

# Contents

INDEX	6
WORLD ENVIRONMENT DAY	13
INDIAN AKSHAY URJA DIWAS	15
WORLD OZONE DAY	16
WORLD VEGETARIAN DAY	17
WORLD SMILE DAY	18
WORLD ANIMAL DAY	19
SPACE WEEK CELEBRATION	20
INTERNATIONAL GIRL CHILD DAY	21
ONAM CELEBRATION	22
CHRISTMAS DAY	24
KERALA PIRAVI	28
WORLD STUDENT'S DAY	29
WOMEN'S DAY	30
READING DAY	31
INDEPENDENCE DAY	32
CHILDREN'S DAY	33
YOGA DAY CELEBRATION	34
INTERNATIONAL WOMEN IN MATHEMATICS DAY	36
TEACHERS DAY CELEBRATION	37
Π-WEEK CELEBRATION	40
NAGASAKI DAY	42
INTERNATIONAL YOUTH DAY	43
WORLD HUMANITARIAN DAY	45
INTERNATIONAL DAY AGAINST CHILD LABOUR	46
BLOOD DONOR DAY	48
FATHER'S DAY	49
WORLD POPULATION DAY	50
KARGIL VIJAY DIWAS	51
NATIONAL MATHEMATICS DAY	52
GANDHI JAYANTI CELEBRATION 2020	53
WORLD OZONE DAY	54

PAPER BAG DAY	55
NATIONAL SCIENCE DAY	56
GLOBAL DAY OF PARENTS	57
INTERNATIONAL YOGA DAY	58
HUMAN RIGHTS DAY	59
REPUBLIC DAY	60
WORLD WOMAN EQUALITY DAY	61
WORLD AIDS DAY	62
INTERNATIONAL HUMAN RIGHTS DAY	63
FOOD DAY	64
YOUTH DAY – "Snehaanam"	65
ARMY DAY EXHIBITION	67
REPUBLIC DAY	69
WORLD HERITAGE DAY	71
INTERNATIONAL YOGA DAY	72
INTERNATIONAL DAY AGAINST DRUG ABUSE	73
NATIONAL DOCTOR DAY -POSTER MAKING COMPETITION	74
SHARING MEMORIES OF THE KARGIL WAR	75
HIROSHIMA AND NAGASAKI DAY –INTERCOLLEGIATE QUIZ COMPETITION	76
INDEPENDENCE DAY	77
WORLD PEACE DAY -PHOTOGRAPHY COMPETITION	78
GREETING CARD FOR GRANDPARENTS	79
GANDHI JAYANTI	80
WORLD NATURE DAY –LEAF ART COMPETITION	81
INDIAN AIR FORCE DAY	82
INTERNATIONAL GIRL CHILD DAY	84
CHILDREN'S DAY -SELFIE WITH CHACHAJI	86
NATIONAL UNITY DAY	87
CONSTITUTIONAL DAY	89
CONSTITUTION DAY	95
WORLD AIDS DAY	96
WORLD FOOD DAY	97
HUMAN RIGHTS DAY	98
QUIZ COMPETITION ON VIJAY DIWAS	99

WOMEN'S DAY	100
JALLIANWALA BAGH REMEMBRANCE DAY	101
NATIONAL CIVIL SERVICE DAY	102
REMEMBERING BIRTH ANNIVERSARY OF RABINDRANATH TAGORE	103
WORLD ATHLETICS DAY	105
MOTHER'S DAY CELEBRATION	106
TIME OF REMEMBRANCE AND RECONCILIATION	108
INTERNATIONAL NURSES DAY	110
NATIONAL ANTI-TERRORISM DAY	111
INTERNATIONAL DAY FOR BIOLOGICAL DIVERSITY	112
WORLD DAY AGAINST CHILD LABOUR	121
WORLD BLOOD DONOR DAY	122
WORLD DAY TO COMBAT DESERTIFICATION AND DROUGHTS	123
INTERNATIONAL DAY FOR THE ELIMINATION OF SEXUAL VIOLENCE IN CONFLICT	125
NATIONAL READING DAY	126
FATHER'S DAY	127
WORLD MUSIC DAY	128
INTERNATIONAL YOGA DAY	129
WEBINAR ON YOGA	131
INTERNATIONAL DAY AGAINST DRUG ABUSE	
NATIONAL DOCTOR'S DAY	135
VAN MAHOTSAV WEEK	139
INTERNATIONAL PLASTIC BAG FREE DAY	149
WORLD POPULATION DAY	150
INTERNATIONAL MALALA DAY	151
WORLD DAY FOR INTERNATIONAL JUSTICE	153
NELSON MANDELA DAY	155
HIROSHIMA AND NAGASAKI DAY	160
QUIT INDIA DAY	162
INTERNATIONAL YOUTH DAY	164
INDEPENDENCE DAY	165
WORLD HUMANITARIAN DAY	168
WORLD MOSQUITO DAY	170
WOMEN'S EQUALITY DAY	172

EQUALITY STILL A DREAM FOR WOMEN	
NATIONAL SPORTS DAY	
TEACHERS DAY	176
INTERNATIONAL LITERACY DAY	178
FOREST MARTYR'S DAY	180
HINDI DIWAS	
INTERNATIONAL DAY OF DEMOCRACY	
WORLD OZONE DAY	
INTERNATIONAL PEACE DAY	184
INTERNATIONAL ENVIRONMENTAL HEALTH DAY	186
INTERNATIONAL DAY FOR OLDER PERSONS	
GANDHI JAYANTI	
WORLD POSTAL DAY	
INTERNATIONAL DAY OF THE GIRL CHILD	
UNIVERSAL CHILDREN'S DAY	192
NCC DAY	195
AIDS DAY	200
VIIAY SHRANKHALA	202

# **INDEX**

The Bishop Chulaparambil Memorial College in collaboration with the various departments conducted numerous programmes based on important days observed during the period of 2020 - 2021.

DEPARTMENT	PROGRAMMES	TIME PERIOD 2020-2021
Department of Computer Science	World Environment Day	5 <sup>th</sup> June 2020
Department of Chemistry	World Environmental Day celebration	5 <sup>th</sup> June 2020
Department of Chemistry	Indian Akshay urja diwas	20 <sup>th</sup> August 2020
Department of Chemistry	World Ozone Day	18th September 2020
Department of Chemistry	World Vegetarian Day	1st October 2020
Department of Chemistry	World Smile Day	2 <sup>nd</sup> October 2020
Department of Chemistry	World Animal Day - Kairos Fiesta	4 <sup>th</sup> October 2020
Department of Chemistry	Space Week celebration	4 <sup>th</sup> October to 10 <sup>th</sup> October 2020
	International Girl Child Day	11 <sup>th</sup> October2020
Department of Mathematics and Statistics	Onam celebration	27th August 2020
Department of Commerce	Onam celebration	27th August 2020
Department of Sociology	Christmas celebration	22 <sup>nd</sup> December 2020

Department of Sociology	Cooking competition	22 <sup>nd</sup> December 2020
Department of Commerce	Kerala Piravi day	1st November 2020
Department of Commerce	World student's day	8 <sup>th</sup> October to 14 <sup>th</sup> October 2020
Department of Commerce	International Women's Day	8 <sup>th</sup> March2020
Department of Computer Science	Reading Day celebrations	19 <sup>th</sup> June 2020
Department of Computer Science	Independence Day	15 <sup>th</sup> August 2020
Department of Computer Science	Children's day celebrations	14 <sup>th</sup> November 2020
Department of Sociology	Children's day celebrations	16 <sup>th</sup> November 2020
Department of Computer Science	International Day of Yoga	21st June 2020
Department of Mathematics and Statistics	International Women in mathematics day	12th May2020
Department of Physics	Teachers day celebration	5 <sup>th</sup> September 2020
Department of Mathematics	pi week celebration	22 <sup>nd</sup> July 2020
Department of Economics	Nagasaki Day Celebrations	9th August 2020
Department of Economics	International youth day	14 <sup>th</sup> August 2020
Department of Economics	World humanitarian day	23 <sup>rd</sup> August 2020
Department of Economics	International day against child labour	16 <sup>th</sup> June 2020
Department of Economics	World Blood Donor Day	18 <sup>th</sup> June 2020

Department of Economics	Fathers Day Celebrations	25 <sup>th</sup> June 2020
Department of Economics	World Population Day	11th July 2020
Department of Economics	Kargil Vijay Diwas	26th July 2020
Department of	National mathematics day	22 <sup>nd</sup> December 2020
Mathematics and Statistics		
Department of English	Gandhi Jayanti celebration	2 nd October 2020
Department of English	World Ozone Day	16 <sup>th</sup> September 2020
Department of Physics	Online quiz on Ozone Day	16 <sup>th</sup> September 2020
Department of English	World Paper Bag day	12th July 2020
Department of Physics	National Science Day	27 <sup>th</sup> February 2020
Department of Sociology	Global Day of Parents	9 <sup>th</sup> June 2020
Department of Sociology	International Yoga Day	21st June 2020
Department of Sociology	Human rights Day	5 <sup>th</sup> to 8 <sup>th</sup> August 2020
Department of Sociology	Republic day	30th January 2021
Department of Sociology	World Women Equality Day	26th August
Women's cell and	Webinar	16 <sup>th</sup> December 2021
Department of Sociology		
Department of Sociology	International human rights day	10 <sup>th</sup> December 2021
Department of Sociology	World Food day	16 <sup>th</sup> October 2020
NCC unit	Youth day	12 <sup>th</sup> January 2020
NCC unit	Army day celebration	15 <sup>th</sup> January 2020
NCC unit	Republic Day	26 <sup>th</sup> January 2020
NCC unit	World Heritage Day	18 <sup>th</sup> April 2020

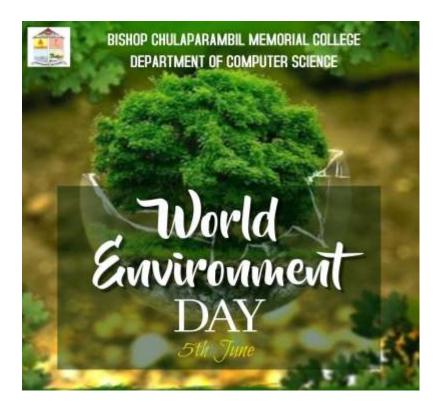
NCC unit	International day of Yoga	27 th June, 2020
NCC unit	International day against drug abuse and trafficking	26 <sup>th</sup> June, 2020
NCC unit	National doctors day	4 <sup>th</sup> July, 2020
NCC unit	Sharing memories of cargil war	24 <sup>th</sup> July, 2020
NCC unit	Hiroshima and Nagasaki day	6 <sup>th</sup> August 2020
NCC unit	Independence Day	15 <sup>th</sup> August, 2020
NCC unit	Interdepartmental Photography competition	24 <sup>th</sup> September, 2020
NCC unit	International day of old person	1st October 2020.
NCC unit	Interdepartmental caption writing competition	2 <sup>nd</sup> October, 2020
NCC unit	World Nature day	3 <sup>rd</sup> October, 2020
NCC unit	Indian Air Force Day	8 <sup>th</sup> October 2020
NCC unit	International Day of the Girl Child	11 <sup>th</sup> October 2020.
NCC unit	Children's day	14 <sup>th</sup> November, 2020
NCC unit	National Unity Day	31st October 2020
NCC unit	Constitutional day	4 <sup>th</sup> November,2020
NCC unit	World AIDS Day	1 <sup>st</sup> December 2020
NCC unit	World Food Day	16 <sup>th</sup> December, 2020
NCC unit	Human Rights Day	12 <sup>th</sup> December,2020
NCC unit	Vijay Diwas	16 <sup>th</sup> December 2020
NCC unit	World Environment Day	5 <sup>th</sup> June 2021

NCC unit	friendly craft	6 <sup>th</sup> to 8 <sup>th</sup> June 2021
NCC unit	World Day Against Child Labour	12 <sup>th</sup> June 2021
NCC unit	World Blood Donor Day	14 <sup>th</sup> June 2021
NCC unit	Desertification and drought day	17 <sup>th</sup> June 2021
NCC unit	International Day for the Elimination of Sexual Violence	19 <sup>th</sup> June 2021
NCC unit	National Reading Day	19 <sup>th</sup> June 2021
NCC unit	Father's Day	20 <sup>th</sup> June 2021
NCC unit	World Music Day	21st June 2021
NCC unit	International Yoga Day	21 <sup>st</sup> June 2021
NCC unit	Webinar on Yoga	22 <sup>nd</sup> June 2021
NCC unit	International Day Against Drug Abuse And Illicit Trafficking	26 <sup>th</sup> June 2021
NCC unit	National Doctors' Day	1 <sup>st</sup> July 2021
NCC unit	Van Mahotsav week	1 <sup>st</sup> July to 7 <sup>th</sup> July 2021
NCC unit	International Plastic Bag Free Day	3 <sup>rd</sup> July 2021
NCC unit	World Population Day	11 <sup>th</sup> July 2021
NCC unit	International Malala Day	12 <sup>th</sup> July 2021
NCC unit	World Day for International Justice	17 <sup>th</sup> of July 2021
NCC unit	International Nelson Mandela Day	18 <sup>th</sup> July 2021

NCC unit	Kargil Vijay Diwas	26 <sup>th</sup> of Jul 2021
NCC unit	Hiroshima Day	6 <sup>th</sup> of August 2021
NCC unit	Quit India Day	9 <sup>th</sup> August 2021
NCC unit	The International Youth Day	12 <sup>th</sup> August 2021
NCC unit	India's Independence Day	15 <sup>th</sup> August 2021
NCC unit	World Humanitarian Day	19th August 2021
NCC unit	World Mosquito Day	20th August 2021
NCC unit	Women's Equality Day	26 <sup>th</sup> August 2021
NCC unit	National Sports Day	29 <sup>th</sup> August 2021
NCC unit	Teachers Day	5 <sup>th</sup> September 2021
NCC unit	International Literacy Day	8 <sup>th</sup> September 2021
NCC unit	National Forest Martyrs Day	11 <sup>th</sup> September 2021
NCC unit	Hindi Diwas	14 <sup>th</sup> September 2021
NCC unit	International Day of Democracy	15 <sup>th</sup> September 2021
NCC unit	World ozone Day	16 <sup>th</sup> September 2021
NCC unit	International Day of Peace	21st of September 2021
NCC unit	International Environmental Health Day	26 <sup>th</sup> September 2021
NCC unit	International Day of Older Persons	1 <sup>st</sup> October 2021
NCC unit	Gandhi Jayanti	2 <sup>nd</sup> October 2021
NCC unit	World Post Day	8 <sup>th</sup> October 2021
NCC unit	Indian Airforce Day	8 <sup>th</sup> October 2021

NCC unit	International Day of the Girl Child	11 <sup>th</sup> October 2021
NCC unit	Universal Children's Day	20 <sup>th</sup> November 2021
NSS Unit and	Flashmob	19 <sup>th</sup> November 2021
Department of Social		
Work		
NCC unit	"WALK-A-THON for a safe	20 <sup>th</sup> November 2021.
	childhood"	
NCC unit	Constitution Day	26 <sup>th</sup> November 2021
NCC unit	NCC Day	28 <sup>th</sup> November 2021
NCC unit	Run for Health	28 <sup>th</sup> November, 2021
NCC unit	World AIDS Day	1 <sup>st</sup> December 2021
NCC unit	Vijay Shrankala	4 <sup>th</sup> December 2021

## WORLD ENVIRONMENT DAY



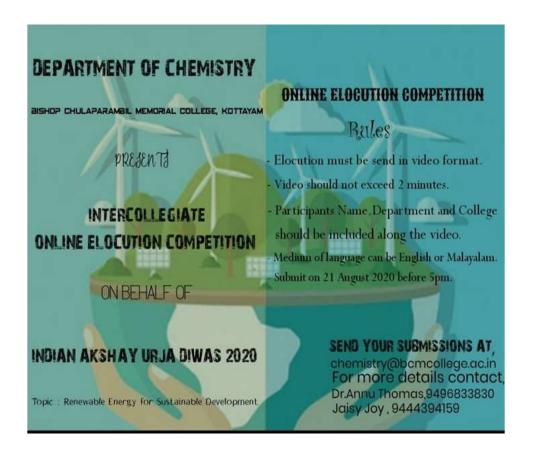
Every year, World Environment Day is observed on June 5. This day is celebrated to encourage awareness and action for the protection of the environment. So the Department of Computer Science celebrated Environment Day by planting trees or flower plants in our homes. All our students energetically participated in this event.





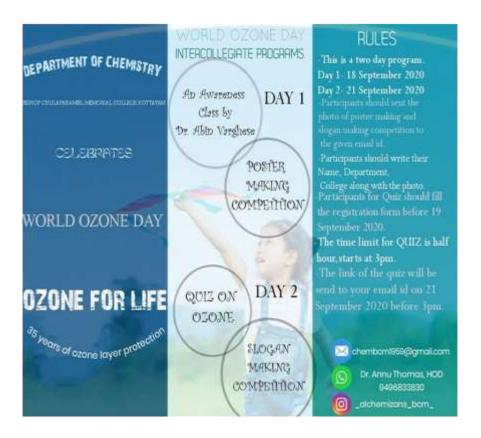
The Chemistry Association of Bishop Chulaparambil Memorial College conducted a World Environmental Day celebration to understand the importance of preserving nature. As a part of this, Intercollegiate and Interschool 'Elocution Competition',' Selfie with Your Plant',' Digital Art Competition,' Best from the Waste Competitions' was conducted and E- certificates were distributed to the winners worlds

## INDIAN AKSHAY URJA DIWAS



As part of Urja Diwas, the Chemistry Department of Bishop Chulaparambil Memorial College conducted an Intercollege Elocution Competition on 20<sup>th</sup> August 2020. Sreelakshmi V.H. of II DC Physics was selected as the winner and was awarded an E-certificate.

## **WORLD OZONE DAY**



As a part of World Ozone Day, the Department of Chemistry, Bishop Chulaparambil Memorial College conducted a two-day programme. On 18<sup>th</sup> September 2020, a class by Dr. Abin Varghese and poster making competition were conducted and on 21<sup>st</sup> September 2020 'Quiz On Ozone' and Slogan Making Competition were conducted.

# WORLD VEGETARIAN DAY



On October 1, as a part of celebrating World Vegetarian Day, Kairos Fiesta (A programme organized by the II year B.Sc. Chemistry students) by the Department of Chemistry, Bishop Chulaparambil Memorial College had organized an intercollegiate 'Healthy Food Recipe Competition'. Many of them participated and the winners were awarded E-certificates.

## **WORLD SMILE DAY**



On October 2, as part of celebrating World Smile Day, Kairos Fiesta (A programme organized by the II year B.Sc. Chemistry students) by the Chemistry Department of Bishop Chulaparambil Memorial College organized an Intercollegiate Online Selfie Contest. The winners were awarded E-certificates.

## **WORLD ANIMAL DAY**



On October 4, as a part of celebrating World Animal Day, Kairos Fiesta (A programme organized by the II year B.Sc. Chemistry students) by the Department of Chemistry, Bishop Chulaparambil Memorial College had organized an Intercollegiate Online Pet's Photo Contest, and the winners were provided with E-certificates

## SPACE WEEK CELEBRATION



As part of celebrating Space Week from 4<sup>th</sup> October 2020 to 10<sup>th</sup> October 2020, Kairos Fiesta (A programme organized by the II year B.Sc. Chemistry students) by the Chemistry Department of Bishop Chulaparambil Memorial College conducted various competitions like Online Quiz Competition, PowerPoint Presentation Competition, Caption Writing Competition, and Drawing Competition on various days. The winners were provided with E-certificate.

## INTERNATIONAL GIRL CHILD DAY



As a part of International Girl Child Day, a video was launched on our YouTube channel 'NOVUS' on October 11 to give awareness about protecting our girl children.

## **ONAM CELEBRATION**

We celebrated Onam virtually and students performed many arts. Also, they prepared a video showing their Onam celebration in Corona days.







