



GENDER SENSITIZATION ACTIVITIES/ACTIVITIES PROMOTE GENDER EQUITY

Contents

PINK PATROLLING.....	3
PERSONALITY DEVELOPMENT CLASS ON THE ROAD TO SUCCESS.....	4
SELF-DEFENSIVE TRAINING.....	6
TRAINING FOR COCONUT TREE CLIMBING.....	7
DRIVING CLASS.....	10
FEMMES DE TALENT: INTERACTION WITH FILM DIRECTORS.....	11
FEMMES DE TALENT: INTERACTION WITH A WOMAN ENTREPRENEUR.....	12
WOMEN'S DAY CELEBRATIONS.....	14
A TALK ON INTERNATIONAL WOMEN'S DAY-PROF. VIJAYALAKSHMI.....	15
STREET PLAY ON FEMALE FETICIDE.....	16
CLASS ON WOMEN EMPOWERMENT AS A TOOL FOR GREEN VILLAGE	17

PINK PATROLLING

 BISHOP CHULAPARAMBIL MEMORIAL COLLEGE
KOTTAYAM

NSS UNIT

Presents

**PINK
PATROLLING**

DATE : JULY,2,2017
VENUE : THIRUNAKARA MAIDHANAM,
KOTTAYAM



Pink Patrolling - Team Bishop Chulaparambil Memorial College

NSS Volunteers who has obtained Training from the Police officers in traffic management also agreed to support the women officers in pink patrolling. We believe that by installing responsibility and confidence, moral values can be built in the minds of the students creating a more bright future. This activity was initiated with the great support from the Superintendent of Police Shri. Ramachandran IPS. The programme was dated on 2nd July 2017 under the initiative of Bishop Chulaparambil Memorial College NSS Unit.

PERSONALITY DEVELOPMENT CLASS ON THE ROAD TO SUCCESS



BISHOP CHULAPARMBILMEMORIAL COLLEGE
NSS UNIT



**PERSONALITY DEVELOPMENT CLASSES ON THE
"ROAD TO SUCCESS"**

association with

Rotary Club of Kottayam Southern

Speaker: Captain Noble Antony Pereira

DATE:18-11-2017

VENUE:ROOM NO:221

TIME:10.00 AM

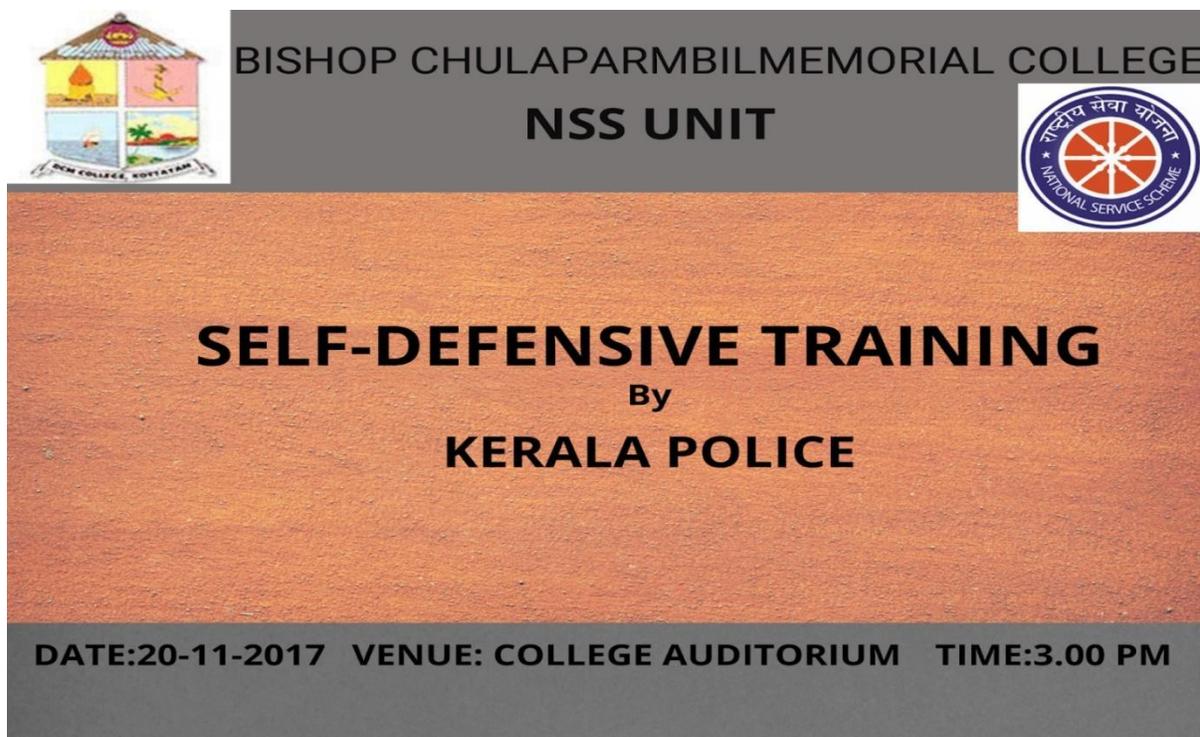
The BCM College National Service Scheme unit arranged a personality development class on November 18th, 2017 at BCM College to guide the students through the road to success without diversion. The program was organized in association with the Rotary Club of Kottayam Southern. Captain Noble Antony Pereira, who himself hailed from a poor village background, handled sessions in which he shared about the difficulties he had to overcome before success. He urged students to follow his path of hard work and determination to be successful.

