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Institutional Values and Best Practices

7.2.1. Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual.



7.2.1: Best Practice- Live Labs			
Swaad	View Document		
Nurtury-Child Care Initiative	View Document		
Diet and Stress Management Clinic	View Document		
Student Social Initiative	View Document		
Student Digital Initiative	View Document		
Student Amenity Center	View Document		
BCM Voice	View Document		

SWAAD- Student Work in Alternate and Allied Domains

1. SWAAD

1.1 Introduction

The SWAAD (Student Work in Alternate and Allied Domains) is a unique practice adopted by the institution which has enabled the Department of Food Science and Quality Control (FSQC) to put into practice the concept of self-employment. The SWAAD functions under three domains which are Canteen, Coffee shop and FOOD TIC Incubation Centre. The students of the B.Sc. programme in Food Science and Quality Control took the initiative to start The Canteen and Coffee Shop in 2014. The students have been managing the Canteen and Coffee Shop Management under the leadership of FSQC students. The students in the campus help in the maintenance and working of the canteen. It has built their skills tremendously. The students' managerial skills improved over time. The FOOD TIC Incubation Centre lends technical expertise to budding entrepreneurs. Similarly New Product Formulations are devised and designed in the Incubation Centre, prepared in the canteen by the

1.1. INTRODUCTION

5

students themselves and kept for sale in the coffee shop. Faculty and students are active participants in food festival innovations and cultural fests. Birthday orders for cakes and puddings are all undertaken via the incubation centre which was formally inaugurated on 10th January 2017 by Dr. Christi Fernandaz, IAS, Chairman of KSIDC and former Secretary to the President of India.The incubation centre is named FOOD TIC (Food Technology Incubation Centre) The plan is to develop the centre in a phased out manner over a period of time. All of the students, the first years, second years and the third years have together put in their best in running the SWAAD successfully. It was run till the Covid pandemic outbreak in March 2020.

Activities of SWAAD



College Canteen



Coffee Shop

1.1. INTRODUCTION



College Canteen



College Canteen

BACK TO CONTENTS CLICK HERE



FOOD TIC LOGO

1.2 Objectives

- 1. To set an example of healthy and practical food choices consistent with the student's classroom learning and experiences.
- 2. To develop managing skills and entrepreneurship skills in students.
- 3. To provide a healthy and appealing recess and lunch service to the students and faculty of the institution
- 4. To offer as many fresh choices as can be managed by the available volunteers.
- 5. To provide management of an enterprise in areas of finance, designation, description, team work,



1.3. DESCRIPTION

decision making, research and development and formulations of food products.

1.3 **Description**

The students are allotted the charge of the Coffee shop and its management. The students are divided into groups on a rotational basis. The canteen and coffee shop are inspected daily for maintaining proper cleanliness and hygiene, sales and income, stock checks, menu planning and snack formulations as a part of innovations in the coffee shop. The FOOD TIC Incubation Centre lends technical expertise to budding entrepreneurs. The small scale industries and the potential small scale entrepreneurs in food products need technical assistance in areas like product formulation, healthy ingredient substitution, compliance with food safety standards, cost effective preparations and substitutions, value additions, storage and shelf life. The incubation centre intends to provide technical assistance in the above areas. The monitoring of SWAAD is done daily and deficiencies are noted, signed by the canteen aids and counters signed by the Head of The Department.

1.4 Food Incubation Centre

GHUJIYA

As part of food incubation centre, there was a formulation of an innovative product named Ghujiya , was prepared in our college canteen by students. This product was sold at our coffee shop outlet. This product was highly nutritious. It was made from whole wheat flour and was made into a dough. The dough was stuffed with coconut, jaggery and was flavoured with cardamom. The product was a great success.





11

NOODIYA



The new product 'Noodiya' was a spicy product made out of wheat dough and spicy noodles which was at last deep fried and sold at our coffee shop outlet. It was sold out at 5 rupees. This product was a huge success.

KIZHI



In the incubation centre, "KIZHI" was introduced by the students. This product is incorporated with a lot of ethnic properties making the product a healthy one. Two types of kizhi were made, chicken kizhi and sweet kizhi. Kizhi is basically a steamed food product stuffed with chicken and also jaggery. The product was well appreciated and had a good response overall. 1.4. FOOD INCUBATION CENTRE

CHICKEN CUTLET

As part of the incubation centre, a new product was made with chickpea, named chickpea cutlet. The product was fast moving among the students and had a very good

BACK TO CONTENTS CLICK HERE §

SHAK-SHUK-KAH



As a part of the World Food Week Celebrations, the final year students of the Department of Food Science and Quality Control developed a new product, Shak-Shuk-kah. The food week aims to provide people with the opportunity to try something new and be more adventurous with their food choices. Shak-Shuk-kah was kept for sale at the coffee shop and all 70 products were sold out at 12 rupees each.

MASUKHAN



As a part of "Food TIC" developed by the Department of Food Science and Quality Control, new Products are developed by the students with the help of the teachers in accordance with our curriculum. To create a new product, various discussions were carried out to develop the idea and the students were assigned to do various duties. Some were asked to purchase the raw materials and others were asked to do the works related to development of new product. These involved the development of idea and convincing the teachers on our idea and also include the development of product in the canteen. A total of 80 number were prepared by the students and sold at the coffee shop. Masukhan is a chicken-based product enriched with various vegetables. The idea generated from the concept of a food rich in nutrients. The product should also be healthy and delicious. So, a fried product is made with ingredients including both vegetables and chicken. The product was sold through the Coffee shop, and received a good opinion from the teachers and students of the college. We were overwhelmed with all the positive reviews and it was an experiential learning method for the participating students.



