

MONTH OF OCTOBER

International Day of Elderly

As part of International Day of Elderly October 1, 2021, the Department of Family And Community Science conducted a selfie contest 'Selfie with grand ones'. A day for grandparents, who are confined to a room that most people do not pay attention to. A nice selfie photo with your grandparents back then, was the content. A total of 3 entries were received. The concise entry was selected by a panel of judges consisting of Sr. Dr. Remya M.J., Miss Sreelakshmi, Miss Preseetha and Miss Annina.

The winners are listed below:

FIRST PRIZE: Gopika Suresh (III DC)

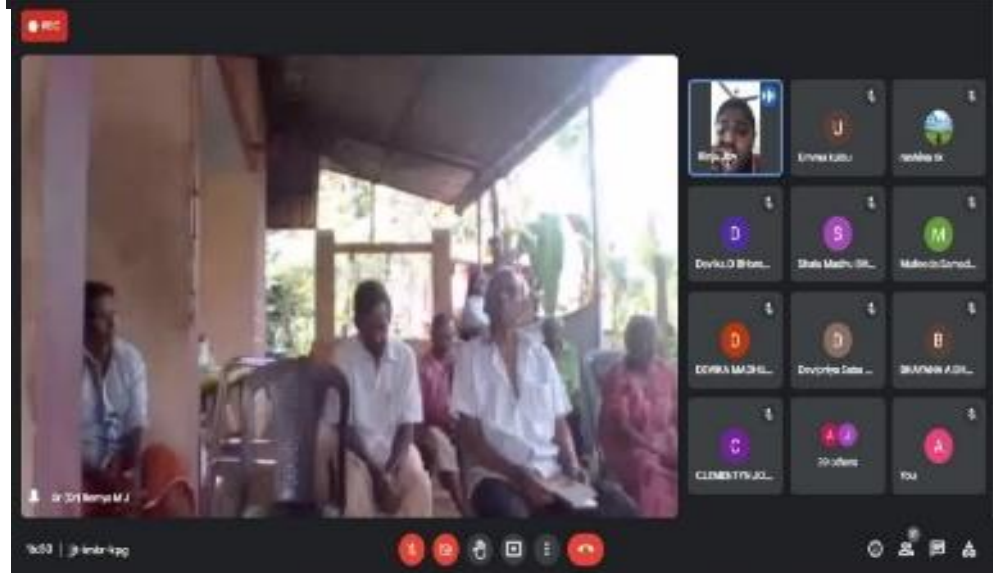
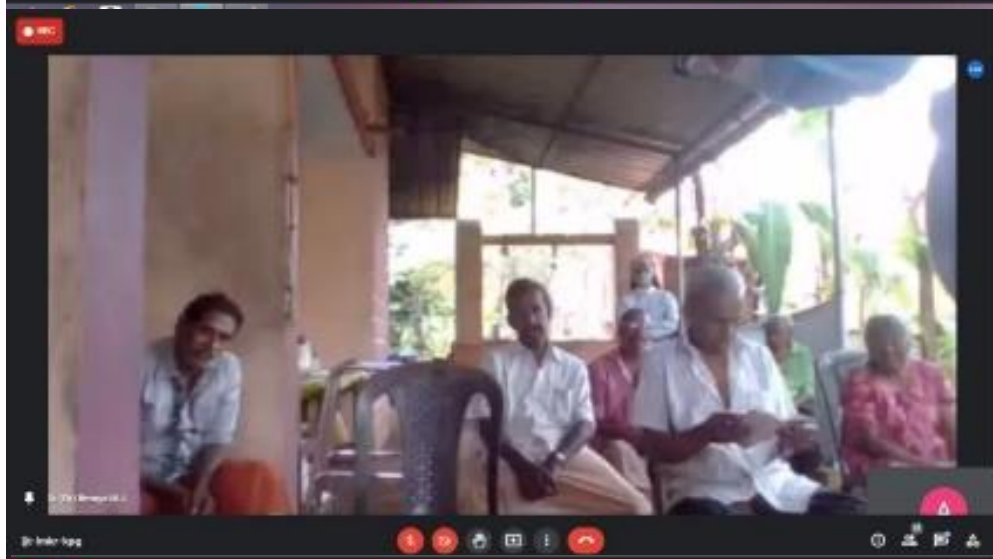
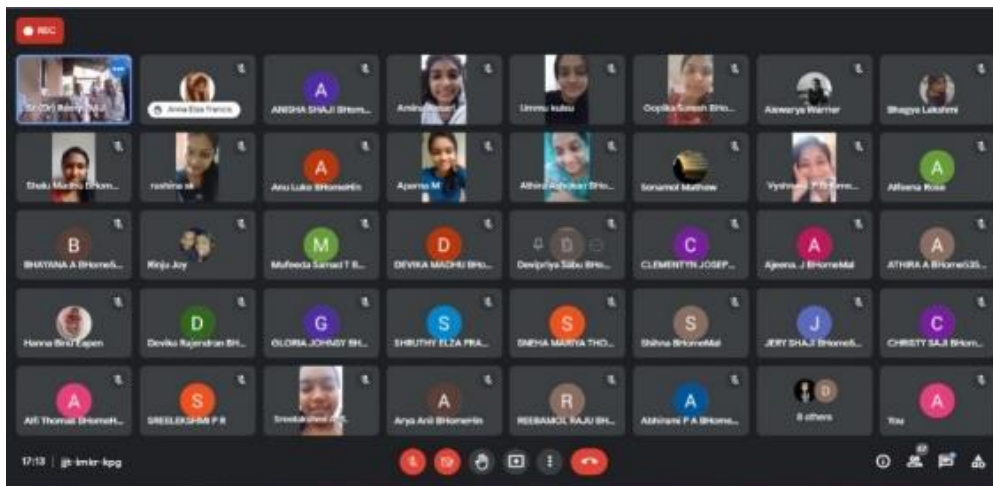
SECOND PRIZE: Ummukulsu (I DC)

