The Annual Quality Assurance Report (AQAR) of the IQAC

Part – A

1. Details of the Institution

1.1 Name of the Institution

> Bishop Chulaparambil Memorial College, Kottayam

1.2 Address Line 1

> BCM College

Address Line 2

> KK Road, Kottayam

City/Town

> Kottayam

State

> Kerala

Pin Code

> 686634

Institution

e-mail address

> bcmktm@yahoo.com

Contact Nos.

> 0481-2562171

Name of the Head of the Institution:

> Sr. Dr Betsy

Tel. No. with STD Code:

> 0481-2562171

Mobile:

> 9446863336

Name of the IQAC Co-ordinator:

Mobile:

IQAC e-mail address:

Stephy Thomas

9496337236

iqac@bcmcollege.ac.in

1.3 **NAAC Track ID** *(For ex. MHCOGN 18879)*

KLCOGN10071

1.4 **NAAC Executive Committee No. & Date:**

EC(SC)/05/RAR/078

(For Example EC/32/A&A/143 dated 3-5-2004. This EC no. is available in the right corner- bottom of your institution's Accreditation Certificate)

1.5 Website address:

www.bcmcollege.ac.in

Web-link of the AQAR:

Www.bcmcollege.ac.in/iqac

For ex. http://www.ladykeanecollege.edu.in/AQAR2012-13.doc

1.6 Accreditation Details

Sl. No.	Cycle	Grade	CGPA	Year of Accreditation	Validity Period
1	1st Cycle	3 Star		2000	04/04/2000-03/04/2005
2	2nd Cycle	B	2.84	2008	04/02/2008 - 03/02/2013
3	3rd Cycle	A	3.16	2015	03/03/2015-02/03/2020

1.7 Date of Establishment of IQAC :
     DD/MM/YYYY

07/01/2004

.8 AQAR for the year *(for example 2010-11)*

2016-17

1.9 Details of the previous year's AQAR submitted to NAACafterthe latest Assessment and Accreditation by NAAC ((*for example AQAR 2010-11submitted to NAAC on 12-10-2011)*

   i. AQAR 2014-15 (08/12/2016)

Revised Guidelines of IQAC and submission of AQAR

1.10 Institutional Status

University ☐ State ☐ Central ☐ Deemed ☐ Private ☐

Affiliated College   Yes ✓   No ☐

Constituent College   Yes ☐   No ✓

Autonomous college of UGC   Yes ☐   No ✓

Regulatory Agency approved Institution   Yes ☐   No ✓

(eg. AICTE, BCI, MCI, PCI, NCI)

Type of Institution   Co-education ☐   Men ☐   Women ✓

                       Urban ✓   Rural ☐   Tribal ☐

Financial Status   Grant-in-aid ✓   UGC 2(f) ✓   UGC 12B ✓

            Grant-in-aid + Self Financing ✓   Totally Self-financing ☐

1.11 Type of Faculty/Programme

Arts ✓   Science ✓   Commerce ✓   Law ☐   PEI (Phys Edu) ✓

    TEI (Edu) ☐   Engineering ☐   Health Science ☐   Management ☐

        Others   (Specify)   SOCIAL WORK

1.12 Name of the Affiliating University *(for the Colleges)*

Mahatma Gandhi University, Kottayam

1.13 Special status conferred by Central/ State Government-- UGC/CSIR/DST/DBT/ICMR etc

Autonomy by State/Central Govt. / University   ☐

Revised Guidelines of IQAC and submission of AQAR

University with Potential for Excellence		UGC-CPE	
DST Star Scheme		UGC-CE	
UGC-Special Assistance Programme		DST-FIST	✓
UGC-Innovative PG programmes		other (*Specify*)	
UGC-COP Programmes			

2. IQAC Composition and Activities

2.1 No. of Teachers   08

2.2 No. of Administrative/Technical staff   01

2.3 No. of students   02

2.4 No. of Management representatives   01

2.5 No. of Alumni   01

2. 6 No. of any other stakeholder and

community representatives   01

2.7 No. of Employers/ Industrialists   01

2.8 No. of other External Experts   01

2.9 Total No. of members   17

2.10 No. of IQAC meetings held   Five (05)

2.11 No. of meetings with various stakeholders: No. Faculty   07

Non-Teaching Staff [02]   Students [02]   (01]   [01]

2.12 Has IQAC received any funding from UGC during the year?   Yes [✓]   No [ ]

If yes, mention the amount   [Rs. 3,00,000/-]

2.13 Seminars and Conferences (only quality related)

(i) No. of Seminars/Conferences/ Workshops/Symposia organizd by the IQAC

Total Nos. Institution [02]   International Level [ ]   National [ ]   [00]   State [02]

(ii) Themes

> Soft skills and IT skills for non-teaching staff
>
> Orientation programme for faculty members

