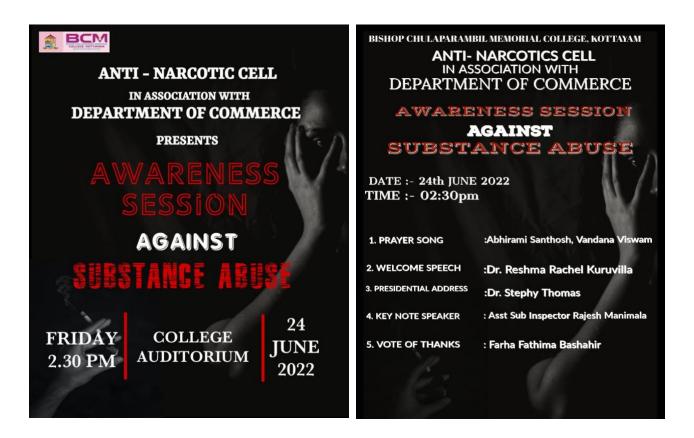
Report on International Day against Drug Abuse



"Recovery is Hard. Regret is Harder." – Brittany Burgunder

Every year June 26 is globally observed as International Day against Drug Abuse and Illicit Trafficking by The General Assembly to create awareness about issues related to drugs and to strengthen action and cooperation in achieving a world free of drug abuse. The United Nations Office on Drugs and Crimes initiated this to ensure the sharing of right facts on drugs from various sources and protecting the right to health.

The Anti-Narcotic Cell of BCM College in association with the Department of Commerce conducted an awareness programme on Friday, 24th June 2022 to raise awareness about dangers of substance abuse and to ensure a drug free and clean campus. The programme named 'Awareness Session Against Substance Abuse' was conducted in the college auditorium at 02:30pm in the afternoon.

The programme commenced with a prayer song. Dr. Reshma Rachel Kuruvilla, the college Anti-Narcotic Cell Coordinator delivered the welcome speech. She pointed out the motive of the concerned association and the necessary steps taken by the club for a safe and drug free campus. Respected Principal of the college, Dr. Stephy Thomas delivered the presidential address. He mentioned about the increasing misuse of narcotics by the young generations and the various measures adopted by the college management to help the students. The awareness session was led by Mr. Rajesh Manimala, Assistant Sub Inspector of Narcotic Squad, Kottayam. He shared a number of drug abuse incidents he came across in his service. He specified how technology has been adversely affecting the life of students and its among the younger generation. widespread abuse The class emphasized largely on the idea of misuse of smartphones and internet and how it could lead to life threatening situations. He even elucidated the various measures that should be taken to avoid unintentional technological abuse. The interaction with the audience made the session engaging and effective to a greater extend. The session concluded with vote of thanks by Farha Fathima Bashahir, Association Secretary of Commerce Department. She extended her words of

gratitude to the keynote speaker for his valuable words. She also thanked the coordinators, management and the students for being a part of the programme.

Overall it was an enlightening session for the students and many of them got the opportunity to clear their genuine doubts about the issue. It was the ideal class for spreading awareness on a day of great significance.

