

De Addiction Club

Substance use disorder and alcohol use disorder are the leading causes of preventable illness and early death. Many families and children are seriously affected due to the substance abuse by the near and dear ones. BCM Family was very happy in the formation of a club to create awareness about the problems caused by various substances which can become addictives over long term use.

2015-16

Anti Narcotic"s Day Observance

Drug Usage is rising at an alarming rate among all sections of the society particularly, among students .therefore it was felt a need to undertake certain actions to arouse feelings against drug usage in all forms.

Rally

As part of the Anti Narcotics day, NSS unit of BCM college in association with the Commerce Dept organized a rally from College campus till Gandhi square in Central Junction. Students had cards and posters in their hands which had messages against drug usage.



Our Students in the rally towards Gandhi Square raising slogans against "Drug usage"

OathTaking

NSS volunteers of BCM College went through class rooms and urged students to take an oath against drug usage.

StreetPlay

To attain maximum attention of the public , Our Girls, performed a street play to raise the awareness about the harmful effects of drug usage. Drums, songs and the performance draw the attention of large masses to our programme. The street play

presented the harmful effects of drugs on individual, family and the society at large. After the performance, students shouted slogans made against drug usage.



Students performing in the Street Play against Drug Usage.

Collected Thumb prints

We also collected Thumb prints from the public, from all those who liked to support our idea of saying “ No to Drug Usage” . Our activity was well received by the media too.



Signatures against Alcohol

BCM Volunteers Collected signatures against alcohol consumption to be sent to the Prime Minister Shri Narendra Modi to ban the sale of Alcohol in the country. This was done after realizing the damages caused by alcohol consumption on the families.

Intercollegiate seminar on substance abuse

MG University NSS unit organized an intercollegiate seminar at Behavioural Sciences auditorium from 10 : am to 4.30 pm on the topic Substance abuse. Smt Rincy Mathew, programme officer of MG university NSS unit welcomed the gathering for the seminar. Classes

were handled by Suresh Richards Sir, Deputy Commissioner of excise department, Dr Varghese Punnoose, Head of the department of Psychiatry, Medical College Hospital, Kottayam and Sebastian sir, Director of ADART, Pala. Meaning of addiction, symptoms of addiction, and Treatment options of addiction were dealt with in detail by the speakers. Classes were highly beneficial for the students. Teacher in Charge of the De addiction club CA Reshma Rachel Kuruvilla delivered vote of thanks for the speaker Dr Varghese punnoose.



Dr Varghese Punnoose delivering talk on substance abuse

Short Film “ KUZHIYAANA”

A short film named “Kuzhiyana” was exhibited at the auditorium for the students of BCM family. Programme was organized by NSS unit of the college in collaboration with the kerala State Excise department. Creation of a socially responsible society through awareness campaigns was the motto of the excise department and it was with this intention that the short film was exhibited in the college. NSS Advisory Board member Dr George Mathew welcomed the audience. And programme officer CA Reshma Rachel Kuruvilla thanked the producers of the short film .A recorded talk by Shri Rishi Raj Singh IPS was the attraction of the programme.



Introduction before the short film “ kuzhiyana”

Awareness class against Substance abuse

YES TO SPORTS, NO TO DRUGS

On 31 October 2017, a programme conducted at Police ground, kottayam for giving awareness about drug abuse at 7am. Programme was jointly held under the initiative of various clubs. Lot of students from various places came to police ground early. Programme started with prayer song. Programme was inaugurated by Mr Vijayan I.P.S. various officers from police department came to make this programme successful. Programme was started with rising the balloons in to the air. Then some officers shared their experience about drug abuse. Then there was a section Zoomba dance. It was conducted by efficient Zoomba trainers. All the people who gathered there joined in the dance and enjoyed very well. Also Deian sports club provided us some sports equipment. We had a great time playing with it. The programme ended at 9am.



2018-19

Posture presentation

A poster presentation on “Evil effects of narcotics” was organised by the Anti-narcotic Club on 26th June 2018. This programme was also inaugurated by our college principal. Around 45 posters were exhibited in front of the college auditorium. Postures by the students were highly creative and were really informative too. Students were able to get a clear idea about the dangerous effects of Substance abuse.

Street play

A street play was held in front of the college patachio about Drug abuse. From script writing to performance was done by the students themselves without the support from any experts. Street play received many accolades from the viewers for its valid content.



QUIZ COMPETITION

A quiz competition was organized by the Anti Narcotics cell of BCM College against Anti-Drug Abuse.

Inspection

College campus and premises were inspected by the Anti Narcotics cell members secretly to identify the use of substance in all forms. Presence of none of the drugs

which are addictives were noticed during the inspection.

2019-20

Pledge

A pledge was taken by the Principal, staff and students of BCM college that they will help break the chain of evil by not being a party to the drug usage.

Group Discussion

Students were divided into different groups and were asked to discuss about strategies to bring down the usage of drugs among the society. Discussion was a creative one and has helped to brain storm the thoughts of the members of the club.