2.14 Significant Activities and contributions made by IQAC

- Diamond Jubilee Celebrartions

- Exhibition involving every department of the College

- An lectur series -Vykahari is initiated

- House Construction for the deserving student

- Special Programs like PG entrance coaching, NET coaching for advanced learners

- Strengthening ICT infrastructure of the College

- Strenghthening mentoring session

- organic farming by NSS in leased land

2.15 Plan of Action by IQAC/Outcome

The plan of action chalked out by the IQAC in the beginning of the year towards quality enhancement and the outcome achieved by the end of the year *

Action	Achievement
Diamond Jubilee Celebrartions	Organized the diamond jubilee celebrations. Hon. Governor Justice P Sathasivom was the Chief Guest. Several activities were organized

	by departments
Exhibition involving every department of the College	Organized and had wide media coverage
An lectur series -Vykahari is initiated	Initiated Dr. TP Sreenivasan gave the first lecture
House Construction for the deserving student	Constructed
Special Programs like PG entrance coaching, NET coaching for advanced learners	Introduced
Strengthening ICT infrastructure of the College	Intiatives are teken
Organic farming by NSS in leased land	Started operations
Strenghthening mentoring session	Steps are taken

2.15 Whether the AQAR was placed in statutory body   Yes   ✓   No   ☐

Management   ✓   Syndicate   ☐   Any other body   ☐

Provide the details of the action taken

> Neccessary suggestions are incorporated

Criterion – I

1. Curricular Aspects

1.1 Details about Academic Programmes

Level of the Programme	Number of existing Programmes	Number of programmes added during the year	Number of self-financing programmes	Number of value added / Career Oriented programmes
PhD				
PG	07		05	
UG	12		04	
PG Diploma				
Advanced Diploma				
Diploma				
Certificate	04	0	4	
Others				
Total	23	0	13	

Interdisciplinary				
Innovative				

1.2   (i) Flexibility of the Curriculum: CBCS/Core/Elective option / Open options
(ii) Pattern of programmes:

Pattern	Number of Programmes
Semester	19
Trimester	Nil
Annual	4

1.3 Feedback from stakeholders*   Alumni ✓   Parents ✓   Employers ☐

Students ✓
(On all aspects)

Mode of feedback   : Online ☐   Manual ✓   Co-operating schools (for PEI) ☐

*Please provide an analysis of the feedback in the Annexure

1.4 Whether there is any revision/update of regulation or syllabi, if yes, mention their salient aspects.

Yes, Become more practical oriented

1.5 Any new Department/Centre introduced during the year. If yes, give details.

No

Criterion – II

2. Teaching, Learning and Evaluation

2.1 Total No. of permanent faculty

Total	Assistant Professors	Associate Professors	Professors	Others
81	60	18	Nil	3

2.2 No. of permanent faculty with Ph.D. : 17

2.3 No. of Faculty Positions Recruited (R) and Vacant (V) during the year:

Assiatnt Professors		Associate Professors		Professors		Others		Total	
R	V	R	V	R	V	R	V	R	V
8	10	Nil	Nil	Nil	Nil	Nil	Nil	8	10

2.4 No. of Guest and Visiting faculty and Temporary faculty

Guests	Visiting faculty	Temporary faculty
13	Nil	Nil

2.5 Faculty participation in conferences and symposia:

No. of Faculty	International level	National level	State level
Attended Seminars/ Workshops	6	22	16
Presented papers	4	8	2
Resource Persons	0	2	12

2.6 Innovative processes adopted by the institution in Teaching and Learning:

Log book introduced, More innovative assesment tools are used using zero hour tests

2.7 Total No. of actual teaching days during this academic year

163

2.8 Examination/ Evaluation Reforms initiated by the Institution (for example: Open Book Examination, Bar Coding,

Robust internal examinations are introduced

Double Valuation, Photocopy, Online Multiple Choice Questions)

2.9   No. of faculty members involved in curriculum restructuring/revision/syllabus development
as member of Board of Study/Faculty/Curriculum Development workshop

15

2.10 Average percentage of attendance of students

91.16

2.11 Course/Programme wise distribution of pass percentage :

Programme Name	No. of students appeared	No. of students passed
B.Sc. Mathematics Model I	47	41
B.Sc. Physics Model I	36	26
B.Sc. Chemistry Model I	35	25
B.Sc. Botany Model I	36	26
B.Sc. Zoology Model I	44	37
B.Sc. Family And Community Science Model I	15	13
B.Sc. Food Science & Quality Control Model III	32	25
B.A. Economics Model I	46	32
B.A. History Model I	45	20
B.A. Sociology Model I	31	22
B.A. English Language and Literature Model I	44	37
B.A. English Language and Literature Model II Administrative Assistant	25	18
B.Com. Model I with Computer Application	14	13
B.Com. Model I Finance and Taxation	63	53
B.Sc. Computer Science (S.F)	48	39
M.Sc. Mathematics	25	17
M.A. English (Aided)	9	8
M.A. English (S.F.)	11	8
M.Com. Finance (S.F)	14	12
M.Com. Taxation (S.F)	14	13