The Commerce Department of Bishop Chullaparambil Memorial College celebrated 'Virtual ch' on the 27th of August 2020. The celebration was conducted on the online platform – Google Meet from 10:30 A.M. which lasted till noon.



## **CHRISTMAS DAY**







An Intercollegiate competition was conducted by the Sociology department about the Christmas celebration. This cooking competition had many participants from several colleges. The contestants had to share their own Christmas recipes. The judgments were based on a variety of dishes and the availability of ingredients in day-to-day life.

1st prize- Delna Shan, Alphonsa college Pala

2<sup>nd</sup> prize-Tessy Susan James, Devamatha College Kuravilangad

3<sup>rd</sup> Prize-Parvathy Manoj, TKM College, Kollam



BCM College Department of Commerce too celebrated an online Christmas Day namely 'WO '- A December to Remember on December 22 , Tuesday at 10:30am . We could easily notice the excitement of Christmas in a student's eye. Each and Every faculties of department especially our HOD Joy Sir had given immense support. Students and teachers have come together to make sure that they keep the festive spirit alive and kicking.





On 24 th December 2020, the department of English conducted Christmas celebration via online. It was a 10-minute video filled with the goodness of Christmas. The program started off with a message by Ms. Elizabeth Joseph followed by a song by Ms. Sanjana Elsa Mathew. The video of this whole event was released on YouTube channel of English Department

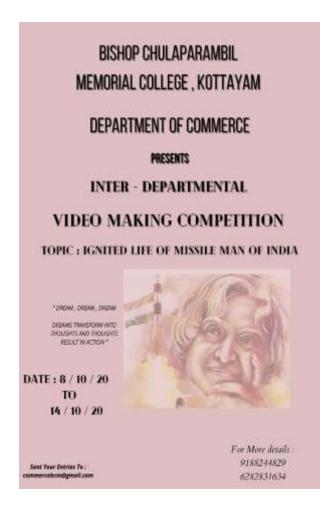


## **KERALA PIRAVI**



Kerala Piravi marks the birth of the state of Kerala in India. It is a proud moment since it is the commemoration of God's own country. BCM College, Department of Commerce also celebrated Kerala piravi day by naming it **Keraliyam@64** on November 1<sup>st</sup>, 2020 at 10 a.m with different programs depicting the love of Kerala and Malayalam

#### WORLD STUDENT'S DAY



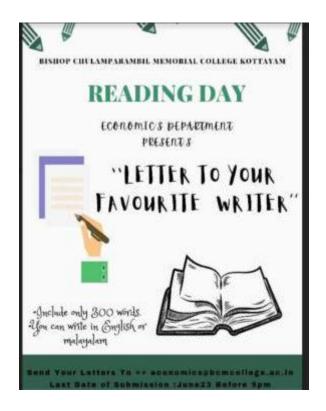
World student's day and International Day is on October 15th of every year. This is in remembrance of the Former President and most significant personality that showed how hard work can lead to success and also to one won on fire. Dr. A. P. J. Abdul Kalam was an Indian aerospace scientist and politician who served as the 11th president of India from 2002 to 2007. In remembrance of A.P.J Abdul Kalam, the department of commerce conducted an Interdepartmental video-making competition on the topic "Ignited Life of Missile Man of India" from 8/10/20 to 14/10/20 via online. Around 50 students from different departments took active participation in the competition. The students were asked to mail their videos.

## WOMEN'S DAY



International Women's Day is a global day celebrating the social, economic, cultural, and political achievements of women. The day marked annually on March 8th, International Women's Day (IWD) is one of the most important days of the year. The campaign theme for International Women's Day 2021 is 'Choose\_To Challenge\_'. Organized an interactive session on 'Virtues for Life' with the famous psychologist Mrs. Grace Lal, other than a psychologist she is a family counselor, a speaker with over four decades of experience

## **READING DAY**





As part of the Reading Day, the Department of Computer Science Conducted an interdepartmental Book Summary Writing Competition and an Intercollegiate Caption Writing Competition.

As part of Reading Day, the Economics Department of Bishop Chulaparambil College has organized a competition titled 'Letter to Your Favourite Writer' on 19<sup>th</sup> June 2021

## INDEPENDENCE DAY

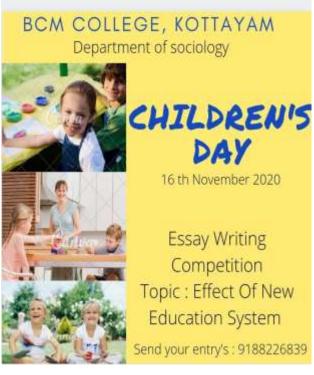


As part of the Independence Day, the Computer Science Department conducted an inter-collegiate Digital painting competition. Students from 11 colleges participated in the event

#### CHILDREN'S DAY



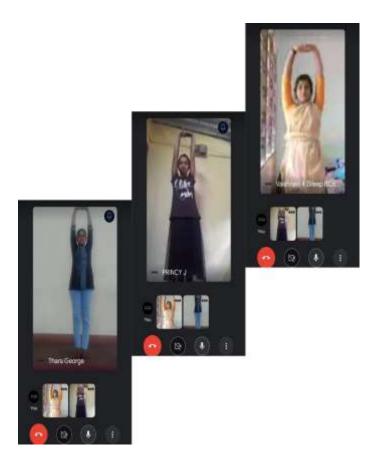




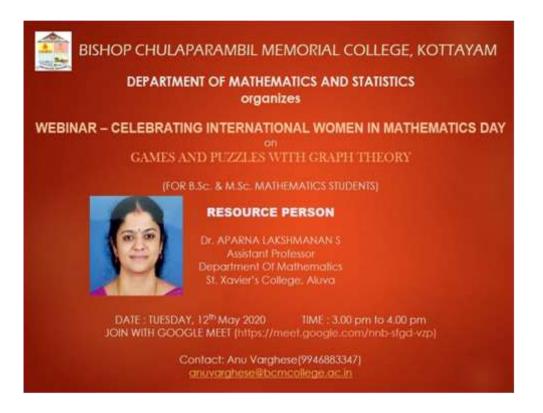
# YOGA DAY CELEBRATION



The International **Day** of **Yoga** has been **celebrated** annually on 21 June since 2015. This year we celebrated virtually due to Corona. Students performed many Yogasan and explained its benefits.



#### INTERNATIONAL WOMEN IN MATHEMATICS DAY



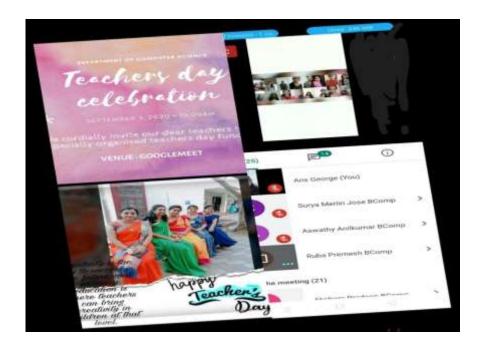
An online webinar was conducted through google meet by Dr. APARNA LAKSHMANAN S on the topic 'GAMES AND PUZZLES WITH GRAPH THEORY' as part of the mathematics day celebration conducted by our department for BSc and MSc graduates of our colleges. The programme was held on 12th May 2020. Students had a great session with a lot of information provided by Dr. APARNA representing everyday applications of mathematics in real life

### TEACHERS DAY CELEBRATION



The programme was organized on 5th September 2020. Events included Teachers Talent Round and the 2020 viral "Don't Rush up Challenge – pass the message" of teachers day in which all the students and teachers participated.







Ans George (You)

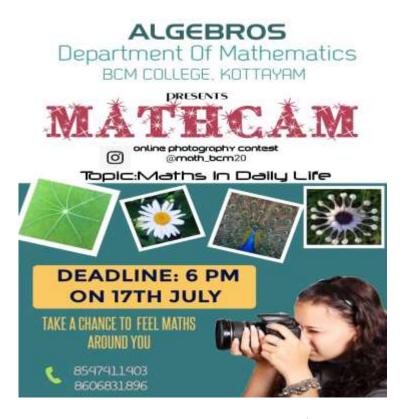
Surya Meriin Jose BComp

# $\Pi$ -WEEK CELEBRATION

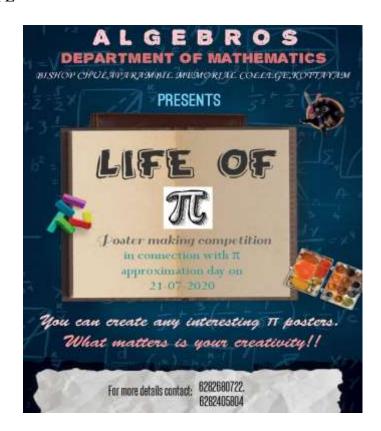
On 22.07.2020 different programs were held during the pi week celebration and they were as follows



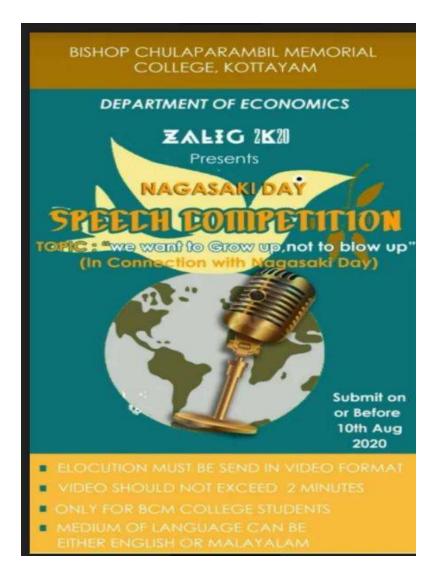
- Quiz competition was held via online for all students of BCM COLLEGE to test their brains or IQ level.
- Debate completion was held also online regarding the effectiveness of the online study.
   ANIKA SAJAN of 3<sup>rd</sup> DC English M3 and ASNIYA V ABUBAKAR were declared as the winners.



online photography context MATHCAM was held on the 17<sup>th</sup> of July on the topic MATHS
 IN DAILY LIFE

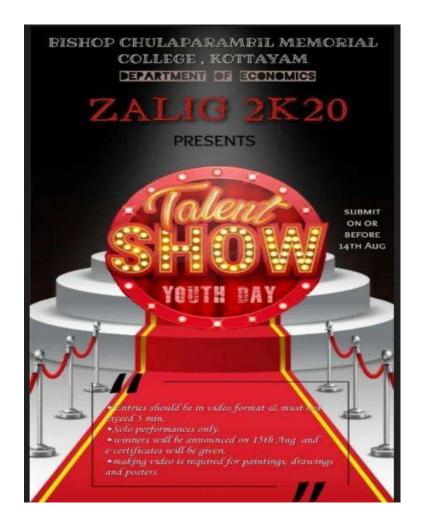


### **NAGASAKI DAY**

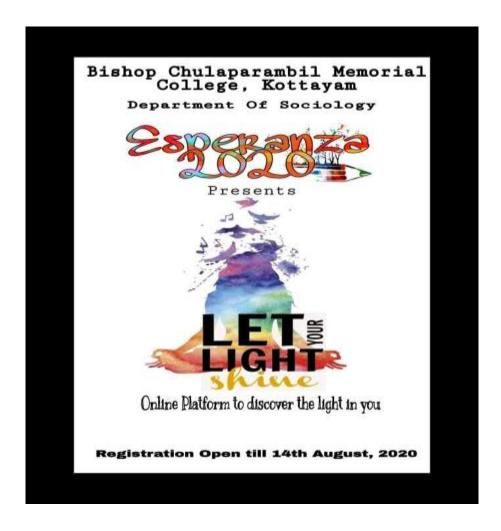


The Department of Economics organized an interdepartmental speech competition on the memorable occasion of Nagasaki day (9th August). The participants were asked to present a speech based on "We want to grow up, not to blow up" in a video format not exceeding 10 minutes. The competition was held online to ensure participants' safety amidst the pandemic.

### INTERNATIONAL YOUTH DAY



As part of International youth day, the department of Economics conducted a virtual talent show for our college students. Due to COVID 19, we accepted entries in video format online from students of various departments. We intended to raise a platform for the youth to showcase their talent in the best way, which turned out to be a grand success.



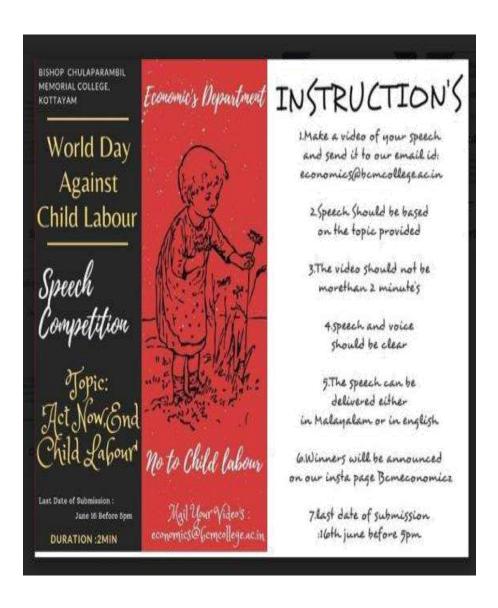
The Department of Sociology conducted an intercollegiate competition named "let your light shine: to discover the light in you" through the online platform with regards to the international youth day. The competition was conducted in three rounds. This intercollegiate competition had an active participation of 50 students from several colleges.

### WORLD HUMANITARIAN DAY



As part of world humanitarian day and world photography day, BCM College Economics Association ZALIG 2K20 conducted an intercollegiate photography contest on the topic of humanity.

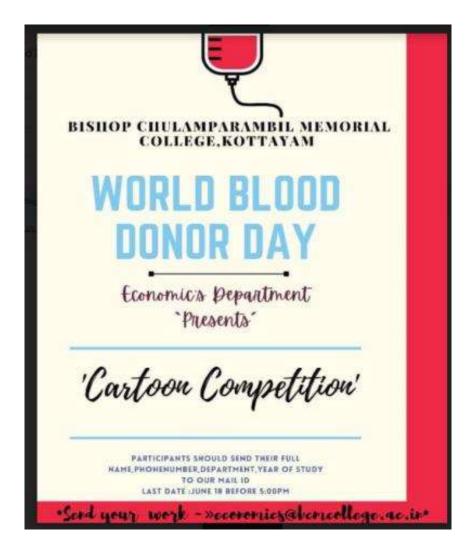
## INTERNATIONAL DAY AGAINST CHILD LABOUR



The world child labour day is observed on 12th June every year and this year the global platform is urged to be united against child labour and human trafficking even more considering the alarming rate of its rise. The college was conducted a speech competition on the theme Act now End Child Labour for the students.

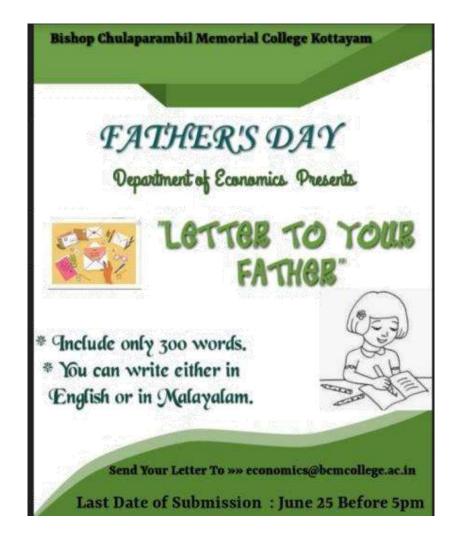


## **BLOOD DONOR DAY**



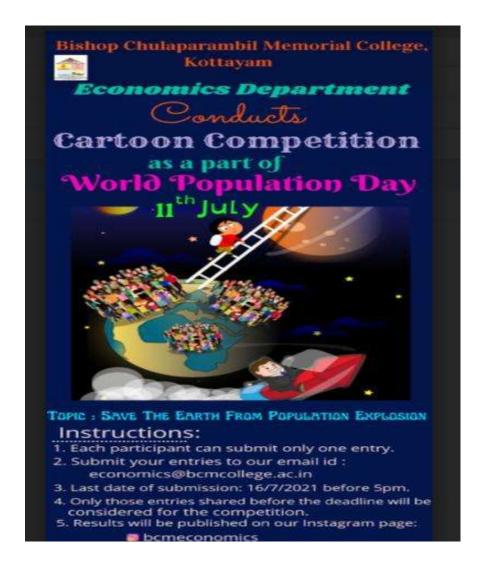
This World Blood Donor Day is held on June 14 each year. The department of Economics organized a cartoon competition on the theme based on world blood donor day for the students.

# FATHER'S DAY



As part of Father's Day, the Economics Department has organized a Letter to your Father competition. In the interdepartmental competition, six students from different departments participated

# WORLD POPULATION DAY



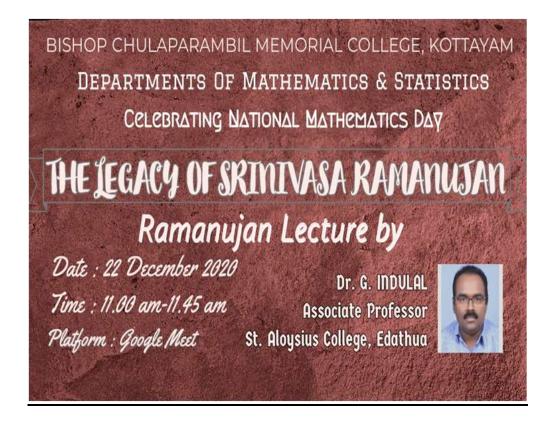
As part of World Population Day, the Department of Economics celebrated a cartoon competition on 11th July 2020. The topic of the cartoon competition selected was Save the Earth from population explosion.

# KARGIL VIJAY DIWAS



To celebrate the **Kargil Vijay Diwas**, the Department of Economics has organized an Inter-Departmental Slogan Writing Competition on 26th July 2021.

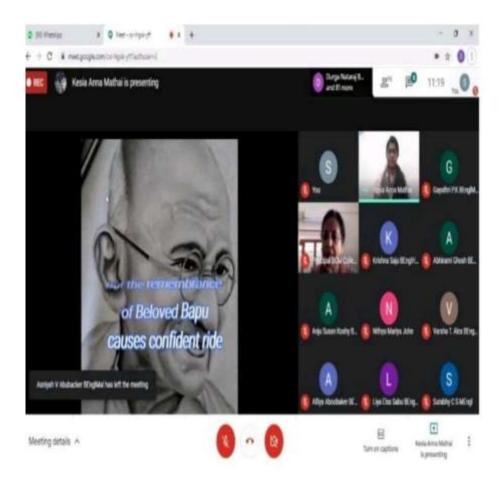
### NATIONAL MATHEMATICS DAY



22<sup>ND</sup> December 2020 was celebrated as national mathematics day. On this day we conducted various programs in remembrance of great mathematician SRINIVASA RAMANUJAN. We had a Ramanujan lecture by Dr. GINDULAL, associate professor, at St Aloysius College, Edathua. The lecture was highly effective to make us understand, know and grow more by knowing the crowning achievement of SRINIVASA RAMANUJAN. A quiz competition had also been conducted on this day and was a grant success. Winners were appreciated and awarded.

# **GANDHI JAYANTI CELEBRATION 2020**

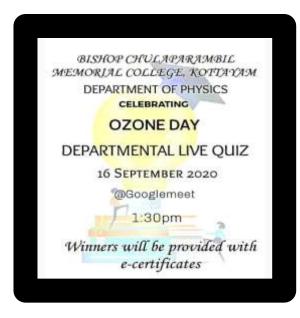
The English Department organized a Gandhi Jayanti celebration on October 2nd,11.00 AM, via Google Meet. Gayathri P.K served as the Emcee. The Welcome Address by Sanika Sajan was followed by Krishna Saju, who presented a declamation of Gandhi's famous speech at Kingsley hall in 1931.

