

# **BCM COLLEGE NCC**

## **UNIT**

### **ANNUAL**

### **REPORT**

**2020 - 2021**

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## **1.QUARANTINE TASKS**

### **TASK 1:COOK YOUR FAV DISH**

Being at home in between contracts or during a lockdown as in recent times can offer opportunities to hone skills or learn new ones. There are two ways to learn new culinary skills – one is by trial and error at home, the other is by signing up for an online course. Online learning or virtual classrooms are gaining ground in the education sector, receiving an unlikely boost from the recent coronavirus pandemic.

In order to utilize time during pandemic period ,the NCC cadets of BCM College NCC unit conducted a competition on culinary activities by preparing variety of snacks and sweets. It was really a great experience in which we could learn to make use\_of every minute.



## TASK 2:-RAINWATER HARVESTING

As we all know rainwater harvesting helps utilities reduce peak demands during summer months, saving treated water for more important and appropriate water uses.



While rain water can be a perfect primary water source for many source, for many users and situations its also a great backup water supply for emergency situations . The NCC

cadets accomplished the task successfully on April 2020. All the NCC cadet gave their best part to their duty.

### **TASK 3: PLANT A HOPE FOR FUTURE**

Plants are really important for the planet and for all living things. Plantations of trees is important as they improve the life and fulfil essential needs of mankind. During photosynthesis, the trees breakdown food materials and consume carbon dioxide. Resultantly with the help of sunlight, the trees produce carbohydrates. Moreover, trees support life by providing habitat to different species such as squirrels, bees and birds. Trees cleanse the climate by absorbing carbon dioxide from the environment and releasing oxygen. The trees cool the environment through their leaves by absorbing the sun heat. Thus, there occurs cooling in the atmosphere. The trees provide shades to houses and streets.

Trees clean the air by absorbing harmful chemicals such as nitrogen oxide and removing dust particles from the air by absorbing them in their leaves. Another importance of planting trees is that they save the water from impurity. Trees stop water pollution by breaking the direct fall of rainfall to the ground.

The lockdown is an ideal time to try our hand at growing our own greens. We the NCC cadets of BCM College took initiative in planting a tree during this lockdown period. It turned to a great experience for all of us .





#### **TASK 4:PHYSICAL FITNESS WITH MOM**

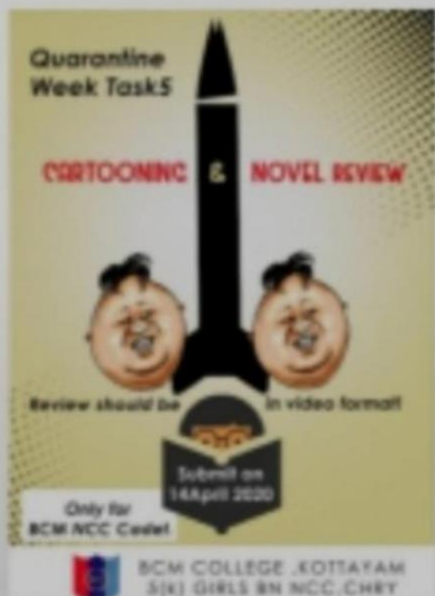
Physical fitness is a state of health and well-being and more specifically, the ability to perform aspects of sports, occupations and daily activities. During the lockdown period ,the cadets actively participated in 'Physical fitness with mom' and made it a grand success. It gave a golden opportunity to spend time with their mothers.



### **TASK 5: CARTOON AND NOVEL REVIEW**

A cartoon is a type of illustration, sometimes animated, typically in a non-realistic or semi-realistic style. The specific meaning has evolved over time, but the modern usage usually refers to either: an image or series of images intended for satire, caricature, or humour; or a motion picture that relies on a sequence of illustrations for its animation.

A book review is a form of literary criticism in which a book is merely described or analysed based on content, style, and merit. A book review may be a primary source, opinion piece, summary review or scholarly review. We the NCC cadets did cartoon paintings and wrote book reviews of books read by us during the lockdown period. It was really a great experience for us. And also we inspired others too in doing such activities during pandemic period.



### **TASK 6:CRAFT YOUR THINGS**

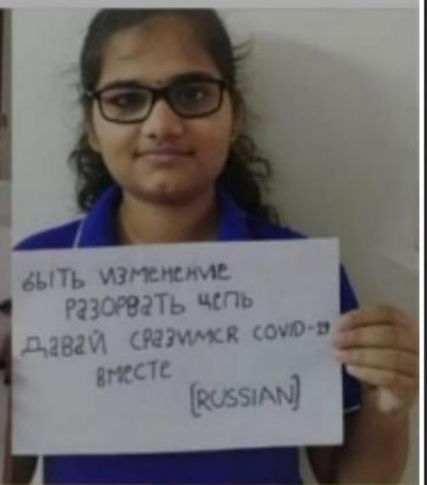
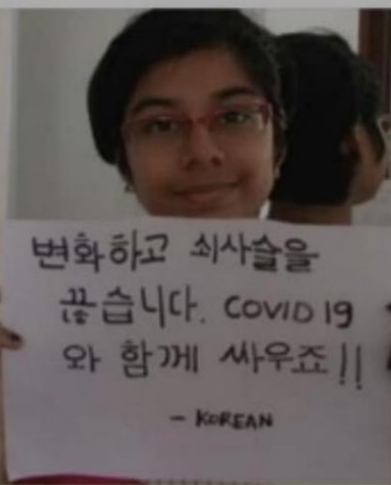
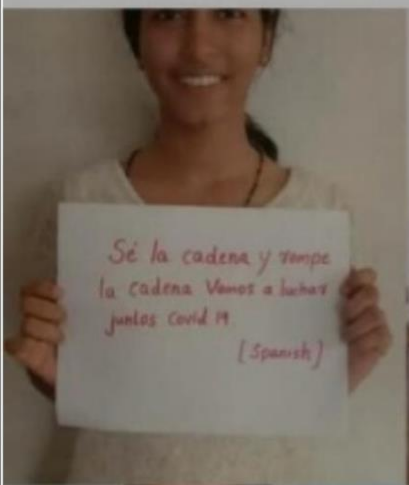
Making the best out of waste is not a simple thing. It was the human creative mind that give birth to this extraordinary idea of using unwanted material in a useful way. In today's world crafting waste material has a very important place there are a lot of things around that are labelled as dumb but the irony is that it is a useful for others, it is a generic necessity of every humans life. This activity was undertaken by the second year and the third year cadets of BCM college and there was effective participation of all cadets in this activity .It also improved the creative and presentation skills and had helped others to realise the importance of crafting waste materials



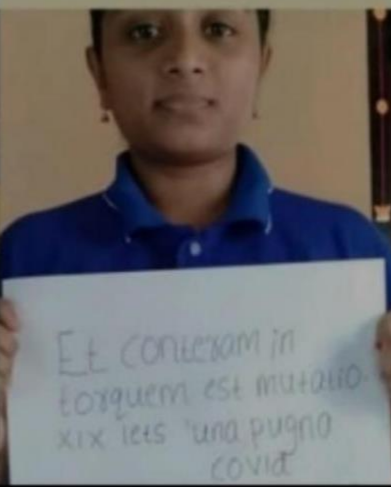
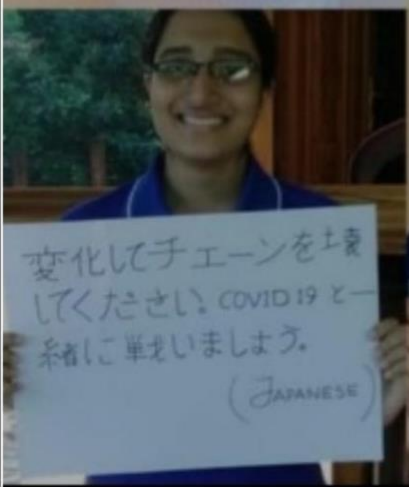
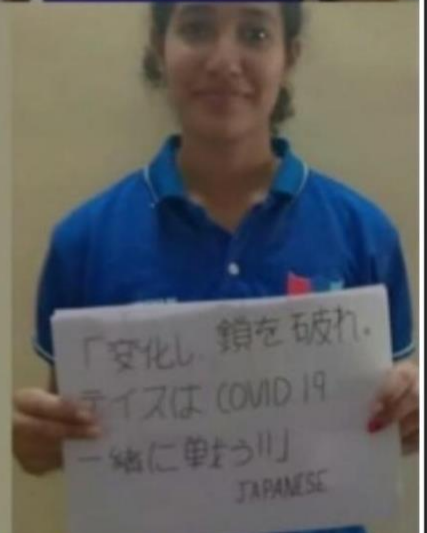
### **TASK 7:TRANSLATION TO FOREIGN LANGUAGES**

Amidst the covid 19 situation, the NCC cadets of BCM College has taken an initiative to give a message to the people all over the world. The cadets have taken the challenge of translating the covid 19 message 'Be the Change and Break the Chain. Let's fight covid 19 together' to several foreign languages that includes Chinese, Korean, Russian, Japanese, French etc. It was a great and yet a unique step to enlighten people and unite them in sense of humanity.