TUDUO HUNAN NEST



Tuduo and Hunan are Chinese words meaning "Potato" and "Chicken" respectively. The main ingredients of the product are potato, chicken and is in the shape of a nest hence given the name "Tuduo hunan nest". It was sold in the coffee bar for rupees 10 each portion size being 90. The product was developed by third year students by using the canteen facilities.

PINEAPPLE UPSIDE DOWN CAKE

An order for a pineapple upside down birthday cake was placed through the Incubation Centre. Pineapple, flour, eggs and sugar were the main ingredients.



1.4. FOOD INCUBATION CENTRE

BUTTER ICING CAKE



A 2 kg Butter Icing cake was baked through an order received by the Incubation Centre. Butter, flour, eggs and sugar were the main ingredients.

BACK TO CONTENTS CLICK HERE

PINEAPPLE AND BANANA WINE



Pineapple and Banana wines were made through the Incubation centre for use in the Food Analysis Laboratory.The students of food science and quality control in accordance with Christmas formulated the following products: Banana wine, Christmas cookie, Oreo balls Candy cane cookies.

21

BANANA WINE









Chop bananas (with skin intact), add sugar, raisins and stir gently with a long wooden spoon. Add proofed yeast, crushed cloves, cinnamon, and chilies and stir gently. Cover the jar with a lid and let sit in a warm place for 15 days. Every few days, use a sanitized paddle to give the mixture a quick stir. Rack wine using sanitized equipment into sterilized bottles, close the bottles tight, and keep in a dark and cool place for another 2 months for the wine to reach a good alcohol volume. Do not touch the wine during this period.

MINI CHOCOLATE PASTRY



The students of the Department of Food Science and Quality Control as part of the incubation centre, formulated a product named "Mini Chocolate Pastry".The product was sold in the college coffee bar at rupees 30 per piece. We prepared the product as part of the Christmas program.

1.5 Success Stories

Participation in livelab has helped the students to improve their life skills, develop entrepreneurship and placement in food industries. Students also gained confidence in their work through working in this space.

FEEDBACK BY STUDENTS

Akshaya Merin Babu



BACK TO CONTENTS CLICK HERE

25

Divya G Pai



Priya Aby



Dt. Jepheria



Currently I am working as a Nutritionist with a US based company by the same time i do have a firm "Jofitness" focus into diet and nutritional care for public and celebrities...one of the leading firms in Kochi and we do provide our services all across the 90+ countries.

lam so happy to share my story with you because what I am now is only because of my experience and training which I received from my teachers and HOD of food science and quality control department of B.C.M college Kottayam. Really my graduation program shaped me to real entrepreneur in me. The training programs, classes, workshops also help in generating multiple talents in me. The inspiration of Anju mam helps me to reach the top level of my career. Actually, I am m so happy to say that i was a student of the department. And what I am now is it's the BCM. I will be always grateful to my teachers and HOD of B. C. M COLLEGE KOTTAYAM Regards, Dt. Jeffriya Jofitness



BACK TO CONTENTS CLICK HERE

Akshaya Merin Babu (2017)



I'm really proud to be the alumni of BCM Food Science and quality control. The teaching has taught me how to have views other than my own while also holding my own beliefs close to my heart. I don't know if it is possible to convey my gratitude in words, the sense of gratitude I feel. Having Teachers as advisors, mentors and friends over the past years has been one of the best things happened despite trials and tribulations I had undergone. I cannot thank you enough for the way you shaped me into a better strong independent woman. I continue to connect with a larger audience through my Instagram "Akshayaas Cameo" and YouTube with the recipes. My

Canteen experience at BCM tremendously helped me in my thought process and planning in social media platforms.

Love Akshaya



1.5. SUCCESS STORIES







Books

Kerala Special...



Buddy 💰











Chippy Sabu



I'm very glad to share this write up because what i am today is only because of food science and quality control. The Department HOD and my teachers helped me to get into Canteen management program and new product development. It helped me to find out an entrepreneur in me...it also teaches me how to handle a huge team as well as time.

Proudly I can say that I am the owner of Zoe Kitchen.

1.5. SUCCESS STORIES

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Keerthi Ramanan (2018)

I am thankful to all the faculty members of the Col-



lege for their continuous efforts and support. Apart from excellent academic experience, I also gained the benefits of being a part of our department activities like seminars and other related programmes. Especially the incubation centre that was very helpful for my career path, on that time I learned how to develop a new Product. Moreover, that our department was sending Students for industrial projects with reputed food companies, that also very beneficial for my job career. I cherish every moment spent at BCM College. As a quality assurance officer, I'm proudly say that my graduation at BCM College has been a very interesting and awesome journey.



35

Ashwathy Manoj (2015-2018) I was really blessed



to be a part of BCM family especially when you are lead by such prestigious faculties. They have given me all the opportunity to showcase all my talents and to embrace myself. The guidance that I have got from here has made me confident and start thinking out of the box which is very important while working in a product development department. The best thing was being a part of incubation centre which gave me the desire to stretch my own talents.