M.S.W (S.F)	37	28
M.Sc. Home Science Branch X(A)-Child Development And Behaviour Science	7	7

2.12 How does IQAC Contribute/Monitor/Evaluate the Teaching & Learning processes :

Feedback is collected from various stakeholders, Regular planning of academic activities , Log book and the teaching plan

2.13 Initiatives undertaken towards faculty development

Faculty / Staff Development Programmes	Number of faculty benefitted
Refresher courses	03
UGC – Faculty Improvement Programme	
HRD programmes	06
Orientation programmes	05
Faculty exchange programme	
Staff training conducted by the university	
Staff training conducted by other institutions	05
Summer / Winter schools, Workshops, etc.	05
Others	

2.14 Details of Administrative and Technical staff

Category	Number of Permanent Employees	Number of Vacant Positions	Number of permanent positions filled during the Year	Number of positions filled temporarily
Administrative Staff	10	4	0	4
Technical Staff	12	3	0	3

Criterion – III

3. Research, Consultancy and Extension

> - IQAC has organized a workshop on Research Methodology
> - Incentives are offered to the faculty members for research publications
> - Research Club was initiated

3.1 Initiatives of the IQAC in Sensitizing/Promoting Research Climate in the institution

3.2   Details regarding major projects

	Completed	Ongoing	Sanctioned	Submitted
Number	Nil	Nil	Nil	Nil
Outlay in Rs. Lakhs				

3.3   Details regarding minor projects

	Completed	Ongoing	Sanctioned	Submitted
Number	3		2	
Outlay in Rs. Lakhs			1	

3.4   Details on research publications

	International	National	Others
Peer Review Journals	2	12	4
Non-Peer Review Journals			
e-Journals			
Conference proceedings		2	

3.5 Details on Impact factor of publications:

Range ☐   Average ☐   h-index ☐   Nos. in SCOPUS ☐

3.6 Research funds sanctioned and received from various funding agencies, industry and other organisations

Nature of the Project	Duration Year	Name of the funding Agency	Total grant sanctioned	Received

Major projects				
Minor Projects				
Interdisciplinary Projects	1	KART	0.4	0
Industry sponsored				
Projects sponsored by the University/ College	12	College	0	0
Students research projects *(other than compulsory by the University)*				
Any other(Specify)				
Total	13		0.4	

3.7 No. of books published   i) With ISBN No.   `01`   Chapters in Edited Books

ii) Without ISBN No.

3.8 No. of University Departments receiving funds from

UGC-SAP ☐   CAS ☐   DST-FIST ☐

DPE ☐   DBT Scheme/funds ☐

3.9 For colleges   Autonomy ☐   CPE ☐   DBT Star Scheme ☐

INSPIRE ☐   CE ☐   Any Other (specify) ☐

3.10 Revenue generated through consultancy   `0`

3.11 No. of conferences   organized by the Institution

Level	International	National	State	University	College
Number	1	10	6	2	31
Sponsoring Agency	Own	UGC, Own	KAPS, Philanthropers	Own	Own, Philanthropers

3.12 No. of faculty served as experts, chairpersons or resource persons   `21`

3.13 No. of collaborations   International ☐   National `12`   Any other ☐

3.14 No. of linkages created during this year | 4 |

3.15 Total budget for research for current year in lakhs :

From Funding agency [   ]   From Management of | 1.5 |
University/College

Total   [   ]

3.16 No. of patents received this year

Type of Patent		Number
National	Applied	Nil
	Granted	Nil
Internationa	Applied	Nil
	Granted	Nil
Comercialised	Applied	Nil
	Granted	Nil

3.17 No. of research awards/ recognitions   received by faculty and research fellows
Of the institute in the year

Total	International	National	State	University	Dist
Nil	Nil	Nil	Nil	Nil	Nil

3.18 No. of faculty from the Institution | 1 |
who are Ph. D. Guides
and students registered under them | 3 |

3.19 No. of Ph.D. awarded by faculty from the Institution | 1 |

3.20 No. of Research scholars receiving the Fellowships (Newly enrolled + existing ones)JRF
                              SRF   Project Fellows   Any

| 0 | | 0 | | 0 | [   ]

other

3.21 No. of students Participated in NSS events:

University level | 200 | State level | 06 |

National level | | International level | |

3.22 No. of students participated in NCC events:

University level | | State level | 8 |

National level | 03 | International level | |

3.23 No. of Awards won in NSS:

University level | 4 | State level | 2 |

National level | 1 | International level | 0 |

3.24 No. of Awards won in NCC:

University level | | State level | |

National level | | International level | |

3.25 No. of Extension activities organized | 54 |

University   forum | | College forum

NCC | 12 | NSS | 18 | Any other | |

3.26 Major Activities during the year in the sphere of extension activities and Institutional Social Responsibility

- campaign on organic farming

- Special Campaign on swatch Bhrath

- Awareness programmes about child abuse

- Organized social sensitization camp from 28 Nov to 04 Dec 2015 at Poovar, Trivandrum. Following programmes were organized:

    1. Socio economic and health survey

        1. (ii) Cultural exchange programmes every day

        2. (iii) Community living

2. (iv) Awareness campaigns on health, personality guidance and career guidance for children

3. Friendly match
4. Observation of AIDS day

5. 03.06.2015 Childline poster display inaugurated in the Railway station.