" Be the  
change and  
Break the  
Chain .  
Lets Fight  
Covid 19  
together "



### **TASK 8:SHADOW PHOTOGRAPHY**

When talking about photography the term 'shadow' is used to describe the darkest parts of an image. Manipulation of the lighting and exposure of shadow within an image can be used to add or remove darkness from a scene, dramatically altering the overall feel and depth of a photograph. Our NCC unit conducted a competition for our cadets on ' shadow photography '. Our cadets tried to do the activity their level best and was a new experience for all of them.



### **TASK 9:WORLD HERITAGE DAY**

World Heritage Day is observed every year on April 18 to preserve the human heritage and recognize the efforts of the organizations working for it.

Monuments and ancient buildings are an asset to the world. They make for the rich heritage of the nation.

Therefore, World Heritage Day is a collective effort of the communities in the world to do the needful. This day is celebrated to maintain the legacy and save the rich heritage which has been given to us by our ancestors.

It helps us examine our history and traditions and enables us develop an awareness about ourselves. It helps us understand and explain why we are the way we are. Heritage is a keystone of our culture that plays an important role in our politics, society, business and world view.

The NCC cadets of BCM college created awareness on the importance of conserving the ancestral monuments and buildings on April 18<sup>th</sup>

# WORLD HERITAGE DAY

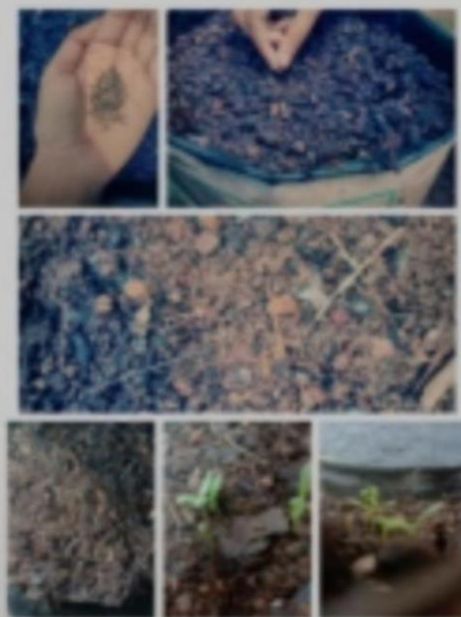
ENCOUNTER AND DISCOVER  
YOUR ANCESTRAL  
ENTITIES.....



### **TASK 10: MICRO FARMING**

As we are aware about the importance of micro farming. micro farming are small scale agricultural operations that used for less and than the average commercial or family farm typically under 5 acres and are often locate in urban areas it has the ability to control environmental factors like lightning, humidity, and temperature. They help to localize food production, reducing the overall environmental footprint of our modern food system. Benefits of this method are lower green house gas emission, and minimal transportation requirements. This activity was conducted by second year and third year cadets of BCM college students and it helps others to get a clear image about micro farming and they also upload various images of their micro farming .





### **TASK 11:CLOTH CRAFT**

To make the lock down days better in a different way, the cadets of BCM College actively spent their time in cloth craft. Cloth painting, cloth designing etc were done which was greatly inspiring to others as well. Modelling the activities other students also started to spend their leisure time effectively.





### **TASK 12:PAPER BAG MAKING**

Paper bag making has a great relevance now a days. The NCC cadets made paper bags during lockdown , mainly using newspaper. It helps to decrease the use of plastic carry bags. Plastic carry bag is a threat to the environment. The making of paper carry bag is an alternative for plastic bags, hence was a milestone for a great good to our nature.



BCM COLLEGE KOTTAYAM  
NRI GIRLS BN HOC, CHRY

Entrepreneurship  
Unit 22

# PAPER BAG MAKING

START ON  
25 APRIL



Order from BCM College Kottayam

## **2.HELP TO LABOUR DEPARTMENT**

During the locked period due to Covid-19 pandemic, the cadets of BCM College NCC Unit had helped the labour department by collecting the details of migrant labourers in Kottayam. The labours were protesting when the lockdown came to exist, for the safe return to their homeland. A small group of labours were working under a single individual. Our cadets took the initiative to collect their details including phone number, Aadhar number, name of the owner etc. It was a great success in the midst of the pandemic.



### **3.DANCE TO ENCOURAGE HYGEINE PRACTICES AND SOCIAL DISTANCING**

Good personal hygiene is important for both health and social reasons. It entails keeping your hands, head and body clean so as to stop the spread of germs and illness. Personal hygiene is very important in today's Corona time . Virus that causes COVID-19 –can spread easily. To avoid the disease, social distancing is a better solution. Social distancing puts space between individuals. If someone is sick and there are no people around, a virus cannot spread. In order to make aware of the importance of hygiene practices and social distancing, the BCM College NCC unit had coined a dance video to encourage hygiene practices and social distancing.

<https://youtu.be/wByvTu18Eh0>

### **4.COVID-19 MESSAGE IN ENGLISH, MALAYALAM AND HINDI**

On 10 th April 2020,the cadets of BCM College NCC unit made a video presentation as a Covid-19 message. The video presents the ways to protect yourselves and others from Covid-19. The main objective of this video was to make people aware of the consequences of Covid-19 virus and to take the preventive measures. The video was very effective and informative.

<https://youtu.be/x9ymenJrxZM>

<https://youtu.be/m8XlIFaO6oc>

<https://youtu.be/WpaKuygh4es>

### **5.A MUSICAL VIDEO BY CADETS**

As a motivation to rise up from the pandemic, a musical video was made by the cadets of BCM College NCC Unit. Around ten cadets actively participated in creating the video and was published in the YouTube on 18 th April, 2020.The cadets succeeded in imparting the light of hope during the lockdown days. The video was an initiative taken by the cadets to enlighten the world by taking necessary measures to fight against corona virus. The faith and hope that all of us have to hold to rise from the pandemic was represented by the handing over of candles.

<https://youtu.be/fnUe6GOInhl>



## **6.AN AWARENESS VIDEO ON SAFETY MEASURES**

On 18 th April, 2020,the cadets of BCM College NCC unit presented an awareness video about safety measures against Covid-19. The aim of the video was to make people aware about the Covid-19 pandemic during lockdown days. During those days, this video on safety measures was very helpful to everyone to be more informed about the pandemic. Practicing personal safety measures is the only way to be away from the deadly pandemic.

<https://youtu.be/c3NiSQepeXg>

## **7.DANCE VIDEO BY CADETS**

Dance is a fully pledged art form. Dance is a form of self expression, which becomes the medium for sending, understanding, communicating ideas, feelings and experiences. In the widespread of Covid-19 pandemic days, the cadets of BCM College NCC unit presented a brilliant classical dance performance about the seriousness of Covid-19 and how it affect humans. The video was published on 19 th April, 2020 on the official YouTube channel. The video conveyed a wide variety of theme and created a positive energy to the viewers.

[https://youtu.be/k9\\_2ih8C\\_pl](https://youtu.be/k9_2ih8C_pl)

## **8.A VIDEO ON HANDWASHING METHODS**

Corona virus is an infectious disease caused by a newly discovered virus, for which there is no known vaccine yet. The only way to prevent the spread of germs, including corona virus is the frequent washing of hands with soap and water. As a measure to prevent corona virus, the BCM College NCC unit coined a video showing the proper ways of hand washing. It was rally a helpful video, as it shows the correct and necessary steps of washing hands.

<https://youtu.be/VKVkE8bQhhU>

## **9.A SHORT FILM 'ATHIJEEVANAM'**

On 19 th April, 2020,a short film 'ATHIJEEVANAM' was made in order to create awareness about the pandemic and to bring our social balance back. Regular and proper hand washing is one of the best ways to remove germs and to prevent getting sick. The short film was based on the procedures of proper hand washing and the mistakes that can occur while washing hands, in an interesting way.

<https://youtu.be/Ha3FEVCloWU>

### **10.A VIDEO FOR PRAVASI ONNICHHONAYI**

Pravasis are the major source income in India. But COVID-19 pandemic had affected the pravasis very badly. To spread the need to stand as a support and to keep together the pravasis who had faced a lot of difficulties during the pandemic, a video named 'Pravasi onnichhonayi' was made by the BCM College NCC unit.