Ashwathy Manoj

Management Trainee – Tropical flavors pvt limited (plant lipids pvt ltd)

36

CHAPTER 1. SWAAD
Nurtury-Child Care Initiative

2. NURTURY- CHILD CARE INITIATIVE

2.1 **Objectives**

- 1. It aims to provide the learners a platform to apply their theoretical knowledge in practice.
- 2. To build ability among the students to move beyond classroom and lab barriers by applying theory in real life situations.
- 3. To enhance social commitment, community engagement, alternative learning, personal engagement with the local community.
- 4. To develop leadership skills among students through Practical learning.
- 5. To provide developmentally appropriate programs for preschool children, teachers and their parents
- 6. To bring out a young generation who has a prosperous growth in their profession.

BACK TO CONTENTS CLICK HERE

2.2 The Context

This initiative was taken to make students aware of the appropriate learning programs for preschool children, children with learning disabilities and their parents and teachers under the guidance of the Department of FACS. It started in 2015.

2.3 The Practice

The live lab functions under the guidance of the Department of FACS. As part of NURTURY, awareness campaigns for improving the learning skills of differently abled children, classes on preparation of their teaching aids, indigenous and creative toys are conducted. This has helped in assessing children with disabilities, suggesting interventions and remedies for special children (Learning Disability, Attention Deficit Hyperactivity Disorder) and monitoring the growth and assessing the holistic development of children.

2.4 Activities

• Conducted awareness campaigns on various topics for ECCE teachers for improving the status of young children.



Awareness class on various topics for ECCE teachers



Awareness class on various topics for ECCE teachers





Awareness class on various topics for ECCE teachers



Awareness class on various topics for ECCE teachers

42

BACK TO CONTENTS



Awareness class on various topics for ECCE teachers



Awareness class on various topics for ECCE teachers

43

BACK TO CONTENTS CLICK HERE §



Awareness class on various topics for ECCE teachers

44

BACK TO CONTENTS



Awareness class on various topics for ECCE teachers



Teachers interacting with Kids

46

BACK TO CONTENTS



Teachers of Livelab interacting with kids



Teachers of Livelab interacting with kids



Students taking class



49



Teaching Aids



CHAPTER 2. NURTURY- CHILD CARE INITIATIVE



Teaching Aids



Awareness class on various topics for ECCE teachers





Awareness class on various topics for ECCE teachers

BACK TO CONTENTS CLICK HERE §



Awareness class on various topics for ECCE teachers





Awareness class on various topics for ECCE teachers



Teaching Aids

54

BACK TO CONTENTS CLICK HERE



Training sessions for students of Livelab





Training sessions for students of Livelab



Training for Trainers

57



Training for Trainers



CHAPTER 2. NURTURY- CHILD CARE INITIATIVE

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Observation Register

58

BACK TO CONTENTS



Interaction with Kids



Interaction with Kids





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Learning Material





Learning Material



BACK TO CONTENTS CLICK HERE

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Observation Register





Awareness class on various topics for ECCE teachers



Awareness class on various topics for ECCE teachers



BACK TO CONTENTS CLICK HERE §



Awareness class to Mothers







Awareness class on various topics for ECCE teachers



BACK TO CONTENTS CLICK HERE §



Awareness class on various topics for ECCE teachers



Learning Toys



BACK TO CONTENTS

69



Learning Toys



CHAPTER 2. NURTURY- CHILD CARE INITIATIVE



Preparatory Materials for Awareness Class



Variety of Learning aids for Kids



Variety of Learning aids for Kids



Learning aids for Kids with learning disabilities

71

BACK TO CONTENTS


Learning aids for Kids with learning disabilities

72

BACK TO CONTENTS



Students Experiencing the Learning Situations





Students Experiencing the Learning Situations



Children with learning aids prepared by students



BACK TO CONTENTS CLICK HERE



Children with learning aids prepared by students

76

BACK TO CONTENTS CLICK HERE §

77



Learning toys for students





Learning toys for students



79



Learning toys for students





Livelab activities by students



Livelab activities by students





Testimonials

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to me •	and Baum routh.	@ Wed, 29 Dec 2021, 17.01 (12 days apo)	
Dear Madam			
I am Vidhya Raj. Wo year 2016 This cours Makes me as a good helpufull for the entire	king as teacher in Baker Memorial Teachers Training Institute e and the teaching practice sections were helped me a lot to u bacher and communicator, gave me the awareness about imp tille of me.	utility am 1 completed my post graduation in Child development and Behaviour Science liters BCM or siderstand the responsibilities and roles of a good teacher and how to handle the statemic with diteo orfance of leaching aids while teaching etc. As a human being the intermships and workship tection	college a rnt abilite rns wore
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Testimonials

CHAPTER 2. NURTURY- CHILD CARE INITIATIVE





Diet and Stress Management Clinic

3. DIET AND STRESS MANAGEMENT CLINIC

3.1 Context

Over the past few decades, there has been a paradigm shift in eating habits. With the rise of food processing and technology, there has been a shift from eating healthy and traditional foods to refined and processed foods. As a result, our basic diet loses the essence of adequate nutrition.

