

## **B.C.M College, Kottayam**

### **Activity report of Dept of Physical Education-2018/19**

#### **Achievements of students**

##### **Kabaddi**

- BCM Kabaddi team won the MG University Inter collegiate Kabaddi Championships (Women) held at Government College ,Nattakom on October 8, 2018.
- The following students were selected to the MG university Kabaddi team which participated in the South Zone Kabaddi Championships held at Bangalore North University.
  - 1) Veenamol KS
  - 2) Amala Riya Roy
  - 3) Ancy Reji
  - 4) Aleena Biju
  - 5) Silpa Thomas
- College team Emerged as the winners in the Kottayam District Senior and Junior Kabaddi Championships held at Kottayam Indoor Stadium

##### **Karate**

- Sini Devassia of BA English has won the gold medal in the Kerala State Karate Championships

##### **Wrestling**

- Arpana Sunil of BA History won the gold medal in the MG university wrestling championships held at Maharajas College

##### **Judo**

- Arpana Sunil of BA History won the bronze medal in the MG university Judo Championships held at St Stephens College ,Uzhavoor

## **Basketball**

- The college basketball team emerged as the fourth position winners in the MG university inter zone Basketball Championships (Women) held at Assumption College , Changanacherry.

## **Other Major Activities**

### **World Cup Prediction contest**

The department had conducted a world cup prediction contest open for all staff and students of BCM. The contest was open from June 19<sup>th</sup> to June 25<sup>th</sup>. About 800 students/Staff participated in the event and the winners were awarded with gift vouchers worth Rs 2000 / Rs 1000 and Rs 500 for first ,second and third position holders

### **Emergency response and first Aid training course**

A certification program on Emergency response and first Aid training course was organized for the physical education open course students on 20<sup>th</sup> August .The session was conducted by experts from Indian Institute of emergency medicine.

### **Field Trip and Adventure Camp**

The Students of the Physical Education Open Course were taken for a field trip and adventure camp at the Integrated Sports Complex of St Thomas College ,Pala on 02/10/2018

### **Annual Sports 2018/19**

The college Annual Sports was conducted on 25<sup>th</sup> January 2019. A total of 12 events were organized for the students, Teaching and Non teaching Staff. Commerce association emerged as the overall winners with 51 points ,English association came second with 41 points and Mathematics association came third with 32 points