂണിറ്റിൽ  
സെക്രട്ടറി

**ആഗസ്റ്റ് 15 തൊലുവാട്ട്ച്ച**  
5 PM

Google Meet Joining Info -san-zhsx-tzv

ബി സി എം കോളേജ് കോട്ടയം  
എൻ എസ് എസ് യൂണിറ്റ് നമ്പർ : 8

**പൊന്നോണ പുലരി**  
മലയാളി മക മത്സരം 2020-21

**വിജയികൾ**

**മലയാളി മക :**  
പൂർണിമ വി ആർ

**രണ്ടാം സ്ഥാനം :**  
നിത കെ

**മൂന്നാം സ്ഥാനം :**  
ശ്രേയ പ്രസാദ്

## CHAYAKOPAYILE LOKAKARYAM

On 13th September 2021, group 9 (PEGASUS) of NSS of BCM College conducted “Chayakopayile Lokakaryam” on the topic “is technology making people less productive”. We are living a life which is more addicted to technology and this was one of the best topic to conduct. The programme started at 5.30 pm. There was good interaction from the side of NSS volunteers. This program made us aware about the disadvantage of technology, its adverse effects on people and above all, its importance. It was a great time and hoping it was same for all the volunteers. The program concluded by 6.30 pm.



**BISHOP CHULAPARAMBIL MEMORIAL  
COLLEGE KOTTAYAM**



**NATIONAL SERVICE SCHEME UNIT NO:-8**

**ചായ കോപ്പയിലെ  
ലോകകാര്യം**

**Pegasus present**

**TOPIC:- IS TECHNOLOGY MAKING  
PEOPLE LESS PRODUCTIVE!**



**Date:- sep 13 , 2021**

**Time:- 5:30 pm**

 **Google Meet joining info:- iuo-qxaa-ogb**

Pranetha N. B.Com (F&T)  
 Shibi Kuriakose B.Com (F&T)  
 Sneha Mathew B.Com (F&T)  
 Steejaakshmi Biju B.Com (F&T)  
 Stephy Stephen B.Com (F&T)  
 Sruthy Kuttu Somachan B.Com (F&T)  
 Anjana P.B B.Com (CA)  
 Maroon Maria Aju B.Com (CA)  
 Shilla Mariya Shibu B.Com (CA)  
 Aditya Suresh Comp. Science  
 Aparna C. Abhijith Comp. Science  
 Sandra B.S. Comp. Science  
 Sneha M. Comp. Science  
 Arathi Prasannkumar (F&C)  
 Sneha Biju Thomas (F&C)  
 Navya Sreekkumar (Economics)

Pranetha N. B.Com (F&T)  
 Neethu Mariya Joseph B.Com (F&T)  
 Mareena S.K. B.Com (F&T)  
 Malavika Shaji B.Com (F&T)  
 K. Anu B.Com (F&T)  
 Athira Bose B.Com (F&T)  
 Aleeta K. B.Com (F&T)  
 Aleena John B.Com (F&T)  
 Abhirami Santhosh B.Com (F&T)  
 Riya Reji (F&C)  
 Praveena S.(F&C)  
 Devika S.(F&C)  
 Harsha H.(Botany)  
 Feda Daniel (Botany)  
 Ashly Ann Jose (Botany)  
 Arsha E. (Botany)  
 Anupama S.N. (Botany)  
 Anjali S. (Botany)  
 Anashwara Rajesh (Botany)  
 Sruthy M.S. (Zoology)  
 Namitha Rachel Babu (Zoology)  
 Maria Elizabeth Sebastian (Zoology)  
 Krupa Georgekutty (Zoology)  
 Krishnananda N.S. (Zoology)  
 Jiju Jiji (Zoology)  
 Bhargya V.R. (Zoology)  
 Amaya P. Mano (Zoology)  
 Ajeenamol J. (Zoology)  
 Aksha Jiji (Zoology)  
 Aarathi Keerthi K.S. (Zoology)  
 Shreya Prasad (Chemistry)  
 Chandana K. Shibu (Chemistry)  
 Archana Murukan (Chemistry)  
 S. Arithakrishna (Physics)  
 Jyothilakshmi D. (Physics)  
 Aash T. (Physics)  
 Arjunna Reji (Physics)  
 Anila T. Sunny (Physics)  
 Ananya Raju (Physics)  
 Anjana K.M. (Maths)  
 Shilpa Benny (Sociology)  
 Nithra K. (Sociology)  
 Krishnapriya E.M. (Sociology)  
 Karthi A. (Sociology)

Karthi A. (Sociology)  
 Arya P.D. (Sociology)  
 Vishnupriya Biju (History)  
 Smruthimol Samkutti (History)  
 Shrinu Sreeshah (History)  
 Rajeswary VVenugopal (History)  
 Nanditha Prasad (History)  
 Emily George (History)  
 Divya Vijayan (History)  
 Devika G. (History)  
 Devika C.S. (History)  
 Athira Dileep (History)  
 Aparna P.S. (History)  
 Anjali Dinesh (History)  
 Anakha Anil (History)  
 Alkara V.B. (History)  
 Abhirami Mahesh (History)  
 Abhirami A.T. (History)  
 Shrinu Shaji (Economics)  
 S. Jayalakshmi (Economics)  
 Rosemary N.T. (Economics)  
 Rajalakshmi E.J. (Economics)  
 Navya Sreekkumar (Economics)  
 Krishnapriya Mano (Economics)  
 Junia Paul (Economics)  
 Arya K.S. (Economics)  
 Anju K.K. (Economics)  
 Anuradha H. (Economics)  
 Ammu Joseph (Economics)  
 Sunita Mary Joy (English)  
 Sandra M.S. (English)  
 R. Devikrishna (English)  
 Niveditha Chandra (English)  
 Mottu Abraham (English)  
 Mariya Angel Saji (English)  
 Lakshmi Chandran K. (English)  
 Athulya S. Nair (English)  
 Arya Sabu (English)  
 Ardalakshmi K.J. (English)  
 Andrea Abraham (English)  
 Aitra Sajeed (English)  
 A.J. Fizza Fatima (English)  
 NO OF PARTICIPATES :

## CLAEAN INDIA CHALLENGE

Bishop Chulaparambi Memorial College, Kottayam  
NSS UNIT 08

Ministry of Youth Affairs and Sports

75 Azadi Ka Amrit Mahotsav

**CLEAN INDIA**  
Azadi Ka Amrit Mahotsav  
1st - 31st October 2021

**Cleaning Challenge**  
As part of celebrating  
**Gandhi Jayanti**  
on 2nd October

**Guidelines**

- Clean your Home / Surrounding
- Take 2 pictures of the area with you in it. One before the cleaning and one after the cleaning.
- Send your entries to nssbcm66@gmail.com
- Encourage others also
- Mandatory work



Bishop chulaparambil Memorial College Kottayam NSS unit No 8 as part of celebrating Gandhi Jayanti on 2nd October organised cleaning challenge in Association with Ministry of Youth Affairs and Sports" CLAEAN INDIA" challenge 'Azadi Ka Amrit' Mahotsav building from 1st October to 31st October 2020. The volunteers were asked to clean their home and two pictures of the area with you in it.