Realizing the need for a balanced diet for an individual in the present society and understanding the need for stress management, the department of Family and Community Science of the College has initiated a LiveLab, Diet and Stress Management Clinic. The aim of the Live Lab is to help the students follow a healthier lifestyle and to lead a happy and stress free life.

Under the patronage of Principal Dr. Sr. Betsy, the Family and Community Science Department of BCM College has started a diet clinic to improve the diet and develop a healthy lifestyle son 13/01/2017. It

3.2. OBJECTIVES

was Inaugurated by the Principal and initiated by Miss Anju Annette and Miss Sharon Mary Varghese. It puts into practice the knowledge gathered by the students of the department from their curriculum and also helps in their career development. It also gives the students of other departments an opportunity to practise in this livelab and utilize the learning environment.



3.2 Objectives

- To put into practice the theoretical knowledge of Diet and Stress Management gained by the students from the curriculum
- To give the students from all the departments an opportunity to involve in the activities of the Live

Lab

86

- To make them professional in their approach.
- To empower women students by helping them to nurture their own skills for a better career in future.
- To help the college students and staffs to deduce their health status frequently
- To help young minds to release their mental burden and help them to give up stressful life
- To help young students and all staff in the College follow a healthy diet.

3.3 The Practice

- The Live Lab imparts the nutrition education and guidance to the basic nutritional assessment (BMI, WHR, Blood Pressure, and Blood Sugar) to all the interested students from all departments in the college.
- The selected persons from each department can bring the needy to the clinic and they can verify the health status
- Diet counseling was provided to those who are in need through the trained persons.
- The Live Lab provides free guidance for nutrition and stress management to people of all ages suf-

fering from various metabolic disorders such as obesity, heart problems, diabetes and high blood pressure and also ensures the proper guidance to the students who are interested in the nutrition field to learn and practice the nutriture maintenance.

• Each activities were monitored and recorded well by the FACS department

3.4 Activities

Inauguration (2016-2017)

Nutrition and stress management Center was inaugurated by Mrs.Lakshmi Menon (Entrepreneur and social activist) on 31st October 2016 at BCM College auditorium. The inaugural ceremony began by 10:00am with prayer song followed by welcome speech by Dr.Sr.Betsy (HOD Dept. of FACS). Then keynote address was given by Mrs.Laksmi Menon on the importance of health and wellness in life. The program was concluded by vote of thanks by Mr.Luke Leon (Asst.Prof Dept of Physical Education).



Inauguration of the Live Lab, Diet and Stress Management Clinic



88

BACK TO CONTENTS CLICK HERE



Analyzing Muscle Strength.

Nutrition awareness class (2016-2017)

An awareness program was conducted by the department of FACS on behalf of the Live Lab on 21st January 2017. Miss Jesna and Miss Sharon, the dieticians initiated the programmes and provided initial knowledge on nutrition. Twenty eight students from various department came to join the class.

Career Guidance Workshop

A career guidance program (Work shop) was conducted on 03/02/2017 on working as a clinical dietitian. The class was directed by Miss Jesna John and 36 students from various departments participated in that event.



Analyzing Muscle Strength.

International Stress Awareness Day DE-STRESS 2K17

On 9th November 2017 a stress checkup and BP checkup was opened for public as well as for the whole college. Along with it an eye checkup and BMI calculation were also opened for the whole college.

Among the above mentioned checkups the stress checkup, BP checkup and BMI calculation was performed by the students of FACS department and the eye checkup was organized by KURIANS OPTICALS eye care. College principal Dr. Sr. Betsy gave an awareness class on the topic Stress management for the students, staffs and public where she explained the causes,

91



Various Sessions of Awareness Class: Dietician taking class, Calculation of Body Mass Index, Checking the Blood Pressure using Digital BP apparatus.



92



Various Sessions of Awareness Class: Dietician taking class, Calculation of Body Mass Index, Checking the Blood Pressure using Digital BP apparatus.

BACK TO CONTENTS CLICK HERE



Career Guidance Workshop

symptoms and treatment for stress. Seventy four people were enrolled in this campaign and took the benefits out of it.



Eye Check up



BACK TO CONTENTS CLICK HERE

95



Checking the Blood Pressure





Checking Blood Sugar Level



BACK TO CONTENTS CLICK HERE §



A session during Workshop

Personal hygiene and Diet Management workshop (2018–19)

The Live Lab of Family and Community Science Coordinated a workshop on Personal Hygiene and Diet Management. The faculties of the Department Miss Jenisha Mol Antony, Mrs. Praseetha P.S took a class on cleanliness and personal hygiene and diet management on 27 October 2018 at Sr. Savio Hall .The class on individual perspective about hygienic life and the importance of cleanliness.

Stress Management Training (2019-2020)

The department of Family and Community Science conducted a training program on 07/01/2020 for the

CHAPTER 3. DIET AND STRESS MANAGEMENT CLINIC



A session from Stress Management Training

students from various departments on stress management among the college girls. This program was initiated by the PG Session of the department. Mis Praseetha and Miss Jesna John guided the program with the PG students. Around 40 students participated in the program.