<https://youtu.be/vb4TOtaAJsk>

### **11.VIDEO – A SMALL CHANGE CAN MAKE BIG IMPACT**

On 22 nd May, 2020, the cadets of BCM College NCC unit created a video regarding Covid-19 pandemic on the topic- 'A small change can make big impact'. The video shows us about what we are doing to protect ourselves in our current state of corona virus and how much our lifestyle had changed. The video was effective and meaningful, making each of us compare our past and present lives.

<https://youtu.be/iRAgm9Mmu-A>

### **12.A VIDEO ON CREATIVITY**

A creative video was made by the cadets of BCM College NCC unit during the lockdown days. It was published on 23 rd May, 2020. Creativity involves in breaking out the expected patterns in order to look at things in a different way. The video proves itself how creative the cadets are. In the midst of the terrific days, the moments were used as a tool to spread the notion of hope that things would get back to normal.

<https://youtu.be/ad0OG8BAevl>

### **13.A VIDEO ON THE IMPORTANCE OF READING**

"There is no friend as loyal as a book", said American author Ernest Hemingway. Books fire up your imagination, provide solace in times of grief, and open up your world. The importance of a reading habit is intrinsically linked to professional success, as it opens up the mind to new experiences and provides new avenues



of knowledge. Reading can make you a better writer and speaker. Reading skills can take you a step ahead and help you achieve your objectives by customizing the way you read. If you choose the appropriate reading skill, it will enhance the reading process and help you achieve your goal.

During times of crisis, people find themselves faced with lifestyle changes. One of the earliest and most noticeable changes seen during the COVID-19 lockdown was how we consume media — and especially how we read. People tend to find comfort in certain books, and reading habits and genre preferences can change during periods of stress. This helps to explain why much genre fiction has roots in times of significant social, political or economic upheaval. We the NCC cadets utilized every minute during the lockdown period to grasp new things and to acquire more knowledge by reading books which boosted our minds.

<https://youtu.be/-hPtjIRbMOw>

#### **14.VIDEO ON YOGA**

The International day of Yoga is celebrated annually on 21 st June since 2015. Yoga is a physical, mental and spiritual practice originated in India. The Yoga day was inaugurated by Col. Satheesh Kumar , CO of 5(K) Girls Battalion, Changanassery. The BCM College NCC unit published a video on 27 th June, 2020 which included the Yoga practices of the ANOs and cadets of 5(K) Girls Battalion with the caption –‘Yoga does not transform the way we see things it transforms the person who sees’.

[https://youtu.be/u\\_u8Ah97\\_Ok](https://youtu.be/u_u8Ah97_Ok)

#### **15.INTERNATIONAL DAY AGAINST DRUG ABUSE**

With the aim to spread awareness about the dangers of drugs and trafficking, the International day against drug abuse and trafficking was observed by the BCM College NCC unit on 26<sup>th</sup> June, 2020.



#### **16.NATIONAL DOCTOR DAY – POSTER MAKING COMPETITION**

As a tribute to the doctors for their selfless services, an online poster designing competition was organised by the BCM College NCC unit on 4<sup>th</sup> July, 2020- National doctors day. The significance of the day had increased this year as they have become the new version of our knight in shining armours to battle against the pandemic. During these unprecedented times, they have been in the forefront and was called 'corona warriors'. The participants of the poster making

competition made sure that their work contained the theme and hence was a great success.



# BCM College NCC Unit Presents

## Online Poster Designing Competition

On National Doctor's Day

- Topic:-Selfless service of THE GREAT WARRIORS during corona pandemic
- Entries should be submitted before 4th July 2020
- only for BCM College Students
- Entries should be send to 7592945408 or 9447678984.

### 17.SHARING MEMORIES OF KARGIL WAR

On commemorating the Kargil war of 1999,an informational and motivative session with Flt. Lt Sreevidhya Rajan was organised by BCM College NCC Unit. The online session was held on 24 th July, 2020.It was an interactive session in

which the cadets took their opportunity to clear their doubts and to gain more information about our defence systems. The session appeared really inspirational as the chief guest shared her memories and experiences as the first woman pilot.





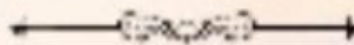
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5(K) GIRLS BN NCC,CHRY



FLT. LT. SREEVIDYA RAJAN

# *Sharing The Memories* *Of* **KARGIL**

24th July  
2:30PM - 3:30PM



18.A TRIBUTE TO KARGIL WARRIORS

On July 27,2020,during the pandemic time of covid-19 ,BCM College NCC unit conducted an online program to make our students aware about Kargil Vijay Diwas. Our cadets spoke about the Kargil warriors and about the lives of the brave warriors. They spoke about the background, awards and memorable moments of the soldiers. Although we were not able to do any programs face to face with the people due to the pandemic, we had included all our programs in videos and upload it in the official YouTube channel 'NCC Bishop Chulaparambil Memorial College'.

<https://youtu.be/vr8fplqfC5w>

### **19.HIROSHIMA AND NAGASAKI DAY – INTERCOLLEGIATE QUIZ COMPETITION**

As a part of commemorating the Hiroshima and Nagasaki day, an intercollegiate online quiz competition was conducted on 6th August 2020. It reminded us about the awful and substantial tragedy that had ever happened in the history of the world.. On August 6, 1945, the United States dropped a nuclear weapon on Hiroshima, Japan – the first time such a catastrophic weapon was ever used in conflict. Three days later the U.S. released another on Nagasaki, devastating the city and ushering in the nuclear age.The winners and participant's of the quiz competition were awarded with e- certificates.



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5(k) GIRLS BN NCC,CHRY

# Hiroshima Nagasaki DaY

## Inter College Online Quiz Competition

- ✱ Quiz will be conducted using google forms.
- ✱ Participation is allowed from 2th August 2020 to 9th August 2020 till 5:00pm.
- ✱ Results will be published after 5:00pm.
- ✱ Judgement will be on the basis of time duration
- ✱ winner's Certificate as well as participation certificate will be given.



## **20.INDEPENDENCE DAY**

On 15 th August, 2020,the cadets of BCM College NCC unit celebrated Independence Day, under the guidance of ANO Lt.Dr.Reeja PS. There was active participation of cadets in the Independence Day parade. Sabu sir of West Police station delivered the Independence day message and the college principal Dr. Teena Annah Thomas hoisted the flag. A photography competition on the topic –'Independence during lockdown 'was also conducted the same day.



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## **21.FIT INDIA MOVEMENT**

- **INAUGURATION**

Fit India Movement is a nation wide campaign that aims at encouraging people to include physical activities and sports in their everyday lives. The movement was launched by the Prime Minister of India, with the aim to make people in any

profession self efficient and making them physically and mentally fit. On behalf of this movement, on 15 th August 2020,the Fit India Movement activities were inaugurated at BCM College NCC unit by Luke Leon Kurian, Assistant Professor, Department of Physical Education, BCM College, Kottayam.

A photograph of two black kettlebells resting on a thick, light-colored rope. The background is a solid teal color.