THIRD PRIZE: Ananya Venu



OLD AGE HOME VISIT

On the International Day of Elderly, the Family and Community Science Department along with Dr. Sr. Remya M. J. conducted an online old age home visit. The visit was to Sneham old age home at Kottayam. The students spent quite some time with the residents. It was a different experience for the students as well as the residents.



Parent's Meeting

A parents meeting was held on October 3 for both UG and PG students on behalf of college reopening. Meeting was on online mode (Google meet).

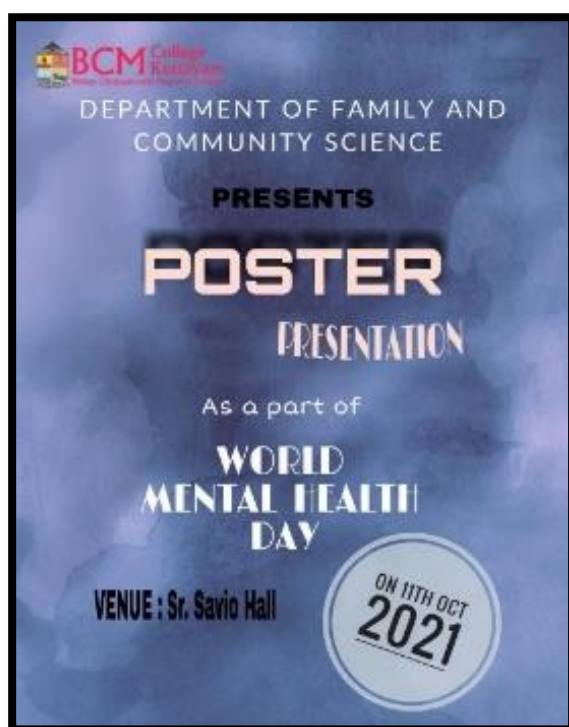
Agenda:

1. Adaptive precaution methods to prevent the possibilities of viral infection
2. Discussed about hostel facilities
3. Discussed about the upcoming semester exams

Meeting Link: <https://meet.google.com/lookup/blrqcdwbqv?authuser=0&hs=179>

POSTER MAKING COMPETITION

Department of Family And Community Science, conducted a poster making competition in connection with World Mental Health Day on 11/10/2020. The final year students individually prepared posters which contain information about mental health and related thoughts. All the posters were displayed later. Cooperation of all the departments has enhanced the quality of this program.