Online Training Programme

Online Training Program and Webinar on Mental Health (2020-2021)

The Live Lab of Family and Community Science conducted an online webinar and training program named "A brain break" on 8th October 2020 via Google meet. This webinar was led by Dr. Sreelakshmi. S. BAMS. It was an informative class and students learned to give the support and guidance to the persons who suffered from stress and depression. Around 53 students from various department participated in the training session.

RECREATION AND FUN AREA (RAFA)

RECREATION AND FUN AREA (RAFA) is an initiative by the Diet and Stress management Clinic of the Department of Home Science to reduce the stress among the students. It includes various recreational activities like indoor and table top games, reading area and relax zone. Fashion Zone that includes nail art, Mehandi designing, costume designing, saree drapping, hair cutting and threading are also a part of this club. As a natural remedy to reduce menstrual pain, a relax zone is maintained in the club which also provides free sanitary napkins to the needy. More than just a place to relax, the recreation club also helps to enhance their social relationship and improve their inter-personal skills.



RECREATION AND FUN AREA (RAFA)





RECREATION AND FUN AREA (RAFA)-Brochure

101

BACK TO CONTENTS CLICK HERE



RECREATION AND FUN AREA (RAFA)





Student Social Initiative

4. STUDENT SOCIAL

4.1 Introduction

The aim of the live lab is to help the vulnerable sections of the society to develop their talents and skills and thus bring them to the mainstream by creating awareness through different programs. The department of Social Work always makes their students involved in social activities. The students engage in activities which will help the vulnerable communities and marginalized sections of the society to come to the mainstream of the society. The department has initiated a live lab. Student Social Initiative' for the active participation of the students in indulging in the social activities and to help the public develop their skills.

4.2 Objectives

- To create awareness on equality and human rights.
- To make the vulnerable sections of the society understand their rights.

- To develop the skills of the people.
- To train the students in order to be a professional social worker in future.
- To make the students understand the different sections of the society and the different problems they face.

4.3 Various Activities

Human Rights Day

The department of Social Work every year commemorates human rights day on December 10. A social work journal is published on the same day covering various aspects dimensions of human rights developed by social work students. Social work students conduct various programmes which herald the rights of common people on the day under the child rights and resource center.

BACK TO CONTENTS CLICK HERE
CHAPTER 4. STUDENT SOCIAL INITIATIVE





Summer Camp

Every year a summer camp is conducted for children at Pongampally in Idukki. Social work students stay with tribal families and provide various education programmes for tribal children during this camp. This tribal setting is adopted by the department of college since 2008 and do various developmental programmes there.



107

BACK TO CONTENTS CLICK HERE

CHAPTER 4. STUDENT SOCIAL INITIATIVE





Student Darbar

'Student Darbar' is an inter college debate competition conducted every year. Students participate from various departments and express their view on the child related topics every year. In 2021, it was conducted at national level (online) and students from four states participated in it.



Cultural Night

Social Work students provide training for children staying indifferent children homes nearby Kottayam and provide a platform to perform in the cultural night with support of Child Resource Centre. The training is given on the basis of the theme of child rights.

Flood Relief Programmes

The Social Work students of BCM college stood with flood affected children when they experienced the worst situation in their life. Students visited relief camps and distributed urgent necessities for children. Students spent time with children conducting various programmes to boost their social and psychological health.

Karam Thodatha Karuthal (online)

Social work students actively participated in the Kottayam district administrative named 'karam thodatha karuthaal'. Students provided tele -counseling for children whose family members were Covid positive.

Koodeyundu Kottayam(online)

An online survey program conducted in the each panchayaths and municipalities of Kottayam district in association with KILA . The collected data submitted to KILA authorities and informed the government's benefits for children in the covid affected family. This program lasted a month. During this programme social work students interacted with children many and provided psycho-social support .

Street plays

Under the child rights and resource center, the social work students commemorate various important days

4.3. VARIOUS ACTIVITIES

related to children to spread awareness among them on their rights.

- 1. World disability day- December 3
- 2. International Girl child day- October 11
- 3. International Day Against Drug Abuse and Illicit Trafficking-June 26th
- 4. World Day Against Child Labour / Child Labour Prohibition Day–June 12th
- 5. International Day of Innocent Children Victims of Aggression.–June 4th
- 6. Child rights day-20th November









BACK TO CONTENTS CLICK HERE

Cancer Awareness Programme

The child rights and resource center organized cancer literacy programme for the college children. A seminar and poster presentation were conducted to provide knowledge on early detection as well prevention by making necessary changes in lifestyle.



Student Digital Initiative

5. STUDENT DIGITAL

5.1 Practice

Under this initiative of the college, the students effectively maintain and update all the systems installed with LINUX software. By using digital printing, students also prepare identity cards for staff and students. QR codes are generated for all systems in the college under this initiative. Students imparted elearning skills among the women in the local community.

2018

Under this initiative of the college, the students effectively maintain and update all the 139 systems installed with LINUX software. By using digital printing, students also prepare identity cards for staff and students. Earlier, the cards were printed outside the campus were of poor quality and of high cost. QR codes are generated for all systems in the college under this initiative. Students imparted e- learning

5.1. PRACTICE

skills among the women in the local community. The teachers demonstrate the department's students the way of updating each software frequently. Then they divide the students into different groups under the concern computer teachers and allot a group of systems to each group for doing the updating. Following are the list of students for software updation.

