

MONTH OF DECEMBER

FRESHER'S DAY

Due to covid-19 pandemic we were not able to give a warm welcome to 1st year PG students, 1st year UG and 2nd year UG students. However, on December 13, 2021, the department of family and community science, teachers, and final year students put on a fun fresher's day for them. Sr. Savio hall was the venue for the event. The gathering started with a prayer. Sreelakshmi miss extended a warm welcome to all who attended the event. From the beginning to the end, Gopika Suresh and Anugraha shaji served as hosts. Following that, there were a number of art events. Students from the first and second years performed beautiful dances. Anu Luke, a third-year student, also performed a beautiful song. Jaimi miss and Aninna miss also danced to a good song, which added to the beauty of the gathering. Everyone ate food, after all. That programme was a huge hit with all of us. The national anthem concluded the event.





CHRISTMAS CELEBRATION AND MERIT DAY

Christmas is an annual festival commemorating the birth of Jesus Christ, observed primarily on December 25 as a religious and cultural celebration among billions of people around the world. The day started with the inauguration of the merit day. Merit day was celebrated to recognize those students who secured top grades in examination. The programme started at 10 am in college auditorium. The qualified students got appreciated during the programme.

The FACS Department at BCM College, Kottayam organized a Christmas celebration on the afternoon on December 23. The meeting was officially inaugurated by the head of the FACS Department Dr.Sr. Remya and shared the Christmas message with the students. After that the beautiful song of the first-year students beautified the stage. There was also a dance by Pg and Ug students. That programme was a huge hit with the audience. It came to a close with the National Anthem.



WORKSHOP ON FLOWER ARRANGEMENT

On December 20, 2021, the department of Family and Community Science (FACS) hosted a one-day workshop for third-year students on flower arrangement using dry and fresh flowers. The students got an opportunity to have a hands-on experience on the different kinds of flower arrangement technique (fresh and dry flowers) and it was reported to be a beneficial one.







Internship program for second year PG Students

REPORT OF VISIT TO SPECTRUM PHYSIOTHERAPY UNIT

AIM

To report and evaluate the functioning, working facilities available, therapies available & a physiotherapy unit.

PLANNING

As a part of curriculum, the students of IInd MSc child development has to visit a Physiotherapy unit. A planning session was conducted on December 11th 2021. The teacher took the permission to visit Spectrum intervention center physiotherapy unit. The students conducted visit on 15th december 2021.

INFRASTRUCTURE

Nims medicity, trivandrum, kerala, is a 350 bedded super speciality hospital, which is one of the largest health care centres in south kerala and south tamilnadu. its 40 departments includes 20 specialities & 20 super specialities. NIMS is also providing free rehabilitation services to the needy students of 's. akshana, karuna medical mission

SERVICES PROVIDE

Department is well equipped with modern therapeutic equipment with highly skilled Physiotherapists from different specialities. Treatments aims first to relieve pain, then to start a self management plan for preventing further problems. Rehabilitation unit helps people getting out of bed, and moving and back to independent living after an surgery or stroke.

HISTORY

Former vice chancellor of Kerala university of health sciences and founder director of child development center (CDC), Kerala is the parttime director of NIMS spectrum and mentoring and overseeing its activities. It is located in Pathankallu, Trivandrum district of Kerala. Nims spectrum child development research center aims at providing comprehensive rehabilitation services for the differently abled persons.

ADDRESS

NIMS SPECTRUM

HOSPITAL in pathankallu, Kerala

695123, Trivandrum

ORGANIZATION

MKC Naia is the fulltime director of NIMS SPECTRUM and mentoring and overseeing its activities.

INTERSHIP

Internship is a period of work experience offered by an organization for a limited period of time. Once confined to medical graduates, internship is used for a wide range of placements in business non-profit organizations and government agencies, try are typically undertaken by students and graduates looking to gain relevant skills and experience in a particular field.

Internship for professional careers are similar in some ways. Similar internships apprenticeship students learn vocational skill into the workforce. Typically an internship consist of an exchange of services for experience between the ~~the~~ intern and the organization services for experience between the intern and the organizations.

Internships are need to determine if the inter skill has an interest in that field after the real life experiences. In addition, an internship can be

used to create a professional network
that can assist with letters of recommendation
or lead to future employment opportunities.

ONLINE VISIT TO INSTITUTION INVOLVED WITH ALTERNATE ENERGY PROGRAMMES

According to the syllabus, the department of Family and Community Science organised an online visit on "Solar energy utilisation" for third-year BSc students via the Google Meet platform on December 11, 2021. The visit took place in Khana, a South African community with no water resources and a bright, sunny climate. The visit's goal was to learn more about the area's specialised energy sources. The resource person was Fr. Lijin, the school's custodian. He discusses and illustrates how solar power can be used to generate electricity. Everyone said the seminar was good and that it lasted 1.30 hours.