This interactive, high-energy session, will provide participants with a fresh, innovative perspective on how to develop best practices on goal-setting topics like creating your ideal vision for the future, setting short-term and long-term goals, and creating a reproducible recipe for success. Participants will learn new ways to empower themselves and others to eliminate unnecessary roadblocks and focus on what makes them successful. The ROADS to Success presentation is designed to help students improve their academic performance, strengthen their goals, and become better learners. These sessions are interactive, informative, and impactful.



Personality Development classes

SELF-DEFENSIVE TRAINING



BISHOP CHULAPARMBILMEMORIAL COLLEGE
NSS UNIT

SELF-DEFENSIVE TRAINING
By
KERALA POLICE

DATE:20-11-2017 VENUE: COLLEGE AUDITORIUM TIME:3.00 PM

Brochure

Self-defense, especially for women, is of utmost importance in the kind of the world we live in today. Women, usually referred as the weaker sex, are considered easier targets. In a country like India where the cases of gender violence are on rise, out of which many go unreported, self-defense for women has become a necessity more than ever. Rape, molestation, kidnapping and murder have become regular incidents these days. In majority of the Cases, the mindset of the people, including the victim and the spectator, is to ignore and just let it go. But, what we, as the responsible citizens of an independent country, fail to realize is that these instances of harassment can flare up into other bigger heinous crimes against women. And that is when the importance of learning self-defense techniques for women are felt. This is highly important, particularly for a women's college like BCM.

It is in this scenario that significance of self-defensive training under Nirbhaya was felt. The NSS volunteers from BCM college were given self-defensive training by the Kerala Police in various systems including 'Krav Maga (Israeli self-defense system). They were also provided pamphlets on self-defense techniques.



Demonstration of self-defense training

TRAINING FOR COCONUT TREE CLIMBING

The NSS unit of BCM college conducted a training programme for climbing coconut trees and inculcated the idea of women empowerment in the students. On 9th November 2017 NSS volunteers went for attending the coconut tree climbing training at Chaithanya Pastural Centre, Thellakam. Jacob sir was the teachers and volunteers gathered by 10am. Before the training Jacob sir talked about the importance of tree then he showed how to use machine for climbing the coconut tree. Afterwards everyone climbed the coconut tree with great enthusiasm. By evening this activity came to an end.

On 2nd day we gathered there by 10 am. On this day the trainer taught how to clean the tree. The afternoon session was about nurturing of trees. By evening this activity came to an end.

On 3rd day, the volunteers and teachers went to Luke sir's (teacher in charge of physical education department)house. On this day, the news reporters came and took photos and collected news about the activity done by the N.S.S volunteers of B.C.M college Kottayam. The session was ended at 2 pm. By this, the three day camp of coconut climbing

training was ended. Shortage of coconut tree climbers is increasing day by day many of the students commented that this knowledge in coconut tree climbing will help them in finding an alternative livelihood

Bishop Chulaparambil Memorial College, Kottayam
NATIONAL SERVICE SCHEME, UNIT NO 8.