6. 10.09.2015 Suicide prevention day observation. Street play, Poster Exhibition, power point slide presentation

- 04.06.2015 Observed International day for day innocent children who from athritim. Programme organized at Santhwanam. Mr. Arun , Principal, S.I, Gandhinagar police station has inaugurated the programme. Dr. Ipe Varghese delivered a Key Note Message. Students also participated.

- 01.08.2015 Field work Partner`s Meet. 21 representatives from different organization s participated. Prof. Sheela Cherian inaugurated. Felicitation address by Fr. Philmon Kallathara. Key Note Address – Ms. Liz Gabriel (Childrens Village, Pampady), Programme introduction and discussion facilitation – Dr. Ipe Varghese

- 30.07.2015 Special programme in memory of Dr. APJ Abdul Kalam HÀ½Ifnse AkvZp³ Iemw --- opportunity to express memories. Posters with saying of kalam.

- Tuition classes at nearby school for english and Mathematics

- Tribal settlement at Pingampally and its impact

- Training sessionat childrems home kottayam

- `(f) Children's policy of Kerala` discuss organized by DCPU and Department of Social Work at BCM College Auditorium. Dr. Ipe Varghese took a session on` Child Rights and Child Abuse` followed by discuss by students. 60 students from 14 schools participated in the programme. Students of Social Work facilitated.

- SVEEP Programme: District level inauguration by Dr.Divya S Iyer IAS, Asst..Collector, Kottayam

- Days observance

- Home for the needy and poort

- snehannam- Food for the poor

- Cultural show of differntly ables atuswnta prepared by students themselves

- e-awarness campaigns

- Road safety awaressness programmes

Criterion – IV
4. Infrastructure and Learning Resources

4.1 Details of increase in infrastructure facilities:

Facilities	Existing	Newly created	Source of Fund	Total
Campus area	6.35	0		5.18
Class rooms	64	0		64
Laboratories	11	0		11
Seminar Halls	01	07		08
No. of important equipments purchased (≥ 1-0 lakh) during the current year.		12		
Value of the equipment purchased during the year (Rs. in Lakhs)		14.46		
Others				

4.2 Computerization of administration and library

- Library is Fully Computerised with KOHA ILMS

- College ERP

- Fully networked departments and office

- Linux based softwares are used so systems are uptodate

- Admission and Scholarships are through online portals

- Salary through SPARK

4.3   Library services:

	Existing		Newly added		Total	
	No.	Value	No.	Value	No.	Value
Text Books	47514		684	101915	48198	101915
Reference Books						
e-Books						
Journals				38812	92	38812
e-Journals						

Digital Database					
CD & Video					
Others (specify)					

4.4 Technology up gradation (overall)

	Total Computers	Computer Labs	Internet	Browsing Centres	Computer Centres	Office	Depart-ments	Others
Existing	146	86	10MBPS	06	0	14	16	12
Added	6	2	40 MBPS	0	0	0	4	0
Total	150	88	40MBPS	06	0	14	22	12

4.5 Computer, Internet access, training to teachers and students and any other programme for technology
upgradation (Networking, e-Governance etc.)

> College is networked as a single network.
>
> Online attendance and exam management software

4.6 Amount spent on maintenance in lakhs :

i) ICT | 3.18 |

ii) Campus Infrastructure and facilities | 15.37 |

iii) Equipments | 3.92 |

iv) Others | 2.03 |

Total | 24.5 |

Citerion – V
5. Student Support and Progression

5.1 Contribution of IQAC in enhancing awareness about Student Support Services

Orientation programme for new comers

5.2 Efforts made by the institution for tracking the progression

Mentoring system strengthened

Result Analysis

5.3 (a) Total Number of students

UG	PG	PhD	Total
1692	213	0	1905

Male		Female	
No	%	No	%
22	1.15	1883	98.85

(b) No. of students outside the state   35

(c) No. of international students   22

Last Year							This Year						
Gen	SC	ST	OEC	OBC	Physically Chalenged	Total	Gen	SC	ST	OEC	OBC	Physically Chalenged	Total
1202	198	34	131	578	5	2043	1058	189	46	129	483	7	1905

Dropout %   <1%

5.4 Details of student support mechanism for coaching for competitive examinations (If any)

PG Entrance Coaching, Competitive exams guidance,
NET exam coaching

Revised Guidelines of IQAC and submission of AQAR

No. of students beneficiaries

168

.5 No. of   students qualified in these examinations

8

NET   SET/SLET   GATE   CAT

74

IAS/IPS etc   State PSC   UPSC   Others

5.6 Details of student counselling and career guidance

We have a professional counsellor

No. of students benefitted

236

5.7 Details of campus placement

On campus			Off Campus
Number of Organizations Visited	Number of Students Participated	Number of Students Placed	Number of Students Placed
			79

5.8 Details of gender sensitization programmes

The college has organized a talk series in three batches for students.

