

Bishop Chulaparambil Memorial College, Kottayam

Report of Kshamatha Va Kusalatha Kendra



Brochure

Kshamatha Va Kusalatha Kendra, an IQAC initiative of Bishop Chulaparambil Memorial college, was founded in the year 2018-19. The founding aim of the kendra is to develop the skills and abilities of our students and thus support them, to achieve greater heights in their future careers. In addition to organizing the skill development programs, the kendra also runs courses termed as '**zero credit courses**'. These courses are called zero credit courses as they do not provide credit to an academic degree. They are primarily meant for personal enrichment of our students. There are in total five zero credit courses of 30 hour duration. The syllabus of these courses is designed by the faculties of various departments of Bishop Chulaparambil Memorial college after much deliberations so that each and every student of BCM attains the two qualities **wisdom and grace** which the founders of the college have envisaged. The zero credit courses and the departments which formulated the syllabus for each are listed below:-

1. Grooming & Personal Hygiene - Food Science and Quality Control
2. Adolescent Health Education - FACS
3. Community Health Education - Zoology

4. Life Skill Education - Sociology
5. Interview skills, CV Preparations and Group Discussion -English

As the names of these courses indicate, they focus on various aspects namely, personal grooming, personal hygiene and also creates awareness among students regarding various healthy practices. Thus, the zero credit courses intend to develop all those faculties of our students, which remain untouched by their regular academic courses.

REPORT 2018-19

BISHOP CHULPARAMBIL MEMORIAL COLLEGE KOTTAYAM
Kshamatha va Kushalatha Vikas Kendra-
Gateways to Success

COMMENCING FROM
6th August 2018

30 Hours Course

TIME
3.00 pm onwards

Lets expand our Horizons !!

Join a course of your choice!!

Center for enhancing the capabilities and potentials of young women to give wings to their dreams.....

CONTACT
 Mrs. Priya Thomas
 Department of Zoology

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The coordinator of Kshamatha va Kushalatha Vikasa Kendra for the year 2018-19 was Mrs. Priya Thomas, Assistant Professor, Department of Zoology. The 30 hour zero credit courses for the year commenced on 6th August 2019. Students were intimated to inform the courses of their choice. The courses were taught by faculty of the respective departments at 3 pm each day. Students were really enthusiastic in learning these courses. The most sought

after course for the year was *Interview Skills, CV Preparation and group discussion*. The courses on *Grooming and Personal Hygiene* and *Life Skill education* were the other favourite ones.

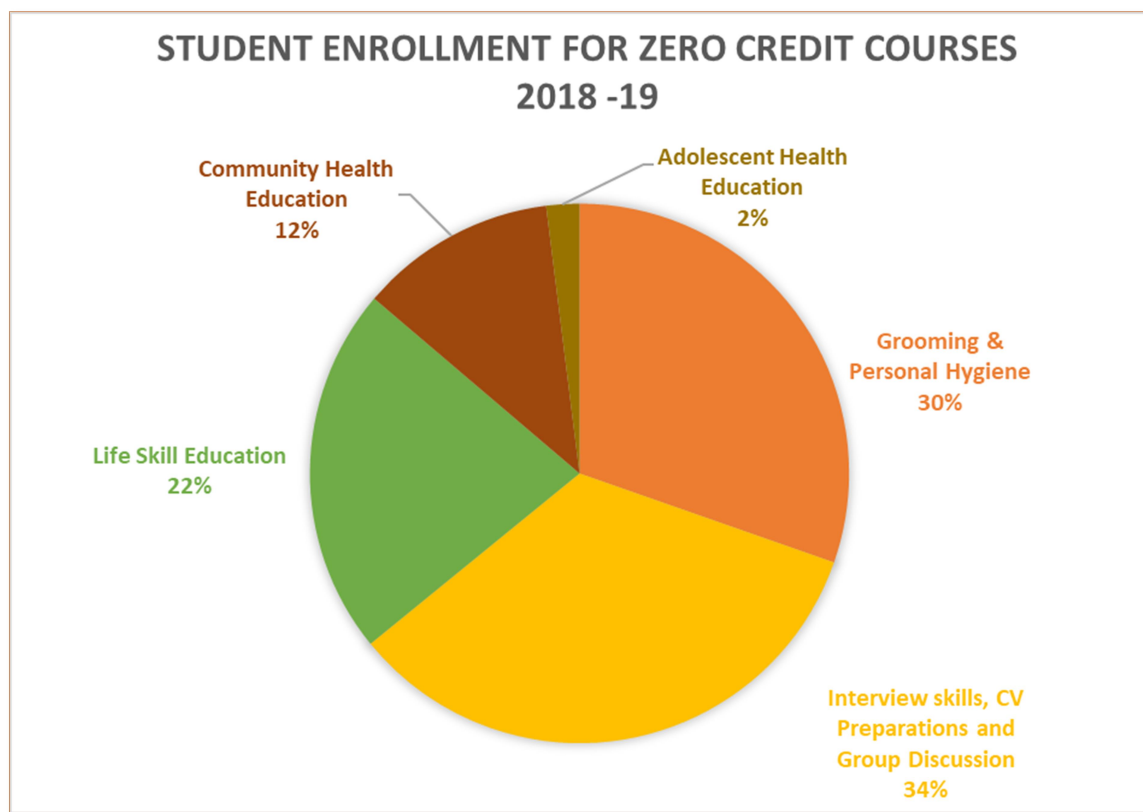


Fig. 1 Student enrolment to zero credit courses for the academic year 2018-19.

These courses opened up a new learning experience for the students. Mode of delivery of the courses were through group discussions, debates and lectures. Fig.1 gives an overview of the student enrolment to the five zero credit courses. After graduation many of our students prefer to get placed in various jobs in software fields, banking, etc... The course on *Interview Skills, CV Preparation and group discussion* prepares the students to face these interviews with confidence. The course aids students to prepare impressive CV and resume. The course also enrich students with tips and strategies of group discussion. The courses were widely appreciated by students.