***FIT INDIA MOVEMENT***

**WEEK PROGRAM INAUGURATION**



**BCM COLLEGE NCC UNIT**

***5(k) girls Bn, chry***

**ONLINE SESSION**

**With,**



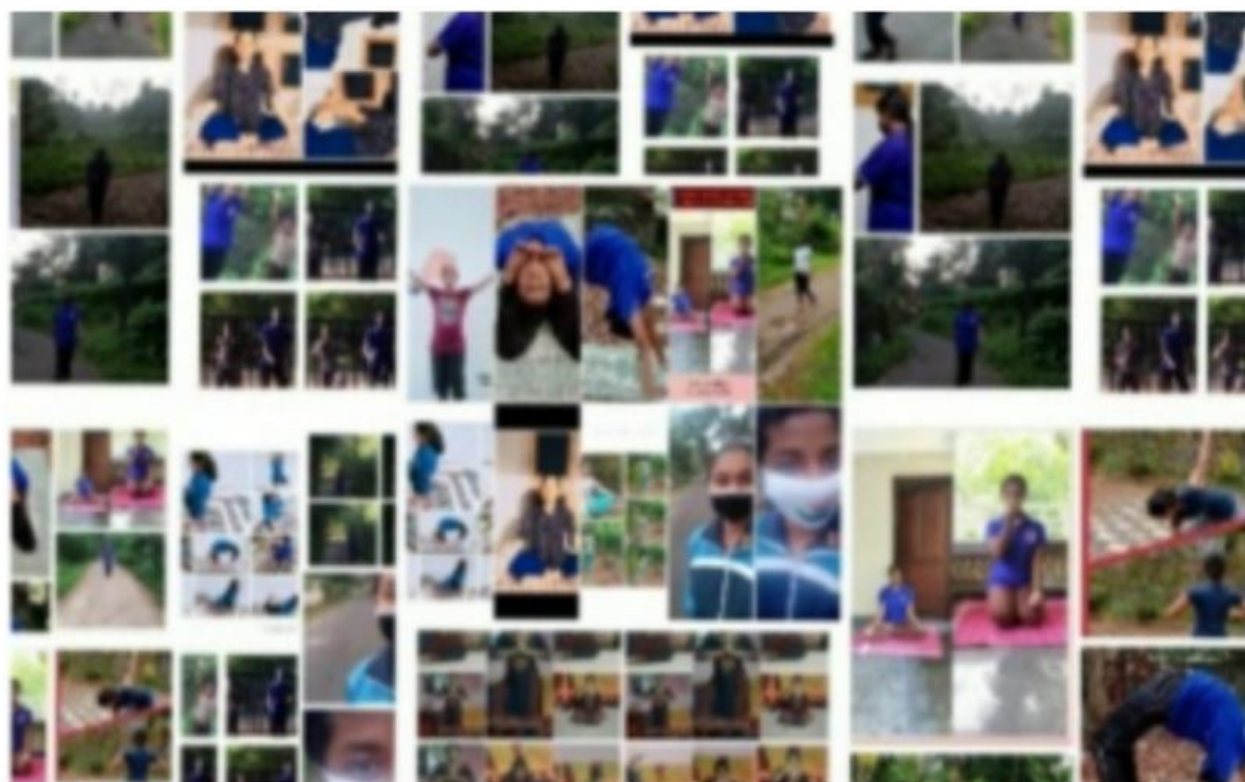
Luke Leon Kurlan  
Asst professor,  
Dept of Physical Education, BCM Kottayam  
(Certified Fitness Trainer and  
master trainer for fitness courses,  
former fitness trainer of Oberoi, Taj and Radisson Hotels)

**SATURDAY | AUGUST 15 | 2:30 PM**

- **ACTIVITIES**

Being a part of the nation wide Fit India movement, all the cadets of BCM College NCC unit collectively engaged in various physical activities and in Yoga. Photos and posts re shared on the official social media accounts. There was active participation of all the cadets, as an inspiration to the public.






**BCM COLLEGE ,KOTTAYAM**  
**5(k) GIRLS BN NCC,CHRY**



***FIT INDIA MOVEMENT***  
**FRIDAY | AUGUST 28**



***FIT INDIA MOVEMENT***  
**THURSDAY | SEPTEMBER 02**

## **22.STATE LEVEL WEBINAR ON CYCLING**

On 26 th August 2020,the BCM College NCC organised a State level webinar on the topic-‘Cycling for Health and Fitness’.The resource person was Mebin Binoy, the cycling coach and Kerala State Sports Council Member. The one hour session was very informative and ensured the active participation of all the cadets.

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# STATE LEVEL WEBINAR

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**TOPIC:**  
**CYCLING FOR HEALTH & FITNESS**



**RESOURCE PERSON:**  
**MABIN BENOY**  
**CYCLING COACH**  
**KERALA STATE SPORTS COUNCIL**

**DATE ; 26/08/2020**  
**TIME ; 3 pm- 4 pm**



### **23.AATMA NIRBHAR BHARAT – BLOG WRITING COMPETITION**

Aatma Nirbhar Bharat Abhiyaan is the vision of the Prime Minister of India to make India a self reliant nation. It leads to the economic development of the country. While announcing the economic package, it was said that the country should view the Covid-19 crisis as an opportunity to achieve economic self reliance. It promoted local products and helped farmers and migrant workers. As a part of this mission, the BCM College NCC unit conducted a blog writing competition on Aatma Nirbhar Bharat Abhiyan on 4 th September, 2020.It was helpful to all the cadets to know the policies and vision of Aatma Nirbhar Bharat Abhiyan.



BCM COLLEGE KOTTAYAM  
5(K) GIRLS BN NCC, CHRY



# **BLOG WRITING COMPETITION**

**ON**  
**ATMA NIRBHAR BHARAT ABHIYAN**

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**\*ONLY FOR BCM COLLEGE NCC CADETS**  
**\*DUE DATE: 4/09/2020 BEFORE 6 PM**  
**\*THE WRITING SHOULD NOT EXCEED 300 WORDS**

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#### **24.SALUTE INDIAN ARMY**

On 19<sup>th</sup> September 2020,the BCM college NCC unit coined a video as a tribute to the nineteen soldiers who were killed at Uri base Camp, Kashmir on 18th September,2016. Uri attack was a shocking experience which shook the nation. This video made us memorise each of the soldier who gave their lives for our nation. This tribute was an inspiring one to all. The soldier's lives were given for the sake of each and every Indian life.

<https://youtu.be/Rpm1c79JPgQ>

#### **25.BLOG WRITING COMPETITION ON THE RELEVANCE OF NON VIOLENCE**

On 21 st September, 2020,the cadets of BCM College NCC unit conducted a blog writing competition on the basis of the relevance of non violence. The objective of the competition was to create awareness about the idea of non violence and to learn to practice non violence with our fellow beings in our day-to-day interactions. Also, the competition made us to be aware of the fact that it is the personal practice of being harmless to ones self and others in all circumstances.

BCM COLLEGE KOTTAYAM  
SRI GIRLS BH NCC, CHRY



# **BLOG WRITING COMPETITION**

**ON  
THE RELEVANCE OF  
NON VIOLENCE**



**ONLY FOR BCM NCC CADETS**  
**SUBMIT YOUR ENTRIES ON 21/9/2020**  
**BEFORE 5 PM**

## **26.WORLD PEACE DAY – PHOTOGRAPHY COMPETITION**

On 24 th September, 2020,the cadets of BCM College NCC organised an interdepartmental Photography competition based on the theme 'Peace'. There was active participation from every departments and they shared different ideas about world peace.





# BCM COLLEGE NCC UNIT

5(K) GIRLS BN, CHRY

September 21



World peace day

## **PHOTOGRAPHY COMPETITION**

Interdepartmental competition

THEME : PEACE

Entries can be submitted to Instagram page

bcm\_ncc

Last date of submission 24/09/2020

## **27.GREETING CARD FOR GRANDPARENTS**

Grand parents are the building blocks of our families. Making them happy and making them proud are the great things that we do for them.To show our affection and love to our grandparents, the cadets of BCM College NCC unit had organised a greeting card making competition.



BCM COLLEGE, KOTTAYAM  
5k GIRLS BN NCC, CHRY

INTERNATIONAL DAY OF OLD PERSON

OCTOBER 1

"GREETING CARDS FOR YOUR "  
GRANDPARENTS



"Grandparents love will never grow old"

Send you cards to :- @bcm\_\_ncc

Deadline:- 04/10/20

COMPULSORY PARTICIPATION FOR ALL THE  
NCC CADETS IN BCM COLLEGE



### **28.GANDHI JAYANTI**

In celebrating the birthday of Mahatma Gandhi, an interdepartmental caption writing competition was organised by the BCM College NCC unit on 2 nd October, 2020. The students actively participated in the competition and e-certificates were provided to the winners.



BCM COLLEGE, KOTTAYAM  
5K GIRLS BN NCC, CHRY

## CAPTION WRITING COMPETITION

On OCT 2, GANDHI JAYANTHI

*Interdepartmental Competition*




*Send your answers to :- @bcm\_\_ncc*

*Deadline :- 02/10/2020, 5:00 PM*

E-Certificate For the winners


## **29.WEBINAR ON FUNDAMENTAL DUTIES**



District Legal Service Society, in association with BCM College NCC Unit conducted an informative webinar on 2<sup>nd</sup> October, 2020 on the topic – 'Fundamental duties'. The grand webinar was addressed by G Gopakumar, Additional District and Sessions Judge, Kottayam. The webinar was conducted on online platform. The presence of great resource persons and the participation of all the cadets and students the event successful. Speeches by experienced advocates and heads of legal organisations made the session informative and interesting. The resource person had well explained about the 11 fundamental duties and the doubt clearance session was very enlightening.




**DISTRICT LEGAL SERVICES AUTHORITY, KOTTAYAM**  
*In Association with*  
**NCC UNIT, BCM COLLEGE, KOTTAYAM**  
*Conducts Webinar on*  
**FUNDAMENTAL DUTIES** FOR THE DELEGATES OF

- ✓ PANEL LAWYERS, KOTTAYAM
- ✓ BCM COLLEGE, KOTTAYAM
- ✓ SREE SABAREESA COLLEGE, MUNDAKAYAM

 **FRIDAY, 02.10.2020 @ 11.00 AM**




**ADDRESSED BY**  
**Sri. G. GOPAKUMAR**  
ADDL. DISTRICT & SESSIONS  
JUDGE- I, KOTTAYAM



**JOIN US USING  
GOOGLE MEETS**

<https://meet.google.com/aid-wzot-ogt>

**CONTACT US**  0481- 2572422/ kottayamdlsa@gmail.com

## **30.WORLD NATURE DAY – LEAF ART COMPETITION**

In order to express the beauty of our nature, a leaf art competition was conducted by the BCM College NCC unit on the World Nature day-3<sup>rd</sup> October, 2020. The students actively participated in the competition and the winners were awarded with e-certificates. The competition also raised an awareness on preserving our wonderful nature. Amidst of the alarming problems, the day was a reminder to give better aid to our mother nature.