5.9 Students Activities

5.9.1   No. of students participated in Sports, Games and other events

State/ University level [22] National level [3] International level [0]

No. of students participated in cultural events

State/ University level [26] National level [ ] International level [ ]

5.9.2   No. of medals /awards won by students in Sports, Games and other events

Sports : State/ University level [14] National level [2] International level [ ]

Cultural: State/ University level [16] National level [ ] International level [ ]

5.10 Scholarships and Financial Support

	Number of students	Amount
Financial support from institution	55	90500
Financial support from government	473	81700
Financial support from other sources	26	38900
Number of students who received International/ National recognitions	0	

5.11   Student organised /   initiatives

Fairs   : State/Universitylevel [4] National level [ ] International level [ ]

Exhibition: State/ University level [4] National level [ ] International level [ ]

5.12   No. of social initiatives undertaken by the students [26]

5.13 Major grievances of students (if any) redressed: Continuous Supply of water

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Criterion – VI

6. Governance, Leadership and Management

6.1 State the Vision and Mission of the institution

Vision: When you educate a women, you educate the whole Family

Mission: Shaping the Destinies

6.2 Does the Institution has a management Information System

Yes

6.3 Quality improvement strategies adopted by the institution for each of the following:

6.3.1 Curriculum Development

Institution enusres maximum faculty involvement in syllabus revision.

More Add-on Courses introduced, Zero Hour introduced

6.3.2 Teaching and Learning

ICT infrastructure strengthened

LMS introduced

6.3.3 Examination and Evaluation

Online examination introduced, Zero Hour introduced

6.3.4 Research and Development

More Incentives introduced

Workshop on Research methodology organized

6.3.5   Library, ICT and physical infrastructure / instrumentation

LMS KOHA installed.

6.3.6   Human Resource Management

Online attendance management

6.3.7   Faculty and Staff recruitment

Approached state government

6.3.8   Industry Interaction / Collaboration

More MOUS

6.3.9   Admission of Students

Through centralized allotment process

6.4 Welfare schemes for

Teaching	12
Non teaching	12
Students	10

6.5 Total corpus fund generated

6.6 Whether annual financial audit has been done   Yes   No

6.7 Whether Academic and Administrative Audit (AAA) has been done?

Audit Type	External		Internal	
	Yes/No	Agency	Yes/No	Authority
Academic	Yes	Educational Commission, Archeparchy of Kottayam	Yes	Principal
Administrative	Yes	Educational Commission, Archeparchy of Kottayam	Yes	Principal

6.8 Does the University/ Autonomous College declares results   within 30 days?

For UG Programmes   Yes [ ]   [✓] No

For PG Programmes   Yes [ ]   [✓] No

6.9 What efforts are made by the University/ Autonomous College for Examination Reforms?

University is organizing Camp valuation to have the results at the earliest.

6.10 What efforts are made by the University to promote autonomy in the affiliated/constituent colleges?

NA

6.11 Activities and support from the Alumni Association

College has a very active Alumni Association. Alumni Members used to come to college and interact with students. Alumni will be approached to

6.12 Activities and support from the Parent – Teacher Association

Regular interaction with Parents

Feedback from Parents and recognizing meritorious students by PTA

6.13 Development programmes for support staff

One day workshop organized on IT

Seminar on KSR organized

6.14 Initiatives taken by the institution to make the campus eco-friendly

Solar power plant installed. Plastic free zone

Criterion – VII

7. <u>Innovations and Best Practices</u>

7.1 Innovations introduced during this academic year which have created a positive impact on the functioning of the institution. Give details.

> Zero hour is introduced which made the students to learn everyday and prepare for next day

7.2 Provide the Action Taken Report (ATR) based on the plan of action decided upon at the beginning of the year

7.3 Give two Best Practices of the institution *(please see the format in the NAAC Self-study Manuals)*

> Zero Hour exams
>
> Online examination manangement

*Provide the details in annexure (annexure need to be numbered as i, ii,iii)

7.4 Contribution to environmental awareness / protection

> Intiated the procedure to purchase 10KVA Solar power unit
>
> An awreness about the consequence of plastic has been carried out

7.5 Whether environmental audit was conducted?   Yes ☐ No ✓

7.6 Any other relevant information the institution wishes to add. (for example SWOT Analysis)

Womens Colleges

Situated at the heart of the city

Committed faculty members

8.**Plans of institution for next year**

Introduction of value education classes in a structured form.

Structured intitives on graduate attributes

Extensive use of ICT

Name Stephy Thomas   *Name: Sheela Cherian*

BCM College for Women with its motto '**wisdom and grace'** is committed to empower women, especially the students who pass through her portals seeking enlightenment. In its endeavor to mould a socially committed, intellectually enhanced and spiritually oriented students, the choice of best practice **empowering the self/ flowering of the self** finds a unique dimension.