3 DAY COCONUT CLIMBING WORKSHOP
Lets conquer the heights!!

Date: 9, 10, 11 November 2017
Time: 3 pm
Venue: Chaithanya Pastural Centre, Thellakam

Brochure

DRIVING CLASS 2017-2018



BISHOP CHULAPARAMBIL MEMORIAL COLLEGE
NSS UNIT



**PASSING OUT CEREMONY
OF
DRIVING LEARNERS**
Association with
Popular Motors, Kottayam.

DATE:-11-12-2017 VENUE: COLLEGE AUDITORIUM TIME:10.00 PM

Brochure

In order to improve the confidence levels of the women, and to empower the ladies by all means, driving classes were arranged by NSS unit for the students of BCM. This was done in association with Popular Motors, Kottayam. Peculiarity of the programme is the active involvement of the students in the class. Subsidized rates for the driving classes enabled more students, both rich and the poor to be equipped with the skills of driving. Classes were handled by experts in the field. Presence of stimulators for the classes add color for the programmes. Technical knowledge necessary for managing a car was also taught to the car drivers. 55 students qualified themselves as drivers. Students were given certificates issued from MARUTI by Superintendent of Police Ramachandran sir IPS. Driving classes were provided as a skill and as a tool of employability for the young ladies. Being employable will make them economically empowered, which can bring a positive change in their lives.



Passing out ceremony of Driving learners

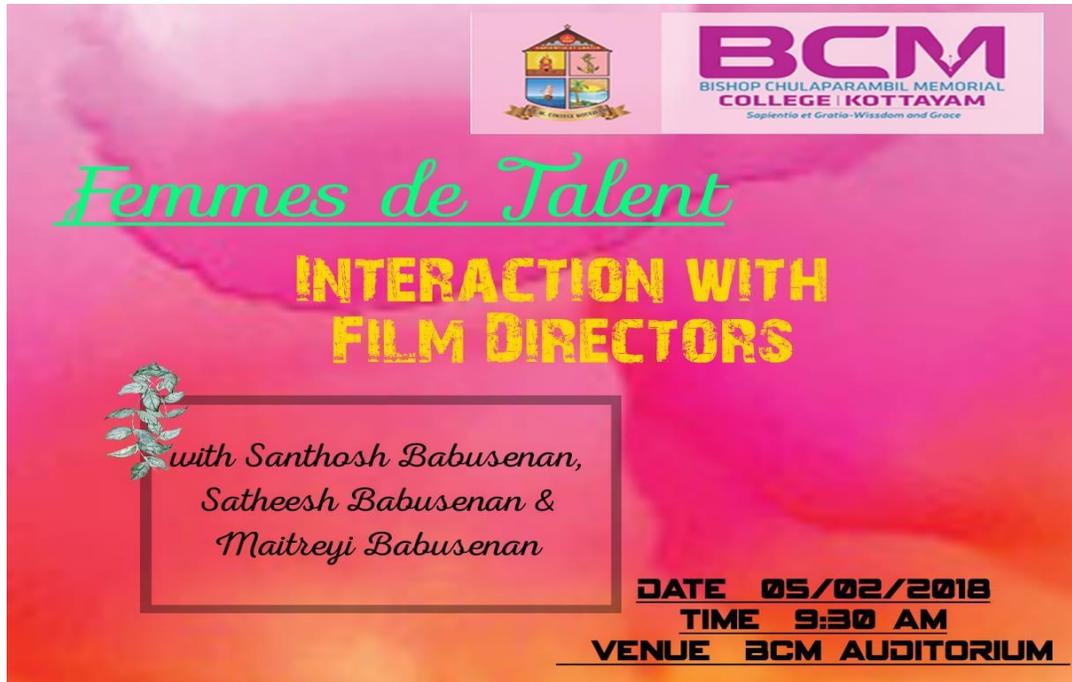
FEMMES DE TALENT/ WOMEN OF TALENT

An innovative programme called Femmes de Talent / Women of Talent was launched as the academic year 2017-18 was drawing to a close. This programme aims to better equip the III DC and II PG students of the college to stand on their own feet, to be aware of new job opportunities, and to walk out of the portals of BCM College after completing their degree/post-graduate course as independent, confident, and self-reliant young women of today.