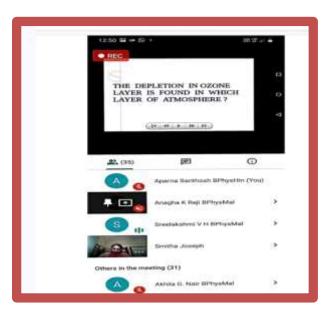


#### WORLD OZONE DAY



As a part of World Ozone Day, the Department of English organized a poem writing competition on the topic "A Dirge for The Dying". The department of Physics conducted a live online quiz on Ozone Day, September 16th, 2020. An Interdepartmental Cartoon Competition on the topic "Ozone for Life" was also conducted.



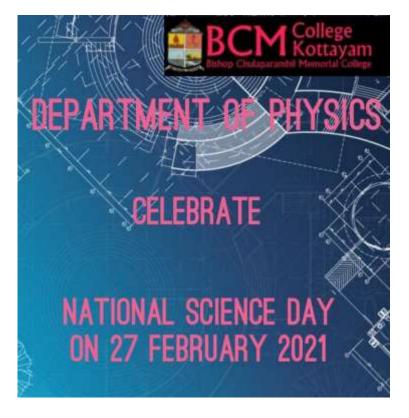


### PAPER BAG DAY



The Department of English observed World Paper Bag day on the 12<sup>th</sup> of July 2021. The invitation to the programme was open for all to participate. This programme was conducted to take small steps together toward a better sustainable and plastic free tomorrow.

# **NATIONAL SCIENCE DAY**



National Science Day was celebrated on 27th February 2021. A welcome speech was given by Nandhana Vijay (2nd DC). A documentary on the life, work, and contribution of Sir C V Raman was presented by Akhila G Nair (2nd DC). Aparna Santhosh (3rd DC) explained about Raman Effect and its applications.

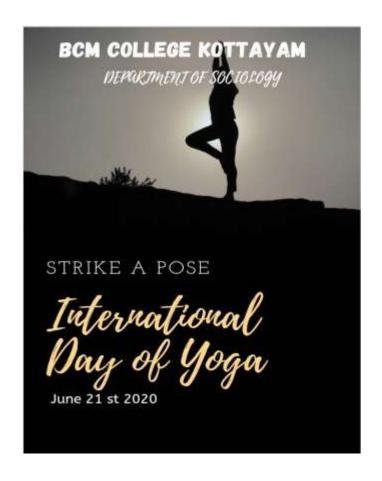


# **GLOBAL DAY OF PARENTS**



The theme for Global Parents Day 2020 is 'appreciate all parents throughout the world'. The theme puts a spotlight on the struggles, sacrifices and efforts made by parents for their children worldwide. As part of the global day of parents, Department of Sociology conducted a letter writing competition on the topic of Dear mother and father on 9<sup>th</sup> june 2020.

# INTERNATIONAL YOGA DAY





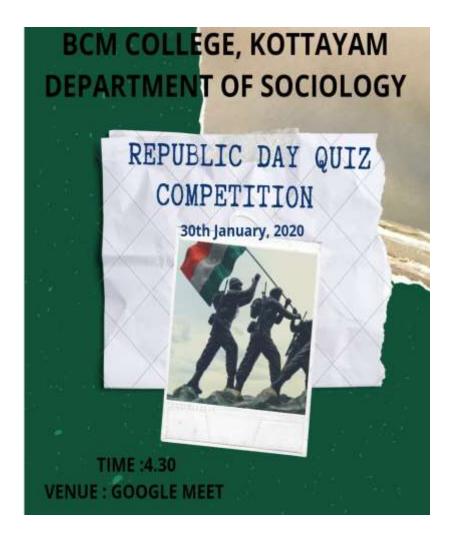


### **HUMAN RIGHTS DAY**



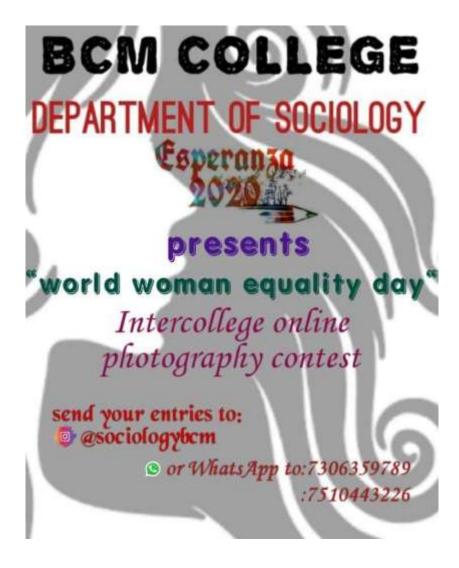
The department of sociology organized a webinar series on the topic "Human Rights and The Indian Constitution" from 5<sup>th</sup> to 8<sup>th</sup> August 2020 by Dr. Jaisy Karingattil, Assistant professor at CSI College for legal studies. This webinar series saw the active participation of 91 students at the intercollegiate level. They also conducted an online Quiz competition in connection with human rights.

### REPUBLIC DAY



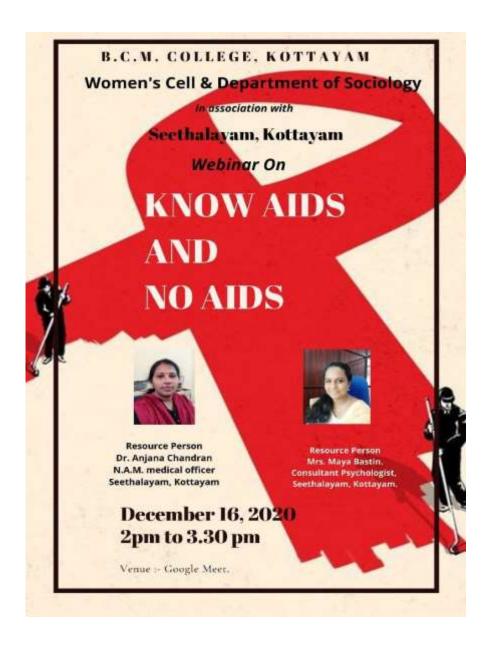
As part of Republic day, the department of sociology conducted a republic day quiz competition on 30<sup>th</sup> January 2020 via google meet for the students.

# WORLD WOMAN EQUALITY DAY



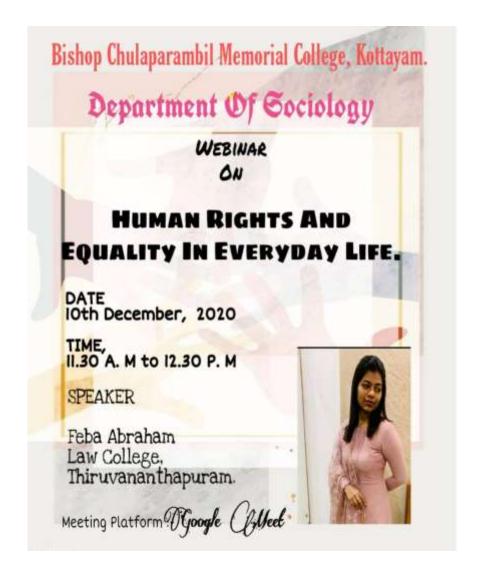
The department of sociology conducted intercollegiate online photography on World Women Equality Day. This intercollegiate competition had participants in and around Kottayam.

### **WORLD AIDS DAY**



In association with the Women's Cell of the College, Seethalayam Kottayam we conducted a webinar on the topic "Healthy Motherhood: a need for better tomorrow" on 16th December 2020 by Dr. Anjana Chandran and Mrs. Maya Bastin. This intercollegiate seminar had the active participation of 88 students

### INTERNATIONAL HUMAN RIGHTS DAY



The Department of Sociology conducted a webinar on "Human rights and equality in everyday life" on 10th December 2020 by Ms. Feba Abraham.

## **FOOD DAY**



World Food Day creates many programmes and activities to highlight and take necessary actions for food security and good nutrition for all, with a special focus on poor and vulnerable communities around the world. As part of the world food day, the department of sociology conducted cake making competition on 16<sup>th</sup> October 2020.

# YOUTH DAY - "Snehaanam"



On 12th January 2020, youth day was celebrated eminently. For the distribution of lunch packets in the district hospital of Kottayam, snehaannam was collected by the NCC cadets of the BCM college NCC unit. 60 cadets participated in the collection and bought the packets. The collection was done under SUO. Sneha Merin Saji and Lt.Dr. Reeja P S.













### ARMY DAY EXHIBITION



On behalf of the 72nd Army day celebration, the BCM College NCC unit proudly presented an exhibition before the student and teachers of BCM college. The Exhibition was organized under the leadership of Lt.Dr.Reeja P S and SUO. Sneha Merin Saji. 50 cadets participated in organizing the exhibition. The exhibition was held after a dance performance by the cadets. The exhibition was held on 15th January 2020.





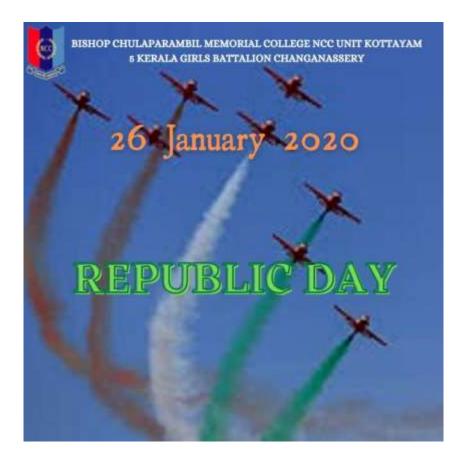








### REPUBLIC DAY



With Freedom in mind, faith in words, pride in hearts, and memories in souls, the Indian nation celebrated its 71st republic day. The historical day to remember the national heroes and freedom fighters who suffered to give us a republic nation. BCM college NCC unit celebrated republic day memorably in the Kottayam police parade ground With ANO Lt. DR. Reeja P.S and SUO Sneha Merin Saji. The cadets have actively participated in the contingent drill competition and have secured the second position for the best contingent drill in the NCC senior division. After the competition, the cadets showed their willingness and were actively involved in the flag hosting in front of the college. College Principal DR. Teena Anna Thomas hosted the flag and shared the republic day message.

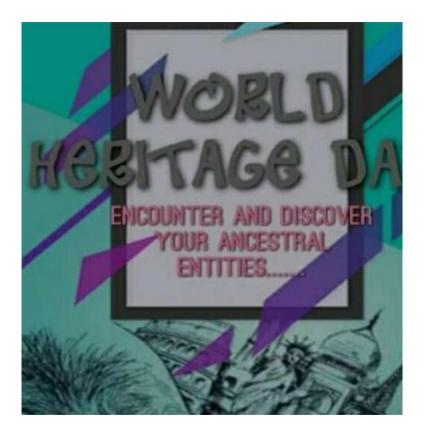








## **WORLD HERITAGE DAY**



World Heritage Day is observed every year on April 18 to preserve the human heritage and recognize the efforts of the organizations working for it. Monuments and ancient buildings are an asset to the world. They make for the rich heritage of the nation. Therefore, World Heritage Day is a collective effort of the communities in the world to do the needful. This day is celebrated to maintain the legacy and save the rich heritage which has been given to us by our ancestors. It helps us examine our history and traditions and enables us to develop an awareness of ourselves. It helps us understand and explain why we are the way we are. Heritage is a keystone of our culture that plays an important role in our politics, society, business, and world view. The NCC cadets of BCM college created awareness of the importance of conserving ancestral monuments and buildings on April 18.

# INTERNATIONAL YOGA DAY

The International Day of Yoga is celebrated annually on 21 st June since 2015. Yoga is a physical, mental, and spiritual practice that originated in India. The Yoga day was inaugurated by Col. Satheesh Kumar, CO of 5(K) Girls Battalion, Changanassery. The BCM College NCC unit published a video on 27 th June, 2020 which included the Yoga practices of the ANOs and cadets of the 5(K) Girls Battalion with the caption –'Yoga does not transform the way we see things it transforms the person who sees. : https://youtu.be/u\_u8Ah97\_O

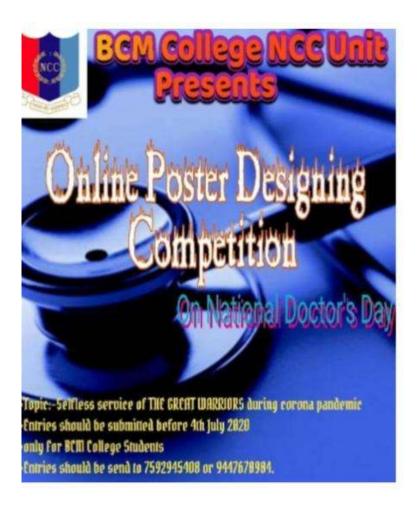


# INTERNATIONAL DAY AGAINST DRUG ABUSE



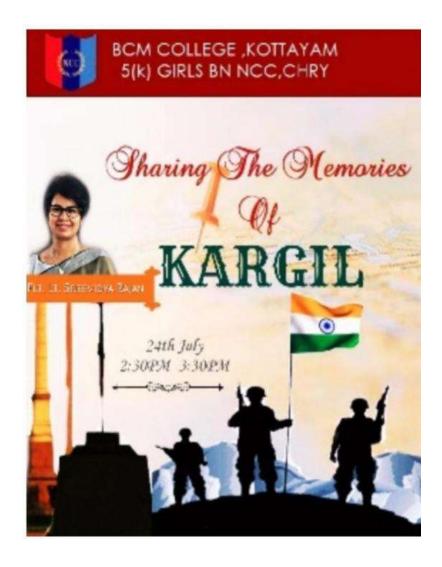
To spread awareness about the dangers of drugs and trafficking, the International day against drug abuse and trafficking was observed by the BCM College NCC unit on 26th June20. About 56 cadets participated in the programme. Cadets actively participated in various awareness programmes. They were able to spread the message "Say no to Drugs".

# NATIONAL DOCTOR DAY -POSTER MAKING COMPETITION



As a tribute to the doctors for their selfless services, an online poster designing competition was organized by the BCM College NCC unit on 4<sup>th</sup> July, 2020-National doctors day. The significance of the day bad increased this year as they have become the new version of our knight in shining armarmor battle against the pandemic. During these unprecedented times, they have been at the forefront and were called 'corona warriors'. The participants of the poster making competition made sure that their work contained the theme and hence was a great success.

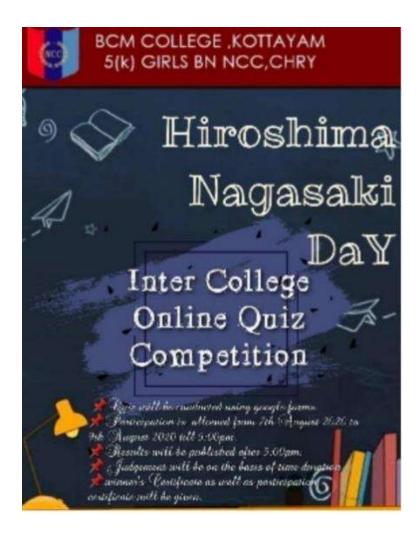
# SHARING MEMORIES OF THE KARGIL WAR



On commemorating the Kargil war of 1999, an informational and motivative session with Flt. Lt Sreevidhya Rajan was organized by BCM College NCC Unit. The online session was held on 24 th July, 2020. It was an interactive session in which the cadets took the opportunity to clear their doubts and to gain more information about our defense systems.

56 cadets participated in the programme. The session appeared inspirational as the chief guest shared her memories and experiences as the first woman pilot.

# HIROSHIMA AND NAGASAKI DAY –INTERCOLLEGIATE QUIZ COMPETITION



As a part of commemorating Hiroshima and Nagasaki day, an intercollegiate online quiz competition was conducted on 6th August 2020. It reminded us of the awful and substantial tragedy that had ever happened in the history of the world. On August 6, 1945, the United States dropped a nuclear weapon on Hiroshima, Japan –the first time such a catastrophic weapon was ever used in conflict.

Three days later the U.S. released another on Nagasaki, devastating the city and ushering in the nuclear age. The winners and participants of the quiz competition were awarded e-certificates

# INDEPENDENCE DAY



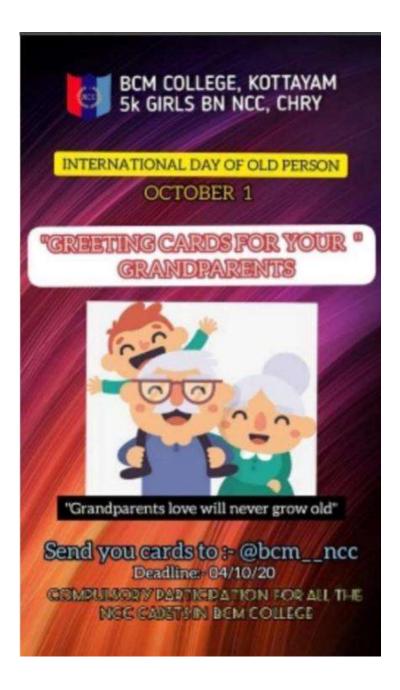
On 15<sup>th</sup> August 2020, the cadets of the BCM College NCC unit celebrated Independence Day, under the guidance of ANO Lt. Dr. Reeja PS. There was the active participation of cadets in the Independence Day parade. Sabu sir of West Police station delivered the Independence day message and the college principal Dr. Teena Annah Thomas hoisted the flag. A photography competition on the Topic –'Independence during lockdown 'was also conducted the same day.

# WORLD PEACE DAY -PHOTOGRAPHY COMPETITION



On 24 th September, 2020, the cadets of BCM College NCC organized an Interdepartmental Photography competition based on the theme 'Peace'. There was active participation from every department and they shared different ideas about world peace. We got around 36 entries for the event.

# **GREETING CARD FOR GRANDPARENTS**



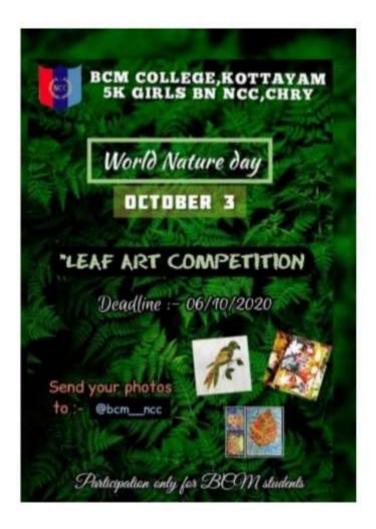
Grandparents are the building blocks of our families. Making them happy and making them proud are the great things that we do for them. To show our affection and love for our grandparents, the cadets of BCM College NCC unit organised a greeting card making competition. The event was organized as part of International Day of Old Persons on 1<sup>st</sup> October 202

# **GANDHI JAYANTI**



In celebrating the birthday of Mahatma Gandhi, an interdepartmental caption writing competition was organized by the BCM College NCC unit on 2 nd October, 2020. e-Certificates were provided to the winners. Students from all departments actively participated in the programme.

# WORLD NATURE DAY -LEAF ART COMPETITION

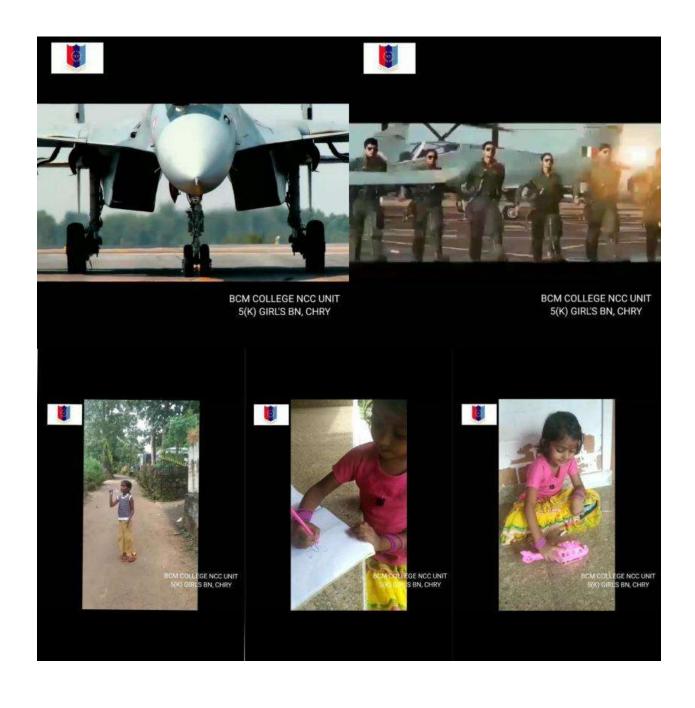


To express the beauty of our nature, a leaf art competition was conducted by the BCM College NCC unit on the World Nature day-3rdOctober, 2020. The students actively participated in the competition and the winners were awarded e-certificates. The competition also raised awareness about serving our wonderful nature. Amidst the alarming problems, the day was a reminder to give better aid to our mother nature.