2019

Under this initiative of the college, the students effectively maintain and update all the 139 systems installed with LINUX software. By using digital printing, students also prepare identity cards for staff and students. Earlier, the cards were printed outside the campus were of poor quality and of high cost. QR codes are generated for all systems in the college under this initiative. Students imparted e- learning skills among the women in the local community.The teachers demonstrate the department's students the way of updating each software frequently. Then they divide the students into different groups under the concern computer teachers and allot a group of systems to each group for doing the updating. Following are the list of students for software updation.

5.2 Proof

2017-2018 Signature Signature Departments/ Name of Date Labs/Library/ the students students facult offices AiswazyaAn 14/7/ Computer Akshaya S 2017 Lab Aswini Sabur 17/7/ Athizamol E. G. 2017 Devika S 28/7/ 2017 Anupaya A Kavya M Pillai Krishnaparya KS Najia Ibrahing Padma R 14/7/ Computer Alfiya Mohamm 2017 Centre Anjana Menor 18/7/ 2017 Anjumol Biju 21/7/ Blessymo 2017 Sunny

Register for System Updation 2017-18



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Register for System Updation 2017-18



CHAPTER 5. STUDENT DIGITAL INITIATIVE

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Register for System Updation 2017-18

118

BACK TO CONTENTS CLICK HERE

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Register for System Updation 2017-18



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Register for System Updation 2017-18



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Register for System Updation 2018-19

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13 7 2018 19 7 2018	Department of Botany	Southy S Southy Suraya Merina Merina College Jose
9 7 2018 19 7 . 2018	Department of FACS	Varsha P.M. Anto. Vineetha U. Metho Prabha
25/7/ 2018 3/8/ 2018 10/8/2018	Reception/ Poincipal (206)	Jomy Varghese pro. Maneesha Philip
3/8/2018	Bursar	Muthulakshmi Maria
2018 25/7/ 2018 3/81 2018	205 Exam	Padma R Pater Jula Riya Thomas Bifa. Jula

Register for System Updation 2018-19

Department Akshaya 11/9/2018 Jeenraj Head in Charge 18/91 Department of Zoo Chulaparambil Men 200/094 Megha Anil Kottayam- 685 601 2018 nalio Fathima Physical 11/9/ DROUTS REIDIOS mphoe: Sulthana 2018 Education/ JPG.001 6202 Head th 18/91 Head In C - uge Malayalam Kavya KSI 2018 Bishop Chula ara il Memoria' Hindi 4/91 Department Acca Manam 2018 of Mathew 11/91 Chemistay Balla Johnson Department SIM Sematic Bishop Chulaparambil Memorial C Kottayam-686 001 7/9/ Library (021) Nandana MS 2018 13/9/ Afsana Kalam 2018 1/8/ Department Shikku Thomas 2018 OF (Sr. Sreya 8/8/ Commerce Devika 5 2018 E DEPARTMENT DEPARTMENT OF COMPUTER SCIENCE Bishop Chulaparambil Memorial (BCM) College KOTTAYAM

Register for System Updation 2018-19

Sandra Somaray Soumya Scaria Amala Biji Anjitha PK Giowai C Mean Abaahan Ruth Rachel Mamme 9 71 Language Anamika Sali 2018 Gouri Lakshmi Lab 12/7 2018 Reshma Shibi 17/7/ Saranya C c 2018 Sumayath P.I. Aneesha Ajesh Anupaiya A Athulya Shaji Sandra Babu San Selmi Manaf

Register for System Updation 2018-19



1/81. Department Azya V.S they 2018 OF Ashly Joppan Sociology 7 8 2018 of Soci B.C.M. College, K 20/8/ Aiswazya A Nonazya ment 2018 2018 Akshara Hazit Food Science 11/8 Department Chaithra 2018 Sudheer of 8/81 Computer 2018 Devika S Science 23/71 Department Juwel Maria 2018 of Mathew 27 7 Commerce Kavya Ramesh Karya 2018 (SF) 22 8 Department Neethu P Joy Koth 2018 OF 318/1 English (SF) Revathy M S& 2018 Department Risana Nasiz Rives 7/9/ of 2018 Selement 13/9/ English Salumol M R

Register for System Updation 2018-19

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- 11/9/ 2018 18/9/ 2018	Department of Economics	Susan T J	Dep Dep Bishop Cl	Head i Charge artment of Econom hulaparambil Memori Kottayam - 680 001

Register for System Updation 2018-19

Co-operative Vaishnavi K Xha Society Dileep Vishnupoiyas 30/71 Sava Philip Library 2019 search 31/71 Vineetha U 2019 -Cer Prabhu 28 Department Saranya 2019 of 981 Physics Varsha PM 2019 Sona s)epartment 2019 ano 9/8/ Soumya hemistry 2019 Scana 9181 Soumya Department Selvakuman 19 8 Amala Biji Botany reila 1 2019 Department Aneesha 9/8/ 2019 Ajesh Ot 16 8 FACS Aniitha P 2019