Mental Health Day Poster Presentation		
S.No	Name & Designation	Remarks
1	Stephy Thomas Asst. Professor	Good work
2	Alphonsa Kurian Asst. Professor	Great effort
3	Asst. Professor (Smt. Jay) Guest Lect	Good
4	Jaimi Elizabeth Cherest	Good work
5	Shalini Thomas	Excellent
6	Gurukulamma (Chemistry)	Good effort
7	Geetha (Chemistry) 3 rd yr	Good
8	Alena Rajan (Chemistry)	Great
9	Gayatri G. (MSc. Statistics)	Good
10	Arathy	Great
11	Dithira	Great
12	Anisha	Great
13	Leekha	Good work
14	Sandeshani S (SSC)	Good
15	Malini (SSC)	Excellent
16	Ravathi (SSC)	Excellent
17	Beneeta Justice (Maths)	Good work
18	Elizabeth (Maths)	Good work
19	Reema (Economics)	Good
20	Arsha Das	Good work

S.No	Name & Designation	Remarks
21	Neeraj Mishra (FAC)	Excellent
22	Akhil Kumar P.A	Great work
23	Aishwarya Varghese M	Good presentation
24	Deviya Pabi	Great
25	Ayaz Anil	Excellent
26	Ravika Rajendran	Good
27	Medha Davis	Great work
28	Darshana D	Good
29	Ana Luke	Great work
30	Angamali Suresh	Great work
31	Shihana	Excellent work
32	Thea Brigit Shaji	Very creative
33	Anugraha Shaji	Good
34	Gowri Krishna	Good
35	Alfi Thomas	Great effort
36	Alina Ashokan	Good effort
37	Aswathy K.R	Good
38	Riya Raji	Good
39	Reeba Mol Regi	Good
40	Arkaia Lalitha K.V	Good
41	Clement Joseph	Good
42	Anisha Shaji	Great work
43	Sandra Baiju	Good work

Sl.No	Name & Designation	Sign	Remarks
39	Geetha Sabe	Geetha	Good
40	Athira A	Athira	Good work
41	Devika Madhu	Devika	Good
42	Lekshmi N. Ajith	Lekshmi	Excellent
43	Christy Saji	Christy	Great work
44	Iena Varghese	Iena	Good presentation
45	Devika S	Devika	Good
46	Glacia Johnson	Glacia	Good work
47	Shrutika Elza Pradeep	Shrutika	Good

INTERNATIONAL WEBINAR

The Department of Family And Community Science, BCM College conducted an International Webinar in connection with World Mental Health Day on 12/10/202. A survey was conducted on October 8 for whole college on behalf of world mental health day. The webinar began with a prayer song followed by a welcome speech by HOD Dr. Sr. Remya M.J. Dr. Steffy announced the inaugural address as well as the felicitation. The webinar was taken by Dr. Angelina M. Julom (University of Santo Tomas, Manila, Philippines) on the topic 'Impact of Social Media on Mental Health of Youth'. During the interaction section, the students cleared their doubts. Miss Sreelakshmi thanked everyone on behalf the department. The webinar ended with the national anthem.