#### INDIAN AIR FORCE DAY



The Indian Air Force was officially established on 8 October 1932. Its first ac flight came into being on 01 April 1933. Therefore, the celebration of this day was officially started on 8<sup>th</sup> October in the year 1932 to increase the Awareness of the Indian air force in any organization of the national security both officially and publicly. The day is celebrated in air force bases all across the Nation with air shows and parades conducted by air force cadets, as the Indian Air Force (IAF) has its prime responsibility of securing the Indian airspace as well as carrying out the aerial warfare during any clash. It is known that the Indian Air Force has been a fundamental and crucial part of the defence system of the nation along with the Indian Navy and Army. To make awareness about our national defence, we the NCC cadets of BCM College created an inspiring video on October 8, 2020 which is sure to enlighten every mind with the spirit of nationalism. http://youtu.be/uawffTEt3f8



# INTERNATIONAL GIRL CHILD DAY



Girls face a lot of issues in their life. No matter whether it's India or any other country In the world, they are expected to suffer and bear the pain. Starting from female Infanticide to gender inequality and sexual abuse, there is no dearth of issues. Thus to curb these menace and to recognize girls' rights and the unique challenges girls face around the world, International Girl Child Day is observed every year. The International Day of the Girl Child is being celebrated every year on October 11. The main objective of this day is to empower women and help them to get their rights so That they can face the challenges all over the world and meet their needs. For Advancing the rights and empowerment of girls in every field, an impetus video was created by the NCC cadets of BCM College on October 11, 2020.

https://youtu.be/0hrh4a3Y\_TY



# CHILDREN'S DAY -SELFIE WITH CHACHAJI



Children's day is celebrated every year on the birth anniversary of India's first Prime Minister Jawaharlal Nehru, on November 14. Children's day is celebrated as a tribute to our Chachaji.

The BCM College NCC unit conducted an online selfie competition on 14 th November, 2020 on the topic 'Selfie with little Chachaji'. The active participation of the students made the day rememberable, as a small tribute to Chachaji.

https://www.instagram.com/p/CHkYBlVjOQv/?igshid=968b7c2td8zt

# NATIONAL UNITY DAY

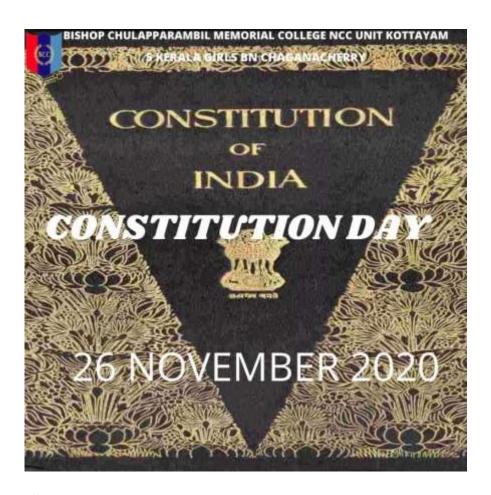


National Unity Day or Rashtriya Ekta Diwas is celebrated on October 31 every year. The day was introduced by the Government of India in 2014 to mark the birth anniversary of Iron Man of India -Sardar Vallabhbhai Patel. This year marks the 145<sup>th</sup> birth anniversary of the freedom fighter. Patel played a crucial role in India's freedom movement and the integration of India from 560 princely states. He was the first Deputy Prime Minister and Home Minister of independent India. National Unity Day is observed to acknowledge the efforts of Patel to unite the nation. To spread the need of being united, we the NCC cadets of BCM College coined a video on October 31<sup>st</sup> which describes the importance of Unity.

# $\underline{https://www.instagram.com/tv/CHA-gP6jQx0/?igshid=186uxpyqeg82t}$



# **CONSTITUTIONAL DAY**

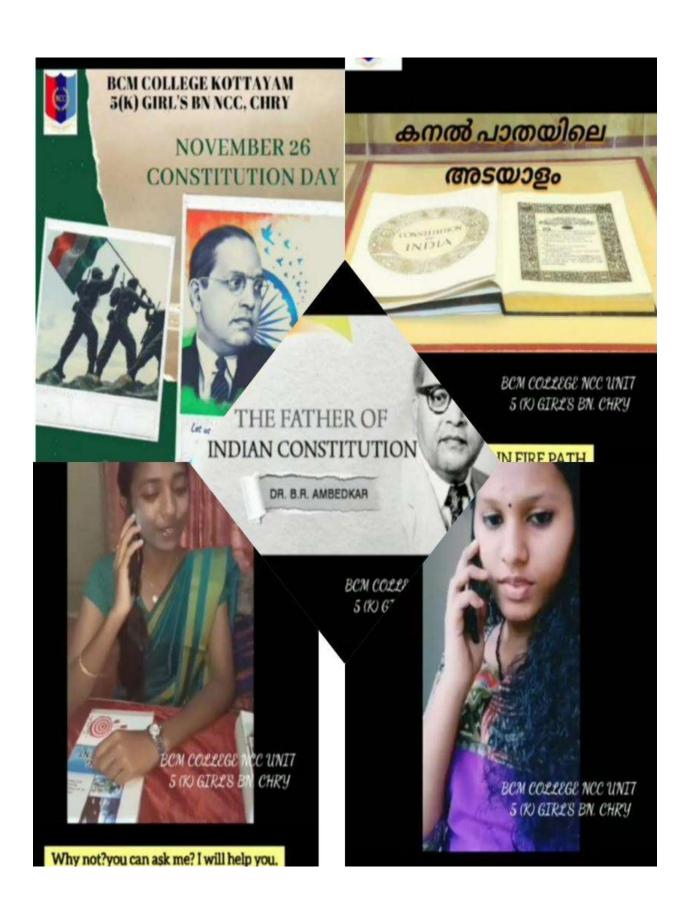


#### • <u>VIDEOS</u>

All NCC programs on Constitutional day were celebrated through the Online Platform 'YouTube' on 4 th November,2020, to commemorate the adoption of the constitution of India. Two informal videos were made by the cadets. The first video was a poem" we the people of India". The poem reminds us about the Proudness one should feel like a citizen of India. The second video was about a very commonly heard question "what is a constitution?" A short film was created, which included the origin and every information regarding the Constitution.

https://youtu.be/kv0hw5hT9JI

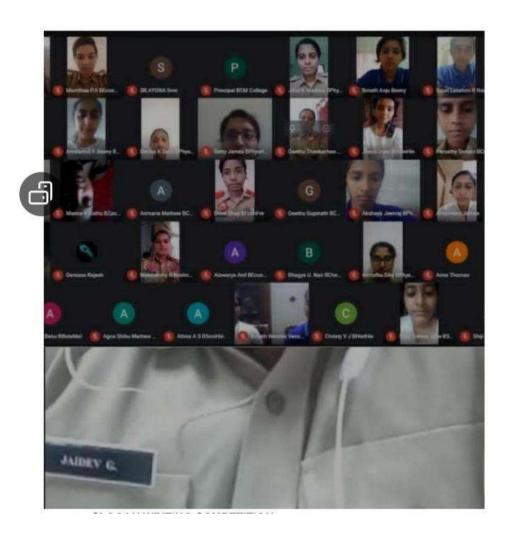
https://youtu.be/g2l9NV\_CKao



#### • WEBINAR WITH JAIDEV IPS



The constitution is not merely a lawyer's document. It is a vehicle and its spirit is Always the spirit of ages. As a part of the Constitution Day on 26 th November 2020,the BCM College NCC unit organized a webinar with Jaidev G IPS, District Police Chief, Kottayam. The webinar was on the topic – 'Indian Constitution and Contemporary challenges'. It was a different experience for all the cadets and They used the opportunity to clear their doubts regarding the Constitution and to Know more about it.



#### • SLOGAN WRITING COMPETITION



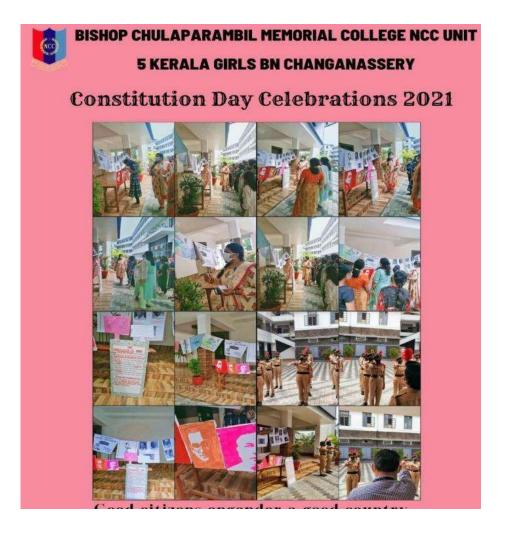
Constitution Day or Samvidhan Diwas is celebrated annually in India on 26 th November. The day is also known as National Law Day. The day commemorates The adoption of the Constitution in India. The constitution is a set of written principles and precedents of the Government of India that frames fundamental political principles, procedures, rights, directive principles, restrictions, and duties of the Government and the citizens of the country. As a part of Constitution Day, a slogan writing competition on the topic 'democracy 'was held in 1st December, 2020, and The active participation of cadets was ensured.

# • QUIZ COMPETITION



A quiz competition on the Constitution of India was held on 3 rd December,2020 as a part of Constitutional day. Most of our cadets and students had participated, which reminded them about the fundamental rights and responsibilities we must shoe towards the nation. The event also helped in know more about our constitution

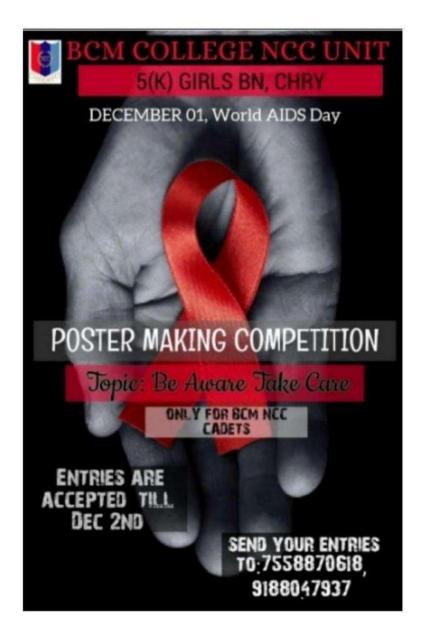
# **CONSTITUTION DAY**



India celebrates its Constitution Day or Samvidhan Diwas on 26th of November every year to commemorate the adoption of the Constitution of India. The day is marked as the birth anniversary of Dr B.R Ambedkar who played a seminal role in the framing of the Indian Constitution as the Chairman of the Drafting Committee of Constituent Assembly. Dr Bhimrao Ambedkar was the first law minister of India.

As part of observing Constitution Day, the BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, conducted an exhibition and the cadets took an Oath, given by the principal Dr. Stephy Thomas and read the preamble of the Constitution. It was a good experience for the cadets.

# **WORLD AIDS DAY**



AIDS-Acquired Immune deficiency syndrome is a disorder developed by HIV affecting the human immune system. World AIDS Day, observed on 1 st December every year since 1988 is an international day dedicated to raising awareness about the deadly disease. On behalf of World AIDS Day 2020, the BCM College NCC unit conducted a Poster making competition on the topic –'Be Aware, Take Care. All the cadets actively participated and made the event successful.

# **WORLD FOOD DAY**



# World Food Day





# "IF YOU CAN'T FEED A HUNDRED PEOPLE, THEN FEED JUST ONE".

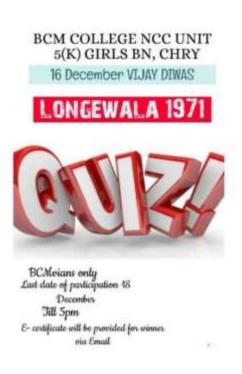
Our actions are our future. There are millions of people across the globe who do not have enough food to sustain a healthy lifestyle. Our work to contribute to these people would remain a great step. To create awareness about this, the BCM College NCC unit observed 16 th December, 2020 as the World Food Day. The day helped to generate awareness for those who suffer from hunger and to ensure the need for food security for all.

#### **HUMAN RIGHTS DAY**



The NCC cadets of BCM College observed 'Human Rights Day on 12<sup>th</sup> December,2020 in a unique way. As an opportunity to reaffirm the Importance of human rights in rebuilding the world, a film review competition was held virtually through an online platform. It was given the review of the short film 'Black And White' which was an award winning short film as the topic of the competition. There was the active participation of students from all departments. E-certificates were given to the winners. The competition was a real boost for the cadets Amidst the covid 19 pandemic.

# QUIZ COMPETITION ON VIJAY DIWAS



'Vijay Diwas' is the day to memorize the victory of Bangladesh over Pakistan in the war of 1971. As part of Vijay Diwas, the NCC cadets of BCM college held a quiz competition titled 'Longewala 1971' on 16th December 2020. It was only for BCM ians and the last date of participation was on the 18th of December 2020 till 5:00 p.m. E-certificates where are also provided for winners.

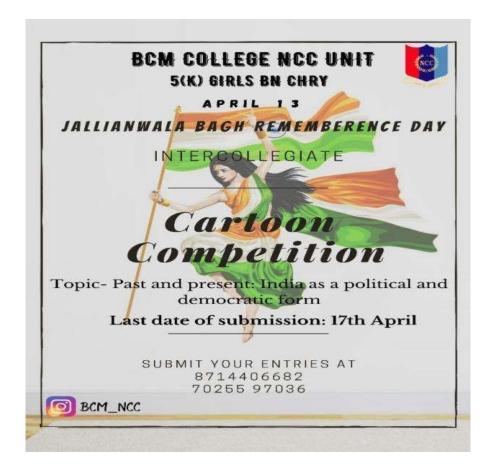
India observes 26 th January as the day on which our Constitution came into effect and celebrates it as Republic Day yearly with a lot of pride and enthusiasm. The BCM College NCC unit had celebrated India's 72ndRepublic Day, amidst of Covid-19 pandemic. After flag hoisting, parades and cultural programs were organised under the leaderships of UO Dona Shaji and UO Meenakshy B Krishna. The flag was hoisted by the college principal Dr. Teena Annah Thomas and Sabu sir of West Police station gave the Republic Day message followed by several cultural activities by cadets. The occasion was graceful with the presence of ANO Lt. Dr. Reeja PS.

# **WOMEN'S DAY**



On the occasion of Women's day on 8 th March, 2021, the BCM College NCC Unit together with the NSS Unit organised Fire and Rescue seminar and workshop with the Civil Defence Corp, Kottayam. About 23 NCC cadets participated in the seminar and was a new enlightening in women safety and precautions.

#### JALLIANWALA BAGH REMEMBRANCE DAY



The Jallianwala Bagh massacre, also known as the Amritsar massacre, took place on 13th April 1919, when Acting Brigadier-General Reginald Dyer ordered troops of the British Indian Army to fire their rifles into a crowd of unarmed Indian civilians[3] in Jallianwala Bagh, Amritsar, Punjab, killing about 379 people and injuring over 1,200 other people.

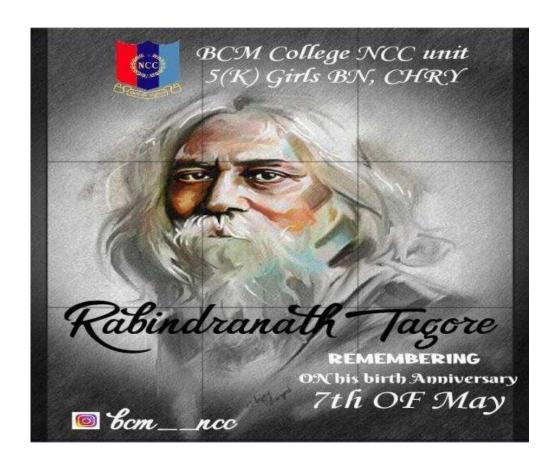
The Cadets of BCM College NCC unit organised an intercollegiate cartoon competition in remembrance of the 379 lives and the way how Indians were independent from the British people. It was a good experience for all of us to be aware of the past colonial period.

#### NATIONAL CIVIL SERVICE DAY



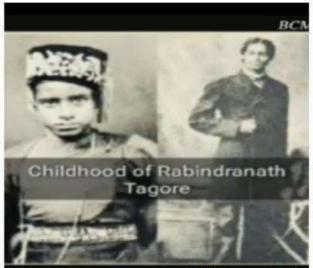
The National Civil Service Day is dedicated to all those who are involved in civil service in order to commemorate their exemplary services. On this day, plans are made for coming years. The celebration on this day motivates Civil Service officers to work more efficiently for the public. The central government evaluates the work of various departments and the government also give rewards to the best working individuals and groups. The BCM college NCC unit conducted a letter writing competition for civil servants on the 21st April, admiring them in their careers. It was really a great experience for the cadets. The first year cadets were really thrilled in writing letter to their favorite Civil servants. Also it was a golden opportunity to know about the different fields in Civil service.

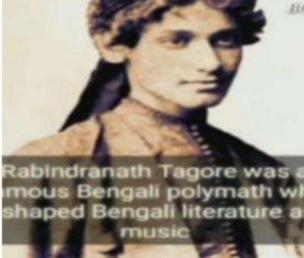
# REMEMBERING BIRTH ANNIVERSARY OF RABINDRANATH TAGORE



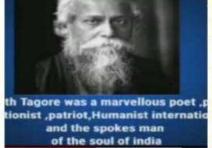
Rabindranath Tagore - born in 7th May 1861 was an Indian polymath, poet, writer, playwright, composer, philosopher, social reformer and painter. He reshaped Bengali literature and music, as well as Indian art with Contextual Modernism in the late 19th and early 20th centuries. In 1913 he became the first non-European as well as the first lyricist to win the Nobel Prize in Literature. Tagore's poetic songs were viewed as spiritual and mercurial. The BCM College NCC unit coined a video on remembering the life of Tagore - the great poet and philosopher in Indian literature, by including his life moments. It was really a great experience to know about the well-known personality of the late 19<sup>th</sup> century.

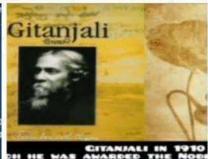
https://youtu.be/uPjxMVw6Cos



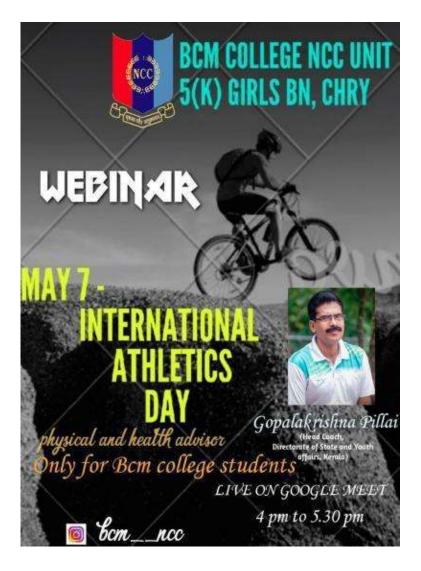








# WORLD ATHLETICS DAY



World Athletics Day is celebrated on 7<sup>th</sup> of May every year. The objectives of this day includes popularising sports among the youth, increasing public awareness about sports and imparting education to youngsters about the importance of sports.

The BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, conducted a webinar on 7th May 2021. The program was led by Sri. Gopalakrishna Pillai, head coach, directorate of sports and youth affairs, Kerala. It was really an inspirational talk in which the cadets could acquire more knowledge about the various athletic events and also about how athletics plays important role in career and job opportunities. The class was very beneficial to all the cadets.

# MOTHER'S DAY CELEBRATION



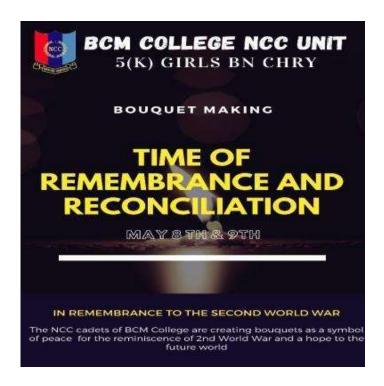
Mother's Day is a celebration honouring the mother of the family, as well as motherhood, maternal bonds, and the influence of mothers in society. It is celebrated on various days in many parts of the world. Mothers are considered as the pillars of the family.

The BCM College NCC unit took initiative to spend a whole day with our mothers. It was really a great experience in which we could help our mother in doing the household chores. The day was beneficial in remembering and thanking the inevitable role of mothers in each family.

https://youtu.be/ItVifZVmjtM



# TIME OF REMEMBRANCE AND RECONCILIATION



The Second World War was the deadliest and most destructive global conflict in history, claiming the lives of more than 50 million people.

The 8th and 9th of May is the time of Remembrance and Reconciliation for those who lost their lives during the Second World War. The day pays tribute to all the victims of the Second World War. This year was the 75th Anniversary of World War II.

The BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, made bouquets as a part of reconciliation for those who were departed during the war. It was a good experience for us to be able to remember those who lost their lives during the world War.



# INTERNATIONAL NURSES DAY



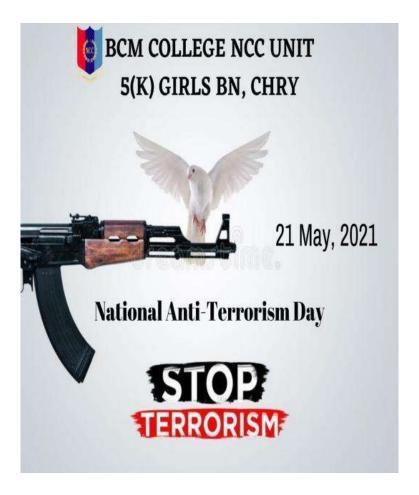
Real warriors won't stop fighting

International Nurses Day is celebrated around the world every year on 12th of May, which is the birth anniversary of Florence Nightingale who was an English nurse, a social reformer and a statistician who founded the key pillars of modern nursing. It is observed to appreciate all nurses, their commitment, and effort, especially now during the ongoing Coronavirus pandemic. Nurses are the backbone of any hospital or clinic, who are continuously providing high-quality care often working without a break.

The BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, created a video on reciting a poem written by one of our Cadets. It was a tribute to all angels on the earth who are now in the battlefield of COVID-19 pandemic. It was a good experience in which we could understand the feelings of nurses, in leaving their dear ones and working for the wellness of our nation. Hats off to all the angels on the earth.

https://www.facebook.com/watch/?v=474461017100899

# NATIONAL ANTI-TERRORISM DAY

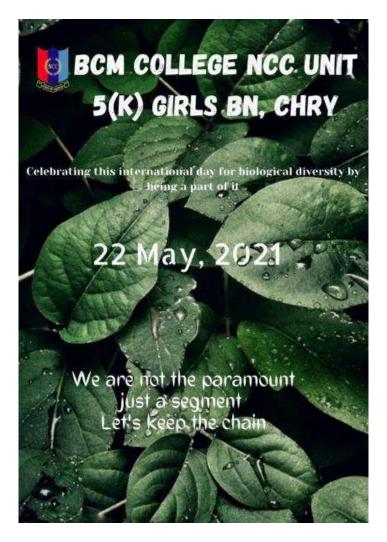


Anti-Terrorism Day is observed on 21st of May in India with an aim to mitigate terrorism; promote national harmony, and unity among people of all caste, creed and sex.

It was on this day in the year 1991 that former Indian Prime Minister Rajiv Gandhi was assassinated; a brutal act of terror that left the entire country shocked and aggrieved. The BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS coined a video on showing the violence caused by the terrorists. It was a great experience in which the cadets could acquire more knowledge about the speciality of this day.

https://youtu.be/d\_B7Ws7krIw

# INTERNATIONAL DAY FOR BIOLOGICAL DIVERSITY

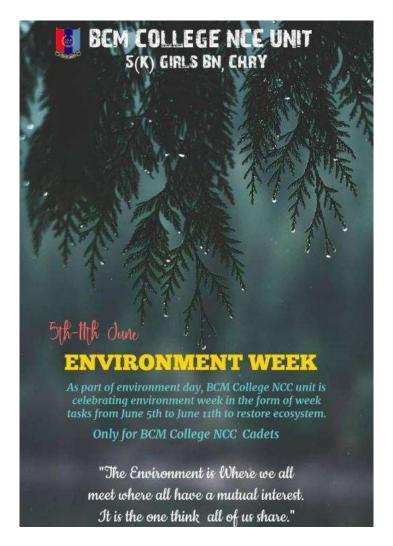


The International Day for Biological Diversity is celebrated each year on 22nd of May, to remind people around the world about the importance of biological diversity and how they affect the existing ecosystems in the world. With the theme 'We're part of the solution', the day aims to encourage individuals and corporations to do their part in conserving the Earth's natural biodiversity and helping in rebuilding it.

The BCM Col2lege NCC unit under the leadership of ANO Lt. Dr. Reeja PS, created a video on the importance of conserving our ecological biodiversity. It was really a good experience in which people could get knowledge about the need to conserve ecosystem.

https://www.facebook.com/watch/?v=345570540236960

# **ENVIRONMENT WEEK CELEBRATION**



World Environment Day is observed on 5th of June every year to remind people about the importance of nature. The day is celebrated across the world to make the people aware that nature should not be taken for granted and must be respected for its values.

As a part of World Environment Day, the BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, celebrated environment week in the form of week tasks from June 5th to June 11th to restore the ecosystem.

## **PLANT A TREE**



Trees greatly contribute to their environment by providing oxygen, supporting wildlife, improving air quality, conserving water, preserving soil, and climate amelioration. Trees take in the carbon dioxide in the air and produce oxygen for living, breathing organisms around it.

As a part of Environment week celebrations, each cadet of the BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, planted a tree in their own garden. It was a good experience for all to be a motivation for others in showing the importance of planting and conserving trees rather than cutting them down.

## **ECO-FRIENDLY CRAFT**



Eco-friendly products are best known as they are good for the environment and there is no harm in the use of eco-friendly products. For example, going green means also reducing your carbon footprint. Our surroundings are everything we have, so it's our duty to treat them well.

As a part of Environment week celebrations, the BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, crafted eco-friendly products on 6th June, 2021. It was a good experience in which all the cadets could understand the importance of protecting the environment and using eco-friendly products.

## PLASTIC FREE ENVIRONMENT



Living plastic free means taking better care of ourselves, our health and our environment. It also means focusing on recycling, on second-hand and durable products rather than cheap single-use stuff, and on repairing or upcycling whenever possible. Reducing plastic consumption can be done in several steps. Start with food: that's where most single-use plastic can be found.

The BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja, as a part of celebrating Environment week, collected the plastic wastes from the surroundings of homes on 7th June and separated as recyclable ones. It was a good experience to make the environment plastic free.

## **DONATE A PLANT**

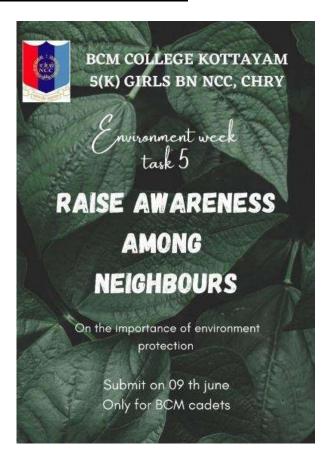


Trees provide us shelter, they gives us fruits and flowers in plenty. Ornamental plants provide decorative attractions; medicinal trees are a true gift of nature. The bark of trees is used for preparing spices, etc. There are a lot of reasons for why one should protect trees and save the greenery in our environment. We ought to spend our leisure time creatively and bring in the younger generation into the roles of nature saviors by teaching them and educating the lot about nature conservation and tree plantation programs.

The BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, as a part of celebrating Environment week, took initiative to donate a sapling in neighbourhood. It was a great experience in which the cadets could convey the message to plant a sapling today for better tomorrow.

#### **TASK 5**

#### RAISE AWARENESS AMONG NEIGHBOURS

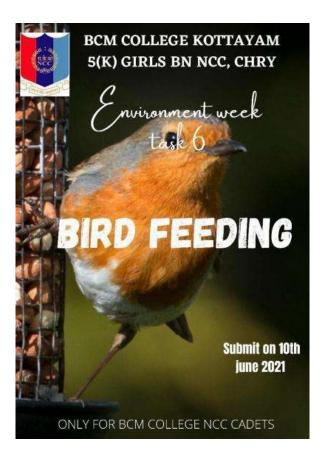


Humans have a moral obligation to protect the environment and to promote the sustainable development of the planet for future generations. Environmental degradation is detrimental and is jeopardising the long-term health and security of animals, plants and humans. Everyone needs to improve their environmental awareness. It is especially imperative to teach children about the importance of environmental awareness, to ensure that the lives of future generations are secure.

As a part of celebrating Environment week, the BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, took initiative and went through the neighbourhood on 9th of June in order to convey the message to plant more saplings and protect our environment. It was a good experience in which the cadets could make them understand the need to promote afforestation

#### TASK 6

## **BIRD FEEDING**



Feeding birds makes a world of difference in an individual's life as well as for our planet. It helps to restore the balance of nature. When we feed birds, we help more birds and their offspring's survive. The most noticeable benefit of feeding birds is simply the pleasure and inner calmness their company can bring us.

The BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, as a part of celebrating Environment week, took initiative on 10th of June to spend time with nature and feed the birds. It was really a great experience in which the cadets could spend some time with nature and feed birds which came nearby.

#### **TASK 7**

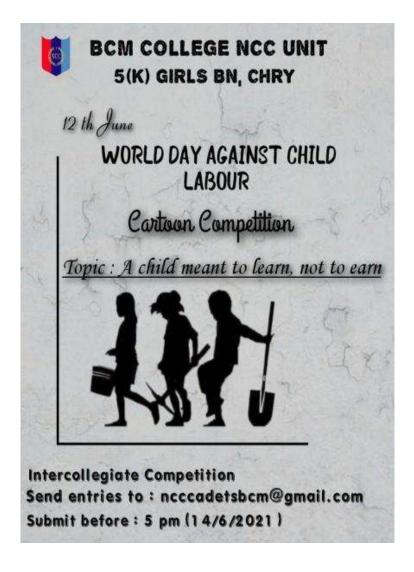
## TRASH TO TREASURE



Recycling reduces the need for extracting, refining and processing raw materials all of which create substantial air and water pollution. As recycling saves energy it also reduces greenhouse gas emissions, which helps to tackle climate change.

As a part of Environment week celebration, the BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, took initiative in selling self made recycled products to their neighbors and dear ones to create awareness about the necessity of ecosystem restoration.

# WORLD DAY AGAINST CHILD LABOUR



Every year 12th of June is marked as World Day Against Child Labour aimed to bring attention to the problems of child labour and to find ways to eradicate and fight against it. The day is used to spread awareness about the harmful mental and physical problems faced by children forced into child labour, around the world.

As a part of observing World Day Against Child Labour, the BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, conducted cartoon drawing competition in order to spread the awareness about the importance of the day.

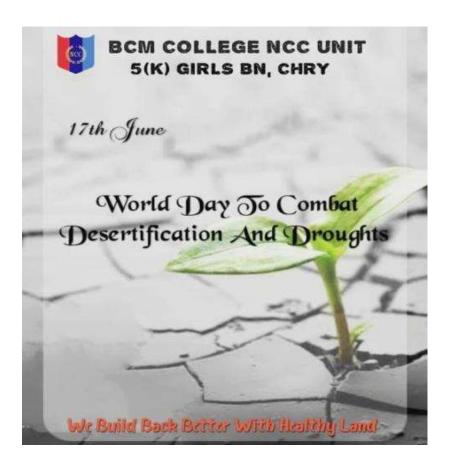
# WORLD BLOOD DONOR DAY



World Blood Donor Day is celebrated every year on 14th of June. It's an initiative by the World Health Organization (WHO), aimed to spread awareness about blood donation and the need for safe blood and blood products. Also, it is celebrated to appreciate the contribution of voluntary blood donors in saving lives.

As a part of celebrating World Blood Donor Day, the BCM College NCC unit under the leadership of ANO Lt Dr Reeja PS, conducted an intercollegiate poster making competition and online speech competition to make people aware about the necessity of donating blood.

# WORLD DAY TO COMBAT DESERTIFICATION AND DROUGHTS



The desertification and drought day 2021 is observed on 17th of June every year. The day's focus is to turn the degraded land that has lost its natural productivity due to human activity into healthy land. To fight this menace, the degraded land should be converted to fertile land in the coming years. The need to restore the degraded land is to bring economic resilience, create jobs, raise income and food security. The pandemic has played a significant role in lessening the impact of climate change and green recovery.

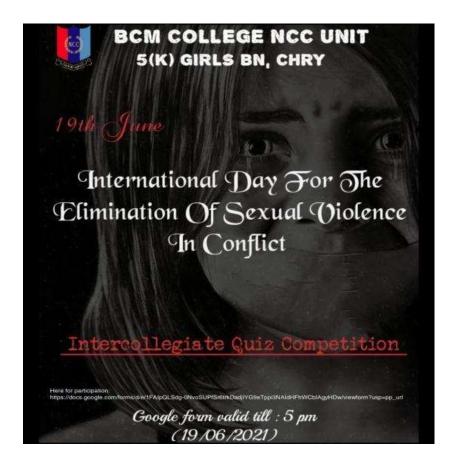
As a part of observing world day to combat desertification and droughts, the BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, coined a video on preserving and protecting our environment by controlling and combating desertification and droughts by generating various methods at their homes.

# https://fb.watch/6glsOyugGz/





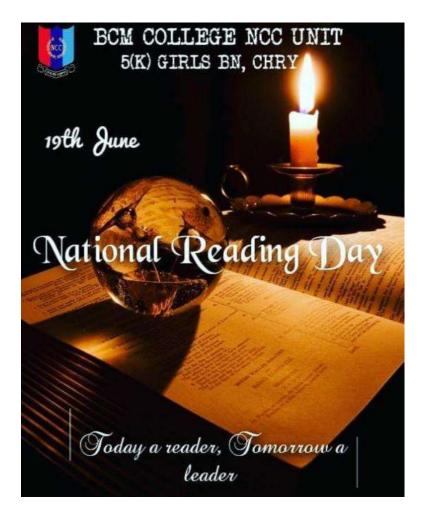
# INTERNATIONAL DAY FOR THE ELIMINATION OF SEXUAL VIOLENCE IN CONFLICT



International Day for the Elimination of Sexual Violence in Conflict is observed on 19th of June every year. It is a crucial event that is meant to raise awareness on the urgent need to prevent and combat the heinous incidents of sexual violence in conflict zones. This particular date was chosen to honor the very first instance when sexual violence was acknowledged as a weapon of war, an act of terror, rather than an unintended result of war.

As a part of observing international day for the elimination of sexual conflict, the BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, conducted an intercollegiate quiz competition in order to raise awareness about the day and e-certificates were given to students who scored more than 80%.

# NATIONAL READING DAY

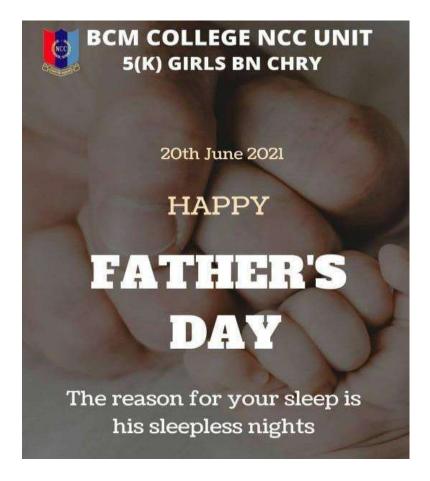


National Reading Day is celebrated across the country on 19th of June every year. The day marks the death anniversary Puthuvayil Narayana Panicker, commonly called P.N who was the father of Library Movement in India. Reading is important because it develops the mind. The mind is a muscle. It needs exercise. Understanding the written word is one way the mind grows in its ability.

The BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, coined a video on showing the importance of reading in our life. It was really inspiring for all of us to know more about the importance of reading.

https://fb.watch/6gt0JcA7hF/

# **FATHER'S DAY**



Father's Day is commemorated in most parts of the world on the third Sunday of June. This year it was observed on June 20. Father's Day is a celebration of fathers, honouring fatherhood, paternal bonds and the role fathers play in society. This day acknowledges and celebrates the contribution of fathers to their own families and society at large. On this day, children get a chance to appreciate their fathers and father figures -all the people who have played a vital role in their lives.

As a part of celebrating Father's day, the BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, wished their fathers with flowers as a token of love towards them. It was a good experience and a memorable experience to all the cadets.

## **WORLD MUSIC DAY**

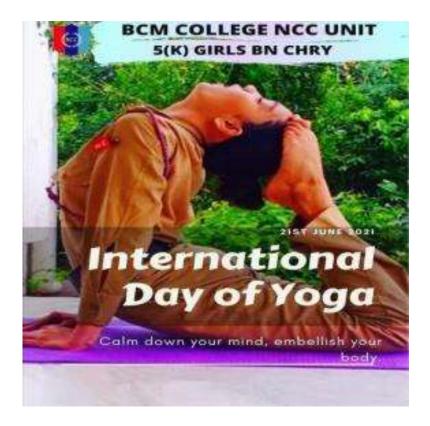


World Music Day is an annual celebration observed on 21st of June all around the world. It is a day to encourage young and amateur musicians to perform. On this day, known as Music Day or Make Music Day, anyone can play their favourite instruments for enjoyment and relaxation. More than 120countries commemorate this day as people organise free public concerts in parks, stadiums, and public places, mostly for music lovers and learners.

The BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, as a part of celebrating World Music Day, coined a video on showing the importance of music's and musical instruments in our daily life. It was a good experience for all of the cadets.

https://fb.watch/6glwbODnlG/

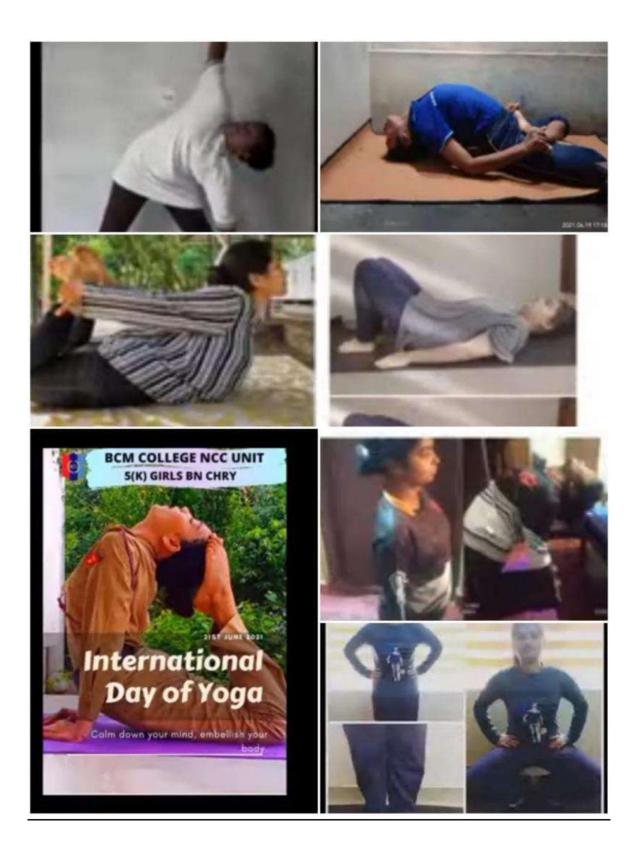
# INTERNATIONAL YOGA DAY



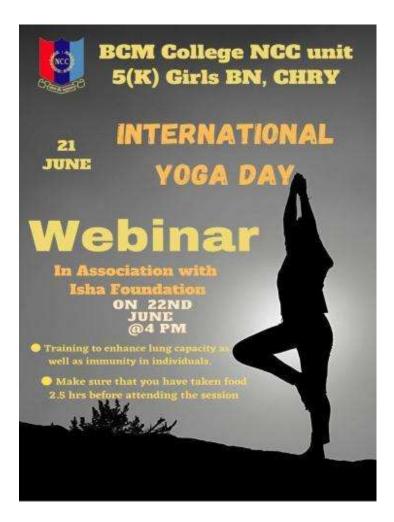
International Yoga Day is celebrated every year on 21st of June. The United Nations has marked the day to raise awareness about the several benefits of practising Yoga for people all over the world. The date was chosen as June 21 is the longest day in the Northern Hemisphere. The word Yoga is originated from the Sanskrit word Yuja which means - 'to join or to unite.' It symbolises the union of body and mind. Yoga practice has been dated to pre-Vedic Indian traditions, known to help cure mental and physical diseases and maintain fitness.

As a part of observing International Yoga Day, the BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, created a video on showing different poses in Yoga by the cadets. It was a great experience in which the cadets could acquire more knowledge about various poses and the benefits of Yoga in day today life.

https://youtu.be/q1c5cSTEzMg



# WEBINAR ON YOGA



The art of practicing yoga helps in controlling an individual's mind, body and soul. It brings together physical and mental disciplines to achieve a peaceful body and mind; it helps manage stress and anxiety and keeps you relaxing. It also helps in increasing flexibility, muscle strength and body tone. It improves respiration, energy and vitality.

The BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, as a part of observing International Yoga Day, conducted a webinar with resource person Arjun sir, member of Isha foundation. It was an informative and fruitful webinar in which the cadets could understand more about different yogasanas.

# INTERNATIONAL DAY AGAINST DRUG ABUSE



Drug addiction awareness is all about encouraging users and those affected to open up. It can be a heavy topic, but coming together presents us with power. Whether it's you or a loved one struggling, keep reading to learn more about drug addiction awareness.

As a part of observing International Day against Drug Abuse and Illicit Trafficking, the BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, conducted an intercollegiate speech competition in order to create awareness about the drug abuse. It was a good experience for the cadets as well others to know more about the hazardous effects of drugs.

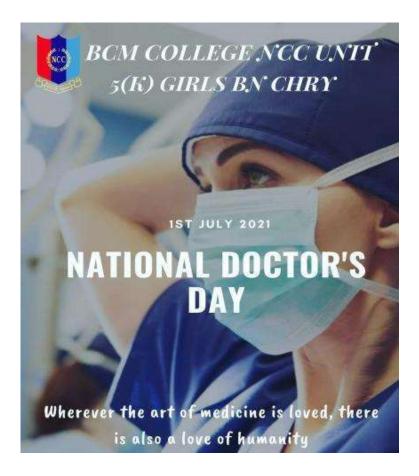




The International Day against Drug Abuse and Illicit Trafficking is observed on 26th of June every year with the aim to create awareness about issues related to drugs and strengthening action and cooperation in order to make the world free of drug abuse. Across the world, many individuals, organisations and communities come together every year on the International Day against Drug Abuse and Illicit Trafficking to inform people about the problems faced by society due to illegal drugs.

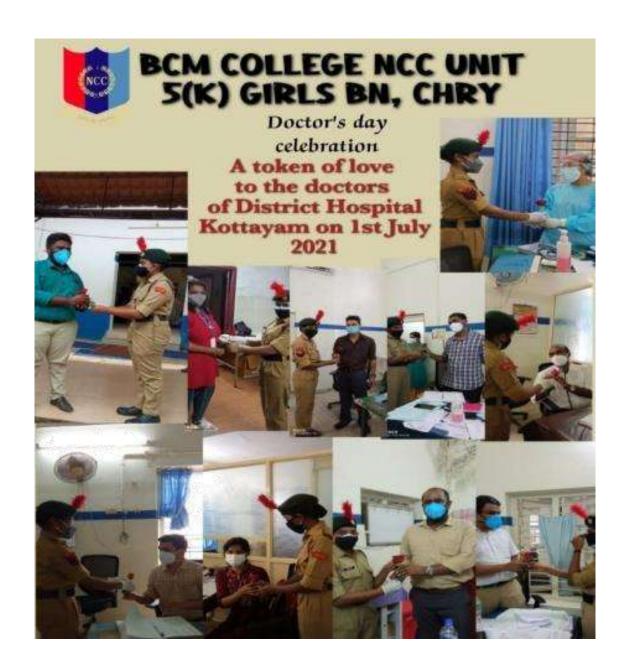
The BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, keeping in mind the theme of this year - 'Share Facts on Drugs, Save Lives', the cadets wrote articles about the importance of observing this day and making the public aware about the bad impacts of drug abuse.

# NATIONAL DOCTOR'S DAY

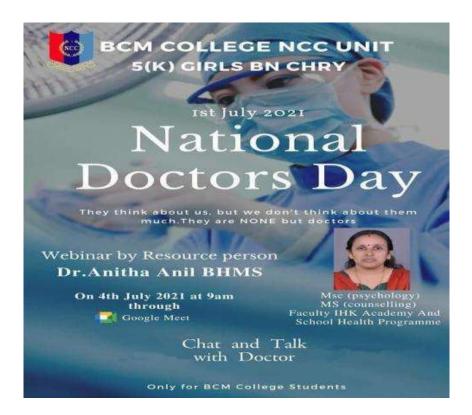


Every year, the 1st of July is observed as National Doctors' Day in the memory of Dr. Bidhan Chandra Roy, who had his birth and death anniversary on the same day. Dr. Roy, was the former Chief Minister of Bengal, who has known for his selfless service. The day, commemorated by Indian Medical Association (IMA), is dedicated to all the doctors and healthcare workers who have been serving people by risking their lives even in times of the deadly pandemic.

The BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, as a part of celebrating National Doctor's Day, the cadets went to District hospital and wished the doctors with bouquets for their selfless service. It was a good experience for the cadets.



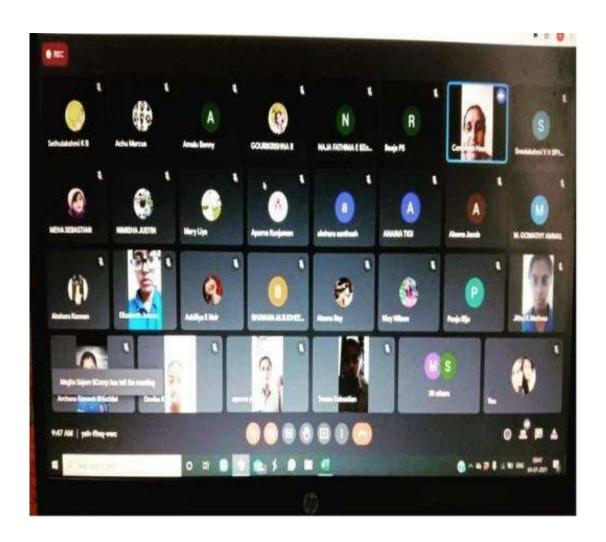
### **CHAT AND TALK WITH DOCTOR**



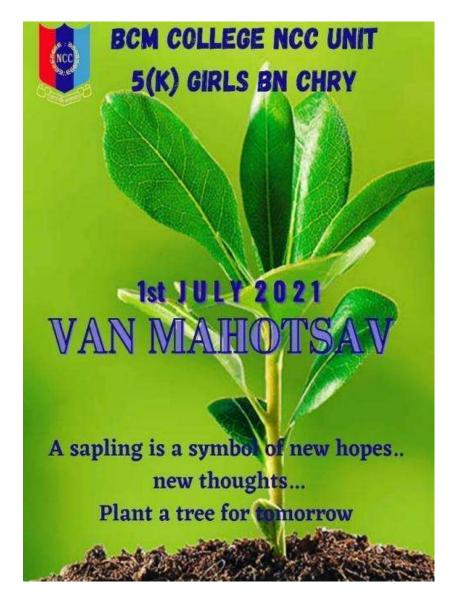
Every year, the 1st of July is observed as National Doctors' Day in the memory of Dr Bidhan Chandra Roy, who had his birth and death anniversary on the same day. Dr Roy, was the former Chief Minister of Bengal, who was known for his selfless service. The day, commemorated by the Indian Medical Association (IMA), is dedicated to all the doctors and healthcare workers who have been serving people by risking their lives.

The BCM College NCC unit under the leadership of ANO Lt Dr. Reeja PS, conducted a webinar on 4th of July as a part of National Doctor's Day, with resource person Dr. Anitha Anil BHMS. There were 67 cadets in total, 27 from second years and the rest 40 from third years who attended the webinar with great enthusiasm till the end. It was really a good experience for the cadets to know more about the present Covid situation and the ways on how we can cope up with the pandemic situation without stressing ourselves.

https://drive.google.com/file/d/1BUCnnw6BCdUaao1wtcY6XgZFt1jPsBjN/view?usp=sharing



# VAN MAHOTSAV WEEK



Van Mahotsav or Forest Festival is an annual tree-planting festival celebrated in the month of July in which thousands of trees are planted all over the country. Van Mahotsav week is celebrated from 1st July to 7th July to spread awareness of forest conservation and to save the environment. The Van Mahotsav week is a reminder that we must protect forests and stop deforestation and practice the 3R rule- Reduce, reuse and recycle.

The BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, took initiative in observing Van Mahotsav Week by doing various activities which reminds us the importance of conserving our forest and ecosystem.

# VIDEO ON HISTORY, WHY AND HOW VAN MAHOTSAV

Van Mahotsav was initiated in 1950 to celebrate the importance of growing and saving forests and to create awareness about the bad effects of deforestation, which is a great initiative. Forests and trees help us to maintain ecological balance and keep the carbon footprint low.

As a part of observing Van Mahotsav Week, the BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, coined a video on the significance of conserving the forest by afforestation. It was a great opportunity for the cadets to know more about the importance of protecting the forests.

https://youtu.be/JB2GBp6ioOs



pyinga weekin the month of is is a celebration of planting tree:



this event millions of trees are pla



n Union Minister for Agriculture ande Interim Government, Jawaharlal Nehru



the afternoon another ceremony was he vas initiated in 1950 by K. M. Muns he Purana Qila led by the Vice President



ost saplings planted during this per more chances of survival than the lanted during other times of the year



endering the idea to that of a festival whe contribution of the silent sentinels toward planetwould be celebrated rather than f

## **QUIZ COMPETITION**

Van Mahotsav raises the awareness of trees among people and highlights the need for planting and tending trees as one of the best ways to prevent global warming and reduce pollution. Forests and trees help us to maintain ecological balance and keep the carbon footprint low, but still trees are being felled and burnt without any concern for the ecological damage being caused and all this despite the awareness about the importance of tress and the significance of planting new trees.

The BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, as a part of celebrating Van Mahotsav Week, a quiz competition was conducted for the cadets in order to make aware about the importance of promoting afforestation and forest conserving. The quiz made the cadets to know the importance of conserving the evergreen economy.

## TREES OUR BEST FRIENDS

Trees are our best friends. They play a very important role in our life. We cannot live without them. They give us timber, paper and firewood. Trees provides us free living sources. They give oxygen without which we cannot live more than about two minutes. They also helps in reducing pollution as well soil erosion.

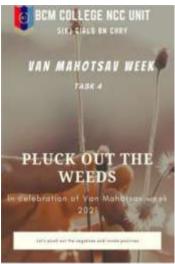
As a part of observing Van Mahotsav Week, the BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, conducted a photography contest with topic 'Trees Our Best Friends', to make others aware about conserving and planting trees rather cutting down for human needs. It was a great experience for the cadets.

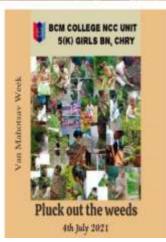


# PLUCK OUT THE WEEDS

Weeding is the process of killing weeds and eradicating them from an area. Weeding is important because weeds are typically invasive, aggressive plants that destroy the environment they live in. If they're allowed to grow unchecked, they can completely take over an area and make it so it's extremely difficult to ever recover. Weeds will literally attack, bully, and choke other plants and even each other. They purposely grow around more desirable plants, and invade their root space.

The BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, took initiative and plucked out the weeds in their surroundings as a part of observing Van Mahotsav Week. It was a good experience for the cadets in which they could know the importance of weeding.



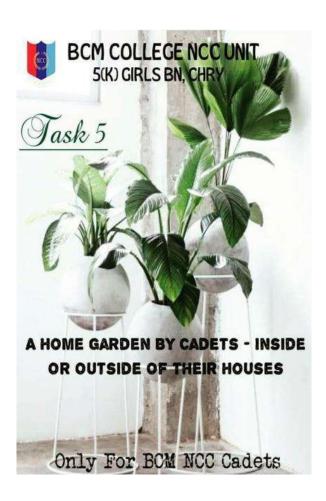


#### **TASK 5**

#### **HOME GARDEN**

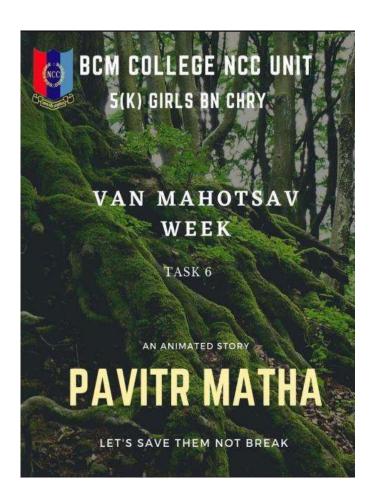
Gardens are important to the planet because, despite being human-made, they represent a natural environment. Plants and trees grow there, taking in carbon and releasing oxygen. The roots of these plants stabilize the soil and filter water.

As a part of observing Van Mahotsav Week, the BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, took initiative and made a garden in their home and surroundings. This helped the cadets to make people aware about the necessity of gardening.



#### TASK 6

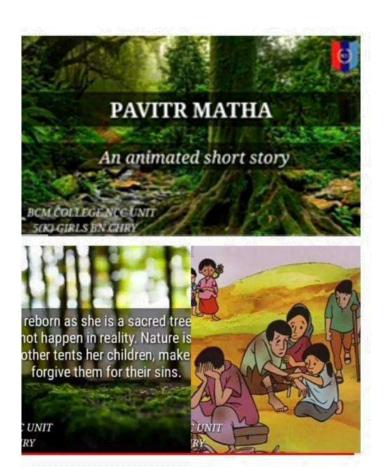
#### **PAVITR MATHA**



Trees are essential to life on Earth. They play important ecological, cultural and economic roles. Trees support species diversity, food webs, habitats and numerous ecological processes such as water and air purification. The importance of trees in regulating climate and soil fertility is essential for the planet.

As a part of observing Van Mahotsav Week, the BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, created an animated short story video in bringing the importance of conserving trees in the ecosystem. The video made cadets more informative in taking care of the environment.

https://youtu.be/TWbgzcP-\_ic



#### **TASK 7**

#### PLANT A SEED OF HOPE

Trees greatly contribute to their environment by providing oxygen, supporting wildlife, improving air quality, conserving water, preserving soil, and climate amelioration. Trees take in the carbon dioxide in the air and produce oxygen for living, breathing organisms around it.

As a part of observing Van Mahotsav Week, each cadet of the BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, planted a tree in their own garden. It was a good experience for all the cadets to be a motivation for others in showing the importance of planting and conserving trees rather than cutting them down.

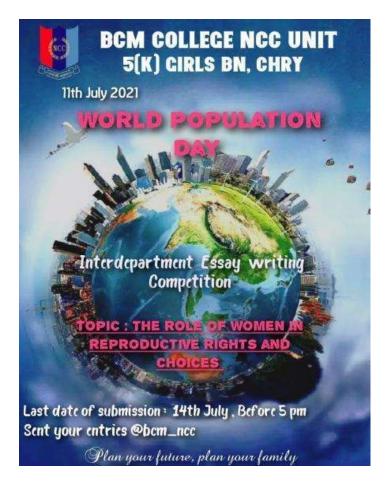
# INTERNATIONAL PLASTIC BAG FREE DAY



International Plastic Bag Free Day is observed on 3rd of July and is dedicated to raising awareness about the very real and pressing issues of plastic pollution. International Plastic Bag Free Day was created by Bag Free World. It was created as a worldwide initiative for the sole purpose of getting rid of the single-use of plastic bags around the world. It is about promoting environmental conservation by encouraging us all to stay away from the use of plastic bags and opt for eco-friendly alternatives.

As a part of celebrating International Plastic Bag Free Day, the BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, made crafts products with plastic bags in order to make people aware about the importance of reducing plastics in their day-to-day life. It was a good experience for the cadets.

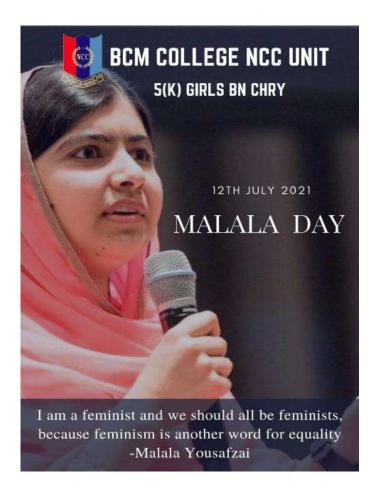
# WORLD POPULATION DAY



World Population Day is observed every year on 11th of July. The main purpose of this day is to draw attention towards the issues arising out of rising population across the globe. The day is observed with the goal of highlighting the difficulties created by overpopulation and raising awareness about how overpopulation may harm the ecosystem and progress of humanity. This year, the theme of World Population Day 2021 was 'the impact of the Covid-19 pandemic on fertility'.

As a part of observing World Population Day, the BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, conducted an interdepartment essay writing competition, with the aim to create awareness about the importance of population and population explosion.

# INTERNATIONAL MALALA DAY



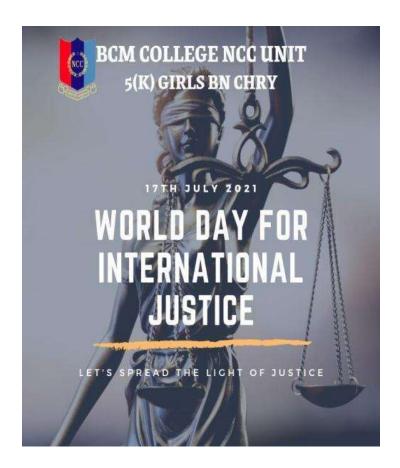
International Malala Day is celebrated every year on July 12 to salute the Pakistani activist, Malala Yousafzai. Malala, who worked for women's right to education across the globe, was never allowed to enter school as a young girl. But unlike many, Malala did not accept it and refused to stay at home. She raised her voice for education being provided to young girls and got nearly killed for that.

The BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, as a part of observing International Malala Day, coined a video on showing the importance of education among women and children. The video made the cadets more informative and was an inspiration on the need to rise up for our rights.

https://youtu.be/11jBkLkhFdo



# WORLD DAY FOR INTERNATIONAL JUSTICE



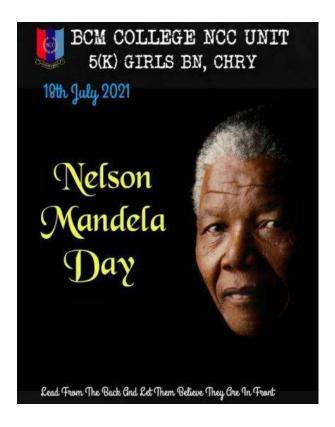
World Day for International Justice is observed across the globe on 17th of July every year to mark an emerging modern system of justice against international criminal acts. The day is celebrated by honouring individuals working to advocate the fundamental human rights of victims affected by criminal acts. People also come together around the world to host events promoting international criminal justice and support for the ICC.

The BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, as a part of observing World Day For International Justice, coined a video on lighting the candle by the cadets in order to convey the message on the need of justice for all citizens.

https://youtu.be/ap8k4DMX6ao



# **NELSON MANDELA DAY**



International Nelson Mandela Day is observed every year on 18th of July to mark the birth anniversary of Nelson Mandela. This day is popularly known as 67 Minutes Mandela day. Nelson Mandela was the South African President who fought for 67 years for social justice and democracy. He is referred to as the "Father of the Nation" and was the first black head of the state. His contributions include service to humanity as a human rights lawyer, a prisoner of conscience, an international peacemaker, and the first democratically elected president of a free South Africa. The day is an occasion for everyone to take action and inspire change.

As a part of observing Nelson Mandela Day, the BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, created a video on holding pluck cards with the famous quotes of Nelson Mandela written in it. It was good experience for the cadets to know more about the late South African President <a href="https://youtu.be/z9hlgG-YEUU">https://youtu.be/z9hlgG-YEUU</a>



#### KARGIL VIJAY DIVAS



Kargil Vijay Diwas is celebrated on the 26th of July every year in honour of the Kargil War's Heroes. This day is celebrated in the Kargil—sector and the national capital, New Delhi, where the Prime Minister of India pays homage to the soldiers at Amar Jawan Jyoti at India Gate every year. Functions are also organized all over the country to commemorate the contributions of the armed forces.

The BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, took initiative and with great enthusiasm, directed a short film to honor the sacrifice of Kargil heroes. The cadets also coined 11 videos as a part of observing Kargil week on honouring some of the heroes of Kargil. It made the cadets know more about how the soldiers protect our nation by sacrificing their life.

https://youtu.be/gvYd4fMm3\_8 https://youtu.be/fV-7h4LjU\_4

https://youtu.be/gch2WvdlC8U

https://youtu.be/pB5ISRD-Jj8

https://youtu.be/AQFlO16s2Q0

https://youtu.be/bJradFwVFrc

https://youtu.be/8NB5fqyJkXI

https://youtu.be/ltc9P6IUbSc

https://youtu.be/vTumj285mpU

https://youtu.be/7ER-nIbOL64

https://youtu.be/JSVDrjniNtA







# HIROSHIMA AND NAGASAKI DAY



Hiroshima Day is observed on the 6th of August every year. It aims to promote peace politics against war. This day is a reminder of the first bombing attack on Hiroshima by the United States during World War II.

On the 9th of August every year, Nagasaki Day is observed because on this day US dropped the second atomic bomb on the Nagasaki city of Japan in 1945 during World War II.

As a part of observing Hiroshima and Nagasaki day, the BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, the cadets coined a video showing the hazardous effects of bombing during the Second World War. It made the cadets be aware of the bombing of Hiroshima and Nagasaki.

https://youtu.be/aLNELTU9zUI



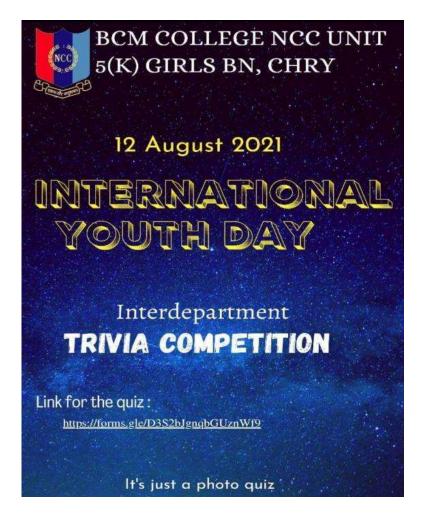
# **QUIT INDIA DAY**

The Quit India Movement was an important milestone in the Indian freedom struggle. Under the leadership of Gandhi, people across India came together to uproot imperialism. On this day in 1942, Gandhi gave the clarion call of "Do or Die" to all Indians to drive away Britishers from the country. The movement had begun from Gawalia Tank in Mumbai. The day is observed as August Kranti Day every year.

As a part of observing Quit India Day, the BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, conducted an intercollegiate quiz competition to portray the importance of the struggle faced by the freedom fighters of that time.



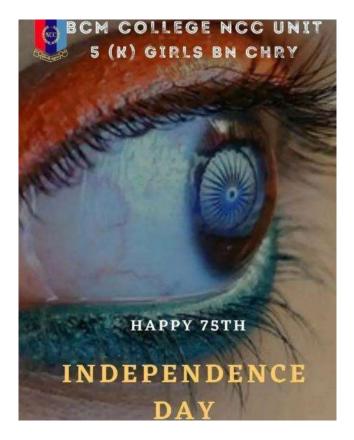
# INTERNATIONAL YOUTH DAY



The International Youth Day is celebrated and observed every year on the 12th of August across the world. The day is marked for giving new initiatives and action taken by the youth. Also, on this day, the government and citizens come together to bring attend towards the problems faced by the younger generation.

As a part of observing International Youth Day, the BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, conducted an interdepartmental quiz competition and the students who scored above 75% were awarded e- certificates. This was a good experience for the cadets to mark the importance of youth in this generation.

# INDEPENDENCE DAY



India's Independence Day is significant as it stands as a reminder of the sacrifices that many freedom fighters made to get independence from British rule. It is a national holiday and it is usually observed throughout the nation with the hoisting of the tricolour, parades and cultural events. India's first Prime Minister Jawaharlal Nehru raised the Indian national flag above the Lahori Gate of Red Fort in Delhi on August 15, 1947.

The BCM College NCC unit under the leadership of ANO Lt. Dr.Reeja PS, very proudly and enthusiastically celebrated the 75th Independence Day. The flag was hosted in College by the Vice Principal Dr. Annu Thomas and the parade was conducted by the cadets under the leadership of ANO Lt. Dr. Reeja P S.Also, as a part of celebrating Independence day, painting competition, patriotic song competition and fancy dress competition were held by the cadets. Winners were selected and awarded with certificates which made them more joyful and proud of the nation's Independence. <a href="https://youtu.be/2LPs8Apzpy4">https://youtu.be/2LPs8Apzpy4</a>







# 15TH AUGUST INDEPENDENCE DAY

# INTER COLLEGIATE PATRIOTIC SONG COMPETITION





#### WORLD HUMANITARIAN DAY



World Humanitarian Day is marked on 19th of August annually to honour humanitarians across the world. The day is observed to pay tribute to people who sacrificed their lives despite the odds and continue to provide protection and life-saving support to people in need. Humanitarians constitute a large number of people who risk their lives to support various humanitarian causes and save other people. They are regarded to be the people who are the first to react to such world crises and the last ones to leave.

As a part of observing World Humanitarian Day, the BCM College NCC unit under the leadership of ANO Lt.Dr. Reeja PS, observed Humanitarian week by coining videos on paying tribute to famous personalities who sacrificed their lives for the people in need. It was a good experience for the cadets.

https://youtu.be/ISw3QM23e24

https://youtu.be/uQZJ5mivOc8

https://youtu.be/RLDshLlTsy0

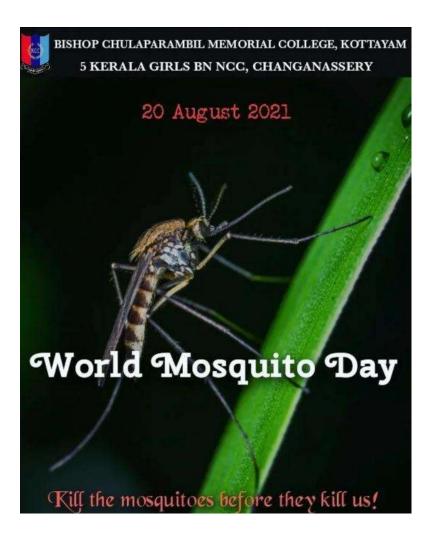
https://youtu.be/GhaPa0t6g4E

https://youtu.be/6AqjMvw\_Q2Q

https://youtu.be/k93vuu0DWyw



# WORLD MOSQUITO DAY

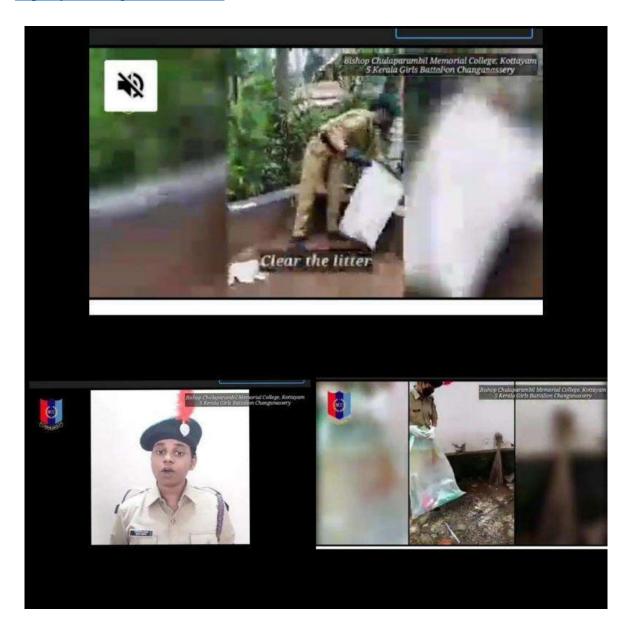


Every year, 20th of August is observed as the World Mosquito Day to raise awareness about the illness and disease caused by mosquitos. It marks the day when Sir Ronald Ross discovered the link between female mosquito and malaria, which changed the course of medical history. The mosquito is possibly the only predator in human history to have thrived through millennia, bringing death and destruction through a variety of vector-borne illness, particularly malaria.

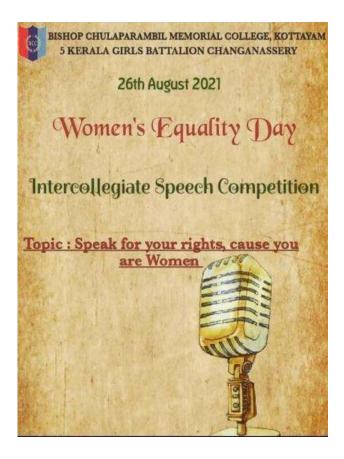
As a part of observing World Mosquito Day, the BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, took initiative to observe a dry day by cleaning the home and

surroundings in order to wash away the breeding grounds for the mosquitoes. This made the cadets more aware about the vector bone diseases caused by mosquitoes.

# https://youtu.be/gzDx4wSMPCo



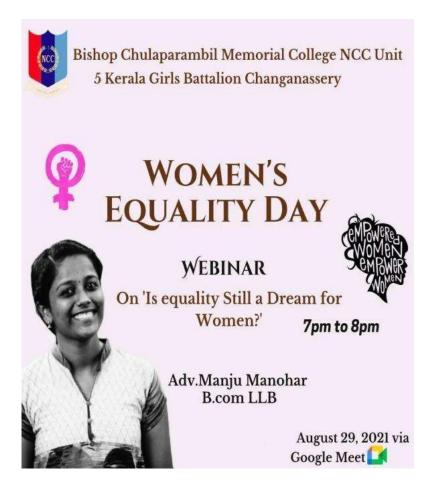
# WOMEN'S EQUALITY DAY



The Women's Equality Day is observed every year on 26th of August. The commemoration of this day marks the advancement of women's rights in one of the most advanced nations of the world as well as reminds its citizens of what more can be done to achieve true equality. The day draws attention towards the struggle women have undertaken to gain political rights and remembers how far they have come after gaining the right to vote.

As a part of observing Women's Equality Day, the BCM College NCC unit under the guidance of ANO Lt. Dr. Reeja PS Mam, conducted an intercollegiate speech competition in order to get an exposure and proper understanding about the role of women in the society. It was a satisfying experience for the cadets as well as the participants to be a part of the revolution.

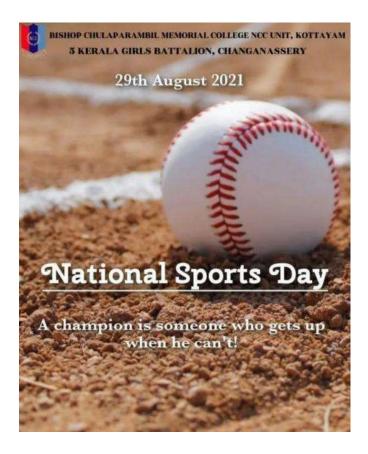
# **EQUALITY STILL A DREAM FOR WOMEN**



Women's Equality Day is celebrated on 26th of August to raise awareness of women's equality and the success they have achieved in various sectors. For ages, women are still behind when it comes to equal pay and status in jobs and society.

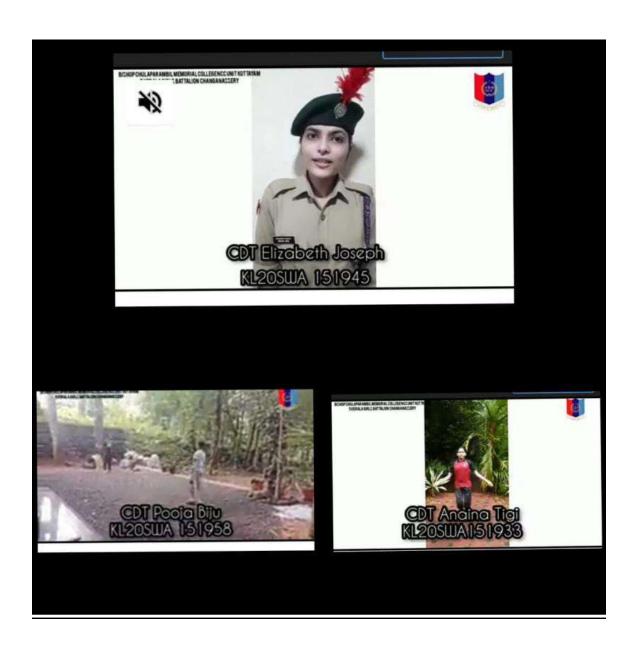
The BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, as a part of observing Women's Equality Day, organized a webinar on 'Is Equality Still a Dream for Women? 'with the resource person Adv. Manju Manohar (B.com LLB). There were 69 cadets who enthusiastically attended the webinar. This was an opportunity for the cadets to know more about the rights of women as well as to clear their queries regarding the laws associated with their protection

# NATIONAL SPORTS DAY

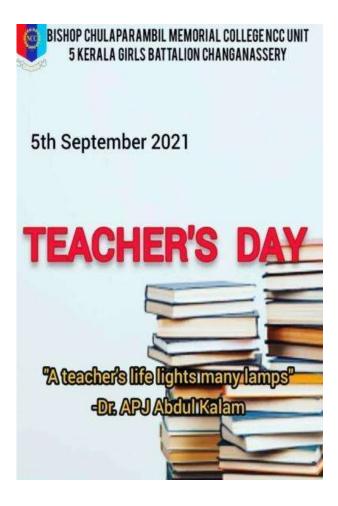


National Spots Day is celebrated on 29th of August in order to honour the legacy of Major Dhyan Chand and acknowledge the importance of sports in our life. Various programs, events, seminars etc. are organized by the government to raise awareness about the significance of physical activities and sports in our daily lives.

In order to raise the importance of sports and physical activities, the BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS observed the National Sports Day by involving in various sports with their neighbors and siblings. It boosted the cadets in many ways and also was a good experience to them. Sports indeed helps us to keep fit and be lively and energetic. Starting a day by engaging in any sports activities makes the day more productive.



# **TEACHERS DAY**



Teachers Day is celebrated every year on 5th September to mark the birth anniversary of Dr. Sarvepalli Radhakrishnan, who was the first Vice President of India and also a teacher and philosopher. Educational institutions in the country celebrate the day with students preparing speeches, poems, etc. as a tribute to their teachers.

The BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, with great pleasure and enthusiasm honored every teachers who burns like a candle to be the light for others and also conducted an interdepartment versification competition to mark the importance of the day.

https://youtu.be/s4k-F6PyPHU

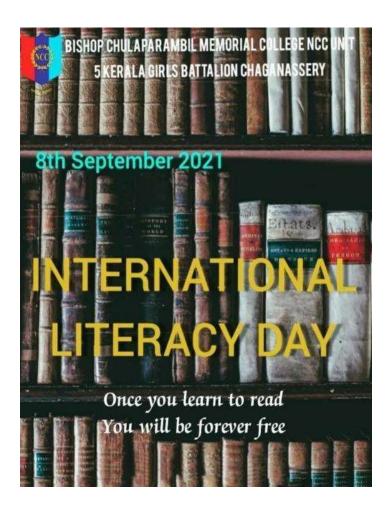


# BISHOP CHULAPARAMBIL MEMORIAL COLLEGE, KOTTAYAM 5 KERALA GIRLS BN NCC, CHANGANASSERY



Happy Teacher's Day

# INTERNATIONAL LITERACY DAY



International Literacy Day is observed annually on 8th September. The day raises awareness about the importance of literacy as a matter of human rights and dignity across the world. The day is marked to advance the literacy agenda that enables human beings to march towards a more cultured, literate and sustainable society.

The BCM College NCC unit under the guidance of Lt. Dr. Reeja PS, observed International Literacy Day. The cadets actively and enthusiastically coined a video to make the public aware of the need of learning in this era.

https://www.facebook.com/BCMNCC/videos/141844548136773/



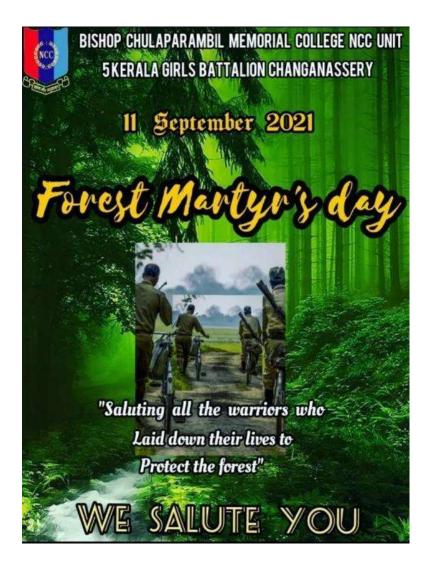








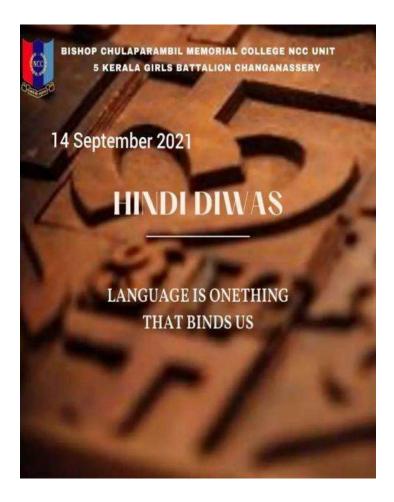
# FOREST MARTYR'S DAY



Every year on 11 September, National Forest Martyrs Day is marked and observed in the country. It is a day to pay tribute to those who sacrificed their lives to protect the wildlife, forests, and jungles in India. There are still many communities and villages where the only source of livelihood is forest.

As a part of observing Forest Martyr's Day, the BCM College NCC unit under the guidance of Lt. Dr. Reeja PS, observed the Forest Martyr's Day in order to commemorate the exemplary services for protecting the forest. This made the cadets to be more conscious about the need for selfless services to the nature.