2017-18

Femmes de Talent: Interaction with Film Directors

An interaction with art film directors Santhosh Babusenana and Satheesh Babusenana was conducted on February 5, 2018. Santhosh Babusenana's daughter Maitreyi Babusenana shared her experiences as an assistant film director. The audience of around 200 students were able to get to know the challenges and the thrill in filmmaking and script writing. Babusenana brothers talked about their banned film, 'Chaayam Poosiyaa Veedu' as well as why it was banned, and shared their views on false morality and the safety of women in every field.



Brochure



Interaction with film directors

Femmes de Talent: Interaction with a Woman Entrepreneur

With a view to encourage the students who may be interested in small-scale businesses of their own, Ms. Jeena Jomon, who successfully runs a small-scale business of making paper carry-bags, was invited to speak to the students on February 7, 2018. Around 200 students took part in the interaction, and were able to learn the effective strategies through which Ms. Jeena had got herself big clients such as Malayala Manorama and Kalyan Jewellers. She also clarified the doubts of the students and explained her motivation of producing eco-friendly every-day user products and providing employment to the needy.



Femmes de Talent

Interaction with
a women entrepreneur

-Ms Jeena Jomon

Date 07/02/2018
Time 10:00 am
Venue BCM Auditorium

Brochure



Ms Jeena Jomon Interacting with students

WOMEN'S DAY CELEBRATIONS

A woman is an epitome of beauty, wisdom and care. She has climbed the mountains and dived into the ocean; she has matched the steps with every man in the world. International Women's Day celebrates the power of women – their rights and role in our lives and society. Bishop Chulaparambil Memorial College also celebrates women's day with props and glory for the womanhood every year.

Principal Sheela Cherian K during her morning announcements on 3rd march 2018, asked every girl in the campus to be proud of their womanhood and to work towards their goals with courage and determination. Various departments of college have conducted various programme on women's day. Every nook and corner of the college was aware about the importance of the day.

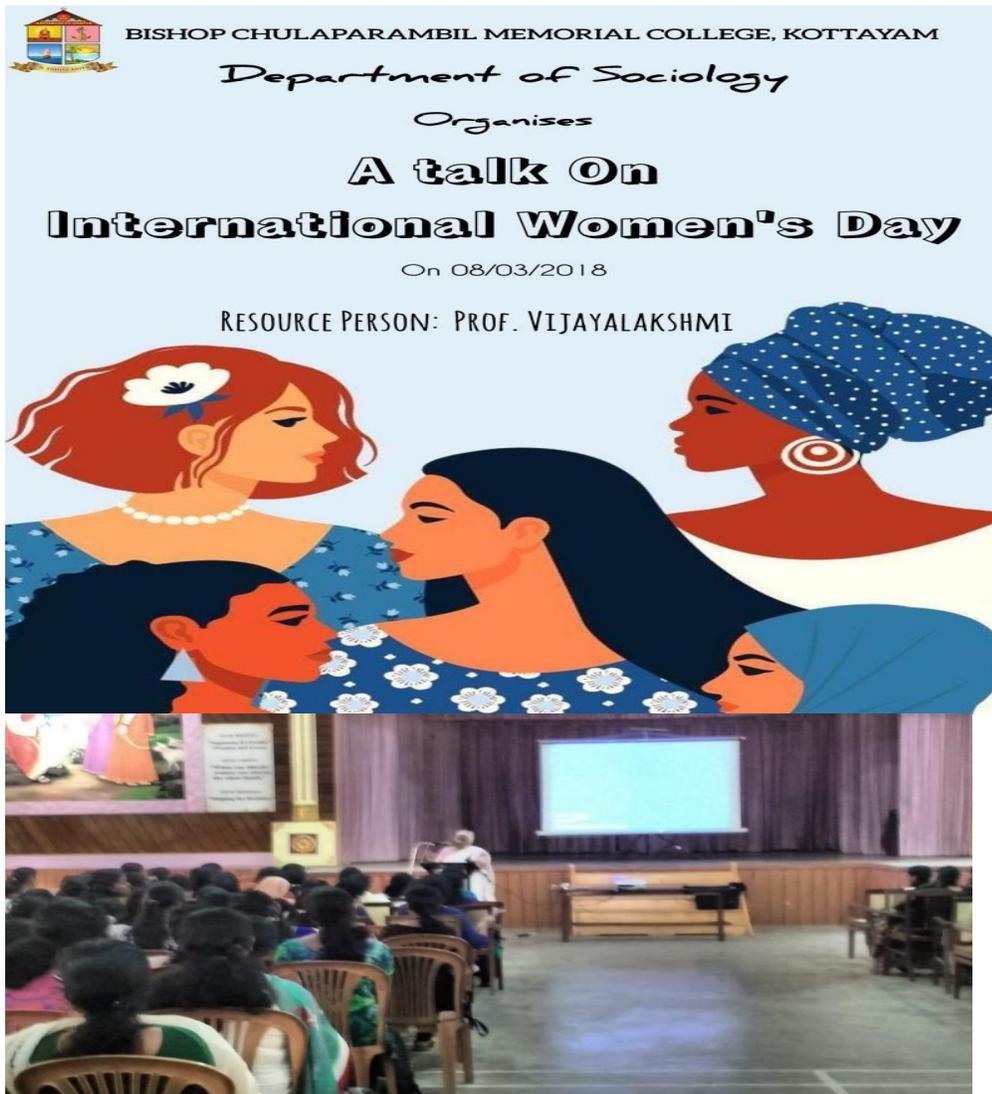
In connection with the women's day March 8th 2018, NSS Volunteers attended a defense class conducted in Baselius College, Kottayam. The different kinds of defense programme motivated each of our NSS Volunteer. In a situation where attack towards woman is increasing day by day this land of a class improved mind and body strength. They showed how to attack a man who tries to attack us and we were allowed to practice this method. This was a fruitful class. Flowers were also given to school girls to educate them that they are not weak.