**BCM COLLEGE, KOTTAYAM  
5K GIRLS BN NCC, CHRY**

*World Nature day*

**OCTOBER 3**

**\*LEAF ART COMPETITION**

*Deadline :- 06/10/2020*

**Send your photos  
to :- @bcm\_\_ncc**



*Participation only for BCM students*

### **31.CHAT WITH VALEDICTORIAN**

On 3<sup>rd</sup> October, 2020, the BCM College NCC unit organised a chat conversation with our former cadet Madona Mathew. It was an interesting and informative session. The valedictorian presented every informative and interesting thoughts that were really useful for the cadets. The chat was very friendly and the cadets inquired their queries with ease. The program was conducted under the leadership of ANO Lt. Dr. Reeja PS.

BCM COLLEGE NCC UNIT

*5(k) girl's bn, chry*

chat with

**VALEDICTORIAN**

MADONA MATHEW

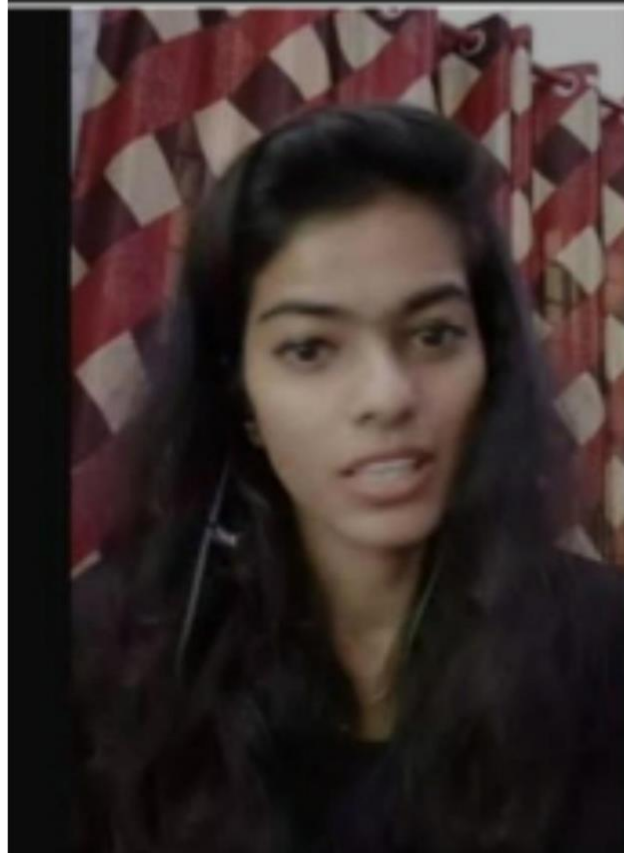
DATE:

3/10/2020

TIME: 11:30 AM

ONLINE PLATFORM:

GOOGLE MEET



### **32.INDIAN AIRFORCE DAY**

The Indian Air Force was officially established on 8 October 1932. Its first aircraft came into being on 01 April 1933. Therefore, the celebration of this day was officially started on 8th October in the year 1932 in order to increase the awareness of the Indian air force in any organisation of the national security both officially and publicly. The day is celebrated in air force bases all across the nation with air shows and parades conducted by air force cadets, as the Indian Air Force (IAF) has its prime responsibility of securing the Indian airspace as well as to carry out the aerial warfare during any clash.

It is known that the Indian Air Force has been a fundamental and crucial part of the defence system of the nation along with the Indian Navy and Army. In order to make awareness about our national defence, we the NCC cadets of BCM College created an inspiring video on October 8 ,2020,which is sure to enlighten every minds with the spirit of nationalism.

<http://youtu.be/uawffTEt3f8>

### **33.INTERNATIONAL GIRL CHILD DAY**

Girls face a lot of issues in their life.No matter whether its India or any other country in the world, they are expected to suffer and bear the pain. Starting from female infanticide to gender inequality and sexual abuse, there is no death of issues. Thus to curb these menace and to recognize girls' rights and the unique challenges girls face around the world, International Girl Child Day is observed every year.The International Day of the Girl Child is being celebrated every year on October 11. The main objective of this day is to empower women and help them to get their rights so that they can face the challenges all over the world and meet their needs. For advancing the rights and empowerment of girls in every fields, an impetus video was created by the NCC cadets of BCM College in October 11, 2020.

[https://youtu.be/0hrh4a3Y\\_TY](https://youtu.be/0hrh4a3Y_TY)

### **34.PHOTOGRAPHY COMPETITION ON SCHOOL LIFE MEMORIES**

“School life is the most important part of life and a treasure of memories “.

On 15<sup>th</sup> -17<sup>th</sup> October, 2020,the cadets of BCM College NCC unit conducted a photography competition on school life memories. School memories never disappear. Memories are the best part of today, as it has love and friendship. All the cadets had actively participated in the competition.

<https://www.instagram.com/p/CGiPnvZj-QG/?igshid=8khpqgbzjsdz>

### **35.CHILDREN’S DAY – SELFIE WITH CHACHAJI**

Children’s day is celebrated every year on the birth anniversary of India’s first Prime Minister Jawaharlal Nehru, on November 14.Childrens day is celebrated as a tribute to our Chachaji. The BCM College NCC unit conducted an online selfie competition on 14 th November, 2020 on the topic ‘Selfie with little Chachaji’.The active participation of the students made the day rememberable, as a small tribute to Chachaji.

<https://www.instagram.com/p/CHkYBlVjOQv/?igshid=968b7c2td8zt>



### **36.VIDEOS ON NATIONAL UNITY DAY**

National Unity Day or Rashtriya Ekta Diwas is celebrated on October 31 every year. The day was introduced by the Government of India in 2014 to mark the birth anniversary of Iron Man of India - Sardar Vallabhbhai Patel. This year marks the 145th birth anniversary of the freedom fighter. Patel played a crucial role in India's freedom movement and in the integration of India from 560 princely states. He was the first Deputy Prime Minister and Home Minister of independent India. National Unity Day is observed to acknowledge the efforts of Patel to unite the nation.

To spread the need of being united, we the NCC cadets of BCM College coined a video on October 31st which describes the importance of Unity.