Register for System Updation 2019-20

	30/7/ 2019 5/8/ 2019	Reception/ Paincipal (206	Anupaiya A Aaya Devi M. R	Ampaiya Arye
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1	2017	205 Exam	Betty Thomas	Batter O ven
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101 . 10	19/8/ 2019	Department of	Gowai C	Gouri . Lot
121.	27/8/ 2019	Food Science	Jorny Varghese	Jony: M
-	19181 2019 27181	Department of Computer	Kavya M Pillai	Kaugarya Sunt
	2019	Science	Konshnaponya KS	Kenne
10	2019	Department of	Muthulatchmiv	MA LOCH
1	2019	Commerce (SF)	Najia Ibrahim	Noyia
1	19/8/ 2019 27/8/ 2019	Department of Commerce	1 1	Jandra , Som

Register for System Updation 2019-20

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Register for System Updation 2019-20



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9/10/ 2019 15/10/ 2019	Department of Zoology	Della Shaji Sampooma Shivan	
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Register for System Updation 2019-20

	·	2019-2021	Signature of	Signature
Date	Labs/Offices	2019-2021 Name of the student	the student	of the faculty
12/7/ 201	Computer	Akshara Pradeep	Alle	
13/7/		Apama	Apauna	
16/7/	1	<i>Jayakuma</i> Y	0 ~~	
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Register for System Updation 2019-20

131

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Register for System Updation 2019-20

BACK TO CONTENTS CLICK HERE

14/12/ Department Vaishnavi K 2020 of Dileep Sociology It Professo Deps. of Socio C.M. College, K. 112 Anitta Masian Department 2020 Korah Food cience Apama Ba 16/12/)epartment Athulya R 2020 S Hazsha N a LEDIO(1) Ms. DIVYA S HEAD OF THE DEPARTMENT DEPARTMENT OF COMPUTER SCIENCE Bishop Chulaparambil Memorial (BCM) College נכל הבייננטרו באסל אם 636 001 200 KOTTAYAM Head in Charge Department of Physical Education Bishop Chuloptranital Memorial College Softwarmer 636 001 mar an St. 1

Register for System Updation 2020-21



Departments/Labs/Name of the Signature Sign Library/Offices student of the of the Date aculty Adithya Suresh 10/11 Computer Lab 2020 Indulekha PS 13/11 Nandana R Nartin 2020 Nair farthe Sandhra Sankar philad Sethulakshmi K.B Atshara Pradeep Hatro Athulya R Harsha S Nair Pancy J Sandra S Kashna Apama Baiju, 11/11 Computer Centre Rifana KN 2020 16/11/ Sneha M Azya S 2020 Devu Mohanda Hema Prabha M Sona v Sajan

Register for System Updation 2020-21

BACK TO CONTENTS CLICK HERE

Thava George Tom Vaishnavi Dileep Megha Sajeev 12/11 language Aleena PA 2020 lab Anitta Manam 19/11 Korah 2020 Apama C Abhijit Neeraja Rajan Sandra B.S Apama Jaya kumé Aswathy Anilkumar Ruba Prames Sweetha S Saby Vishnupsiya S Anamika Sali Co-operative 24/11 Society Neethu P.R. 2020

Register for System Updation 2020-21



	25/11/ 2020	Library	Anjaly Sunny John By. Reshma Shibir figures
the second	25/11/ 2020	Department of Physics	Anjana Hankumar Ju
			Sand ra Hrad in Charge Somarajistihop Chutiparambil Memorial College Kottayam-686 001
	All and a second second	Department of Chemisby	Apama Santhoshipeno
1	27/11/ 2020	Department of Botany	Archana AP Jula Saranya C Carrota
	27/11) 2020	Department of FACS	Asni Salim Lend (1997) Sona S Sono .
	21/11/ 2020	Department of Computer Science	Gouni Lakshmi goodi iEAD OF THE COMPUTER OF TH
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./	2020	Commerce (SF)	Soumya Selvakumar Compter. Selvakumar

Register for System Updation 2020-21

30/11/ Department Greeshma & 2020 of John Commerce Southy S Department managing ph Jomol 20/11 Sebastian Sumayath o Department Sunya Merlin C 20/11 2020 Social Work Vineetha Prabhu Department Lakshmi 2011 2020 OF Jose hulapat. t Athula K-S Mathematics Kottayan Department Asya ARpathein 2020 History Chinnu Siji e 23/11/ 2020 SFI Office Lekshmi H Saniyamol Sabu

Register for System Updation 2020-21

23/11 SF2 Office Twinkle Maria 2020 Tom Southy S 10 Department of Maria P. Nibust 3 12 2020 Neha Anna Jacob Department of Josmy Joy 200 Zoology Ganga Bharathan Bishop Chu 4 12 2020 Department of Amalumol, Kyl Physical Education/ Benny Malayalam/Hindi Bhagya 4/12/ 2020 a U Head in Charge Department of Physical Education Bishop Chulaparambil Memorial College Kottayam- 686 001 Varsha P.M Reception / Varsna III Paincipal (200) Ardra Lekshmi 8 12 2020 8/12/ Lakshmi Jose Bursar 2020 Anna Jol Ruba Pramest 14/12 Exam 205 Sweetha S Sabu