Title of the Practice

Women Empowerment/ Flowering of the self

The idea of an empowered woman is the concept and realization of the vision of the institution – *When you educate a woman, you educate the whole family*. To lay foundation for a healthy society and nation, we believe, an empowered women community is an essential component. We envisage and try to forge a physically empowered, intellectually vibrant, emotionally strong, and spiritually oriented women community inside the campus through various activities.

Main Objective: - The current socio- political and cultural scenario demands effective interventions to effectively empower women in all aspects. Thus moulding them to become upright and committed individuals in both body and mind is found to be a case of contemporary relevance.

Specific Objectives

- To create a favorable environment inside the campus for the women to facilitate learning and development.
- To initiate the women community to the courses that promote employability and entrepreneurship
- To equip them with self defense techniques for the overall well being of the personality.
- To promote awareness on human rights to avoid being exposed to hostile situations.
- To energize the women to get involved in social activities to gain an exposure to public issues.
- To create a conducive ambience in the institution to achieve maximum productivity in academics
- To provide training in technical and soft skills to improve career prospects.
- To foster a spiritually oriented culture in the institution to impart spiritual values
- To provide a chance to connect with ecology to contribute to sustainable development

Context   Since ours is a women's college, we feel it our responsibility to build an active and empowered women community well equipped to face the world with fortitude and wisdom. To realize this goal, we have charted out a series of programmes ,action plans and inclusive practices like electioneering, leadership training, personality development classes, union activities, skill development programmes, and involvement in various club activities. Limited financial resource, time constraint and the task to mobilize all students to the mainstream are all challenges faced, while implementing this practice. But with adequate support from all corners, and through systematic planning we could surmount these issues without much difficulty.

Practice

The college has adopted certain special initiatives to accelerate the process of empowering women. We aim at achieving this goal by providing diligent training   such as coaching for self defense, workshops for developing life skills, orientation for career placement and legal awareness against exploitation and atrocities, to attain an overall development. The College Women Forum organizes and coordinates these initiatives to empower women.

Strategies to protect themselves against discriminations and atrocities from various angles.

- The college conducts legal awareness classes on human rights with special focus on women's rights as a weapon to safeguard them against atrocities. The NSS unit of the college organized a cyber awareness campaign in association with Kottayam District Police. The programme was inaugurated by the District Police Chief Sri. C Rajagopal IPS. Experts from Filanza Securities led classes. The class 'Ways to prevent Cybercrimes' informed students of different ways to check cyber crimes.
- We have arranged a chance for our students to get trained in self defense techniques such as in martial arts. Training for Karate and Kalari is provided to the girls students in the extra time in morning and evening session. Staff and students can also attend the Yoga classes in the campus after or before the class hours.
- To stop gender discrimination or harassment the college focused on organizing Legal Awareness class on rights and screening of documentary or film shows on relevant topics.
- Enacting and hosting street plays in collaboration with different NGOs were also attempts towards this cause. The MSW department spearheads this venture by conducting skit competition, presenting mimes and organizing talk by eminent personalities on the relevant issue.

Spiritual Orientation

We consider spirituality as a channel to have an aura of positive energy throughout life. We maintain a spiritually oriented culture in the college for the student community to have a constructive perspective to life. The activity of the Catholic Students Movement (CSM) is an instance of how the student wing of a spiritual movement can effect a favorable change in the lives of others. It exemplifies how action oriented spirituality can attain a greater level of elegance. The students, a majority of them being women collect food packets once in every month and hand it over to Navjeevan Trust, a charitable society. Spiritual renewal programmes are arranged time to time for staff and students for a spiritual regeneration. A strong sense of spirituality is an added advantage and power to women community to tackle the puzzles of life.

Comprehensive Development of Women

The college aims to bring about desirable and healthy development of the personality of its students through a series of programmes as listed below.

- Through co- curricular activities and participation in arts club activities, sports, university youth festivals etc.
- Participation in inter collegiate activities and competitions such as Sr.Savio Elocution competition, Sr.Luciya Quiz Competition, Madam Ramani Tharayil Quiz Competition, Sr. Michael Debate Competition and Sr. Alphonsa Cookery Competition
- Remedial coaching for needy students
- Involvement in the activities of NSS unit
- Students get involved in college union activity and in the election process
- Students are given a role in canteen management
- Student's involvement in the functioning of the BCM college co-operative society

Contextual features or challenging issues

➢ The thrust areas which needed implementation went through several stages in design and implementation. The chief challenge faced was time factor. Working within the time frame featured by the university and conducting several programmes posed challenges.

➢ Extra time was carved out by the designers to include counseling and mentoring for the student community.

➢ SAF's (Senior Academicians Forum) Role-Smt. Anice Mathew and

Smt. Rebecca George has taken up the challenges for counseling the students.

➢ Extra time was utilized for several intervention programmes like career guidance, ASAP and field visits.