<https://www.instagram.com/tv/CHA-gP6jQx0/?igshid=186uxpyqeg82t>

### **37.CONSTITUTIONAL DAY**

- **VIDEOS**

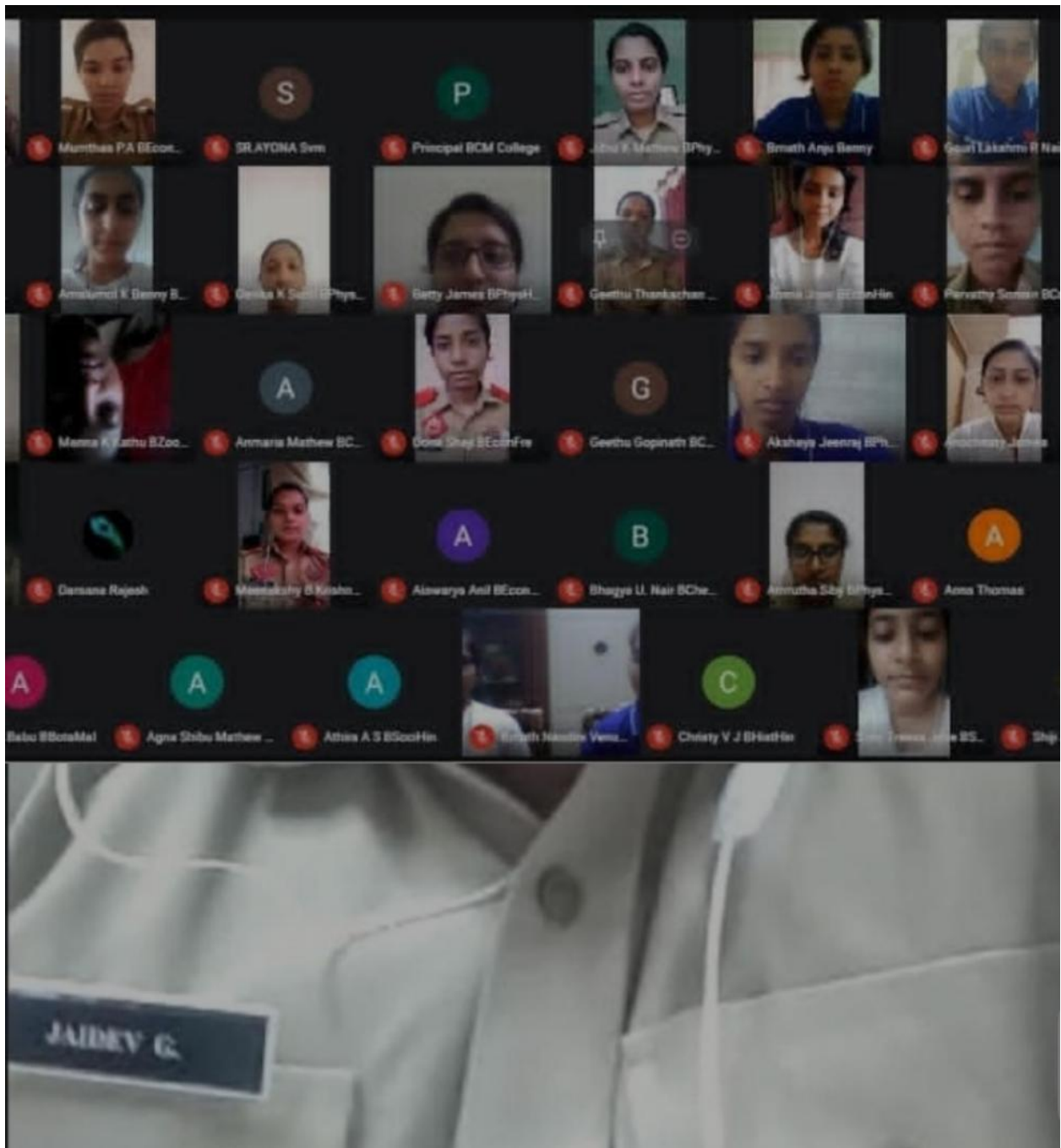
All NCC programs on Constitutional day was exhibited through the online platform 'YouTube' on 4 th November,2020,to commemorate the adoption of constitution of India. Two informal videos were made by the cadets. The first video was a poem "we the people of India". The poem reminds us about the proudness one should feel as a citizen of India. The second video was about a very commonly heard question "what is constitution?" A short film was created, which included the origin and every information regarding the Constitution.

<https://youtu.be/kv0hw5hT9JI>

[https://youtu.be/g2l9NV\\_CKao](https://youtu.be/g2l9NV_CKao)

- **WEBINAR WITH JAIDEV IPS**

Constitution is not merely a lawyer's document. It is a vehicle and its spirit is always the spirit of ages. As a part of the Constitution Day on 26 th November, 2020,the BCM College NCC unit organised a webinar with Jaidev G IPS, District Police Chief, Kottayam. The webinar was on the topic –'Indian Constitution and Contemporary challenges'. It was a different experience to all the cadets and they used the opportunity to clear their doubts regarding the Constitution and to know more about it.



- **SLOGAN WRITING COMPETITION**

Constitution Day or Samvidhan Diwas is celebrated annually in India on 26 th November. The day is also known as National Law Day. The day commemorates the adoption of the Constitution in India. The constitution is set of written principles and precedents of the Government of India that frames fundamental political

principles, procedures, rights, directive principles, restrictions, and duties of the government and the citizens of the country. As a part of Constitution Day , a slogan writing competition on the topic 'democracy 'was held on 1<sup>st</sup> December ,2020 and the active participation of cadets were ensured.



# BCM COLLEGE NCC UNIT

5(K) GIRL'S BN

## *slogan writing competition*

TOPIC -  
DEMOCRACY

LAST ENTRY  
- 1/12/2020

submit your entry to-  
8590374398

NB: ONLY FOR BCM  
COLLEGE NCC STUDENTS

- **QUIZ COMPETITION**

A quiz competition on the Constitution of India was held on 3 rd December ,2020 as a part of Constitutional day. Most of our cadets and students had participated, which reminded them about the fundamental rights and responsibilities we must shoe towards the nation.

**38.WORLD AIDS DAY – PHOTOGRAPHY COMPETITION**

AIDS-Acquired Immune deficiency syndrome is a disorder developed by HIV virus, affecting the human immune system. World AIDS Day, observed on 1 st December every year since 1988 is an International day dedicated to raise awareness about the deadly disease. On behalf of World AIDS Day 2020,the BCM College NCC unit conducted a Poster making competition on the topic – 'Be Aware, Take Care'. All the cadets had actively participated and made the event successful.



**BCM COLLEGE NCC UNIT**

**5(K) GIRLS BN, CHRY**

**DECEMBER 01, World AIDS Day**

**POSTER MAKING COMPETITION**

*Topic: Be Aware Take Care*

**ONLY FOR BCM NCC  
CADETS**

**ENTRIES ARE  
ACCEPTED TILL  
DEC 2ND**

**SEND YOUR ENTRIES  
TO: 7558870618,  
9188047937**

### **39.WORLD FOOD DAY**

Our actions are our future. There are millions of people across the globe who do not have enough food to sustain a healthy lifestyle. Our works to contribute to these people would remain as a great step. To create awareness about this, the BCM College NCC unit observed 16 th December, 2020 as the World Food Day. The day helped to generate awareness for those who suffer from hunger and to ensure the need for food security to all.





**BCM COLLEGE, KOTTAYAM**  
**5K GIRLS BN NCC, CHRY**

## **World Food Day**



**"IF YOU CAN'T FEED A HUNDRED PEOPLE,  
THEN FEED JUST ONE".**

#### **40.PAINTING COMPETITION ON LION CAPITAL OF INDIA**

On 1<sup>st</sup> December, 2020 , the cadets of BCM College NCC unit had conducted a painting competition on the Lion Capital of Ashoka. All the cadets actively participated in the competition. Lion capital is one of the finest example of Mauryan sculpture. It symbolises power, courage and confidence. The competition had instilled the spirit of all these to the cadets.



# BCM COLLEGE NCC UNIT

5(K) GIRLS BN CHRY

## *Painting Competition*

**Topic: Lion Capital of Ashoka**

**Due:1/12/2020  
Submit before:3pm**

**Send entries to -  
8848640723,8301829307**

**NB : participation only from BCM College  
Students**

#### **41.FILM REVIEW COMPETITION ON HUMAN RIGHTS DAY**

The NCC cadets of BCM College observed 'Human Rights Day' on 12thDecember,2020 in a unique way. As an opportunity to reaffirm the importance of human rights in rebuilding the world, a film review competition was held virtually through online platform. It was given the review of short film 'Black and White' which was an award winning short film as the topic of the competition. There was an active participation of students from all departments. E-certificates were given for the winners. The competition was a real boost for the cadets amidst the covid 19 pandemic.



**BCM COLLEGE NCC UNIT**  
**5(K) GIRLS BN CHRY**  
**HUMAN RIGHTS DAY**



## **Film Review Competition**

Topic: Review of the short film  
**"BLACK AND WHITE"**

(Award winning short film)

<https://youtu.be/AxUgUBaipRA>

Deadline: 12-12-2020

Submit before 5pm

Send entries to :

7356838215  
9074057546

NB: Participation only for BCM College students

#### **42. QUIZ COMPETITION ON VIJAY DIWAS**

'Vijay Diwas' is the day to memorize the victory of Bangladesh over Pakistan in the war of 1971. As part of Vijay Diwas, the NCC cadets of BCM college held a quiz competition titled 'Longewala 1971 ' on 16th December 2020. It was only for BCM ians and last date of participation was on 18th of December 2020 till 5:00 p.m. E-certificates were also provided for winners.



BCM COLLEGE NCC UNIT  
5(K) GIRLS BN, CHRY

16 December VIJAY DIWAS

**LONGEWALA 1971**



*BCMvians only  
Last date of participation 18*

*December*

*Till 5pm*

*E- certificate will be provided for winner  
via Email*

*BCM*

### **43.A CHRISTMAS GIFT FOR OUR SOLDIERS**

On 26 th December ,2020,a video based on the life and hardship of our soldiers was made as a small Christmas gift for them by BCM College NCC unit. This would be the best ever gift we could present . It was a thought provoking video which made us realize the real situation faced by the Army men. Their commitment to our nation is beyond family relationship. The effort made by the creators were really appreciable.