Register for System Updation 2020-21

2021-2022 Departments/ Name of the Signature Signature Date of the of the Labs / Library/ students student faculty O Africes Computer 23/11/ Anu Thomas Lab 2021 Athiza P.V 26/11 Devika Janua 2021 Meera 30/11/ Mohanan Susan Solomon 2021 Thomas Aleena P.A Apama C Abhijit Neevaya Rajan Devu Mohandas Hema Prabha M Computer Adithya Suresh 22/11/ Centre 2021 30/11 Anitta Masiam 2021 Korah 1/12/ Indulekha P 2021

Register for System Updation 2021-22

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Register for System Updation 2021-22
23/11/ Co-operative Akshara 2021 Society Pradeet 30/11 Apama 2021 Jayakuma 22/11/ Athulya R ibrazy 2021 26/11/ Harsha S Nai 2021 10/11/ Department Megha 2021 Saycer 17/11) Physics 2021 Pancy 10 11 Department Sandaa s 2021 of Kashna 17/11/ Chemistry Sona V 2021 Sajan 18/11 Department Sweetha S 2021 Sabu 26/11 Botany Thara 2021 Creorge Department Vaishnavi 30/11 2021 01 Pileer 8 121 FACS 2021

Register for System Updation 2021-22



Register for System Updation 2021-22

5.2. PROOF

10/11 2021 SF2 Office Akhila K.S 17/11/000 Aoya A R 2021 30/11 Depa Anna vtment Job 2021 8 12 Donath History Saniyamo 2021 Sabu 30/11/ Vep artment Juwel 2021 Zachana OF 8/12/ Economics Afsana Bishop C 2021 Kalam 3/12 Athira P Vepartment 2021 10/12/ 2001094 July radee epartment of Z 2021 nulaparambil Me Kottayam- 686 0 Department 3 12 Kasthika M of 2021 Ani 10/12 Physical Meera Education / 203 Mohanan Department et el Bishop Chulaparan Malayalam Kottayam 686 00 Hindi 6 เหลา เปราสอง อารูเลมา രലയാളവിഭാഗം **ബിഷപ് കുളരന്നിൽ മെ**മോറിയം കോട്ടയം-686 00 30000

Register for System Updation 2021-22



Alisha Joy Department atthe 2021 10/12/ Food Science Anu Thomas 2021 3/12 epartment Ansha 202 Uthamar 10/12/ Computer Devi 2021 Science Givees 6/12 Department inic inial 01 Devika Jany 2021 of 13/12/ Southy Commerce 5 (SF) 2021 Nair 6 12 Parvathy tment 202 13 12 English Susan Solomo 202 Thomas 24 01 Department Indulekha 2022 of PS English 01 Sneha M 022 24 01 Department Anitta Masian 2022 Kozah 3101 Sethulakshmi nerce 2022 K.B

Register for System Updation 2021-22

5.2. PROOF



Register for System Updation 2021-22



CHAPTER 5. STUDENT DIGITAL INITIATIVE



Students Updating Systems in Language Lab

146

BACK TO CONTENTS CLICK HERE



Students Updating Systems in Language Lab





Students Updating Systems in Language Lab





Students Updating Systems in Language Lab

CHAPTER 5. STUDENT DIGITAL INITIATIVE



Students Updating Systems in Language Lab

150

BACK TO CONTENTS CLICK HERE §

5.2. PROOF



Students Updating Systems in Language Lab



Students Updating Systems in Computer Lab

BACK TO CONTENTS CLICK HERE

CHAPTER 5. STUDENT DIGITAL INITIATIVE



6. STUDENT AMENITY CENTRE

The Student Amenity Centre of the college is an initiative of the Department of Commerce as a Live Lab. It provides an excellent platform for students to demonstrate their entrepreneurial skills. In order to cater the needs of BCM, the Student Amenity Centre provides various services. The student friendly store provides a wide range of products such as Text books, Note books, Lab materials and other stationery items at affordable price. It is open during the working hours of the college.

Mission

The Entrepreneurship Development Cell endeavour to mould, inculcate and develop entrepreneurial skills and innovative practices along with instilling sustainable consciousness among young aspiring minds. Bishop Chulaparambil Memorial College aims at the integral personalized education of the young. It strives to mould intellectually well trained, morally upright, socially committed, spiritually inspired men and women for the India of today.

Objective

The Students Amenity Centre of Bishop Chulaparmbil Memorial college aims to inculcate entrprenurial spirit and culture among commerce students. It also create awareness on entreprenuesrship among students. It also help young entreprenuers to acquire necesassry skills to run the business effectively. **Staff Coordinator:** Ms. Elizabeth Johny – Department of Commerce

Student Amenity Centre-Inauguration



Inauguration of Student Amenity Center



Student Amenity Center

6. STUDENT AMENITY CENTRE

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Student Amenity Centre-Inauguration



Inauguration of Student Amenity Center



CHAPTER 6. STUDENT AMENITY CENTRE



Inauguration of Student Amenity Center





Student Amenity Center



CHAPTER 6. STUDENT AMENITY CENTRE



Student Amenity Center



BACK TO CONTENTS

BCM Voice

7. BCM VOICE

7.1 Introduction

BCM Voice, an initiative of Department of English is a recording studio run by the students of the college with the aim of broadcasting educational programmes, daily news bulletin, University announcements, students talks, quiz programme, radio documentary, subjecte oriented classes by expert, discussions on current issues. The main objective of the program is to improve the communication skills and self confidence of the students.



7.1. INTRODUCTION



Campus Radio