## **HINDI DIWAS**

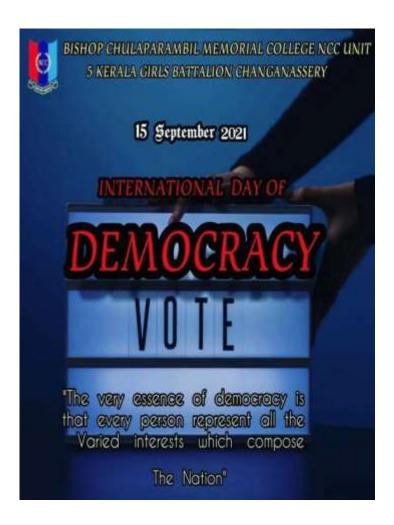


Hindi Diwas is celebrated on 14th of September across the country to showcase the importance of the day and the language. The day commemorates the event when Hindi was adopted as one of the official languages of India. The Constituent Assembly of India had espoused Hindi as India's official language on 14 September, 1949.

The BCM College NCC unit as a part of observing Hindi Diwas, conducted a calligraphy competition under the leadership of ANO Lt. Dr. Reeja PS, in order to raise the importance of the national language. This made the cadets to make others more aware about the day.

https://youtu.be/q6FzJOn31Ms

# INTERNATIONAL DAY OF DEMOCRACY



International Day of Democracy is observed every year on 15th September. It provides an opportunity to review the state of democracy in the world. Democracy is as much a process as a goal, and only with the full participation of the international community, can the ideal of democracy be made into a reality.

The BCM College NCC unit coined a video under the leadership of ANO Lt. Dr. Reeja PS, as a part of observing International Day of Democracy. This made the cadets to know about the democracy and democratic nations.

https://youtu.be/Cyq4G69ClfI

### WORLD OZONE DAY

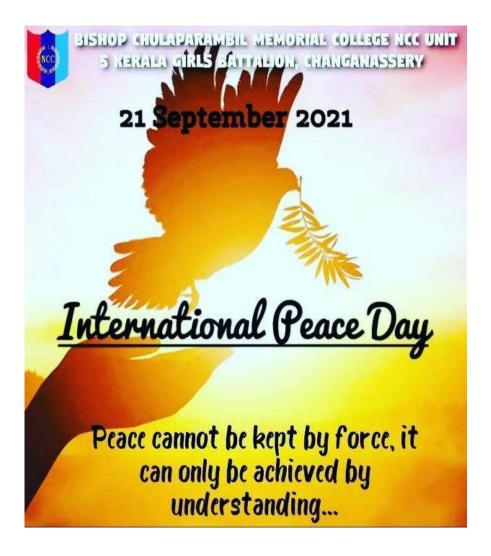


World Ozone Day is marked to remind individuals and governments about the importance of the ozone layer to our survival on Earth. The ozone layer helps sustain life on Earth by creating a fragile shield of gaseous protection around the planet that protects it from the harmful rays of the Sun.

As a part of observing World Ozone Day, the BCM College NCC unit under the guidance of Lt. Dr. Reeja PS, coined a video on showing the importance of Ozone layer depletion and the necessity to protect it for the human survival.

https://youtu.be/6A2SGHnf9o4

## INTERNATIONAL PEACE DAY

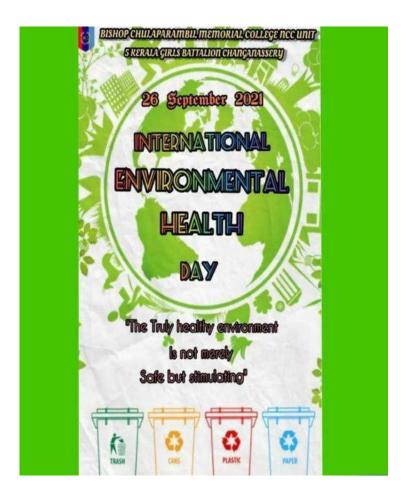


International Day of Peace is celebrated annually on 21st of September as a period of non-violence and cease-fire. This day plays a significant role in promoting peace around the world. It also promotes a green and sustainable global economy that produces jobs, reduces emissions, and builds resilience to climate impacts.

The BCM College NCC unit under the guidance of ANO Lt. Dr. Reeja PS, as a part of observing International Peace Day, the cadets coined a video on promoting the importance of International Peace Day and also to remind people of all races and all nations to think about universal peace. https://youtu.be/\_gUt6Y6rum4



# INTERNATIONAL ENVIRONMENTAL HEALTH DAY

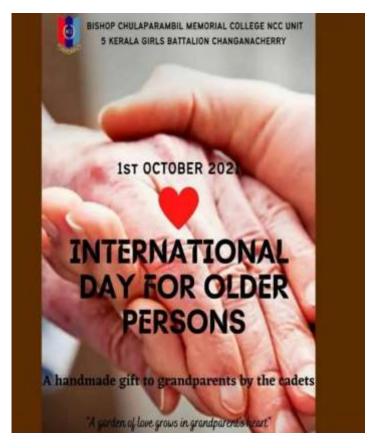


International Environmental Health Day is observed annually on 26th of September across the globe. It was established by the International Federation of Environmental Health. This day is dedicated to the development and dissemination of knowledge on the protection and subsequent improvement of environmental health.

As a part of observing International Environmental Health Day, the BCM College NCC unit under the guidance of Lt. Dr. Reeja PS coined an animated video to promote awareness regarding the cause of making the environment healthy and therefore wealthy and also to make the public aware about the theme "Prioritizing Environmental Health for healthier communities in global recovery". It was a great experience for the cadets.

https://youtu.be/q2HM1iL888o

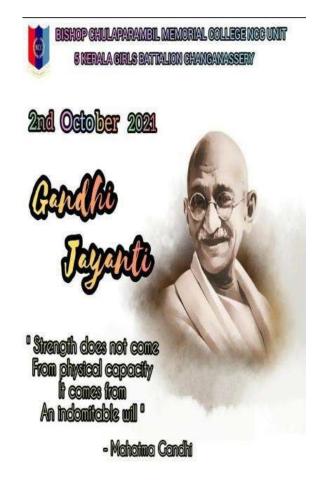
# INTERNATIONAL DAY FOR OLDER PERSONS



The International Day of Older Persons is observed on 1st of October every year. The celebration of this day is done to create awareness and empathy regarding the well being of the elderly. People usually celebrate the day by spending time with their grandparents, visiting old age homes and N.G.O's and cooking or baking for them. Some children give greeting cards to their elderly on this day.

The BCM College NCC unit as a part of observing International Day for Older People, under the guidance of ANO Lt. Dr. Reeja PS, the cadets provided gifts to their grandparents and spend time with them which made them more joyful. The day also helped to bring awareness of the importance of digital inclusion of older persons, while tackling stereotypes, prejudice and discrimination associated with digitalization, taking into account sociocultural norms and the right to autonomy.

# **GANDHI JAYANTI**



Gandhi Jayanti is observed every year on 2nd of October to mark the birth anniversary of Mohandas Karamchand Gandhi, often known as Mahatma Gandhi. This day provides an excellent chance for countrymen to pay tribute to this great leader, who gave his life for the benefit of the country.

As a part of observing Gandhi Jayanti, the BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, coined a video to send across the message of peace and non-violence to public. The cadets also made a video on cleaning their home and surroundings as a part of observing the day. https://youtu.be/8HelH86JQ-s

# BISHOP CHULAPARAMBIL MEMORIAL COLLEGE, KOTTAYAM 5 KERALA GIRLS BN NCC, CHANGANASSERY Gandhi Jayanthi Celebrations



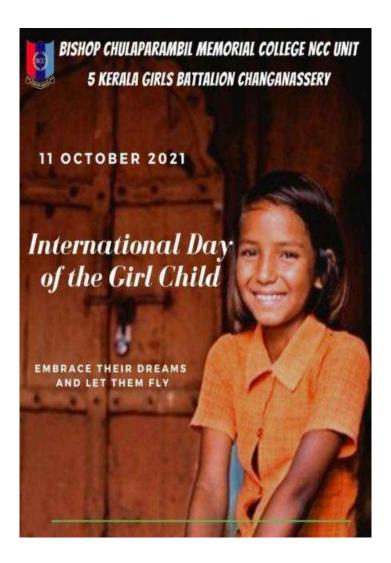
# **WORLD POSTAL DAY**



World Post Day is celebrated on 8th of October every year to mark the anniversary of the Universal Postal Union (UPU). The UPU, which was started in 1874 in Switzerland, played a pivotal role in world history as a mediator of communication. The organisation became a part of the United Nations in 1948. Way before digitalisation, sending letters through the post was the only way to communicate and reach the near and dear ones.

The BCM College NCC unit under the leadership of ANO Lt. Dr. Reeja PS, as a part of observing World Postal Day, conducted a letter writing competition to mark the importance of the day. It was a great experience for the cadets.

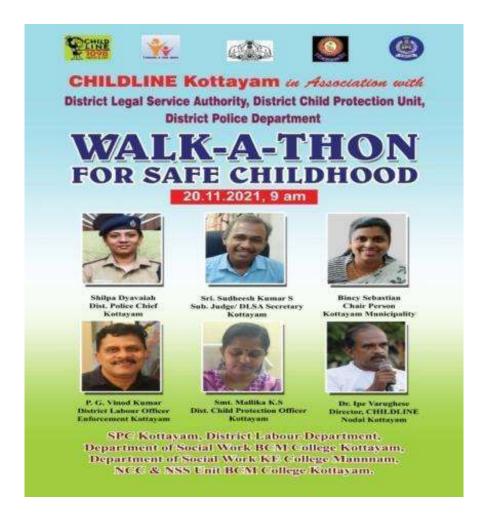
# INTERNATIONAL DAY OF THE GIRL CHILD



Every year, 11th of October is observed as the International Day of the Girl Child. The occasion marks the importance of adolescent girl children and attempts at identifying their power and potential by opening opportunities for them. It also aims at amplifying and empowering the voices of adolescent girls around the globe.

The BCM College NCC unit under the guidance of ANO Lt. Dr. Reeja PS, as a part of observing International Day of the Girl Child, a video was coined by the cadets to make public aware on focusing attention on the need to address the challenges girls face and to promote girls' empowerment and the fulfilment of their human rights.

# UNIVERSAL CHILDREN'S DAY



Universal Children's Day is observed on 20th November annually to promote international togetherness, awareness among children worldwide, and improve children's welfare. The BCM College NCC Unit under the leadership of ANO Lt. Dr. Reeja P.S, in association with Childline Kottayam, District Legal Service Authority, District Child Protection Unit, District Police Department, BCM College Social Work Department, BCM College NSS Unit, Social Work Department KE College Mannanam organised several programs with the aim to promote awareness about the increasing need to provide a safe childhood to the upcoming generations.

#### 1. FLASHMOB

Child abuse or child maltreatment is physical, sexual or psychological maltreatment or neglect of a child or children, especially by a parent or a caregiver. Child abuse may include any act or failure to act by a parent or a caregiver that results in actual or potential harm to a child and can occur in a child's home, or in the organizations, schools, or communities the child interacts with. The abuses towards the growing generations are increasing day-by-day and the need to protect children from such abuses has become the sole responsibility of each citizen. The BCM College NCC Unit in association with BCM College NSS Unit and the Department of Social Work conducted a flashmob as an awareness to the public about the child abuses at Thirunnakkara ground, Kottayam on 19th November, 2021.

#### 2. WALK-A-THON

The BCM College NCC Unit in association with Childline Kottayam, District Legal Service Authority, District Child Protection Unit, District Police Department, BCM College Social Work Department, BCM College NSS Unit, Social Work Department KE College Mannanam actively participated in "WALK-A-THON for a safe childhood" on 20th November 2021. About 50 cadets, under the guidance of ANO Lt .Dr. Reeja P.S took part in the program. The official meeting began at SP Office, Kottayam at 9.00 am.The flag off and message was given by Honourable District Police Chief, Kottayam - Shilpa Dyavaiah.The WALK- A- THON from SP Office ended at Thirunnakkara ground. Refreshment was given to all the cadets. The program was successful in catching the attention of public towards the need for a safe childhood.



# **NCC DAY**



Formed on 15th July 1948, the National Cadet Corps (NCC) stands as the largest uniformed youth organization in the world. NCC day is observed throughout the country on the fourth Sunday of November because, it was on that day in 1947 the first unit was raised in Delhi. The NCC in India was formed with the National Cadet Corps Act of 1948.

This year, NCC Day was celebrated on 28th November. The cadets of BCM College NCC Unit ,under the guidance of ANO Lt Dr. Reeja PS, organized several activities as a part of NCC Day celebrations.

#### **1.TREE PLANTATION DRIVE**



All the cadets, with the aim to spread the motive-"Plant a tree, Plant a hope for future ", actively participated in the "Tree Plantation" drive as a part of the NCC Day 2021 on 26<sup>th</sup> November. Tree plantation is significant because it is linked to our basic needs for good food to eat and clean air to breathe. Apart from these necessities, it preserve biodiversity, conserve water, preserve soil, and control climate, among other things. The planting of trees in and around the

surroundings was really a great inspiration for the cadets to be aware of the necessity of afforestation and sustainable development.



# **2.BLOOD DONATION**

As a part of NCC Day 2021, 20 cadets of BCM College NCC Unit participated in the blood donation camp held at the District Hospital, Kottayam on 27<sup>th</sup> November. The cadets were able to provide about 12 units of blood and were delighted to be a part of one of the great social services.



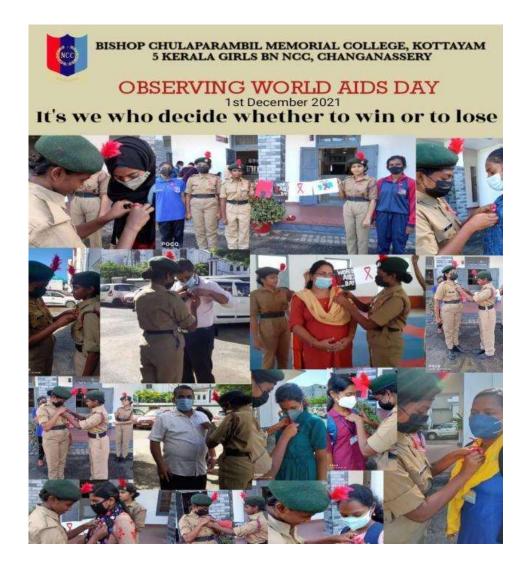
## **3.RUN FOR HEALTH**

Good health is a state of complete physical and mental well being. The BCM College NCC Unit, with the aim to popularise the increasing need for good health, conducted "Run for Health" on 28<sup>th</sup> November, 2021. About 99 cadets, under the guidance of ANO Lt .Dr. Reeja P.S took part in the programme. The official meeting began at BCM College, Kottayam at 11.00 am. The flag-off was done by Dr. Stephy Thomas – Principal, BCM College, Kottayam and addressed the cadets on the need to be aware of the importance of good health among the youth and gave full support to make the event a great success. The event popularized the message of the need for personal fitness among the public.





# AIDS DAY



World AIDS Day, designated on the 1st December every year since 1988, is an international day dedicated to raising awareness of the AIDS pandemic caused by the spread of HIV infection and mourning those who have died of the disease.

The BCM College NCC unit under the guidance of ANO Lt. Dr. Reeja PS, observed Aids Day to show support for those who have been diagnosed with the disease. The NCC cadets distributed red ribbons to the students and teachers of the college which is the global symbol of solidarity with HIV-positive people and those living with AIDS. Posters were also displayed on the campus. The programme raised awareness among the students about the deadly disease.

## https://youtube.com/shorts/ftDuzmu6ye4?feature=share





1971ലെ ഇന്ത്യ-പാക് യുദ്ധത്തിൽ പങ്കെടുത്തു വീരമ്യത്യു വരിച്ച ധീര ജവാന്ധാരുടെ ബന്ധുജനങ്ങളെ ആദരിക്കുവാ ൻ എൻസിസി ഗ്രൂഷ് ഫെഡ് ക്യാർട്ടേഴ്സ്, ബിസിഎം കോളജ് ഓഡിറ്റോറിയത്തിൽ സംഘടിൽച്ച ചടങ്ങായ 'എൻസി സി വീര ശ്വംബല'യിൽ സൈനികരുടെ ബന്ധുക്കളെ ആദരിച്ചശേഷം എൻസിസി ബ്ലൂഷ് കമാൻഡർ ബ്രിഗേഡിയർ എം.എൻ. സാജന്റെയൊഷം ബ്ലൂഷ് ഫോട്ടോയ്ക്ക് അണിനിനെഷോൾ.



പാലാ കുടുംബകോടതി ജീവനക്കാരി റിൻസിയെ കൈയ്യേറ്റം ചെയ്തതിൽ പ്രതിഷേധിച്ചു കേരള സിവിൽ ജൂഡീഷൽ സ്റ്റാഫ് ഓർഗനൈസേഷൻ ജീ ഗ്ര കങ്ങിറ്റിയുടെ നേത്യത്വത്തിൽ നടന്ന യോഗം.

# കോടതി ജീവനക്കാരിയെ കൈയേറ്റം ചെയ്തതിൽ പ്രതിഷേധം

കോട്ടയം: പാലാ കുടുംബകോട തി ജീവനക്കാരി വിൻസിയെ കു അനിർവഹത്തതിനിയിൽ അ ജില്ലാ കോടതി പരിസരത്ത് കു ടിയ യോഗത്തിൽ ജില്ലാ പ്രസി ഡൻ പി.അർ. ഭാസി. ജിലാ സെ

## എൻസിസി വീര ശൃംഖല' സംഘടിഷിച്ചു

കോട്ടയം: ബിസിഎം കോളജ് 'എ ത്സിസി വിര ശുംഖല് സംഘടി പ്പിച്ചു. 1971 ലെ ഇന്ത്യാപാക് യു മാത്തിൽ പങ്കെടുത്തു വിയുതുു വരിച്ച ധിര ജവാന്താരുടെ ബന്ധു ജനങ്ങളെ ആദരിക്കുന്നതിനാ ണ് എത്സിസി ഗ്രൂപ്പിഫെഡ് ക്വാ രേട്ടര്സിന്റെ നേതൃത്വത്തിൽ വി ര ശുംഖല നടത്തിയത്. പടങ്ങി ൽ രെസനികരുടെ ബന്ധുക്കൾ ക്ക് പൊന്നാടയും മെമ്മന്റോയും നൽകി ആദരിച്ചു. കോട്ടയം എ ൽസിസി ഗ്രൂപ്പ് കമാൻഡർ ബ്രി ഗേഡിയർ എം.എൻ. സാജൻ അ ധുക്ഷത വഹിച്ചു. ബിസിഎം

# VIJAY SHRANKHALA



To pay homage to the relatives of the brave soldiers who fought valiantly in the 1971 Indo-Pakistani war a congratulatory function was organized by the 5 Kerala Girls Battalion Changanassery NCC Group Headquarters, Kottayam. The function started at 10.30 am on December 4 in the BCM College Auditorium. Kottayam NCC Group Commander Brigadier M. N. Sajan presided over the function and honoured the relatives of the soldiers with Ponnada and Memento. The dance of the cadets promoted cultural richness and Brigadier M. N. Sajan's inspirational words also added to the mood of the event. He reminded everyone that the freedom we enjoy today was acquired through the blood of the brave warriors of that time, and therefore every Indian citizen should be industrious and responsible. Col. G Jagajeev (OIC ECHS, Kottayam), Captain Sheeba Ravi (Zila Sainik Welfare Officer), Mr. V.T Chacko (District President, Kerala State Ex-Service Men League, Kottayam) Mr. K. Manikandan (District Secretary, Kerala State Ex-Servicemen League, Kottayam) and Dr. Stephy Thomas (Principal, BCM College, Kottayam) were the chief guests.