➢ Committed faculty members took up the challenge to impart value education classes to their wards.

➢ Student oriented, meaningful and context related programmes were identified prior to the commencement of the academic session through Association/Department yearly plan.

Women empowerment as a healthy practice is basically the creation of an environment where women can make independent decisions on their personal development. This best practice encourages and develops skills for being self sufficient or self supporting opportunities which will create socially committed and intellectually oriented human beings. As a part of this program the institution encourages its students to face challenges and find practical solutions to overcome them.

Evidence of Success

The best practice as experienced several success stories which has rekindled the institutions quest for strengthening the program.

- Students who have completed add on course in esthetic treatment from nature have set themselves on enterprises.
- Participants of the flower arrangement courses have become successful florist and interior decorators.
- The participants of the tally certificate course and other related course have used their knowledge for career placement.

During this eventful process, the barriers faced were many and varied. The time factor was a setback. The institution has to conform to the time schedule setup by the university. It was the herculean task to finish the academics and supplement it with the programs of the best practice. The program faced another lacuna in getting resource persons or expertise for certain areas. This was overcome by the well trained faculty within our own institution. Being a women's college another hindrance was the societal and parental restrictions on sending their wards to fur flung areas to put the best practice into action. This hindrance was surmounted by enabling the parents to recognize the need for action and the responses were fruitful. The PTA which is a support system for all the institution's effort rallied around and furnished necessary help and support. Though finance was a crunch in the initial stages this was overcome by generous contribution from the alumne ,SAF, Staff associations and UGC support.

Empowering women is the mainstay of the Government policy. We believe that BCM has provided the structure for activities for women empowerment in educational institution, which can be emulated by other women's colleges and institutions.

Outreach Joint Action to Strengthen Society - BCM OJASS – A pathway to strengthen ties with society

The primary goal of education rests on shaping productive citizen with a sense of commitment to social, cultural and environmental issues. The college imbibes this spirit of education and imparts this very idea to its student community.

Title

BCM OJASS or Outreach Joint Action to Strengthen Society is an action oriented and continuous programme constituted for the sake of realizing a more desirable and healthy society. BCM OJASS was constituted with an intention to instill in its students a sense of obligation to be responsible citizen. Every individual is bound to contribute to the society where one dwells. OJASS functions as a platform to fulfill our aspiration for a better world with active involvement from all fields. We stand witness to how OJASS played a role to add brilliance to many lives eclipsed due to deprivation in terms of economy, educational facilities and human rights. OJASS is only one among the many channels functions in the college to boost the social morale of the students.

Objectives

The main objective of BCM OJASS is to motivate the student community to be sensitive to social issues. The college lays special emphasis on social activities through OJASS to mould students in that direction.

The specific objectives are

1) The address the specific needs of the community in academic and non academic sphere.

2) To encourage the student community to be sensitive towards social issues by ensuring their involvement in social activities.

3) To expand the activities of BCM OJASS with student participation.

4) To act as an agency against social atrocities like child labour

5) To cultivate a sense of responsibility towards ecology

6) Development of human resources in underdeveloped areas providing them with educational aids and by conducting personality development programmes

Context

To create a healthy society, the youth needs to be groomed with a sense of duty towards social and cultural environment. The goal of education is also to enable one to become the voice of society. We wish to see our students evolving with a willingness to safeguard the socio-cultural values to build a better society.

The Practice

BCM OJASS (Outreach joint Action to Strengthen Society) was started in the year 2009, as a registered society with the objective of undertaking welfare programmes and extension /outreach activities of the college. A number of initiatives to enhance the living conditions of different categories of people have already been undertaken through OJASS. The staff and student community render whole hearted support for everything OJASS stand for. The dynamic involvement of the students in its activities is what makes it an endearing and prestigious project envisaged by the college. The extension activities of the Department of MSW are mostly carried out through this interface. Important activities initiated by the society are:

1. Educational Revolving Finance Scheme for providing educational support to economically weak students. This money will be paid back by the students as installments/one time payment without any interest when the financial condition of the students improves or on getting a job.

2. Educational assistance scheme for supporting economically weak students

3. Sponsorship programmes for children where people are encouraged to sponsor children for educational related needs.

4. BCM OJASS has been appointed as the district nodal agency for CHILDLINE (A project of Ministry of Women and Child Development

5. Implemented UNICEF's Pilot project for the protection of children with special focus against child abuse in Vijayapuram Panchayat.

6. Child resource centre

7. Education and personality development programme for children in tribal settlement which includes provision of educational aids, awareness sessions, personality development programmes, providing library facility etc.

8. Medical support in emergency

9. Undertaking projects on socially relevant areas/ issue

10. Counseling center

11. Adoption of a tribal colony in Kanthallor panchayat of Idukki district for educational development project.

The uplift of the socially and economically backward Pongampally tribal settlement in Kanthallor Gramapanchayat with special focus on the select number of children of the area is a project implemented with fruitful results. Pongampally is a tribal settlement with a significant population of Hill Pulaya community. Endogamous in nature, this hill pulaya community is socially, economically, politically and culturally marginalized from the mainstream society. Their unique customs and practice often prevents them to go in parallel with mainstream modernism and they remain in darkness neglected and unattended.