DEPT. OF FAMILY AND COMMUNITY SCIENCE
PRESENTS
INTERNATIONAL WEBINAR ON
IMPACT OF SOCIAL MEDIA ON MENTAL
HEALTH OF YOUTH

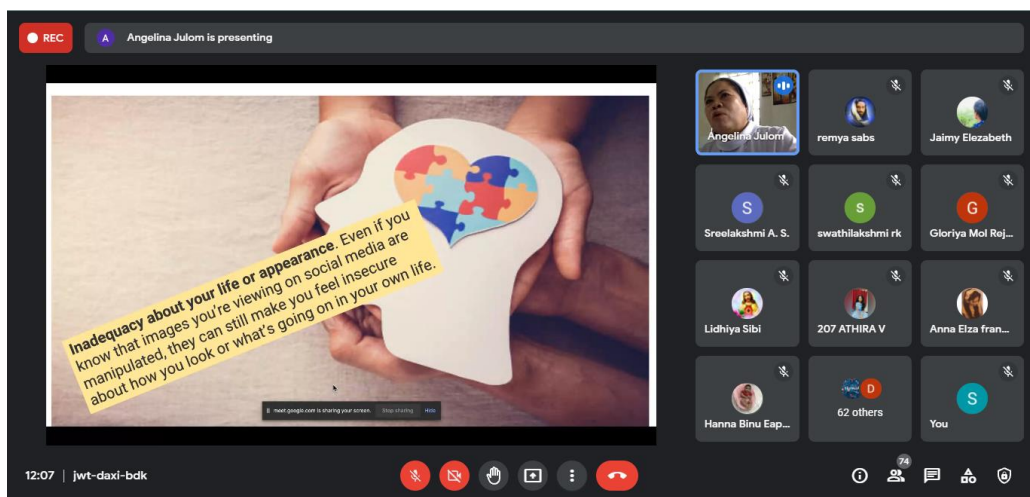
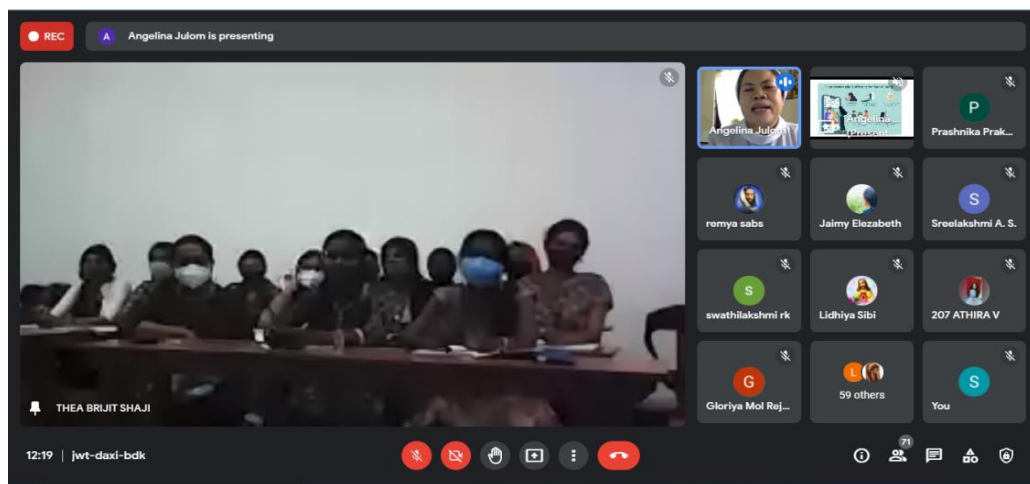
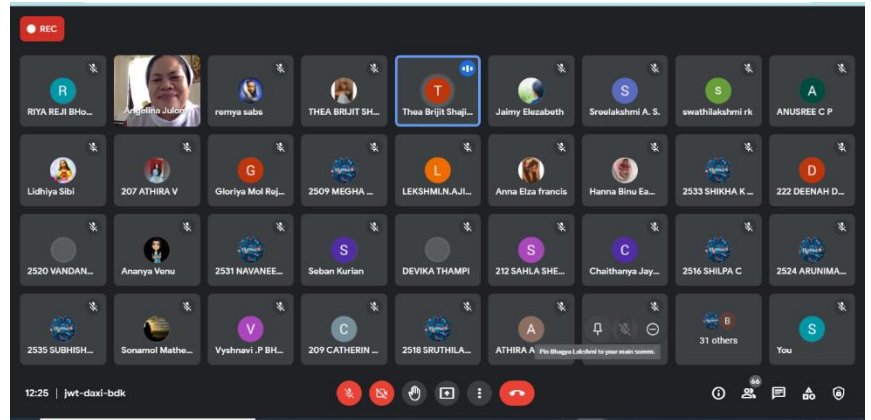


Assoc. Prof. Angelina M. Julom, Rpsy
 University of Santo Tomas
 Manila, Philippines

Registration Link:
<https://www.zoom.us/j/96029222222>


 code: jwt-daxi-bdk

Time: 11.30am- 12.30pm
 Date: 12-10-2021



Association Meeting

An association meeting was held on 28/10/2021 via google meet in order to discuss about the activities

Agenda

1. Evaluation of the association activities
2. Mode of celebration of the upcoming events
3. Discussed the way to impart enough involvement of the newly elected members.