BCM college teacher giving flowers to students on womens' day

A TALK ON INTERNATIONAL WOMEN'S DAY

We had a talk of Prof. Vijayalakshmi on women's day at 1.30 pm in the Auditorium. Professor vijayalakshmi is a professor in gynecology of medical college, kottayam. Being a gynecologist, she talked about all the physical and mental changes that take place in a woman. It was a great pleasure to hear the words provoking equality and freedom. About 57 students attended the program and made it a grand success.



STREET PLAY ON FEMALE FETICIDE

In order to promote social commitment among cadets, to equip them with leadership and personality skills, and to develop their manifold potentials, various extension and extra activities are engaged by the cadets of Bishop Chulaparambil Memorial College. The street play conducted on women's day-named "Let them say" was just one among them. With an aim to motivate people for not killing or abandoning a baby girl at the time of her birth, the cadets of Bishop Chulaparambil Memorial College organized a street play outside, District hospital Kottayam and Mall of Joy on 08 March 2018.

The street play inaugurated by Mrs.Bindhu Kumari Medical superintendent of district hospital in presence of Dr.Anjaly Krishna and Lt.Dr.Reeja ANO of Bishop Chulaparambil Memorial College NCC unit. The message of the play was loud and clear- the play highlighted the root causes and consequences of female feticide. The prime idea behind the play was to publicly condemn the traditional patriarchal norms that perpetuate the promotion of such social evils. The play was headed by JUO Gopika Gopalakrishnan associated with 18 cadets and attracted huge crowd. The play concluded on the note that a chance given to women can also bring about changes!!



Brochure



Mrs.Bindhu Kumari Medical superintendent of district hospital in presence of Dr.Anjaly Krishna in front of the District hospital kottayam to celebrate Women day

CLASS ON WOMEN EMPOWERMENT AS A TOOL FOR GREEN VILLAGE

Dr Maghi John, former HOD of the Department of Chemistry of Bishop Chulaparambil Memorial College and Programme Officer of Bishop Chulaparambil Memorial College NSS unit and present member of Kumarakom Gramapanchayath, took a class on the Chemistry of Women Empowerment on 20th March 2018. This class was very interesting since she herself, a loved and honoured (as we ourselves witnessed during those days) member of the Panchayath, made us understand how the involvement of women in the policy making in politics, especially in the local self-governing bodies, would help the empowerment and progress of the villages, its eco-friendly living and cleanliness.



Class on women empowerment as a tool for green village

**BISHOP CHULAPARAMBIL MEMORIAL COLLEGE
KOTTAYAM**



DEPARTMENT OF CHEMISTRY

Organizes

**CLASS ON WOMEN EMPOWERMENT AS
A TOOL FOR GREEN VILLAGE**



**by
Dr .MAGHI JOHN
former HOD of the
Department of Chemistry of BCM College**

**March 20, 2018
Time:10:30 AM
Venue: Class room-213**

Brochure