<https://youtu.be/RawXKdrl2HU>

### **44.SWATCHHATHA PAKHWADA**

Swachhata Pakhwada is a part of the Swachh Bharat Mission launched by the department of drinking water and sanitation, Ministry of Jalshakti. As part of Swachhata Pakhwada being observed across the country from 01 to 15 December 2020, NCC Cadets are conducting major cleanliness and awareness drive during the period to spread awareness about the Covid-19 pandemic. The vigour of these activities was to create cognizance among the people and hearten them in self participation to keep their premises clean. In association with the Swachhata Pakhwada campaign BCM College NCC Unit under the leadership of Lt Dr. Reeja PS, ANO BCM College Kottayam and UO Dona Shaji cadets undertook different activities to make awareness to the people about to what extent cleanliness plays role in our daily lives.

In association with the Swachhata Pakhwada campaign BCM College NCC Unit under the leadership of Lt Dr. Reeja PS, ANO BCM College Kottayam and UO Ashika Anna Sabu, cadets undertook different activities to make awareness to the people about to what extent cleanliness plays role in our daily lives.



- **WEBINAR**

As a part of Swachhatha Pakhwada campaign, BCM College NCC Unit conducted a webinar based on the topic "Cleanliness in daily life "on December 10 2020 in collaboration with Seethalayam project. The session was taken by Dr Maya Bastin, Seethalayam project ,Govt Homeo Hospital Kurichy. Dr Anjana Chandran discussed about NAMMO, and Seethalayam projects . It was an informative session about the importance of hygiene and all the NCC Cadets participated in the webinar.

- **CLEANLINESS DRIVE**

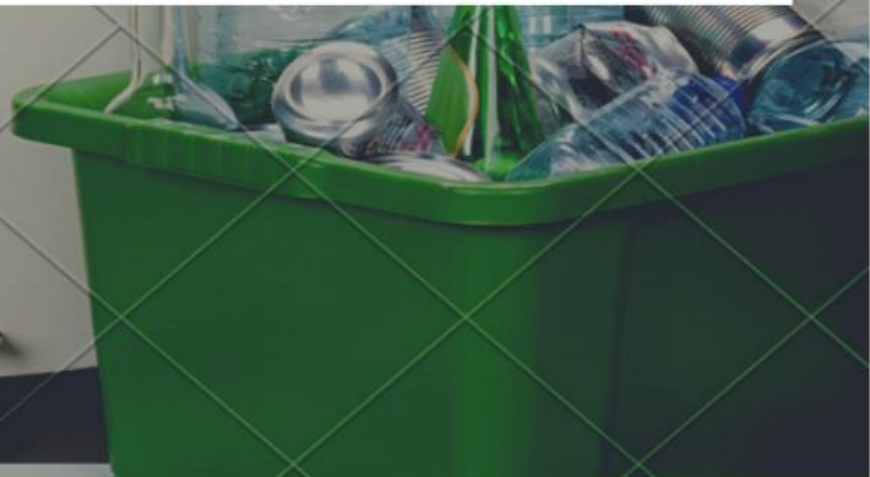
As a part of Swachhatha Pakhwada, different activities were undertaken in schools and colleges. As a part of this program, the cadets of BCM College NCC Unit conducted a cleanliness drive, cleaning the campus premises by prohibiting the usage of plastic materials at the campus on December 1, 2020. Each cadet participated in the program and take oath on Swachhatha Pakhwada. Cadets also conducted a rally to inform the public about the necessity of cleanliness. Covid-19 pandemic is one of the most dangerous diseases in the world, to prevent the virus cleanliness is very much and more important. So each cadet was bothered about the situation and they maintained social distancing.



**BCM COLLEGE NCC UNIT  
5(K) GIRLS BN NCC, CHRY**

# **SWACHHATHA PAKHWADA**

**DECEMBER 1:  
CLEANLINESS DRIVE**



**Do your part in saving the planet.**





- **QUIZ COMPETITION**

A Swachhatha Pakhwada Quiz competition was organized by BCM College NCC Unit on 3 December 2020. The competition was conducted online. The quiz was about personal hygiene and it contained almost 10 questions. Every NCC student in our college participated in the quiz competition and the participants were awarded a participation certificate. Overall, quiz competition was a huge accomplishment.





- **AWARENESS FOR NEIGHBOURS ON HYGIENE**

As a part of the cleanliness campaign for Swacch Bharat Pakhwada, various activities were conducted by the cadets of BCM College NCC Unit to fabricate awareness among the neighbours. Cleanliness and ongoing cleanliness drive "SWACHH BHARATH" Pakhwada started by us admire Prime Minister Sri Narendra Modi. As a part of this program, the cadets of BCM College NCC Unit arranged an awareness talk among their neighbours on 4 December 2020. Cadets described their neighbours about the significance of cleanliness and were given awareness about how to keep the surroundings and oneself clean and hygiene.



# BCM COLLEGE ,KOTTAYAM 5(k) GIRLS BN NCC,CHRY







- **BLOG WRITING COMPETITION**

As a part of Swachhatha Pakhwada, a Blog writing competition was conducted for the students on the topic importance of hygiene on December 7, 2020. Blog writing competition made the cadets explore how to make themselves hygiene. Staying healthy and hygienic is not only about good health, proper diet, and exercise. Hygiene in our modern world seems to be satisfactory hygiene is a crucial factor in the well being of many people around us. Through the blog writing competition, we

the cadets of BCM College NCC Unit aim to promote the physical and mental wellbeing of the students.



BCM COLLEGE NCC UNIT  
5(K) GIRLS BN NCC, CHRY

# **SWACHHATHA PAKHWADA**

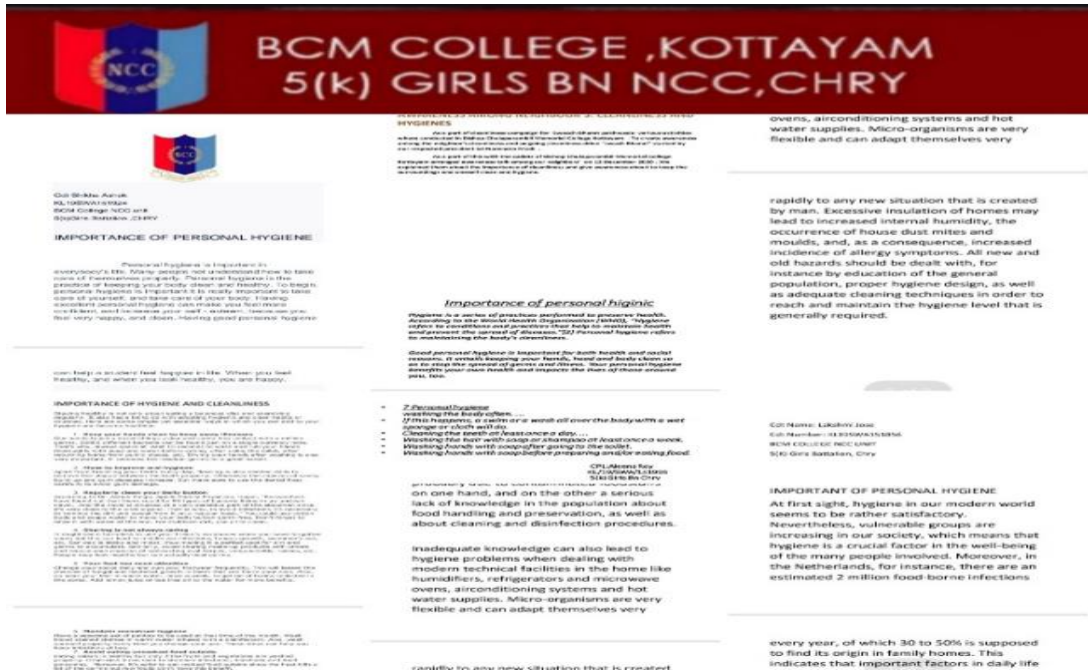
**December 7**

**Blog  
Writing**

**Theme :  
Importance  
of Personal  
Hygiene**







## - POSTER MAKING COMPETITION

As a part of the campaign for Swachh Bharat Swachhatha Pakhwada, various activities were conducted in our college to create awareness among the people about cleanliness and the ongoing cleanliness drive. As a part of the campaign, a poster making competition was conducted in the college NCC Unit on 9 December 2020. All the cadets participated in the competition. It aided us to know more aware of Swachhatha Pakhwada.



BCM COLLEGE NCC UNIT  
5(K) GIRLS BN NCC, CHRY

# SWACHHATHA PAKHWADA

DECEMBER 9 :

## POSTER MAKING

**Theme : Mission  
SWACHHATHA  
PAKHWADA**



## BCM COLLEGE ,KOTTAYAM 5(k) GIRLS BN NCC,CHRY



- **CRAFT MAKING COMPETITION**

As a part of the cleanliness campaign for Swachh Bharath Pakhwada, various activities were conducted by the cadets of BCM College NCC Unit to support the Swachh Bharath mission established by Prime Minister Narendra Modi. As a part of this, the cadets of BCM College NCC Unit made paper bags on December 12, 2020. Paper bags have been a part of trade and commercial activities for more than centuries. Many paper bags can withstand more pressure or weight than plastic bags. Paper bags present less suffocation risk to young children or animals.