Our relationship with Pongampally tribal settlement started off with a rural camp conducted by the Social Work Department of our college in 2010. Thereafter the Department took on a number of issues pertaining to the tribal colony. The department's commendable services in Pongampally include a socio-economic survey, visits to nearby tribal settlements like Palapetty and Chambakkad, to have a direct knowledge on tribal life. A number of entertainment activities were also arranged by the team for the children and for the whole community. Children of Pongampally performed their special talents in BCM College as part of cultural exchange. These visits and interaction with the tribes in the settlements prompted the college community to build a support system.

In the second phase of the project, our attention focused on extending support for the select number of children from the Pongampally tribal settlement. The Educational development Project for those tribal children in Pongampally includes:

- Distribution of education kit to all children(including uniforms and other study material)
- Tuition facilities
- Library facilities
- Skill development programmes
- Children's club

The funding for the project is generated from staff and students. Staff and students from the college pay timely visit to the settlement to extend their help in every area. The whole college community is very much eager to ensure the welfare of Pongampally through constant visits and interaction.

The college functions as a nodal office of childline and its activities are also channeled through BCM OJASS. Dr. Ipe Varghese of M.S.W department is functioning as the director of the nodal office. Every type of violence against children is addressed by a team comprising of members from the nodal zone. So far the team dealt with a significant number of cases related to violence against children, denoting the prevalent nature of the crime. Complaints are referred to the officials in the nodal office regarding child abuse, domestic violence from close relatives and physical or emotional exploitation of children. Immediate and effective steps are adopted by the office to safeguard the children from further struggle. Various activities conducted through OJASS as an agency of child line are:

The action project of social work department: The action project was initiated by department of social work to create protective environment for children. The following programmes have been undertaken as part of this project.

- Two faculty members are trained in TULIR,Chennai to take initiatives against child sexual abuse.
- Organized two days capacity building sessions for counselors, social workers, and teachers in creating a protective environment for children against sexual abuse.
- Prepared a radio drama 'Silent Sobs' in Malayalam and aired in All India Radio on 06th Nov 2009.
- Undertaken a pilot project of UNICEF for implementing programmes to create protective environment for children in Vijayapuram Panchayat of Kottayam District.The following are the major activities carried out as part of this project
- Organized a training camp for resource persons

- Conducted classes for Kudumbasree workers and PRI members on various aspects of Child Rights
- Conducted awareness session for all school teachers in all schools of Vijayapyram Panchayat
- Constituted Child Protection Committee in Vijayapram Panchayat
- Conducted programmes in children's club, schools in other areas and among parents on child rights and other related issues
- A team from the college acts as resource team on child rights
- Prepared IEC materials (hand book for children, handbook for teachers and parents, poster for awareness, posters for creating awareness among children, short film against child sexual abuse)

Some of the programmes and awareness campaigns of Childline are conducted in the college for the students to have an insight into different levels of abuse of human rights. These activities are a window and eye opener for the rest of the student community to respond to social issues.

Other programmes to engender social responsibility through OJASS

- Expressing allegiance to public agitation against specific social injustice like atrocities against women and children
- Distribution of food packets to inmates of Navjeevan trust, and patients of District Hospital once in every month in an attempt to reach out to the community with specific need.
- Providing food packets and clothes to victims of natural calamity to assure student support to the afflicted.
- Many departments adopt 'Save and share picnic saving scheme' to ensure financial support to economically weak students inside the campus.
- Staff and students provided financial and moral support for the house construction venture for a needy student. We plan to take up this project as a continuous process with the motto 'A House a Year'.
- In every class room we keep a box for the students to contribute their share for social responsibility programmes. The amount collected every month is utilized for providing financial assistance to need
- The different department associations visit old age homes and homes of the destitute several times a year to spend quality time reading books to them. They also conduct cultural programmes for the inmates.

Evidence of success

The activities initiated and implemented through BCM OJASS are well appreciated in many academic and social circles. OJASS could bestow grace and dignity to many lives groping in darkness. 16

children in Pongampally who receive support from OJASS gained eligibility for higher studies. One among the 30 children went for post graduation. We continuously monitor the academic progress of the students and render help through tuition classes managed by our own students and teachers. We believe that OJASS could impart a positive change in the social and academic climate of Pongampally. We have been able to connect with society at large through OJASS in a highly efficient and productive manner.

__Childline without doubt is a highly positive project for the wellbeing of children due to its genuine efforts to prevent child abuse. Being the nodal office of Childline of Kottayam District the college announces its firm stands to protect human rights. The activities in this area attract the attention of the student community to the relevance of having a dynamic social conscience. Childline was able to effectively intervene in the life of so many young buds to come back to their normal self. Being the protective shield of children it functions as a medium to bring a sparkle of light in many lives.__