- **STATUE CLEANING**

As a part of Swachhata Pakhwada, the cadets of BCM College NCC unit, under the leadership of UO Dona Shaji, had conducted statue cleaning in Kottayam town on 2 nd January, 2021. Five statues in Kottayam, including the Mahatma Gandhi statue at Thirunnakara, PT Chacko statue at Shastri road, Benjamin Bailey statue at Nehru park and Aksharamuttam statue at Public library were cleaned. The motor vehicle department officer provided food and snacks to the cadets as an incentive for their hard work. The event gained great published attraction through the newspapers.

<https://youtu.be/mrdN3wJ-EL8>





### കണ്ഠസ്തംഭം സ്തംഭം

ബിസിനസ് കോളേജിലെ എൻസിസി വിദ്യാർത്ഥികൾ കോട്ടയം തിരുനക്കരയിലെ ഗാന്ധി പ്രതിമ വൃത്തിയാക്കുന്നു

ഫോട്ടോ: അഭിഷേക് പൊന്നപ്പൻ

#### **45.ARTICLE WRITING COMPETITION**

The BCM College NCC unit organised an article writing competition on 5 th December, 2020 on the topic-‘How duties of a citizen nurture the spirit of nationalism’. The program was conducted through online mode and was only for BCM College students. All the cadets and many students actively participated in the competition. The competition helped to develop an overall view about the duties as a citizen of India and helped to nurture the spirit of nationalism.





**BCM COLLEGE NCC UNIT**

**5(K) GIRLS BN CHRY**

## *Article writing Competition*

Topic: How the duties of a citizen  
nurturing the spirit of nationalism

Due date: 5/12/2020

Submit before 3pm

SEND ENTRIES TO 9744146027,  
7994242729

*Nb: Participation only for BCM  
college students*

#### **46.LIBRARY IN ASSOCIATION WITH RISE UP FORUM**

The BCM College NCC unit in association with a Non-governmental organisation Rise up Forum had collected books for the newly starting library for the activities of Wayanad on the eve of Christmas and New year. Rise up forum representative Rahul Prasad handed over the books. A beautiful library was set up for tribal children, which marked as a milestone in the history of BCM College NCC unit.



#### **47.REPUBLIC DAY**

India observes 26 th January as the day on which our Constitution came into effect and celebrates it as Republic Day yearly with a lot of pride and enthusiasm. The BCM College NCC unit had celebrated India's 72<sup>nd</sup> Republic Day, amidst of Covid-19 pandemic. After flag hoisting, parades and cultural programs were organised under the leaderships of UO Dona Shaji and UO Meenakshy B Krishna. The flag was hoisted by the college principal Dr. Teena Annah Thomas and Sabu sir of West Police station gave the Republic Day message ,followed by several cultural activities by cadets. The occasion was graceful with the presence of ANO Lt. Dr. Reeja PS.





#### **48.BLOOD CELL**

On the occasion of Republic Day celebration on 26 th January, 2020,the BCM College NCC unit had launched a new initiative 'BCM COLLEGE NCC UNIT BLOOD CELL'. It marked as a footstep towards a great social service. The Blood Cell was inaugurated by the college principal Dr. Teena Annah Thomas in the grateful presence of ANO Lt. Dr. Reeja PS. Through the activities of blood cell, the blood requirement cases during any emergency situations can be met. If the cadets are unable to satisfy the blood requirements, donors will be found by publishing it in social media.



**BCM COLLEGE NCC UNIT**

**5(K) GIRL'S BN, CHRY**

Bloods can circulate forever, if u keep Donating it

Cadets of  
BCM COLLEGE NCC UNIT  
are donating blood as per  
the need

*If our donors are  
unable to satisfy the  
need we will arrange  
the same by publishing  
it in social media*

**DONATION**

**BCM COLLEGE NCC UNIT BLOOD CELL**

*Do support this initiative  
If any one interested to join in this initiative  
please contact : 9744890508*

#### **49.PULWAMA ATTACK**

Pulwama attack is one of the deadliest terror attacks in Jammu & Kashmir in which 40 Central Reserve Police Force (CRPF) personnel were martyred. To commemorate the sacrifice of the great warriors, the BCM College NCC Unit published a video on 14 th February, 2021.

<https://www.instagram.com/tv/CLRJj8yjBHs/?igshid=6ilj2lyq15yf>

#### **50.B AND C CERTIFICATE CADRE**

As a part of bringing up a perfect NCC cadet in us, a three day and five day cadre was organised for the B and C certificate cadets respectively from 24 th February 2021. The whole camp was organised under the leadership of CO Satheesh Kumar Kanwar and ANO Lt. Dr Reeja PS. The cadre started with the an opening ceremony and the covid protocols were fully maintained throughout the camp.

#### **51.FIRE AND RESUE SEMINAR AND WORKSHOP**

On the occasion of Women's day on 8 th March, 2021, the BCM College NCC Unit together with the NSS Unit organised Fire and Rescue seminar and workshop with the Civil Defence Corp, Kottayam. About 23 NCC cadets participated in the seminar and was a new enlightening in women safety and precautions.





## **52.BLOOD DONATION**

As a part of the new venture 'BCM COLLEGE NCC UNIT BLOOD CELL', about 7 cadets participated in the blood donation camp on 17 th March, 2021 at the Kottayam District Hospital. The camp was a great success and is sure to save great lives.



### **53.ACHIEVEMENTS**

- Cpl Athira Sekhar secured third position in the online quiz competition in EBSB Phase 5 conducted by MP & CG Dte with K&L Dte.



- Cdt Ardra Ajith participated in the Guinness World Record for the biggest Mohiniyattam group and was the winner of the patriotic dance competition of National level virtual NCC fest YODDHA-2K21 of Baselius College, Kottayam.



- UO Dona Shaji secured the prestigious award of the Best cadet and the Best outgoing student in the college for this academic year.





- LCPL Meenakshi Rajesh was the District Championship Karate winner and was selected for Karate State Championship. She also received second prize for online Quiz on Indian Constitution, organised by BPC College NCC Unit, Piravom.





## **BASELIOS POULOSE II CATHOLICOS COLLEGE**

Piravom-686 664, Ernakulam District, Kerala State

(Re-Accredited with A Grade by NAAC)



This is to certify that

**MEENAKSHI RAJESH**

has secured *Second Position* in the "Online Quiz Competition on Indian Constitution"

organised by BPC College Piravom NCC Unit on 22-11-2020.

  
Gouri Anilkumar  
Under Officer

  
Captain Dr. Sushan P K  
Associate NCC Officer

  
Dr. Tiji Zachariah  
Principal



- SGT Athira Muralidharan and CPL Alby Achamma Binu received first prize for group discussion and third prize for speech competition respectively organized by NCC Naval wing, St. Thomas College, Pala.



## ST. THOMAS COLLEGE, PALA

NCC Naval Wing  
5(K) Naval NCC Unit, Changanassery



<p><b>BLOG WRITING COMPETITION</b></p>	<p><b>1st</b></p>  <p>N K MAHITHA</p>	<p><b>2nd</b></p>  <p>R CHANDRAJYOTH</p>
<p><b>GROUP DISCUSSION</b></p>	<p><b>1st</b></p>  <p>ATHIRA MURALEEDHARAN</p>	<p><b>2nd</b></p>  <p>ALEN SAJEEV GEORGE</p>
<p><b>SPEECH COMPETITION</b></p>	<p><b>1st</b></p>  <p>BHAVANA S PAI</p>	<p><b>2nd</b></p>  <p>ALBY ACHAMMA BINU</p>

Congratulations to all Winners.....

- Cdt Daina Elizabeth Mathew received second prize for Online video contest organised by Alphonsa College NCC unit, Pala.



**ALPHONSA COLLEGE PALA NCC UNIT**

**5K GIRLS BN CHANGANACHERRY**

**ONLINE VIDEO CONTEST**

**OPERATION VIJAY**

*Ist Prize*  
**1000**

**KL/19/SWA/151811**  
**Asha Merlin SM**

*CONGRATULATIONS*

*IIInd Prize*  
**500**

*Thanks to all who  
participated in our  
online video contest*

**KL/19/SWA/151851**  
**Daina Elizabeth Mathew**



**golden\_girls\_of\_acp**

- Cdt Jithu K Mathew received third prize for the Independence Day message writing competition organised by UC College NCC unit, Aluva.

